



# SAT., AUGUST 5 : IT'S FESTIVAL BY THE SEA!

More than 80 artisans will come to Manchester's Masconomo & Reed Parks and at the Town Common for a fun-filled festival with art, downtown shops, music, and food. Details, Page 9.

# MANCHESTER CRICKET

A Local Tradition Since 1888

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## BRIEFLY

### Calling All MHS Class of 1984 Graduates!

Members of Manchester High School's Class of 1984 will be celebrating its 40th class reunion next year and organizers are trying to contact all class members so the event can be one to remember. If you haven't already been in touch, reach out to Conrad Keville at ckeville@msn.com.

### Summer Sure is Kicking in Now with Events

No need to "mark your calendars," because the summer community schedule seems to be kicking up into full gear this week. This weekend, the annual Manchester Fishing Tournament is taking place, pulling local anglers into friendly catch-and-release competition for three days starting at first light today (Friday, July 28) and ending at noon Sunday. The wonderful awards ceremony takes place Sunday, 5 p.m. at Tuck's Point. A great opportunity for potluck family time. Also, starting yesterday (Thursday, July 27) Manchester Summerstage's production of *School of Rock* at the Manchester Middle High School Auditorium. From visiting the final rehearsals earlier this week, this show looks to be spectacular. Tickets still on sale for the show, which runs thru Sunday. Then, also this weekend Gloucester 400+'s Fisheries Heritage Month begins, with all manner of unique and interesting events to celebrate Cape Ann's tradition at sea. (Details on Page 9.)

Next weekend back in Manchester, the Greater Cape Ann Chamber's annual Festival by the Sea will bring all manner of visitors to town on Saturday, Aug. 5 (10 a.m. to 4 p.m.) when more than 80 artisans will come to set up their work for sale, along with food, music and celebration. Downtown businesses are getting in the game, so be sure to visit them all for some retail love. Then, there are also special events like the Friends of Manchester Library's Annual Book Sale (9 a.m. to 4 p.m.) and the First Parish Church will hold a rummage sale on Chapel Lane (10 a.m. to 2 p.m.) behind Santander Bank. Finally, coming up at the Essex Shipbuilding Museum, a very special class is on deck for those who've always wanted to build their own boat. Come take the museum's four-day dory building workshop from Aug. 14 to Aug. 17. \$1,800 fee includes the all days classes and the dory boat you get to bring home. (Want to do it as a team? Add students for \$200 a piece.)



### Hailing the Singing Beach Shuttle

ME juniors Stephen Martin and Preston Potter appealed to the Select Board to offer a shuttle service from the train station to Singing Beach and back during high traffic days this summer. Beach goers laden down with beach gear can avail themselves of the service, for free, tips accepted. A six-person golf cart was approved, and the boys can accommodate a driver and five passengers for the short trip up Beach Street. The two communicate via walkie talkies to keep the operation running smoothly. (Photo: Christina Nahatis Barrett)



Manchester Summerstage's 2023 production kicked off Thursday, and it's pretty darned great. *School of Rock* brings great music and a whole lot of fun. Starring Josh Cohen as Dewey Finn (here, with the guitar) and featuring a great cast the show runs thru Sunday at the ME Middle High School Auditorium. Tickets at the door.

## MBTA Task Force Discusses Goals, Schedule

By Jeff Pope

The Manchester-by-the-Sea MBTA Task Force put together a Mission Statement and organized a schedule of topics to discuss at upcoming meetings when the group met in Town Hall on Thursday, July 20.

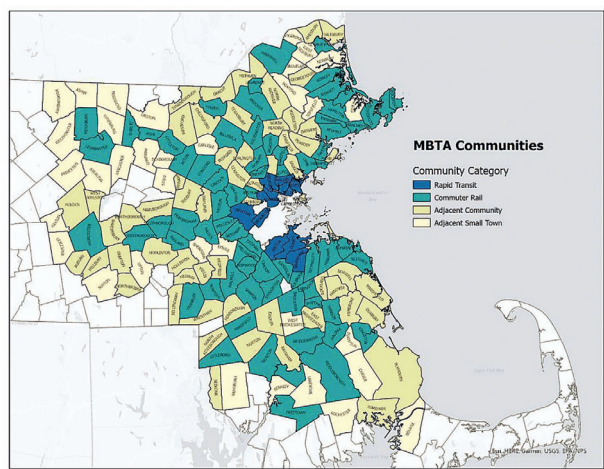
It was the group's second meeting. The advisory task force is tasked with coming up with a zoning district for the town that will meet the requirements of the state's General Laws Chapter 40A by the end of 2024. The task force is hoping to have a plan ready in time for the Spring 2024 Annual Town Meeting.

Christopher Onley, chairman of the task force and a member of the Planning Board, put together a draft Mission Statement for the group to discuss. Onley's draft had four points:

1. Determine the consequences of failing to comply with the mandate.

2. Conduct a careful study of the downtown to determine the existing land use conditions, the current supply of housing, any underutilized land and potential development options.
3. Consider the minimal modifications to the current Zoning Bylaw that would bring the town into compliance with the mandate and the potential impacts of these modifications on the downtown.
4. Consider changes to the Zoning Bylaw that would best address the lack of diversity of housing types and affordability of both rental and ownership of housing as described in the Master Plan.

Task Force member Sandy Bodmer-Turner suggested that the first two items should be reversed with No. 2 becoming No. 1, since determining what lots in down-



Mass.gov 2023

town would be acceptable for multi-family housing was the linchpin to the state's mandate.

She also suggested a fifth point that all Task Force discussions include import from the public.

Task Force member Susan Philbrick suggested that No. 4 be reworked because as it was written, it was not part of the Task Force's mandate set force by the Select Board.

will report those findings to the Select Board and the Planning Board, so that they may be presented to Town Meeting for a vote.

Interim Town Planner Betsey Ware presented a history of zoning, both in the state and in the Town of Manchester.

She also reminded the Task Force of requirements that Manchester faces as part of the state's new regulations. The new zoning would allow multi-family housing of at least 15 units per acre for 37 acres in town. Of those 37 acres, 17 or more must be within a half mile of the Commuter Rail station at 40 Beach St.

The remaining 20 acres can be outside the half mile radius of the train station.

Multiple smaller districts are allowed however each district must be at least 5 acres in size and one of the districts must be at least 50 percent of the required 37 acres or 18.5 acres. This prevents towns from using spot zoning to meet the state's requirements.

The difference between zoning districts and overlay districts was also discussed.

...(Continued on page 9)

## A Round of Updates

By Gregory T. Federspiel

It is time again for updates on various Town matters.



FY25 Budget Discussions: While we are not quite through the first month of the new fiscal year, discussions are already getting underway regarding the FY25 budget slated for voter approval at the Annual Town Meeting in April, 2024. At this stage discussions are on areas that need research before budget development gets underway in earnest later in the fall. One topic being researched is the possibility of elevating a few "assistant to" positions to full "assistant (fill in a department leader position)". Most departments do not have a deep bench. Department leaders are very much hands-on service providers, not just managers. While this makes for a leaner organization it poses challenges for succession planning purposes. The very tight job market combined with the large wave of "Boomer" generation retirements has brought this issue to the forefront. The Select Board and Finance Committee will be exploring possible new

approaches.

Funding for our capital needs is another major topic. Yes, we may be able to draw down our reserves to help with some capital items but that is just a one-time solution. Longer-term the Town needs to consider increased capital funding and new borrowing to pay for infrastructure improvements including upgrades to our water and sewer systems, a new DPW garage, senior center, Public Safety facility improvements, and our share of a new elementary school for Essex.

Over the next 20 years these and other projects total over \$100,000,000. Important choices will have to be made.

A third major area for early discussion involves the funding of the regional school district. As this past budget cycle showed, developing a budget that works for the District and

both Essex and Manchester can be elusive. The apportionment formula that determines what share of the budget comes from the two towns remains as originally approved over 20 years ago. It may be time to see what new conditions exist that might warrant a re-examination of the formula.

**New Hires:** As many of you know, the Town has a new Fire Chief, Jake McNeilly. Jake joined us on the first of July and is quickly getting up to speed working with a strong staff to provide both fire and emergency medical services to all residents and visitors.

Also in the works is the hiring of a new Library Director as we prepare for the retirement of Sara Collins who has spent her entire career at the Manchester Library - a most commendable record! A third important search that is underway is for a new Town Planner. While we currently are benefiting from the very capable services of Betsy Ware, a native of Manchester, Betsy can only work a part-time schedule given her retirement status. We hope to have a new Library Director and Town Planner on-board come October.

...(Continued on page 9)

### Weekly Weather Chart

Saturday 29 July		80°	69°
Sunday 30 July		78°	65°
Monday 31 July		79°	65°
Tuesday 1 Aug		83°	66°
Wednesday 2 Aug		72°	67°
Thursday 3 Aug		71°	68°
Friday 4 Aug		71°	67°

Weather data pulled Wednesday and is subject to change.



### Gavel to Gavel This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are	Monday through Thursday 7:30 a.m.	Essex Planning Board Wednesday, August 2 7 p.m.
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# Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

## Charles W. Goddard



Charles W. Goddard, age 85, of Hamilton, formerly of Manchester-by-the-Sea, died on May 11, surrounded by his family. Born in Portland, ME in 1937 to Julia and Lawrence Goddard, Charlie graduated from Chevrus High School in 1956 and Boston College in 1960. Following college, Charlie pursued his law degree at Boston University, and was admitted to the Massachusetts bar and the U.S. Federal District Court of Massachusetts in 1964.

Charlie's passion for the law continued throughout his nearly 60-year career as a litigator in Boston and on the North Shore. He was a founding partner in the firm Goddard, Scuteri & Delaney of Salem. He was a member of the Massachusetts Bar Association Civil Litigation Section Council; Client Fund Board Academy of Trial Attorneys; Judicial Nominating Council and Joint Bar Committee on Judicial Nominations. At the Essex County Bar Association (ECBA), Charlie was the former Secretary, Treasurer, and Vice President, finally serving as President from 1990-1992. One of Charlie's proud-

est achievements was co-founding the Essex Superior Court Pro Bono Conciliation Program. The first conciliation program of its kind in Massachusetts (and only second in the country), the ECBA Probate and Family Court Conciliation Program revolutionized pro bono court-connected alternative dispute resolution. Charlie was also a highly regarded mediator and arbitrator and his services continued to be sought until the very end of his career.

Outside of work, Charlie had many interests. He was a voracious reader, history buff, and avid traveler. He loved nothing more than playing in the slightly notorious, weekly, smoke-filled poker games with his card-playing buddies. He could entertain a crowd with his hilarious, oft repeated (and usually embellished) stories. Charlie enjoyed playing tennis and paddle tennis, but his true passion was golf. On any weekend you could find him on the course, with cigar and drink in one hand and golf club in the other.

Charlie was a devoted father to his three daughters: Meredith Stravato of Darien, CT; Kerri Kinch of Hamilton, MA; and Laura Weber of Stowe, VT. He delighted in epic monopoly games, camping and skiing trips in Maine, and coaching his girls in softball. He loved to celebrate milestone birthdays with his daughters and sons-in-law Richard Stravato, Chris Kinch and Chris Weber (affectionately known as the Goddard boys) whether playing golf in Ireland or attending the French Open in Paris. Charlie was active in

his community, serving as a Trustee of the Pingree School, Chairman of the Board of Selectmen; and Chairman of the Zoning Board of Appeals for the Town of Manchester.

