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MANCHESTER CRICKET

A Local Tradition Since 1888

VOL. 136, NO. 11

FRIDAY, AUGUST 4, 2023

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BRIEFLY

Calling All Crib Addicts

Sept 12 is the start of the next eight-week season of Crib (that's short for "Cribbage" for those not entirely in the know) Addicts at the American Legion Hall in Manchester. This group of delightful but ruthless competitors meets weekly, 6 p.m. on Tuesdays. In all truth, all are welcome, of all skill levels. They're really a lovely bunch.

On Saturday, Festival by the Sea is Here!

It's one of the most anticipated local events, and it's finally here. On Saturday, Aug. 5 from 10 a.m. to 4 p.m. the Greater Cape Ann Chamber's annual Festival by the Sea will bring all manner of visitors to town. This year more than 80 artisans will set up booths to sell their work and there will be food, music and other activities throughout downtown. Downtown businesses are getting in the game, so be sure to visit them all for some retail love. Three local organizations are using the day to set up their own exciting events. This includes the Friends of Manchester Library's Annual Book Sale (9 a.m. to 4 p.m.) and the First Parish Church's "Fair by the Sea" rummage sale on Chapel Lane (10 a.m. to 2 p.m.) behind Santander Bank. Then, after months of a light interior renovation of the Trask House, the Manchester Historical Museum will re-open Saturday with two programs, an outdoor exhibit, "Get Hooked Salt Cod Fishery Exhibit" (10 a.m. to 3 p.m.) offering live music, fish printing, childrens' games, art making and refreshments. Inside the museum, "Manchester 1772! A Small Town on the Eve of the Revolution," is open to the public through the end of the month.

Congratulations to Local 2023 BONS Winners

North Shore Magazine just published its 2023 Best of the North Shore (BONS) winners and many local favorites made it onto the list this year. Manchester's Bravo by the Sea, for instance, won Editor's Choice for Best Pizza. The Essex County Club won for Best Private Golf Course. The Beauport Hotel won several awards for food, cocktails and Best Staycation. Christina Bruce Photography in Essex won for Best Portrait Photographer. Also in Essex, Mayflour Bakery won for its yummy cakes. The Village Restaurant won reader's choice for its clam chowder and fish and chips, while CK Pearl won Best Outdoor Patio. We Dream in Colour won Best Fashion Jewelry. Great Marsh Brewing won for Best Tap Room. And rounding out the Essex winning streak, Woodman's of Essex received Editor's Choice for Best Clambake. Congratulations to all, and if we missed anyone, be sure to email us at news@thecricket.com and we'll give you a plug next week!

Manchester Club Announces Scholarships

Recipients of the Manchester Club James Hatcher Memorial Scholarship have been announced. They include: Samuel Athanas, Catherine Carvalho, Chase Dixon, Caroline MacKinnon, Jesse Oliver, Jackson Ring, and Daniel Wood. With the sad and untimely passing of long-time club treasurer, Bill Scott, the Manchester Club's board voted to begin a new annual scholarship award called the William Scott Memorial Scholarship. Wyatt Riehl is this year's recipient. Congratulations to all of this year's scholarship winners.



The ME Mariners suffered a tough 4-3 loss against Hamilton Tuesday in Essex at the start of the IITL Playoffs. Here, Mariner Rusty Tucker takes off after a hit to right field. Playoffs continue this weekend and early next week. Check out the schedule at itlbaseball.blogspot.com and head out to see some great baseball. (Photo Erika Brown)

Maintaining Town Infrastructure

By Gregory T. Federspiel

A perennial challenge most every community faces revolves around keeping the needed infrastructure upon which residents depend in good working condition. Without constant upkeep and reinvestment in such items including roads, sidewalks, drainage pipes, water and sewer utilities, municipal buildings, seawalls, and parks, it is very easy to fall behind. Sufficient funding to meet all the needs proves difficult to secure. Add to the mix that many of these elements of a community's infrastructure are not on most people's radar and that more immediate operating needs tend to be top of mind, it becomes easy to see why so many communities fall behind in their funding of infrastructure improvements.

If you add up the value of all of the Town's infrastructure (not including the School District) you are in the range of half a billion dollars. If you take an average life expectancy of 35 years for everything, then this means the Town's annual reinvestment should be in the \$14 million range just to maintain what we have (not accounting for inflation!). Ten years ago, the annual capital budget was about \$1 million. This past town meeting we approved a capital budget of \$4.2 mil-



There is a considerable slate of capital projects that will need funding in Manchester over the next 20 years

lion - good progress but not nearly on pace to maintain everything that residents rely on daily.

This story is not unique to Manchester. Actually, Manchester is probably doing better than most communities. But eventually the deferred capital projects catch up to us. We are pushing to rebuild the Central Street culvert before it fails. The same is true for the Rotunda at Tuck's Point. Major components of the sewer plant are at the end of their useful life and need replacement. We are only about a third of the way through replacing leaky 100-year-old water

lines. Besides emergency repairs we have not upgraded most of the seawalls along the harbor and other locations.

Annually department leaders update and add a new year to the Town's 5-year capital plan. Traditionally this plan has focused on the most immediate needs and, for the last 10 years, has not incorporated big ticket items. Most of the items on the plan are for \$1 million or less. We have not had a large bond for non-school projects in many years. Over the past 10 years voters have gradually approved putting more tax revenue toward capital items as well as using "free cash" or the Town's undesignated fund balance (a town's saving's account.) These funds come from being conservative on our estimated receipts, for example, car excise tax, permit fees, etc. and underspending appropriations.

A new facility plan is being developed. Big ticket items on this plan will likely include the need for a new DPW facility, replacing the nearly 60-year-old Pleasant Street garage, major upgrades to the sewer plant, PFAS treatment components added to our water plant, new or significantly upgraded public safety facilities, a Senior Center, possible library expansion and investments in sea level rise mitigation measures. Within 5 years the School District is likely to seek funding for a new Essex Elementary School. This partial list alone is in excess of \$150 million. Clearly, priorities will have to be set and hard choices made.

There is some good news. The proposed CST project should generate a healthy new stream of tax revenue for the Town without placing a large demand on municipal services. By the early 2030's the Town's pension and other retiree obligations should be fully funded freeing up close to \$2 million

in annual expenses. Grant funds continue to be applied for building on a solid track record of success over the past few years. All these elements will help ease the burden on taxpayers. However, they will not eliminate the need to raise taxes to pay for the bonds that will be needed for the larger projects.

Both the Finance Committee and the Select Board will be spending considerable time thinking how best to approach the long list of infrastructure needs facing Manchester during the upcoming budget season. Department leaders are being asked to work on their capital planning early so that the discussions can get underway in the fall and not wait until the winter when the crunch is on to finish the operating budget proposals that will be presented at the annual town meeting.

Have thoughts to share on the challenges of maintaining our infrastructure? Both boards and I would benefit from hearing from you.

Weekly Weather Chart

Saturday 5 Aug		75°	65°
Sunday 6 Aug		78°	62°
Monday 7 Aug		76°	61°
Tuesday 8 Aug		81°	67°
Wednesday 9 Aug		72°	66°
Thursday 10 Aug		72°	66°
Friday 11 Aug		75°	66°

Weather data pulled Wednesday and is subject to change.



Gavel to Gavel

This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.

Essex BOS

Monday, August 7, 6 p.m.

Essex ConCom

Tuesday, August 8, 7:15 p.m.

Essex Board of Health

Thursday, August 10, 7 p.m.

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Say hello to James "Jake" McNeilly, who was sworn in as Manchester's new Fire Department Chief last week. McNeilly, an Essex resident, brings deep experience in fire safety and EMT training.

Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

George S. Scharfe



George S. Scharfe passed away unexpectedly, but peacefully, on July 24 at his home in Manchester. He had spent the weekend doing the things he loved most: competing on the golf course and enjoying a few Rolling Rocks surrounded by his friends and family.

George was born on April 18, 1950 in Mineola, NY to Charles L. and Helen M. Scharfe. A graduate of Babylon High School, where he played football and basketball, George graduated from Clarkson College of Technology with a bachelor's degree in Industrial Management. He would forever be an optimistic and enthusiast supporter of the Clarkson hockey team. Upon graduation, George started his career in electrical engineering that would span over 50 years.

After departing Comstock, George became a partner at the John A. Penney Company, taking on the role of President and Chief Financial Officer. George was responsible for cultivating many of

the partnerships that remain intact today. With the help of his other partners, including his brother Alan, George grew John A. Penney to be one of the premier electrical engineering and contracting companies in Boston.

George loved to build things, not only his company and all the projects they did, but also lasting friendships, and, most importantly, a wonderful family. George met his wife Coreen when they were in 8th grade. After spending time sailing and dating by boat, George and Coreen were married on July 8, 1972. They spent their early married years sailing, skiing, going to craft fairs and enjoying time together. They hosted epic parties at the family's farm and continued to race sailboats together and to make music. Coreen would often sing as George strummed his guitar, a hobby he continued throughout his life.

The most important things to George were his family, his friends, and his faith. George's three girls were a source of great pride, and he often could be found on the sidelines of their field hockey or lacrosse games, cheering emphatically while smoking his trademark pipe (dismissing the No Smoking sign as a suggestion only). No field was too far away as he even traveled to Australia to watch his youngest daughter earn a gold medal in the U19 World Cup Lacrosse Competition. Years later, Opa, as he was now called, was equally thrilled to watch his granddaughters compete in anything, whether at a high school field hockey or lacrosse game at Governor's Academy or a weekend town basketball game in Manchester.

Sports and competition were always a part of George's life. He skied beautifully, played hockey at the club level into his 40s, never missed an opening day of hunting season, and fished frequently. Still, most of his time was spent on the golf course or the water. George served as Commodore of the Manchester Yacht Club and was a very successful sailor. Competing most recently in the Crockier Race with his childhood friend, Peter Tarr, finishing third in their class. On the golf course, George won a number of tournaments at Essex County Club, including the 2009 Four Ball with his partner, Doc McGarr, and two Club Championships. He also enjoyed competing at Isleworth Country Club and Bay Hill Club and Lodge both located in Orlando, Florida. For over a decade, he played in the MA State Father-Daughter Tournament, partnering with each twin on alternating years, which proved to be a true test of skill and patience that his daughters will now remember fondly.

George was a leader, not just in his work life or in competitions and races, which he often won, but also in the way he gave back to the community through his volunteer work. "Scharfes build churches and schools," he would say to his girls. George contributed his time to the Manchester School Building Committee, served as a trustee at Governor's Academy, and volunteered on the Building and Grounds committee at the Glen Urquhart School, where his eldest daughter is Head of School. George was also very involved in and dedicated to fundraising at Beverly Hospital. Perhaps most significantly, George participated actively in his church, St. Paul's Lutheran Church in Lanesville, where he was a devoted parishioner for close to 50 years.

George is survived by his wife, Coreen Wallace Scharfe, and daughters Gretchen Forsyth, Molly Prinn, and Kirsten Richard-

son. He also leaves three sons-in-law that he was proud to have "chosen" for his daughters and treated as the sons he never had, Steve Prinn, Kirk Forsyth, and Jesse Richardson. George was adored by five granddaughters, Katherine, Emily, Anne, Elizabeth, and Charlotte, and one special grandson, Benjamin. He is survived by his sister, Marie Jerge, and her husband, James, and by his brother, Alan, and his wife, Leigh, as well as their children, Christopher, Rebekah, and Henry. George is predeceased by a number of golden retrievers, each of which he falsely claimed to be "well-trained."

