

MANCHESTER CRICKET

A Local Tradition Since 1888

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BRIEFLY

Fall, Fall Fun!
 There's a ton of great events happening locally right now. First, this weekend is the third annual "Magtoberfest," 11 a.m. to 5 p.m. Sunday, Oct. 8 when Magnolia's Lexington Ave. is shut down to vehicle traffic for beer gardens, food trucks, music and a local farmers market. Then, that same day, also starting at 11 a.m. in Manchester it's the Carboard Boat Regatta at the public boat launch behind Manchester Town Hall. Sunday also kicks off the weeklong Cape Ann Plein Air event, where 37 juried artists have been selected to come to this beautiful region to paint all around Rockport, Essex, Gloucester and Manchester. The event has a lot of fun programming all week (think demos, quick draws, and galas). Most are totally free, and these artists produce hundreds of paintings that will be sold at the group's finale gala at the new Glen T. MacLeod Cape Ann YMCA on Saturday, Oct. 14. More details on CAPA, Page 8. Finally, speaking of next week, many locals might remember the annual carnival in Manchester, which brought ferris wheels and fairway style games and fried dough booths to Masconomo Park. Well, it's back. Now called "HarvestFest at Masconomo Park," the carnival has been brought back to life by the ME Hornets Boosters' Emily McCavanagh who has partnered up with Manchester resident Tyler Pinstein. The weekend long event starts Friday, Oct. 20 and all proceeds benefit the Boosters. In a story on Page 3, we learn that carnivals have been baked into Manchester's history, with one of first carnivals taking place in 1891 to benefit—you guessed it—the local athletic association.

Manchester Cultural Council Grants Available for Local Projects

The Manchester Cultural Council has opened grant applications for diverse cultural projects to be funded by the Massachusetts Cultural Council in 2024. Based on community input, the Manchester Cultural Council gives priority to projects that foster community-wide participation (such as festivals and concerts); that support art education for children and nature, science, and environmental activities for all ages; and that celebrate local history and cultural diversity. Other priorities include projects that are accessible to all residents, take place in a local venue, and show local support. Application deadline is Oct. 17. Info at massculturalcouncil.org/local-Manchester/

View From Here: Steve Gang

This week on **Page 9**, Steve Gang, chair of the recently dissolved Water Resources Protection Task Force chair writes this week that the issue of Manchester's water supply is deeper than you think.



The public garden beds that line the Boulevard in Gloucester were the brainchild of the Generous Gardeners community organization whose mission—like Miss Rumphius—is to make the world a more beautiful place one flower at a time. Here on Tuesday afternoon, the Dahlias were in full splendor. On October 14 at 10 a.m., Generous Gardeners will host a sale of cut Dahlias on the tennis courts at Stage Fort Park, with proceeds benefiting the nonprofit's work for next year.

MERSD FY25 Budget Kickoff, Affordable Housing Trust RFQ Response

By Erika Brown

Town Hall Notebook

In recent weeks, two meetings took place that promise big impacts for Manchester and Essex. First off, the **ME Regional School District** kicked off its FY2025 (yes, you read that right) budgeting early in hopes engaging boards and the public early, they can avoid last year's troubles. The district is in a breathing room period right now. Straw man budgets typically begin to gel in November and December, and sharpened pencils start coming out in January. Finance Committees and Select Boards in both towns meet quarterly, but that

didn't stop a surprise last spring when Essex failed to support a Prop. 2½ override to fund its share of this year's district budget. In the end, a compromise was struck and district used reserves funds meant for capital emergencies to plug the operations funding gap. For its part, MERSD was just ranked #2 in *Boston Magazine's* 2024 annual ranking of top performing public high schools in the region. It's the best performance ever by MERSD in the magazine's list of best schools. (FYI, Weston was #1, Dover-Sherborn was #3, Wayland was #4, and Acton-

Boxborough was #5). So, three weeks ago, the Select Boards and Finance Committees from Essex and Manchester got together with the School Committee to talk prospects and challenges. **Manchester Town Administrator Greg Federspiel** said Manchester enjoys a relatively strong financial position currently, but warned that significant challenges lie ahead, especially regarding the need to reinvest in critical infrastructure and facility needs. Earlier this summer the MBTS FinCom explored and then backed off of cutting town reserves by about

66% because it wanted to count Manchester's contribution to the school district reserve funds as "savings." That logic didn't fly with auditors, but it's expected MBTS will nevertheless cut reserves by a third, from just over 15% of annual revenues to about 10%. So where is everyone? Well, the boards in Essex told the school committee members and their counterparts in Manchester that the unpredictable and dramatic swings in its share of the annual district budget are unsustainable to manage. "Everyone on the Finance Committee strongly values education and the importance of having a strong public school system. This is a key asset," said **Essex FinCom Chair Benjamin Buttrick**. "There was also strong agreement on the importance of transparency, and there were specific ideas on how to achieve greater transparency ... There was also acknowledgement that the override campaign last spring

was extremely divisive for the town. There seems to be little appetite to try for another override again this year." His words were greeted with resolute words from Manchester's FinCom. Despite the spikes to Essex's apportionment, Manchester still pays more per student, said **MBTS FinCom Chair Sarah Mellish**. And that's what counts. "We do not support adjusting the apportionment formula or freezing the apportionment percentage for a specified time period," said Mellish. For its part the Manchester Select Board said it will look to school district fundamentals to find opportunities to increase both efficiency and performance. "Does the district work to improve its offerings, phasing out less effective programs and imagining new ways to improve the outcome for all students," asked **MBTS Select Board Chair Ann Harrison**.

...(Continued on page 2)

Carpenter & MacNeille Wins Bulfinch Architecture Award



(Courtesy photo)

Essex-based **Carpenter & MacNeille Architects and Builders** received a 2023 Bulfinch Award in the Residential (Restoration, Renovation, or Addition) category for the firm's project, "Gentleman's Farm."

Presented by the Institute of Classical Architecture & Art (ICAA), the Bulfinch Award is one of the highest achievements in classical and traditional architectural design. Company founder and long-time Manchester resident **Rob MacNeille**

states, "We are delighted to receive the award and grateful to the New England ICAA for this significant recognition." C&M is based in Essex with additional offices in Winchester and Wellesley. Congratulations.

Weekly Weather Chart

Saturday 7 Oct		65°	62°
Sunday 8 Oct		62°	52°
Monday 9 Oct		57°	46°
Tuesday 10 Oct		62°	51°
Wednesday 11 Oct		56°	52°
Thursday 12 Oct		53°	49°
Friday 13 Oct		55°	47°

Weather data pulled Wednesday and is subject to change.

Gavel to Gavel
 This Week's Town Meetings

<p>Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.</p>	<p>MERSD No School Columbus/Indigenous Peoples' Day October 9</p> <p>Essex ConCom Tuesday, October 10 7:15 p.m.</p>
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On Friday a very well-attended reception was held for retiring Manchester head librarian, Sara Collins, on the library lawn. Here, Sara Collins and Tom Kehoe at the event. More on Page 9. (Photo Paul Clark)

Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

Janice Ann (Milner) Redding



Janice Ann (Milner) Redding, 75, entered into rest on August 14th, 2023, at The Kaplan Family Hospice House,

in Danvers MA, after a long and courageous battle with breast cancer.

Born in Beverly Hospital, she was the daughter of the late John A. "Red" Milner and Doris R. (Cragg) Milner. Janice graduated from Manchester High School with the class of 1966 and notably was Peach of the Beach at her beloved Singing Beach in town.

After living in Manchester-By-The-Sea (MBTS) during her early years, she later moved to N.H. where she started a family with C. Gary Redding (deceased 2008) and raised her son Craig. In 2012 she moved back to her hometown, as she always

hoped she would, to be closer to her mother Doris.

Janice loved her family dearly and always looked forward to the holidays and family functions. She was a dedicated fan of her Grandchildren's many sporting events. She loved hiking and being outdoors, but especially spending time on Singing Beach. She also truly enjoyed her "family by choice", such as her long time "Townie" friends and her N.H. "Whister" sisters.

Members of Janice's family include her son, Craig G. Redding. Grandsons, Calvin & Owen Redding. And Sabrina Redding, all of Maine. A

brother, Peter C. Milner and his wife Cheryl, of FL. Nieces, Jennifer Nelson and her wife Patty, and Sarah Basil. A nephew, John Milner and his children William and Quinn. A sister-in-law, Joan Daley. And a predeceased partner of 22 years, Ronald R. Szarek of Bedford, N.H. who died in 2005. And lots of cousins across the U.S.

A private interment will be held at Pleasant Grove Cemetery in MBTS.

A celebration of life will be held on October 21, 2023 from 1-5 pm at the American Legion, Amaral Bailey Post 113 in MBTS, where Janice was an Auxiliary Member.

MANCHESTER POLICE NOTES

SUNDAY, SEPTEMBER 24
9:50 a.m. Beach St., directed patrol, assisted as needed.
11:59 a.m. Pine St., motor vehicle stop, written warning.
3:39 p.m. Beach St., fire alarm, fire false.
10:00 p.m. Route 128SB, disabled motor vehicle, report to follow.

MONDAY, SEPTEMBER 25
9:59 a.m. Summer St., selective enforcement, no action taken.
11:33 a.m. School St., animal complaint, notification made.
3:12 p.m. School St., suspicious activity, secured/checked.
8:38 p.m. Bridge St., selective enforcement, secured/checked.

TUESDAY, SEPTEMBER 26
9:01 a.m. School St., selec-

tive enforcement, secured/checked.
12:26 p.m. Ar-bella St., parking complaint, parking enforcement.
6:22 p.m. Summer St., motor vehicle stop, citation issued.
11:50 p.m. Smiths Point Rd., alarm, secured/checked.

WEDNESDAY, SEPTEMBER 27
12:24 a.m. The Plains St., directed patrol, secured/checked.
1:02 p.m. Parsons Lane, motor vehicle stop, verbal warning.
2:53 p.m. Lincoln St., motor vehicle stop, written warning.
7:31 p.m. Pine St., disabled motor vehicle, assisted as needed.

THURSDAY, SEPTEMBER



28
4:10 a.m. Norwood Ave., disturbance, no action taken.
1:50 p.m. Central St., citizen assist, spoken to.
4:00 p.m. Bennett St., animal complaint, notification made.
8:36 p.m. Bennett St., suspicious activity, gone on arrival.

FRIDAY, SEPTEMBER 29
1:39 a.m. School St., directed patrol, secured/checked.
10:41 a.m. The Plains, fire other, assisted as needed.
2:20 p.m. Lincoln St., selective enforcement, secured/checked.
10:21 p.m. Lincoln St., alarm, cleared, false alarm.

SATURDAY, SEPTEMBER 30
12:56 a.m. Beach St., welfare check, spoken to.
1:55 p.m. Bridge St., alarm, secured/checked.
3:16 p.m. Route 128NB, motor vehicle accident, no personal injury, assisted as needed.
10:46 p.m. Pine St., motor vehicle stop, written warning.

...(Continued from page 1)

Harrison said the SB supports district budget cuts if they retain quality, use of reserves only as a short-term fix, support of overrides to maintain quality, and that Manchester had "no interest" in changing the apportionment formula of the towns.

Harrison's comments teased a "zero-based budgeting" concept recommended three years ago by the Essex FinCom and then-Essex BOS member Guy Bradford, where the district would start the budgeting year with a blank slate rather than a "net plus," approach used by the district which focuses on the goal of staying within a 3.5% annual increase.

Whatever the direction, every group agreed to two things. First, transparency is wanted by all. Second, the idea of a third-party consultant to help navigate the process was also seen as a good idea.

Onto the Manchester Affordable Housing Trust (MAHT) and Manchester Housing Authority (MHA), which after years of false starts, met two weeks ago with a potential non-profit community housing developer who responded to a July Request for Qualifications (RFQ) to rehabilitate and expand Manchester's three public housing properties—The Plains, Loading Place Road, and Newport Park.

The firm is Preservation of Affordable Housing (POAH) a Boston-based developer,

owner and operator of nearly 13,000 affordable homes in 11 states and the Washington, DC. On its face, the potential fit is perfect. POAH specializes in the preservation of existing affordable housing that is at risk of being lost due to market pressures or physical deterioration.

The MAHT/MHA has twice advertised requests for proposals seeking developers and, in 2022 it even placed a non-binding referendum at a Fall Town Meeting to demonstrate public support its conceptual plan to renovate 84 units and add 90 more units to the town's housing rolls across the three properties and a fourth as-yet-undetermined parcel of developable land. Yet no developer responded, and in July MAHT/MHA tried a new tack of releasing an RFQ, which is more collaborative in its approach.

MAHT Chair John Feuerbach invited the Citizens for Manchester Affordable

Housing (CIMA) into the process and Denny Hall, a board member for CIMA, attended the meeting with POAH.