He was predeceased by his brother, Richard "Sonny" Conley of Portland, ME. He is survived by Sheila Goddard, mother of his children; his grandchildren: Alexandra, Abigail, and Henry Stravato; Elizabeth, Alex and Andrew Weber; and Charlie and Teddy Kinch: as well as his many nieces and nephews. He also leaves behind his longtime companion, Susan Swatling.

Funeral services for Charles were private. Charlie valiantly battled Parkinson's Disease for several years. Contributions may be made in his memory to The Michael J. Fox Foundation for Parkinson's Research, P.O. Box 5014 Hagerstown, MD 21741.

## Victoria H. Smith



Victoria H. Smith (Pech) of Seacoast Nursing and Rehabilitation, formerly of Manchester and Essex, passed away on Friday July 7. She was the loving wife of the late Bradley P. Smith, with

whom they shared 62 years of marriage.

Victoria was born in Buffalo NY on November 8, 1934, daughter of the late Victor Pech and Helen Pech (Marzuek). She graduated from Kensington HS in Buffalo and then received her Bachelor's degree from Rosary Hill College in 1956. She worked for Catholic Charities as a social-case worker with unwed mothers. Victoria loved being a wife, mother, grandmother, home maker and working in her garden. She was a great sudoku and scrabble player. Victoria was also very good at handicapping the horses. She and her husband could be seen as regulars in the Blue Marlin Grille.

She is survived by her five children, Catherine Xavier and husband Paul of Essex, Bradley P. Smith Jr. and wife Michelle of Penfield, NY, Lisa Anne Whelan of Chandler, AZ, Susan Smith and her spouse Patricia Hanson of Gloucester, and Pamela Smith of Cheshire, CT. Victoria was the grandmother of five, Matthew Xavier of Powhatan, VA, Christopher Xavier of Melrose, MA, Casey Marie Whelan of San Tan Valley, AZ, Zachary Smith of Belmont, and Hannah Smith of Waltham and a great grandmother of two, Rayden and Zander Reyes of San Tan Valley, AZ. She is predeceased by a sister, Marcyenne (Pech) Napier.

A service will be held at Sacred Heart Church in Manchester on Friday, August 4th at 10 a.m.

In lieu of flowers a donation may be made to Open Door, 28 Emerson Avenue, Gloucester, MA 01930.

## The Manchester Cricket

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First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to [classifieds@cricketpress.com](mailto:classifieds@cricketpress.com) or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

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FREE!—525 PreCore Treadmill, local pick up, please text 978-473-1894 for pick up. .... 7/28

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### SEEKING ...

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EXCEL LESSONS FOR BEGINNERS! Two one-hour Zoom group sessions. Experienced and patient teacher. Contact Mike at msherm@att.net ..... 7/21



### BOARD UPDATES

**Music in the Park:** The next concert in Masconomo Park is on Tuesday, August 1 at 6 p.m. and will feature the group the Lisa Love Experience. Call the cancellation line at 978-525-6429 for weather updates or check social media.

**DPW Reminder:** Please help keep our pipes clear and water treatment plant operating smoothly by not putting fats, oils, and grease (FOG) down your drain.

**Select Board:** The Select Board will meet next on Monday, August 7 at 6:30 p.m.. Meeting details will be posted on the Town website.

**MBTA Zoning Task Force:** The Task Force will meet again on Thursday, August 17 at 6:30 p.m. Meeting details will be posted to the Town website. More MBTA Zoning information can be found at [bit.ly/MBTAZoning](http://bit.ly/MBTAZoning).

**Beach Tags:** All visitors to Singing Beach ages 12 to 65 need an orange beach tag or

a daily walk on pass. Passes can ONLY be purchased at Singing Beach during operating hours. Cost is \$35 for the season or \$10 per day.

**Transfer Station Hours:** The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m. to 3 p.m.

**Trash, recycling, and compost collection:** Regular Schedule. Please place curbside by 7 a.m. on day of collection.

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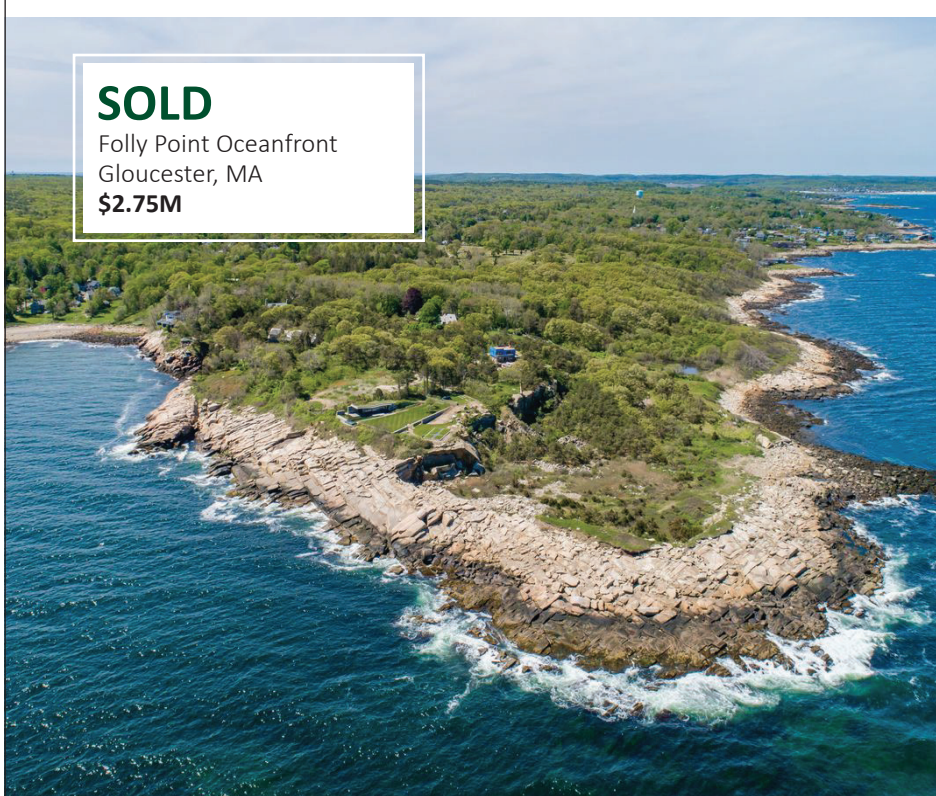
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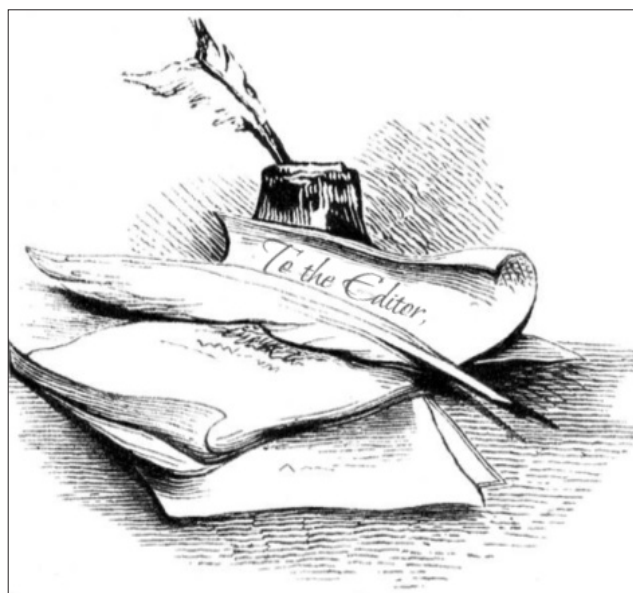
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**Food Safety Awareness**

To the Editor,

Fruit and vegetables, healthy? Maybe not so much.

The Boston Globe recently ran a story about the increased incidence of early-onset colon, pancreatic and breast cancers in younger people over the last couple of decades, profiling a 45-year-

old Manchester resident who was diagnosed with Stage 4 colorectal cancer despite a healthy lifestyle and no family history of cancer. The article speculated widely about possible causes for the disturbing increase in early cancers, including obesity, "ultra-processed foods, cigarettes, alcohol, sugar-sweetened beverages, lack of physical activity, inadequate

sleep."

However, nowhere was there any mention of the fact that a proven carcinogenic weedkiller, glyphosate, aka RoundUp, produced by the Bayer Monsanto company, is routinely sprayed as a "drying agent" on cereal, fruit crops and sugarcane in the US. Glyphosate has been banned in Europe but the EPA has failed to protect consumers in the US from this chemical that has permeated food on our grocery store shelves for more than 20 years.

The Environmental Working Group (EWG.org) has tested fruits, grains and vegetables for cancer-causing chemicals and found high levels of glyphosate in familiar cereals including Honey Nut Cheerios, Goldfish and Nature Valley granola bars. In other testing, EWG verified that apples in the US are routinely doused with another known carcinogen, diphenylamine, which is strictly limited in the EU but not here. There is a wealth of evidence that cancer-causing chemicals are present in foods that we have no reason not to consider to be healthy. We would do well to be vigilant in our food choices and not accept ingredients lists at face value. Eating organic where possible is a good option; it is assumed, but not guaranteed, that foods labeled organic are not laced with poisonous chemicals. It is tragic that healthy young people are dying prematurely due

to the greed and cynicism of large corporations. The EPA should stand up for our collective health.

**Alison Anholt-White**  
Manchester

**MECT's Appeal for Standing in Shingle Hill Has Been Denied, but It Will Support "Ten Persons Group" in Proceedings**

It's back....This week brought us one step closer to participating in the continued defense of Shingle Place Hill.

About a year ago, the town of Manchester was applauding the Zoning Board of Appeals (ZBA) decision to deny the comprehensive permit for a 40B development at Shingle Place Hill - something hugely inappropriate for many reasons, but especially because it would abut the Wilderness Conservation Area on School Street and subject conservation resources to environmental ruin.

Since then, the issue has been out of the limelight and slowly moving through an appeal process. After the ZBA's denial of the permit, the developer appealed the decision to the state Housing Appeals Committee (HAC). The Town of Manchester filed motions to support the ZBA's decision, and MECT filed two motions to participate in the proceedings as an "intervener".

Why two motions to intervene? Our commitment to support the town's decision and some contingency planning. The HAC has a history of not granting "intervener" status to environmental organizations and, in fact, has not supported environmental causes for intervention in these types of proceedings. The second intervener motion was filed by a "Ten Persons Group" (TPG) in accordance with HAC rules, and the citizen group includes MECT trustees and other concerned community members.

MECT was denied intervener status last week, which was no surprise given the predilection of the HAC, but the TPG intervener status was approved. The HAC has also ruled that MECT may assist the TPG in its advocacy.

The importance of this ruling in favor of the TPG cannot be understated, it is the first time that HAC has granted intervention to a group seeking to protect the environment. This sets a precedent for future appeals, underscoring the importance and impact of MECT's land defense activities. Under the new Executive Office of Housing and Livable Communities (EOHLC) created this spring under the Healey-Driscoll administration, the HAC's mission is to provide an impartial forum to resolve conflicts arising from the siting of new affordable housing. Perhaps the new cabinet-level secretariat

of the EOHLC can ease the tensions between the state's housing needs and the federal and state goals to protect our environment by protecting the wetlands and woodlands at the community level.

What happens next? A public pre-hearing conference is scheduled for Aug 15, 2023. Both the TPG and MECT are allowed to attend in a limited capacity. We anticipate learning the schedule for an HAC site visit and the date of the first public meeting in the appeal process (expected to take place here in Manchester-by-the-Sea).

