



# Reserve Your Ad Space In Our Sports Calendar!

ME Regional High School Sports Schedule is coming up fast. Reserve your space now and show your support for our community!

# MANCHESTER CRICKET

A Local Tradition Since 1888

VOL. 136, NO. 12

FRIDAY, AUGUST 11, 2023

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## BRIEFLY

### Last Call! Manchester Jazzfest Saturday at the Legion

This weekend is the second annual Manchester Jazzfest, Saturday, Aug. 12 starting at 4:30 p.m. at the American Legion Hall on Church Street behind Town Hall. Enjoy live music on the water with Jambalaya Horns. Tickets are \$30/person and includes music and a catered boxed meal. Cash bar. All proceeds benefit the MBTS 4th of July festivities, so feel free to come down and support a worthy cause by some community-oriented local residents of Manchester and Essex.

### Sign Up for Performing Arts in the Park

One of the highlights of the summer in Manchester is the Friends of Manchester Performing Arts' outdoor talent show at Masconomo Park. Well, now is the time to sign up the talent. The Friends would love to have members of the public share their talents with our community. The "Performing Arts in the Park" concert will take place from 6-8 p.m. at Masconomo Park on Tuesday, August 22. Raindate Wednesday, August 23. There will be a walk-through on Monday, August 21 beginning at 6 p.m. at Masconomo Park in the gazebo. Performers should be entering Grade 6 and above. Performers who are younger than 6th Grade may perform with an older student. "Come on down," as they say! And feel free to support the FOMPA, which does a lot for the community.

### Scannell Paintings Exhibit, Now at St. John's Church in Beverly Farms

An Art Exhibit featuring the wonderful artwork of local artist Mary Scannell is taking place at St. John's Church "Events/Exhibiting Hall" in Beverly Farms during July and August. Mary was a longtime resident of Beverly Farms, a graduate of Mass College of Art. Scannell was a long-time Beverly Guild of Artists Exhibiting Artist Member and an active Board member who served with great dedication until her death this Spring. Also, Scannell exhibited at the NSAA in Gloucester and has been featured in both solo and group exhibits.

Scannell's work can be seen at St. John's during open office hours from 10 a.m. to 1 p.m. Monday through Friday and during Sunday's Church service hours.



**A WHOLE LOT TO HANDLE!** It was a stunner of a day with a huge turnout in Manchester for Festival by the Sea. Here's Cian Brennock, doing a great job to charm a group of youngsters with a snake at Masconomo Park on Saturday.

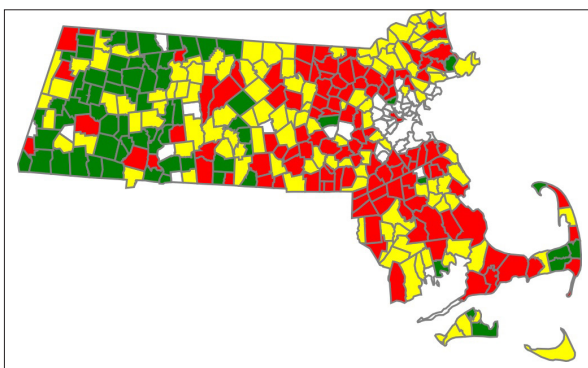
Photo Paul Clark

## Manchester, Essex and Hamilton Seek Mitigation Monies in PFAS Class Action

**By Erika Brown**  
The towns of Manchester, Essex and Hamilton have signed onto a national class action lawsuit against 13 manufacturers of toxic "forever chemicals" in an effort to mitigate the tens of millions of dollars in expected costs to remove these chemicals from municipal water supplies.

The lawsuit is being led by New York law firm Napoli Shrolnik representing municipal property owners, state attorneys general, water providers, and exposed and injured individuals. As Attorney General in 2022, Maura Healey signed Massachusetts up for the Napoli suit as one of the first states (along with Ohio, New York and others). Then, KP Law, which serves as town counsel to about a third of the state's 347 municipalities, partnered up with Napoli to bring many of its clients—including Manchester, Hamilton, and Essex—into the fold.

It's not yet clear what, if anything, smaller municipalities like Manchester, Essex and Hamilton will get if the lawsuit is successful. Figuring that out could take years, and in the meantime, towns are realizing that mitigating PFAS in their local water supplies will be both extensive and expensive.



The Sierra Club Massachusetts' 2022 map of municipal PFAS levels, drawn from state data. Green is no PFAS. Yellow is less than 20.5ppt. Red is greater than 20.5ppt.

The Napoli lawsuit is a contingency case, which means the firm will collect (25% of the total settlement plus costs) only if it succeeds against the 13 manufacturers (which include 3M, Dupont, and others) targeted in the lawsuits. KP Law would collect a cut of Napoli's fee.

### PFAS in Manchester

In October 2021, Manchester began regular PFAS testing at its municipal wells at Lincoln Street and Gravelly Pond. The following year, Manchester formed the Water Resources Protection Task Force to study the quality and quantity of town water resources. After 18 months, the task force completed its mission and in a June report recommended a new water rate structure

and flagged PFAS mitigation as a critical issue.

Back when the task force began its work, the US Dept. of Environmental Protection's standard for acceptable PFAS levels was relatively high—70 parts per trillion (ppt)—while Massachusetts' DEP dictated a more stringent standard of 20ppt, which is the equivalent of a grain of sand in a swimming pool of water. PFAS testing at the Lincoln Street well has consistently come in between 10ppt and 20ppt, and Gravelly Pond has registered below 10ppt.

But this last March, the EPA came out with a sobering new standard, dropping from 70ppt to just 4ppt. Towns have three years to come into compliance, which means install-

ing industrial grade carbon filter systems that must be operational by 2027.

When the new EPA numbers were announced, Manchester's Dept. of Public Works had already crafted a PFAS mitigation strategy. It recommended augmenting the water treatment plant at Gravelly Pond with the new carbon filters and then transporting water from the Lincoln Street well up to Gravelly Pond to be treated together.

Two weeks ago, DPW Director Chuck Dam told the Manchester Finance Committee the PFAS mitigation plan would cost an estimated \$25 million, which includes installing the carbon system, treating water at Lincoln Street and Gravelly Pond, and installation of the connecting pipes between Lincoln Street and the upgraded water treatment

plant at Gravelly. Dam also said demand for the carbon filter systems will likely spike nationally for PFAS mitigation equipment and consulting, and that could impact costs for both.

### "Forever Chemicals"

PFAS gets its name from perfluoroalkyl and polyfluoroalkyl and they're called "forever chemicals" because they accumulate in the body and the environment over time. PFAS has been associated with firefighting foam used at military bases and airports, non-stick cookware, weatherproof performance fabrics, food packaging, and stain resistant home textiles.

Approximately 126 public drinking water systems in Massachusetts are said to have significant PFAS levels, with 86 communities having "severe concentrations."

...(Continued on page 4)

### Weekly Weather Chart

Saturday 12 Aug		75°	65°
Sunday 13 Aug		78°	62°
Monday 14 Aug		76°	61°
Tuesday 15 Aug		81°	67°
Wednesday 16 Aug		72°	66°
Thursday 17 Aug		72°	66°
Friday 18 Aug		75°	66°

Weather data pulled Wednesday and is subject to change.



### Gavel to Gavel This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.

Essex Planning Board Wednesday, August 16 7 p.m.

MBTS Bike & Ped Comm Thursday, August 17 6:30 p.m.

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Welcome to 35 Beach! The Greater Cape Ann Chamber of Commerce held a ribbon cutting ceremony Friday for the newly opened Manchester eatery that many are flocking to try out. At center are owners Matthew and Margaret Cain (with the sizzors) who are joined by family including son Matt and daughter Brittany and Chef Nicolas Intonti. Look for a feature on the restaurant in a coming edition.



# Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

## John "Tosh" Doucette



John "Tosh" Doucette, 68, passed away Sunday, July 23, at his home in Orlando, Florida. Born in Ipswich and raised in Manchester by-the-Sea, he was the son of the late John F. Doucette and the late Virginia (Cwik) Doucette.

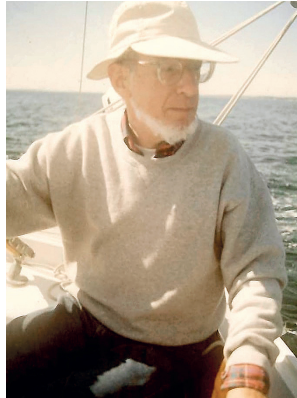
Tosh graduated from Manchester High School, and he later attended Essex Agriculture School. Tosh's love for gardening led him to work for Magnuson Greenhouse in Manchester for many years before deciding to pursue a career as a police officer. After graduating from the Police Academy, he became a regular patrolman for the Manchester Police Department for almost 10 years. Tosh was not a fan of the winter weather which led him to relocate to Orlando, Florida where he could garden and enjoy the sun year-round. In Orlando, Tosh worked for Stouffer's International Ho-

tels as the head of security. Tosh was a wonderful brother, son, loving uncle, and devoted friend to many. Tosh's door was always open to anyone who wanted to visit Florida and would often return to Manchester in the summer to visit family and friends. Tosh will always be remembered for his great sense of humor and laugh.

John is survived by his brothers David M. Doucette of Manchester and his partner Cindy Haverty, Peter Doucette of Essex and his late wife Adrienne Doucette; and his late brother Kevin Doucette; nephews Matthew Doucette of Portland, Maine, Eric Doucette and his partner Theresa Gannett of West Newbury, Christopher Doucette and his wife Vanessa of Wilmington and Benjamin Doucette and his wife Mariyam of Amesbury; niece Elise Doucette and her fiancé Christopher Pellegrini of Essex; great nephews Eli, Noah, Beau and Colin; and his many cousins.

His funeral Mass was celebrated at Visitation Parish-Sacred Heart Church, 62 School Street, Manchester-by-the-Sea, on Tuesday, August 8 at 11 a.m. Relatives and friends are invited to attend. A burial took place at Pleasant Grove Cemetery in Manchester-by-the-Sea. In lieu of flowers, contributions may be made in Tosh's memory to Care Dimensions Hospice (www.caredimensions.org).

## David William Lynch



## Lynch

David William Lynch, 92, died peacefully at home on July 29, surrounded by his family. Born March 16, 1931, to Irwin W. and Helen (Spillane) Lynch, he spent his early years in Medford, Massachusetts. After three years in North Dakota, Ohio, and New Hampshire, the family settled near LaGuardia Airport on Long Island, New York as his father began his career with the Federal Aviation Agency. Dave received his B.A. degree from Hofstra College and his master's degree in French from Columbia University.

Dave began his vocational life as an editor at Prentice Hall in New Jersey. In 1962 he moved to Boston and began his 25 years as a production editor in the College Department at Little, Brown and Co., where he met his future wife, Betsy. Following

Little, Brown, he worked as a freelance editor from his home office.

Dave was athletic. He excelled in track and cross country in school and began many years of fencing in college. He loved biking with his family and biked to the train station daily for his commute to Boston.

