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MANCHESTER CRICKET

A Local Tradition Since 1888

VOL. 136, NO. 18 FRIDAY, SEPTEMBER 22, 2023 PRICE: \$1.25

BRIEFLY

Fire Dept. Seeking Call Applicants

The MBTS Fire Dept. is actively seeking Call Firefighters. Make a difference in your community and be a part of a wonderful local team. Applications are at the Fire Station and are due back by October 1.

Food Donations at Friday's Hornets Football

At Friday's home game against Greater Lowell, the ME Hornets Varsity Football team is collecting donations to tackle hunger and offering discounted entry when you bring a cereal, peanut butter, or pasta donation. Hornets v. Greater Lowell, 6:30 p.m. kick off at Hyland Field.

Week 2 Crib Addicts

"Crib Addicts" Week 2 is in, and Harry Parsons is again in the lead, followed by Tina Latassa, Marc Kwiatkowski, Ben Conway, Ted Cakounes, Heather MacDonald, Paul Clark, Billy Bell, Corrie Whalen, Jim Chabot, Bob, Torkildsen, Stephen Chabot Pierre Rumpf, Martha Emery, Ed Conway, David Slade, Joan Snow, Michela Hirnak, and Clem Courcy. Tuesdays at the Legion behind Town Hall.

Community Center, An Uncertain Future

Last week we learned that, after 47 years at Harbor's Point, the Manchester Community Center will vacate its location after the property's condo association board declined to renew its lease. The MCC has been a mainstay spot for everything from yoga groups to garden clubs to AA meetings. For decades, Harbor's Point waived rent entirely for MCC, which owns the building (a former MBTA train cargo facility) but not the land it sits on. The MCC has been paying a nominal month to offset maintenance costs. The MCC board shared a letter detailing its side of the situation (Page 4). Town Administrator Greg Federspiel comments on the MCC too (Page 3). Most hope the MCC will continue in some form, and cooler heads will prevail for a productive solution.

HAPPY AS A CLAM



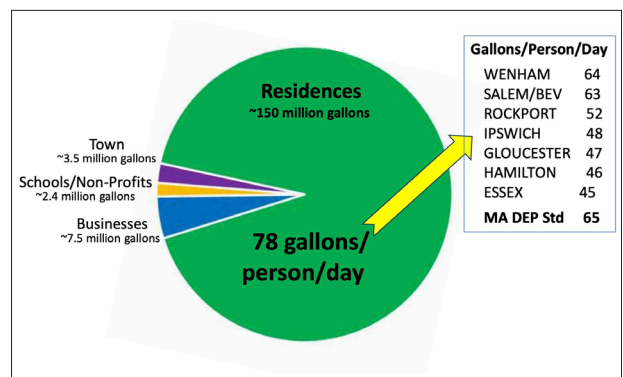
On Friday the weather broke just long enough to shine on a wonderful Essex tradition: the Essex PTO's Happy as a Clam 5K Race, Walk, and Fun Dash. It was the 15th year of the race, which raises money for Essex Elementary School (EES) programming. Hundreds of locals turned out to race, and fun was had by all. Runners and walkers in the 5K events traveled the EES neighborhood escorted by the Essex Police Department and cheered on by EES staff. At left, this gal in her tutu (over her running shorts) hasn't yet noticed the event's official mascot, "Clammy," but her brother sure has. And he's excited! (Photo: Erika Brown)

New Water Rates Tabled in Manchester

On Monday the Select Board voted to delay adoption of a new conservation-based water rate structure that would have financially penalized the highest residential and business water users and rewarded the lowest users of municipal water.

"I don't think we're there yet," said Ann Harrison. "And we owe it to residents and businesses to be clear on this before we introduce this."

The proposed rate structure was introduced by the Manchester Water Resources Protection Task Force as part of its final report in June and designed to curb water usage with the goal of lowering consumption to the state-recommended level of 65 gallons of water/person/day. According to the task force analysis, Manchester's water usage exceeds that by



Manchester residences used about 150 million gallons of drinking water from 2018-2022, which amounts to 78 gallons/person/day, significantly above state recommendations and neighboring towns. Source: MBTS Water Resources Protection Task Force

20 percent—78 gallons/person/day, according to Steve Gang who chaired the water task force and currently chairs the Conservation Commission—and this usage spikes wildly in the irrigation-heavy summer months, especially in Manchester's high net worth neighbor-

hoods. In the weeks before Monday's vote, SB members had already begun receiving significant pushback from residents on the proposed rates. Gang acknowledged that Manchester's water supplies are not currently threatened, but he warned that

could easily shift as climate change progresses. He also said that like a third of other Massachusetts municipalities, Manchester faces challenges of removing contaminants like PFAS "forever chemicals" from water supplies by 2029, which the Dept. of Public Works estimates will cost \$25 million. "Rates are one piece of the puzzle," Gang told the Select Board on Monday. But it's a critical one. Curbing water usage is a stubborn challenge that requires information, communication, and up to three years before the needle moves on adoption. "For something that takes this long, we need to start now," Gang said. John Round served as the Select Board member on the task force. He said 80 percent of Manchester homes would not be impacted by the proposed new rates.

The average home would not see any change. But over three public hearings on the subject the SB has seen pushback from residents. Last month, Phil Furse of Blossom Lane said the new rates were akin to a second tax unfairly levied on homes with large families instead of targeting or rewarding efficiency of the overall household. On Monday, Furse forwarded a petition that he said secured signatures by 111 residents at 38 addresses opposing the new structure. "The new proposed system is a solution without a tangible problem," Furse wrote. "With that said we are collectively against such a punitive action at this time. Please vote against implementing this proposed system." Jay Bothwick of Boardman Ave. is an attorney who has served on the Finance Committee and is currently the president of the Citizens Initiative for Manchester Affordable Housing (a.k.a., "CIMA"). In a letter he strongly objected to the ... (Continued on page 2)



There were three options for renovating the Rotunda to meet new federal standards for tide surges, but in the end the Select Board voted for Option 1, seen here, in which encased steel pilings would raise the structure to 19' on its current footprint, costing \$2.3 million. (Image: Foth Engineering 2023)

Rotunda Stays Put

The question of how to exactly renovate the historic Rotunda at Tuck's Point in Manchester has been studied for about two years. But on Monday, the Select Board proceeded at a "riptide" pace, taking just two minutes to approve a design to raise and renovate the historic structure without moving it inland. The estimated \$2.25 million project still requires funding approval at Town Meeting, but the direction endorsed by the board would raise the structure with steel pilings and renovate the

Rotunda and its approaching pier to comply with new federal regulations and ADA requirements. The elevated structure would also be protected from "50 year" storm surges and expected rising sea levels. The path to a decision drew animated discussion and responses from the community, most in favor of keeping the Rotunda out at the end of a pier where it's been for more than 100 years. The spot is one of Manchester public gems, on the waterfront with open space, easy parking, the Chowder

House, public bathrooms and a pier that extends out into the harbor and offers views out to the ocean. The Rotunda is a recognized icon of Manchester used by regional organization to quickly identify the town. It's also a favorite spot for everything from crabbing to wedding ceremonies and pre-high school prom photo opportunities. An engineer with Foth Engineering, Christina Player, last week led the Select Board and public hearing attendees through 3D renderings of three options, with costs for

each approach, which ranged from \$1.75 million to \$5.75 million. Two options were identical in keeping the Rotunda where it is currently and raising the structure five feet to a 19' elevation above mean low water tide (required by federal law). The only difference was sequence—do the project now (for \$2.25 million) or in two phases separated by 20 years (for \$5.75 million). The third option would have pulled the Rotunda on shore to the knoll just south of the Chowder House. Manchester's Cindy Rezza is a mainstay at Tuck's Point for decades, earning her title of the unofficial "mayor" of Tuck's Point Beach. She and her siblings grew up coming to Tuck's Point, as did their father before them. Rezza said for children, especially, Tuck's Point is a community asset that offers access to families of all types and income levels. "I want kids to have the same experience I had ... having fun on the Rotunda the way I did growing up, and my dad's time too. Crabbing and jumping off the Rotunda into the water at high tide. Today, people might not get that some kids are poor, and to have the ability to go crabbing and have a 'Wow' experience at Tuck's Point is special and it wouldn't be the same without the Rotunda," she said. ... (Continued on page 6)

Weekly Weather Chart

Date	Weather	High	Low
Saturday 16 Sept	Cloudy	66°	56°
Sunday 17 Sept	Cloudy with rain	65°	55°
Monday 18 Sept	Cloudy with rain	68°	61°
Tuesday 19 Sept	Cloudy with rain	67°	64°
Wednesday 20 Sept	Cloudy	63°	59°
Thursday 21 Sept	Sunny	64°	57°
Friday 22 Sept	Cloudy	63°	57°

Weather data pulled Wednesday and is subject to change.

Gavel to Gavel
 This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.	Subcommittee Zoning Options Monday, September 25 10 a.m. Town Hall, Room 7
MBTS MBTA Task Force	MBTS ZBA Site Visit Monday, September 25, 2023, 5:30 p.m.
	Essex BOS Monday, September 25, 6 p.m.

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Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

Adella Margaret Brady



On September 5, Adella Margaret Brady, loving mother, grandmother, great grandmother, and friend, passed away peacefully at the age of 90. Her kindness, elegance, and joy for life will be dearly missed by all who knew her.