He will be sorely missed by his family of friends he created at the Manchester Yacht Club, Essex County Club, and Cala's in Manchester.

A celebration of George's life will be held at the Essex County Club in Manchester on August 7th at 11 am. Parking at the club is extremely limited and will be reserved for members and family. Additional parking is available at the Manchester Essex Regional High School, and shuttle service will be available from the Manchester Athletic Club and Crocker's Boat Yard. In lieu of flowers, donations may be made in Memory of George S. Scharfe to Beverly Hospital or St. Paul's Lutheran Church.

Celebration Of Life



Kathleen "Kathy" Love

On Wednesday, August 9 from 5 to 7 p.m., a Celebration of Life for Kathleen "Kathy" Love will be held at the Chowder House at Tuck's Point in Manchester by the Sea. Everyone is welcome.

9:24 p.m. School St., disturbance, spoken to.

MANCHESTER POLICE NOTES

SUNDAY, JULY 23

9:42 a.m. Church St., watercraft enforcement, written warning. 2:13 p.m. Black Beach, watercraft enforcement, verbal warning. 8:02 p.m. Pine St., motor vehicle stop, written warning. 11:05 p.m. Union St., motor vehicle stop, verbal warning.

MONDAY, JULY 24

8:06 a.m. Central St., citizen

assist, assisted as needed.

11:45 a.m. Central St., disturbance, report to follow.

3:51 p.m. Summer St., welfare check, no action taken.

10:34 p.m. Elm St., fire alarm, fire false.

TUESDAY, JULY 25

12:45 p.m. Powder House Lane, animal complaint, assisted as needed. 3:11 p.m. Old Neck Rd., motor vehicle accident, no personal injury,

spoken to. 7:05 p.m. Central

St., citizen assist, spoken to.

9:30 p.m. Route 128NB, motor vehicle accident with injury, report to follow.

WEDNESDAY, JULY 26

7:23 a.m. Jersey Lane, animal complaint, notification made. 11:45 a.m. Walker Rd., fire alarm, cleared, false alarm.

2:24 p.m. Harold St., agency assist, assisted as needed.

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CLASSIFIEDS

First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to classifieds@cricketpress.com or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

FREE! (\$500) one garage unit. Text (978) 473-1894 for details. ... 7/21

RUMMAGE SALE
SAT, AUG 5, 10 AM TO 2 PM—First Parish Church, will be holding a rummage/clean out sale and vintage vendors (including vintage clothing!) Saturday, Aug. 5, 10 AM – 4 PM. Located at 1 Chapel Lane, behind Santander Bank & next to the Manchester Library. We are cleaning out our attic, kitchen and have even more in donations from members to sell. We will have at least 2 – 8' tables just of jewelry! We will also have a raffle with themed baskets and homemade goodies for sale. This is all happening during the Cape Ann Chamber of Commerce's "Festival by the Sea". Parking is available behind the Town Hall or at the high school where vans will be transporting people right downtown. Items set out by the church at priced to sell! ... 8/4

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MBTS—House, 2 bd, 3 fireplaces, 2 full baths, living room, kitchen, dishwasher, washer/dryer. All one level. Five feet from its own in-ground pool. Private driveway and additional bldg for storage with seasonal bath. No pets. Prefer no small children. Must be quiet person/couple. 1-2 yr lease. \$3,950/mo + ut. Available now. 978-807-5127 8/4

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MBTS HOME FOR RENT—Charming, well maintained, in town, furnished house rental available 8/1/2023 for 10 or 12 month lease. 3 Bedroom, 3 full bathrooms, walk to schools, train, beach, harbor. Gas forced hot air heat, electric central air conditioning, small yard and shed. \$5000/month plus utilities. No pets or smoking permitted. Serious inquiries only, 978-590-6089 7/28

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MBTS DOWNTOWN STORAGE—Storage downtown MBTS: 4 units from 10x10 (\$100) up to 24x32 7/21

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Friends of Manchester Trees Celebrates 50th Anniversary



More than one hundred members and guests attended the party, which celebrated an organization that has planted and cared for over 1,200 new trees in Manchester over the past fifty years.

Last month the Friends of Manchester Trees (FOMT) marked its 50th anniversary with a gala soiree at “Eaglis,” the home of Elizabeth and Stuart Moore.

The historic home and naturalized landscape were a fitting location to host a gathering for a committed group that recognizes that trees have an essential role in protecting the environment.

FOMT was founded in 1973 to address the decimation by Dutch Elm Disease of Manchester’s magnificent tree canopy. While only a few of the giant Elms were saved, the organization’s mission turned to planting new trees to restore those that were lost. FOMT is now the primary source of funding for new trees, a critical component of our town’s infrastructure. In addition, for the past 31 years the organization has enabled Manchester to be designated



Hostess Elizabeth Moore greets the Friends of Manchester Trees members.

as a Tree City USA under the Arbor Day Foundation.

The evening program began with Jody Morse, the newly elected president, who welcomed and thanked members for their support. She explained that her goal was to ensure that FOMT

continued its important work for another 50 years, and she asked everyone to spread the word to their friends and neighbors that FOMT needs new members and volunteers to help fulfill its mission. She closed by saying, “The value of trees to the quality of our environment, in the face of a changing climate, makes our work and your support more important than ever.”

The featured speaker for the evening, Samantha Richardson, is a horticulturist and data scientist at the historic Mt. Auburn Cemetery in Cambridge. Samantha explained its “citizen-scientist” program drives much of the data collection and analysis performed on the 5,500 trees at the 175-acre property. This analysis allows them to follow an urban forestry plan that can adapt to a changing climate. Samantha ended her talk by challenging FOMT to collaborate across various citizen groups and town government departments to ensure the success of our mission to have a healthy and beautiful environment in our town.

The work of the Friends of Manchester Trees goes on, as it looks forward to its next 50 years of planting and caring for trees in Manchester-by-the-Sea.



FOMT Members, Cathy Crockett, Betsy Nickless, Jody Morse (FOMT president), and Marty Farmer. (Photos Jody Morse)

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
4 Fri	1:45	11.4	2:22	10.5	8:26	-1.2	8:42	-0.6	5:36	8:01
5 Sat	2:38	11.2	3:13	10.6	9:15	-1.1	9:35	-0.5	5:37	8:00
6 Sun	3:32	10.7	4:04	10.5	10:03	-0.7	10:29	-0.2	5:38	7:59
7 Mon	4:27	10.1	4:57	10.3	10:51	-0.2	11:24	0.2	5:39	7:58
8 Tue	5:23	9.4	5:51	10.1	11:42	0.4			5:40	7:56
9 Wed	6:23	8.8	6:49	9.8	12:23	0.6	12:34	1.0	5:41	7:55
10 Thu	7:27	8.3	7:48	9.6	1:25	0.9	1:30	1.4	5:42	7:54



BOARD UPDATES

Select Board: The Select Board will meet next on Monday, August 7 at 6:30 p.m. Meeting details will be posted on the Town website.

Music in the Park: Next week will feature two concerts in Masconomo Park. Northern Fried will play on Tuesday, August 8 and Conscious Reggae will perform on Thursday, August 10 (rescheduled from a rain date). Call the cancellation line at 978-525-6429 for weather updates or check social media.

MBTA Zoning Task Force: The Task Force will meet again on Thursday, August 17 at 6:30 p.m. Meeting details will be posted to the Town website. More MBTA Zoning

information can be found at bit.ly/MBTAZoning.

Open Town Planner Position: The Town is seeking applicants for a Director of Land Use/Town Planner to direct and perform municipal land use planning functions and provide staff support to the various land use boards and committees. Learn how to apply on the Town website.

Join Local Government: Volunteer to become a member of a Board or Committee and serve your community. A list of vacancies can be found on the home page of the Town website.

Beach Tags: All visitors to Singing Beach ages 12 to 65

need an orange beach tag or a daily walk on pass. Passes can ONLY be purchased at Singing Beach during operating hours. Cost is \$35 for the season or \$10 per day.

Transfer Station Hours: The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m. to 3 p.m.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Follow Us on Facebook, Instagram, and Twitter @townofmbts and visit the Town website Manchester.ma.us to stay informed.

WHAT WAS HAPPENING

90 YEARS AGO – 1933

The Boy Scouts are planning to leave for their annual period in camp at Rollins Pond, N.H. on the 19th, the advance contingent leaving on the 16th to make things ready for the main body. Leon W. Carter will be in charge of the first delegation and Henry Henneberry will be in charge of the commissary department as usual.

With Tom Lees in the box for the Town team, last Sunday afternoon, the boys hammered at a victory over the Les Canadiens by the score of 4 to 2. All Manchester’s runs came in the first inning when Chane got a life on an infield error. Imbeault beat out a bunt and with successive singles by Needham, Fraser, E. Cook, Flatley, Carn and K. Cook four runs were pushed over.

75 YEARS AGO – 1948

At Tuesday evening’s meeting of the Board of Health it was voted unanimously to close the Dodd Co. Plant on Tappan Street, the action being taken after numerous complaints of offensive odors coming from the Plant had been registered with the board members from residents in the neighborhood.

A Chicken Pie Supper will be the piece de resistance at the annual Manchester Club Picnic which will be held, rain or shine, at Tuck’s Point, on Saturday, August 21. Picnic activities will start in the afternoon with light refreshments and sports.

60 YEARS AGO – 1963

The awarding of the contract, for the construction of the new Brown’s Super

Market, to Gourdeau Construction Company, Inc., of Beverly, Massachusetts, has been announced by George A. Brown, attorney for the Brown family. Site preparation will commence Friday, August 2, 1963, and construction will commence on August 5, 1963.

On Monday, August 5th, Past Commander Al Doane and his large committee will again play host to a group of patients from the Chelsea Soldiers Home at Tuck’s Point. This will be the 16th annual party for the men held by the local Legion Post.

45 YEARS AGO – 1978

Attorney General Francis Bellotti has approved the Animal Control Act, in its entirety. He has also given approval to the change in the By-Law making the first Saturday in May as the date for the Annual Town Meeting, and the second Saturday in May as the date for the Annual Town Election, all as per vote of the townspeople of Manchester during the

Annual Town Meeting in May of this year.

The Annual Outing and Clam Bake of the Manchester Democratic Committee, held last Saturday at Tuck’s Point, was enjoyed by some 250 people. The weather held fine, and the candidates mingled with their potential constituents, with everyone having a wonderful time.

30 YEARS AGO – 1993

The main attractions of the fifth week of the eight-week Manchester Summer Playground Program were the Monday, July 26th, trip to the Manchester Public Library and the Tuesday, July 27th, excursion to New England Alive in Ipswich.

The Selectman voted to increase water and sewer rates Tuesday, raising the annual average cost of sewer users by about \$63.00. The discussion followed the recommendation by the board that water rates increase to \$1.60 per 100 cubic feet, and sewer rates to \$2.40.