MECT will be there to support the town and the Ten Persons Group every step of the way, and the Housing Appeals Committee appeal process is just the next part of this journey. In the meantime, we continue to support the community's efforts to find more appropriate and truly affordable solutions for the local need for housing. Now that you are caught up, please know this fight is far from over, and MECT will continue to both defend our environment and assist the town in defending the ZBA's wise and thoughtful decision.

Sincerely,

**Greg Crockett**  
Manchester  
(Crockett is a Manchester Essex Conservation Trust/MECT Trustee and Designated Representative of the "Ten Persons Group")

**LIBRARY NEWS**



Kids and young adults kept the laughs coming learning to write and illustrate gag cartoons.

Courtesy photos

**Advice from Literary Agent Doug Grad (Virtual)**

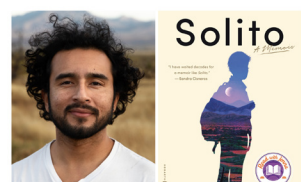


Book agent Doug Grad. Courtesy Monday, July 31 from 7-8 p.m. Grad, a 37-year veteran

of the publishing industry, is the President of Dough Grad Literary Agency. Grad promises to give aspiring and new authors the cold, hard reality of the business of publishing- from landing a deal with a major publisher to self-publishing your manuscript. He'll give you a general overview of publishing, how the publishing industry has changed in recent years; and the various steps to getting a book published, from the writer's ideas to the bookstore (or library) shelves.

**Mystery Book Group**  
Friday, July 28 at 10:30 a.m. The Manchester Mystery Book Group meets on the last Friday of the month. July's meeting will occur in the library's reading room or outside on the lawn. We will discuss "The Dime" by Kathleen Kent.

**Hearthside Book Group**  
Tuesday, August 1 from 4-5 p.m. Join us in person or via Zoom to discuss the biography "Solito: A Memoir" by Javier Zamora. "Javier Zamora's adventure is a three-



thousand-mile journey from his small town in El Salvador through Guatemala and Mexico and across the U.S. border. A memoir as gripping as it is moving, Solito provides an immediate and intimate account not only of a treacherous and near impossible journey but also of the miraculous kindness and love delivered at the most unexpected moments."

**Diversity Matters Book Group**  
Wednesday, August 2 from 4-5 p.m. Diversity matters book group will be reading Pulitzer Prize winning "His Name is George Floyd: One Man's Life and the Struggle for Racial Justice" by Robert Samuels.

**Hula Hooping Extravaganza: Two Sessions**  
Friday, July 28 at 10:30 a.m. and 1 p.m. You are invited to an all-ages hula hoop event. Hooping induces joy through movement explorations designed to promote healthy bodies and minds. Registration is required in case we need to move inside due to the weather.

**Annual Book Sale**  
Annual book sale is August 5. Come to the Manchester Library and take advantage of deals and steals in hardcover fiction, non-fiction, chil-

dren's books, DVDs, puzzles and more. Both cash and checks are accepted.

**MPL Children's Events: Didgeridoo Down Under Show**

Friday, August 11 from 2:30-3:30 p.m. The Didgeridoo Show is an energetic fusion of Australian music, comedy, character building, storytelling, and audience participation. The didgeridoo has been played by Aboriginal Australians for at least 1500 years, and it's known for its otherworldly sound. You'll learn about Aussie animal, culture, unity and more, while moving and grooving to the pulsing rhythms of the didge. The Didgeridoo Show is interactive, educational, motivational, and fun for all ages. In the event of rain, we will be at the Manchester Community Center so please register.

**Storytime with Miss Audrey**  
Mondays at 10:30 a.m. ages 0-5

**Summer Art and Sensory**  
Wednesdays from 3-4 p.m. and running every Wednesday this summer for ages pre-K - 2nd grade. Art and Sensory encourages students to explore their creativity through the fun of using many different art materials. The project is always step by step, hands on and guided to help create individual masterpieces. Space is limited and registration is required for each week's session.

**Summer Reading**  
Summer reading begins June 22-August 11. Kids going into grade 6 and under are invited to sign up for summer reading. Register for a chance to win raffle prizes and get free admission to the Topsfield Fair.

**North Shore Children's Museum Pass**  
The Friends of the Manchester Library have donated a discount pass to the North Shore Children's Museum in Peabody. The pass admits up to 5 people at half-price admission.

**Vox and Wonder Books**  
Kids are going to love these new audio and print picture and chapter books bound together for literacy and fun. The permanently attached Reader transforms an ordinary print book into an all-in-one read-along experience. No need for computers, tablets or CDs, children simply push a button to listen and read.

**Storytime with Miss Audrey**  
Mondays at 10 a.m. for ages 0-5. Our youngest patrons and their caregivers are invited to share songs, rhymes, and simple stories.

**Teen Advisory Board (TAB)**  
Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.

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**WHAT WAS HAPPENING**

**90 YEARS AGO - 1933**  
One of the most beautiful rainbows that has been seen for years appeared in the Eastern sky just before sunset Tuesday evening. It was unbroken making a complete arch across the sky and lasted several minutes.

Last Friday night the Town team went to Rockport to play the fast Rockport Town team, the 4th game of the series and came home with a fine victory 6-2. Fred Cool in the box for Manchester pitched fine ball holding his

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opponents to four hits.

**75 YEARS AGO - 1948**  
Three Manchester men were rescued from the waters off Misery Island Monday morning after spending over an hour in the water, during which time one of the men was held up by a companion. The three, James Bachman, Thomas Peters, and Eugene Gillis, were on a fishing party and were tossed into the water when their small boat capsized. Peters, who was unable to swim, was held up by Bachman and to Jim goes the credit for saving the life of his friend.

Property owners' exclusive rights to their section of Magnolia Beach were upheld Wednesday in Massachusetts

Land Court thus ending a debate that waged for a month last Spring. The court ruled that the public does not have a right of access of the Raymond Street residents' property and allowed the property owners to "register" their title.

**60 YEARS AGO - 1963**  
The enlargement of the town's police department will be recommended at the 1964 town meeting by the Board of Selectman. An agreement has been reached between the three-member Board and Police Chief L. Allan Andrews, calling for the addition of one more permanent patrolman in 1964 at the expense of about \$4,800 or a little over \$1.00 to the aver-

age taxpayer. Alexander R. MacDonald, chairman of the Manchester Park Commission, announced last week that the Commission has voted to set aside an area on the Salem end of Singing Beach for a recreation area.

**45 YEARS AGO - 1978**  
The Yankees coached by Greg Majjenski and Frank Aiello captured their second consecutive Little League title by defeating the Indians in a best two out of three game series played last week. Members of the champion Yankees were: Bob Foley, Carl Bachry, Tim Allen, Craig Morse, Scott Smyth, Sean Johnson, Peter Townsend, Ian Wood, Tom Lewis, Adam MacDonald, Eric Bolton, Tim Everitt, Jeff Hare and Jim Donovan.

**Tides & Sun Chart For The Week Ahead**

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
28 Fri	7:46	7.9	8:02	9.6	2:00	1.4	2:09	1.8	5:29	8:09
29 Sat	8:51	8.0	9:03	9.9	3:01	1.0	3:08	1.6	5:30	8:08
30 Sun	9:55	8.3	10:04	10.4	4:01	0.6	4:07	1.3	5:31	8:07
31 Mon	10:55	8.8	11:03	10.8	4:59	0.0	5:06	0.8	5:32	8:06
1 Tue	11:50	9.3	11:59	11.2	5:55	-0.5	6:02	0.3	5:33	8:05
2 Wed			12:42	9.8	6:47	-0.9	6:56	-0.1	5:34	8:04
3 Thu	12:53	11.4	1:32	10.2	7:37	-1.2	7:49	-0.4	5:35	8:03

# Postcard Home: A Spanish Dream Come True



In Salamanca, sandstone buildings change colors throughout the day. At sunset, the walls get a sunny glow to them, inspiring the city's nickname, "The Golden City." (Photos: Phileine de Widt)



At the Alhambra, hidden Arabic poems on the walls add beautiful details to everything, including doors.



The Alhambra in Granada is a Moorish fortress made up of palaces and gardens. Across the city, at the Mirador de San Nicolás, one can see the complete fortress for great picture opportunities. Below, marching to the center of Toledo's fortress city.

By Phileine de Widt

## Following the de Widts

After arriving in Madrid, Phileine's itinerary took her to Salamanca, then onto Toledo, Granada and, finally, Seville.



My brother, Roemer, studied in Salamanca, Spain for five months this past year, and I longed to be in his beautiful FaceTime background and experience the life he so happily enjoyed. Finally, this summer, he and I traveled to Spain, and I got to see its beauty in real-life.

Just days after school got out in June, flying to our highly anticipated destination, we narrowly escaped what would be a full week of rain here in Manchester-by-the-Sea. Perhaps our town was displaying sadness at our departure? (Don't worry ... we're back now.)

Arriving in beautiful Spain, there was neither a drop of rain nor sliver of sadness to be found. (If sunshine and rainbows weren't so cliché, perhaps I would use it to describe this trip.)

The journey began with a night in Madrid. We settled into our hotel and headed out. At midnight restaurants were still bustling and we had dinner; Spain never sleeps.

Though we had been there for just a few hours, our interactions in Spanish with the airport staff, hotel receptionist, and restaurant waiter went well. I knew this trip would be filled with happiness and great practice for all those Spanish skills I'd been learning at school.

The next morning, we took a train west to Salamanca and I was introduced to the beautiful landscapes of Spain we enjoyed throughout the many train rides in our trip. One notable memory was the perfectly planted olive trees. Seemingly, every tree was planted with total precision and each branch had the perfect bouquet of leaves.

Salamanca is special, and I finally saw the city that was my brother's home for five months, and it certainly did not disappoint.

Every building, despite its purpose and interior, features the same, historic exterior that is cohesive, whether you're at Zara shopping or at a cathedral. One stroll through this phenomenon served as a window to the 18th Century. It was a sight I will never forget.

Also, every building's exterior was created with sandstone that

changes colors depending on the sunlight illuminating them. Especially at sunset, the soft light makes them glow. No wonder Salamanca is called "The Golden City."

Some essential sites to visit are the Cathedral of Salamanca and Plaza Mayor, but also notable was the small antique bookstore hidden between the many shops and the ledge near the university that serves as a lookout point over the city.

The cathedral is open to tourists both inside and outside. Indoors, there is a tremendous amount of detail and imagery. Visitors can scale up the clock tower and overlook the entire city peacefully, or nervously depending on one's feelings towards heights. It was magical.

Salamanca's popular university guarantees a vibrant student-life filled with mid-day drinks at cute cafés and hour-long singing and dancing at lively "discotecas" and bars. Don't worry, there are plenty of sights to see, people to meet, food to enjoy, and overall happy thoughts to be felt no matter your age.

After three days in Salamanca, it was off to Toledo. As Roemer and I exited the train station, we were instantly greeted with a flash of heat. Despite the feeling of being inside

a preheated oven, we walked to the hotel. The stunning views distracted us ... until we arrived at the stairs.

Toledo, you see, is like a castle, sitting high on a hill surrounded by a protective river. To get to the city center, we needed to climb a daunting set of stairs. Luckily, as one of the many perks of traveling with my brother, Roemer carried both of our suitcases. (Don't worry, I didn't just sit there. I made sure to get some good pictures and videos of him!)

Toledo is uniquely designed to cope with the hot temperatures. Its buildings are so close together that they create shade in the streets below and make the narrow streets surprisingly cool and comfortable.