Life-long joys and interests included sailing on his Pearson Electra, Gambrinus, reading (with a particular interest in the classics), science (especially cosmology), nature walks, birding, classical music, and correct grammar.

He is survived by his wife of 58 years, Betsy (Butterfield) Lynch; his daughter Carolyn Lynch; his son Christopher (Kit) Lynch, daughter-in-law Jennifer Cameron; his sister Lee J. Lynch and her wife Elaine Mulligan Lynch; brother-in-law Robert Butterfield and his wife, Shelley; three nephews: Nathan, Jeffrey, and Jordan Butterfield, and two beloved cats.

A memorial service will be held on Saturday, August 12 at 11 a.m. at St. John's Episcopal Church, 705 Hale Street, Beverly Farms, followed by a reception in the Parish Hall.

In lieu of flowers, donations in his name may be made to St. John's Church, 705 Hale Street, Beverly Farms, MA 01915; or to Care Dimensions (Hospice), 75 Sylvan Street, Danvers, MA 01923.

## The Manchester Cricket

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## CLASSIFIEDS

First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to [classifieds@cricketpress.com](mailto:classifieds@cricketpress.com) or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

### FREE!

FREE!—525 PreCore Treadmill, local pick up, please text 978-473-1894 for pick up. .... 8/4

FREE! Old Alto Sea Kayak. Needs new seat, otherwise hull is solid. Interested? Email [mgubbins@comcast.net](mailto:mgubbins@comcast.net). .... 8/4

### FOR RENT

MBTS—House, 2 bd, 3 fireplaces, 2 full baths, living room, kitchen, dishwasher, washer/dryer. All one level. Five feet from its own in-ground pool. Private driveway and additional bldg for storage with seasonal bath. No pets. Prefer no small children. Must be quiet person/couple. 1-2 yr lease. \$3,950/mo + ut. Available now. 978-807-5127 ..... 8/4

MBTS—House, 2 bd, 3 fireplaces, 2 full baths, living room, kitchen, dishwasher, washer/dryer. All one level. Five feet from its own in-ground pool. Private driveway and additional bldg for storage with seasonal bath. No pets. Prefer no small children. Must be quiet person/couple. 1-2 yr lease. \$3,950/mo + ut. Available now. 978-807-5127 ..... 8/4

MBTS HOME FOR RENT—Charming, well maintained, in town, furnished house rental available 8/1/2023 for 10 or 12 month lease. 3 Bedroom, 3 full bathrooms, walk to schools, train, beach, harbor. Gas forced hot air heat, electric central air conditioning, small yard and shed. \$5000/month plus utilities. No pets or smoking permitted. Serious inquiries only, 978-590-6089 ..... 7/28

SHARKSMOUTH ESTATE", MBTS —Summer, Fall Weeks and Winter Rentals - Oceanfront homes on private 40-acre historic, woodland estate, 1/3 of a mile of shoreline, fishing, kayaking, miles of paths and tidal pools to explore, tennis court, walk to beaches, and more. STONE HOUSE (10 Bdrm), RED COTTAGE (6 Bdrm) and BARR HOUSE (2 Bdrm) weeks availability (Friday-Friday). WINTER RENTALS: BARR HOUSE (2 Bdrm) and RED COTTAGE (4-6 Bdrm) available September 15 - June 2024. Call Marianne 978-618-5860 ..... TF

Storage downtown MBTS: 4 units from 10x10 (\$100) up to 24x32 (\$500) one garage unit. Text (978) 473-1894 for details. .... 7/21

### RUMMAGE SALE

SAT, AUG 5, 10 AM TO 2 PM—First Parish Church, will be holding a rummage/clean out sale and vintage vendors (including vintage clothing!) Saturday, Aug. 5, 10 AM - 4 PM. Located at 1 Chapel Lane, behind Santander Bank & next to the Manchester Library. We are cleaning out our attic, kitchen and have even more in donations from members to sell. We will have at least 2 - 8' tables just of jewelry! We will also have a raffle with themed baskets and homemade goodies for sale. This is all happening during the Cape Ann Chamber of Commerce's "Festival by the Sea". Parking is available behind the Town Hall or at the high school where vans will be transporting people right downtown. Items set out by the church as priced to sell! ..... 8/4

### SEEKING ...

CALLING ALL LEFTIES RETIRING FROM GOLF—Retired from Golf? Do your left-handed clubs miss the fairways and the miss the greens, too? Give your clubs a 2nd life. Call Ben 310-525-8455 ..... 7/28

### HELP WANTED

STYLIST, BEV FARMS—The Last Tangle would like to welcome experienced hairstylists. New clients welcome too! Ask for Manon at 978-922-0400 ..... 7/28

### SERVICES

3 STRONG BOYS—Atticus, Brody, Jarrett, and their team do it all: drudgery, mowing, raking, moving, weeding, lifting heavy things & whatever else you need! To schedule, call/txt Atticus at 978-473-0034 or email 3strongboys.ma@gmail.com. Look for us in our pink shirts! ..... TF

HANDYMAN, MBTS—Handyman for light construction, home repairs, painting, cleanups, home repairs, painting cleanups, power washing, rototilling. Fully insured. Have truck and trailer. Clean, honest, references. Contact Bill [mbtshandyman@gmail.com](mailto:mbtshandyman@gmail.com) or (978) 618-0999. TF

## MANCHESTER POLICE NOTES



9:36 a.m. Brook St., citizen assist, assisted as needed.  
5:19 p.m. Elm St., alarm, secured/checked.  
5:43 p.m. Brook St., disturbance, report to follow.  
8:31 p.m. Summer St., selective enforcement, no action taken.

### WEDNESDAY, AUGUST 2

9:49 a.m. Central St., citizen assist, other. 4:43 p.m. Ocean St., welfare check, spoken to. 8:00 p.m. School St., motor vehicle stop, written warning. 9:00 p.m. Crooked Lane, suspicious activity, secured/checked.

### THURSDAY, AUGUST 3

6:33 a.m. Route 128SB, motor vehicle stop, citation issued. 9:40 a.m. Pine St., motor vehicle stop, written warning. 10:37 a.m. Pine St., motor vehicle stop, written warning. 2:29 p.m. Raymond St., watercraft incident, assisted as needed.

### FRIDAY, AUGUST 4

8:47 a.m. Beach St., fire other, fire false.

2:53 p.m. Colburn Rd., animal complaint, assisted as needed.  
9:38 p.m. Brook St., disturbance, spoken to.  
10:08 p.m. Brook St., disturbance, spoken to.

### SATURDAY, AUGUST 5

10:04 a.m. Old Neck Rd., parking complaint, secured/checked. 11:53 a.m. Beach St., watercraft enforcement, written warning. 4:16 p.m. The Plains St., animal complaint, spoken to. 5:54 p.m. Pine St., animal complaint, assisted as needed.

## Monuments

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SUNDAY, JULY 30  
12:53 a.m. The Plains St., disturbance, spoken to.  
10:52 a.m. Central St., citizen assist, assisted as needed. 12:23 p.m. School St., animal complaint, spoken to. 7:58 p.m. Beach St., disabled motor vehicle, report to follow.

MONDAY, JULY 31  
10:41 a.m. Pleasant St., motor vehicle stop, criminal application. 12:34 p.m. Beach St., theft, secured/checked. 7:56 p.m. Brook St., harassment, report to follow. 11:03 p.m. Summer St., motor vehicle stop, written warning.

### TUESDAY, AUGUST 1

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# Rotunda Project Next Steps



By Gregory T. Federspiel

Efforts to develop a path forward for the reconstruction of the support structures for the pier and Rotunda at Tuck's Point continue. Two public presentations have taken place regarding the options and a third forum is planned for September 14th. The Select Board aims to decide as to which option to advance at their regular meeting on September 18.

At the September 14th forum, slated for 6:30 p.m. here at Town Hall (and via Zoom), a series of visual simulations will be presented. The robust modeling software allows for multiple perspectives and at varying stages of the tide cycle. The three-dimensional imagery should allow residents to fully comprehend what the different options would look like.

Most of the feedback to date has favored Option 1 - raising the existing pier and Rotunda in its current location. From a permitting perspective, this is the easiest option. So much so that Option 2, which contemplated extending the pier further out over the water, is no longer a serious contender. The uncertainty and time delays in securing the necessary permits from the state and

As a reminder, four options have been developed:

Tuck's Point Rotunda Options	Rough Cost Estimate
1. Replace in existing footprint	\$2.3 million
2. Replace with 38' extension	\$2.5 million
3. Relocate landward w/viewing deck	\$1.7 million
4. Replace in existing footprint in 2 Phases	\$5.8 million (both phases)

federal agencies discourage any further pursuit of Option 2. Option 3 has its advocates given the greater protection from storms it affords. Placing the Rotunda on the knoll just to the north of the pier's start would provide added protection from storm surges and destructive wave action. A viewing deck at the present location of the Rotunda would be built. However, no longer having the Rotunda over the water is too drastic a change in the eyes of many.

Option 4 was developed as an alternative to Option 1. Instead of immediately raising the pier and Rotunda up about 5 feet higher than it is currently, Option 4 proposes to do raise the structures up by 3 feet in Phase 1 and then, some 25 years out, raise it up another 2 feet. While this has the advantage of not having the pier and Rotunda up quite as high (an aesthetic plus), it means that the structures remain more vulnerable to the larger storms that could occur between now and when Phase 2 is completed. It also is the most expensive option.

The goal is to gain additional input from residents at the September 14th Public Forum to help inform the Select Board's decision on which option to advance. The Board will make this decision at their September 18th meeting. Next the engineers will get to work on the final design and permitting of the chosen option. This will take us through the Spring of 2024 at which time the Town can apply for grants that, with any luck, will pay for most of the costs. Depending on how successful we are with these grants, voters may be asked to approve funds as well. Final permitting and bidding could take place over the summer with construction slated to begin in the late fall and through the early winter of 2025. Under this (optimistic!) schedule, the new and improved Rotunda will be ready for the 2025 season and for decades to come. Please share your thoughts on which of the options you prefer either at the September 14th forum or by sending along an email.



On Monday the Select Board promoted Ronald Ramos (center) to Police Officer. L-R Chief Fitzgerald, Officer Zak Johnson, Ramos, Lieutenant Mark McCoy, Officer Sean Mullins, Officer Kevin David.



## BOARD UPDATES

**Planning Board:** The Planning Board will meet next on Monday, August 14 at 6:30 p.m. Meeting details will be posted on the Town website.

**Music in the Park:** 4EverFab will headline next week's concert in Masconomo Park on August 15 from 6-8 p.m. Call the cancellation line at 978-525-6429 for weather updates or check social media.

**MBTA Zoning Task Force:** The Task Force will meet again on Thursday, August 17 at 6:30 p.m. Meeting details will be posted on the Town website. More MBTA Zoning information can be found at [bit.ly/MBTAZoning](http://bit.ly/MBTAZoning).

**Hornets After School Program Staff:** Parks and Recreation is seeking to hire high school students (ages 16 and older) to join the Hor-

nets after School Program staff. The program runs on the school calendar. Hours are 2:30 - 6:15 p.m., Monday through Friday. They are looking for a two-day commitment each week. Contact Heather Depriest at [depriesth@manchester.ma.us](mailto:depriesth@manchester.ma.us) to learn more.