DR. JASON GRIMARD DC

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LIBRARY NEWS



Friends of the Library Book Sale

Saturday, August 5 from 9 a.m. - 4 p.m.
It's back! The ever-popular Manchester Friends of the Library Book Sale returns this August 5 during Festival by the Sea. Come to the Manchester Library and take advantage of deals and steals in hardcover fiction, non-fiction, children's books, DVDs, puzzles and more. Both cash and checks are accepted. All proceeds benefit the Manchester-by-the-Sea Public Library.

Don't miss this chance to get amazing books and more while supporting the Friends of the Library who have sponsored the permanent StoryWalk, beautiful landscaping, library lawn furniture, new Reference Room furniture, museum passes and countless library programs through decades of support. Our Library could not do any of these amazing things without them.

Come and bring a friend!
NOTE: Library Will Close Early (1 p.m.) Friday, August 4 for Friends of the

Library Book Sale

The Manchester Library will close at 1 p.m. on Friday, August 4 to prepare for the Manchester Friends of the Library's Annual Summer Book Sale being held this year on the front lawn.

MPL Children's News & Events:

Summer Reading June 22 - August 11

Kids going into grade 6 and under are invited to sign up for summer reading. The program began on June 22, and it will continue through August 11. Register in the library for a chance to win raffle prizes and get free admission to the Topsfield Fair.

Storytime with Miss Audrey

Mondays at 10:30 a.m.
Join Miss Audrey for stories, songs, and games for ages 0-5.

The Didgeridoo Down Under Show

Friday, August 11 at 2:30-3:30 p.m.
The Didgeridoo Show is an energetic fusion of Australia-

lian music, comedy, character building, storytelling and audience participation. The didgeridoo has been played by Aboriginal Australians for at least 1,500 years, and it's known for its otherworldly sound. You'll learn about Aussie animals, culture, unity and more ... all while moving and grooving to the pulsing rhythms of the didge. The Didgeridoo Show is interactive, educational, motivational, and super fun for all ages. In the event of rain, we will be at the Manchester Community Center so please register to support proper planning for library staff.

MPL News & Events for Teens:

Summer Reading for Teens (11-18)

Teens can stop in the library at any time to pick up bingo sheets and instructions so you can win cool prizes all summer long.

Friday Movies at MBTS

Friday, August 18 at 5:30-7:30 p.m.
Movies at the Library have-

turned. We will be showing a movie in our newly renovated Reference Room every month on Friday at 5:30 p.m. We will supply the popcorn. Feel free to bring covered, non-alcoholic beverages. The movie this month has a MPAA rating: PG-13.

MPL News & Events for Adults:

Mindfulness Meditation Tuesday, August 8 at 11 a.m.-12 p.m.

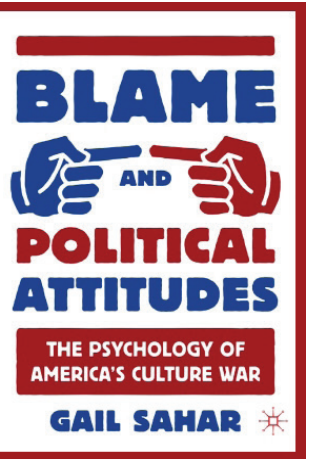
Meditation is moving to the Manchester Community Center and is going weekly this summer. Alida Bryant is a Dharma Leader and meditation instructor under the guidance of Anam Thubten Rinpoche. She has been meditating for over 30 years (still very much a beginner.) and studying and practicing with lineage holders in the Tibetan Buddhist tradition. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion.

Please register if this is your first time coming to this mindfulness meditation program. We need either an email or a phone number in case we need to cancel or change venues last minute. Your contact info will be shared with the program facilitator who will only contact you about info pertaining to this library program. Please email mwillwerth@manchesterpl.org if you would like at any time to be removed from the contact list.

Author Chat with Gail Sahar, "Blame and Political Attitudes..." (Virtual)

Wednesday, August 9 at 7-8 p.m.

Have you been asking yourself, "What does culture war even mean?" and "What does it mean to be 'woke'?" and how do these questions contribute to the current divide in America? If you have



been, please join us for this conversation with Professor Gail Sahar, author of "Blame and Political Attitudes: The Psychology of America's Culture War."

Cold Brew/Hot Books on the Lawn Thursday, August 10 at 11:30 a.m.

Summer is hot and good books are even hotter. We'll provide the cold brew coffee for you, and we can all chat about the books we have been reading or hearing about. Thursday, August 10, at 11 a.m. on the lawn with Lori, Sara and Maddy as we dish and ditch the good, bad, and ugly books that caught our attention in July. Whether you love gripping thrillers, historical fiction, laugh out loud comedies or romances that never go the way you want, we'll have something to share. It's 30 minutes and a free cold brew coffee, relax and chat about books, what could be better? See you here and bring a friend.

Zero Waste for Parents & Kids (Virtual)

Wednesday, August 16 at 7-8 p.m.

We learned so much from Sarah last time she was with us, we just had to have her back. This time, we'll dig into practical tips to make your children's birthday parties and school lunches

eco-friendly and low waste. We'll also be discussing how kids, families, and communities can be more sustainable as some towns/cities/states move towards free lunches for all. All ages are welcome. Sarah Robertson-Barnes, founder of the Sustainable in the Suburbs blog, is a freelance writer, educator, and consultant. She lives with her husband, two kids, and rescue dog outside of Toronto, Ontario. Sustainable in the Suburbs is a resource for living low waste with kids in a culture of convenience.

Massage and Energy Work Demo and Q&A

Thursday, August 17 at 6-7 p.m.

Massage Therapist, Matt Kurdt, of Holistic Energy Works will be leading a workshop to help spread the word about the positive benefits of Massage Therapy and Energy Work. He will be available to provide hands-on demonstrations of some simple yet incredibly effective techniques as well as to answer any questions you may have about massage in general. Attendees can opt in to receive a short massage demonstration but will need to sign a waiver. The massage demos are not private as this program will take place in the Reference Room of the library.



Hula Hooping Extravaganza

On Friday at 10:30 a.m. and 1 p.m. Participants of all ages were invited to a hula

hoop event on the library lawn. Hooping induces joy through movement explorations designed to promote healthy bodies and minds.

(Courtesy Photo)

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Shop Thoughts: Keeping Books in Stock

By Hannah Harlow

Every day here at the Book Shop, our UPS driver delivers on average, seven to eight boxes. Most of these contain books (which, as you can imagine, are often quite heavy). New books get published every Tuesday and not a week goes by that we don't have these new books on order.

We also place two to three orders with our wholesaler each week, mostly consisting of special orders for customers and restocking bestsellers and other quickly moving books that we want back on our shelves as soon as possible.

We restock other books directly with publishers every couple of weeks. In addition to the books, we receive stock shipments from various stationery and other small gift suppliers.

We work with dozens and dozens of vendors. I have an email in my inbox from every single one of them right now reminding me that in the event of a UPS strike, deliveries may slow significantly.

The Teamsters Union and UPS are currently in contract negotiations; if they don't come to an agreement, almost 340,000 UPS workers will go on strike. FedEx, USPS, and other carriers will attempt to pick up the slack, but they most certainly won't be able to handle the volume.

This will impact small businesses like mine in various ways—inventory shipments will be delayed to us, of course, but our shipments to customers will also be affected. The book industry has its own specific concerns. I've placed book orders for

the author events we're hosting in August and September much earlier than I normally would. I'm reordering bestselling books in much higher quantities than usual.

Fortunately, we have a dry basement with plenty of storage space.

With new books released each week, authors with titles coming out in August have every right to be concerned about their books reaching customers on time. Publishers are responding by shipping many of those titles at the end of July and asking retailers to hold stock until the book's intended publication date.

There are a million moving pieces in a small bookstore like ours—actually, around 6,000 unique ISBNs—and keeping track of future release dates for incoming stock is no small feat.

Thankfully two of the biggest books of the summer—Somebody's Fool by Richard Russo and Tom Lake by Ann Patchett—will arrive just ahead of any potential strike, publishing July 25 and August 1, respectively.

James McBride's new novel, The Heaven and Earth Grocery Store, is set to release on August 8, as is a highly anticipated debut novel called Shark Heart by Emily Habeck and the newest mystery by Lisa Jewell, None of This is True, amongst many others.

On August 15, we're looking forward to Alice Hoffman's newest novel, The Invisible Hour, featuring a cult in western Massachusetts and the power of books (and Nathaniel Hawthorne's in particular), and the debut novel The Great Transition by Nick Fuller Googins, in which

a utopian future is not quite what it seems.

And should the strike persist into September (insert weeping emoji here)? Consider placing a preorder now for the newest titles from Zadie Smith, Stephen King, Lauren Groff, and Sy Montgomery. There are other ways consumers can prepare:

—Plan ahead: In addition to pre-ordering new books, you know you'll want this August and September, consider ordering your book club picks and the kids' summer reading books sooner rather than later. Any really specific needs will almost definitely be hard to fulfill quickly should the UPS workers go on strike.

—Now might be a good time to discover audiobooks! Sign up for a membership with Libro.FM, which allows you to purchase audiobooks from the bookstore of your choice (including The Book Shop of Beverly Farms!)—all delivered virtually to your phone or other listening device.

Have patience with all the small businesses in your life!

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Hannah Harlow is owner of The Book Shop, an independent bookstore in Beverly Farms. Harlow writes biweekly recommendations for us. See more of what she recommends reading at thecricket.com.

The Heart of Edward Hopper's Success



Josephine Nivison Hopper's watercolor, "Church Towers, Gloucester," 1923, 20" x 14" (Courtesy, Whitney Museum of American Art, New York)

By Phileine de Widt

In the early 20th Century, Cape Ann served as a pivotal outlet for Edward Hopper, the renowned American artist. Hopper's exploration of technique and image along the north-east coastline kick-started his successful career.

Artwork from this important period of Hopper's life will be displayed in the Cape Ann Museum until October 16. The exhibit indeed shows a great variety of Hopper's work, but more prominent is the storyline that flows through the collection, notably the inclusion of his wife, muse, and agent, Josephine "Jo" Nivison Hopper.

Before Edward reached his fame, Jo was already an established artist. Her work was displayed in museums in New York City, and she had a teaching degree in art from what is now Hunter College in New York.

According to her journals, the two met in the hallways of the New York School of Art. Their "meet-cute" consisted of Edward stretching a canvas for Jo.

After spending time together, traveling, and sharing their passion for art, the two married July 9, 1924 both in their early 40s. Though it was surely out of love, their marriage was a result of an ultimatum. Jo proposed that she would only go back to Gloucester, instead of Provincetown, with Edward if he married her that day, and that he did.

In Gloucester, Edward found what he had been struggling with his entire ar-



Edward Hopper's oil on canvas portrait, "Jo Painting," 1936, 18 3/16" x 16 3/16" (Courtesy, Whitney Museum of American Art, New York)

tistic career. He transformed as an artist, and so, was keen on returning in 1924. Jo, with her teacher instincts, encouraged Edward to transition to more water-color use, and he was thus able to produce more work quicker.