As you move further south, there is a fusion of Moorish and Christian influence. This was clear in Toledo, as we visited the Alcázar, the Monastery of San Juan de los Reyes, the Cathedral of Saint Mary of Toledo, and many other beautiful locations.

After two days, Roemer and I left Toledo, heading back to the station, this time down the steps and carrying our own luggage, and continued south to Granada.

Granada, a much bigger city than the others we'd visited, and, like Toledo, it was hot, but that certainly



didn't stop us from exploring.

Arguably the biggest site on our to-do list was the Alhambra, a Moorish palace and fortress. It's hard to accurately describe the beauty of this ancient place. Simply walking in the gardens acted as a portal to my dreams. Roemer and I often found ourselves discussing what our lives would look like living in such a grand environment.

Not only is the Alhambra dreamy to look at, but its rich history of royalty and defense make it beyond interesting. We spent a whole day viewing its many towers, gardens, and palace buildings as well as enjoying a few Coke Zero breaks in-between.

At the Alhambra, one specialty is the Arabic poems that are hidden within the detailed walls. It's like walking through a fairytale.

In the following days, we visited the Cathedral as well as the Mirador de San Nicolás, which serves as a breathtaking outlook point of the city and the Alhambra.

If you decide to take a break from touring, Granada has an excellent collection of shops, and a little taste of home can be found at the Dunkin' right next to the Burger King in the city center. Granada is lively with vibrant streetlights and music, and from nearly anywhere you had a view of the beautiful distant mountain ranges. With our Granada visit



complete, we headed to Seville.

Our first stop was the Cathedral of Seville, which holds the grave of Christopher Columbus, a praised man in Seville. It's huge and had a sense of alluring gloom inside, contrasting its outer walls which are bright and happy.

Next up was the Plaza de España which holds the infamous little bridges with colorful tiles. It is surrounded by acres of park space where one can enjoy a drink or treat in the shade of palm trees and other plants.

Every once in a while, one can see a parakeet fly by.

For two nights, we visited the Royal Alcázar. Roemer and I again talked of our future palace lives. There, we listened in awe to two concerts, most notably, the traditional flamenco music.

As we arrived at the concert entrance, we were surrounded by beautiful gardens and a family of peacocks—displaying the richness of the Royal Alcázar's past inhabitants.

We filled the rest of our time in Seville simply walking around. Though it filled every store the eye could see, I unfortunately did not buy a flamenco dress, nor suit for my brother. Next time.

Leaving this magical place, we knew we would never really be leaving, because every sight and every memory will forever stay with us.

**Phileine de Widt** is a rising senior at MERHS. She is co-editor-in-chief of *The Independent*. She is interning at *The Cricket* this summer.



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# Turf Field Replacement Project Update



Photo Paul Clark

On Friday, we did receive the PFAs results for the turf material (carpet) which showed no detectable PFAs. Sprinturf has cited delays associated with enhanced required protocols for testing the shock pad and infill, which is the only cause for the delayed start at Hyland. It is MERSD's opinion and the opinion of Gale Associates that Sprinturf should be accountable for these delays, as cited in the attached letter.

Sprinturf has been notified of all testing requirements on multiple occasions, going back to the original bid documents and project contract. We are looking at all available options under the terms of our contract, which include a potential late fee of \$500/day for each day that field opening is delayed past 8/18 (Hyland) and 9/29 (Brook St.).

We understand that this is frustrating news for many, and we are working to minimize the disruption. For questions about the athletic program, please contact Cameron Molinare, and for questions about the construction project, please contact me or MERSD's Facilities Manager, Jason Waldron.

**Who to Contact:**

Cameron Molinare, Director of Athletics: Questions about MERSD athletics schedules

Cheryl Marshall, Director of Parks & Recreation: Questions about town youth sports schedules.

Jason Waldron, Facilities Manager: Questions about MERSD facilities rentals or site concerns.

Avi Urbas, Director of Finance & Operations: Questions about project financing, timeline, or general concerns.

Unfortunately, due to delays associated with PFAs testing for the shock pad and infill, Sprinturf is now forecasting an 8/30 opening date for Hyland field. The High School Athletics season is scheduled to begin on time on 8/18. Our Athletics Department

has reviewed its needs prior to 8/30 and believes that we can accommodate this delay with minimal disruption to our program, by delaying the construction start date for Brook Street field until 8/30, once Hyland field is complete. This will ensure that we

retain one open field at all times. The Athletics department will continue to work with the Town Recreation department to optimize use of Brook Street field, and currently does not anticipate any change to MERSD's historical hours of use at that field.

Sprinturf has agreed to use extra work hours to accelerate the construction schedule for both fields and currently expects to complete Brook Street prior to the contractual deadline of 9/29 as shown in the updated schedule, even after factoring in the delayed start.



Geoff Sones has organized a group of pickleballers on Tuesday and Thursday mornings from 9:30 - 11:30 a.m. They play on courts 1-3 reserved for Manchester residents. The group is Community Open Play. Pop in for details. Photo Paul Clark



Progress continues on upper Pine Street as the "burn dump" site is converted into a much-needed sports field space.

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**Annual Book Sale!**  
**Saturday, August 5**  
**9 a.m. to 4 p.m.**



Stock up on bargain books, paperbacks \$2 (three for \$5), hardbacks \$4 (three for \$10), fiction, non-fiction, children's and young adult (YA). YA authors, Sarah Patt and Jeff Denoncour will be in person selling signed copies of their latest books! Browse and buy before strolling down to Masconomo Park for music and nibbles.

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## Athletes of the Year

ME athletes Brennan Twombly and Mercedes O'Neil were named to the Gloucester Times ME Athletes of the Year. Twombly was a standout on the football field, basketball court and lacrosse field. O'Neil contributed to strong ME teams on the soccer pitch, basketball court and the lacrosse field.

Photos: Paul Clark

# ESSEX ECHO.

## Town Administrator's Report

Board of Selectmen's Meeting of July 24, 2023  
Report covers from July 8, 2023 to July 21, 2023

### Economic Development Committee Meeting Summary

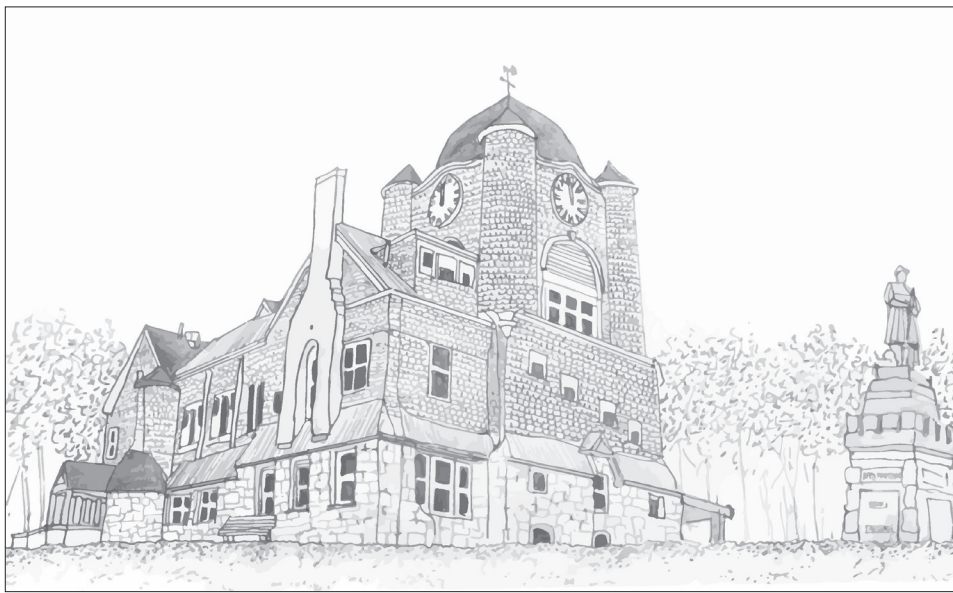
The Town Administrator (TA) attended the subject meeting on July 20, 2023, along with Chairman Pereen and Town Planner Dana Menon. The meeting featured a detailed discussion regarding planning for the downtown decorative lighting project, including a plan to embed ship emblems bearing the name of past Essex-built ships into new concrete. Also discussed were the status of the Folsom Pavilion replacement project, the recently-relicensed use of Paglia Park, and the Selectmen's draft mobile vendor policy, among other items. In addition, the Economic Development Committee (EDC) had the following to be considered by the Selectmen: a) whether to pay the graphic designer who designed the ship emblems a fee for the work, b) the likely need for a camera surveillance system at the soon-to-be-improved Centennial Grove, c) EDC support for hiring a deed researcher for the owner-unknown parcel near Route 128, d) EDC comments on the Board's draft mobile vendor policy, e) EDC support for bringing the proposal for a three-percent local impact fee for short-term rentals back to Town Meeting in the fall, and f) realignment of the future visit by Massachusetts Office of Business Development (MOBD) personnel with the EDC, instead of the Selectmen.

### Board of Health Private Trash/Recycling Hauler Regulation

The Selectmen met with the Board of Health and the Board of Public Works on July 13, 2023 to discuss the Board of Health's potential adoption of local regulations with respect to private trash and recycling haulers. The Board of Health held a public hearing on the proposed regulations on June 6, 2023 and is now in their deliberation phase. At the meeting, all three boards agreed that the new regulations are necessary, particularly in light of the fact that the Town is required to provide both solid waste and recycling services in order to run the transfer station. The regulation will help put private services on the same footing at the Town with respect to what has to be offered pursuant to the Massachusetts Department of Environmental Protection's requirements. The Board of Health took the matter under advisement and will likely adopt the new regulations at its next meeting.

### Addition of Board of Health Permits to OpenGov

The fiscal year 2024 budget includes funding to add the various permits issued by the Board of Health to the Town's OpenGov permitting platform. As such, the Board of Health Administrator and the TA discussed the implementation of this project with an OpenGov representative on July 10, 2023. We intend to roll the additional permits out much like we did with respect to the building department permitting options. OpenGov will set up the necessary accommodations on the platform, but we will use a local expert to actually design the permit forms and routing (saving substantially over what OpenGov



charges for those services). The Board of Health Administrator will work over the next few weeks to implement this addition to the Town's on-line permitting platform.

### Further Review of RFP: Summer Camp and Enrichment Program Services

At a previous meeting, the Board held preliminary discussion with respect to the subject Request for Proposals. The TA has put together a list of possible enrichment programs that could be offered via the Centennial Grove facility and the Board may wish to review the list to determine whether any of the possible program ideas should not be offered. As requested, the TA has reviewed the list with the Librarian and the Library does not see any of the listed programs as being in conflict with Library programming plans. Once the Board determines what the final list of enrichment programs to be offered by our future vendor should be, I can incorporate the content into the RFP and advance the RFP toward its final form.

### Finalization of Sale of Gregory Island Road Lots

At the last meeting, the Board agreed that the draft Purchase and Sale Agreement and Release Deed were suitable for moving on toward the sale of a number of Town-owned lots on Gregory Island. A total of 12 lots were offered for sale and offers were made on 11 of them. The Board decided not to sell two of the lots that had offers made on them, bringing the total number of proposed sales down to nine (five to one buyer, two to another buyer, and one each to two buyers). Mr. Zubricki provided the buyers with the above-referenced documents for review. Some have signed purchase and sale agreements and some have questions. With respect to Lot 44, the highest offeror decided not to move forward since their plans for the lot were not compatible with the restriction that the Board is seeking. The next-highest offeror for Lot 44 therefore may need to be involved. Given the various questions and issues facing the Board at present, it may be best for the Board to just

issue extensions to all offerors until Town Counsel can be further consulted.