**Open Town Planner Position:** The Town is seeking applicants for a Director of Land Use/Town Planner to direct and perform municipal land use planning functions and provide staff support to the various land use boards and committees. Learn how to apply on the Town website.

**Join Local Government:** Volunteer to become a member of a Board or Committee and serve your community. A list of vacancies can be found on the home page of the Town website.

**Beach Tags:** All visitors to Singing Beach ages 12 to 65 need an orange beach tag or a daily walk on pass. Passes can ONLY be purchased at Singing Beach during operating hours. Cost is \$35 for the season or \$10 per day.

**Transfer Station Hours:** The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m. to 3 p.m.

**Trash, recycling, and compost collection:** Regular Schedule. Please place curbside by 7 a.m. on day of collection.

Follow Us on Facebook, Instagram, and Twitter @townofmbts and visit the Town website [Manchester.ma.us](http://Manchester.ma.us) to stay informed.

## WHAT WAS HAPPENING

### 90 YEARS AGO - 1933

The Annual Playground Picnic was held at Tuck's Point on Tuesday. The day was perfect and about 150 children turned out to enjoy the events of the day. In the morning there was a swim for all and a baseball game with Ward 4 and during the afternoon novelty and swimming races were held.

Tree Warden Mark Edgecomb removed a diseased maple tree at Masconomo Park, near the World War Memorial earlier this week.

### 75 YEARS AGO - 1948

During the 1947 Labor Day Weekend 10 people were killed by automobiles right here in Massachusetts. In other words, Labor Day Weekend represents one of the most hazardous hurdles in our whole year's race for highway safety.

Five Manchester girls, Nancy Willmorton, Patricia Wade, June Chadwick, Sandra Lear, and Kathryn Doane returned home Sunday from Girl Scout Camp Elbo Edge, Andover, N.H. after spending an enjoyable two

weeks.

### 60 YEARS AGO - 1963

Frederick M. Bundy of Bridge Street joined a most elite group when he posted a hole-in-one on the 130-yard 7th hole at the Essex County Club during the second round of play in the Men's Four Ball.

Paul Brown met with the Board of Selectman and submitted a layout of the proposed new Brown's Supermarket at the corner of Summer and Beach Streets showing the approximate location of ramps and parking area for 40 or more cars.

### 45 YEARS AGO - 1978

Terry Hyland daughter of Mr. and Mrs. William Hyland of Lincoln Street, was crowned Miss Cape Ann Lion last Saturday, at the Essex Lions Club annual outing. Miss Hyland, a professional model, is a graduate of the Barbizon School of Modeling in Boston and will enter her senior year at Manchester High School.

With 15 Rhodes 19s on the starting line, Sunday, August

13, and a shifty 4-8 knot SE breeze, Jim Clyde, Bill Pepper and Jack Williams elected to stay on the inshore tact. The race results were as follows: 1. Jim Clyde; 2. Bill Pepper; 3. Mark Villa; 4. Jack Williams; 5. George Scharfe; 6. Dave Gaunt; 7. Bob Barton; 8. Dave Watchel; 9. Doug Hopkins; 10. Will Johnson.

### 30 YEARS AGO - 1993

Manchester's Darren Twombly, 28, has been named as the defensive line coach for Western Kentucky University. Since accepting the position, Darren has been busy learning the school's programs.

A visit by Vidbel's Olde Tyme Circus on Tuesday, August 24, for two shows at Masconomo Park at 4 and 7 p.m. Childrens of all ages will delight in this colorful circus performance.

### 15 YEARS AGO - 2008

The Manchester Soccer Club invites all registered soccer players and families to celebrate the start of the 2008 Fall Season.

## Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
11 Fri	8:29	8.1	8:46	9.4	2:30	1.1	2:26	1.8	5:44	7:52
12 Sat	9:28	8.0	9:41	9.4	3:33	1.1	3:22	1.9	5:45	7:51
13 Sun	10:22	8.1	10:32	9.5	4:30	1.0	4:15	1.9	5:46	7:49
14 Mon	11:10	8.3	11:18	9.6	5:17	0.9	5:04	1.7	5:47	7:48
15 Tue	11:53	8.5			5:56	0.8	5:48	1.5	5:48	7:46
16 Wed	12:00	9.7	12:31	8.7	6:31	0.7	6:29	1.3	5:49	7:45
17 Thu	12:37	9.8	1:05	8.8	7:06	0.6	7:09	1.1	5:50	7:43

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# LIBRARY NEWS



Summer Storytime is in full swing at the MBTS Public Library. We are enjoying books and songs on the library lawn most Mondays at 10:30 a.m. (Courtesy Photo)

## Library Hours and Holidays

MBTS Public Library will be closed on Saturdays and Sundays until September.

## Calling All Local Artists

For the Friends of the Library's First Falling For Art Exhibit and Sale, October 20-22. Artists and photographers are invited to submit up to five digital jpg images by August 30 to fallingforar-

tmbts@gmail.com. Include your name, title of piece and price.

**Massage and Energy Work Demo**  
Thursday, August 17 from

6-7 p.m. Massage Therapist, Matt Kurdt, of Holistic Energy Works will be leading a workshop to help spread the word about the positive benefits of Massage Therapy and Energy Work. He will be available to provide hands-on demonstrations of some simple yet incredibly effective techniques.

## Author Nan Fischer discusses "The Book of Silver Linings" (Virtual)

Monday, August 21 from 7-8 p.m. We're excited to be celebrating a book birthday with author Nan Fischer with her new book "The Book of Silver Linings" which comes out on August 15 is a must read for anyone who loves uplifting books with a touch of magic.

## Friday Movies at MBTS

Friday, August 18 from 5:30-7:30 p.m. in our newly renovated Reference Room. We will supply the popcorn.

## MPL Children's Events:

### Didgeridoo Down Under Show

Friday, August 11 from 2:30-3:30 p.m. The Didgeridoo Show is an energetic fusion of Australian music, comedy,

character building, storytelling, and audience participation. The didgeridoo has been played by Aboriginal Australians for at least 1500 years, and it's known for its otherworldly sound. You'll learn about Aussie animal, culture, unity and more, while moving and grooving to the pulsing rhythms of the didge.

The Didgeridoo Show is interactive, educational, motivational, and fun for all ages. In the event of rain, we will be at the Manchester Community Center so please register.

## Summer Art and Sensory

Wednesdays from 3-4 p.m. and running every Wednesday this summer for ages pre-K - 2nd grade.

Art and Sensory encourages students to explore their creativity through the fun of using many different art materials. The project is always step by step, hands on and guided to help create individual masterpieces. Space is limited and registration is required for each week's session.

## North Shore Children's Museum Pass

The Friends of the Manchester Library have donated a discount pass to the North

Shore Children's Museum in Peabody. The pass admits up to five persons at half-price admission.

## Vox and Wonder Books

Kids are going to love these new audio and print picture and chapter books bound together for literacy and fun. The permanently attached Reader transforms an ordinary print book into an all-in-one read-along experience. No need for computers, tablets or CDs, children simply push a button to listen and read.

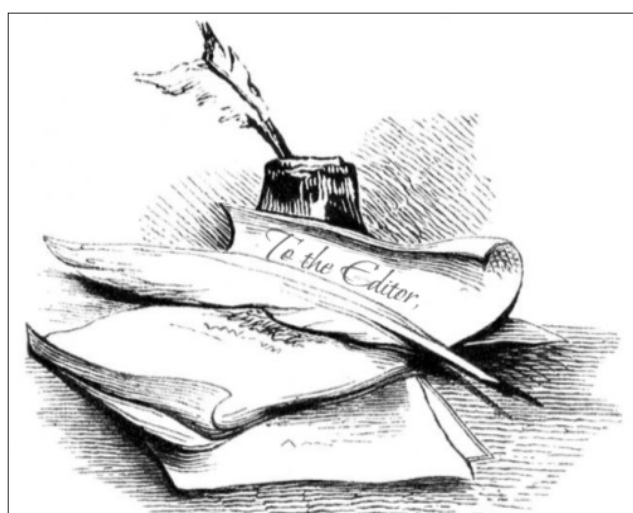
## Storytime with Miss Audrey

Mondays at 10 a.m. for ages 0-5.

Our youngest patrons and their caregivers are invited to share songs, rhymes and simple stories.

## Teen Advisory Board (TAB)

Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.



The Cricket publishes every letter it receives. However, letters should be original (no reprints), no more than 400 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. Letters may be edited for clarity and accuracy. We have a "one letter, one person, one topic" policy, so please do not send multiple letters on a single issue. We do not publish press releases, anonymous letters, those judged to be libelous or an invasion of privacy. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. Please send submissions to letters@cricketpress.com.

## Manchester Public Library Book Sale

To the Editor,

What glorious weather

we had for Manchester's Festival-by-the-Sea! The library's annual used book sale basked in the sun from 9 a.m. to 4 p.m. and how lovely to see so many young,

old and everybody in-between, gather books that tickled their fancy into their arms. So, on behalf of the Friends of the Manchester Public Library, I thank you, the community, who came out in droves to support us. And thank you to the media outlets who spread word - pun intended - and to the Greater Cape Ann Chamber of Commerce. And how fun it was to work alongside nine young high school boys who volunteered their time to do a lot of heavy lifting and sorting of books - our future

is bright with their enthusiasm! But most of all, I thank the volunteers who show up every year (with smiles on their faces) and the Friends for their desire and commitment to make the Library a better place for everyone. It was their time, their efforts that contributed to the success of the book sale. Thank you!

Sincerely,

**Marion Mariotti**  
Friends of Manchester Library



Members of the Manchester Essex Rotary Club sure do pick an incredible spot for their regular Wednesday morning meetings. Here they are this past Wednesday, on a stellar morning, at the Chowder House at Tuck's Point. Maybe you should join! (Photo: Erika Brown)



A participant at Manchester's Festival By the Sea, receives a henna design during Saturday's event. Photo Paul Clark



Martha Chapman introduces Japanese fish printing (Gyotaku) to excited youngsters next to the Manchester Historical Museum during Saturday's Festival By the Sea. Photo Paul Clark

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Continued from page 1

The class action is about securing funds to clean up and remove, restore, treat and monitor PFAS contamination. It's also requesting an order requiring the manufac-

turers to reimburse the state for the damages the products caused. It's not clear how monies that come to the state would be divvied up by the towns, especially when municipalities like Carlyle and Acton have PFAS levels that

far exceed most other municipalities. The claims are being made under the federal Safe Drinking Water Act, the Massachusetts Consumer Protection Act and the Massachusetts Uniform Fraudulent Transfer Act.

Municipal water supplies are heavily regulated by both federal and state environmental divisions. Retail bottled water is seen by some as a safer alternative in light of PFAS, but experts warn that bottled water companies are not required to test for or report PFAS in its product, and they're regulated by the federal Food & Drug Administration, not the EPA.