Even at this early stage, two big issues presented themselves: Pleasant Street property and Newport Park. Steve Gang of the Manchester Open Space Committee spoke to formally present a land swap recommended to the Planning Board by Open Space Committee's Helen Bethell.

The current plan for Newport Park would add approximately 25 units on lands behind the senior housing property. Bethell's letter lobbied to permanently conserve the land behind Newport Park.

Gang said the town may be able to carve out an equally sized plot of town land along Pine Street just south of Newport Park's entrance,

which would be a more appropriate alternative for the 25 new units.

Feuerbach said they would explore the idea.

Then the issue of a needed fourth site was discussed at length. Originally, the MAHT/MHA concept included a critical fourth parcel of land on Pleasant Street that is currently the DPW garage facility that would site approximately 30 market-rate townhouses. That land is critical to make the whole financial formula work. But it was taken off the table, even after the non-binding referendum vote supporting the plan at Town Meeting. Now it's in the Manchester Facilities Plan as the ideal site for a new headquarters for Police and Fire Departments.

The MAHT and MHA will meeting later this month.

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CLASSIFIEDS

First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to classifieds@cricketpress.com or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

YARD SALE
AWESOME "YAD" YARD SALE—SATURDAY SEPT. 30, 8AM TO 12 NOON—1 Tanglewood Road, Manchester-by-the-Sea. Automotive gear, music gear, recording equipment, vintage cameras, handbags, coins, picture frames, household items & more. 9/22

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Open Forum Scheduled for Oct 16

By Gregory T. Federspiel

In the hour before their next regular meeting, the Select Board will host an Open Forum, affording an opportunity for residents to ask questions about town-related matters. The forum will start at 5:30 p.m. on Monday October 16 and participants can either attend in person in Room 5 of Town Hall or via Zoom for the hour-long session.

There is no specific agenda for the forum - the time is dedicated to answering questions residents may have about town operations, projects, and studies underway, or future plans. The Select Board anticipates hosting these open forums periodically throughout the year as another tool in enhancing communications between residents and Town government. This builds on other recent outreach efforts that have included Select Board members having an information booth at various town events (Festival By the Sea for example) and topic specific forums (e.g.: the three concerning the Rotunda.)

Communication tends to be one of those insatiable areas. Regardless of the amount of information that is provided there is always an appetite for more! This seems especially true in our digital world where information (and misinformation) is an easy click away on your cell phone. People have high expectations of being able to access up to date information at any time of day. And about misinformation - a lot of time can be spent dispelling rumors which spread all too quickly over social media.

The Town has put considerable resources into making information available to resi-



dents. When I first started my municipal career, no community had a website. Today, websites are often the first place residents go to for information. This has expanded to include social media pages/posts, a weekly e-newsletter, "The Tide", and a quarterly newsletter mailed to all residents. Residents can sign up to receive announcements directly to their email inbox and these messages can be tailored to your specific interests. Most every board and committee meet with a Zoom option with posted recordings available soon afterwards. This weekly article provides another communication tool and I am grateful to The Cricket for providing the space for it.

We created a new Communications Coordinator position a few years ago to help manage all these efforts. Resident Tiffany Marletta has served us very well in this role responding almost on a 24/7 basis to communication needs. (Getting the word out on a water break knows no standard 9-5 work time!)

In her role as town "webmaster", Tiffany is orchestrating a refresh of the Town's website. In addition to giving the web site a fresh look, new protocols for keeping the pages up to date and getting rid of

obsolete materials are being implemented. Many departments, boards and committees rely on Tiffany's skills in keeping their pages current.

Special communication efforts fall under the responsibility of our Communications Coordinator as well. COVID became nearly a full-time job keeping residents abreast of the pandemic and the evolving guidance that the health professionals provided. Now the MBTA zoning process is front and center which it will be for at least the next 7+ months if not longer. Work is also underway for on-board trainings and how to best coordinate the work of different boards and commissions. Of course, all the while there is a steady stream of decisions to communicate and unexpected incidents to respond to.

A recent workshop for municipalities presenting best practices in community-wide communications affirmed the many strong efforts we already have in place. Is there room for improvement? Of course, and there likely always will be in what is an area of rapid changes and high expectations. Let us know what improvements you might suggest. In fact, attend the Open Forum on the 16th and tell us directly!



BOARD UPDATES

Town Hall Closed: Town Hall will be closed on Monday, October 9 in observance of Columbus Day/Indigenous People Day. All trash, recycling, and Compost Collection will be delayed by one day.

Planning Board Meeting: The Planning Board will meet on Tuesday, October 10 at 6:30 p.m. Meeting details will be posted on the Town website.

Fire Department Open House: Join firefighters at this free community event on Thursday, October 12 from 4:30 to 8 p.m. at the Fire House. Enjoy chili, hot dogs, fire house tours, and safety demos. Fun for all ages!

MBTA Task Force Meeting: The next MBTA Task Force

meeting will be on Thursday, October 12 at 6:30 p.m. Meeting details will be posted on the Town website.

MBTA Zoning Community Forum: Join the MBTA Zoning Task Force for an in person public forum on the Town Common to discuss the new MBTA Zoning law and how it applies to Manchester. Light refreshments will be served. Saturday, October 14 at 10 a.m. on the Town Common. Rain location TBA.

DPW Hydrant Flushing: Hydrant flushing is underway. Flushing will continue through November 15 and will take place Monday through Wednesdays from 7 to 11 p.m. If you experience discolored water, run a cold tap until clear.

2024 Chowder House Rentals: Reservations for

the Chowder House will open on October 19 at 5 p.m. at Town Hall for residents only. The Parks and Recreation department will hold a lottery at this time for present attendees to determine the order of reservation.

Transfer Station Hours: The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m. to 3 p.m.

Trash, recycling, and compost collection: Delayed Schedule. Please place curbside by 7 a.m. on day of collection. Follow Us on Facebook, Instagram, and X (formerly Twitter) @townofmbts and visit the Town website Manchester.ma.us to stay informed.

Carnival is Back with HarvestFest Manchester

By Erika Brown

Oh the carnival is coming back to Manchester. And it's a great idea. Benefitting the ME Hornets Athletic Boosters, the "HarvestFest" carnival at Masconomo Park, scheduled for October 20-22, will bring all the fairway fun, including a ferris wheel, fairway games, food, and local fun.

Many locals remember Manchester's Carnival at Masconomo Park and they've wished for its return. Last year, Emily McCavanagh, who heads up the Boosters, was approached by Tyler Pinstein, a Manchester native who wanted to partner to bring the annual carnival back.

For those who aren't aware, carnivals have been baked into Manchester's ethos from way back in its history. In fact, in 1890s, the *Cricket* ran an alert for the community's first carnival, which combined coastal "illuminations" (early fireworks and coastal fires) with the beauty of the sea.

Incredibly, the event benefited—you guessed it!—the local athletic association:

"The seaside athletic association, who are ever alert to keeping the ball moving in Manchester, have now under consideration to the matter of a harbor illumination ... will gladly take hold and help make the carnival a success. It deserves to be, both by financial aid, and a gen-

erous illumination of their residences and grounds. ... We trust the projections of the scheme will meet with all of the encouragement necessary to make the carnival a success, for everything of this kind helps wonderfully to make good impressions upon the minds of summer visitors, as well as affording a very pleasant sight to our own people, and a strong indication that Manchester is alive to the times." (*Manchester Cricket*, July 25, 1891).

McCavanagh and Pinstein have been working for nearly a year to bring back the carnival, which faded from the municipal calendar over a decade ago.

The pair organized the vendors and sponsors, and set the date to take advantage of a gap in the Manchester calendar. They wanted their event to be after Festival by the Sea (August) and Cape Ann Plein Air (early October) but before the Holiday Stroll. Perfect. And it's about getting everyone together for just one obligation: fun. And it's raising money for just one central cause that families can rally around: local athletics.

"The truth is when you pull together an event of this size there is no way to do it alone," said Emily McCavanagh of the Boosters. "There are people in our neighborhood who deserve to be honored and celebrated not just for the help they have provided for this carnival but for

the carnivals of the past." McCavanagh has received help from a list of locals who remember the carnival and stepped in to do what they could.

Craig "Cracker" McCoy reached out to say he had been involved with the carnival and was eager to share the history. In his 80s, McCoy even offered to volunteer. Margaret "Muffin" Driscoll forwarded old *Cricket* articles that highlighted carnivals of the past. Also, as a former ME Athletic Boosters member who helped run many past carnivals, Driscoll offered to share information. Ed Conway shared ideas of what worked and more importantly what did not.

Others shared pictures, offered stories, and volunteered to sell tickets for this new carnival team.

Even Robert Booth of the Manchester Historical Museum offered to haul the museum's restored Singing Beach Bath House to the carnival grounds as a show of Manchester's past.

"Yes, it's a fundraiser for ME Athletic Boosters, but it's also a chance to showcase the rich arts and entertainment scene in our school system and community," said McCavanagh.

HarvestFest Carnival at Masconomo Park: Oct 20-22: Friday- 4-9 p.m., Saturday-12-9 p.m., Sunday-12-5 p.m. Tickets can be purchased on-site and through the Boosters.

WHAT WAS HAPPENING

90 YEARS AGO - 1933
Summer Street just beyond the bridge seems to be a hoodoo spot for motorists as the second accident within a few days took place there last Saturday about 7:30 a.m. and was very similar to the first one.

Superintendent of Streets Ernest Dechene has made a wonderful improvement at the sharp turn in the road at the Cove opposite the school house lot by cutting down the bank, moving the stone wall and widening the roadway thereby lessening the liability of accidents at this point.

75 YEARS AGO - 1948
The apartment of William Cawthorne, upstairs over a two-car garage on Pine Street, was badly gutted Sunday afternoon and he sustained second degree burns of the hands and face, when a fire broke out in his home, the result of a pot of wax boiling over.

It was with deep regret that the Finance Committee accepted on Wednesday evening the resignation of Edward F. Height, who has served that committee for about 25 years.

60 YEARS AGO - 1963
Fire Chief Richard A. Hammond has announced the appointment of Bruce A. Macdonald as a permanent firefighter, effective October 1. MacDonald will fill the vacancy caused by the retirement of Philip H. Parsons. Dedication of the Catherine E. Neary Memorial Library will be held Wednesday, October 9, from 3-5:30 p.m. Refreshments will be served in the cafeteria by members of the Parent-Teacher Association.

45 YEARS AGO - 1978
The Manchester Hornets chalked up their third victory of the season on Saturday beating the Bristol-Plymouth Craftsman 33-14. Manchester's running back, Derek Coons, was the sensation of the afternoon. Derek ran the ball 239 yards in 17 carries, scored three touchdowns, and two conversions.

Mrs. Margaret Wilmot's class welcomes two new guinea pigs to the class born last Sunday. If children would like to have one or more of our guinea pig families to stay for the weekend, parents can write a note expressing this wish and come to school Friday afternoon to

collect them.

30 YEARS AGO - 1993
Secretary of Communities and Development Mary Padula announced a \$500,000 grant for the construction of affordable housing on Standpipe Hill, located on Pine Street adjacent to the Town's standpipe. The amount of the grant is the largest grant offered by the Federal HOME program in this round of funding. The Manchester Freshman Field Hockey is off to a superb start this season. The first game resulted in a 1-1 tie against Newburyport. Ashley Burbine got the loan goal for Manchester.

15 YEARS AGO - 2008
The wind gods provided just enough breeze to keep the boats moving around the race course in Manchester Yacht Club's Fall Series races held on Sunday, September 21. Thirty-four sailboats from around Massachusetts Bay participated in the two-race event. This year's Manchester Art Gala will take place on the weekend of October 18th and 19th. This year's Gala theme is "Scenes of Cape Ann". Resident Manchester artists are invited to enter their artwork.

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
6 Fri	5:28	8.2	5:36	9.1	11:28	1.9			6:44	6:18
7 Sat	6:29	7.9	6:38	8.7	12:19	1.4	12:24	2.3	6:45	6:16
8 Sun	7:31	7.8	7:42	8.6	1:18	1.6	1:22	2.4	6:46	6:14
9 Mon	8:29	7.9	8:42	8.6	2:16	1.7	2:21	2.3	6:47	6:12
10 Tue	9:21	8.2	9:36	8.8	3:09	1.6	3:15	2.0	6:48	6:11
11 Wed	10:07	8.6	10:23	9.0	3:55	1.4	4:06	1.6	6:50	6:09
12 Thu	10:48	8.9	11:06	9.2	4:38	1.2	4:53	1.2	6:51	6:07



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The Cricket publishes every letter it receives. However, letters should be original (no reprints), no more than 400 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. Letters may be edited for clarity and accuracy. We have a "one letter, one person, one topic" policy, so please do not send multiple letters on a single issue. We do not publish press releases, anonymous letters, those judged to be libelous or an invasion of privacy. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. **Please send submissions to letters@cricketpress.com.**

Manchester Faces Critical Questions in Considering MBTA Multi-Family Zoning

To the Editor,

Here are some questions our Town needs better answers to regarding the new MBTA Zoning Law which requires our small town to have 37 acres (approximately 18 of these acres must be within a half mile of the train station) of By Right development (meaning no notice to abutters, no appeal rights by residents to State Courts). Moreover, the State will not allow any burdensome restrictions on this type of multifamily zoning. There must be a minimum gross density of 15 units per acre, so 555 residential units (which is about one quarter of Manchester's existing housing stock). Each of these zones must be five contiguous acres. There is no affordable housing requirement. (However, Guidelines permit up to 10% affordable and more if a case can be made.) The MBTA housing must not have any age restrictions and is not controlled in terms of the number of bedrooms to be included in the units.