### Fixed-Rate Natural Gas Broker Contract

As the Board is aware, the Town's fixed-rate natural gas contract with Constellation is set to expire this coming fall and Constellation is not renewing natural gas contracts with its customers. As such, it is necessary to find a new supplier and there are really only two major alternative suppliers to National Grid remaining in our area - Direct Energy and Sprague Energy. The TA has reached out to both of these suppliers directly and customer service has not been strong. We are also aware of a broker, Tradition Energy, which seeks to assist communities with fixed-rate contracts. Tradition makes its money by bringing customers to the table and receiving the commission that the salesperson for the actual supplier would have received via a direct deal. In theory, Tradition will provide strong customer service and deliver pricing that is as good as or better than pricing received directly from a supplier. In order to get started with Tradition, without obligation, Tradition needs an authorization for the company to receive the Town's past natural gas usage data from National Grid and an agreement that indicates that the Town will not work with any other broker while a possible relationship with Tradition is being explored.

### Specification and Cost Estimation of Public Safety Facility Repairs

At the last meeting, the Board agreed that the Town should retain the services of an architect or an engineer to review several Public Safety Facility repair and maintenance needs and arrive at a specification and a cost estimate for the needed work. Mr. Zubricki contacted the roofing consultant we have worked with concerning the Public Safety Facility's roof issue and he recommended a building envelope engineering specialist (Copeland Building Envelope Consulting, Inc.). John Karman of Copeland came out to the building on July 20, 2023 and reviewed four categories of

possible work: the removal of excess color-match caulk, the peeling of stain from cedar siding, the separation of PVC trim from the building, and the gapping and caulking of hardy board caulking. It is likely that we will have an estimate for Copeland's services by meeting time.

### Resumption of Paglia Park Use License

At a previous meeting, the Board authorized the signature of a resumed use license for Paglia Park adjacent to the Essex River Bridge on the Essex Causeway after details concerning the layout of the revised park had been worked out. After the Chairman of the Economic Development Committee worked with a resident to propose a new plan, the owners of the parcel agreed that the plan should move forward. As such, we have provided the owners with the use license that features the new plan and the TA will ask the Board members to countersign the agreement once it is received.

### Discussion Regarding the MERSD Annual Operating Budget Apportionment

Chairman Pereen and the TA met with Manchester Select Board Chair Ann Harrison on July 11, 2023. We and the Manchester Town Administrator had generally discussed on June 20, 2023 the relative proportions of various factors in the Manchester Essex Regional School District Agreement that are used to set annual operating budget apportionments and how the pupil count factor is capable of creating wide variation, even if averaged over three years. At this most recent meeting, we began to discuss the possible relative proportion that the equalized valuation in each town plays in the operating budget apportionment formula within the Regional Agreement. The group plans to meet again on July 25, 2023 for further discussion.

### School District Budget Collaboration Group Meeting Summary

Chairman Pereen, FinCom Chairman Buttrick, and the TA attended the subject meeting on July 21, along with personnel and officials.

## LIBRARY NEWS

T.O.H.P. Burnha  
Public Library

### Library is closed Saturdays in July and August

#### Can you find Rosey the Racoon

Each Monday Rosey will move to an Essex business, visible from the street. Call, email or stop by the library to be entered into a lottery for a prize.

#### Summer Readers

Bring in your log sheets by August 11 for the Topsfield Fair Tickets. Weather has been really good for reading, keep it up.

#### Yoga Book Club

Saturdays, September 16 - October 7 at 10:30 a.m. Classes suitable for beginners and experienced practitioners. Grab your mat and your favorite book and join us at the library as we relax into gentle poses and immerse ourselves in the book of your choice. After practicing yoga for over a decade, Melanie received her RYT-200hr Hatha & Vinyasa certification and Yin Yoga certification from YogaRenew.

#### Read to Jackson

Wednesdays at 5 p.m. Sign up for your 15-minute slot to read to loveable Jackson. Please register.

#### Friends of the Library Gardening

Sunflower growing contest, pick up your free packet of sunflower seeds to grow over the summer. Containers

#### Library of Things

Giant Jenga, Corn Hole and Pickleball

#### Museum Passes

Passes available for your holiday weekend.

## ESSEX POLICE NOTES

### MONDAY, JULY 17

9:47 a.m. Eastern Ave., motor vehicle stop, written warning. 1:43 p.m. Main St., parking complaint, parking enforcement. 6:22 p.m. Harlow St., animal complaint, notification made. 6:53 p.m. Main St., motor vehicle stop, verbal warning.

### TUESDAY, JULY 18

12:40 a.m. Story St., directed patrol, secured/checked. 2:28 a.m. Apple St., directed patrol, secured/checked. 5:54 a.m. Scotts Way, directed patrol, secured/checked. 6:15 a.m. John Wise Ave., motor vehicle stop, citation issued.

### WEDNESDAY, JULY 19

10:10 a.m. John Wise Ave., citizen assist, assisted as needed. 4:49 p.m. John Wise Ave., motor vehicle stop, citation issued. 7:04 p.m. Wood Dr., fire wires down, fire confirmed. 10:25 p.m. Scotts Way, suspicious activity, spoken to.

### THURSDAY, JULY 20

7:26 a.m. Eastern Ave., alarm, cleared false alarm. 1:44 p.m. Centennial Grove Rd., animal complaint, assisted as needed. 5:07 p.m. Choate St., male fall, public assist. 5:15 p.m. John Wise Ave, motor vehicle complaint, erratic operation, arrest.

### FRIDAY, JULY 21

10:06 a.m. Forest Ave., harassment, report to follow. 11:54 a.m. Eastern Ave., motor vehicle accident with injury, transported to hospital. 7:40 p.m. Main St., male with mental health issues, transported to hospital. 8:08 p.m. Eastern Ave., motor vehicle accident with injury, criminal application.

### SATURDAY, JULY 22

5:53 a.m. John Wise Ave., citizen assist, assisted as needed. 11:11 a.m. John Wise Ave., animal complaint, notification made. 5:09 p.m. parking complaint, parking enforcement. 6:50 p.m. John Wise Ave., motor vehicle stop, citation issued.

### SUNDAY, JULY 23

9:33 a.m. Main St., motor vehicle stop, verbal warning. 10:07 a.m. Conomo Point Rd, motor vehicle stop, citation issued. 2:40 p.m. Essex River, disturbance, assisted as needed. 8:43 p.m. Deer Hill Farm Rd., male with seizure, patient refusal.

## Essex Locals July 28

### 115 Years Ago - 1908

The much-needed rain followed by subsequent cooler temperature came in a gently shower, Saturday afternoon and Saturday evening. The thunder was distant but heavy and lightning flashes frequent and very sharp for over an hour. The thirsty earth was greatly benefited, and consequently good crops will result.

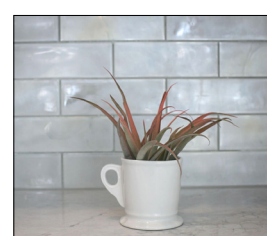
### 90 Years Ago - 1933

Essex' share of the County tax this year is \$1,981.56, a considerable reduction from last year when it was \$2,228.98.

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# Mushroom of the Week: Fungal Fruitings



**HORTIBOLETUS  
CAMPESTRIS**

Photos: Gary Gilbert



**AMANITA FLAVORUBENS**

By Gary Gilbert

All of our seemingly endless summer rains have produced some interesting fungal fruitings!

Typically, we have a mid-summer drought, or worse, and can only collect fall species, but this year, we are able to see what a good wet, summer brings to our forest floor.

We are witnessing a large number of mushrooms appearing but from a limited list of species. Therefore, it's a good time to learn about them, because you can see young and old ones, over and over again and develop a solid understanding each of them.

There is a living textbook going on out there in the woods and, interestingly enough, most of them are all symbiotic and have a mycorrhizal growth pattern with neighboring trees.

At this time, there are few decayers, or saprobes, growing actively in the forest other than the occasional Chicken of the Woods, if you are lucky enough to stumble upon one.

**Porcini Mushrooms**

In the Porcini family, also called the Boletes, we've been seeing a fun array of edible offerings: the Two-color Bolete, Red Cracking Bolete, Frost's Bolete, Spotted Bolete, Cracked Cap Bolete, Painted Bolete and the Wormy Bolete (well, usually only the stems are wormy on that one). And those are only the species that have common names!

Personally, I have been fo-



**LACTARIUS HYGROPHOROIDES**

Photo: Dyanita Smith

cusing on lookalikes of the Two-color Bolete this year for identification and DNA analysis. These are the red-capped, yellow-pored mushrooms that fascinate many of us. They do not have gills, but rather pores under their cap. They often bruise blue when their pores are cut and sometimes the flesh of their caps also turns blue.

One of the subgroups of the Two-color Bolete's lookalikes I've been collecting are Hortiboletus species. These include Hortiboletus campestris, coccyginus, engelii and amygdalinus.

Their name derives from the Latin 'hortus' which refers to gardens. Of course, you can also find them on lawns, which is their typical habitat.

The Two-color Bolete,

called Baorangia bicolor and formerly known as Boletus bicolor, has other lookalikes, which includes Boletus miniatopallescens, Boletus sensibilis (the Curry Bolete), Lanmaoa pseudosensibilis (the Fake Curry Bolete) and Lanmaoa pallidiorosea (the Bouillon Bolete). All of these species have been fruiting prolifically in lawns and woodlands in our area, and all are equally edible.

**Milky Cap Mushrooms**

Milky Caps are fun too.

When cutting their gills, a latex-like substance will come out and almost all the species of Lactarius and Lactifluus are edible.

One needs to observe the color of their 'latex', if it changes color, if it stains their gills or flesh a certain color,

**There is a living textbook going on out there in the woods and, interestingly enough, most of them are all symbiotic and have a mycorrhizal growth pattern with neighboring trees.**

and if the latex is bitter or has a distinctive odor.

They are highly prized, either sautéed in a skillet or roasted with salt and olive oil to become a crispy delight.

The Hygrophorus Milky Cap seems to love lawns with oak trees in them. This year particularly.

You'll love them too if you slice coarsely, toss them with EVOO and a bit of an herb like fresh thyme, spread them out on a cookie sheet and generously dose with sea salt. Roast at 425 for 20 minutes and you'll be addicted.

**Amanita Mushrooms**

The Amanita family has been very consistently fruiting this summer too. It includes the famous Mario Brother's Mushroom (Amanita muscaria), that attractive red-capped mushroom with white dots adorning it.



**CRATERELLUS IGNICOLOR**

Photo: Martin Lavezey



**BAORANGIA  
BICOLOR**

Actually, that classic mushroom frequents the Rocky Mountains and areas further west and does not fruit here on the east coast. Instead, we have the yellow-capped variety, which typically grows prolifically in the fall.

This summer, we are seeing a lot of their family members, including the Amanita amerirubescens group (The Blushers), Amanita flavorubens (The Yellow Blusher), Amanita brunnescens (The Brown American Star-footed Amanita), and Amanita flavoconia (Yellow Patches). These seem to be growing everywhere and are often big, bold, and brightly colored.

Technically, many of these are actually edible, however, since they are from a family of mushrooms which are the most deadly of all the mushrooms that exist on earth, you should learn mushrooms for at least a decade before you try to eat any of them.