After seeing this, Jo, who already had her paintings lined up for an exhibit at the Brooklyn Museum advocated for Edward and his new Cape Ann artwork to be displayed as well. There he sold his work and received reviews that would change his career for the best.

Jo's career, however, now faded to the background. She slowed down her painting, and continued to support Edward as a wife, muse, and producer.

When Edward passed, Jo ensured that all his work, and hers as well, would be donated to the Whitney Museum in New York. This was, and

still is, the greatest amount of work by an American artist donated to an American museum. Jo jump-started Edward's career, and ensured that his legacy would never die.

Without Jo, and all she gifted to Edward Hopper, and thus also America, this exhibit would certainly not have been possible, and throughout the beautiful display this is evident.

At the center of the exhibit is a section specifically dedicated to Jo and her story, proving that she is the heart of Edward Hopper's success.

On Saturday, August 26 at 2 p.m., the Cape Ann Museum will host Ellen Roberts, the Director of Curatorial Affairs at the Taft Museum of Art in Cincinnati, to discuss "Jo Nivison Hopper's Contemporaries" and her sacrifice and commitment to her husband.

Manchester Summer Chamber Music Concerts to Return August 5



Manchester Summer Chamber Music players, at the Crane Estate in Ipswich. The group will play a concert to a limited audience in Manchester on August 9 & 10.

Starting August 5, the Manchester Summer Chamber Music will kick-off their 2023 summer concert series.

Until August 19, the organization will host concerts at the Barn at Castle Hill, Ipswich every Saturday at 7 p.m.

On August 9-10, they will have two unique house concerts at 2 Masconomo Street, Manchester at 7 p.m.

Their anticipated debut this Saturday will be their first concert since their summer season in 2019.

The classical music con-

certs consist of a group of diverse, experienced, and well-educated musicians that ensure an engaging and lively experience.

Artistic directors and violinists Sage Cole, a Manchester native, and Lorna Tsai founded MSCM in 2009.

Their mission is to use classical music and all of its fluidity and vibrancy to connect with audiences and promote the importance of music in all aspects of life.

To further enjoy the experience, picnicking is encouraged before the concert in

the beautiful walled gardens of the Crane Estate. Small bites are available for pre-order at each Barn concert as well as a variety of drinks.

Tickets and more information available at manchester-summerchambermusic.org



Co-artistic Director Lorna Tsai



Co-director Sage Cole. Courtesy images

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After a week of rain, the Magnolia Community Farmers' Market was back to its weekly gig, Sundays from 10 a.m. to 2 p.m. on Lexington Avenue which is closed to automobile traffic for an ideal walkabout. Here, artist Emily Grace showed off her one-of-a-kind goods.

(Courtesy image)

K of C Food Drive for The Open Door Continues "Neighbors Helping Neighbors"

Maconomo Council 1232 Knights of Columbus Manchester-by-the-Sea issues a friendly reminder that the food drive it began in 2018 to benefit The Open Door Food Pantry of Gloucester and Ipswich continues and has intensified serving the community. The need for nutritious food is always present, but the need on Cape Ann is greater now than ever before.

Fred Johnson, the Council's liaison to the Open Door Food Pantry observed, "Food insecurity is as present in the summer as in the winter. Record high inflation is straining food budgets and pointing families to The Open Door's welcome."

All are encouraged to leave food donations in the designated bins in the garage on Friend Street behind Sacred Heart Church, School Street Manchester-by-the-Sea.

Since the Knights' food drive began in 2018, 7,331



(Courtesy Photo)

lbs of food have been collected for The Open Door. In the COVID year 2021 to present, 6, 179 lbs and \$200 cash have been donated to the area food pantry. In 2022 The Open Door served 4,872 households on Cape Ann. This year, 2023, 100 households were added per month. Food items most needed by The Open Door are: Peanut

Butter; Canned Tuna, Chicken, Turkey; Healthy Snack Items; Breakfast Cereal; 100% Juice / Juice Boxes; Hearty Soups; Canned Vegetables and Fruits; Spaghetti Sauce; Macaroni & Cheese; Rice; Noodles and Pasta; and Cake, Muffin, and Pancake Mix. (Note: Please no glass items-jars, bottles, etc.)

Knights of Council 1232

transport the donates food to The Open Door weekly. They thank all donors for their generous contributions. This food drive is open-ended and on-going. It is a 24 / 7 effort.

Grand Knight Steve Kuhn said, "This a tangible way to extend a hand of friendship to our neighbors feeling the economic pinch. We are glad to help."



The chefs at the picnic in 2022.

Photo Paul Clark

Elder Brethren picnic

Please take a moment to register to attend the Elder Brethren picnic at Tuck's Point on Saturday September 9. Join the movers and shakers of Manchester at this very popular annual event. The event runs from 11 a.m.-1:30 p.m. and onsite sign in starts at 10:30 a.m. Our guest speaker will be two-time Pulitzer Prize winning photo-journalist and author Stanley Forman and you won't want to miss his presentation. The link for additional details and to register is: <https://forms.gle/Mqo5CDSlhvJgYa19A>. For pictures of years past, point your browsers at: <https://www.facebook.com/ChowderParty/> Feel free to reach out if you have questions or need help registering. Thanks.

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ScottEnergy Community Bulletin Board

**MBTS
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MANCHESTER-BY-THE-SEA, MA

**Saturday
Aug. 12
4:30 p.m.**

Enjoy live music on the water at the 2nd annual MBTS JazzFest! Jambalaya Horns and Skunk Sessions will take the stage at the American Legion Hall, MBTS. Tickets include entry for music with catered box meals and a cash bar.

Doors open 4:30 p.m. All proceeds benefit the Manchester By-The-Sea 4th of July festivities.

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Adin Murray's Intertidal Opens at Jane Deering Gallery

On August 3, the Jane Deering Gallery in Gloucester will open Adin Murray's Intertidal show with a public reception from 5 - 7 p.m.

Intertidal will run from the Aug. 3 opening to Aug. 30.

As in his two previous series, Horizon and Moon, Murray's reverence for the spirit of the natural world continues with an exploration of the intertidal waters and the great salt marsh lands of Cape Ann. This new show is

intended to give the viewer a peek into the process that Murray employs to create his work. Consisting of preparatory drawings, preparatory oil studies, and three final large format paintings, the exhibition affirms the fundamental stages in the development of a final piece.

Adin Murray holds a bachelor's degree in art and biology from Tulane University and a Master's of Fine Arts in painting from the Savannah College of Art and Design.

His work is in a permanent collection at the Cape Ann Museum as well as in corporate and private collections in the US and abroad. Murray lives and maintains a studio in Gloucester.

JANE DEERING GALLERY
Pleasant Street | Gloucester
janedeeringgallery.com



Manchester Historical Museum's Martha Chapman displays a fish print of the sort that you can make at the Museum on Saturday from 10 to 3 during Festival By The Sea. Come by and try your luck!
Courtesy photo

Manchester Historical Museum Reopens Saturday After Months of Renovation!

This weekend the Manchester Historical Museum will open after several months of light renovation that is part of its Bicentennial celebration this year.

The museum will kick off an outdoor exhibit, "Get Hooked Salt Cod Fishery Exhibit" this Saturday, August 5 from 10 a.m. to 3 p.m. to coincide with Festival by the Sea, the town wide artisan event hosted by the Greater Cape Ann Chamber of Commerce. For the event, the Manchester Historical Museum will offer live music, fish printing, childrens' games, art making and refreshments.

Also, "Manchester 1772! A Small Town on the Eve of the Revolution," is an indoor exhibit currently open to the public through the end of the month. Info at manchesterhistoricalmuseum.org.

ESSEX ECHO.

Town Administrator's Report

Board of Selectmen's Meeting of July 24, 2023
Report covers from July 8, 2023 to July 21, 2023

Signature of State Revolving Loan Fund Documents for Water Plant Work

The Massachusetts Clean Water Trust administers the State Revolving Loan Fund (SRF) via the Massachusetts Department of Environmental Protection. Now that work on the Essex Water Filtration Plant is set to commence, it is necessary for the Board and other Town officials to sign a variety of documents associated with the loan (which will be made to the Town at zero percent interest). The Town Meeting authorized up to \$2,600,000 for this project and, after bidding, including contingency, the SRF loan will be for \$2,498,980.

Manchester Essex Rotary Club Meeting

The TA attended the subject meeting on July 12, 2023 to provide the club with an update on various projects and initiatives going on in Essex. Club members had the opportunity to ask questions and provide feedback. It is possible that the club may want to contribute to some future improvements in Essex (like at the Centennial Grove or at Paglia Park).

Managed Retreat Discussion

Mr. Zubricki participated in a webinar hosted by the UMass Boston Urban Harbors Institute on July 18, 2023 with respect to the concept of "managed retreat". The concept includes a variety of scenarios such as relocating roads and even moving houses or buying out private properties. In Essex, the Apple Street Roadbed Elevation and Culvert Replacement Project is a type of retreat in that it represents an adaptation to sea level rise and climate change that requires improvement of a more inland route. Generally, the concept of retreat will become increasingly relevant as sea level rise becomes more pronounced.

Condemnation of Dwelling at 92 Southern Avenue

The structure at 92 Southern Avenue includes two, separate condo units. One of the two units has been the subject of complaints by tenants living in that space and the matter was taken to District Court recently by one of the tenants. The unit is not in compliance with the Minimum Standards for Human Habitation and, despite the recent court filing, the situ-



ation has not improved. As such, the Board of Health is in the process of seeking to have the unit vacated and boarded up until such time that the owner can present a viable plan for rehabilitation. To that end, the TA participated in a conference call involving the Board of Health Administrator, Town Counsel, Chairman Preen, the Chief of Police, and Sergeant Bruce on July 17, 2023. Presently, we are working with an abutter's testimony regarding the fact that the unit at 92 Southern Avenue is being occupied despite a recent court ruling that people can only be in the dwelling to undertake cleanup and improvement efforts.

Risk Management Grant Application

Each year, our insurer (the Massachusetts Interlocal Insurance Association - MIIA) offers a Risk Management Grant that is aimed at preventing insurable losses. The maximum amount of the grant remains at \$10,000 and the Police Department is interested in obtaining four additional body-worn cameras and associated equipment to expand the Department's inventory and have spare units available (a total cost of \$9,375). We have developed the grant application and it is ready for submission.

Potential Grant Funding for Housing Production Plan
The Town Planner and Mr. Zubricki discussed grant opportunities associated with the future work of the Essex Affordable Housing Trust with the Massachusetts Assistant Secretary for Communities & Programs on July 20, 2023. The Trust is interested in getting some baseline planning done that will be helpful in charting a course forward for affordable housing in Essex. We learned that State grant programs are much more likely to support the development of a Housing Production Plan than a

Resident Selection Plan since the latter usually gets put together by the developer on a project-by-project basis and the former is a base level plan. To that end, there does not appear to be a need to just do basic information and statistics collection work without using it for a Housing Production Plan. The Trust will discuss this matter at its next meeting on July 27, 2023 and the next opportunity for grant funding will come in the spring of 2024.