## Massachusetts a Leader

Class action lawsuits are a legal mechanism that enables a large group of individuals - known as a class - to collectively seek compensation or remedies for a shared grievance.

To some, they are controversial. Certainly, they are fodder for popular books and movies like *Erin Brockovich*, or, better yet, the Oscar nominated movie (and best-selling book), *A Civil Action* about Beverly Jan

Schlichtmann's dramatic quest to find justice for a Woburn, Mass. neighborhood of working families impacted by a bloom of cancer allegedly connected to ground water contamination.

But class action lawsuits have proven to be a highly effective tool for state governments seeking to recoup public health-related expenditures. Massachusetts was a pioneer of this approach in the 1990s when a young state Attorney General, Scott Harshbarger, took on Big Tobacco as part of a then-novel strategy to use a class action to recover financial impacts related to smoking. That ended in an historic \$9 billion settlement.

Nearly 30 years later, that strategy is no longer "novel." In fact, class actions tied to recovering taxpayer money are getting increasingly common, seen in everything from sugary drinks to opioids. In fact, according to Bloomberg Law analysis, there were 40 PFAS lawsuits from 2005 to 2011. By 2022 there were more than 6,400 and part of the class action legal process these lawsuits are streamlined behind main, or

"lead" cases. (Napoli's is one of them). 3M Corporation in Minnesota, which developed its firefighting foam with the US Military decades ago, is the top target of the lawsuits. Dupont is a close second. For both, these lawsuits are triggering an existential crisis.

On one side, class action lawsuits like this one that Manchester, Essex, and Hamilton are signed up for are a testament to the power of collective action in pursuing accountability. This is critical, especially for individuals, states and towns that otherwise simply can't stand up to corporations that have the advantage of massive budgets, connections and staying power.

Others criticize the increasingly sophisticated use of "multi-district" litigation strategies (which class actions are now termed) and their simultaneous coordination of thousands of litigants in many states and say it's too much. They say that today's class actions amount to corporate shakedowns, where attorneys stand to be the biggest financial winners, often leaving their clients to share the crumbs.

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Local author, Jeff Denocour, signs his first book, *Sword and Bow: A Quest to Save Alfham for Kathy Ryan* as his wife Laura looks on. Jeff signed copies of his book at the Friends of the Manchester Library annual book sale Saturday. This first in a series finds two “small-town brothers Jeff and Sam who receive a Christmas tree from a mysterious stranger, they have no idea they’re about to embark on the biggest adventure of their lives and become heroes to a magical kingdom they never knew existed.”

Photo Paul Clark

## Festival-by-the-Sea 2023

Manchester’s Festival-by-the-Sea has become a Cape Ann Classic, and the Greater Cape Ann Chamber of Commerce’s community artisan event this year brought with it a crystal-clear amazing summer day and a whole lot of people to downtown.

The festival on Saturday was held in three Manchester parks—the Town Common on Central Street in front of Town Hall, Reed Park and Masconomo Park along the harbor. More than 80 artists, artisans and food vendors set up tents throughout town selling their original artwork and handmade goods. Retailers and local restaurants also got into the game, setting up outside along the sidewalks to greet customers for this family friendly event that included live outdoor entertainment, local shopping, sidewalk sales, restaurants, food trucks and fun activities for kids.





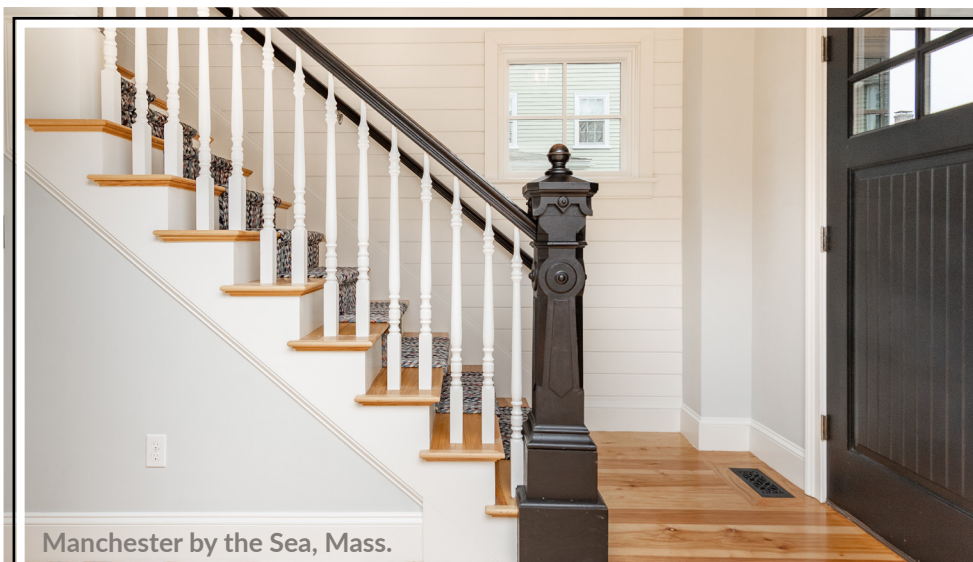
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# Off at School and Doing Great

Local students enrolled in college are now returning from their academic year, but now is the time that colleges and universities across the country announce last semester's successes from local students. We're happy to see that so many are doing well and have achieved academic honors:



At Curry College, **John Przesiek** of Manchester has been named to the Spring 2023 Dean's List. Curry College was founded in Boston in 1879 as a private, co-educational, liberal arts-based institution and is now located on 131 acres in Milton, Massachusetts. The College extends its educational programs to a

continuing education branch campus in Plymouth. Two Manchester residents—**Jackson Strout** and **Anna Yankee**—have been named to the Dean's List at Hamilton College for the spring 2023 semester. Strout is a rising

senior majoring in economics and government, and Yankee is a rising junior majoring in environmental studies. To be named to the Dean's List at Hamilton, students must carry a course load of four or more graded credits through

out the semester and have earned an average GPA of 3.5 or above on a 4.0 scale. Hamilton College is a liberal arts institution located in Clinton, New York where students explore passions through an open curriculum and robust research, internship, and off-campus study opportunities. At Tufts University, two Manchester residents—**Carson Komishane** and **Brian Ross**—were named to the Dean's List for the Spring 2023 semester. To qualify for the Dean's List, students must earn a grade point average of 3.4 or greater. Tufts University is recognized among the premier research universities in the United States, with a global reputation for academic excellence and for the preparation of students as leaders in a wide range of professions. At St. Lawrence University, Manchester resident **Anna Coyne** was named to the

Dean's List for the Spring 2023 semester. To qualify for the Dean's List, a student must have completed at least four courses and have an academic average of 3.6 based on a 4.0 scale for the semester. St. Lawrence University is a private, independent liberal arts institution that leads students to make connections that transform lives and communities, from the local to the global. At Saint Michael's College, Essex resident, **Benjamin Souldard** was named to the Dean's List for the Spring 2023 semester. To qualify for the Dean's List, a student must have completed a minimum of twelve credits of classes with grades and achieved a grade point average of at least 3.5. Saint Michael's College is a selective, Catholic college that delivers internationally respected liberal arts together with an innovative Purposeful Learning

Program, preparing students for fulfilling careers and meaningful lives.

Moving onto graduation milestones. At University of Massachusetts Amherst, two Essex residents—**Brianna Pappas** and **William Smith**—as well as five Manchester residents—**Evan Fitzgerald**, **Isabelle Graves**, **Natalie Koopman**, **Isabella Pomeroy**, and **Dylan Wilson**—graduated and received their bachelor's degrees. Approximately 5,500 students received bachelor's degrees in over 100 majors at the UMass Amherst's Undergraduate Commencement at the McGuirk Alumni Stadium.

Got some news from a student we should know about? Email us at [news@thecricket.com](mailto:news@thecricket.com) and we'll include it here in Off at School and Doing Great.

## Crane Estate Castle Concerts: Footloose 2.0?

By Phileine de Widt

Every summer, members around Cape Ann look forward to the lively Thursday-night Castle Concerts at the Crane Estate in Ipswich.

On the wavy lawn, people can enjoy a nice picnic-style dinner and drinks—either bringing food from home or utilizing the different food trucks.

When the night is still young and the sun slowly sets, there is a perfect opportunity to venture down to the end of the yard—and down the hills—and take some memorable pictures or simply enjoy the view and ocean breeze.

When this relaxation is over, however, the party truly starts. Sure, one can stay and enjoy the tunes from their picnic blanket or beach chairs, but the liveliness really begins with the dancing.

Especially among high school students around Cape Ann, this is something to look forward to all year. Whereas school-organized dances may consist of awkward interactions and the macarena or cupid shuffle on-repeat, these concerts consist of true enjoyment and dancing (more like jumping) without shame. Hair flying everywhere, sweat dripping down backs, and smiles everywhere.

Recently, on July 26, the Trustees announced that the infamous dancing area right in front of the live band and Crane Estate patio would be removed during the remaining 2023 summer concerts.

Released through a post on the Trustees Instagram, this decision was not taken well. In fact, a whooping 230+ comments from opinionated people flooded the post—proving again the significance of these anticipated Thursday-night concerts.

In response to the change, many minds were drawn to the 1984, or the 2011 remake of Footloose. Is Cape Ann really experiencing a ban on dancing? Luckily, this is not the case. Instead, the dancing area has

been moved further down the manicured lawn: The Grand Allée.

This new space will allow the dancing to continue while not “obstructing guests’ view of the band” nor “disrupting the event” as the Trustees mentioned on their social media.

The change was also based on congregating in the original dance area, and increasing incidents of shoving, crowd surfing, and verbal altercations between attendees.

Three concerts have passed since this ruling, and though there are still many attendees, certain high school students have been hesitant in going.

There is a want to dance in front of the band and interact with the musicians, while having to scream so your friends can hear over the loudspeakers, and being in a separate area restricts this. Though it is not the exact plot, perhaps this is the Cape Ann remake of the notorious Footloose.



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### ScottEnergy Community Bulletin Board

**MBTS JAZZ FEST 2023**  
MANCHESTER-BY-THE-SEA, MA

**Saturday**  
**Aug. 12**  
**4:30 p.m.**

Enjoy live music on the water at the 2nd annual MBTS JazzFest! Jambalaya Horns and Skunk Sessions will take the stage at the American Legion Hall, MBTS. Tickets include entry for music with catered box meals and a cash bar.

Doors open 4:30 p.m. All proceeds benefit the Manchester By-The-Sea 4th of July festivities.