**Miscellaneous Mushrooms**

And, of course, there are a lot of mushrooms from mis-

cellaneous genera that are just starting to fruit in the woods.

Black Trumpets, a deliciously flavored fungus that is easy to dry and cook with. It is part of the family of Chanterelles, which is also producing the small yellow Craterellus ignicolor, or Yellow Foot mushroom.

Very few tree-based mushrooms are out there right now except the prized Chicken of the Woods, which seems to elude me, but not my friends.

Even the normally very prolific Cortinarius genus has barely made an appearance yet. It will be exciting to see how the season progresses, if the rains continue, and witness what the late summer and fall will produce.

**Reminders!**

As always, never eat any mushrooms that you have not been shown by an expert and of which you know their lookalikes just as well as the mushroom themselves.

Consider joining the Boston Mycological Club and attending one of the numerous Sunday morning walks that we offer so you can learn more about them first-hand.

**GARY GILBERT** is a member of the Executive Committee of the Boston Mycological Club and originator of "Mycocards.com" flashcards for learning mushrooms by genus. Some of his mushroom recipes have been featured in the recent book "Fantastic Fungi Community Cookbook" a compendium of recipes from mycochefs throughout the country.

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Booth directly in front of MBTS Town Hall

"Chine Colle Apron"  
From "Aprons With Attitude"  
Series Mary Ann Wenniger

**SATURDAY, AUGUST 5**  
**10 AM - 4 PM**  
Celebrate the Magic of Summer  
**Festival By the Sea**  
Downtown Manchester-by-the-Sea, MA

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MUSIC DIRECTOR & CONDUCTOR  
Yoichi Udagawa

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GLoucester City



# August 5 is Festival by the Sea in Manchester



Manchester's Festival-by-the-Sea has become a Cape Ann Classic, and the Greater Cape Ann Chamber of Commerce is excited to be presenting this festival in partnership with the Town of Manchester-by-the-Sea.

The festival will be held on Saturday, August 5th from 10 a.m. - 4 p.m. in three Manchester-by-the-Sea town parks: Town Hall, Reed and Masconomo.

Over 80 Artists, artisans and food vendors will offer their original artwork and handmade goods. This family friendly event includes live outdoor entertainment, local shopping, sidewalk sales, restaurants, food trucks and fun activities for kids.

The music for the August 5th Festival-by-the-Sea is sponsored by Kelly Auto. A schedule and listing of the performers will be available in front of the bandstand on the day of the event.

Ahead of the event, the Chamber thanked the Manchester Board of Selectmen, the Manchester Fire & Police Departments and Manchester Parks & Recreation for their support and assistance in bringing this festival to life.

Festival by the Sea is part of the Chamber's ongoing seasonal event calendar that brings together the best of businesses in Cape Ann's local downtowns. Check out its schedule:

Aug 5 (10 a.m. - 4 p.m.)	Festival by the Sea	Downtown Manchester
Aug 12 (6 -10 p.m.)	Gloucester Block Party	Main St, Gloucester
Aug 19 (9 a.m. - 6 p.m.)	Waterfront Festival	Stage Ft Park, 24 Hough Ave, Gloucester
Aug 20 (9 a.m. - 5 p.m.)	Waterfront Festival	Stage Ft Park, 24 Hough Ave, Gloucester
Sept 1 (6 - 10 p.m.)	Gloucester Block Party #3	Main St, Gloucester
Sept 16 (1 - 5:30 p.m.)	Blackburn Brew Fest	Stage Ft Park, 24 Hough Ave, Gloucester
Oct 21 (11 a.m. - 4 p.m.)	Clamfest-39th Annual	Shepard Memorial Park, Essex

The Greater Cape Ann Chamber's Festival by the Sea is coming up next weekend in Manchester. It's been a popular summer tradition for years. Photo Erika Brown

## Best If Used By Debuts with Local Talent in Newburyport



Becky Axelrod of Essex and Barbara Bourgeois of Andover star in Best if Used By, debuting this fall in Newburyport.

Photos: Cynthia August

The biting and sometimes surprising humor of the story focuses on issues of aging and ageism – topics of growing concern to increasing numbers of Americans.

This premiere, October 12-15 at Firehouse Center for the Arts in Newburyport, is presented by Firehouse and the Ipswich Art Association.

Best If Used By, featuring well-known actors Becky Axelrod of Essex and Barbara Bourgeois of Andover, is directed by acclaimed Castle Hill stage director Kristina Grundmann of Ipswich.

### The Inspiration

Grundmann's husband Doug Brendel, a writer and amateur actor, originally met both Axelrod and Bourgeois as his fellow cast members in separate community theatre productions.

"Becky in her show was doing these awesome dance moves and belting out songs," Brendel remembers, "and Barbara in her show was literally jumping up on a table and crawling around on the floor. I couldn't have done what either of them was doing!"

In the course of casual con-

versations, however, each woman mentioned to him how hard it is for women in their age bracket to find roles in the theatre.

"Becky and Barbara are both so talented," Brendel says, "it suddenly occurred to me what a loss it is to the world when either one of them isn't onstage."

The two actors had never met, but Brendel brought them together, wrote the play they had inspired, and produced a staged reading at Stage 284 in Hamilton last year. The audience "test-driving" the show responded enthusiastically.

### Plot Twists

Best If Used By is an encounter between two elderly actors trying out for the same role. Turns out they're both early for the audition, and they both have a long-ago relationship with the director – who is late.

The developing dialogue is by turns hilarious, poignant – and provocative. The story also turns out to be about love and loss, resentment and reconciliation.

"There are some surprises to be revealed in these two women's intertwined life stories," the playwright says.

"It's a comedy, but I think

it's also important," Brendel adds, "because it spotlights society's natural tendency to discount the value of the elderly."

The world premiere run in Newburyport may be only the beginning. "Every community seems to have excellent female actors of a certain age who aren't being adequately utilized," Brendel says. "This show could become a valuable outlet for them – and I hope it will strike a blow against ageism along the way."

Tickets are available at Firehouse.org for the play's five performances: on Thursday, October 12, and Friday, October 13, at 7 p.m.; on Saturday, October 14, at 2 p.m. (followed by a Q&A with the playwright) and 7 p.m.; and on Sunday, October 15, at 2 p.m. Info at Unconventional@DougBrendel.com.

**TUESDAY AUGUST 1<sup>st</sup> 6-8P.M.**  
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A chorus girl kicks up her heels – an actor jumps around on furniture – no big surprise. In the theatre, these things happen.

But usually, the chorus girl

and the table-hopper aren't senior citizens.

This fall, two North Shore actors in the range of 80 years old will star in a new bittersweet stage comedy, Best If Used By.

...(Continued from page 1)

Traffic Enforcement Discussion: The Select Board will be discussing traffic enforcement practices at their upcoming meeting on Monday, August 7. This topic elicits many different viewpoints. On the one hand, people often comment that speeders and parking violators too often get away without being fined. Others feel that residents in particular should be treated more leniently. This puts staff in a difficult position and opens the town to charges of preferential treatment. Should all violators be given a warning on a first offense? Should violators be allowed to appeal a ticket? These and other questions about traffic enforcement will be up for discussion on August 7.

**Regional Dispatch:** The transition to the regional dispatch center went very smoothly. Staff from the re-

gional center and Town staff worked very well together and have completed the transition with hardly a hiccup. All that remains to do is to transfer records over to the new software system. Special thanks go to Chief Fitzgerald and former Chief Cleary and all the police officers, dispatchers, and fire fighters for a job well-done. Regional center staff extended extra efforts as well. While we have an officer most of the time staffing the police lobby, when the station is empty, we have the new "safe lobby" at the front entrance to Town Hall that provides for full audio/video communications with the regional center in a secured entrance way should the need ever arise. A police officer will arrive momentarily to provide assistance.

**Pickleball Court Noise:** The new pickleball courts at Sweeney Park have been

quite popular, but, like many other communities, complaints about the pop, pop, pop, noise the balls and paddles generate have been expressed by some nearby neighbors. The Park and Recreation Committee is working on mitigation measures including extending the fence upward a couple of feet higher and putting up sound barriers to muffle the sound. At least some of the barriers would be transparent to avoid walling off the courts visually and blocking views from neighborhood homes. The Town hired an acoustical engineering firm, is working with a sound mitigation company and is consulting with the national pickleball association, aiming for installation of sound-absorbing barriers by the fall if the strategies prove beneficial. Players are also encouraged to use new equipment that is quieter.

...(Continued from page 1)

Ware explained that overlay districts usually placed additional restrictions on groups of properties, often to protect the town's water supply.

But an overlay district could also be used to allow the multi-family housing, as required by the state.

Onley said that a two-family house on a 6,000 square foot lot was equal to 15 units per acre.

"A lot of downtown already complies with the (multi-family) zoning," said Onley.

But, he added later in the meeting, that the board needs to be careful about which

lots it includes as part of the new zoning district.

"If we included Crosby's, that could become a bunch of condos," said Onley.

Ware also noted some lots were automatically excluded from being included in the new zoning. Those included schools, churches, public buildings, parks and beaches. She also noted that the Wetlands Protection Act did not allow any wetlands from being built upon.

The Flood Plain Bylaw was also discussed as a possible area to be excluded by the new zoning.

The Task Force agreed to hold its next meeting on Aug. 17 to discuss the town's housing needs and demographics.

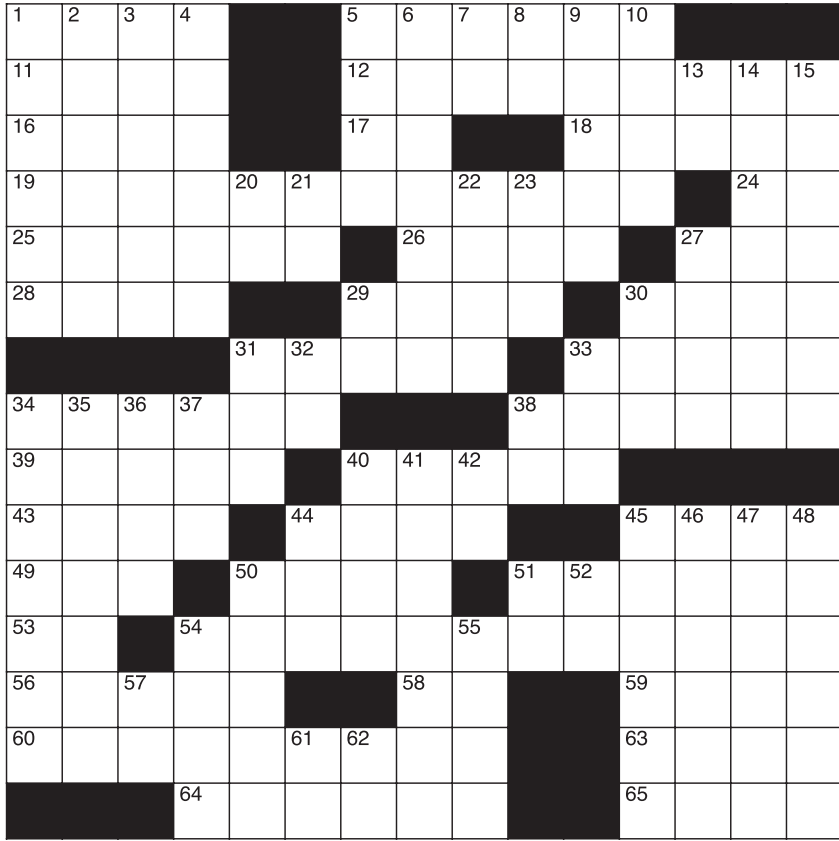
At future meetings this fall, the Task Force will discuss the Community Outreach Plan (Sept. 7), impacts to present and future funding (Sept. 21), what does 15 units per acres look like (Oct. 12), impacts to the town's infrastructure (Oct. 26), potential zoning districts (Nov. 9) and a public forum on potential districts (Nov. 16).