1. What is the effect (both monetarily and on the quality of life) of a possible build out of the 555 potential new housing units in our small town? The MBTA law states we must have multifamily by right zoning, and we are not required to build anything. However, at the September 25th MBTA Task Force Zoning Subcommittee, member Denny Hall noted in words to this effect that it would be advantageous for developers to buy an existing home for

about \$800,000, demolish it and build 15 condos selling for \$1.6 million each.

It is naive to think we are just going to have new zoning laws on the books to satisfy the State and no new development, and that our many historic homes that are within a half mile of the train station aren't at risk of being demolished since right now we have no protection. Even a demolition delay bylaw will not fully protect historically significant structures.

2. What happens to our schools, fire, police, ambulance, roads, water, sewer, traffic, parking with this potential new development? This needs to be evaluated similarly to our due diligence impact studies previously done on the SLV 40B. The MBTA Task Force heard from Mr. Federspiel on possible loss of future grant money, but this is only one side of the picture. A cost/benefit analysis needs to be done, weighing loss of potential grant money against potential cost of services, increase in population, and an impact on quality of life.

In the September 29th Cricket, Mr. Federspiel writes of the town's "need for infrastructure improvements.... Identifying some \$100 million in new facility needs over the next ten-fifteen years." What happens to our infrastructure if many new homes with many new residents created by the new MBTA zoning is added to this scenario?

3. How do we protect our historic homes that are within a half mile of the train station from the risk of demolition thereby changing the character and charm of our small town? Our current zon-

ing allows for by right multifamily housing in the General District. However, our current zoning requirement of five parking spaces for a three-family home makes it more difficult for developers to buy a home/demolish/build multiple units. Will the Town be able to put this same parking restriction on any MBTA housing as the state will not allow any onerous restrictions on the new MBTA zoning.

4. What will happen if we just say NO? Does the cost to our Town outweigh any grant monies? The Attorney General has stated that failure to obey the law will lead to consequences beyond the loss of grant money. What will the State do if many towns band together and just say NO! Is our Town in contact with other towns to discuss this?

I love the quaint charm and beauty of Manchester. I love that you can still see children on their bikes unaccompanied by an adult, pedestrians, and cyclists travelling safely in town. I am concerned for the potential of this MBTA zoning to dramatically alter our town with traffic, congestion and the replacement of our homes and downtown businesses with multi-level modern apartment buildings and parking garages. Please stay informed, let our town officials know what you think, and attend future Town Meetings.

Liz Colbert
Manchester

MECT's Fall Hikes Are Off to a Good Start

Manchester Essex Conservation Trust is celebrating 60 years of forests and wetlands in Manchester-by-the-Sea and Essex, and we couldn't be prouder of how much our protected land has grown! As your hyper-local conservation trust, serving only these two communities, we strive to conserve these natural spaces for you to seek tranquility, connection, invigoration, and wonder; we're always looking for new ways to deepen our appreciation for these special places.

Last weekend we kicked off our Fall Hike Series with an ambitious five-mile trek, and we're ready for more! Every weekend until mid-November we'll be offering a different opportunity to get out in nature and enjoy the season. Want to go leaf peeping? There's a hike for that! Want to hear some local his-

tory? We've got that covered too, dedicate our Founders Boardwalk with us and hear about the founders of MECT and their vision to conserve wild spaces! Interested in learning about cryptogams (plants that reproduce without flowers or seeds!)? Bring your magnifying glass because we've got two hikes that encourage you to stop to observe and appreciate the mosses, lichens and liverworts. Do you know how to use a compass? Our local Boy Scouts do, and they want to teach you orienteering! Want to learn more about Shingle Place Hill and why it's so important for our local ecosystem? This weekend's hike, from the White Cedars to the Cathedral Pines, will be covering that!

A lot of our hikes will be hitting our 60 Places, our curated list of favorites by our trustees in celebration of our 60th anniversary. We've loved hearing your comments about your explorations through MECT's 60 years, and we hope you'll join us for more.

Check out our upcoming hikes and register online so we know who's coming and can communicate any directions or changes. Contact us at conserve@mect.org to learn more about the latest concerning Shingle Place Hill or to walk the trails with us. Remember, hunting is in season, be sure to wear blaze orange when you're out there exploring; be safe, be seen.

We can't wait to see you on the trails!

Patrice Murphy
Manchester Essex Conservation Trust

It's Taken a Village to Bring the Manchester Carnival Back

Our first social media post went out on Tuesday, July 11 around 9 a.m. requesting sponsorships for the upcoming carnival.

By 9:15 a.m., Skip Crocker from Crocker's Boatyard had sent us an email requesting the title sponsorship. By the end of the week, we had all our HarvestFest community sponsorships secured: Style Snoop, Kelly, Cape Ann Savings, Egan Law Firm, Carvalho & Associates, Gibson Sotheby's International Real Estate, Lily Bug Creations, Bravo, Jungle, Tuck's Candy Factory and Summer Stone Shop. Others followed to support our First Annual Pumpkin Toss: Demeo LLP Counselors at Law & Pediat-

ric Associates.

The responses were all very similar but the most common theme, "Thank you for bringing the carnival back." This event is special, it has meaning for old and young, past, and present residents. It serves as a meaningful reminder that community does exist in Manchester by-the-Sea. Opportunities are everywhere we just have to get involved.

The good news is that community members and organizations are getting involved and we want to make sure those who have helped behind the scenes get their shout outs. The truth is when you pull together an event of this size there is no way to do it alone. There are people in our neighborhood who deserve to be honored and celebrated not just for the help they have provided for this carnival but for the carnivals of the past.

When I first shared the news about the carnival returning to MBTS I received a beautiful note of encouragement from Craige "Cracker" McCoy. Cracker and his family had been involved with the carnival coming to town from the beginning. He was eager to share the history, and even as a man in his 80s, he offered to volunteer.

A follow up note in my inbox from Muffin Driscoll included old Cricket articles that highlighted carnivals of the past. Muffin, who served on the ME Athletic Boosters for many years and ran many of our past carnivals, made herself available for many Q & A sessions. Ed Conway shared ideas of what worked and more importantly what did not.

So many people shared pictures, offered stories, volunteered to sell tickets, as they had done years ago. All of this, to ensure the history and nostalgia of the carnival could be preserved and provided for future generations. The historical society even offered to get involved and will be onsite at the carnival throughout the weekend to remind us all why MBTS is so special.

It was important to us that community be represented throughout this event. Yes, it's a fundraiser for ME Athletic Boosters, but it's also a chance to showcase the rich arts and entertainment scene in our school system and community. A poster contest led us to Juan Carlos Morales, a resident of MBTS, graduate of Mass College of Art & Design and founder of Fabrika

Studio. JC's design was chosen as the winning look for our commemorative poster. Additionally, JC and his team at Fabrika have volunteered their expertise to help create a consistent look and feel throughout all the carnival collateral.

Our beloved bandstand will come to life with the help and support of Friends of Manchester/Essex Performing Arts. Local entertainers throughout Cape Ann will be joining us throughout the weekend to share their musical gifts and talents including, but not limited to one of our beloved ME alumni Charlie Weld, who is currently attending Berkley School of Music and returning to perform on Saturday, October 21 sometime between 12 and 3 p.m.

Save some time on Sunday afternoon to join the ME students from chorus and Soundworks as they share their gifts and help us close out the carnival experience.

And what's a carnival without decorations? Thanks to our friends at Utopia Farms the HarvestFest portion of the carnival is coming to life and has led us to other connections throughout the community including hay bales from Megan Donovan with pick-up and delivery provided by John Filias of Jeffery's Creek and flowers galore from Dave Kressy.

Sometimes while planning this year's HarvestFest/Carnival it can feel like we are on the movie set of it's a wonderful Life, its community working together towards a common goal. It's awesome.

Now it's your turn as members of this community to do your part. The easy, fun part. First, "Save the Date" of October 20-22. Then, purchase tickets onsite at the carnival through the self-service kiosks & buy a commemorative poster sold directly through Boosters for \$10, with all proceeds benefiting our organization. Interested in purchasing a poster? Email us at emilymccavanagh@yahoo.com. Finally, spread the word with friends and family in and outside of Manchester to come to Masconomo Park for the carnival and support the local vendors at the event!

Emily McCavanaugh and Tyler Pinstein
Organizers, 2023 Manchester HarvestFest & Carnival

LIBRARY NEWS



Interpreting Chinese art.
Courtesy Photo

Fall Hours

The library is now open on Saturdays from 10 a.m. - 4 p.m.

Art Across Asia: Hidden Meanings in Chinese Art (Virtual)

Sunday, October 8 from 2:30-4 p.m. Join Linda Lei for bats, gourds, peaches, ribbons, and monkeys on horses. Join us as we decipher hidden meanings of prosperity, health, and happiness found in traditional Chinese art.

Historical Fiction Author Denny S. Bryce (Virtual)

Tuesday, October 10 from 7-8 p.m. Denny's new book, "The Other Princess: A Novel

of Queen Victoria's God-daughter" is out and we cannot wait to talk about it. The book is a stunning portrait of an African princess raised in Queen Victoria's court and adapting to life in Victorian England, based on the real-life story of a recently discovered historical figure, Sarah Forbes Bonetta.

Diversity Matters Book Group

Tuesday, October 17 from 5:30-6:30 p.m. We will be discussing James Baldwin's "Notes of a Native Son".

Library's Free Public WiFi

MBTS Library's WiFi is now encrypted, offering extra security for our community and guests. Log on from inside the building or from the

front garden by connecting to MBTSLibraryWiFi using password library1887.

Mindfulness Meditation

Every Tuesday from 11 a.m.-12 noon at the Community Center with Alida Bryant. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change venues.

Tai Chi

Wednesdays from 9:45-10:45 a.m. When the weather is good the class will be held on the library's front side lawn, if the weather is inclement, it will be held at the Manchester Community Center. Please complete the Safety Release Registration Form, on the event listing on the

library website, before joining. Susan Halpern will update by email those who have completed the Safety Release Registration Form.

Digital Advice Appointments and Drop-ins

Register for a dedication session on Mondays, or drop in most Fridays between 3-4 p.m. Increase your comfort level with technology or try out a digital service you have always wanted to try.

Shut Up and Write (Virtual)

Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to critique or be critiqued.

Calling All Local Artists

For the Friends of the Library's 1st Falling For Art Exhibit and Sale, October 20-22, 2023. Artists and photographers are invited to submit up to 5 digital jpg images by August 30 to fallingforart-mbts@gmail.com. Include your name, title of piece and price.

MPL Children's Events: Pumpkin Storytime

Saturday, October 28 from 2-3 p.m. Join Miss Audrey for a pumpkin themed storytime

and craft. We will share fun stories and make a beaded pumpkin that can be displayed all fall long. Program is best for ages four and up. Registration is required.

Teen Craft Night

Thursday, October 19 from 4-5 p.m. Create your own spooky terrarium with live plants and eerie figurines. For teens ages 14-18. Snacks will be provided. Registration is required.

Pop Up Art School: Insect Shadow Boxes

Wednesday, November 8 from 1-2:30 p.m. Using images of butterflies, moths, and beetles as reference, draw and paint your own realistic or imaginative insects and mount it in a paper shadow box.

Storytime with Miss Audrey

Fall and Winter story time begins Wednesday, October 11 for children ages 0-5 and their caregivers. Registration is required each week as space is limited.

Teen Advisory Board (TAB)

Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.

SAVE THE DATE

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At Home Now

Taking the “Cramp” Out of Your “Camp”



Here in New England, Jen Coles writes, spaces and sightlines can be “wonky.” But there are some pro tips to make spaces feel great to live in.

Photo: Charlotte May

By Jen Coles

Almost 20 years ago, my then-husband and I went to a real estate open house where I promptly fell in love with a crazy fixer upper.