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### LEGAL NOTICE



**CONSERVATION COMMISSION**  
Town of Manchester  
Town Hall  
10 Central Street  
Manchester-by-the-Sea, MA, 01944

**Public Hearing Notice**  
Public Hearing Notice to be Published on or before 8/11/23

On behalf of Susan Everitt, Darren Ross requests the Commission make a decision regarding a Request for Determination of Applicability: a. whether the area depicted on the plan is an area subject to jurisdiction of the Wetlands Protection Act; b. whether the boundaries of the resource area depicted on the plan are accurately delineated; and c. whether the activities depicted on the plan are subject to the Wetlands Protection Act and its regulations to construct a single-family home and garage with shared driveway (and utilities from Windemere Park Extension) at **130 School Street** (map 57, lots 6 and 29)

On Behalf of Margaret Strachan, Michael DeRosa of DeRosa Environmental Consulting Inc.

requests the Commission make a decision regarding a Notice of Intent filed under the Manchester Wetlands Bylaw & Regulations for a proposed expansion of an existing footbridge, grading and implementation of a habitat restoration plan within Bordering Vegetated Wetland (BVW), Land Subject to Coastal Storm Flooding, and within the 30-foot No Disturb Zone and 50-foot No Build Zone Buffers to BVW at **40 Masconomo Street** (map 18, lot 15)

These requests will be discussed at a VIRTUAL meeting Tuesday, August 22, 2023 at 6:00 p.m. and will be reviewed under the Massachusetts Wetlands Protection Act (MGL Chapter 131, Section 40) and/or the Manchester General Wetlands Bylaw.

MNPA website: <http://masspublicnotices.org>  
Posted to MNPA website: <http://masspublicnotices.org>

Aug. 11, 2023 MC

\*\*\*  
“What is a master but a master student?”

~ Neil Peart~

### LEGAL

Commonwealth of Massachusetts  
The Trial Court  
Probate and Family Court  
Essex Division

**INFORMAL PROBATE PUBLICATION NOTICE**  
Docket No. ES23P2347EA

Estate of Georgia Anne Pepper  
Also Known As: Georgia A. Pepper

Date of Death: June 6, 2023

To all persons interested in the above-captioned estate, by Petition of Petitioner David C. Pepper of Manchester-by-the-Sea, MA. A Will has been admitted to informal probate.

David C. Pepper of Manchester-by-the-Sea, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered

under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Posted to MNPA website: <http://masspublicnotices.org>

August 11, 2023 MC



# ESSEX ECHO.

## Town Administrator's Report



Board of Selectmen's Meeting of August 7 Report covers from July 22 to August 4. A full running publication of Town Administrator Brendhan Zubrick's report is available online.

### Exploration of Fiber Optic Spur to Centennial Grove

At this point, the Board desires to improve security at the Centennial Grove with lighting and that will be planned into the work that will hopefully begin this coming fall. Eventually, the Town may wish to install camera systems at the Grove, and this will require an Internet or Town network connection to be affordable and effective. The Board agreed that the Town Administrator (TA) should investigate the potential cost of adding a Town network fiber optic spur between the Water Filtration Plant and the Grove Cottage/Concession Stand (we have poles to both buildings). This would allow security data to flow easily through the Town's existing fiber optic network and back to Town Hall or the public safety facility. I met on site with personnel from CommTract on July 28, 2023, and a proposal for the necessary fiber work and an associated camera network are forthcoming.

### Continued Development of Summer Camp/Enrichment Programs RFP

At the last meeting, the Board agreed that a certain list of enrichment program ideas for youth and adults should be added to the Request for Proposals that the TA is developing for future summer camp and enrichment program services. Mr. Zubrick has incorporated that content and now recommends discussion with respect to the summer camp attendance options and pricing. Generally, our current vendor has seen a trend that includes a move to most summer camp participants staying for the full-day program (9 a.m. until 4 p.m.). It has also been more difficult in recent seasons to staff the program, making the half-day option difficult to manage.

### Water Filtration Plant Renovation Work Update and Authorization

The TA attended the subject conference on July 26, 2023, along with the Superintendent of Public Works, the Chief Operator, our engineering team, and representatives of the contractor. The meeting laid out the schedule and expectations for inspections and payment requisitions, along with a discussion concerning keeping the plant fully operational during the renovation process. The project will run into September of 2024 and the TA will be the principal Town contact for payment requi-

sitions after review by our engineering team. It would be advantageous to the reimbursement process if the Board could authorize him to sign all necessary documents involving routine payments to the contractor and reimbursements from the State Revolving Loan Fund (SRF).

### Fixed-Rate Natural Gas Contract Procurement Update

At the last meeting, the Board agreed to explore the procurement of a successor, fixed-rate natural gas contract through a broker, Tradition Energy. After we sent Tradition the most recent natural gas bills for each of our gas accounts, it was discovered that Essex does not use enough natural gas annually for Tradition to work with us. As such, Direct Energy appears to be the only option for a successor, fixed-rate natural gas contract (the only other player, Sprague Energy, usually quotes higher pricing and has not to date even gotten back to the TA - likely due to our small size and usage). We will continue to get periodic quotes from Direct Energy and the TA will keep the Board advised about any decisions that need to be made.

### Repair of AC Unit Drain System

The coil component of the AC unit in the Board of Health Administrator's office began to leak condensate water during the week of July 24, 2023. After investigating the matter, Mr. Zubrick was able to determine that an internal drain hose that directs condensate to the unit's pump chamber had become dislodged. After re-connecting the drain hose to the pump chamber, the unit again functioned properly.

### Replacement of Basement Dehumidifiers

When phase 1 of the Town Hall renovation work was done in 2015, an interior basement perimeter drain was installed below the new slab. The drain had risers to grade to allow dehumidifiers to continuously remove water without manual emptying. A total of five dehumidifiers were in use and three of them were either non-functional or obviously ready to fail. Three new units were purchased, and we deployed them all during the week of July 31, 2023.

### Investigation of Public Safety Facility Maintenance/Repair Needs

At the last meeting, the Board agreed to hire Copeland Building Envelope Consultants to investigate issues that have been noticed with respect to the new public safety facility involving the PVC trim, the color-match caulk, the stain for the wood

shingles, and the hardy plank siding system. The work will not exceed \$15,000, inclusive of contractor/lift support, and the Town will receive a full report with specifications for repairs and a cost estimate. Presently, we are awaiting scheduling of the investigation by Copeland.

### Improvements to Town Hall Broadcast System

At the last meeting, it was apparent that it can sometimes be difficult to understand remote meeting participants over the house sound system during meetings. Guests have varying equipment and audio input levels, and their audio is projected out toward the audience. The vendor that installed the equipment in the Town Hall auditorium is able to provide the Board with a "monitor" speaker that projects toward the Board's meeting table and to provide the audio technician with a gain control for the in-house speakers to allow for sound adjustment depending on the quality of the incoming guest signal. These improvements will be made as soon as our vendor has all of the necessary equipment (on order).

### Continued Discussion Concerning School District Budget

Chairman Preen and the TA met for a third time with Manchester Select Board Chairman Ann Harrison and Manchester Town Administrator Greg Federspiel on July 25, 2023. The group continued to discuss how a structural change to the regional agreement may be necessary in order for Essex to be able to afford participation in the School District over the long term. Generally, this could be approached by increasing the apportionment formula's reliance on the equalized valuations for both communities and decreasing reliance on the other factors. The group plans to meet again in early August to discuss more details.

### Regional Public Health Coalition Update

The Eastern Essex Regional Public Health Coalition was instrumental with respect to COVID vaccinations and case management during the pandemic. While grant funding to keep the Coalition director in place is still available, the director has moved on to another opportunity and the need for COVID-related coordination has significantly waned. The Town of Hamilton is the anchor community for the Coalition and the Hamilton Town Administrator discussed the future focus of the Coalition with all participating municipalities on August 1, 2023. It was agreed that the director's position will be advertised for immediately and that other meet-

ings will occur in the future to review focus and service delivery when a new director is hired.

### Continued Review of Draft Mobile Vendor Policy

At the last meeting, the Board briefly discussed the draft Mobile Vendor Policy and determined that further discussion should come after full comments are received from the Economic Development Committee and the Essex Merchants' Group. Both of those entities are presently reviewing the draft document.

### Continued Review of Fall Town Meeting Article Topics

At the last meeting, the Board reviewed the draft list of Fall Town Meeting article topics with various department heads and board/committee chairs who were in attendance. The TA has continued to collect backup information concerning some of the items for the Board's further review.

### Legal Research on Owner-Unknown Parcel off of Southern Avenue

At the last meeting, the Board agreed that a title researcher with a reasonable hourly rate should begin to investigate the title to a large "owner-unknown" parcel off of Southern Avenue. The parcel also may have access off Route 128 and it could be a location for future light commercial development, which is the hope of the Economic Development Committee. Mr. Zubrick contacted the title researcher, and he visited Town Hall to pick up documents obtained by a prior, volunteer researcher. He is presently digesting the prior work and will be soon commencing his own work, up to a maximum of \$1,000. Once he reaches his maximum, he will report back on how much work he sees ahead and what other resources he may need.

### Renewal of Licenses Pertaining to Village Restaurant Property

The Town has had a license to allow pedestrians to pass over the Village Restaurant property from the municipal parking lot for many years now. Also, the Village had a license with the Town to allow the use of a small area of Town property for dumpster storage and parking. The present licenses expire September 13, 2023, and the property is being sold to a new owner. We reached out to the attorney for the new owner during the week of July 31, 2023, and learned that her clients do wish to continue with both licenses but need time for review and discussion.

## Ward and Town Committee Nomination Papers are Available

Ward and Town Committee nomination papers and booklets are now available for Democratic, Republican, and Libertarian Ward and Town Committee candidates at the Town Clerk's office (Monday-Thursday 7:30 a.m.-3:30 p.m.).

All nomination papers must be returned to the Town Clerk's office for certification by 5 p.m., Friday, Novem-

ber 10, 2023.

The candidates must then file the certified nomination papers with the Secretary of the Commonwealth by 5 p.m., Tuesday, November 21, 2023.

Please visit the "How to Run for Ward and Town Committee" page at the Secretary of the Commonwealth's website. <https://www.sec.state.ma.us>

## LIBRARY NEWS

T.O.H.P. Burnha  
Public Library



(Courtesy Photo)

### Library is closed Saturdays in July and August

#### FBI Agent Julia Cowley (Virtual)

Tuesday, August 22 at 7 p.m. Join Special Agent Julia Cowley for a look inside FBI's Behavioral Analysis Unit. Cowley will discuss how and why she became an FBI profiler, what profiling is (and isn't), and some of the most memorable cases in her career.

#### Hospice Care and Services (Virtual)

Wednesday, August 23 at 7 p.m. Over the past few decades, hospice care has become a more familiar part of our collective vocabulary and experience, yet many of us still don't fully understand its purpose, scope, costs, availability, and more. We will be joined by Dr. Bernice Burkarth—Chief Medical Officer and Chaplain Eric Redard.

#### Can you find Rosey the Racoon

Each Monday Rosey will move to an Essex business, visible from the street. Call, email or stop by the library to be entered into a lottery for a prize.

#### Summer Readers

Bring in your log sheets by August 11 for the Topsfield Fair Tickets. Weather has been really good for reading, keep it up.

#### Book Bingo

Thursday, August 17 from 10-11 a.m. Ages 6 and older, join us for a morning of Book Bingo. Book Bingo challenges you to get 5 book covers in a row across your personal board and to win a prize each time you successfully get BINGO.

#### Yarn Monogram Letters for Teens

Thursday, August 24 from 10-11 a.m. Kids entering grades 6-12 join us for a crafty morning at the library. Design your very own Yarn Monogram Letter to display at home, in your locker or wherever you like.