Named after her paternal grandmother, "Del" was born on March 11, 1933, in Hackensack, New Jersey to Ralph William Legge and Aletha May (Williams) Legge. She grew up in Fairhaven,

New Jersey and attended Rutherford High School. Upon graduation, she attended Vermont Junior College where she met, then married her former spouse, William (Bill) G. Crannell. Del and Bill welcomed their first child, Mark Prescott Crannell, while serving overseas in Germany, and greeted their second child, Karen Lee Crannell, soon after returning home to the United States. After living in California, Connecticut, and New York, the family settled in Manchester-by-the-Sea in 1969.

In 1974, Del married James R. Brady and together they had a son, Timothy MacDonald Brady. Del and "Jim" were married for 46 years until Jim's death in 2021. They enjoyed traveling and spending time with friends and family at the Manchester Bath & Tennis Club, the Salem Country Club, and their home in Manchester-by-the-Sea. Del was a born entertainer. A gifted singer,

soloist, and pianist, she sang with choral groups, the Vermont Symphony Orchestra, the USO, and was often featured on the radio in her younger years. After settling down with children, she spent her free time singing with the Manchester Women's Chorus. As well as engaging in a real estate career in Manchester-by-the-Sea, Del led the Manchester Women's Club as their president, and was honored for her work with The Visiting Nurse Association.

Del was one of a kind. Her beauty, talent, and style lit up every room she entered. She had an infectious laugh, an adventurous spirit, and a genuine kind word for all who crossed her path. Del was never without a dazzling smile and a positive attitude to match. Whether cruising in her convertible or cheering on her grandchildren at a tennis match, Del made heads turn with her easy confidence and movie star good looks. Del's inner beauty,

love, generosity, and tireless dedication to her family and friends was a warm embrace that will never be forgotten.

Del is survived by her son, Mark Prescott Crannell and his wife Marlene, her daughter and best friend, Karen Crannell Fuca and husband Joseph Fuca, and son Timothy MacDonald Brady and wife Sarah. She will be dearly missed by her brother and sister-in-law, William and Gail Legge of Cousins Island, Maine, her sister, Ellen Caputo of Brunswick, Maine, and her grandchildren, Alysia (Crannell) Landry, Heidi (Crannell) Kaplan, Brett Crannell, Michelle Fuca, Michael Fuca, Callie Brady and Benjamin Brady, and great grandchildren Brady, Carter, Jace, Zachary, Cameron, and Faye. A private graveside burial was held on Thursday, September 14. In lieu of flowers, please donate to Alzheimer's Foundation of America, 322 8th Avenue, 16th Floor, New York, NY 10001 or alzfdn.org.

...(Continued from page 1)

proposed rates, arguing that Manchester's overall water usage is lower today than it was 30 years ago. Further, he wrote, the new structure with penalty rates for tippy top water users would make Manchester vulnerable to a charge of levying illegal municipal fees under Proposition 2½.

"Nowhere in the (Water Task Force) Report's Summary of Findings, nor in the June 1990 Water Resources Protection Plan that contains the most extensive capacity analysis of the Town's water resources, is there a statement or conclusion that the Town has inadequate supplies of drinking water," Bothwick wrote.

SB Chair Ann Harrison picked up on this, asking if there is a water supply issue in Manchester.

Gang acknowledged there isn't a supply issue, but said the urgency for conservation isn't just about supply but also

about PFAS contamination, saying communities with higher usage rates have higher contamination rates.

Harrison asked DPW director Chuck Dam, a former president of the Massachusetts Municipal Water Association, if a conservation rate structure was warranted. Dam said yes, if only to position the town well in the face of unpredictable swings of drought and excess. Also, Dam said, nearly all of the calls to his office since the new rates were proposed have come from residents who were clearly in the dark about just how much water they'd actually been using.

"We need to start somewhere, and the numbers should trend down at some point," Dam said. The real question is how quickly to do it and how to set homeowners up for success.

The task force recommended adoption of "smart" meters that feature a cell phone app that can push

usage data in real time to homeowners, along with information on how to conserve water and lower their bills.

Katerina Gates of School Street said she favored the new rates, adding that people in Manchester "don't respect the water." Others agreed, saying Manchester has a long way to go in embracing sensible conservation practices like using grey water for irrigation, rain barrels, drip irrigation or planting native species that require less water and can replace large chunks of emerald lawns.

Select Board member Cathy Bilotta said she favored the new rates, but said adoption is premature without a comprehensive rollout plan and effective communication to homeowners. She recommended voting in the new rates early next year.

Select Board member Brian Sollosy said the "conservation" from his perspec-

tive, is about "conserving the family wallet." He said families need an easy interactive calculator to really understand what the new rates mean, in dollars and cents, to them personally. Bilotta agreed.

Select Board member Becky Jaques said she wasn't inclined to support the highest tier with its dramatic increase because it's punitive. At the same time, she said she didn't favor the lowest either, which would actually lower water rates for some households.

Ann Harrison said she disagreed with the premise that Manchester had a water supply crisis. If conservation rates are justified it would need another argument.

In the end, the Select Board decided to continue with the across-the-board, 2.5% increase to the rate approved in July and postponed a final decision on the new structure until January when a rollout plan is final.

MANCHESTER POLICE NOTES

SUNDAY, SEPTEMBER 10
8:59 a.m. Route 128SB, motor vehicle stop, written warning. 10:04 a.m. Route 128NB, motor vehicle stop, written warning. 12:15 p.m. Central St., agency assist, assisted as needed. 7:48 p.m. Beach St., fire alarm, fire false.

11:17 a.m. Bridge St., selective enforcement, no action taken. 1:30 p.m. Pine St., motor vehicle stop, written warning. 4:59 p.m. The Plains St., fire alarm, fire false.

TUESDAY, SEPTEMBER 12
11:22 a.m. Jersey Lane, animal complaint, assisted as needed. 4:14 p.m. School St., motor vehicle accident with injury, report to follow. 5:46 p.m. School St., motor vehicle stop, written warning. 6:18 p.m. Coolidge Point Rd., brush fire, fire confirmed.



WEDNESDAY, SEPTEMBER 13
7:18 a.m. Lincoln St., directed patrol, secured/checked. 2:20 p.m. School St., motor vehicle accident, no personal injury, assisted as needed. 6:57 p.m. Raymond St., motor vehicle lockout, assisted as needed. 9:30 p.m. Lincoln St., selective enforcement, no action taken.

THURSDAY, SEPTEMBER 14
8:11 a.m. Lincoln St., directed patrol, no action taken. 1:02 p.m. Route 128SB, traffic hazard, assisted as needed. 8:33 p.m. Black Beach, welfare check, secured/checked. 9:33 p.m. Beach St., directed patrol, secured/

checked.
FRIDAY, SEPTEMBER 15
6:51 p.m. School St., directed patrol, secured/checked. 2:13 p.m. Lincoln St., animal complaint, spoken to. 4:25 p.m. Beach St., fire alarm, assisted as needed. 9:29 p.m. Masconomo St., disturbance, spoken to.

SATURDAY, SEPTEMBER 16
12:13 a.m. Pine St., motor vehicle stop, written warning. 8:45 a.m. Elm St., alarm, secured/checked. 1:58 p.m. Beach St., motor vehicle accident, no personal injury, assisted as needed. 9:12 p.m. Central St., disturbance, spoken to.

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A Busy Monday Night



By Gregory T. Federspiel

This past Monday, September 18, saw a particularly packed agenda for the Select Board. While there is usually a full slate of topics to cover at the Board's regular meetings, this meeting seemed particularly charged with high impact topics. We had a full house in attendance plus some 50 participants logging in through the Zoom option.

First up was a continued discussion on water rates. The Water Resources Protection Task Force completed a comprehensive study on our water system and crafted a report with over a dozen specific recommendations for how we can better manage and protect our drinking water. One of the recommendations is to work toward lowering our per capita daily water consumption. Due to a high use of drinking water for irrigation purposes, our daily per capita consumption is above the state target - we are at 78 gallons per day per person vs the target of 65 gallons or lower per day per person. While our supplies are adequate to meet demands under normal to wet rainfall years, drought conditions stress our system. A proposal to charge a much higher rate for the highest consumers of water as a way to encourage lower consumption was debated. While there was general support for conservation efforts of what ultimately is a limited resource, the Board held off for now approving a new rate structure, wanting to focus first on greater outreach about the proposed rates, education about ways to conserve water, and providing time for property

owners to adjust their consumption habits. The Board remains extremely grateful for all the good work the Task Force performed and plans to keep moving forward on their many recommendations.

The Board reviewed the options for repairing the Rotunda at Tuck's Point. Three public forums had provided important community input into the preferred option. The Board voted to advance the plan that calls for raising the pier and Rotunda keeping the same footprint but elevating it to a height of 19 feet above Mean Low Water in a single construction project. The engineers will get to work finalizing this design and securing the necessary permits. Grant funding for the project will be pursued next winter and spring with the aim of securing 100 percent grant funding for a construction project late fall, early winter of 2024-25.

In preparation for a joint meeting with the Select Boards and Finance Committees from both Essex and Manchester along with the regional School Committee, the Select Board conferred on their desires for the District. The Board expressed strong support for maintaining a high-quality educational system. To help maximize efficiencies in school operations, particularly regarding non-programmatic costs, the Board recommends that the District bring in a third party to help scour potential areas for savings. With District costs typically increasing in the 3 to 3.5 percent range and local tax increases limited by Proposition 2 1/2, occasional overrides may be needed in order to ensure a high-quality District. This overall increase can translate to an even higher

increase for one town or the other depending on enrollment patterns from each of the towns. A particular challenge arises when one town rejects a needed override. The Manchester Finance Committee also affirmed their support for a high-quality school system and support for the needed funding to ensure the District's success. Three or four meetings of the five boards/committees are planned for the upcoming budget cycle to see what strategies can be agreed upon to ensure the District can continue to thrive. The Select Board next turned their attention to a possible Fall Special Town Meeting. While not confirmed that such a meeting will be held, the Board targeted November 13 for the date. The articles for a fall Town Meeting will be developed over the next few weeks and the plans finalized in October.