It was originally built in 1750 and early on it had been split in half, added onto, and moved to a few different locations in town. It had narrow hallways, a gazillion little rooms, and a full family of squirrels living under the floorboards in the attic. The floorplan was wonky and it was a little disorienting to walk through. The type of place that makes you want to leave a trail of breadcrumbs.

Well, we bought that crazy house anyway. We renovated it, and certainly improved on the floor plan, but it remained a quirky house. It was just in its bones.

It reminds me though, that wrestling with tight quarters is not an uncommon problem in New England. These parts are loaded with antique homes. And even if yours

isn't an antique, you may still struggle with wishing that you had more space. With this in mind, I'd like to offer a few words of advice.

First off, remember: initial impressions matter. If, when you enter a home, you are immediately met with a series of cramped, over-cluttered or over-furnished rooms—your brain latches on to that and says, “This is a cramped space.” Even if the home eventually opens up to a comfortable family room in the back. It's just too late. That tricky brain of yours has already mailed in its verdict.

So prioritize opening up that floor plan. It will take working with a professional but get some sightlines going so you can see from one room into the next. Broaden some doorways, open up a staircase wall, heck, take down other walls too. Be bold and you shall be rewarded. And, oh yes, definitely remove doors that don't need to be there.

It's amazing how many times I hear myself suggest

that. I mean, most of us just don't need a door to their living room.

With all of that work you just did to open up your walls, your floors may take a hit. But don't sweat it. Work with a professional to patch them up as best they can. Sometimes that means they can weave in the new wood perfectly with the old. But even if they can't, (wide pine floors are hard for instance) I don't usually get hung up on the patches. You can minimize their impact by staining all your floors when you refinish them. But I think patched floors sometimes just tell the story of the house and are not that big of a deal.

My second words of advice: inches matter. You've just addressed the big stuff, now it's time to focus on the little stuff. Because it's a series of small changes that will amount to the larger change you are searching for in your small-scale home. For instance, consider your clutter.

Now, I personally like a warm home that is populated

with mementos unique to the people that live there. I am also well aware that we are messy humans and we need junk drawers and a counter to drop our mail and keys on.

But that being said, keep in mind that you are trying to create the illusion of space. So, move the stacks of bills to the office and eliminate the random gee-gaws from HomeGoods. Display only meaningful items. It's a good rule of thumb for all of us.

Where else do inches matter? Well, consider your window treatments. You would be surprised how much “visual space” heavy curtains can take up in a small room. Also, you've now got those great sightlines going, maybe you want to use one privacy method for all of them. In small houses sometimes simple, consistent window solutions make the most sense. I like ones that sit nice and tidy inside the window jambs, like blinds or shutters or even cafe curtains. And an added bonus is your exterior view will look great with that con-

sistency as well.

And finally, here are a few words about your furnishings. Small spaces like furniture on legs. Like dining sideboards, and TV stands, and couches (just three inches will do.) For similar reasons, small spaces also like glass. Perhaps for your coffee table or your end tables. You want that feeling of airy-ness around your furniture. And with that said, please don't fill every corner of the room with wobbly tables that you may put a plastic succulent on. Only include the furniture that has a purpose.

But balance that advice with this advice: always consider storage. So yes, get a sideboard on legs (5-8 inches is fine) but also make sure it's got the cabinets and drawers you need. You can't do this with your glass coffee table of course. But do it where it makes sense. Because your small-scale home has no business housing frivolous pieces of furniture that don't offer you the double duty benefit of added storage.

Your bonus topic is color.

There are so many rules of thumb out there about color in small spaces. And honestly, I don't subscribe to any of them. I've seen rich colors work in small spaces, and I've also seen the benefits that a light neutral can bring. So you do you, just get samples and swatch, swatch until you find what works.

But in small spaces, especially those with open sightlines into other rooms, you want to reduce this feeling of chaos. Because chaos is a close cousin to cramped. So, I do tend to go more neutral on the walls in a smaller home, and handle my pops of color carefully. Like a jewel green mudroom, or a black island, or built-in bookshelves. Or even a purple couch. Yes, color is BACK baby, and I love it! But for small homes the biggest priority is making them feel open, welcoming and livable.

Jennifer Coles is a local interior designer. Her website is: colescoloranddesign.com



VanDyke Paintings Commissioned for Sale across the US by Room & Board

Manchester artist Juni VanDyke has become a well-known and appreciated artist on Cape Ann. She has been painting her entire life, with solo and exhibitions featuring her paintings and sculptures.

Now, with three of her pastel works having been selected for licensing by the national upscale home furnishings

retailer Room & Board, VanDyke is entering the realm of mass commercializing her artwork.

The three works (seen here on Room & Board website) have been commissioned for sale in the company's 25 stores throughout the country. Here in Boston, Room & Board has a store on Massachusetts Avenue at Newbury

Street.

Van Dyke is a graduate of The Boston Museum School and Tufts University. Her work is represented by The Jane Deering Gallery in Gloucester and the UK. Van Dyke's current sculpture and painting is on view at The Manship Residency in Lanesville.

The attitude of faith is to let go, and become open to truth, whatever it might turn out to be.

~ Alan Watts ~

Anna Hardy has changed her business name to her name.
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Hornets Can't Get by Nashoba Valley Tech



All eyes are on the ball during a match between the ME Hornets and the Georgetown Royals. The game ended in a scoreless tie.

Courtesy Photo

By Jason Brisbois

The Manchester Essex football team couldn't quite keep up in a matchup between two teams featuring elite ground attacks.

Stephen Martin did a lot of the heavy lifting for the Hornets, rushing for 121 yards on 15 attempts to go with a rushing touchdown, but it wasn't enough to get by Nashoba Valley Tech on September 29. The Vikings went on a few long drives of their own in the rainy weather and were able to outscore Manchester Essex in the second and fourth quarters to defeat the

Hornets, 28-16.

"Nashoba came right after us with a 100 percent ground attack and were effective at moving the ball all night," explains Manchester Essex coach Joe Grimes. "Nashoba is well coached and played tough and I expect them to do some real damage in the Division 8 bracket and/or Voke tournament this fall."

Martin was able to knot things at 8-8 in the first quarter with a one-yard touchdown run, followed by Kevin McKenna's successful two-point conversion. Nashoba Valley then pulled away after scoring a touchdown in the second quarter, followed

by two scores in the fourth. Quarterback Zach Hurd scored on a two-yard run and then successfully converted a two-point conversion to cut into the Vikings' lead but the Hornets ran out of clock after that.

Quinn Brady led the Hornets in receiving with four receptions and 48 yards through the air - including a 23-yarder, while Hurd was the team's second-leading rusher with 42 yards on the ground behind Martin.

"On offense, we got gritty performances out of Steve Martin, Quinn Brady and Zach Hurd," says Grimes.

Up next for the Hornets is

fellow Commonwealth Small opponent Lynn Tech on Oct. 6 (6:30 p.m., Hyland Field). The Tigers are 3-1 so far and pose an imposing challenge to 2-2 Manchester Essex.

"We now have our focus onto the next one and trying to get stronger every day," says Grimes.

Girls Soccer

The girls' soccer team forged a scoreless tie with Cape Ann League rival Georgetown on Sept. 26, and then lost by a 5-0 score to Newburyport two days later.

It took a little while for the Hornets to get going against Georgetown, but once they

did the team was able to control the pace and play of the game for the most part. The only thing missing was a goal to give Manchester Essex the win. Charlotte Crocker had the Hornets' best shot at making a shot in the first half.

"It was Charlotte Crocker who was closest in the first half, after a quick corner kick play, she found herself just inside the box with space to shoot and was only denied by an excellent save from Georgetown's goalkeeper," says Manchester Essex coach Christo Manginis.

The coach lauded the play of Crocker, Tori Moulton, Cia Donohoe and goalkeeper

Madi Cook, in addition to the efforts of a handful of other players.

"Meg Hurd created several chances with great runs and crosses from the right, but it was Libby Lawler who looked most likely to grab the winner late in the game," says Manginis. "She did well to wriggle away from two defenders but her shot from inside the box went just past the far post."

The girls soccer team was 3-3 heading into away games against Cape Ann League rivals Hamilton-Wenham on Oct. 3 and Amesbury on Oct. 5 before heading home to host Lynnfield on Oct. 10 (7 p.m.).

In the Hornets' Nest



Hornets celebrate one of six goals against Amesbury, Monday afternoon. ME shut out the Red Hawks 6-0. The field hockey team is 7-1-1 for the season. Photo Paul Clark

Georgetown at Ravenswood. We will be taking yearbook photos before the races and celebrating our seniors' last home meet after the races.

Football:

Tough game for our Hornets tonight from a rainy Nashoba Tech. Nashoba came right after us with a 100% ground attack and were effective at moving the ball all night. Nashoba is well coached and played tough and I expect them to do some real damage in the D8 bracket and/or Voke tournament this fall. On Offense, we got gritty performances out of Steve Martin (Sr. RB/LB, 1 TD), Quinn Brady (Sr. RB/LB) and Zach Hurd (So. QB/DB, 1 TD). We've got Lynn Tech next Friday Night at home @ 6:30 p.m. We now have our focus onto the next one and trying to get stronger every day.

Golf:

Hornets golf lost a tough one to Georgetown last week by a score of 124-118.

Gray West continues to play solid golf and scored a team high 26 points. Matt Deoreo was close behind with 22. Big week is coming up this week with three matches on the horizon.

Cheer:

This week was a long one for the cheerleaders as we worked on stunting for game day as well as conditioning. Comp practice has been running after game day practices each week. The competition team is currently working on perfecting our routine for competition - which is in about a month!

Field Hockey:

Field hockey only faced Lynnfield last week and won 2-1 (both goals scored by Caelie Patrick). We are thrilled to share that we've been ranked #1 in the MIAA D4 state field hockey power rankings. We are continuing our work to improve every game and earn each win.

Girls Soccer:

The Manchester Essex Hornets are held to a draw by Georgetown. Georgetown started the match more brightly as it took the Hornets about 10 minutes to settle into the contest. Once they did however, Manchester Essex started to dominate both in terms of possession and chances. It was Charlotte Crocker who went closest in the first half, after a quick corner kick play, she found herself just inside the box with space to shoot and was only denied by an excellent save from Georgetown's goalkeeper. The Hornets attacked with even more intensity in the second half, and were rarely troubled defensively through some great work from Charlotte Crocker, Tori Moulton, Cia Donohoe, and goalkeeper Madi Cook. Meg Hurd created several chances with great runs and crosses from the right, but it was Libby Lawler who looked most likely to grab the winner late in the game. She did well to wriggle away from 2 defenders but her shot from inside the box went just past the far post. Final score 0-0.

Player of the match: Libby Lawler for a dominant performance in central midfield.

Cross Country:

Manchester Essex Cross Country teams had a bye week in league competition. Saturday the Hornets ran at the Frank Kelley Invitational, which gave us a good chance to see our first big meet of

the year. The boys finished 23rd of 36 teams from all divisions while the girls finished 13th of 22 teams. Scoring for the boys were Finn O'Hara, Charlie Latons, Henry Stevens, Colby Rochford and Lyall Cunningham. The girls scorers were Sabine Cooper, Faith Castellucci, Whitney Turner, River Silva and Libby McKinnon. The Freshmen and some Sophomores were able to see how they fared against peers from Division 2 and 3 schools in a 3 K race.

We are facing a busy two weeks with four more meets. Wednesday we are hosting

ScottEnergy Community Bulletin Board

Manchester's Carnival is back!

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SATURDAY, OCT 21	12-9pm
SUNDAY, OCT 22	12-9pm

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ME Cheer Squad revved up the many fans at the Hornets first home game on the resurfaced Hyland Field. Their exuberance led the Hornets to a 22-7 win over Greater Lowell Tech. Photo Paul Clark

ESSEX ECHO.

Town Administrator's Report

Board of Selectmen's Meeting of October 2, 2023
Report covers from September 23, 2023 to September 29, 2023

Troubleshooting Public Safety Building Alerting System

The system that detects aggressive behavior within the Public Safety Facility entry vestibules (in addition to the audio and video feed that can be activated by pushing a button) was not operating properly and required troubleshooting involving IT experts from the North Shore 911 Center, the Town of Danvers, the Town's IT consultant, and vendor experts. The Town Administrator (TA) was involved in the call about this issue on September 28, 2023. The aggression detection system is designed to alert a dispatcher automatically if an individual makes it into one of the station's two vestibules under duress and does not have a chance to push the button summoning help. After some discussion concerning the operation and routing of the system, the issue was related to both routing and device firmware.