Regional Community Wildfire Protection Plan Proposal

The City of Gloucester is interested in engaging the other Cape Ann communities and local non-profit land management organizations to work with a consultant to develop a Regional Community Wildfire Protection Plan (CWPP). The City has received a proposal from a consultant and has already agreed to fund Phase 1 of the work at a cost of \$25,000 (toward an overall \$135,000 effort). The Essex Fire Chief is in support of this regional approach and the total cost that Essex will likely be asked to contribute toward Phases 2 and 3 of the work will not exceed \$9,000. That amount will likely be reduced substantially once private landowners in the area are asked to also contribute.

Hazard Mitigation Plan Update Kickoff Meeting Summary

Mr. Zubricki attended the subject meeting on July 17, 2023 along with Selectman Phippen, the Town Planner, the Chief of Police, the Fire Chief, the Superintendent of Public Works, the present Executive Director of the Cape Ann Chamber of Commerce, and a representative of the Essex County Greenbelt. Also invited were the former Executive Director of the Cape Ann Chamber of Commerce and one resident at

large (the latter four participants sought in accordance with Federal Emergency Management Agency guidelines). The Town is in the process of updating its Federal Hazard Mitigation Plan and this virtual meeting was hosted by our consultant, the Metropolitan Area Planning Council (MAPC). Those who could not attend will be able to watch the meeting as a recorded Zoom session.

Generally, the process will involve several team meetings and two public forums and will culminate with the submission of the plan to State and Federal reviewers in March of 2024. It is important for the Town to keep the Plan up to date since an expired plan would make the Town ineligible for Federal hazard mitigation funding (such as funding that may be sought for the implementation of the Apple Street Roadbed Elevation and Culvert Replacement Project). At this first meeting, MAPC personnel went over the information in the expiring plan and asked the group about progress, updates, and changes. The TA had reviewed MAPC's preliminary update worksheet in advance and had provided his input to the group. The meeting was very productive, and all team members were able to provide input that will get the Plan update off to an efficient start.

Essex Locals August 4

115 Years Ago - 1908

A union picnic of the firemen will be held in Centennial Grove on Wednesday, August 12, afternoon and evening games of various kinds are on the program. Harry Stiles orchestra of Lynn will furnish the music.

90 Years Ago - 1933

Benjamin F. Raymond for many years Essex only druggist and in more recent years engaged in real estate operations, celebrated the passing of his 77th birthday last week.

LIBRARY NEWS

T.O.H.P. Burnha
Public Library



Library is closed Saturdays in July and August

FBI Agent Julia Cowley (Virtual)

Tuesday, August 22 at 7 p.m. Join Special Agent Julia Cowley for a look inside FBI's Behavioral Analysis Unit. Cowley will discuss how and why she became an FBI profiler, what profiling is (and isn't), and some of the most memorable cases in her career.

Hospice Care and Services (Virtual)

Wednesday, August 23 at 7 p.m. Over the past few decades, hospice care has become a more familiar part of our collective vocabulary and experience, yet many of us still don't fully understand its purpose, scope, costs, availability, and more. We will be joined by Dr. Bernice Burkarth-Chief Medical Officer and Chaplain Eric Redard.

Can you find Rosey the Racoon

Each Monday Rosey will move to an Essex business, visible from the street. Call, email or stop by the library to be entered into a lottery for a prize.

Summer Readers

Bring in your log sheets by August 11 for the Topsfield Fair Tickets. Weather has been really good for reading, keep it up.

Book Bingo

Thursday, August 17 from 10-11 a.m. Ages 6 and older, join us for a morning of Book Bingo. Book Bingo challenges you to get 5 book covers in a row across your personal board and to win a prize each time you successfully get BINGO.

Yarn Monogram Letters for Teens

Thursday, August 24 from 10-11 a.m. Kids entering grades 6-12 join us for a crafty morning at the library. Design your very own Yarn Monogram Letter to display at home, in your locker or wherever you like.

Yoga Book Club

Saturdays, September 16 - October 7 at 10:30 a.m. Classes suitable for beginners and experienced practitioners. Grab your mat and your favorite book and join us at the library as we relax into gentle poses and immerse ourselves in the book of your choice. After practicing yoga for over a decade, Melanie received her RYT-200hr Hatha & Vinyasa certification and Yin Yoga certification from YogaRenew.

Read to Jackson

Wednesdays at 5 p.m. Sign up for your 15-minute slot to read to loveable Jackson. Please register.

Library of Things

Giant Jenga, Corn Hole and Pickleball are available now!

Museum Passes

Passes available for your holiday weekend.

Interested in being a Registrar for the Town of Essex?

The Board of Registrars is currently seeking a new board member. Please see the details below.

Massachusetts General Laws require that in every city and town there exist a Board of Registrars consisting of the town clerk and three other persons who, in a town, are appointed by the Select Board.

Each member of the Board of Registrars is appointed for a three-year term. The members of the board shall be residents of the Town of Essex and represent the two leading political parties, having been registered in said party for a minimum of two years at the time of their appointment. M.G.L. Ch. 4, sec. 12 (the Town Clerk may be "Unenrolled"). In addition, a registrar must hold no other appointed/elected office in the town where he/she is a registrar (M.G.L. c. 51, sec. 25). A registrar's responsibilities include, but are not limited to:

- promoting voter registration
- maintaining voter registration
- certifying signatures on nomination papers and petitions,
- certifying absentee voter applications,
- investigating challenges to signatures,
- presiding over recounts
- The Town of Essex pays each Board of Registrar a stipend of \$400 a year.

If you are interested in serving as a registrar for the Town of Essex and meet the qualifications listed above, please reach out to the town clerk, Marie Felzani, at 978-768-7111 or town-clerk@essexma.org (Monday-Thursday 7:30 a.m - 3:30 p.m).



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MBTS Fishing Tournament Great Success



(Left to right) Captain Peter Yukins, tournament organizer; Ben Comb, overall biggest catch 42.5 inches; Sally Berkowitz, tournament organizer; Diego F. Sanson, overall biggest catch, 42.5inches; Nate Berkowitz, tournament organizer; Christina Yukins, tournament organizer. Courtesy photo

By Sally Berkowitz
 This past weekend the sunshine prevailed on 140 anglers who turned out to fish in the 4th Annual

Manchester-By-The-Sea Fishing Tournament. Anglers were competing in several categories including biggest catch, most species and total inches of striped bass caught

on boat and shore across three divisions, Adult (18+), Junior (12-17) and Kid (11 and under). Tournament submissions were coming in right

until the last moment on Sunday! Over the course of the 3-day tournament 239 fish were logged and released, including 18 different species!

“This year we aimed to grow the number of youths we had involved in the tournament,” said Nate Berkowitz, co-director. “We are so pleased to have had 51 participants under the age of 17 of those, 26 were 11 and under. We will continue to grow in this area, which will help create on-going family traditions. We have some anglers who have been fishing the waters around Manchester their whole lives while others are getting out for the first time.”

The final winners were announced at the casual, family-friendly awards ceremony and BBQ on Sunday afternoon at the Chowder House at Tuck’s Point:

Biggest Catch Overall - Tied! Ben Comb and Diego F. Sanson - 42.5 inches

Most Species - Joel Beausoleil - 10 Species-Black Sea bass, Bluefish, Perch, Mackerel, Pollack, Red Fish, Stripper, Whiting, Cunner, Sculpin - Sea Robin

Total Inches - Shore - Kid Taylor Seymour - 33 inches

Total Inches - Shore - Junior Will Connell - 71 inches

Total Inches - Shore - Adult Jacob Brown - 279 inches

Total Inches - Boat - Kid Calvin Yukins - 520 inches

Total Inches - Boat - Junior Diego J. Sanson - 683 inches
Total Inches - Boat - Adult Dana Woulfe - 254 inches

“The total inches category is really exciting and upped the competition in a year when there were not too many big fish being caught,” said Christina Yukins, tournament organizer.

A special thank you to the sponsors who make this event possible. They are, Hooper Fund, Crocker’s Boatyard, Metaxas Brown Pidgeon LLP, Cell Signaling, Kelly Automotive Group, Tomo Tackle, Standley’s Garage, Captain Pete Yukins Fishing Charters, Michelle Baer Designs, Nate Gardner Custom Made Fishing Rod, Manchester Marine, Stephanie Mason - Fish Print Lady, Three Lantern’s, Fisherman’s Outfitter, Nelson’s of Gloucester, Taylor Blades, Ceramica Del Mar, 4 Beach, C.K. Pearl, Bravo By the Sea, Shirts Illustrated and Butchie Built Custom Lures.

The tournament aims to encourage friends and family, both novice and experienced, to get out on the water together, fish, laugh, make stories, and most importantly enjoy our unique access to the ocean.



One of the magnificent Coolidge Reservation Beeches is exhibiting stress from leaf drop caused by Beech Leaf Disease (BLD).

Beech Trees Under Threat

By Jody Morse and Melissa Flinn, Friends of Manchester Trees

One of our favorite properties for a beautiful walk in Manchester-by-the-Sea is Coolidge Reservation. We are awed by this property with its scenic marshy pond and the trail that leads to the vast Ocean Lawn on Coolidge Point. In addition to the wide and spectacular views of Massachusetts Bay, the Ocean Lawn has numerous strikingly huge European Beech trees (*Fagus sylvatica*) with dense canopies

that provide shade in the summer.

Sadly, this spring we noticed that these stately giants were looking quite ragged. Their leaves were distorted, and the foliage overall was thin, since many of the leaves had been shed.

Recently, the Director of Horticulture for Native Plant Trust, Uli Lorimer, informed us that Beech Leaf Disease (BLD) is the latest blight to threaten beeches, as they have already been weakened by Beech Bark Disease. BLD is caused by an invasive foliar nematode from the Pacific Rim. A foliar nema-

tode is a worm-like organism. You can’t see it unless you look through a microscope. Typically, nematodes – both helpful and not – are found in soil but these live on the leaves. According to scientists at UMass, “prior to BLD, no foliar nematode was ever known to cause a disease of woody plants that results in mortality” (Carta et al. 2020). This fast-moving disease, probably transferred from tree to tree by birds and other wildlife, is devastating to all beech trees, including the American Beeches (*Fagus grandifolia*) found throughout the

woods on Cape Ann.

So, what can we do? BLD was first identified in Ohio in 2012 and is now firmly established in Massachusetts. Scientists are working to come up with effective treatments. According to Ben Staples, arborist at Cicoria Tree Service, there are two treatments that might help but neither has produced certain results. The first is a phosphite soil treatment to stimulate the tree’s natural defenses and keep it generally healthy. The other treatment is a spray for the leaves, but it is still in experimental stages and not yet known if it will effectively target the nematode.

...(Continued on page 9)

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Not So Ordinary Medicine: Meet Dr. Emily Wang

By Stella Straub and Sam Heanue

Since Charlotte Lawrence has graduated and is moving on to her time at Rice University, Sam Heanue and Stella Straub will now be moving forward with Not So Everyday Medicine. This spring, they had the opportunity to speak with Dr. Emily Wang, an instructor and practicing physician at Beth Israel Deaconess Medical Center in Cambridge, Massachusetts. In their time with her, they learned more about her journey to medicine, life as a female doctor, and what the rapidly growing field of physiatry is becoming so popular.

Dr. Wang grew up in Belmont, Massachusetts, where she attended the Buckingham Browne & Nichols Upper School in Cambridge. Wang was always interested in science but became intrigued by medicine during her high school years.