This schedule may adjust as needed.

# Puzzle

## CLUES ACROSS

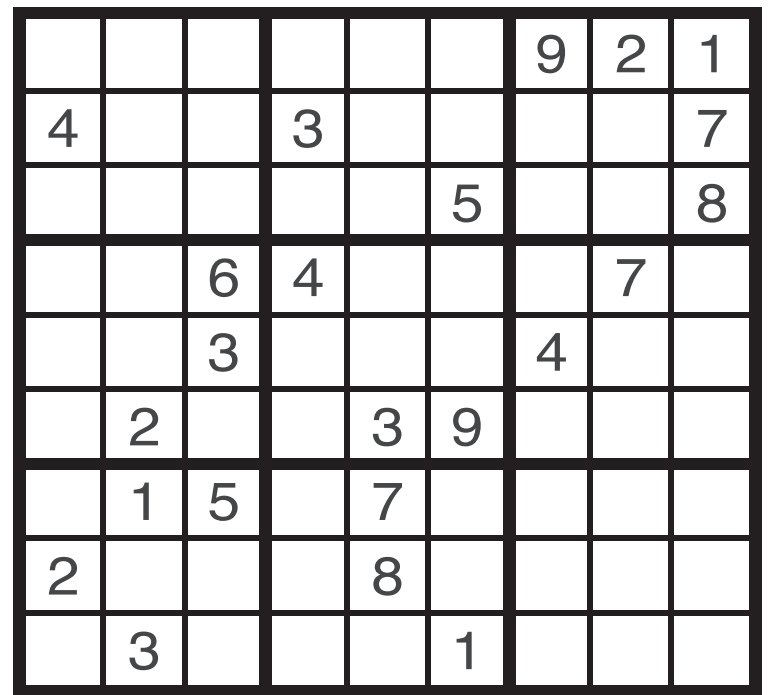
1. Ancient Greek sophist
5. Genus of insects
11. Culinary herb
12. Neutralizing antibody
16. Plan
17. Pa's partner
18. A city in S Louisiana
19. TNT sportscaster
24. Atomic #25 (abbr.)
25. Well-known bug
26. Body parts
27. Monetary unit of Albania
28. Kids' play things
29. Coastal city in Malaysia
30. Famed French physician
31. Flourishing
33. Excessively overweight
34. Pampered
38. Emerged
39. Order of tailless amphibians
40. Indian term of respect
43. Shift sails (Brit.)
44. Beloved Mexican dish
45. Scottish tax
49. Health insurance
50. Monetary unit of Samoa
51. Move about
53. Execute or perform
54. Taste property
56. Unit of dry measure
58. Blood group
59. Something you can up
60. In great need
63. Breezes through
64. Spoke
65. Become acquainted with



## CLUES DOWN

1. A particular part
2. Spanish neighborhood
3. Business
4. Reddish browns
5. Extinct Hawaiian bird
6. Disney town
7. Part of the Bible (abbr.)
8. Atomic #22 (abbr.)
9. The distinctive spirit of a
10. In a moment
13. Monetary unit of Vietnam
14. Submerge in a liquid
15. Yellowish cotton cloth
20. -, denotes past
21. Hoopster Morant
22. Not
23. Indian title of respect
27. Horsley and Marvin are

# Sudoku



Level: Advanced

Solutions on Page 11

37. Anger
38. Technological marvel
40. Peruvian district
41. Salt of acetic acid
42. What Santa says
44. Israeli city - Aviv
45. Late Heisman winner
46. Reveal the presence of
47. Long upholstered seat
48. Most wily
50. Sword
51. Respiratory disease
52. The Ocean State
54. Fleshy watery fruit
55. Lying down
57. Superheavy metal
61. The ancient Egyptian sun god
62. Indicates position

# Religious Notes

## Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, [www.CornerstoneNorth-Shore.org](http://www.CornerstoneNorth-Shore.org). If you have any special needs or concerns, please let us know! We're here to serve!

## Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:

**Sacred Heart Church** - Saturday Vigil Mass - Virtual Mass - on our Youtube as well as [www.mecatholic.org](http://www.mecatholic.org)

Sunday Mass - 8:30 a.m.

**St. John the Baptist Church** - Saturday Vigil Mass -- 5 p.m. Sunday Mass - 10 a.m.

Please go to our website: [www.mecatholic.org](http://www.mecatholic.org) for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

## The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.

Church services, with Father Christopher Kolentas, are held each Sunday.

Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

## First Parish Church Manchester-by-the-Sea

Art Show Thurs. - Sun. 2 - 6 p.m. at 1 Chapel Lane.

Worship service, Sunday July 30, 2023, 9 a.m., we invite ev-

eryone to join us for hospitality following the service.

Worship Leader, Rev. Ellie Richardson

Music led by Maja Tremiszewska and Rebecca Shrimpton

Monday Friends of the COA Senior Drop in 10 a.m. - 12:30 p.m.

Thursday Bible Study, Via Zoom 4 p.m. join in with computer, smart device or dial in on a phone - emailoffice.fpchurch@gmail.com or call 978-526-7661 for the link

Come check out our Fair by the Sea during the Festival of the Sea, August 5, we will have bargains galore! Rummage items, vintage clothing, jewelry, Christmas, homemade treats and raffle baskets! Come by 1 Chapel Lane (behind Santander Bank, next to the Library), 10 a.m. - 2 p.m.

## First Parish Church Offering Fair by the Sea

First Parish Church, Man-

chester will be holding a Fair by the Sea with a rummage sale and our famous jewelry table during the Festival of the Sea in August. Along with our sale we are offering the opportunity for vintage vendors to purchase tablespace. Please email [office.fpchurch@gmail.com](mailto:office.fpchurch@gmail.com) if you are interested. The CACC Festival by the Sea is a wonderful opportunity for all to come and enjoy our community and we are excited to offer this contribution.

## St. John's Episcopal Church (Beverly Farms)

Sunday Service Summer Hours 9 a.m. (1 service)

Community Shop Summer Hours

Thursdays & Saturdays 10 a.m. - 1 p.m.

Summer Office Hours- Starting June 12

Monday - Thursday 10 a.m.- 4 p.m.

Friday 10 a.m. - 1 p.m.

## Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, [www.gloucesteruu.org](http://www.gloucesteruu.org), for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional. Our church is handicap accessible. All are welcome.

## EMMANUEL CHURCH (Episcopal)

19 Masconomo Street Manchester, MA 01944

(978) 526-0085

[www.emmanuelmanchester.org](http://www.emmanuelmanchester.org)

The Rev. Luther Zeigler (Minister)

Ms. Priscilla Walter (Organist)

During the summer, we offer services every Sunday at 8:15 a.m. (a quiet, spoken service)

and 10 a.m. (a family-oriented service with music)

## Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: [northshorequaker@gmail.com](mailto:northshorequaker@gmail.com). First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.



# CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester  
230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport



**Gloucester** - Enjoy marsh views of Walker Creek throughout the large, open concept 2 bedroom with fireplace and wood flooring. \$700,000 Kathleen McHugh 978-314-9131



**Newbury** - New Custom Designed Modern Farmhouse! Exquisite home sits on a private, level 1 acre lot abutting farmland in a fabulous location with the perks of a serene, quiet setting while being a 7 minute drive to downtown Newburyport and easy access to Routes 1, 95 & 495. \$1,950,000 Leshia Crestin 617-543-3104.



**Hamilton** - Grand foyer with oversized, mahogany double doors & timeless tile. Soaring ceilings & oversized windows & tremendous room sizes. \$1,690,000 Tracey Hutchinson 978-473-9720



**Ipswich** - This beautiful 3 bedroom, 2.5 bath house has been renovated & transformed, maintaining a bit of the old charm with beams. \$799,000 Andrea Lacroix 508-561-1161



**Manchester** - Towering over Manchester Harbor, "HARBORHEAD" is perched majestically with stunning town and water views stretching from Manchester center, across the water to Peach's Point Marblehead. Fabulous New Construction is modern but Classic Colonial design. \$13,750,000 Karen Bernier 978-807-5580



**Gloucester** - The best water views from this west facing 2 bedroom townhome. Two levels of living with lovely open floor plan. \$849,000 Andrea Osbon 508-228-3733



**Gloucester** - Immaculate 3 bedroom condo/ townhouse near Stage Fort Park, the Boulevard & major highways. Space for home business. \$799,000 Jane Meterparel 781-237-3341



**Newbury** - Centuries past and modern elegance seamlessly blend in this showpiece renovated property on 1.64 park-like acres on the Newbury Upper Green. Dramatic architectural features including soaring 21 ft ceilings, massive brick fireplaces, huge rounded windows and wood beams. \$2,795,000 Karen Bernier 978-807-5580



**Gloucester** - This iconic waterfront compound, the "Pink House", including a main residence, guest house, and dock. \$3,925,000 Karen Bernier 978-807-5580

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# Is Assisted Living right for us?



**By Joanne MacInnis**  
RN CDP,  
President, Aberdeen Home  
Care, Inc.

In my frequent conversations with clients and families, I find (in all honesty) a great deal of misunderstanding about what constitutes Independent Living vs. Assisted Living, which most communities offer. What kind of “assist” is available? Will it meet our needs? What if we have a significant change in mobility or ability? Will we have to move?

### How do they work?

The “template” of most Assisted Living communities is similar, offering Independent Living, Assisted Living, and Memory Care Units. Some larger facilities offer Skilled Nursing Centers where recovery from illness or surgery is available, as well as Long-Term Care for those needing a more skilled care team and round-the-clock support. Fee structures and monthly charges vary for both, and additional services can be purchased “a la carte.” Often, Independent Living includes one meal per day, housekeeping, access to an emergency activation system (pull cord, wrist, or pendant emergency response devices), and 24/7 access to help.

Before admission, the potential resident will undergo a thorough assessment to determine the appropriate level of need and intervention. A care plan is created based on specific needs and a calculation of how much “direct care” is built into the monthly cost. Additional care is available for purchase, usually at a 15-minute interval. Most facilities welcome private care.

Unit setup and accessibility are important considerations, in addition to staffing patterns. What is the staffing on weekends and holidays? Is there a nurse physically present 24/7 or just during office hours? What is the protocol if illness or injury should occur? Are the caregivers able to communicate in your loved one’s primary language? How are things like laundry and housekeeping handled? Some other considerations if a move is on the table: Does Mom still drive? (Perhaps the real question... should she?) If yes, can she have her car? Fluffy needs to come with Mom, for sure. Are pets allowed? Who takes care of the animals? Is it family? How much furniture can we bring? Do we need new furniture to accommodate changes in function or ability? Electric bed? Power Assist Recliner?

### Trust your senses

Keep your eyes, ears, and nose peeled. How do the residents look? Bored, disengaged, asleep, disheveled? Or are they well-groomed, content, and participating? Evaluate the cleanliness of common areas and pay close attention to the “vibe” you get. A tour will expose you to a great deal of information

that can feel overwhelming. Rather than deciding based on what those at the facility tell you, make your own assessment based on your observations.