Addition of Microsoft Office 365 On-line Applications

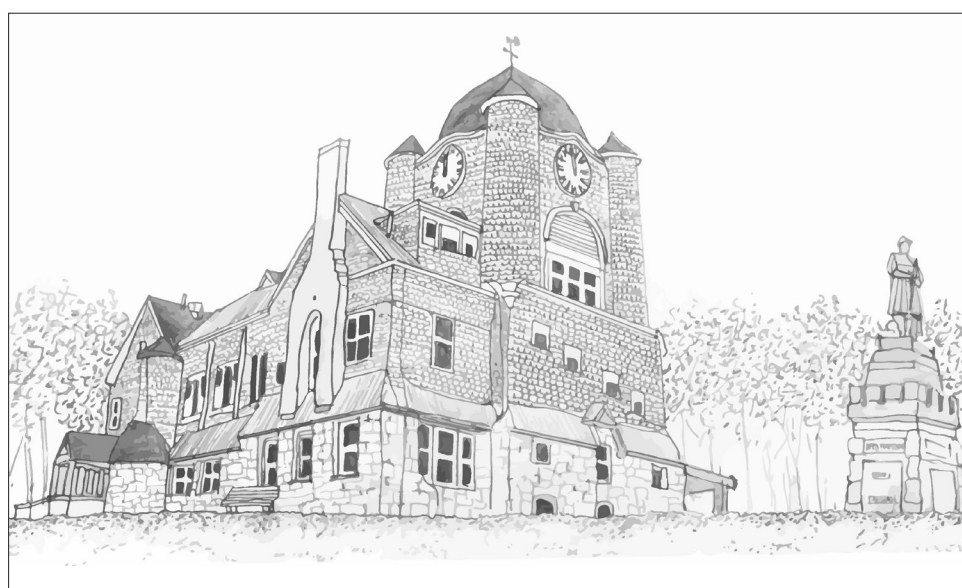
As the Board is aware, the fiscal year 2024 IT budget was increased over the fiscal year 2023 budget to accommodate the addition of other Office 365 applications for all users. The Town's initial experience with Office 365 came when we migrated to just the on-line version of Microsoft Outlook back in 2021. The TA met virtually with our vendor on September 28, 2023 to process the migration to the new licenses and, as of October 1, 2023, all users will have access to the entire on-line Office 365 suite in addition to our existing, on-premises license (which is for Office 2016).

Eventually, Microsoft will discontinue the ability to purchase on-premises only versions of Office applications and the Town will either need to adapt to the use of the on-line versions or pay substantially more per user per month to have the ability to download on-premises versions that can only be used with an active subscription. Like our personnel's recent adaptation to Outlook 365 as the only e-mail option, it is entirely possible that personnel will adapt to only using the other Office 365 applications via Microsoft's on-line platform. Mr. Zubricki will also explore purchasing an on-premises upgrade to Microsoft Office while this option is still being offered, which would allow the Town to avoid the subscription cost for several more years. At present, the recent upgrade adds the ability of all personnel to initiate remote meetings using the Microsoft Teams application and provides for on-line file storage.

Safety Committee Meeting Summary

The TA attended the subject meeting as a member of the Committee on September 28, 2023, along with Chairman Pereen. The meeting featured a discussion regarding refinement of the Committee's goals for fiscal year 2024 and a description of the relatively new body-worn camera program that has been instituted by the Police Department and improved using grants from our insurer.

Shared Conservation Com-



mission Agent Prospect Update

The City of Gloucester has a full-time Conservation Agent who may have had some capacity to take on more work. As such, on September 13, 2023, the TA had discussed with the Gloucester Community Development Director the possibility of Essex using the services of the Gloucester Conservation Agent. The Essex Agent position is presently vacant and it has been difficult to retain qualified personnel for only a few hours a week. Mr. Zubricki had also spoken with the Town Administrator in Georgetown about a possible employee share prospect but the all-in cost (including Essex's share of benefits) was considerably more than our current budget. Unfortunately, the City of Gloucester, upon analysis, the City of Gloucester has determined that it does not have sufficient time to offer to Essex. We have reached back out to the Town of Georgetown to understand whether an arrangement with that Town is still possible.

Downtown Decorative Lighting Subsurface Preparation Work Update

At the last meeting, the Board voted to award a contract for the subsurface preparation for decorative lighting in the downtown area to Pine Ridge Technologies. The contractor is in the process of signing the necessary contract documents and the Board countersign thereafter. Pine Ridge Technologies plans to commence after the light pole bases (which will have a specific bolt pattern) have been fabricated. To that end, it's been arranged for the necessary anchor bolts to be purchased and drop-shipped to our contractor's base fabricator in Connecticut. All work must be completed no later than December 15, 2023 unless the contractor offers the Town a time-only, no-cost change order allowing work to pick up in the spring.

Update on Fixed-Rate Natural Gas Supply Contract

As the Board may recall, the TA reported the following back in July:

As the Board is aware, the Town's fixed-rate natural gas contract with Constellation is set to expire this coming fall and Constellation is not renewing natural gas contracts with its customers. As such, it is necessary to find a new supplier and there are only two major alternative suppliers to National Grid remaining in our area - Direct Energy and Sprague Energy. We have reached out to both suppliers directly and customer service has not been strong. Mr. Zubricki is also aware of a broker, Tradition Energy, which seeks to assist communities with fixed-rate contracts. Tradition makes

its money by bringing customers to the table and receiving the commission that the salesperson for the actual supplier would have received via a direct deal. In theory, Tradition will provide strong customer service and deliver pricing that is as good as or better than pricing received directly from a supplier. In order to get started with Tradition, without obligation, Tradition needs an authorization for the company to receive the Town's past natural gas usage data from National Grid and an agreement that indicates that the Town will not work with any other broker while a possible relationship with Tradition is being explored.

Even though the Board did seek to use the services of Tradition, we later learned that Tradition would not assist the Town since the Town's total annual consumption of natural gas was below Tradition's minimum usage threshold. That puts us back in a position of waiting for the natural gas commodity rate to decrease sufficiently such that the increase in price from our current rate will be as minor as possible. Since June, when we were quoted by Direct Energy (now NRG) at about 90 cents per therm, we know that the price has steadily increased (NRG's current price is about 97 cents per therm).

Our current contract is fixed at about 61 cents per therm but that contract rate expires in early November. However, we have been tracking electricity pricing (which closely tracks natural gas pricing) since June and the expected, short-lived downturn between the summer and the upcoming heating season is beginning to manifest. Generally, we have the month of October to watch the trend and make our best, fixed-rate deal, even if for perhaps a shorter contract term (our current contract was a four-year contract). Another option is to simply move to the National Grid default supply rate, which is currently about 69 cents per therm, until the market settles down again. While this is much better than the current NRG-quoted rate (97 cents), National Grid has not yet announced its winter rate, which could be as much as or more than the NRG rate.

Release of Request for Proposals for Summer Camp and Enrichment Services

We have prepared the Request for Proposals (RFP) for summer camp and youth and adult enrichment program services for release on October 2, 2023. Advertising included the local paper, ComBuys, the Massachusetts Goods and Services Bulletin, and local posting. Proposals are due on October 19, 2023 and the Board will review and rank proposals at its meeting on October 23, 2023. We expect that the Town's current vendor, the North Shore YMCA, will be submitting a proposal, perhaps along with other prospective vendors.

Memorial Park Restrooms

The Memorial Park restrooms will drop back to a Thursday-Sunday schedule for the month of October and will close for the season as of November 1, 2023. The TA has reminded the Police Department and our town custodian about this change.

Annual Risk Assessment

and Monitoring Plan Update Meeting

I hosted the subject meeting for department heads on September 28, 2023. Chairman Pereen was also in attendance. Each year, personnel get together to review the Town's Risk Assessment and Monitoring Plan which is aimed at identifying financial fraud or theft by promoting a culture of honesty and integrity. The Annual review allows personnel to suggest edits to the plan based upon changes in business practices that might need to be safeguarded. This year, the meeting featured a discussion about whether the Town should continue to accept cash as payment for services and licenses in various departments. I am presently getting a better understanding of cash acceptance practices (which are maintained as a convenience to residents) and will bring the matter to the Board for review and discussion at a future meeting.

Essex Road Infrastructure Climate Change Webinar and Field Trip

TownGreen, an organization based in Gloucester with a goal of educating residents in the region about climate change, hosted a webinar on September 26, 2023 with respect to sea level rise and climate change impacts on Essex road infrastructure. Chairman Pereen and the TA were in attendance and the TA was able to describe the Town's goals with respect to the elevation of a short section of Apple Street at its Southern Avenue end. The Chief of Police also spoke on the importance of keeping Apple Street open during storm events as loss of both the causeway (which floods first) and Apple Street require a lengthy detour for emergency services to the approximately 43% of the Town's population that lives on the Gloucester side of the Essex River.

Generally, the experts involved in the webinar (Professor Charles Waldheim of the Harvard University Graduate School of Design, Office for Urbanization; and Dr. Jayne Knott, President of HydroPredictions - Ph.D. in Civil and Environmental Engineering - UNH, and Master's in Civil and Environmental Engineering - MIT) agreed that the Apple Street roadbed elevation and culvert replacement project would be a prudent step for Essex. Given that projects which solve built-environment problems (like road flooding) while also enhancing the natural environment (like improving and expanding wetlands and restoring natural drainage) are the preferred path forward, the Apple Street project is aligned well for success. Participants asked questions about other potential alternatives including a mechani-

LIBRARY NEWS

T.O.H.P. Burnha
Public Library



Library is open Saturdays beginning from 10 a.m. to noon.

Retirement Reception for Debbie French, Library Director

Thursday, October 19 from 3-6 p.m. Join the Friends of the Library, Library Trustees and community as we celebrate 18 plus years of service to Essex' TOHP Burnham Library.

Let Freedom Read Statewide Read-In

Friday, October 6 from 3-5 p.m. Join members of your community and celebrate your freedom to read on the library lawn. Grab a book, bring your chair and catch up on your reading. All ages are welcome to participate, and no registration is required.

Community Book Group

Monday, October 16 at 10 a.m. Come by for a discussion of "Lessons in Chemistry" by Bonnie Garmus.

Regional Social Worker

Wednesdays, 9 a.m. - 1 p.m. in the first-floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

Yoga Book Club

Saturday October 7 at 10:30 a.m. Classes suitable for beginners and experienced practitioners. Grab your mat and your favorite book and join us at the library as we relax into gentle poses and immerse ourselves in the book of your choice. After practicing yoga for over a decade, Melanie received her RYT-200hr Hatha & Vinyasa certification and Yin Yoga certification from YogaRenew.

Halloween Magic Show

Monday, October 30 at 4 p.m. Ages 4-10, join us and magician Tommy James for a hysterical, fun for all ages Halloween Magic Show. Don't miss a wizard's wand taking on a life of its' own, a haunted jack-o-lantern, Frankenstein and even an appearance from "Bunnica" the real bunny. Reserve your spot today.

Story Hours Begin

Wednesdays at 9 a.m. for Wee Ones, ages 0-2 yrs. 20 minutes for songs, rhymes, stories and creative play. Please register. 10 a.m. Preschool ages 3-5 years. 30 minutes of songs, rhymes and stories read aloud and concludes with a themed craft. Please register.

CFCE Science Thursdays

Thursdays 9-10 a.m. for ages 2-6 years old. Join Ms. Christine for some STEAM fun, you will listen to stories, then explore science, technology, engineering, art, and math. Space is limited so please register.

Teen Candy Sushi Making

Friday, October 13 at 3:30 p.m. Grades 6-12 join us to make sushi from candy. It's easy and fun, all supplies provided.

ESSEX POLICE NOTES

MONDAY, SEPTEMBER 25

10:48 a.m. Conomo Point Rd., animal complaint, notification made. 12:23 p.m. Spring St., animal complaint, notification made. 6:10 p.m. John Wise Ave., motor vehicle complaint, erratic operation, citation issued. 10:35 p.m. Southern Ave., fire alarm, fire confirmed.

TUESDAY, SEPTEMBER 26

12:55 a.m. Story St., directed patrol, secured/checked. 1:21 a.m. John Wise Ave., directed patrol, secured/checked. 2:11 p.m. Main St., directed patrol, secured/checked. 6:01 a.m. Centennial Grove Rd., directed patrol, secured checked.

WEDNESDAY, SEPTEMBER 27

No report.

THURSDAY, SEPTEMBER 28

No report.

FRIDAY, SEPTEMBER 29

No report.

SATURDAY, SEPTEMBER 30

7:32 a.m. Main St., directed patrol, secured/checked. 5:14 p.m. Main St., motor vehicle stop, vehicle towed. 5:43 p.m. John Wise Ave., motor vehicle stop, written warning. 8:04 p.m. Martin St., citizen assist, report to follow.

SUNDAY, OCTOBER 1

10:49 a.m. Spring St., male unconscious, transported to hospital. 1:13 p.m. Main St., male fall, transported to hospital. 2:58 p.m. John Wise Ave., male with abdominal pain, transported to hospital. 9:30 p.m. Main St., selective enforcement, no action taken.