The last "hot topic" of the evening was a discussion about the Community Center, run by the local private non-profit. The building, owned by the non-profit, sits on land leased (for a nominal fee) from the Harbor Point Condominium Association. They have been operating with a month-to-month lease arrangement and the Association has decided to end the lease. The Select Board endorsed moving forward with negotiations with the Association whereby the Town and the Community Center would team up to provide expanded use of the building, allowing the Community Center to continue their operations and adding additional services that the Town could provide. Hopefully this approach proves to be a win-win for all concerned.



BOARD UPDATES

Planning Board Meeting: The Planning Board will meet on Monday, September 25 at 6:30 p.m. Meeting details can be found on the Town website.

Community Preservation Committee Hearing: The CPC will hold their annual public hearing on September 28 at 5:30 p.m. Meeting details can be found on the Town website.

DPW Hydrant Flushing: DPW will begin their biannual hydrant flushing on October 2. Flushing will continue through November 15 and will take place Monday through Wednesdays from 7 - 11 p.m. If you experience discolored water, run a cold tap until clear.

Board of Health Flu Clinic: The Board of Health will host their annual flu clinic on October 4 from 9 a.m. to 12 p.m. at the American Legion Hall. Both quadrivalent and high dose will be available. Registration is required. Please see the Town website for more information.

2024 Chowder House Rentals: Reservations for the Chowder House will open on October 19 at 5 p.m. at Town Hall for residents only. The Parks and Recreation department will hold a lottery at this time for present attendees to determine the order of reservation.

New Emergency Alert System: The Town is changing vendors for emergency phone calls from Code Red

to Smart911. Sign up today to ensure you receive these critical phone calls in an emergency. Register at bit.ly/MBTSSmart911 or visit the Town website.

Transfer Station Hours: The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m.-3 p.m.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection.

Follow Us on Facebook, Instagram, and X (formerly Twitter) @townofmbts and visit Manchester.ma.us to stay informed.

WHAT WAS HAPPENING

90 YEARS AGO - 1933

The Essex County Club Employees held their annual outing at Tuck's Point Tuesday, about 50 members and guests being present. The weather was ideal, and a fine time was enjoyed by all with a program of sports. The big feature of the day was the turkey dinner served by a caterer.

One of the worst storms Manchester has experienced in years began on Friday, which was generally cloudy and threatening all day, but the rain did not appear until midnight and then came down in no uncertain manner and continued throughout the day and night.

75 YEARS AGO - 1948

Chief Registrar Frederic Reynolds announces that the final registration figure for Manchester in the first peace-time draft on record, stands at 167. Of these about 20 are visitors in Manchester who were registered, the rest being residents of the town.

Officer Arthur Logue had the misfortune to jam two fingers in the trunk of his car recently, necessitating medical care.

60 YEARS AGO-1963

Manchester Police Officer

Felix Radack successfully completed an intensive six-week course of training in all phases of modern police work and received a diploma from the Massachusetts State Police Academy on Friday, September 20.

Heralding the beginning of a new era and the close of an old was the closing this week of Bullock's Grocery, located on Union Street, and the opening of Bullock's, a modern liquor store in the Means Center off Beach Street.

45 YEARS AGO - 1978

The public hearing, scheduled for 8 p.m. Tuesday evening, was cancelled abruptly, when at the appointed hour, a letter was read which withdrew the application of Ronald Clark of Salem and others to establish a private elementary school on the Estin property on Boardman Avenue. Obvious opposition to the plan was the reason for the written withdrawal of the application. The Manchester Hornets opened the 1978 football season with a 28-6 non-league victory over Notre Dame of Fitchburg. Manchester won 41-0 last year, but this year Notre Dame showed a stronger more polished team, and gave the Hornets quite a run

for their money.

30 YEARS AGO - 1993

Four giant water bottles, one each for pennies, nickels, dimes, and quarters are stationed in the Memorial School lobby, waiting to be filled with contributions for DISK from the school's students. The drive will run through October 7.

We now have a cost figure for outfitting the old wiring and lights for the Friendship Tree in downtown square. Cost will be close to \$3500.00 for the complete job. The Manchester Woman's Club is asking for your help.

15 YEARS AGO - 2008

The Board of Selectman met recently with members of the Fourth of July Parade Committee to discuss issues about the Parade. While much of the day of the parade itself is festive and fun, there were instances this year that have brought forth several negative comments.

On October 8th the Manchester Bike and Pedestrian Committee will be sponsoring a Bike/Walk to School Day at Manchester Elementary School. This one-day event is to celebrate Nation Walk-to-School-Day.

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
22 Fri	4:51	8.2	5:03	9.6	11:19	1.9			6:29	6:42
23 Sat	5:52	8.0	6:04	9.5	12:09	1.1	12:19	2.0	6:30	6:40
24 Sun	7:01	8.0	7:13	9.6	1:11	1.1	1:24	1.9	6:31	6:39
25 Mon	8:12	8.4	8:26	9.8	2:15	0.8	2:29	1.4	6:32	6:37
26 Tue	9:17	8.9	9:33	10.3	3:17	0.4	3:31	0.8	6:33	6:35
27 Wed	10:15	9.6	10:34	10.7	4:15	-0.1	4:31	0.2	6:34	6:33
28 Thu	11:08	10.3	11:30	11.0	5:09	-0.5	5:28	-0.5	6:35	6:31



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LIBRARY NEWS



September is Hunger Action Month.

Courtesy Photo

Library's Free Public WiFi
MBTS Library's WiFi is now encrypted, offering extra security for our community and guests. Log on from inside the building or from the front garden by connecting to MBTSLibraryWifi using password library1887.

September is Hunger Action Month
Help spread awareness by wearing orange. Orange is the color used to raise hunger awareness. Stop by the library to make a non-perishable food donation. Check out an orange cookbook.

NBC Sports Journalist, Trenni Casey (Virtual)
Thursday, September 28 from 10-11 a.m. Meet Trenni Casey, on-air sports journal-



ist for NBC Sports Boston/NBC 10. We will be discussing how Trenni got to where she is, what it takes to be a sportscaster in New England as a woman, and the current state of Boston sports. Bring your questions, this is sure to be a fascinating and enlightening conversation.

CREW's Climate Prep Week
September 24-30th. This year's theme is "the intersection of climate change and the broader social justice movement".

Hike the Wilderness Conservation Area with MECT
Saturday, September 23 from 10 a.m.-12 p.m.

Extreme Flooding and a VT Library's Response (Virtual)
Monday, September 25 from 7-8 p.m.

Make Your Own Citrus Garland
Tuesday, September 26 from 5-6 p.m.



Climate Fiction for Future Ancestors with Creative Manager for Grist (Virtual)
Wednesday, September 27 from 6:30-7:30 p.m.

Community Movie Screening of "The Clean Bin Project"
Thursday, September 28 from 6-8 p.m.

How NASA is Combating Climate Change
Friday, September 29 from 2-3 p.m.

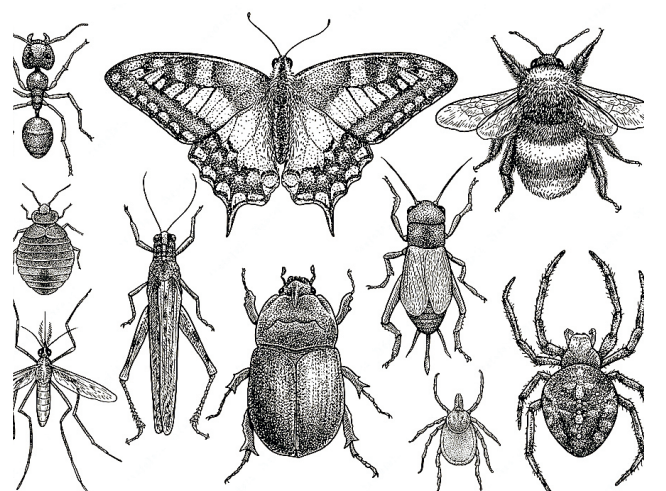
Mystery Book Group
Friday, September 29 from 10:30-11:30 a.m. The Manchester Mystery Book Group meets on the last Friday of the month. This month we will discuss "Thirteen" by Steve Cavanagh.

Hearthside Book Group
Tuesday, October 3 from 4-5 p.m. Join us in person or on ZOOM to discuss "The Postcard" by Anne Berest.

Sara Collins' Retirement Party
Friday, September 29 from 2-4 p.m. After 35 years of service to Manchester, Ms. Collins is retiring. Join us, rain or shine, on September 29, for food, sweet treats, non-alcoholic beverages, lawn activities for all ages, and a community photo via drone at 3:30 p.m. to celebrate Sara and wish her joy and happiness in her next chapter. Please stop by or mail any messages, memories, songs, recipes, and books that remind you of her to be added to a remembrance book being collected as a gift. If you want to share something with Sara publicly at the event email Maddy Willwerth.

September is Library Card Sign-up Month
Manchester Public Library joins the American Library Association and libraries nationwide to remind everyone about the valuable resources available with a library card. To sign up for a library card or to learn more about the library's resources and programs, please stop by the library.

Mindfulness Meditation
Every Tuesday from 11 a.m.-12 p.m. at the Community



Center with Alida Bryant. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change venues.