### Exploring such a significant move and lifestyle change can feel overwhelming and stressful.

Begin by taking inventory. Excavating the issues is critically important to identify our needs and expectations. After lots of homework, we can carefully consider the following:

- Is this a proactive move without any real concerns for today, or is the current living situation failing?
- Has there been a change in medical status? Mental status?
- Have long-time helpers become unavailable? Has the death of a spouse or other household member created a scenario where living alone is concerning?
- Are there functional limitations responsible for a higher risk exposure at home? Is the home no longer meeting the changing needs?
- Are there seasonal concerns that you want to address before another winter?

### Expect a wide range of feelings.

Yes, those pesky feelings keep getting in the way. You may experience guilt and anxiety even as you find relief in having your loved one out of danger, isolation, and risk. If you are working within a family system making these decisions, sometimes the old unresolved issues find a way to rise to the top and sabotage. It can be helpful to have a trusted third party participate in the discussion at some point, perhaps a Clergy, a member of the healthcare community, or a trusted other with whom the elder is comfortable.

This, of course, is a sentinel event for every family considering this type of move. Undoubtedly, unless

you are in the rarest type of family where harmony reigns supreme and everyone agrees all the time, be prepared for a wide variety of thoughts and emotions on the subject. I suggest proceeding at a pace your loved one can tolerate.

### Very few folks will be delighted to move out of their homes.

If you are among that slight number, count your lucky stars. It generally does not go that smoothly. While caring for my mother, the time came when it became apparent that she needed this type of setting. I did my homework; I toured, interviewed, and compared several options before “pitching” the move to Mom.

### Change is hard. Change is inevitable.

It can hurt. But it also can be necessary. Moving gently through the process is essential. Be mindful that as we age (all of us, and I know YOU can relate), we find change even more difficult as the years accumulate. I’ve worked with families that have taken a year or longer to make this decision if they have the luxury of going slowly. It’s potentially hard for everyone, and experiences are at varied intensities. Reacting to a crisis is perhaps the worst time to introduce this change. However, the crisis may be the tipping point that reveals the level of risk without intervention.

The best thing you can do to help increase the odds of a successful transition is to make this major change before it’s too late.

If your loved one can engage, participate in activities, enjoy socialization, and benefit from the community, that’s ideal. If senior is not seeking engagement, the safety features built into the units, availability of staff 24/7, and reduction of things that “can go wrong at home” might be enough to make this an excellent option. The most successful transition to this type of living arrange-

ment is accomplished by getting there “early enough.”

Many elders I have known (and loved) have flat-out rejected a move out of the home, only to survive the adjustment phase and become content, safe, and well cared for in a way that would have been difficult or impossible at home. Ask the communities you are interviewing if a “trial period” can be provided. Make your list of questions well before the interview tour and include, “What if Mom is miserable and we can’t make it work? What happens then?”

### What can go wrong?

Usually, the lack of success transitioning to this type of community is due to the elder having more needs than the unit or facility can accommodate. Often, families consider this type of move only when a loved one is clearly struggling to manage at home despite intervention. The resident needs far more “assist” than the family was aware of, leading to increased risk in an environment that is not supervised for much of the time. Some communities are “fluid” and can move residents to a more appropriate setting as their care needs change and increase. If you select a facility that cannot offer this, relocation or supplying substantial private care may be your only choice.

### What’s the alternative?

Is there someone available to live with your aging loved one? Can they relocate to a family member’s home? Do you have Long-Term Care Insurance that may pay for or offset private in-home care? Is a daytime program helpful to fill a portion of the day, and then family or caregivers provide the needed support at home? If the set-up of the home is the stumbling block, would moving to elder housing or a more suitable situation be enough with some additional support?

If you want to start, have started, are overwhelmed, are bewildered, or need to revisit this discussion, ask for help. This is tough stuff. Patience, compassion, consideration, and kid gloves are required. Ask the communities you tour if families are willing to share their experiences. Help is a phone call away. Your local Councils on Aging and Senior Centers are great places to get support, information, and assistance.

**Joanne MacInnis, RN**, is the founder and president of Aberdeen Home Care, Inc., of Danvers, a concierge private duty home care agency in business since 2001. With 35 years of nursing practice, management and administration experience focused on home care and hospice, Joanne and her team specialize in advising and supporting families addressing the elders in their lives retain dignity and quality of life.

### Solution to puzzles on page 10

A	B	A	S		M	A	N	T	E	S						
S	A	G	E			A	N	T	I	T	O	X	I	N		
P	R	E	P			M	A			H	O	U	M	A		
E	R	N	I	E	J	O	H	N	S	O	N		M	N		
C	I	C	A	D	A		E	A	R	S		L	E	K		
T	O	Y	S			M	I	R	I		F	E	R	E		
						P	A	L	M	Y		O	B	E	S	E
B	A	B	I	E	D					A	R	I	S	E	N	
A	N	U	R	A		S	A	H	I	B						
G	Y	B	E		T	A	C	O			S	E	S	S		
H	M	O		S	E	N	E		T	R	A	V	E	L		
D	O		P	A	L	A	T	A	B	I	L	I	T	Y		
A	R	D	E	B			A	B			A	N	T	E		
D	E	S	P	E	R	A	T	E			A	C	E	S		
						O	R	A	T	E	D		M	E	E	T

3	5	8	6	4	7	9	2	1
4	9	1	3	2	8	5	6	7
7	6	2	1	9	5	3	4	8
9	8	6	4	5	2	1	7	3
5	7	3	8	1	6	4	9	2
1	2	4	7	3	9	6	8	5
6	1	5	2	7	4	8	3	9
2	4	9	5	8	3	7	1	6
8	3	7	9	6	1	2	5	4

### OUTDOOR FEAST WORD SEARCH

C	L	K	V	H	I	L	C	G	H	E	N	A	P	O	R	P	I	G	M								
W	D	E	H	T	G	L	T	A	O	C	L	E	T	A	R	S	H	R	G	V	K	V	S	C	H		
K	R	A	D	U	G	B	R	O	M	T	W	R	T	A	R	N	K	L	M	O	S	N	E	N	A	K	E
N	M	N	T	S	R	Y	O	D	G	F	O	R	H	C	A	B	L	O	O	L	D	N	A	K	K	E	
T	V	P	K	A	R	S	N	R	G	O	P	F	C	C	A	B	L	O	L	D	N	A	K	K	E		
I	G	N	T	A	D	R	E	S	R	O	G	K	M	C	E	A	W	L	D	N	A	K	K	E			
D	L	P	T	M	A	Y	E	S	R	O	O	D	T	U	O	Y	O	Y	O	Y	O	Y	O	Y	O	Y	
G	M	N	U	C	F	R	E	S	I	M	L	G	V	M	E	Y	D	K	A	B	I	D	A	U	E		
F	I	B	A	C	E	R	E	P	G	L	E	I	T	P	A	U	F	A	I	D	A	U	E	U	E		
E	E	G	V	B	N	L	O	M	A	K	L	U	A	L	M	E	O	L	C	H	I	T	E	U	E		
Y	I	A	A	S	A	F	A	G	W	S	L	F	O	T	E	B	L	D	D	T	E	U	E	U	E		
A	B	P	T	S	A	B	B	T	H	S	V	W	M	B	R	W	N	S	E	U	E	U	E	U	E		
E	S	G	W	E	K	P	S	Y	R	I	G	A	T	R	E	T	N	E	U	E	U	E	U	E	U	E	
U	U	C	L	O	U	L	I	R	G	A	C	V	L	N	Y	O	U	E	U	E	U	E	U	E	U	E	

Find the words hidden vertically, horizontally, diagonally, and backwards.

- Backyard
- Barbecue
- Baste
- Burgers
- Charcoal
- Chicken
- Direct
- Entertain
- Festive
- Flip
- Grate
- Grill
- Heat
- Outdoors
- Propane
- Seafood
- Sear
- Smoker
- Spatula
- Steak
- Temperature
- Tongs
- Vegetables
- Wood

### PET OF THE WEEK



## Benny No Jets

Are you looking for a charming and affectionate feline companion? Look no further, because Benny is here to steal your heart! This one-year-old cat is a delightful white and orange guy with a winning personality and a heart full of love. Benny is the epitome of sweetness. Whether you’re petting him gently or engaging in playtime, he will shower you with purrs and affectionate head-butts. Benny truly knows how to make you feel special, and his warm and gentle personality will instantly make

you fall in love. While Benny is considered a special needs adoption due to his chronic eye discharge, don’t let that discourage you! This condition doesn’t require any treatment at the moment and doesn’t seem to bother him in the slightest. Benny is a resilient and happy-go-lucky cat who doesn’t let anything get him down. His positive outlook on life is truly inspiring, and he will show you that even with a minor health concern, he can live life to the fullest.

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**6-8pm**

**Cornerstone Church**

**20 School St.**

**MBTS**

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**Beverly** \$1,980,000  
Roseledge - Gracious stately home in Beverly Farms set in an acre of gardens is an oasis with seasonal ocean views. Near the beach, town and train and filled with incredible charm.

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**Manchester** \$1,799,000  
Estate setting! Meticulously renovated, updated classic 1950's 3-bedroom Contemporary. Original pegged oak flooring, great room, 3 fireplaces, new 3-bedroom septic. Near beach, train, harbor.

Christine Grammas



**Ipswich** \$1,675,000  
Captivating seasonal 5-bedroom beach cottage in the coveted Little Neck community with breathtaking water views, direct beach access offers renovated interior and open floor plan.

Hackett & Glessner



**Boxford** \$1,400,000  
Contemporary 3-bedroom Colonial on cul-de-sac with newly remodeled kitchen has seasonal water views of Four Mile Pond and 2-story, 1-bedroom, 2.5-bath in-law. Wraparound deck, in-ground pool.

Norman Banville

Thinking of Buying or Selling YOUR Home - WE ARE HERE TO HELP!



**Rowley** \$949,500  
Custom home has custom oak staircase, stone fireplace in family room. Walk-in pantry and eat-in area in kitchen. Expansion option in walkup attic and unfinished basement. Heated 2-car garage.

Jody Watts & Blaze Johnson



**Ipswich** Starting at \$909,900  
Farm Village Phase III. Beautiful new, architect-designed homes range from 2,300-2,857sf adjacent to 40+acres open space. Near Downtown. Several designs, 2-car garages. Ready in 2023!

Alle Cutler & Ed Dick



**Danvers** \$699,900  
Well-maintained 3-bedroom, 2 full bath Ranch has custom kitchen and fantastic family room with beamed ceilings, skylights, gas stove. Fenced yard, patio. 2-car garage has EV charging station.

Christine Grammas



**Manchester** \$625,000  
Design your dream home for this 2.2-acre hillside lot with southern exposure and overland views near downtown and Singing Beach. Approval for 5-bedroom septic and engineered plans pending.

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Realtor | Lynda Surdam  
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Sited on over 40 Acres of private rolling lush fields overlooking a majestic pond, this property is in pristine, move-in condition. 6 Bedrooms, 5 full baths 2 half baths, 7 fireplaces.



2 St. Anthony- Gloucester  
Realtors Lynda & Brianne Hemeon  
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Tucked away off the Back Shore E. Gloucester this 3 BR/2 BA on the main level this house offers endless possibilities.



**NEW**  
10 Ellen Road- Woburn  
\$705,000  
Realtor Gaby DeBenedictis  
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Single family 3 bedroom 2 full bath with 3 car parking and a large backyard.



**NEW**  
97 Russell St- Peabody  
\$726,000  
Realtor - Joy Rodgers  
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