#### Yoga Book Club

Saturdays, September 16-October 7 at 10:30 a.m. Classes suitable for beginners and experienced practitioners. Grab your mat and your favorite book and join us at the library as we relax into gentle poses and immerse ourselves in the book of your choice. After practicing yoga for over a decade, Melanie received her RYT-200hr Hatha & Vinyasa certification and Yin Yoga certification from YogaRenew.

#### Read to Jackson

Wednesdays at 5 p.m. Sign up for your 15-minute slot to read to loveable Jackson. Please register.

#### Library of Things

Giant Jenga, Corn Hole and Pickleball are available.

#### Museum Passes

Passes available for your holiday weekend.

## Essex Locals | August 11

### 1115 Years Ago - 1908

Sunday was a great day for automobiles in this town. No less than 200 by actual count passed over the Long Causeway in four hours.

### 90 Years Ago - 1933

Charles Sumner and Roger Raymond, sons of Sheriff and Mrs. B.F. Raymond, accompanied by Arthur Grover of Rowley, are enroute to Chicago by automobile to attend the Century of Progress Exposition.

## Senior Living in Essex

The Essex Council on Aging offers a variety of events and trips for seniors. For further information or to sign up for an event, please call the Essex COA Office at 978-768-7932 or visit the Senior Center at 17 Pickering Street. Here's what's going on:

**Games with Gil at the Senior Center:** Wednesdays 1 p.m.: Don't be BORED, come play BOARD games or Scrabble, Boggle, Cribbage, Backgammon, join us or bring a friend and come play ANYTIME!

**Arts & Crafts activities:** Tuesdays, 1 p.m.

**Computer and Technology Assistance:** Do you have questions about your computer, tablet, phone, etc.? Drop-in with Curt Wednesdays 1-3 p.m.

**Men's Coffee and Donuts, Wednesday, August 9, 9:30 a.m.:** Enjoy a cup of hot coffee and delicious donuts.

**Hearing Wellness Group, every second Wednesday of the month, 10:30 a.m.** July's theme was Hearing and Alzheimer's Prevention.

**Mystery Ride:** Wednesday, August 16 and Tuesday, September 5, 12:15 p.m.: Join us for an adventure - a scenic ride and a stop for a sweet treat! \$5 per person. Please arrive at 12:15 p.m. at Memorial Park, the van leaves at 12:30 p.m. Transportation is free but seats are limited. Call 978-768-7932 to sign up.

**Ladies Brunch, Tuesday, August 15, at 11 a.m.:** Come and enjoy socializing and some tasty treats. Please RSVP five days before.

#### COA Fitness Programs:

- BALANCE IN MOTION Tuesdays and Fridays, 10 a.m. - \$5 donation requested.
- GROOVE FITNESS VIDEO Mondays, 9:30 a.m. - get your dancing shoes on and join this fun, energetic dance class! Video, no instructor.

**Monthly Book Club: last Tuesday of each month, 1 p.m.:** Join us for a lively discussion about the current book of the month and other topics. **Tuesday, August 29** - "The Shell Seekers" by Rosamund Pilcher. Through the generosity of the Friends, multiple copies of each title are available to borrow but please return them for others to read! New members are always welcome!

**ESSEX EATS! Lunch at the Boathouse, Wednesday, August 23, 12 noon.** Burger, baked haddock, chicken parm, please RSVP by August 21. \$15 per person.

**Root Beer Floats and Elvis Hits!** Thursday, August 10, at 2 p.m.: Celebrate National Root Beer Float Day and Elvis Awareness Week! Come hear/sing some of Elvis's greatest hits while enjoying a tasty root beer float. Please call to RSVP - 978-768-7932.



# Summer Picnic ....

It's picnic packing season! Be it a day on Singing Beach, a formal date at Ocean Lawn, or a must-have for summer concerts at the park, the beauty of picnicking lays in its lack of structure. It can be whatever you wish. To get you started, we've got some ideas for making your picnic as wonderful and relaxed as it should be. As usual, our recommendations are all local, all good. Enjoy.

Edited by Phileine de Widt



### Bugs Away!

Mosquitos shouldn't stop your outdoor plans. This TheraCell mosquito repellent boasts a 20ft zone of protection, it's rechargeable, and uses heat to activate the repellent, making it a great alternative to smoky candles and sticky bug spray. Refillable 12-hour repellent and a 5.5-hr battery life. \$44 for it all at **Ace Manchester Hardware**, 35 Beach St., St, Manchester | (978) 526-4000

### Just Chillin'

Super-strong portable cooler for your drinks and foods, this Icemule is a perfect to-go item. Available in different sizes. This one measures 7.5" by 16" and has a nine-liter capacity. Durable material holds six+ bottles or cans with ice. \$72 normally, but get it now for 20% off! Lots of sizes and colors available at **4 Beach Gifts & Goodies**, 4 Beach St., Manchester | (978) 526-7333



### Get Comfortable

These east-coast inspired pillows can make any spot picnic worthy. The blue-striped fish pillow measure 10.5" by 24.5" and the red and white buoy pillow measures 22.2" by 10.25." Both are made with cotton and polyester fill. \$25 each, at **4 Beach Gifts & Goodies**, 4 Beach St., Manchester | (978) 526-7333



### Cheers to Cape Ann

This wine-glass tumbler has a beautifully engraved map of Cape Ann. \$35 at **4 Beach Gifts & Goodies**, 4 Beach St., Manchester | (978) 526-7333



### Oh Crab!

Here's a tool that's got your back. Beautiful wood and steel crab shaped 9-in-1 tool that gives you a bottle opener, mini scissors, a 3/16 flat head, a small flathead, a can opener, lanyard holes, a rope saw, and a mini knife. (Oh my!) 2.5" by 1.5" by 1" \$22.50 at **MAHRI**, 11 Beach St., Manchester | (978) 526-7241



### Kitting It Up

Here's just part of a beautiful Crate & Barrel picnic set designed with Denmark design company Bodum. This set is available now at the Stock Exchange. It includes a large wicker basket (12"x11"x15") filled with a bright red set of four acrylic place settings (plates, wine glasses, flatware), a round cutting board, cheese slicer, and corkscrew. For \$60 at **The Stock Exchange**, 3 Beach St, Manchester-by-the-Sea | (978) 526-7569

### Picnic Bag (And Throw in the Hat)

A classic wicker basket is amazing for a picnic, but if you're looking for another option, consider this colorful bag that doubles as a utility bag. It offers plenty of interior space for blankets, books, food nosh and even cocktails. Stop by Style Snoop for this large woven carrier. And get the Panama Hat while you're at it! Bag \$138 and \$42 for the hat, at **Style Snoop**, 19 Central St., Manchester | (978) 704-9881



**DON'T MISS OUR SPECTACULAR TENT SALE!**

*Anna Hardy*  
INTERIOR DESIGN

**Saturday, August 19<sup>th</sup> - 9:00 am - 2:00 pm** (Sorry No Early Birds!)

Get ready to indulge in a shopping extravaganza at our tent sale, where you'll discover an incredible assortment of decorative accessories, furniture, rugs, fabric remnants, tools, hardware and so much more...

**Anna Hardy Interior Design & Shop**  
117 Eastern Avenue, Essex MA 01929  
[inhomedesignbuilds.com](http://inhomedesignbuilds.com)

## And Don't Forget the Provisions!

Making your experience even more picnic perfect is the ability to pick up some food instead of making it yourself. To avoid sticky fingers, sandwiches are a great item to bring. Here are some of our favorites. All available locally.

### From Hot-N-Spicy to Veggie Delights!

Like it spicy? Then pack one of these yummy sandwiches and head out to whatever adventure you have planned. And don't forget the chips!



Buffalo Chicken Sandwich, \$11 at Bravo by the Sea.

Courtesy image



The Italian, \$11 at The Mill.

Courtesy image



Gourmet chips, Googan's Galley.

Courtesy image



Turkey Club with house made Boursin, \$12.50 at Laughing Gull.

Courtesy image



# A Beginner's Guide to Fall Planting and Maintenance



Courtesy Photo

Spring and summer are perhaps the busiest times of year for gardeners. However, fall also is a prime time to tend to gardens.

The tree and bare root retailer Bower & Branch advises that soil temperatures in many regions of the country may still be warm enough to encourage root growth well into the start of winter. Furthermore, fall is often the ideal time to plant, fertilize and keep a garden going or to get a head start on next year's bounty.

Here are some tips to make the most of the fall gardening season.

- Think about fall annuals and bulb planting. Near the end of September, start planting cool-weather-loving pansies and violas for pops of color as summer flowers fade. Also, it's a good idea to stock up on bulbs that will bloom in the months to come before they sell out in stores. Wait until the temperatures really cool down before planting them in desired spots for spring sprouts.
- Sow salad seeds. Lettuce, spinach, radishes, and arugula tolerate cooler temperatures. Try new and interesting lettuce varieties and enjoy salads well into the fall season.
- Take inventory of the sun. Positioning a garden carefully means maximizing hours of sunlight, which begin to dwindle in the fall. Experts say gardens grow best in sunny locations that receive six hours of direct sunlight each day. This is where container gardens can be helpful, as they allow gardeners to move plants into spots that will get ample sunlight.

- Fill in landscaping gaps. Some fall plants can add color around the landscape and brighten up homes to add curb appeal. In addition to pansies and violas, asters, kale and chrysanthemums are fall blooms. Keep in mind that mums can come back year after year. So take them out of those flowerpots and get them into the ground. They can be enjoyed next year as well, sprouting in early spring and developing leaves and buds through late summer.

- Clean up unwanted growth. Fall is an ideal time to cut back spent vegetable plants and get rid of errant weeds. Rather than bagging leaves, mow them with a grass catcher and then add the mix to a vegetable garden as an excellent soil insulator. The nitrogen and carbon will fertilize the soil, enhancing growing possibilities and limiting weed growth.
- Propagate plants in the fall. As temperatures gradually begin to cool, start taking cuttings from perennials, gathering seed pods from azaleas and rhododendrons and dividing hardwood cuttings, says the resource Gardening Know How. Consult with a garden center or horticulturist on the proper ways to propagate stems using rooting hormone and other techniques.
- Continue to water plants. Water is essential in the fall and winter as roots can still be growing. Gradually reduce watering duration as plants go dormant.
- Fall planting and maintenance can extend gardening season and improve the chances of growing a healthy spring garden.



This week at the Amara Bailey American Legion Hall in Manchester, the Legion Riders held a day of BINGO with the added treat of lobster rolls prepared by Todd Crane of Kettle Cove Caterers. Above, it's BINGO time. Below, at left, is Todd Crane himself, making up all those yummy lobster rolls. Great job everyone!