Tai Chi
Wednesdays from 9:45-10:45 a.m. When the weather is good the class will be held on the library's front side lawn, if the weather is inclement, it will be held at the Manchester Community Center. Please complete the Safety Release Registration Form, on the event listing on the library website, before joining. Susan Halpern will update by email those who have completed the Safety Release Registration Form.

Digital Advice Appointments and Drop ins
Register for a dedication session on Mondays, or drop in most Fridays between 3-4 p.m. Increase your comfort level with technology or try out a digital service you have always wanted to try.

Shut Up and Write (Virtual)
Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to critique or be critiqued.

Calling All Local Artists
For the Friends of the Library's 1st Falling For Art Exhibit and Sale, October 20-22, 2023. Artists and photogra-

phers are invited to submit up to 5 digital jpg images by August 30 to fallingforartmbs@gmail.com. Include your name, title of piece and price.

MPL Children's Events: Children's Room Summer Reading Participants
The Topsfield Fair starts on September 29. If you were notified that you won a pass to the fair, be sure to stop by to pick it up from Miss Audrey or at the circulation desk. Summer reading raffle prizes and volunteer thank yous are also still available for everyone notified about receiving one. See Tom in the Teen Loft to claim yours any weekday after school.

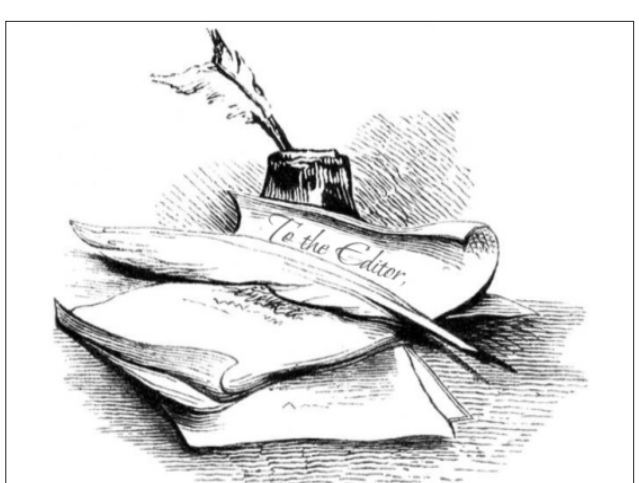
Pop Up Art School: Insect Shadow Boxes
Wednesday, November 8 from 1-2:30 p.m. Using images of butterflies, moths, and beetles as reference, draw and paint your own realistic or imaginative insects and mount it in a paper shadow box.

Storytime with Miss Audrey
Mondays at 10 a.m. for ages 0-5. Our youngest patrons and their caregivers are invited to share songs, rhymes and simple stories.

Teen Advisory Board (TAB)
Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.

Note Fall Hours: The library is now open on Saturdays from 10 a.m. - 4 p.m.

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Manchester Community Center's Lease Terminated by Harbor's Point Condominium Association

To the Editor,

After 47 years serving the Manchester Community from its present downtown location, the Manchester Community Center (MCC) must find a new home. MCC's landlord at its present location, Harbor's Point Condominium Association, exercised an option to terminate the MCC's lease on September 8, 2023. Our organization needs to vacate the building we own by November 12, 2023. That means

the community center no longer has a place for its ongoing programs and commitments to our residents as of that date. We are looking for ideas from our community to help us continue to provide a place for quality programs and events in the decades to come. The community center started as a youth center in 1976, when Augustus Means donated the building. In 1988, it was incorporated and became the Manchester Community Center Inc., a

501 (c) (3) non-profit organization. As MCC's mission statement reads, "The center provides a place where residents gather to meet, work and socialize. It opens its doors to groups and organizations of all types, leading and supporting worthwhile initiatives that make Manchester-by-the-Sea a truly special place to live."

For decades, the MCC has supported its mission by hosting and partnering with local groups on numerous events, such as the Wobblin' Goblin Festival, Easter Egg Hunt, Jingle Bell Walk, Town Wide Clean-up and more. This is in addition to providing its space free of charge to non-profit Manchester organizations like the Council on Aging, Alcoholics Anonymous, Girl Scouts, Manchester Mother's Club etc. MCC offers a variety of workshops and classes in art, meditation, and yoga to name a few. The center's wide variety of events and programs allows the people it serves to get together as a community.

It's important to note that MCC is self-funding. We are not supported by the town. MCC owns its building, but not the land the building sits on. The lease termination means MCC will need to leave that asset behind unless we can find an alternative. To help raise money to support the programs and maintenance of the building, the MCC does a yearly Annual Appeal, Membership

Drive, and our Golf Tournament Fundraiser, now in its 25th year. The rest of the funding comes from individual and corporate donors. In addition, the MCC provides MERHS students an opportunity for a scholarship by serving on our Teen Board. The MCC partners with a number of local organizations, including Parks and Recreation Department, the Chamber of Commerce, Early Childhood Partners, the Manchester Mother's Club, etc.

The Manchester Community Center has served a uniquely uplifting role in creating traditions and building community for generations of residents who've made their home here. We're grateful to every resident, family, business and organization that's made use of our resources, championed our mission, and partnered with us over the years. The MCC will be scheduling a community meeting in the near future to gather and explore options. We would like to continue to serve the community for generations to come and are looking for ideas from "you" to help push our mission and programs forward. Please contact us at 978-526-7626 or manchestercommunitycenter@gmail.com. We look forward to hearing from you.

With much appreciation,
The Manchester Community Center Board

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Joy from an Unknown Artist

MUSINGS

William Barth, Jr., MD

Joy and beauty are elusive in this post pandemic, divided, burning world we inhabit. Elusive, but not gone.

I swim for many reasons; first among them, to reach a state of concentration, rhythm and flow sufficient to turn down my emotions and stress—stress left from global viruses and our divided country, from the wildfires and floods streaming in my news feed. With a blanket, a thermos of coffee, a wooden chair, a wetsuit and swim goggles, the town beach is my therapy room.

The cold water of the Atlantic, a view of the ocean floor, currents enough to keep me focused, and nothing but a vast silence interrupted by the voices of gulls - Singing Beach on early mornings is extraordinary.

Last weekend, I rose before dawn, filled a thermos with coffee, and drove through the fog to an empty parking lot. I was alone ... not a soul on the beach. As I began my pre-swim coffee and banana, the routine warnings flashed through my mind - careful when swimming alone (no lifeguards on duty), and if there are seals in the water, there may be sharks in the water. But this morning was splendid. The water calm, a grey green glass. The sand washed smooth from the night's outgoing tide.

After the initial shock of



This beachfront “Banksy” came, left their mark, and disappeared as I swam. Beyond their generosity of spirit, the only thing I know about this person is that they have five toes on the foot that draws.

encircled my beach chair, and some of them formed heart shapes. The artwork ended by vanishing into the dry sand above the high tide line.

This beachfront “Banksy” came, left their mark, and disappeared as I swam. Beyond their generosity of spirit, the only thing I know about this person is that they have five toes on the foot that draws. I sat and relished the beauty of the moment, knowing that the drawing would soon vanish with the rising tide, and that I might be the only soul to witness it.

To the unknown artist, thank you! Solitude in the natural world can be beautiful, and human connections can avert loneliness, but this liminal space in between was sublime!

the cold, I found my rhythm and swam the length of the beach, from rocks to rocks and back, about a mile. As I left the water and walked toward my chair, I noticed that the sand was no longer washed clean and smooth.

As I practiced my favorite form of meditation—ocean swimming, it seemed another human had practiced theirs. Someone on the beach had carved a continuous line of flowing six-foot curls and waves into the sand with their bare feet. The waves

William Barth, Jr., MD is a resident of Manchester. Do you have an idea for an “Musings” essay on local life? Email us at news@thecricket.com.

Bravery, Kindness and Adventure Abound in Children’s Book Henrietta and the Fox

Manchester author Katharine Stanley-Brown Abbott and illustrator Kristin Richland launch the second book in their lovable Henrietta series.



Author Katharine Stanley-Brown Abbott is a resident of Manchester and has recently published “Henrietta and the Fox.”

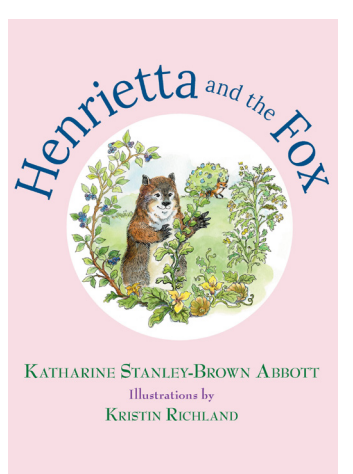
Courtesy image

perience which will appeal to young readers was my goal with the illustrations,” said Richland. “We hope to transport them to a world of fun and adventure.”

Henrietta and the Fox is set to join its predecessor, Henrietta, in engaging young readers with its blend of fun, adventure and valuable life lessons.

Abbott is author of Nantucket Summers, Cobblestones and Ice Cream Cones—A Trip to Nantucket in Rhymes (2019), A Zoo Full

of Rhymes (2020) and Henrietta (2022), the proleptic author has also written two memoirs and co-written three cookbooks and a commemorative book for a women’s social club. Abbott considers herself a generalist, with interests in needlepoint, knitting, cooking, travel, reading, tennis and life-long volunteerism. She is also an accomplished collage artist whose work has been exhibited and sold in juried shows, art festivals and open studios.



Author Katharine Stanley-Brown Abbott and artist Kristin Richland have collaborated again, debuting Henrietta and the Fox the sequel to their beloved children’s book published two years ago, Henrietta.