Act the way you'd like to be and soon you'll be the way you act.

~ Leonard Cohen ~

Essex Locals | Sept 29

115 Years Ago - 1908

William Bagnell, driver of Hubbard's bakery met with a mishap while on his Tuesday's trip to this town. The horse fell while suffering from colic, breaking the shaft. The driver telephoned to the bakery at Gloucester, when another horse, and forward wheels were sent whereby he finished his rounds.

90 Years Ago - 1933

Mrs. Mark Burnham observed her 87th birthday last week and was surrounded by numerous members of the family during the day and many friends called to offer congratulations.

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Looking for Trendy Treasures in Essex

By Erika Brown

Early this summer a new consignment shop, Trendy Treasures, quietly opened on Eastern Avenue in Essex in the same shopping plaza that includes Hooked Knitting, the Blue Marlin Grille and the Manchester Essex Conservation Trust. Its owner, Arete Pascucci, knows a thing or two about consignment shopping because she's been doing it for a long time.

In the world of fashion, trends come and go, but one trend that seems to be here to stay is the increasing popularity of consignment dress shopping because it represents the chance of getting a special item that fits just right, a higher-end designer piece or a vintage treasure.

"In the end, what I am is a really good shopper, so I'm able to offer a nice selection of new and very gently used items," she said. "People come in here and are genuinely surprised."

Arete envisioned Trendy Treasures as a unique shopping experience where she curates the items. Women's, men's and children's clothing—a mix of new items that may still have store tags or nearly new items that not only saves money but also promotes sustainability and individuality. Located in a tidy retail space, Trendy Treasures has clothing, lots of accessories (think jewelry, hats, scarves, bags, shoes, and sunglasses), and even books and cards.

Consignment shopping is like going on a treasure hunt. That's the appeal. And Cape Ann offers a lot of options for shops, from The Stock Exchange and Madam Had'em in Manchester to the Essex Exchange in Essex, and of course Vintage 211, the Dress Code, and Second Glance in Gloucester. Arete makes sure her pricing is compatible with these other shops. Dresses, even new ones, average about \$30 each. Jewelry runs under \$20. Scarves and hats, \$10-\$20. And bags run from \$20 to \$100.

Arete discovered consignment shops decades ago after realizing she had a knack for shopping and selecting inventory. She had a career as a longtime administrator in the Masconomet Regional School District and she served as the Middleton representative on the regional school district committee. During that time, Arete decided to open a consignment shop during the summer months. It took off, in large part because she had a strong network of mothers who wanted to work part time. Arete opened two consignment stores, one in Winthrop and another in Georgetown.

It's this element of surprise and discovery that keeps fashion enthusiasts coming back for more. They may be looking for a classic LBD ("little black dress") or a statement piece for a special event. Whatever it is, Arete hopes a stop at Trendy Treasures is worth it.

Over the years, Arete learned that consignment shoppers are strong and loyal community of people who don't just love finding beautiful garments; they also love the connecting to each other. In fact, Arete says she still has relationships with con-



Arete Pascucci, owner of Trendy Treasures in Essex

Photo: Erika Brown



signers who have been with her for decades.

"This community is about sharing," she said, adding that the ultimate win is seeing a customer find a perfect item or outfit at a great price. That's becoming especially

popular with younger customers who care about sustainable, affordable, and individualized fashion.

Consignment shopping of any type allows people to express their style, while also making a positive impact on the environment. But it's

also about the deal. Whether it's a designer deal or popping in for a surprise find.

"Consignment stores like mine have something for everyone," said Arete, smiling. "That's what's fun about it."

TRENDY TREASURES

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Open M-F, 10 a.m. - 4 p.m.
Closed January thru April
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Cape Ann Plein Air Lays Out Schedule for Its 7th Annual Festival and Sale



Last year at CAPA, artist Mary Rose O'Connell demonstrated her technique at the Essex Shipbuilding Museum. This year the CAPA festival will be held from October 8-15. Photo Paul Clark

Cape Ann Plein Air (CAPA) this week announced its highly anticipated 7th Annual Festival and Sale, taking place October 8-15. This week-long celebration

of art will gather 37 nationally and internationally acclaimed outdoor painters who will capture the scenic beauty of Greater Cape Ann, Massachusetts, from rocky shores to tranquil salt marshes, historic

homes, and magnificent shipyards. The culmination of this artistic extravaganza will be the Gala Awards and Sale Event.

Cape Ann Plein Air has established itself as a prestigious event that not only enriches the local arts scene but also provides vital support to businesses in the area and bolsters the creative economy across the greater North Shore region. A significant portion of the proceeds from the week will be directed towards Cape Ann Art Haven, a Gloucester-based nonprofit organization dedicated to fostering artistic talent.

This year's Gala Awards ceremony promises to be a highlight of the festival, taking place at the Glen T MacLeod Cape Ann YMCA in Gloucester on Saturday, October 14th, from 5-9PM. Attendees will have the unique opportunity to view and acquire

all 185 competition paintings, which will be judged by the esteemed art collector, Tim Newton, hailing from Cody, Wyoming. Newton, with his extensive experience in the plein air art movement, is the perfect choice for this role. The Gala will feature an innovative and elegant spread crafted by Vinwood Catering, with an open beer-and-wine bar included in the ticket price. Entertainment for the evening will be provided by Brian King and Joe Cordoza of "What Time Is It, Mr. Fox?". Tickets can be purchased online. As with the rest of the week, a portion of the Gala's proceeds will support Cape Ann Art Haven.

The week's schedule is brimming with public events designed to engage and inspire, including daily artists' demonstrations, a fast-

paced "Quick Draw" event that brings an additional 100 painters for a two-hour paint-out on Columbus/Indigenous Peoples Day at Maritime Gloucester, Palate to Palette dinners featuring a CAPA artist painting at local restaurants, a "Meet the Artists" night at the the Beauport Hotel, a nocturne painting night on Bearskin Neck in Rockport showcasing CAPA artists creating paintings in the enchanting evening hours, and more.

Cape Ann Plein Air is a significant contributor to the outdoor painting movement in the United States, celebrating the art form at its finest. Ranked among the top five plein air events in the country, CAPA awards over \$20,000 in prize money to its participating artists. During the festival, each of the 37 artists will submit five paintings for general competition, one for the pop-up Sunday Small Painting event, and up to five additional paintings for sale during the weekend at the YMCA.

Susan Gould-Coviello, Executive Director of CAPA, expresses the excitement surrounding the event, stating, "There's nothing as thrilling as CAPA week for artists and the public alike. Shorelines are dotted with artists capturing the best of what Cape

Ann has to offer. These hard-working artists make their living painting outdoors, and their expertise shines in the work they produce during the week. To see these remarkable paintings displayed in one place is truly awe-inspiring." Returning CAPA artist Tim Kelly from Baltimore, MD, adds, "When it comes to plein air painting, Cape Ann's historical pedigree is unsurpassed. I'm humbled and honored to be able to contribute to this legacy by participating in the Cape Ann Plein Air Festival."

Cape Ann Plein Air (CAPA) is a premier outdoor painting event that celebrates the beauty and artistry of outdoor painting in Greater Cape Ann. Renowned for its stunning landscapes and rich artistic heritage, this local region provides the perfect backdrop for talented artists to capture its essence. The annual festival features top artists from around the nation and beyond, who compete, exhibit, and sell their plein air creations.

CAPA is supported by all five communities in the region, local business sponsors, grants, housing hosts, municipal collaboration, and partnerships with local arts organizations. This year, CAPA also received a grant from the Massachusetts Cultural Council.

To learn more about Cape Ann Art Haven, please visit <https://www.arthaven.org/>. For more information, please visit www.capeannpleinair.org.

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OpEd: Manchester Should Start Conserving Water Now

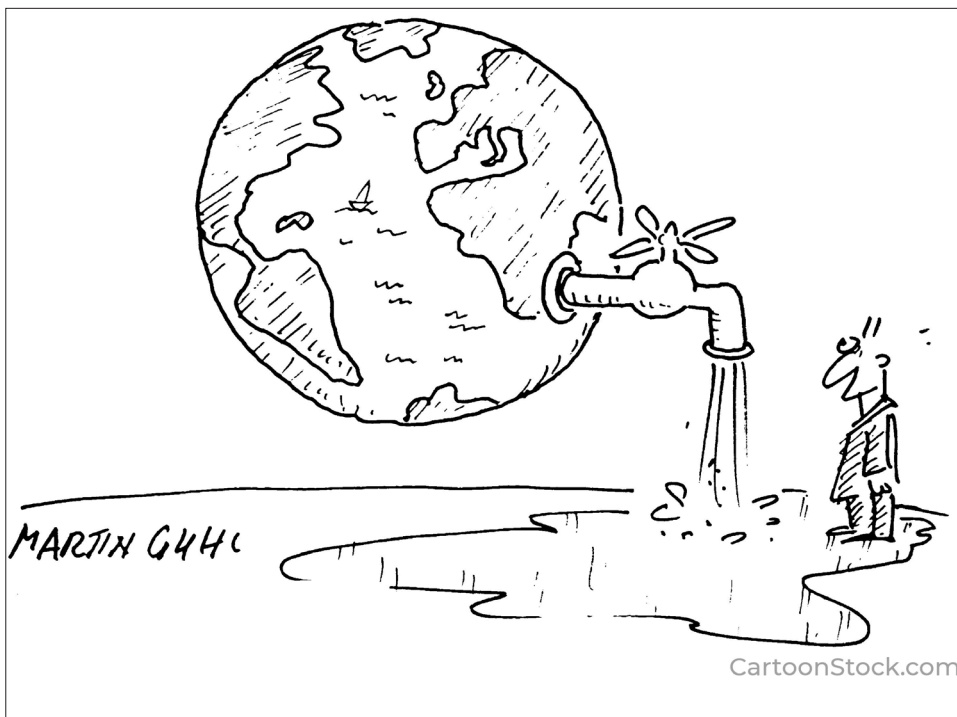
By Steve Gang

“Why are people talking about conserving water? I thought Manchester had plenty of water.”

Just a couple years ago, I would have agreed without a second thought. I never heard about serious water shortages in our town, unlike Hamilton and other less-fortunate towns which seem to restrict watering like clockwork every year. Of course, there were restrictions in drought years which many (most?) of us followed, but nobody ever said Manchester was really short of drinking water.

I knew about a Town well near the high school and golf course. Occasionally, I'd driven past some reservoir (or two?) in the woods past the dump. But overall I thought maybe the talk about conserving water was just another episode of “save the planet,” “hug a tree,” or “big-green-lawns-are-a-sign-of-moral-failure.”

Then I worked for 18 months on the Town's Water Resources Task Force. More than two dozen of us did deep dives into water sources, water usage, contaminants, conservation, etc. From that work I now know differently—Manchester no longer has plenty of clean, safe drinking water. That's a fact not a perception or a political position—ask any of the two dozen people who worked on that Task Force or the five experts we worked with. There's a dangerous contaminant in our drinking water which we are not yet treating but should be—and shortly will have no choice but to treat. That fact changes



things dramatically—Manchester no longer has “all you can drink (or sprinkle).” Instead, the Town and each of us need to ask, “How much do we have to conserve so that we can afford to keep our drinking water safe.”

Confused by that question?

You're right if you think it's pretty complicated, so let me try to break it down. The immediate problem is PFAS, a highly-toxic family of thousands of man-made chemicals that show up everywhere from our clothing to fast food packaging and sunblock. We've been exposing our families to this stuff for more than 50 years, but EPA is only recently defining the threat to health and calling for urgent action.

Ours isn't the only public water supply facing the ur-

gent need to filter out PFAS compounds. Probably half the towns and cities in Massachusetts have similar PFAS contamination, mostly in their primary or sole source of drinking water. But Manchester has a different problem since we have two sources producing our drinking water—a primary source (Gravelly Pond Reservoir) and secondary source (Lincoln Street Well). This gives Manchester an enviable redundancy but could also give us more options than most towns for remediating PFAS, and a more complicated decision to make.

Lincoln Street Well (LSW) has much higher levels of PFAS than Gravelly Pond, according to the regular testing by Chuck Dam's DPW. LSW also has much less treatment in place today than Gravelly Pond with its adjacent large-

scale Water Treatment Plant. Therefore it's going to cost much more to filter PFAS out of LSW water, whether it's done in a new building we'll have to build near the well or by laying new pipes to take LSW water up to the Water Treatment Plant for filtering and then send it back to the well site. If we didn't need the 30-40% of drinking water that LSW provides us annually, we could avoid that huge investment.

That's why we're talking about water conservation! It's not because we don't have a lot of water but because we don't have a lot of clean, safe drinking water. (This isn't widely understood, even among our Town leadership.)