(Photos: Erika Brown)



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# Puzzle

## CLUES ACROSS

1. A way to pick up
5. Presents
10. Type of guitar
14. Actor Idris
15. A citizen of Iran
16. Creative
17. Harness
18. Weight unit
19. You better call him
20. Utterly devoted
22. Male cat
23. Spiritual leader of a Jewish congregation
24. Risk-taker
27. A team's best pitcher
30. Cool!
31. Women's \_ movement
32. Georgia rockers
35. Step-shaped recess
37. The princess could detect its presence
38. Type of truck
39. Butterhead lettuces
40. Angry people see it
41. Lines where two fabrics are sewn together
42. Soviet city
43. Carpet
44. Traveled all over
45. Thin, straight bar
46. Body art (slang)
47. Congressman (abbr.)
48. No seats available
49. Breaks apart
52. Arabic name
55. Ballplayer's tool
56. Type of sword
60. Baseball team
61. Upper bract of grass floret

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21		22			23					
			24		25			26						
27	28	29		30				31			32	33	34	
35			36				37				38			
39					40				41					
42				43				44						
45				46				47			48			
			49				50				51			
52	53	54				55				56	57	58	59	
60					61			62		63				
64					65					66				
67					68					69				

63. Italian Seaport
64. Ancient Syrian city
65. Shoelace tube
66. The Miami mascot is one
67. South American nation
68. Popular video game "Max"
69. Body part

## CLUES DOWN

1. German courtesy title
2. Ancient Greek City

3. Ancient Hebrew calendar month
4. Long-legged frog family
5. Photo
6. Delivered a speech
7. Lute in classical Indian music
8. Decorated
9. Take a seat
10. Belonging to a bottom layer
11. Member of a Semitic people

12. Part of a ticket
13. Defunct Guinean money
21. Challenges
23. Popular BBQ food
25. Subway dweller
26. By way of
27. Shady garden alcove
28. Egyptian city
29. Partner to "flowed"
32. Widens
33. Old Eurasian wheat

# Sudoku

			4					
7				6	1			
9		3						
	6			1			2	3
			7					
1			8	3			7	6
8				7			6	
	1					5		
		2						9

Level: Advanced

Solutions on Page 11

34. Act incorrectly
36. European pipeline
37. Al Bundy's wife
38. Ocean
40. Root eaten as a vegetable
41. Sound units
43. Style of music
44. A way to drench
46. Hot beverage
47. A cotton fabric with a satiny finish
49. Rumanian city

50. Urge to action
51. Vaccine developer
52. Canadian law enforcers
53. Wings
54. "Perry Mason" actor Raymond
57. Small fry
58. \_ Clapton, musician
59. Take a chance
61. Bland food
62. Consumed

# Religious Notes

## Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, [www.CornerstoneNorthShore.org](http://www.CornerstoneNorthShore.org). If you have any special needs or concerns, please let us know! We're here to serve!

## Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:

**Sacred Heart Church** - Saturday Vigil Mass - Virtual Mass - on our Youtube as well as [www.mecatholic.org](http://www.mecatholic.org)  
Sunday Mass - 8:30 a.m.

## St. John the Baptist Church

- Saturday Vigil Mass - 5 p.m.  
Sunday Mass - 10 a.m.  
Please go to our website: [www.mecatholic.org](http://www.mecatholic.org) for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

## The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.  
Church services, with Father Christopher Kolentsas, are held each Sunday.  
Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

## First Parish Church Manchester-by-the-Sea

Our Sunday, summer worship time has begun, 9 a.m. through Labor Day.

Worship, Sunday August 13, at 9 a.m., 10 Central St and streamed on Facebook, FirstParishChurchManchesterMa. Worship Leader, Rev. Rick Chrisman, music led by Dr. Bonnie Anderson

## Friday Seaside Parish Kniters, 10 a.m. - 12 noon

August 14-18 from 4-7 p.m. Our Bible Experiences week, (otherwise known as VBS), with dinner served to participants ages 6-12, "Safe and Secure: Dressed In Armor". Each session will offer story, music, movement, art, mindfulness exercises, games and creative writing. Youth ages 14-16 may apply to attend as junior counselors and adult volunteers are needed. Pre-

Registration is required. Contact Jeanne at [jeanne.fpchurch@gmail.com](mailto:jeanne.fpchurch@gmail.com) for registration information.

## St. John's Episcopal Church (Beverly Farms)

Sunday Service Summer Hours 9 a.m. (1 service)  
Community Shop Summer Hours  
Thursdays & Saturdays 10 a.m. - 1 p.m.  
Summer Office Hours- Starting June 12  
Monday - Thursday 10 a.m. - 4 p.m.  
Friday 10 a.m. - 1 p.m.

## Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, [www.gloucesteruu.org](http://www.gloucesteruu.org),

for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional. Our church is handicap accessible. All are welcome.

## EMMANUEL CHURCH (Episcopal)

19 Masconomo Street  
Manchester, MA 01944  
(978) 526-0085  
[www.emmanuelmanchester.org](http://www.emmanuelmanchester.org)  
The Rev. Luther Zeigler (Minister)  
Ms. Priscilla Walter (Organist)  
During the summer, we offer services every Sunday at 8:15 a.m. (a quiet, spoken service) and 10 a.m. (a family-oriented service with music)

## Quaker Meeting

Quakers of the North

Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: [northshorequaker@gmail.com](mailto:northshorequaker@gmail.com). First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.



# CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester  
230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport



**Hamilton** - Beautifully updated Greek Revival home nestled in the historic district amid lush lawns and beautiful gardens. Perfect location. \$799,000 Ali Allmendinger 978-325-2702



**Ipswich** - Eceptional residence at Turner Hill with FIRST FLOOR main bedroom suite in move in condition! Formerly a Model unit, this home was constructed with the highest quality materials and many extras. This beautiful unit is freshly painted and ready for you! \$1,400,000 Philio Cushing 978-884-9904



**Wenham** - Spacious oversized home drenched in natural light with gleaming hardwood floors throughout! Offers privacy & an open floor plan. \$1,195,000 Tracey Hutchinson 978-473-9720



**Newbury** - New Custom Designed Modern Farmhouse! Exquisite home sits on a private, level 1 acre lot abutting farmland. \$1,895,000 Leshia Crestin 617-543-3104.



**Manchester** - Towering over Manchester Harbor, "HARBORHEAD" is perched majestically with stunning town and water views stretching from Manchester center, across the water to Peach's Point Marblehead. Fabulous New Construction is modern but Classic Colonial design. \$13,750,000 Karen Bernier 978-807-5580



**Boxford** - Spacious 3 bedroom home featuring modern amenities, and a serene backyard. Comfortable living space in a beautiful neighborhood. \$759,900 Tara Farley 978-267-7785



**Ipswich** - 2-3 bedroom townhouse located in the perfect downtown Ipswich location! Spacious and sunny rooms, this condo has a 3rd floor loft. \$499,000 Andrea Lacroix 508-561-1161



**Newbury** - Restored antique carefully blends old world charm with modern convenience. Park-like 1.64 acre parcel on the Newbury Upper Green. \$2,795,000 Karen Bernier 978-807-5580



**Gloucester** - The best water views from this west facing 2 bedroom townhome. Two levels of living with lovely open floor plan. \$849,000 Andrea Osbon 508-228-3733



**Boston** - Gorgeous 2 bed, 2 bath duplex with a tranquil private patio. This home is on a coveted dead-end street in the heart of the South End. \$1,274,900 Theresa DiPiro 617-275-6624

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# Is Dad's Memory Loss... Normal?



By Joanne MacInnis RN, Certified Dementia Practitioner

illness. Visit the CDC website for excellent information.

mentia is critically important. The medications used to delay the worsening of the condition work much more effectively if given early in the diagnosis.

how they cope with new surroundings. Generally, this dynamic of new stimulus is more challenging to function in, and the demand creates detectable dysfunction.

I have seen these medications work successfully, both professionally and personally, but as the disease progresses, the medications are often discontinued due to marginal usefulness. Seeking specialized care early in the process not only gives access to diagnostic screenings, leveling of the symptoms, and potentially medications that can be therapeutic, but it also develops relationships and networks of care to prepare for what is to come.

I caution against random online research. Much of the information is from non-vetted sources and can mislead and misinform. However, The Alzheimer's Association website (ALZ.org) is creatively informative in lay terms, making the data easier to digest. Educate yourself about the umbrella term "dementia" and the sub-categories of actual diagnoses. Understanding the function of the healthy brain will be profoundly helpful as you grapple with trying to learn about the dysfunction you are concerned about.

**What do I look for?**  
None of us want this to happen to ourselves... or anyone we know or love. How would WE react if we were struggling with daily functioning? My guess is that, like our elder friends, we might try to hide any deficit we had and become creative in explaining away the fallout from our cognitive struggle.

**Each individual and family's journey with dementia is unique.**

There are some similarities with changing behaviors that are relatively common across the population, but many factors contribute to how a diagnosis of dementia will play out. The temptation to not acknowledge the symptoms of dementia is understandable but terribly consequential. This progressive disease continues to wreak havoc and needs proper diagnosis and care. Becoming informed, taking an honest inventory, and getting professional specialized medical care are the best tools in your workshop.

**My advice: don't accept anything at face value.**

If the car keeps getting dents or flat tires...investigate. If a full refrigerator of food, a wallet full of cash, or a tank full of gas is now empty...investigate. Pay close attention to what seems "off." As you observe someone you suspect is struggling, see

**How do I tell what's "normal" from something more?**

Don't panic... Everyone loses their keys and their phone. We wrongly attribute "loss of memory" as the main symptom of a dementia diagnosis when executive function is impacted as much, or more, than memory. We all "word search" from time to time. Mostly, we find what we are looking for.

Changes in speech patterns, inability to express oneself successfully, repetition of thought or random words in conversation, decreased task completion, planning and organizing difficulty, and appearing highly disorganized are behaviors that should get your attention. Often, change comes on slowly, and it might be "so close to us that we don't see it." I regularly hear from families I work with that they had become so familiar with the cognitive changes in their loved one that it took a third party to call attention to what was clearly, a serious issue.

**Specialized Medical Care**

There are many medical conditions that can cause a decrease in cognitive function, which your medical team should thoroughly consider as part of an overall evaluation. Early diagnosis and intervention of any de-

**Dementia** is a term that refers to a group of diseases causing brain dysfunction. The four most common forms are (in order of prevalence): Alzheimer's Disease, Vascular Dementia, Lewy Body Dementia, and Frontotemporal Dementia. While these four types of dementia overlap in the symptoms caused by the diseases, they have their own individual causes, unique manifestations affecting brain and body function, trajectory for advancement, and specialized care needs.