In this second installment of the engaging series, Abbott’s protagonist Henrietta once again demonstrates her trademark bravery. As Henrietta faces off against the fox who had previously frightened her, the story explores themes of compassion, courage, kindness and gratitude.

The book is now available online through SDPPublishing.com, and can be ordered at local independent bookshops.

“I have always encouraged my children and grandchildren to explore through reading and using their imaginations,” explained Abbott, a Manchester resident. “I hope that children just learning to read and young independent readers alike will delight in Henrietta’s spirited adventures and the enduring lessons they impart.”

Abbott brings her diverse

range of interests and extensive writing background to bear in crafting Henrietta’s world. As an author of children’s books, memoirs, cookbooks and more, Abbott can blend a range of experiences and knowledge into her storytelling, making her characters and their stories feel rich and relatable. Her deep appreciation for art, travel and lifelong learning permeates the narrative, providing a vibrant backdrop for Henrietta’s adventures.

Illustrator Kristin Richland’s artistic contributions significantly enhance the captivating tale. Her fascination with animals and nature shines through in the vibrant illustrations, with clever nods to fairy tales and lore sprinkled throughout. The illustrations work harmoniously with the narrative that children will find visually and intellectually engaging.

“Creating an immersive ex-

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Big Win Over Newburyport Gives ME Field Hockey Momentum

By Jason Brisbois

The Manchester Essex field hockey team started off a big week with a big win, the biggest so far of this young season.

The Hornets beat perennial power Newburyport on Monday afternoon, 3-1, giving the team a win that should provide them with a real boost of momentum heading into a home game at night against Ipswich (Sept. 20, 7 p.m.) and an away matchup with Amesbury on Sept. 23 (10 a.m.).

"This was a huge game against Newburyport," explains ME field hockey coach Courtney Brown. "They are such a highly respected and skilled program so we knew we would have to set the tone early."

The Hornets did just that. Abby Kent set up Greta Gado to give ME an early lead just three minutes into the game, and the Hornet defense put in a stellar effort in front of goalie Brigid Carvilanno. Kent scored her second goal of the game in the third quarter with an assist coming from Ella Chafe, and Kiernan Day (assisted by Torrin Kirk) put in an insurance goal in the fourth.

"In this game we emphasized possession of the ball and smart passes," says



ME Senior Caelie Patrick faces the Bishop Fenwick defense as she moves towards the goal.

Photo Paul Clark

Brown. "We were really able to use our width and give-and-go passes up the sidelines to get past Newburyport's press."

Kent now has four goals and a pair of assists over the season's first five games, and she is one of the key reasons

the team has gone 3-1-1 to this point. A prime example of her all-out effort and skill came in a 1-1 tie with Bishop Fenwick on Sept. 11.

"Abby is a fighter and such a utility player," explains Brown. "After Fenwick was awarded a stroke and scored,

Abby carried the ball up the field and smashed it into the back of the net to tie the game."

Also, of note has been the play of Isabelle Donnellan and Summer Demeo.

"These two play similar positions - high defense - and

have become crucial to our play," Brown says of the duo.

The Hornets have shown they can give maximum effort day in and day out, with the result being a landmark improvement overall defensively in the win over Newburyport on Sept. 18.

"This team outworks nearly every opponent," says Brown. "They step hard to the ball and use their stick skills to weave past opponents. They never give up."

She adds: "We do need to tighten up our defense across the entire field so that our press is impactful. We're working hard in practice to possess the ball more effectively and capitalize in the circle." Manchester Essex is playing well so far in spite of the fact that Mother Nature seems to be playing games with the Hornets' ability to play games.

"That first week of the season we had some cancellations due to the heat," explains Brown. "We've also had rain delays, thunder storms...the works. It's an added variable that definitely impacts the game, but we realize we can only control what we can control. When we aren't able to get out on the field due to weather, we'll usually make the most of it by going for a team run and working out in the weight room." Next up, a late game with Ipswich, followed by an early game against Amesbury. "The energy is always different for night games, so I'm looking forward to seeing my girls rise together," says Brown.

In the Hornets' Nest



ME Hornet Cheer Squad Courtesy Photo

Checking in on last week's games, meets and matches from the Manchester Essex Regional Middle High School teams. Go Hornets!

Cross Country: Manchester Essex Cross Country split their opening meet at Amesbury.

The boys won 24 to 34. Scoring for the boys were Finn O'Hara 1st, Charlie Latons 4th, Lyall Cunningham 5th, Henry Stevens 6th and Colby Rochford 8th. Also affecting the score was Aidan Woods 10th, displacing Amesbury's fifth runner.

The girls lost a close meet 28 to 27. Scoring for the girls

were Sabine Cooper 3rd, Whitney Turner 4th, Faith Castellucci 5th, River Silva 7th and Libby McKinnon 9th. Our next meet is against Ipswich at Ravenswood Park on Wednesday September 20.

Cheer: The cheer team has been hard at work at practice, working on bettering their skills with stunts and tumbling. Also they have been hard at work learning their halftime dance

routine. We continue to work and perfect our Matt routine. The girls cheered the football team on during Friday's game and continue to show their support.

Golf: The Hornets Golf Team is off to a 2-3 start, with wins over Triton and Amesbury. We've lost three close matches to North Reading, Newburyport and Rockport.

This coming week is a big

week with matches against new Cape Ann League member Essex Tech, and Lynnfield.

Our young team is led by our only senior, Captain Lilly Brigham, and is improving with every match! The rest of the Varsity squad includes Gray West, Jack McCavanagh, Matt DeOreo, Matt Graeter, Jake Zschau, Luke Holmes and Jack Lawler.

The JV squad, who starts their schedule this week includes Elliot Davis, Eoin Doyle, Connor Dickson, Ian Campbell, Jack Bediz, Will Connell, Robbie McLaughlin, Peter Langendorf, Carter Smith and Henry Swerloff.

Girls Soccer: In the team's third game of the season the Manchester Essex Hornets rallied from a lackluster 1st half performance to win 3-0. Mechi O'Neil opened the scoring 30 seconds into the 2nd half, chasing after a long pass from Mackay Brooks and finding the back of the net for her 4th goal of the season. Anna Gardner made it 2-0 with an unstoppable left-footed shot after another great pass from Mackay Brooks. Meg Hurd capped off a great performance with a goal off of Izzy Zagrobski's pinpoint cross.

Hornets fall on the road to Pentucket 2-1. The standout performer for the Hornets was Grace Scarborough who put in an excellent defensive display at left-back. Down 2-0 with 10 minutes to play the Hornets rallied and tested Pentucket's keeper multiple

times. Pippa Spingler finally scored with a fantastic shot (assisted by Mechi O'Neil) but with only 5 minutes remaining, Manchester Essex was unable to equalize despite their best efforts.

Boys Soccer: The Manchester Essex boys' soccer program brought its record to 2-1-2 with a win a loss and a tie during the week of competition. On Monday, the boys traveled to Ipswich, and after conceding early in the match, they came back to tie the Tigers on a great individual effort from Sammy Bothwell as he drove the ball past several Ipswich defenders on a short corner and passed it to fellow striker Finn Birkeland who buried the equalizer past the Ipswich keeper. On Thursday the boys battled hard but lost a close match 2-3 to Pentucket. On Saturday with some excellent ball movement the Hornets dominated the match against Nashoba Valley Tech 8-1. The scoring came early from the combination play between strikers Birkeland and Bothwell whose passing and finishing helped the Hornets strike hard early. Bothwell finished the match with three goals and four assists, while Birkeland and center mid Ali Erdogan each had two goals apiece. The goal of the match may have come late with Sam Porter making a run through and cracking a bar down shot over the keeper's head on a pass from Ali Erdogan. The Hornets play North Reading and Rockport this week.

ScottEnergy Community Bulletin Board

Manchester Essex Rotary Club
20th Annual Golf Tournament
Tuesday, Oct. 3
 Meadow at Peabody Golf Club
 12 noon "shotgun" start

Step up for one of the Rotary's largest fundraisers of the year, the annual golf tournament and dinner!

\$140 / person fee covers greens fee, cart, beverages, prizes and a prime rib dinner. \$50 / person gets you into just the dinner.

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Hornets JV Football played a home game on the swanky newly turfed Hyland Field (only the second event since the field was completed) on Lincoln Street Saturday. And while it was a tough 12-8 loss against the Gloucester Fishermen, both teams appreciated the field's upgrade.

Photo: Erika Brown

...(Continued from page 1)

The Rotunda was originally built in 1896. At the time, the Chowder House was located at the water's edge and the Yacht Club had just built its facility, blocking the Chowder House's view to open water. The harbor at the time was mostly a large mud flat at low tide. The pier and Rotunda were built to reclaim the view beyond the Yacht Club.

Town Administrator Greg Federspiel said the town will be applying for grants to cov-

er much of the project cost. The issue of renovating the Rotunda first came into focus three years ago when Manchester successfully secured a state economic development grant to renovate and expand the docks at Tuck's Point to support the town's commercial fishing boats. Based mostly on its commercial lobster boats, Manchester Harbor is in the middle of the pack among Massachusetts commercial harbors, and Harbormaster Bion Pike

has realized significant success applying for state grants supporting the industry, including nearly \$1 million in 2018 for the reconstruction of Morss Pier, and renovating the Tuck's Point docks.

When it came to planning the docks project at Tuck's Point, engineers looked closer at the Rotunda pilings and recommended moving the renovation up from its original timeline of 2026-7.