Let's get into the details. Manchester is outstanding (and not in a good way) for using more drinking water per capita and much more

in summer vs. winter than almost any other town in Massachusetts. This is entirely because we use so much drinking water outdoors in the warm months, mostly for irrigating our lawns. (Compare our total usage in January, February and March, which averages 46 gallons per resident per day vs. 116 in July, August and September.) On average over the past 10 years, we use 35% of our drinking water for outdoor irrigation, or 55-60 million gallons per year.

In comparison, LSW provides on average 80-90 million gallons of drinking water per year. Gravelly Pond can replace a good fraction of that, having more capacity than what it's provided on average over the past 10 years (according to groundwater research and “safe yield” analysis earlier this year by geohydrologist Scott Horsley and his colleagues.)

Here is the connection between conservation and the cost of remediating PFAS: if we as households can conserve about 30 million gallons annually, we'll have the option of retiring LSW instead of remediating it at huge expense. Thirty (30) million gallons is less than half of our current enormous outdoor irrigation usage. If we conserve that much water, our average usage would drop below the State-mandated guideline of 65 gallons per person per day, making Manchester less egregious in the eyes of State regulators. (Remember the years Manchester spent under a Consent Order limiting our sewage hookups while we brought our Inflow & Infiltration rate into line with State guidelines?) What will

it take to reduce our annual usage by 30 million gallons? Examples from across the country show that successful water conservation takes a host of carrots and sticks plus a bunch of patience. (Fixing the broken recycled water system at our sewage treatment plant would certainly help, too - that plant uses a ton of drinking water until then.) The Water Task Force has put on the table dozens of recommendations for conserving water and has proposed a detailed timetable and workplan for the Town to follow. As yet, the Select Board has devoted time over the past six months only to the proposed Conservation Water Rates, without having come to a decision.

The onus falls on us residential users, since the combined commercial, governmental and non-profit water usage is only about 10% of the total. Of the 2,000 residential water accounts, only one-third use substantially more in the summer than the winter. While the other 1,400 families can save some water by limiting indoor usage, reducing outdoor usage will provide most of the water savings.

A resident of Manchester, Steve Gang chairs the Conservation Commission and also chaired the Water Resources Protection Task Force, which over 18 months examined Manchester's water usage and made recommendations on conservation and other measures to protect the future of municipal water in its July 2023 concluding report to the Manchester Select Board to support future regulation and water rates.



Jolene Larsen and Dorothy “Dot” Sieradzki (both retired MBTS Head Librarians), helped celebrate a reception in honor of Sara Collins, (center) retiring Head Librarian. Visitors of the event on the library lawn were treated to delicious cheeseburgers and hot dogs, home-made cookies, music and the opportunity to mingle with people they may have not seen for some time. Congratulations to Sara for 35 years of service to the Town. Photo Paul Clark



On Friday a very well-attended reception was held for retiring head librarian, Sara Collins, on the library lawn. Posing here for Gloucester Times photographer Paul Bilodeau are Library Trustee, David Lumsden, Senator Bruce Tarr, Library Trustee, Ric Rogers, Sara Collins, Town Administrator, Greg Federspiel and Friends of the Library member Liz Loomis. Photo Credit Pat Martines

LEGAL NOTICE



Manchester Town Hall
10 Central Street
Manchester-by-the-Sea, MA, 01944

Manchester Planning Board
PUBLIC HEARING NOTICE

The Planning Board of the Town of Manchester-by-the-Sea will hold a Public Hearing on Monday, October 23, 2023, at 7:00 p.m.

Location: This is a Hybrid meeting. The Planning Board will meet in Room 5, Town Hall. Applicants, Presenters, and Public are welcome to join the Board in Room 5.
<https://us06web.zoom.us/j/85937322573?pwd=s3l88zfqWmVbxKhCNAD4EHo7S5Vdv.1>

Meeting ID: 859 3732 2573
Passcode: i7mcyQ
Dial in: 646.558.8656

The Board will review a Zoning Article for consideration at the Fall Special Town Meeting on November 13, 2023. The Planning Board Zoning Article for

consideration at Town Meeting includes Amendments to Note 13 in Section 4.2 (Table of Allowed Uses) which refers to E #7 in the Table of Allowed Uses. This section allows employee housing and family housing in existing structures on a property. The Amendments are being made to add clarity and guidance in allowing Accessory Dwelling Units by Special Permit of the Zoning Board of Appeals.

Draft Zoning By-Law language will be available at Manchester Public Library, and in the Town Clerk's office and will be posted on-line on the Town's website. For more information, please contact the Town Clerk (town clerk@manchester.ma.us) or Gail Hunter, the Planning Board administrator, at hunterg@manchester.ma.us.

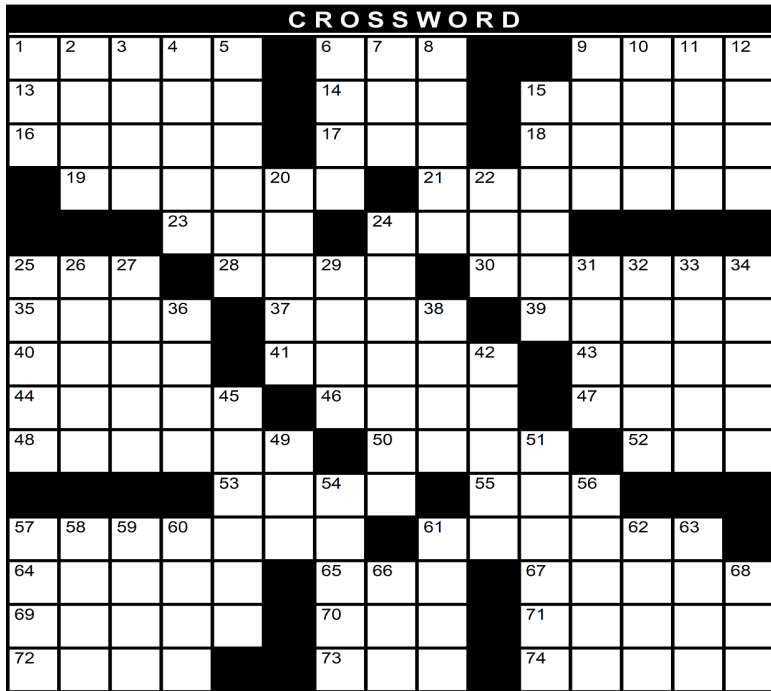
Posted to MNPA website: <http://masspublicnotices.org>
September 29, 2023 MC
October 6, 2023 MC

Puzzle

THEME: CHEMISTRY 101

ACROSS

1. "Planted" customer
6. Pie and mode connection (2 words)
9. *Atomic ___ unit
13. Salk's conquest
14. Beesly of "The Office"
15. Secret storage
16. CrÈme de la crÈme
17. Flow alternative
18. a.k.a. vampire
19. *Any substance in chemistry
21. *Periodic table entry
23. Douse or soak
24. Pavarotti's song
25. Between Big and Wolf
28. Mattress description
30. *Positively charged particle
35. Elevator manufacturing giant
37. Horsefly
39. Rabbit trap
40. Sure or uh-huh
41. Sainly rings
43. North Sea feeder
44. Flax flower genus
46. Shriveled, as in plant
47. Like undesirable row
48. Related on mother's side
50. Barbara of "I Dream of Jeannie"
52. Porky's home
53. Practice in the ring
55. Burmese neighbor
57. *Core of an atom
61. *C
64. Theater guide
65. Org. that gets parents involved in school
67. Sign up again
69. Supernatural being
70. Three, to Caesar
71. Grouchy Muppet
72. European sea eagles
73. News channel acronym
74. Liable to cry
- DOWN



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1. Health resort in Baden-Baden, e.g.
2. River islet
3. Hip bones
4. To-do enumerations
5. Bingo and keno
6. Imitator
7. *Chemistry classroom
8. Fly in ___, or a reminder of the past
9. Hat-tipper's word
10. Highest point
11. Splints site
12. Assigned spot
15. Rids of obstruction
20. Period in history
22. Mouth piece
24. Designer's studio
25. *___-Mariotte Law
26. Dined at home
27. Late Princess of Wales
29. Defect
31. Two halves of two
32. Discussion intended to produce agreement
33. Galactic path
34. Demanding attention
36. Like a barred door

Sudoku

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6		3	1			2		
			3				6	
				8	9			
		5	9	7				1
2	3						4	9
1				4	3	6		
			4	3				
	9				1			
		1			8	5		2

© StatePoint Media
Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 11

38. *Aurum, in English
42. Type of grave marker
45. It loves company?
49. PC "brain"
51. Limited in scope
54. Gelatin
56. Like one with high BMI
57. Artist's model, sometimes
58. Application utilizer
59. Keep it up?
60. TV classic "___ Make a Deal"
61. Jealous biblical brother
62. Fairy-tale opening
63. Less than average tide
66. *Sn, or stannum, on periodic table
68. Like dry humor

Senior Highlights

There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500

They have a store with a great variety of fresh fruits and foods to pick from, a bakery, winery, and farm animals to visit. The van will start picking up seniors at 10 a.m. with a return around 1 p.m.

Russell Orchards
 On **Friday, October 6**, the Manchester COS is off to Russell Orchards in Ipswich. Named by CBS Boston one of the best places in the Boston area for apple picking, they have so much more.

Olive Garden Friday the 13th!
 On **Friday, October 13**, the COA will present a trip to the Olive Garden in Danvers. Olive Garden is an American casual dining restaurant chain that specializes in Italian American cuisine. Join us for your pasta fix. The van will start picking up seniors around 11 a.m.

Community Shredding Event
 On **Saturday, October 14**, the Manchester COA is pleased to present a Community Shredding Event. This event occurs between 9 a.m. and 12 noon behind Town Hall. Bring any documents that you want shredded and there will be a truck that will shred them on site.

Foliage Trip
 Manchester COA is pleased

to offer a trip on **Friday, October 20** to enjoy the colors of fall. Take a ride around our local area observing all the foliage and decorations that have us loving autumn. Afterwards we'll stop for lunch at Stephanie's Pancake House in Rowley. The van will start picking up at 10 a.m. Lunch is on your own.

COA to Walmart
 On **Friday, October 27**, the Manchester COA van will be going to Walmart in Danvers. The van will start picking up seniors around 10 a.m.



CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester
 230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport



Medford
 Stunning Urban Oasis: you don't have to choose between city conveniences and plenty of indoor and outdoor living space.
\$839,000 | Liz Nelson | 518-469-0710



Beverly
 Located in Beverly Cove, on over an acre lot, and a short walk to the beach, is this wonderful 5 bdrm, 2.5 bath, custom built colonial home.
\$1,050,000 | Robin Martyn | 978-815-4497



Beverly
 Gracious 4 bedroom contemporary colonial on a quiet cul de sac on a half-acre level lot. Open concept 1st floor, ideal for entertaining.
\$1,345,000 | Robert Pellegrini | 978-828-0670



Wenham
 Prepare to be wowed by the recently renovated open concept living in this meticulously cared for home.
\$1,250,000 | Tracey Hutchinson | 978-473-9720



Ipswich
 Step into charm and comfort in this home with a picturesque setting with marsh and water views. Private backyard with birds and wildlife.
\$654,000 | Marcia Inman | 978-335-4642



Manchester
 "HARBORHEAD" has stunning town and water views. Fabulous New Construction is modern but Classic Colonial design.
\$13,750,000 | Karen Bernier | 978-807-5580



Danvers
 Step inside this 2009 custom built waterfront paradise and you will be struck by the sunlight streaming through the 3 sliding glass doors.
\$999,900 | Kelly Martinson | 978-360-1618



Manchester
 Well maintained 3 bedroom, end unit Condo that sits on a quiet, private lane, but is conveniently located in the center of town.
\$928,900 | John Kotch | 978-500-4271



Charlestown
 1st Floor, Building 4, unique oversized 1 bedroom 1 bath WITH valet parking at Parris Landing! Open kitchen with breakfast bar and high ceilings.
\$599,900 | Raymond Gosselin | 617-543-9841



Beverly
 Waterfront/Beach/New Construction - Rare opportunity to purchase a 1.83 acre waterfront building lot on Boston's North Shore Gold coast
\$5,250,000 | Robin Martyn | 978-815-4497



Gloucester
 Don't miss this opportunity to own a prime mixed-use property, boasting a combination of 4 residential units and 3 commercial units.
\$2,650,000 | Debra Lovelace | 978-879-7356



Lowell
 Beautifully renovated loft townhouse in the heart of historic downtown Lowell. Enjoy the spacious open-concept living area.
\$549,000 | Tara Farley | 978-267-7785

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Could Gram be Depressed?



By Joanne MacInnis RN,
Certified Dementia
Practitioner

For most of our aging loved ones, discussing mental health is taboo.