Following high school, Wang attended undergraduate school at Harvard University, and went on to earn her doctorate from the New York University Grossman School of Medicine, which has one of the best sports medicine programs in the world.

She began her career interested in sports medicine, with a focus on musculoskeletal care. But she eventually ended up getting into pain medicine because there is a



need for people who are able to deal with pain management in runners, swimmers, and other athletes.

Wang works in physiatry, a diverse specialty that ranges from musculoskeletal care components to patients with neurological disabilities and cerebral palsy. She also runs an outpatient clinic at Beth Israel Deaconess.

With a lot of other women

specialists in the field, there are many people to bounce ideas off of. More young women are now becoming interested in the field of physiatry that Wang has been able to mentor.

Physiatry goes beyond just pain medicine and sports medicine. It encompasses traumatic brain injury, spinal cord injury, cerebral palsy, burn injuries, and prosthetics.



Dr. Emily Wang, an instructor and practicing physician at Beth Israel Deaconess Medical Center. Courtesy image

Physiatry goes beyond just pain medicine and sports medicine. It encompasses traumatic brain injury, spinal cord injury, cerebral palsy, burn injuries, and prosthetics. The field is rapidly changing and growing.

The field is rapidly changing and growing.

Though most people consider it to be synonymous with sports medicine, physiatry is more applicable due to its broader range of uses in the medical world.

Wang said the competitive nature of the field is due

to its relation with some of the most popular specialties in medicine. She said while there has always been extreme competition in both pain and sports medicine, interest in physiatry has risen due to its wide range of uses.

One of the most common problems that Wang sees is lower back pain, present in people of all ages. She sees a lot of younger runners or athletes who have run the Boston Marathon who have severe back pain compared to older people with degenerative diseases.

Wang said that she saw a variety of back problems as the pandemic progressed because people were working from home and spending more time sitting down. However, a lot of people also had more time to increase their walking, hiking, and running outdoors. As people started to get more fit and pay more attention to health and wellness, knee pain and back pain from running and other activities also became more prominent.

Now, as more people begin returning to the office, they spend more time sitting in traffic and working long hours, which can lead to additional back pain.

Wang said that the best way to stay healthy when it comes to physical medicine is to train your body to stay safe. For example, if you're running long distances or engaging in extensive cardio,

it's important to activate the right muscles beforehand.

There are also newer items being developed for helping people deal with their pain. For example, people can enter a virtual reality world to help feel calmer, though there's not enough clinical data to back this up. Additionally, robots or physical therapy modalities and devices that are being used to help those who can't walk move again.

In addition to her work as a practicing physician, Wang oversees a program that trains fellows at Harvard Medical School in both pain management and anesthesiology.

Wang also does research on musculoskeletal injuries. The most recent research she published was a case study on a young female athlete who had a heart condition that hadn't been thoroughly studied. Many people didn't know how to approach the injury, and she had a lot of problems with mobility that her primary medical team didn't know how to address.

They are very grateful to Dr. Wang for sharing her experience with her work with us and being such an inspiring story to others hoping to possibly pursue a career in physiatry or medicine.

Stella Straub and Sam Heanue are rising juniors at Manchester Essex Regional High School.

All the News That's Fit to ... Build?



Rockport's Paper House, made of more than 100,000 newspapers in the 1920s by a mechanical engineer, still stands and is open to the public. Everything but the frame, windows and roof are newspaper—including furniture. (Photos Erika Brown)

Right up the road, in Rockport, an under-the-radar museum is the enduring marvel of engineering, with newspapers.

By Erika Brown

Visitors and residents alike are familiar with the dramatic perimeter drive around Rockport's gale-bitten granite coastline. But for those who head away from the ocean at Pidgeon Cove and turn into the Cape's interior lands—peppered with charming historic homes along granite walled streets

and quarries—there's a surprising stop that's quick and rewarding: The Paper House.

The "museum," such as it is, can easily take less than 15 minutes to whip through, stem to stern. And at a suggested \$2 donation per person, that's not a bad deal. But, heck, you're there anyway so go ahead and double your time and learn why this place is considered one of the more unique and quirky historical destinations in the US as cited in Atlas Obscura, Trip Advisor, and Roadside America.

The Paper House, you see, was constructed in the 1920s almost entirely from newspapers. That's right. Newspapers.

Well, if you want to get technical, the estimated 700-sq cottage has a porch, a wooden frame and a tradi-

tional roof. Beyond that, it diverges from convention.

Designed and built as a summer cottage, the house took more than eight long years by Elis F. Stenman, a mechanical engineer. The home's sheer existence a century after it was built is testament to Stenman's imagination and stick-to-itiveness. Ever the engineer, Stenman created a special tool to help roll newspaper sections into tight logs, only applying an adhesive made from flour, water, and apple peelings at the very end of the process to bind each roll. Then he stacked, gummed, and applied each log between the framing, creating a relatively tight, and certainly durable exterior and interior walls.

An immigrant from Sweden, Stenman apparently read three



newspapers a day and, not surprisingly, he hated waste. After beginning the project in 1924 word must have gotten out because neighbors and friends offered their newspapers to help him out. By 1927 the house had already become a curiosity and Stenman opened it up to visitors.

The house completed, Stenman continued and tackled furniture for the home that can still be seen today. Furniture includes a table and chairs, lamps, a settee, all made in an octagonal motif. (For those who have visited Historic New England's Sleeper McCann House on Eastern Point, this furniture design may evoke Henry Davis Sleeper's "Octagon Room," also designed in the 1920s and overlooking Gloucester

Harbor).

Moving on, there is also a desk, make of the Christian Science Monitor, a cot containing papers saved since World War I, a piano covered in paper rolls, a radio cabinet made in 1928 during Herbert Hoover's presidential campaign, and a writing desk made of newspaper editions covering Col. Charles Lindberg's historic flight across the Atlantic. Continuing the "one piece of furniture, one newspaper" theme, there's a bookshelf made of solely foreign newspapers, a grandfather's clock made of newspapers from the capital cities of the then 48 states, and a fireplace mantel made of the lifestyle sections of the Boston Sunday Herald and the New York Herald Tribune.

In the end, approximately 100,000 copies of newspapers were used in the construction of the house and furniture.

Today, the Stenman family still owns the house and continues to offer it up to visitors every day from 10 a.m. - 5 p.m., from April to October.

Between the home and the furniture, this project took 20 years of Stenman's life, and it was certainly not in vain. After all, his little cottage made of sheets of newsprint has endured quite well over the last century, with its countless Nor'easters and blistering summer heatwaves.

That's saying a lot, Mr. Stenman.

The Paper House

52 Pidgeon Hill St. | Rockport
Open daily 10 a.m. - 5 p.m. from April to October
\$2 donation (more if you like)

...(Continued from page 8)

Finally, some arborists recommend pruning your beech trees before late August and September to let light and air circulation dry out the leaves. The nematodes use moisture collected on the leaves to crawl out and swim into the buds for overwintering. The idea is to prevent this step and keep the nematodes trapped in the leaves, which will be shed in the fall.

What should you do if you are concerned about the beech trees on your property? Talk to your arborist about what they recommend. And, until a certain treatment for BLD is found, you should not plant any new beech trees.

The Arbor Day Foundation writes "The American beech is not a tree you plant for fast growth and quick shade—this slow grower is planted for future generations to enjoy. And what a lovely legacy for you to leave."

Let's hope that our beeches survive this latest threat so that future generations can marvel at them as we do today.

For more detailed information about BLD go to the Friends of Manchester Trees website at friendsofmanchestertrees.org

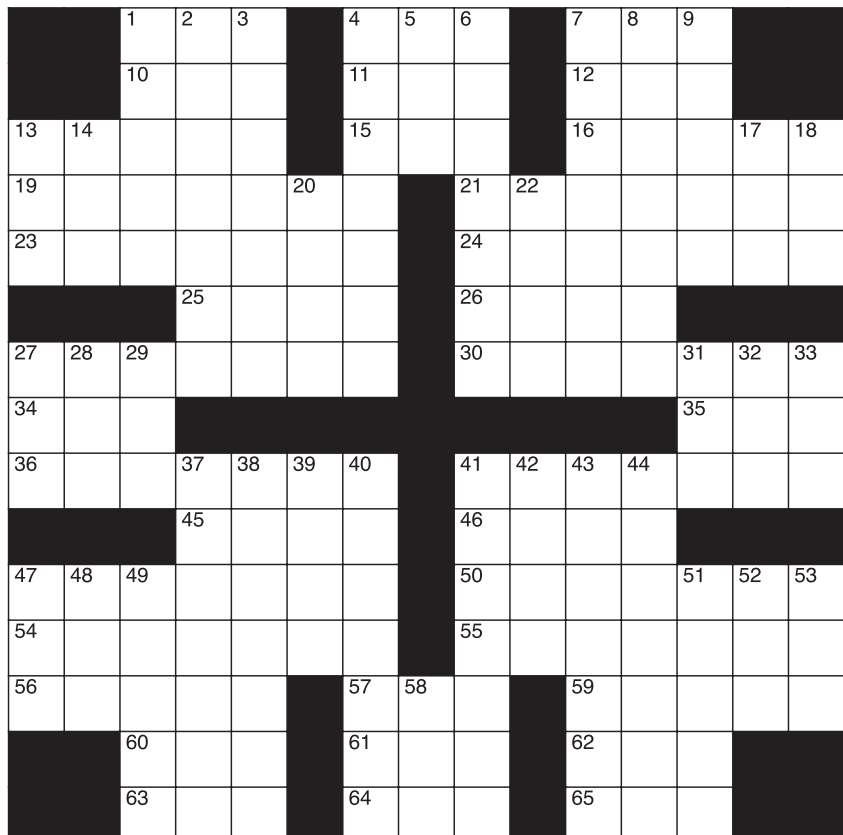


Wow! Black Earth Composting's new home on Pine Street in Manchester is taking shape quickly, with a domed structure that will process more than 28 tons (that's more than 56,000 lbs) of food waste per week from across Northeast Massachusetts in this state-of-the-art facility, expected to be up and running in Spring 2024.