**Perhaps one of life's most painful questions: "Is this normal?"**

While it is undoubtedly "within the norm" to have some minor memory loss as we age (although this issue has been hotly debated), our brain function is so nuanced that it can make "kitchen table" assessment a challenge. According to the Centers for Disease Control (cdc.gov), major factors that determine how the brain ages are: genetics, blood flow, neurotransmitters, hormones, and lifestyle. The healthy brain begins to reduce in size (atrophy) by a small percentage after age 40. Extensive research has been done on the aging brain, its function, and responses to biology that may be responsible for brain

## Solution to puzzles on page 10

H	E	A	R		P	O	S	E	S		B	A	S	S		
E	L	B	A		I	R	A	N	I		A	R	T	Y		
R	E	I	N		C	A	R	A	T		S	A	U	L		
R	A	B	I	D		T	O	M		R	A	B	B	I		
					D	A	R	E	D	E	V	I	L			
A	C	E			R	A	D			L	I	B		R	E	M
R	A	B	B	E	T			P	E	A		S	E	M	I	
B	I	B	B	S		R	E	D		S	E	A	M	S		
O	R	E	L			R	U	G		R	O	A	M	E	D	
R	O	D			T	A	T		S	E	N		S	R	O	
					S	E	P	A	R	A	T	E	S			
R	A	B	I	A		B	A	T		S	A	B	E	R		
C	L	U	B			P	A	L	E	A		B	A	R	I	
M	A	R	I			A	G	L	E	T		I	B	I	S	
P	E	R	U			P	A	Y	N	E		N	E	C	K	

6	2	1	4	9	8	7	3	5
7	8	5	3	6	1	2	4	9
9	4	3	2	5	7	6	1	8
4	6	7	5	1	9	8	2	3
2	3	8	7	4	6	9	5	1
1	5	9	8	3	2	4	7	6
8	9	4	1	7	5	3	6	2
3	1	6	9	2	4	5	8	7
5	7	2	6	8	3	1	9	4

## Senior Highlights

*There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500.*

### COA to the Malls

On Friday, August 11, the Manchester COA van will be going to the Peabody and Danvers Malls. Seniors can pick between the North Shore Mall or Liberty Tree Mall. The van will start picking up seniors around 10 a.m.

### Gourmet Gardens

On Wednesday, August 16, the Manchester COA is offering a trip to The Gourmet Gardens Restaurant in Danvers. Come and enjoy a wide selection of Asian dishes at a reasonable price. The van will start picking up seniors around 11 a.m. Return is expected by 1:30 p.m.

### Chamber Music Concert @ Beverly Senior Center

On Friday, August 18th, you are invited to see the Arpeggione Ensemble perform a chamber music concert at the Beverly Senior Center. Arpeggione presents a concert centered around themes of fishing, voyages, and the sea. The musicians of Arpeggione will perform orchestral and vocal works by Mendelssohn, Schubert, and Mahler to tell our seafaring story. Celebrated baritone David Kravitz joins Arpeggione to create a fascinating, humorous, and moving portrait of the rich maritime history of New England. The show starts at 11:30 am and is free of charge. Reservations are required

### Bear Skin Neck

On Friday, August 18, the Manchester COA is pleased to offer a trip to Bear Skin Neck. Take a stroll along the water in beautiful Rockport where you can check out the shops, look at the art, enjoy the view, or grab a snack at one of the many eating establishments. The van will start picking up seniors at 10:15 a.m. with a return around 2 p.m.

## PET OF THE WEEK



## Bringing You Good Luck

Hey there! Omen here! I am a cute newly two-month-old kitty looking for my forever home. I made my way to Cape Ann Animal Aid from a local rescue where they found me at a park. I am a bit shy and timid at first but with a little trust I will warm up to you nicely. I spend my days here

at the shelter playing with my roommate. I enjoy all kinds of toys and laying in my hammock. I hope I can find a family where they will acknowledge my shyness to hopefully bring out my goofy personality.

Fill out an application for me at <https://www.capeannanimalaid.org/adopt.html>

## IMMUNIZED WORD SEARCH

V A C A C U T E E S A E S I D P X C I C  
H F V I R U S E T A G U J N O C P B G T  
V R J M X J T C Z A N T I T O X I N E N  
A A D O S E U X G H C A T I A T Z X P S  
U F I C E Y H E X P O S U R E S F H C M M  
U F R C L T D X A F B M S Y G C Z J I F  
H N R E I T I R X O P A R E S P O N S E M Y  
E O M P T N O N U P A Z I F G Z Y A M G  
V I H L D C E I U M A N A L R I N X U R E  
U T A P U Z A Z U D M A F N M I G C N N E  
E C B D O B O B N C M V T H Y J J N I L L  
O E V U J V R R T B E I I F G O X E Z I  
B F T T J U C I D I N S V R I P O S Y E A F  
I N G E D P V X I E H O R I E P U V D R F  
O I I B X A A G V I R R P T R L L F O  
L C F G T A A I N O S E A L Z Y N E A P  
O X R E J S T X F T H N L D V U O S N B F  
G H D F R N R M J N O E L Y U O E X H V  
Y F G H A V O R O V T S G T H Y L J U Z  
M B O O S T E R Z A S S R Z D J F I H Y

Find the words hidden vertically, horizontally, diagonally, and backwards.

- |           |           |             |
|-----------|-----------|-------------|
| Acute     | Booster   | Inactivated |
| Adjuvant  | Conjugate | Infection   |
| Allergy   | Deltoid   | Needle      |
| Antigen   | Disease   | Response    |
| Antitoxin | Dose      | Shot        |
| Antiviral | Exposure  | Soreness    |
| Bacteria  | Immunity  | Vaccine     |
| Biology   | Immunize  | Virus       |

## LEGAL NOTICE



Town of Manchester-by-Sea  
**ZONING BOARD OF APPEALS**  
Town Hall, 10 Central Street,  
Manchester-by-Sea, MA 01944-1399

Application of **Brian Stein, BDS Design Inc. on behalf of Joseph & Elyse Campanelli**, for a Special Permit under Sections 10.1, 12.5, and 12.5.2 and a Variance under Section 12.4.6 of the Zoning By-Law, and or other relief as may be necessary to add additional levels to an existing split-level ranch in the flood zone. The main level needs to be raised by 1' to meet code. To increase the living space, the west side will be extended 2' and the side lot line will encroach by .1' further into the setback with the proposed deck encroach .4' further into the side setback. Located at **4 Butler Avenue**, Assessor's Map 1, Lot No. 33 in District B filed with Town Clerk on May 15, 2023. Site visit will be held at 2 Pulaski Drive on Tuesday, August 29, 2023, at 5:30 p.m. lasting 15 minutes. There will be no deliberations, however, the public is invited to attend.

Sarah Mellish, Chair, Zoning Board of Appeals

Posted to MNPA website:  
<http://masspublicnotices.org>

August 11, 2023 MC  
August 18, 2023 MC

### NOTICE OF PUBLIC HEARING

The Zoning Board of Appeals of the Town of Manchester-by-the-Sea will hold a Public Hearing on Wednesday, August 30, 2023, at 7:00 p.m.

**Location:** This is a Hybrid meeting. ZBA Board will meet in Room 5, Town Hall. Applicants, Presenters, and Public are welcome to join the Board in Room 5.

<https://us06web.zoom.us/j/86155937227?pwd=UWE2WE43M3RWQWp1WmtuOHVUY0VQV09>  
Meeting ID: 861 5593 7227  
Passcode: 402825

Dial in: 646.558.8656

**New Application**  
Application of **Peter Levasseur, on behalf of Lucy Noyes**, for a Special Permit under Sections 12.5.2, 4.2, 10.1, and 12.5 of the Zoning By-Law, and or other relief as may be necessary to renovate and construct an addition to the existing home adding 288 square feet of living space to the first and second floors at **2 Pulaski Drive**, Assessor's Map 41, Lot No. 41 in District D filed with the Town Clerk on July 17, 2023.  
Continued Application



**Manchester Animal Hospital**

Larry A. Lamb, DVM

66 Summer Street  
Manchester-By-The-Sea  
MA 01944

Office:  
978-526-9500

Urgent Care:  
978-500-6208



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**Hamilton** \$2,495,000  
Picture-perfect clapboard home on 3.94 acres. Fine craftsmanship, flexible, open-flow layout, stunning chef's kitchen, office, library, and main level master suite. Generator, 3-car garage.

George Needham



**Rockport** \$1,725,000  
Bring your updates to this custom Contemporary with vaulted ceilings, exceptional natural light, dramatic octagonal-shaped great room, 1st floor primary suite, office, 3-car heated garage.

Theresa Scatterday



**Essex** \$1,600,000  
Charm, character, marsh views and frontage! 1830 Federal-style B&B in Village has 7 en suite bedrooms, 6 fireplaces, 3rd level penthouse, 2 breakfast porches. 2 studio units in carriage house.

Ida Doane



**Wenham** \$1,249,000  
Well-maintained 4-bedroom, 2.5-bath Colonial abuts conservation land. Stunning kitchen, fireplaced living room, den, dreamy primary suite, huge deck, Ham-Wen Schools. Easy commuter access.

Brian Castonguay

Thinking of  
Buying or Selling  
YOUR Home -  
WE ARE HERE  
TO HELP!



**Groveland** \$1,200,000  
Sustainable. Elegant. Private. 3-bed, 3-bath Red Oak Timber Frame home on 6.66 acres that abuts 100+ acres of conservation land, offering "off the grid" lifestyle, but minutes to all things too!

Nicole Sargent



**Boxford** \$949,000  
Spacious 4-bedroom, 2.5-bath Contemporary on beautiful, private 6-acre lot. Open floor plan, large windows, well-appointed kitchen, fireplaced dining room, family room, 2 offices. Much more.

Emily McPherson



**Beverly** \$895,000  
Charming English Cottage has the craftsmanship of yesteryear, granite/stainless kitchen, gorgeous living room fireplace, 1st floor bedroom/den, 3-season porch. Beautiful yard. Near train, 128.

Ted Richard



**Rockport** \$539,000  
Adorable 2nd row "SEASIDE" seasonal cottage has 3 bedrooms, living room, kitchen, dining area, 1.5 baths, and outdoor shower. Ample parking and storage for beach chairs, umbrellas, beach toys.

Christine Grammas

1 Beach Street • Manchester-by-the-Sea, MA 01944 • 978.526.8555

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J Barrett & Company, LLC supports the principles of both the Fair Housing and the Equal Opportunity Acts.

# COLDWELL BANKER MANCHESTER-BY-THE-SEA



208 Southern Ave – Essex  
\$ 1,595,000

Joan McDonald & Scott Smith | Realtors  
Scott-617-750-2793  
Joan – 978-979-3190

Stunning 3 BR contemporary on almost 2 acres, equidistant between downtown Essex and Manchester. Amazing chefs kitchen, living room with sliders to covered patio



74 Cherry , Wenham  
\$4,250,000

Realtor | Lynda Surdam | (978) 764-7474

Sited on over 40 acres of private, rolling lush fields overlooking a majestic pond, this property is in pristine, move-in condition. 6 Bedrooms, 5 full baths 2 half baths, 7 fireplaces.



2 Saint Anthonys Ln. Gloucester  
\$1,199,000

Lynda Hemeon & Brianna Hemeon

Spacious raised ranch tucked away off the Back Shore in East Gloucester 3 Bedrooms , 3 Baths



6 Smith Ln, U6 Manchester  
\$1,075,000

Brian Rothe (978) 968-6272

Enjoy this beautiful, spacious, updated 4 BR, 2 BA home situated on a private lane.



109 Belcher St U B- Essex  
\$929,000

Mary Hickey (978) 500-4294

New Construction 3 BR,2BA 2,000-sq Town House

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