And, to complicate matters further, Pike and the DPW

learned for the first time that the Rotunda, built in the late 1800s before regulations, had never pulled a permit for construction—including in the 1970s when the entire Rotunda was replaced after the famous winter storm of 1978, when federal and state offices were in place.

The pier is in a "challenging state," said Christine Playler of Foth Engineering.

The project, if approved at Town Meeting, is expected to be done in 2025.

ESSEX ECHO.



EES 5th graders play CORE VALUES JEOPARDY at last week's community meeting.

Courtesy Picture

Summer Reading Program Celebrated in EES Community Meeting

Essex Elementary School's students and staff gathered last Thursday for the first community meeting of the year. Grade 5 students creatively reviewed EES's Core Values

by playing Core Value Jeopardy. In addition, students who participated in summer reading programs at the Essex TOHP Burnham Library or through the school's sum-

mer reading program were celebrated. April Wanner, librarian at Essex TOHP Burnham Library, joined in the celebration of readers and Jessica Spinelli of M&T Bank gifted a new bike to one

lucky summer reading raffle winner. Community gatherings occur once a month at EES and each grade level takes a turn creating the meeting agenda.

Essex Senior Living | Sept 22

The Essex Council on Aging offers a variety of events and trips for seniors. For further information or to sign up for an event, please call the Essex COA Office at 978-768-7932 or visit the Senior Center at 17 Pickering Street.

Games with Gil at the Senior Center: Wednesdays 1 p.m.: ALL AGES WELCOME, come play BOARD games or Scrabble, Boggle, Cribbage, Backgammon, Join us or bring a friend and come play ANYTIME!

Arts & Crafts activities: Tuesdays, 1-3 p.m. COA Fitness Programs - \$5 Donation Requested:
 • BALANCE IN MOTION Tuesdays and Fridays, 10 a.m.
 • GROOVE FITNESS VIDEO Mondays and Thursdays, 9:30 a.m. - get your dancing shoes on and join this fun, energetic dance class! Video, no instructor.
 • FITNESS WITH GIL: Wednesdays, 10 a.m. -- Build strength, build stamina, energize your-

self, and get ready to face the day!

Cape Ann virtual senior center - Tune into channel 67 for a number of fitness programs sponsored by the Cape Ann Councils on Aging and the Friends of the Essex Council on Aging.

Computer help: Do you have questions about your computer, tablet, phone, etc.? We have opportunities for help! Drop-in with Curt Wednesdays 1-3 p.m.

Grab and Go Meals, Mondays & Thursdays, 12 noon (must be picked up by 12:30 p.m.): Monday meals provided by Open Door, Thursday meals provided by Senior Care. Please register two business days in advance - 978-768-7932.

Ted Lasso Weekly Watch Party, Thursdays, 11 a.m. - starting September 7: "Ted Lasso" is a feel-good television series that combines sports, comedy, and drama to deliver a heartwarming and inspirational story about

the power of optimism and kindness, both in sports and in life. Unless you have Apple+ TV, you can only watch Ted Lasso with us -- so come and join the party and watch this delightful show on our new TV! Light refreshments will be available!

Monthly Book Club: last Tuesday of each month, 1 p.m.: Join us for a lively discussion about the current book of the month and other topics. Tuesday, September 26 - "West With Giraffes" by Linda Rutledge. Tuesday, October 31 - "The Violin Conspiracy" by Brendan Slocumb. Through the generosity of the ECOA Friends, multiple copies of each title are available to borrow and return. New members are always welcome!

Monthly Movie Outing: Cape Ann Cinema, Rockport: Thursday, September 28, at 11 a.m.: \$5: "The Pink Movie" - Join us for this recently released box office hit where everyone wears pink! Pizza included, snacks and drinks available. Please RSVP 978-768-7932.

ESSEX EATS! No September "Essex Eats". See you Down River. Next month: Cape Ann Pizza - October 23.

Italian Luncheon, Tuesday, October 3, at 12 noon: Join us for a delicious array of Italian food from Pomodoro Restaurant in Ipswich! The Meal will be served at 12 noon at the Essex Senior Center, with Entertainment to follow! Please call the COA at 978-768-7932 to register in advance and no later than Friday, September 29. Sponsored by: Friends of the Essex Council on Aging.

Annual Boutique - Friends of Council on Aging: Save the date: November 3, 4, and 5.

Veterans Gallery: The Veterans Gallery will be returning this November! Right now, we are looking for additional photographs of veterans with ties to the Essex community. Our photo wizard can work with photos in most any condition and size. Please email photos to: essexseniorphotos@gmail.com or drop-off at the COA.

LIBRARY NEWS

T.O.H.P. Burnham Public Library



Library is open Saturdays beginning from 10 a.m. to noon.

Community Book Group
 Monday, October 16 at 10 a.m. Come by for a discussion of "Lessons in Chemistry" by Bonnie Garmus.

Regional Social Worker
 Wednesdays, 9 a.m. - 1 p.m. in the first-floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

Yoga Book Club
 Saturdays, September 16 - October 7 at 10:30 a.m. Classes suitable for beginners and experienced practitioners. Grab your mat and your favorite book and join us at the library as we relax into gentle poses and immerse ourselves in the book of your choice. After practicing yoga for over a decade, Melanie received her RYT-200hr Hatha & Vinyasa certification and Yin Yoga certification from YogaRenew.

Story Hours Begin
 Wednesday, October 4 at 9 a.m. for Wee Ones, ages 0-2 yrs. 20 minutes for songs, rhymes, stories and creative play. Please register. 10 a.m. Preschool ages 3-5 years. Thirty minutes of songs, rhymes and stories read aloud and concludes with a themed craft. Please register.

CFCE Science Thursdays
 Thursdays 9-10 a.m. for ages 2-6 years old. Join Ms. Christine for some STEAM fun, you will listen to stories, then explore science, technology, engineering, art, and math. Space is limited so please register.

Teen Candy Sushi Making
 Friday, October 13 at 3:30 p.m. Grades 6-12 join us to make sushi from candy. It's easy and fun, all supplies provided.

ESSEX POLICE NOTES

TUESDAY, SEPTEMBER 12
 8:57 a.m. Story St., community policing, other. 1:10 p.m. Martin St., alarm, secured/checked. 6:10 p.m. Main St., motor vehicle stop, criminal application. 9:01 p.m. Centennial Grove Rd., directed patrol, secured/checked.

WEDNESDAY, SEPTEMBER 13
 6:30 a.m. John Wise Ave., motor vehicle complaint, erratic operation, verbal warning. 1:01 p.m. John Wise Ave., animal complaint, assisted as needed. 4:31 p.m. Prospect St., welfare check, assisted as needed. 8:58 p.m. Martin St., directed patrol, no action taken.

THURSDAY, SEPTEMBER 14
 10:50 a.m. John Wise Ave., citizen assist, other. 11:53 a.m. Western Ave., traffic hazard, assisted as needed. 1:14 p.m. Eastern Ave., motor vehicle stop, citation issued. 10:08 p.m. Story St., directed patrol, secured/checked.

FRIDAY, SEPTEMBER 15
 1:54 a.m. Scotts Way, directed patrol, secured/checked. 2:04 a.m. Main St., directed patrol, secured/checked. 2:12 a.m. Chebacco Terrace, directed patrol, secured/checked. 6:46 a.m. Centennial Grove Rd., directed patrol, secured/checked.

SATURDAY, SEPTEMBER 16
 No report.

Essex Locals | Sept 22

115 Years Ago - 1908

Someone was rascally enough to enter the garden of Patrick Murphy on Pickering Street on Thursday night and carry off nine large squashes.

90 Years Ago - 1933

Herring torching is again a popular diversion down the river as there is quite a demand for them for bait. Lawrence Woodman is making a business of torching having fitted up his "Grace F" for the purpose.



"But I have a witness. Here, talk to her yourself."

 You're a human supernova, a solar superman.
 ~ Liz Phair ~

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EVENING BY THE SEA

AT THE MANCHESTER YACHT CLUB

BEVERAGES, BITES & BIDDING

AUCTION TO BENEFIT CLASS of '24

OCTOBER

SATURDAY 14 AT 6:00 PM

2023

Class of 2024



Sailing Season Finale for Schooner Adventure

Here's your last chance to sail with Schooner Adventure during the historic Gloucester 400+ season. We are featuring some fabulous musical guests to serenade our guests in soft September breezes. We welcome you to join us in celebrating a wonderful sailing season. Thank you for keeping Gloucester's flagship in your hearts! We hope you will patronize our fellow Gloucester Schooners, the Thomas Lannon and the Ardelle and

Isabella after our season closes.

Public Sails

- Friday & Sunday September 22 & 24, 11 a.m. - 1:30 p.m.
- Get tickets here: <https://schooner-adventure.starboardsuite.com>
- Sunday, September 24, from 4 - 6:30 p.m.
- featuring local artist Hayley Reardon
- "Hayley 's incredible pop voice has

the power to stop time and fill it with serenity."

- - Indie Boulevard
- BYOPicnic
- Get tickets here: <https://schooner-adventure.starboardsuite.com>

Anniversary Sail - Final Sail of the Season!!

- Tuesday, September 26, from 4 - 6:30 p.m.

- featuring folk artists John Roberts and Larry Young
- Lobster Rolls, Charcuterie, Cupcakes and festive beverages included
- Taste of Cape Ann Raffle Drawing - Win a bundle of Cape Ann foodie gift certificates (worth \$1000+)
- Birthday Cannon Salute
- Get tickets here: <https://schooner-adventure.starboardsuite.com>

Schooner Adventure under sail.