Puzzle

CLUES ACROSS

1. Indicates tire pressure
4. Request
7. Clairvoyance
10. 007's creator
11. Adult male
12. Scandinavian god of battle
13. Cloths spread on a coffin
15. Breeze through
16. Ladyfish genus
19. It's good to take them
21. Noble-governed territory
23. Members of U.S. Navy
24. Card game resembling rummy
25. Affected by injury
26. Member of a Semitic people
27. Left
30. Woman's cloak
34. S. American plant
35. Prohibit
36. Offense
41. Dish soap brand
45. Ottoman military commanders
46. Ancient Greek City
47. Makes unhappy
50. Discuss again
54. Medical instrument
55. Promote
56. A beloved carb
57. Tag the base runner to get him out
59. Prehistoric people
60. Large African antelope
61. Vehicle
62. Georgia rockers



63. Scientific instrument (abbr.)
64. A major division of geological time
65. Attempt

CLUES DOWN

1. Plant of the nettle family
2. Fit to be sold
3. Rather

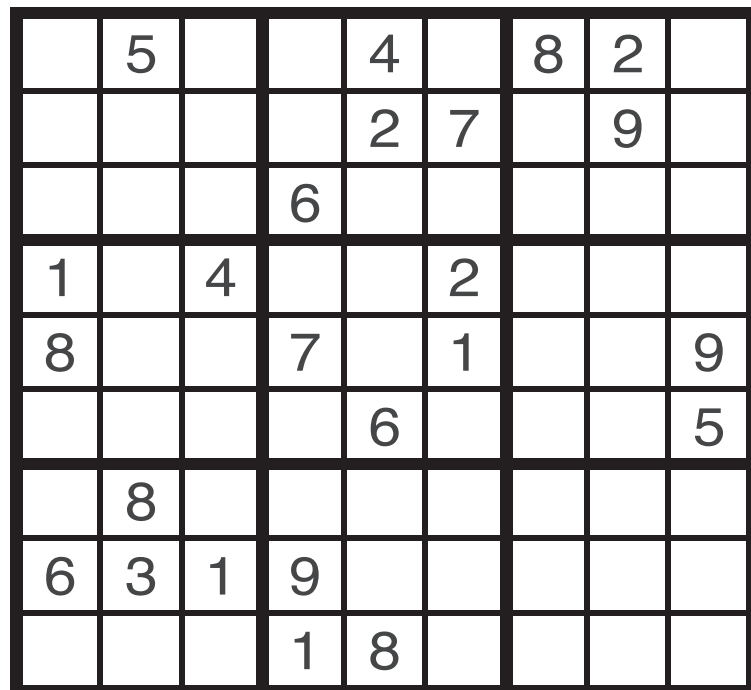
4. Collected
5. A baglike structure in a plant or animal
6. Patella
7. Ageless
8. Lists of course requirements
9. Pokes at
13. TV network
14. They _

17. Cooking hardware
18. U.S. Army title
20. Iron-containing compound
22. Swiss river (alt. spelling)
27. Former French coin
28. Electronic countermeasures
29. Taxi
31. Helps little firms

32. Woeful
33. Midway between north-east and east
37. Glowing
38. Tasks which should be done
39. An informal body of friends
40. Intrinsic nature
41. Neural structures

42. Brews
43. Where ships unload cargo
44. Singer
47. Sino-Soviet block (abbr.)
48. Southwest Scotland town
49. Most worthless parts
51. Viscous
52. Put to work
53. Old world, new
58. Swiss river

Sudoku



Level: Advanced

Solutions on Page 11

Religious Notes

Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorth-Shore.org. If you have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:

Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our Youtube as well as www.mecatholic.org

Sunday Mass - 8:30 a.m.

St. John the Baptist Church - Saturday Vigil Mass -- 5 p.m. Sunday Mass - 10 a.m.

Please go to our website: www.mecatholic.org for Sac-

ramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.

Church services, with Father Christopher Kolentas, are held each Sunday.

Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

First Parish Church Manchester-by-the-Sea

Our Sunday, summer worship time has begun, 9 a.m. through Labor Day.

Worship, Sunday August 6, at 9 a.m., 10 Central St and streamed on Facebook, First-ParishChurchManchesterMa. Worship Leader, Rev. Rick

Chrisman, music led by Dr. Bonnie Anderson

Next week -

Monday Friends of the COA Senior Drop in 10 a.m.-12:30 p.m.

Thursday Bible Study, Via Zoom 4 p.m. join in with computer, smart device or dial in on a phone - email office. fpchurch@gmail.com or call 978-526-7661 for the link

Friday Seaside Parish Kniters, 10 a.m. - noon

August 14-18 from 4-7 p.m. Our Bible Experiences week, (otherwise known as VBS), with dinner served to participants ages 6-12, "Safe and Secure: Dressed In Armor". Each session will offer story, music, movement, art, mindfulness exercises, games and creative writing. Youth ages 14-16 may apply to attend as junior counselors and adult volunteers are needed. Pre-Registration is required. Contact Jeanne at jeanne.fpchurch@gmail.com for registration information.

First Parish Church Offering Fair by the Sea

First Parish Church, Manchester will be holding a Fair by the Sea with a rummage sale and our famous jewelry table during the Festival by the Sea in August. Along with our sale we are offering the opportunity for vintage vendors to purchase tablespace. Please email office. fpchurch@gmail.com if you are interested. The CACC Festival by the Sea is a wonderful opportunity for all to come and enjoy our community and we are excited to offer this contribution.

St. John's Episcopal Church (Beverly Farms)

Sunday Service Summer Hours 9 a.m. (1 service)

Community Shop Summer Hours

Thursdays & Saturdays 10 a.m. - 1 p.m.

Summer Office Hours- Starting June 12

Monday - Thursday 10 a.m. - 4 p.m.

Friday 10 a.m. - 1 p.m.

Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, www.gloucesteruu.org, for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional. Our church is handicap accessible. All are welcome.

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19 Masconomo Street Manchester, MA 01944

(978) 526-0085

www.emmanuelmanchester.org

The Rev. Luther Zeigler (Minister)

Ms. Priscilla Walter (Organist)

During the summer, we offer services every Sunday at 8:15

a.m. (a quiet, spoken service) and 10 a.m. (a family-oriented service with music)

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

Senior Highlights

There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500.

The Lynn Museum

The Manchester COA is pleased to offer a trip to the Lynn Museum on Friday, August 4. In the heart of Lynn's Arts & Cultural District, The Lynn Museum was founded in 1897 to collect, preserve

and illuminate the city's remarkable history. The museum has evolved into a vibrant cultural center, expanding its footprint to include the Lynn-Arts building.

The Council on Aging van will begin to pick up at 10 a.m. Return is expected around 1 p.m. Admission is free thanks to Highland Street Foundation's August Adventures. A donation of \$2 is requested if able.

Peabody Essex Museum

The Manchester COA is pleased to offer a trip to the Peabody Essex Museum on Monday, August 7. To engage the mind and spirit, the PEM collection offers outstanding works primarily from the 1700s to today: paintings, sculptures, photographs, drawings, textiles, architecture, and decorative objects. The Council on Aging van will begin to pick up at 10 a.m. This is part of Highland Street Foundation's August Adventures, so admission is free. A donation of \$2 is requested if able.

The Mile Marker Restaurant for Lunch

On Wednesday, August 9, the Manchester COA is offering a trip to the Mile Marker Restaurant in Gloucester for a lobster roll lunch. Enjoy freshly shucked, never frozen lobster rolls or try one of their other delicious sandwiches. Situated at the Cape Ann Marina, enjoy the water views while you have lunch. The van will start picking up

seniors around 11 a.m. Return is expected by 1:30 p.m.

COA to the Malls

On Friday, August 11, the Manchester COA van will be going to the Peabody and Danvers Malls. Seniors can pick between the North Shore Mall or Liberty Tree Mall. The van will start picking up seniors around 10 a.m.

Gourmet Gardens

On Wednesday, August 16, the Manchester COA is offering a trip to The Gourmet Gardens Restaurant in Danvers. Come and enjoy a wide selection of Asian dishes at a reasonable price. The van will start picking up seniors around 11 a.m. Return is expected by 1:30 p.m.

Chamber Music Concert @ Beverly Senior Center

On Friday, August 18th, you are invited to see the Arpeggione Ensemble perform a chamber music concert at the Beverly Senior Center. Arpeggione presents a concert

centered around themes of fishing, voyages, and the sea. The musicians of Arpeggione will perform orchestral and vocal works by Mendelssohn, Schubert, and Mahler to tell our seafaring story. Celebrated baritone David Kravitz joins Arpeggione to create a fascinating, humorous, and moving portrait of the rich maritime history of New England. The show starts at 11:30 am and is free of charge. Reservations are required

Bear Skin Neck

On Friday, August 18, the Manchester COA is pleased to offer a trip to Bear Skin Neck. Take a stroll along the water in beautiful Rockport where you can check out the shops, look at the art, enjoy the view, or grab a snack at one of the many eating establishments. The van will start picking up seniors at 10:15 a.m. with a return around 2 p.m.

Summer Cookout for Manchester Senior Citizens

Manchester senior citizens

are invited to attend a cook-out sponsored in part by the Friends of the Manchester COA on Tuesday, August 22 at Tuck's Point. Catered by the Causeway Restaurant, the menu will include lobster rolls, chicken salad rolls, fish chowder, pasta salad, chips, pickles, beverage and dessert. Lunch will be served at 12 noon and the cost per Manchester senior citizen is \$12. We will also be enjoying entertainment by Davis Bates, musician, sponsored by a grant from The Cultural Council. Reservations and prepayment are necessary by August 17. As always, the C.O.A. van is available for transportation.

Mystery Ride

On Wednesday, August 23, the Manchester COA van will take our monthly mystery ride. The van driver heads for an undisclosed establishment somewhere on the North Shore; it could be ice cream, pastries, sandwiches or all of the above and only the van driver knows! A little hint will be given, so all can be prepared! Pick-up will begin at 12 noon and return will be by 2 p.m.

COA to Trader Joe's & Walmart

On Friday, August 25, the Manchester COA van will be going to Trader Joe's, Burlington Coat Factory, & T.J. Maxx shopping area as well as Walmart. The van will start picking up seniors around 10 a.m.

The Old Manse

Manchester COA is pleased to offer a trip to The Old Manse in Concord on Wednesday, August 30. Built in 1770 for patriot minister William Emerson, The Old Manse, a National Historic Landmark, became the center of Concord's political, literary, and social revolutions. From upstairs, you can look out over the North Bridge, where the famous battle of April 19, 1775, took place. Ralph Waldo Emerson and Nathaniel Hawthorne both called the Manse home for a time - and each found inspiration here.



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IT'S THE FIRST PARISH CHURCH FAIR BY THE SEA!



Saturday, Aug. 5
10 a.m. to 2 p.m.

1 Chapel Lane, Manchester
(behind Santander Bank, next to the Library)

Come check out our *Fair by the Sea* during the Festival by the Sea! Bargains galore! Come on down for Rummage Items, our famous Jewelry Table Vintage clothing & Vintage vendors.

And if that's not enough, we'll have homemade treats and raffle baskets!



First Parish Church
Congregational, Manchester-by-the-Sea • MA

First Aid Advise During the Summer

PETS AND PEOPLE



By Lawrence Lamb, DVM

The two most common questions I receive at the Manchester Animal Hospital during these summer months have to do with insect bites and heatstroke (hyperthermia).

Any insect or spider can cause problems if they bite or sting your canine companion. A bite or sting can cause swelling, redness, and itching. Some animals can have an allergic reaction to a sting or bite that may result in mild hives, facial swelling, vomiting, difficulty breathing or even collapse.

What you should do:

If the stinger can be found, scrape it out with a credit card or other stiff material. Alternatively, use tweezers by grasping the stinger, which is located below the venom sac. Studies have shown that speed is of the essence in removing the stinger. If the only way is to pinch it and remove it, then do so. You'll do more good than harm and you'll get the stinger out faster. Don't worry about squeezing more venom into the area—this has been disproven.

Apply cool compresses to the area.

To help neutralize some of the acidic venom, apply a paste mixture of baking soda and water to the sting area.