The luxury of examining one's "feelings" was not part of the social norms when they were growing up. "Pull yourself up by the bootstraps, give yourself a good talking to, and snap out of it" are likely their thoughts behind disappointment and maybe even despair.

Many emotions, even those in extremes, are part of the human condition. There are times when our emotional center reflects our circumstances. How are we after the death of a dear loved one? Totally inside out and upside down. The feelings fit the situation. If we have the same response to a parking ticket or a rainy day, it is time to dig a little deeper.

Many elders report feeling anxious and afraid, which sometimes is a normal response to their circumstances. When you are experiencing unparalleled vulnerability, these feelings are an appropriate response. Even if you do the math... and can match up the mood to a life event that may be responsible... talk about it. You don't need to "pretend" that everything is "normal." Everyone knows it isn't. In most cases, the elder in question feels relieved to have it addressed.

All mental health research agrees on a couple of things,

one of which is that coping with any mental health challenge without support is sure to complicate the issue. While it's true that we want to protect the dignity and integrity of our elder loved ones and want to be very tender as we raise personal issues where they could potentially feel intruded upon, there is a terrifying possibility that we could raise the issue only to be told to "mind your own business." Yikes. Door slammed shut.

How can I broach the subject?

Like so many complex topics, our presentation has much to do with how our concern is received. Very careful choices of words, demeanor, and intent can go a long way. Identifying a change in someone's affect can make them feel ashamed, less than, like a failure, and not inclined to participate in the conversation.

Try using "me" language instead of "you" language. Instead of "everyone thinks you are depressed. You don't go out, you don't have fun, and you seem unhappy all the time", try, "I've noticed that you seem to be struggling a bit. You don't seem to have the energy for things you used to enjoy." With the latter approach, you are validating their experience and reality. It's an excellent place to start.

Many Primary Care Physician practices screen patients for mental health concerns. I have held that

same clipboard and fully understand why a suffering elder might not answer those questions honestly. The last thing they may want to admit is that this is real. Perhaps your elder loved one has a history of anxiety (or "melancholia," as they used to call it), but it's becoming more of an issue for them.

Where's the help?

Here's the GOOD news. Although we have a way to go, being honest about mental health, mood, coping ability, and grief is "out of the closet." Sadly, there remains a stigma, a needless obstacle to healing.

Councils on Aging and Senior Centers regularly have classes and workshops on managing difficult emotions. Care Dimensions offers grief processing groups specific to the loss. Never before have there been so many "apps" with calming and soothing affirmations, professional therapists, and healers of spirit, mind, and body. From massage to aromatherapy, acupuncture to reiki, and more modalities than we can list here.

In other words, help is available. "Newfangled" treatment options may be a hard sell, but they are worth the effort. Many elders worry that if they admit any "issue," they will be put on medication and "don't want to be medicated into zombie land." Some of this fear might stem from seeing others "medicated," which may have had nothing to do with

mood management.

In addition to the traditional medications used for anxiety or depression, a host of homeopathic treatments can be discussed with a provider. Without consulting their Primary Care Physician, I would discourage adding any medicine, tincture, or supplement. Some supplements seem perfectly innocent enough yet can wreak havoc with other medications or medical conditions.

In summary, if you have noticed an issue, bring it into the light.

Don't leave your loved one suffering because of the difficulty of raising the subject. You aren't the only one dealing with this. Talk to those you respect and trust. Take the suggestions of others who have gotten to this point already. There is a plethora of literature, articles, YouTube, TikTok, podcasts, and other places to find the practical help you need (always carefully verify what you learn with your healthcare provider).

Being "down in the dumps" for real is no joke. It robs us of the joy that is ours. Don't be afraid to intervene...in love. It's not a "one-and-done" conversation, for sure. The problem didn't arrive overnight, nor will it depart as such. Your concern will convey your commitment to your loved one and their quality of life. No stigma. Just help, support, and relief.

Solution to puzzles on page 10

S	H	I	L	L	A	L	A	M	A	S	S	
P	O	L	I	O	P	A	M	C	A	C	H	E
A	L	I	S	T	E	B	B	L	A	M	I	A
M	A	T	T	E	R	E	L	E	M	E	N	T
S	O	P	A	R	I	A						
B	A	D	S	O	F	T	P	R	O	T	O	N
O	T	I	S	C	L	E	G	S	N	A	R	E
Y	E	A	H	H	A	L	O	S	E	L	B	E
L	I	N	U	M	W	I	L	T	S	K	I	D
E	N	A	T	I	C	E	D	E	N	S	T	Y
S	P	A	R	L	A	O						
N	U	C	L	E	U	S	C	A	R	B	O	N
U	S	H	E	R	P	T	A	R	E	N	E	W
D	E	I	T	Y	I	I	I	O	S	C	A	R
E	R	N	S	C	N	N	W	E	E	P	Y	

6	8	3	1	5	7	2	9	4
9	1	7	3	2	4	8	6	5
5	2	4	6	8	9	1	7	3
8	4	5	9	7	6	3	2	1
2	3	6	8	1	5	7	4	9
1	7	9	2	4	3	6	5	8
7	5	8	4	3	2	9	1	6
3	9	2	5	6	1	4	8	7
4	6	1	7	9	8	5	3	2

PET OF THE WEEK



DURANZO – ONE OF SEVEN BROTHERS

Hey there! I'm Duranzo. I am a 2-month-old shepherd mix looking for my forever home. I came to Cape Ann Animal Aid with my six other brothers. I am super playful and love to run around. I give an endless supply of love and kisses.

I love my toys and I will love you even more. Do I

sound like the perfect match for you?

If you think I'd make a good addition to your family, stop by and visit me today.

Visit www.capeannanim-aid.org for more information about me and all the other animals waiting for homes here at the Christopher Cutler Rich Animal Shelter, 4 Paws Lane in Gloucester.

Religious Notes

Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorth-Shore.org. If you have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:

Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our YouTube as well as www.mecatholic.org
Sunday Mass - 8:30 a.m.

St. John the Baptist Church - Saturday Vigil Mass - 5 p.m.
Sunday Mass - 10 a.m.

Please go to our website: www.mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

The Assumption of the Virgin Mary Greek Ortho-

dox Church

8 Lafayette Road,
Ipswich Mass.

Church services, with Father Christopher Kolentsas, are held each Sunday.

Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

First Parish Church Manchester-by-the-Sea

Worship Sunday Oct. 8, 2023, 10 a.m., we invite everyone to join us for hospitality following the service. Worship Leader, Rev. Ellie Richardson. Music led by Dr. Herman Weiss, with the First Parish Choir.

Sunday school on Sunday morning begins in the church at 10 a.m.

Columbus Day, Monday Office closed, no Friends of the COA Senior Drop
Wednesday Choir rehearsal 7:30 p.m.

Thursday Bible Study, Via Zoom 4 p.m. join in with computer, smart device or dial in on a phone - email of

fpchurch@gmail.com or call 978-526-7661 for the link

St. John's Episcopal Church (Beverly Farms)

FALL SERVICE SCHEDULE - 8 a.m. Rite I & 10 a.m. Rite II
Our Children's Chapel is the first Sunday of every month. Our first children's chapel will be October 1.

Blessing of the Animals will be held on Sunday, October 8.

Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, www.gloucester-uu.org, for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional. Our church is handicap accessible. All are welcome.

EMMANUEL CHURCH (Episcopal)

19 Masconomo Street
Manchester, MA 01944
(978) 526-0085
www.emmanuelmanchester.org

The Rev. Luther Zeigler (Minister)

Ms. Priscilla Walter (Organist)

During the summer, we offer services every Sunday at 8:15 a.m. (a quiet, spoken service) and 10 a.m. (a family-oriented service with music)

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

LEGAL NOTICE



Town of Manchester-by-Sea
ZONING BOARD OF APPEALS
Town Hall, 10 Central Street,
Manchester-by-Sea, MA 01944-1399

NOTICE OF PUBLIC HEARING

The Zoning Board of Appeals of the Town of Manchester-by-the-Sea will hold a Public Hearing on Wednesday, October 18, 2023, at 7:00 p.m.

Location: This is a Hybrid meeting. ZBA Board will meet in Room 5, Town Hall. Applicants, Presenters, and Public are welcome to join the Board in Room 5.
<https://us06web.zoom.us/j/81614841564?pwd=6dRsbco14UdtNPaxQblHPu3BYneCTw.1>
Meeting ID: 816 1484 1564
Passcode: s9tttv Dial in: 646 558 8656

New Applications
Application of Mark Glosky on behalf of Calben Properties LLC for a Variance under Sections 12.4.6 of the Zoning By-Law, and or other relief as may be necessary to allow for the removal of 43 trailers and

15 storage containers and the construction of a storage building at 1 Beaver Dam Road, Assessor's Map 37, Lot No. 3 in District LCD filed with the Town Clerk on September, 11, 2023.

Application of Dana Shell for a Special Permit and Variance under Sections 12.5.2 and 12.4.6 of the Zoning By-Law, and or other relief as may be necessary to allow for the addition of a second floor to the building which would add to the existing nonconformity and to construct a wood deck to the northern side of the building to provide a functional outdoor space at 3 Anthony Lane, Assessor's Map 32, Lot No. 80 in District A filed with the Town Clerk on September 19, 2023.

Sarah Mellish, Chair, Zoning Board of Appeals

Posted to MNPA website: <http://masspublicnotices.org>

September 29, 2023 MC
October 6, 2023 MC



The North Shore's Premier Real Estate Agency



Hamilton \$3,985,000
Savin Hill - 15 acres of rolling lawns and direct trail access for equestrians are idyllic backdrops to 6-plus bedroom English country manor house (in-law suite, too), barn and 3-car garage.

Gretchen Berg



Essex \$1,750,000
Multi-unit property with potential for developers, investors and/or owner occupants with three current units. Includes period details, wide plank flooring, ample parking and close to downtown.

Ann Olivo & Rick Marshall



Danvers \$1,399,900
Masterfully built 4-bed, 2.5 bath home. Modern floor plan, 1st level primary suite, pantry, kitchen-dining area-family room. Option to finish lower level or buy as lot only.

The Lopes Group



Peabody \$1,300,000
Birch Hill Estates! West Peabody's Premier New Community. Stately Colonial to be built with a 2-car garage, 4 bedrooms, 2.5 baths, open floor plan, and rich architectural details.

Maria N. Miara

Thinking of
Buying or Selling
YOUR Home -
**WE ARE HERE
TO HELP!**



Danvers \$1,275,000
Live. Work. Generate Income. The Samuel Fowler House is an iconic landmark with rare potential: legal 3 family, 4,000 sf main house, 2 rental units, 7-car parking, upgraded systems.

Sheri Trocchi



Essex \$949,000
Pristine, charming Antique Colonial rebuilt/restored from the ground up has versatile floor plan, multi-width pine floors, all new windows. Huge living room fireplace, 3rd floor main suite.

Ann Olivo & Rick Marshall



Rockport \$849,000
Magical Antique has many new updates (kitchen-baths, too). Lovely kitchen with pantry, charming dining room, family room, cozy den. Refinished floors. New landscaping. Near town center.

Theresa Scatterday



Manchester \$579,000
Unique opportunity to build your dream home on 6.18-acre private, hillside lot near downtown and Singing Beach. Approval for 5-bedroom septic system and engineered plans pending. 1 of 2 lots.

Fabyan & Filias Team

1 Beach Street • Manchester-by-the-Sea, MA 01944 • 978.526.8555

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COLDWELL BANKER
MANCHESTER-BY-THE-SEA



**92 B Summer St
Manchester | \$649,900**
Condo \Single Family Alternative, close to schools, town ,MBTA, beach. Spacious 2 level unit, 7 rooms, 3 bedrooms, 1 bath
Marianne Round | Realtor
978-902-5452
OPEN HOUSE SAT 10/7
1-2:30 PM



**20 Landmark Lane
Rockport | \$850,000**
3 BR, 2 BA Hillside post & beam home with partial ocean views that has undergone extensive renovation to create a wonderful open floorplan.
Joan McDonald | Realtor
978-979-3190



**109 Belcher St Unit B
Essex | \$799,000**
New Construction 3 BR, 2 BA 2,000 Sq Town House
Mary Hickey | Realtor
978-500-4294



**85 Granite St Unit 1
Rockport | \$1,250,000**
Best Rockport Ocean views!
All New Systems!
Unique One Level 2000 sf Condo Lives like a Single Family.
Kathleen Claypool | Realtor
978-884-2111



**74 Cherry St
Wenham | \$4,250,000**
Sited on over acres of private, rolling lush fields overlooking a majestic pond. This property is move-in condition 6 BR, 5 .5BA, 7 Fireplaces
Lynda Surdam | Realtor
978- 764-7474



WHEREVER YOU
DREAM OF LIVING,
WE'LL HELP GUIDE
YOU THERE.