Courtesy Photo



Photo: Erika Brown

Library Lego Event

On Saturday, the Sawyer Free Library in Gloucester hosted a packed play day at a pop up event on Main Street in partnership with LEGO, which sent hundreds of thousands

of Lego play blocks for local kids to enjoy. And enjoy they did, as hundreds of children and parents turning out to explore and play.

Here's Andrew Brousseau, a partner at Manchester's

Black Earth Composting, with son Levon who was showing off his shy side by hiding behind his dad before heading off to Virgilio's for a sandwich!

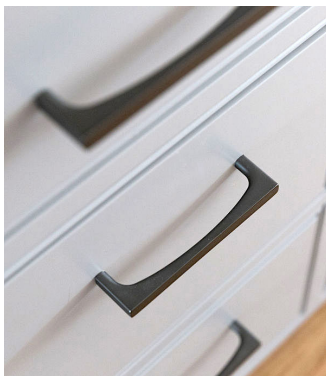
New Roof at Tuck's Point

A new roof has been installed on both the Chowder House and bathrooms outbuilding at Tuck's Point, Manchester's waterfront public park. The project was completed by Precision Roofing in Essex and funded by a combination of Town of Manchester and Community Preservation Act (CPC) funds after being approved by voters at April's Annual Town Meeting. CPC funds come from a real estate tax surcharge that is matched annually by the state (at different rates, depending on state coffers) and can be used for either historic preservation, community housing, recreation, or open space.

The CPC is gearing up for next year's projects and will hold its annual public hearing on September 27 that will open the next round of funding applications that will be presented to voters in 2024.



Courtesy images



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colescoloranddesign.com
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Planning in Manchester: Where do we go from here?

By Gary Gilbert, Matthew Genta and Axel Magnuson

Candidates in last spring's highly contested election for Manchester Planning Board heard an interesting question from voters: *What is the Planning Board doing to help us get affordable housing in town?* Well, the outcome of that election was decisive, amounting to a mandate for our current Planning Board, and now perhaps the better question is: *What planning initiatives should we be considering to encourage housing and land uses of all types?*

We believe that we should start by acting to address Manchester's need for truly affordable housing, for senior housing, for commercial space generating needed tax revenue, for varied housing types at varied price ranges, and for design controls to secure our town character.

The fact is, currently we do not provide any incentives for the development of affordable housing and, as a result, it can only be done through the 40B process. There is no other realistic way to produce it. As things stand today, we have little control over our own destiny, and we are concerned nothing will change until Manchester considers real zoning incentives to secure the kind of affordable housing we want to see, by partnering with a friendly developer or by allowing homeowners to do more with their dwellings.

Unfortunately, and for many years now, meaningful planning progress has been unnecessarily distracted from these issues by the concerted efforts of a minority group in town who, seemingly driven by fear and a lack of understanding of the planning process, have hindered progress



OPED

in general. Instead of helping guide future growth, our town's position has been to remain passive, and negotiate whatever growth comes our way. This has not been effective or helpful.

Now is the time to start a real conversation about how we can implement the recommendations of our Master Plan and what we want our town to become in the future. The following ideas may not offer the best answers for our town, but they are starting points for the discussion and the weighing of possibilities and benefits for our Town.

Affordable Housing: How to get what we want?

Through our experience with the recent 40B project on Shingle Hill, many of us have developed a dislike for the State's definition of affordable housing. This is because it produces housing that is barely affordable at all, and in our case, a poorly designed project we were forced to reckon with.

The State's criteria, setting

rents at 80 percent of the area mean income (AMI), or about \$2,200 for a 2-bedroom apartment, doesn't really help those who truly need affordable housing options such as teachers or town employees, seniors, young families or recent graduates. To reach those people we need to target rents substantially more affordable than the State's criteria.

One way to achieve a better alternative would be for the town to partner with a sympathetic developer where we could get affordable housing produced through a cooperative design process. We should encourage its development in tandem with putting careful design guidelines in place, in addition to the normal site plan review process, and targeting rents that are truly more affordable than the State's standards.

Multifamily Housing:

We address multifamily housing in a very limited way in our town by allowing homes to be converted to 3-family buildings in our downtown, although our law is unnecessarily confusing and restricted. We should consider rules that encour-

age apartments that are smaller in size, and therefore renting at lower rates, and include the development of in-law apartments. These have been shown to be effective in producing lower rental price options.

We also need smaller, mid and higher priced housing, be they apartments, condos, small clustered homes, townhouses, etc., so people who have raised their families here can downsize and still remain in the town they love. We should consider extending this multifamily housing approach to limited portions of adjacent zoning districts to our downtown. With design guidelines in place, we could negotiate with developers to produce projects as attractive as the award-winning 12 Summer Street complex, the condos at 50 Brook St. or the development at the harbor end of Pine Street, all of which fit quite well into the residential village atmosphere we all enjoy. These were the products of friendly 40B developers providing sympathetically designed projects in Town.

Non-conforming Properties:

Almost three-quarters of the properties in town have some sort of defect that makes them not comply with zoning regulations. They therefore need costly and time-consuming special permission to make changes to their buildings. Most of these properties became non-conforming as changes were made to zoning districts over the years and through no fault of their own.

Why should we make it so difficult for existing homeowners to modify their homes as long as they do so in ways that comply with the dimensional requirements we have in place?

As an example: if a per-

son builds an addition to their house in conformance with zoning regulations, at the required distance from their property boundaries, and no more 2-1/2 stories tall, shouldn't they be able to expand their house just like anyone else in town? We should allow building additions as long as the project conforms to our land use rules. That would be a big, and very reasonable relief to many of us.

A Downtown Overlay District:

There is a large, underutilized area behind town hall which is hidden from view as you walk through our village. The Legion, the Masonic Hall and Town Hall are all willing to consider a comprehensive reuse of their land with one strategy being that individual lots would be merged together for a common purpose.

Multiple groups in town would benefit from a big-picture rethinking of this important land rather than taking no action and sitting back as individual properties are inefficiently reused for single purposes only.

Our whole town could greatly benefit from having a complex of multiple uses hidden from view and in the heart of downtown: mixed income housing, a senior center with elderly housing close to stores and transit, more municipal offices, a performance hall, retail and commercial spaces. Structured parking could be built beneath these buildings to raise them higher and avoid sea level rise issues.

All of this could interface well with new facilities for the Masonic Hall and the American Legion meeting their goals while benefiting the town in general. Creating a well thought out over-

lay district for this portion of downtown, where the rules are clear for developers, could set the stage for a successful redevelopment of this important area in the heart of town.

Our current policy allows the continuation of the low-density sprawl of higher and higher priced homes. That's not a formula for a healthy town. Smaller, more affordable homes, being replaced by high-priced homes does not support a healthy and diverse community. We are witnessing fewer and fewer young families moving into town bringing children to contribute to our shrinking school population.

Our town is aging and like so many other suburban towns, is no longer the vibrant community it once was. Now is the time to rethink our laws to encourage the kind of development we want to see including housing, as well as revenue producing commercial uses. We are not advocating these ideas as being the definitive answers for our town's future. We are only encouraging fair consideration be given to them and other ideas.

Now is the time for public discussion of these and other possibilities.

Gary Gilbert and Matthew Genta are both architects and residents of Manchester. Gilbert most recently served as a member of the Planning Board. Genta served on a citizen's study group on housing issues. He is also current President of the Manchester Historical Museum. Axel Magnuson is a lifelong resident of town and has served on various boards, including the Master Plan Committee. Want to submit an OpEd piece to the Cricket? Please write us at news@thecricket.com. Do not submit finished manuscripts.

Meet the New Staff At MERSD Essex Elementary School

Danielle Demetri | Grade 5 Classroom Teacher

Danielle Demetri joins us with a Master's degree in both Counseling and Education, from Lesley University and Endicott College respectfully, and training that is so meaningful to an educator today. Danielle is new to a general education teaching role, but not new to MERSD. For several years, Danielle worked within specialized education programs, working with a diverse population of students. Last year, Danielle was the long-term classroom teacher substitute in fifth grade, during which time she demonstrated her exceptional ability to build healthy relationships with students while navigating the grade level's academic demands. We were not surprised that, within a large candidate pool, Danielle rose above the pack.

Giulia Orlando | Grade 3 Classroom Teacher

Giulia comes to us from Gloucester Public Schools where she has worked as a collaborative special education teacher for the past few years. With her Merrimack College Master's focused on special education, Giulia is an active co-teacher, designing and scaffolding engaging academic experiences that benefit all students. Giulia joins us as a third-grade general education teacher, employing her skills from a different perspective.



Colleen Shannon | School Adjustment Counselor

After a successful year as a long-term substitute school adjustment counselor, we're thrilled to offer Colleen a full-time position in this role. Colleen has worked as a counselor with children, adolescents, and families for over 20 years and specializes in helping children cope with grief and loss. She holds a bachelor's degree in Art Therapy from Lesley University and a master's degree in Social Work from Salem State University. She is an adjunct professor for the Smith College School of Social Work.

Manchester Memorial Elementary School

Stephanie Houde | Pre-K Teaching Assistant

Stephanie worked last year at MMES as a PK Teaching Assistant for the first half of the year and as a PK Teacher for the second half of the year. She has a degree in Early Childhood Education and recently graduated from Southern New Hampshire University with her Bachelor's in Psychology with a concentration in child and adolescent development. Stephanie has enjoyed helping children navigate their development and providing them with the support they need to create a strong foundation for their future. She looks forward to continuing this during the 2023-2024 school year.