Your pet should be examined immediately by a veterinarian if there is facial swelling, breathing difficulty or collapse.

In some situations, administering an over-the-counter antihistamine can help. Again, check with your veterinarian for guidance.

What NOT to do:

Do not administer any medications without first contacting your veterinarian or a veterinary emergency hospital. The veterinarian may need to examine your pet before recommending medications.

Hyperthermia may be a life-threatening condition and requires immediate treatment. Body temperature may be elevated because of an infection (fever), but it may also increase because of hot and/or humid conditions outside. An increased body temperature caused by environmental conditions is commonly referred to as hyperthermia, heatstroke, or heat prostration.

A dog's normal body temperature is 101.5°F plus or minus 1 degree Fahrenheit, and any time the body temperature is higher than 105°F, a true emergency exists. Heatstroke generally occurs in hot summer weather when dogs are left with inadequate ventilation in hot vehicles. However, heatstroke may also occur in other conditions, including:

- When an animal is left outdoors in hot/humid conditions without adequate shade.
- When exercised in hot/humid weather.
- When left in a car on a relatively cool (70°F) day; a recent study from Stanford University Medical Center found the temperature within a vehicle may increase by an average of 40 degrees Fahrenheit within one (1) hour regardless of the outside temperature.

Other predisposing factors may be obesity and/or dis-

eases affecting a pet's airway. Keep in mind that prolonged seizures, eclampsia (milk fever), poisonings, and many other conditions may cause hyperthermia.

Also, brachycephalic (short-nosed) breeds (Pekingese, Pug, Lhasa Apso, Boston terrier, etc.) may suffer from "ineffectual panter syndrome" which results in an increased body temperature that may be fatal.

Initially, the pet appears distressed and will pant excessively and become restless. As the hyperthermia progresses, the pet may drool large amounts of saliva from the nose and/or mouth. The pet may become unsteady on his feet. You may notice the gums turning blue/purple or bright red in color, which is due to inadequate oxygen.

Here's what you should do:

- Remove your pet from the environment where the hyperthermia occurred.
- Move your pet to a shaded and cool environment and direct a fan on him.
- If possible, determine rectal temperature and record it.
- Place your pet in a cold-water bath (or in the shower) without submerging their heads. You can utilize ice cubes in water if you have them and are not near a bathtub.
- You may also wet the ear flaps and paws with cool water. Directing a fan on these wetted areas will help to speed up evaporative cooling. Transport to the closest veterinary facility immediately.

Here's what NOT to do:

- Do not over-cool the pet.
- Most pets with hyperthermia have body temperatures greater than 105°F, and a reasonable goal of cooling is to reduce your pet's body temperature to 102.5-103°F while transporting them to the closest veterinary facility.
- Do not attempt to force water into your pet's mouth, but you may have fresh cool water ready to offer should your pet be alert and show an interest in drinking.
- Do not leave your pet unattended for any length of time.
- Beginning the process of cooling the pet immediately is extremely important. Cool or cold tap water is suitable.

Severe hyperthermia is a disease that affects nearly every system in the body. Simply lowering the body temperature fails to address the potentially catastrophic events that often accompany this disorder. A pet suffering from hyperthermia should be seen by a veterinarian as soon as possible.



Dr. Lamb is the Veterinarian at the Manchester Animal Hospital.

Solution to puzzles on page 10

	P	S	I		A	S	K		E	S	P				
		I	A	N		M	A	N		T	Y	R			
P	A	L	L	S		A	C	E		E	L	O	P	S	
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U	M	B	R	A	G	E			C	A	S	C	A	D	E
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7	5	6	3	4	9	8	2	1
4	1	3	8	2	7	5	9	6
9	2	8	6	1	5	4	3	7
1	7	4	5	9	2	3	6	8
8	6	5	7	3	1	2	4	9
3	9	2	4	6	8	1	7	5
5	8	9	2	7	3	6	1	4
6	3	1	9	5	4	7	8	2
2	4	7	1	8	6	9	5	3

DOG DAYS WORD SEARCH

D I V I N G B H U M I D D V G I D P S C
 R E Y D R E N O I T I D N O C R I A L F
 A G U T E A A Y B C H E A T A H E L T P
 L G T Y L E V T E V B C A L L G A Y E A
 M Y A M C N I E A C N A E T S B F E S H
 I E D G I Y F M N A O M N M E P O R A N
 D Y E A S B A P B B R P R S U N N E B A
 H C R R P G O E O M P N A N A G H S Y E
 H C A D O S N R L T U B C C L F G P O C
 C O M E P U I A E V D Y D C U B S Y B O
 E D T N E M C T T H U N D E R S T O R M
 E V S I D M Y U I R T G Y L H H A S T Y
 O R H N Y E I R N P C F D O Y T U H N M
 S I A G G R U E Y V Y L U F I C Y D I
 D N D H M I C E C R E A M N A A I N I Y
 U D E U A R T N G F I U G B E P L S M M
 O O M R T T P D V P R A N B N R R Y M P
 L O M D Y N Y S F A N S R A O C N Y D M
 C R O V V A C A T I O N H I A U G U S T
 P S V E O H N D R C N A H O T B E Y C G

Find the words hidden vertically, horizontally, diagonally, and backwards.

- | | |
|-----------------|--------------|
| Air Conditioner | Hot |
| August | Humid |
| Baseball | Ice Cream |
| Beach | Indoors |
| Boating | Muggy |
| Camp | Ocean |
| Canoe | Popsicle |
| Clouds | Shade |
| Diving | Summer |
| Fans | Temperature |
| Gardening | Thunderstorm |
| Heat | Vacation |

Cape Ann Artisans Summer Mini-Tour is Around the Corner!

On Aug. 12 from 10 a.m. to 5 p.m., the Cape Ann Artisans host their 4th annual Summer Mini-Tour.

Around Gloucester and Rockport, seven studios are displaying unique items and art open to the public. At every studio on the self-guided tour, people can find unique items and opportunities like Williams' all pink themed jewelry and Archibald's full bloom garden outside his pottery studio.

Coinciding with the state's tax-free holiday weekend, organizers hope the event is a great opportunity to shop locally.

The seven artisans include Danette English, Pam Stratton, David Archibald, Cynthia Curtis, John Abisamra, Jacqueline Ganim-DeFalco, and Beth Williams. Each artist has a unique style and product including ceramics, jewelry, pottery, photography, and more. Info at capeannartisans.com

LEGAL NOTICE

Commonwealth of Massachusetts
 The Trial Court
 Probate and Family Court
 Essex Division
 36 Federal Street
 Salem, MA 01970

CITATION ON PETITION FOR FORMAL ADJUDICATION
 Docket No. ES23P2277EA

Estate of Gladys M. Sullivan
 Date of Death: May 31, 2023

To all interested persons:

A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by Richard J. Sullivan, Jr. of Manchester-by-the-Sea, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: Richard J. Sullivan, Jr. of Manchester-by-the-Sea, MA be appointed as Personal Representative(s) of said estate to serve without surety on the bond in an unsupervised administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before:

10:00 a.m. on the return day of 8/28/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding.

If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Frances M. Giordano, First Justice of this Court.

July 24, 2023

Pamela A. Casey O'Brien, Register of Probate.

Posted to MNPA website: <http://masspublicnotices.org>



PETS OF THE WEEK

Fabulous Fabio

Hello, Fabio here. I am a sweet young pup from Puerto Rico. I am only 2 1/2 months old and a little fellow so they are guessing I will be small to medium when full grown. They are guessing I might be part dachshund because I have short legs and a long body but I can guarantee I am mostly made up of cute! I love playing with the other puppies and getting attention from all the people I meet. I am a happy go lucky sweet pup that just needs a loving home to teach me how to be a part of the family. If you would like to adopt Fabio please fill out an online application today. Fill out an application at <https://capeannanimalaid.org/adopt.html>

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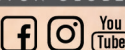
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Hamilton \$2,495,000
Picture-perfect clapboard home on 3.94 acres. Fine craftsmanship, flexible, open-flow layout, stunning chef's kitchen, office, library, and main level master suite. Generator, 3-car garage.
George Needham



Rockport \$1,725,000
Bring your updates to this custom Contemporary with vaulted ceilings, exceptional natural light, dramatic octagonal-shaped great room, 1st floor primary suite, office, 3-car heated garage.
Theresa Scatterday



Essex \$1,600,000
Charm, character, marsh views and frontage! 1830 Federal-style B&B in Village has 7 en suite bedrooms, 6 fireplaces, 3rd level penthouse, 2 breakfast porches. 2 studio units in carriage house.
Ida Doane



Wenham \$1,249,000
Well-maintained 4-bedroom, 2.5-bath Colonial abuts conservation land. Stunning kitchen, fireplaced living room, den, dreamy primary suite, huge deck, Ham-Wen Schools. Easy commuter access.
Brian Castonguay

Thinking of
Buying or Selling
YOUR Home -
WE ARE HERE
TO HELP!



Groveland \$1,200,000
Sustainable. Elegant. Private. 3-bed, 3-bath Red Oak Timber Frame home on 6.66 acres that abuts 100+ acres of conservation land, offering "off the grid" lifestyle, but minutes to all things too!
Nicole Sargent



Boxford \$949,000
Spacious 4-bedroom, 2.5-bath Contemporary on beautiful, private 6-acre lot. Open floor plan, large windows, well-appointed kitchen, fireplaced dining room, family room, 2 offices. Much more.
Emily McPherson



Beverly \$895,000
Charming English Cottage has the craftsmanship of yesteryear, granite/stainless kitchen, gorgeous living room fireplace, 1st floor bedroom/den, 3-season porch. Beautiful yard. Near train, 128.
Ted Richard



Rockport \$539,000
Adorable 2nd row "SEASIDE" seasonal cottage has 3 bedrooms, living room, kitchen, dining area, 1.5 baths, and outdoor shower. Ample parking and storage for beach chairs, umbrellas, beach toys.
Christine Grammas

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COLDWELL BANKER MANCHESTER-BY-THE-SEA



208 Southern Ave – Essex
\$1,595,000

Joan McDonald & Scott Smith | Realtors
Scott-617-750-2793
Joan – 978-979-3190

Stunning 3 BR contemporary on almost 2 acres, equidistant between downtown Essex and Manchester. Amazing chefs kitchen, living room with sliders to covered patio

OH Sat and Sun 12-1:30



74 Cherry, Wenham
\$4,250,000

Realtor | Lynda Surdam | (978) 764-7474

Sited on over 40 acres of private, rolling lush fields overlooking a majestic pond, this property is in pristine, move-in condition. 6 Bedrooms, 5 full baths 2 half baths, 7 fireplaces.



2 Saint Anthonys Ln. Gloucester
\$1,199,000

Lynda Hemeon & Brianna Hemeon

Spacious raised ranch tucked away off the Back Shore in East Gloucester 3 Bedrooms, 3 Baths



6 Smith Ln, U6 Manchester
\$1,075,000

Brian Rothe (978) 968-6272

Enjoy this beautiful, spacious, updated 4 BR, 2 BA home situated on a private lane.



109 Belcher St U B- Essex
\$929,000

Mary Hickey (978) 500-4294

New Construction 3 BR, 2BA
2,000-sq Town House

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