Manchester Essex Regional Middle School

Ashley Gilson | Long Term Substitute, Grade 8 English

Ashley is a current MERSD employee. In addition to working as a daily and long-term substitute in a variety of classrooms, she spent the 2021-22 school year as a teaching assistant in our sail program. This year, Ashley transitioned to our grade 8 English classroom as a long-term substitute teacher. Ashley holds a Bachelor of Fine Arts from the savannah college of art and design.

Jacqueline Hurley | ACE Program Teacher

Jacqueline has worked at the preschool and elementary levels as a special education intern, literacy tutor, and reading interventionist. Most recently, she worked at Lake View Elementary and Northport Elementary in Tuscaloosa County, Alabama. She holds a Bachelor of Arts degree in Education from the University of Alabama.

Manchester Essex Regional High School

Elisabeth Drinkwater | Dean of Students

Elisabeth (Liz) is joining the MERHS staff as the Dean of Students. She has spent the past 9 years teaching Spanish at Beverly High School while also serving as the World Language Department Head and the Director of Summer School. Prior to Beverly, Liz spent time teaching elementary school Spanish in NH for several years. Liz completed her undergraduate and graduate degrees at UNH in addition to her CAGS in Educational Leadership from Salem State University. She resides in Beverly with her husband and two daughters.

Stay tuned next week to read more about new staff that has joined the Manchester Essex Regional School District for the 2023-24 academic year.

Milne Named Top 20 Under 40 by National Plumbing Magazine

Andrew Milne of Milne Plumbing & Heating in Manchester was featured this month in Plumbing and Mechanical, a national plumbing industry trade magazine, in its "Next Generation All Stars Top 20 under 40" edition.

Andrew, a graduate of Manchester Essex Regional High School, has been working at Milne Plumbing for five years. Andrew's goal is to take over the family's business, which has been servicing the community for over 40 years.

"With all the attention given to supply chain shortages, labor shortages, inflation and material price increases, it's sometimes hard to focus on the positive. Though the



plumbing industry is aging, there are many young professionals refining and redefining their craft and making a difference," wrote Nicole

Krawcke, who edited the list. "They're bringing new ideas and strategies to overcome challenges and meet demand in their respective markets."

LEGAL NOTICE

MASSACHUSETTS DEPT. OF ENVIRONMENTAL PROTECTION

Bureau of Waste Prevention
Northeast Regional Office
150 Presidential Way, Woburn MA 01801
(978)-694-3200

Public Notice

In accordance with Massachusetts General Laws, Chapter 111, Sections 150A and 150A 1/2 and the regulations promulgated thereunder, 310 CMR 16.00 "Site Assignment Regulations for Solid Waste Facilities," a Site Assignment Application was filed with the Massachusetts Department of Environmental Protection (MassDEP) and the City of Gloucester Board of Health for the Site Assignment of a construction and demolition (C&D) waste transfer station facility, to be located at 24 Kondelin Road, Gloucester, Massachusetts 01930.

The area under consideration is 1.5 acres and will be used for a transfer station that will accept C&D at a rate of approximately 325 tons per day. The proponent is Eastern Waste Services, known locally as Hiltz Waste Disposal Recycling Center (also known as Essex County Recycling Center) with offices at 24 Kondelin Road, Gloucester, Massachusetts 01930.

The Application and supporting

documentation may be reviewed online at:

<https://eeaonline.eea.state.ma.us/EEA/PublicApp/>. Scroll down on the first screen and in the

"Record/Application ID" box type "23-SW01-0002-APP" and then click on the "Search" box at the bottom of the page. Next click on the "Essex County Recycling" and the Permit Application and supporting documents will appear in blue links. Click on one link at a time to access each separate document.

Copies of the Site Assignment Application may be reviewed at the Gloucester Lyceum & Sawyer Free Library located at 21 Main Street, Gloucester, MA 01930 from Monday through Wednesday between the hours of 8:00 am to 6:00 pm, Thursday between 10:00 am to 7:00 pm, Friday between 10:00 am to 5:00 pm, and Saturday between 10:00 am to 1:00 pm. Copies of the Site Assignment Application may be reviewed at the Magnolia Library and Community Center located 1 Lexington Avenue, Gloucester, MA 01930 from Monday through Tuesday between the hours of 12:00 pm to 4:00 pm, Wednesday between 11:00 am to 2:00 pm, Thursday and Friday between 11:00 am to 3:00 pm. Also, at the Gloucester Health Department located at 3

Pond Road, Gloucester MA 01930 from Monday through Wednesday between the hours of 8:00 am to 4:00 pm, Thursday between 8:00 am to 6:30 pm, and Friday between 8:00 am to 12:30pm.

Copies of the Site Assignment Application may also be reviewed at the Manchester-by-the-Sea Public Library located at 15 Union Street, Manchester-by-the-Sea, MA 01944 on Monday between the hours of 10:00 am to 5:00 pm, Tuesday between 10:00 am to 7:00 pm, and Wednesday between 10:00 am to

5:00 pm. Also, at the Manchester-by-the-Sea Board of Health located at the Town Hall, 10 Central Street, Manchester-by-the-Sea, MA 01944 from Monday through Wednesday between the hours of 8:30 am to 5:00 pm, and Thursday between 8:30 am to 6:30 pm.

The MassDEP shall receive comments on the proposed facility site for 21 days from the date the proponent provides proof to the MassDEP that this Public Notice has been published and that all other public notice requirements are completed. All comments submitted to the MassDEP regarding this Site

Posted to MNPA website: <http://masspublicnotices.org>

September 22, 2023 MC

Puzzle

THEME: WORLD SERIES

ACROSS

1. In the middle of
6. “___, the Beloved Country”
9. Start of “The Night Before Christmas”
13. Anoint
14. *”...three strikes, ___’re out, at the old ball game”
15. Capital of Egypt
16. *Yanees owner, George ___ brenner
17. Mandela’s org.
18. Back street
19. *Walk-off move (2 words)
21. *One of MLB countries
23. Start an engine
24. Salvador Dali’s muse
25. Old French coin
28. Select
30. Pass, as time
35. Antonym of is
37. Rumpelstiltskin’s weaver
39. Virgo’s brightest star
40. Snack, in Spain
41. Rose oil
43. *Yogi Berra - 295 PA, e.g.
44. *Player’s representative
46. Eyelid affliction
47. Shade of beige
48. *a.k.a. Mr. October
50. Small island
52. In the know
53. Part of armor
55. Octopus’ defense
57. *Last year’s World Series winners
60. *Ronald AcuOa Jr.’s home base
64. Indian monetary unit
65. Sun, in Mexico
67. ___ Asimov
68. Artemis’ companion
69. E.T.’s craft, acr.
70. Shelf material
71. Cry like a baby
72. Young newt
73. Shermans, in World War II

DOWN

1. It starred Alan Alda from 1972-1983
2. Digging, so to speak
3. Think

CROSSWORD														
1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
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48						49			50		51		52	
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64						65	66				67			
68						69					70			
71						72					73			

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4. More like a fox
5. Madagascar’s hedgehog-like animal
6. Printer cartridge color
7. *Guidry, Cey or Gardenhire
8. New Mexico’s state flower
9. Samoan money
10. * ___ card
11. Length times width
12. Tofu ingredient
15. Lock sites
20. Soft palate hanger
22. Kind of beer
24. Speech organ
25. Fretted instrument
26. a.k.a. People of the Middle Waters
27. Remove pegs
29. Auction portions
31. Cathedral recess
32. * ___ clock
33. Close call
34. Relish (2 words)
36. NASA’s orange drink
38. *”The Catch” (1954) catcher
42. Rekindled
45. Like theater seating
49. Big-headedness

Sudoku

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		3	6		9			5
				9		3		
		6	8			1	7	
8	4							9
			5	7		8		
9	5		4					2
			1					3

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 11

51. Join the army
54. Matter of debate
56. Buckwheat dish
57. Halo
58. Do like volcano
59. Bluish green
60. Sir Mix-_-_-
61. Delhi bread
62. Spill the beans
63. *Whitey Ford, Bob Gibson and Christy Mathewson
64. *Commissioner Manfred
66. Bug enemy

Religious Notes

Cornerstone Church
We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorthShore.org. If you have any special needs or concerns, please let us know! We're here to

serve!
Visitation Parish - Mass Schedule
The Visitation Parish Mass Schedule:
Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our YouTube as well as www.mecatholic.org

Sunday Mass - 8:30 a.m.
St. John the Baptist Church - Saturday Vigil Mass - 5 p.m.
Sunday Mass - 10 a.m.
Please go to our website: www.mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.
The Assumption of the Virgin Mary Greek Orthodox Church
8 Lafayette Road,

Ipswich Mass.
Church services, with Father Christopher Kolentsas, are held each Sunday.
Sunday’s Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.
First Parish Church Manchester-by-the-Sea
Worship service, Sunday Sep. 24, 2023, 10 a.m., we invite everyone to

join us for hospitality following the service.
Worship Leader, Rev. Nancy Taylor Music led by Dr. Herman Weiss, with the First Parish Choir
Sunday school on Sunday morning begins in the church at 10 a.m. with a children’s sermon.
Monday Friends of the COA Senior Drop in 10 a.m. - 12:30 p.m.
Wednesday Choir rehearsal 7:30 p.m.
...(Continued on page 11)

CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester
230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport

Ipswich
This immaculate 3 bedroom cape colonial style home has all you need and then some. Enjoy the 2.6 acres of privacy & tranquility.
\$1,175,000 | Jennifer Baraiolo | 978-580-1932

Beverly
Waterfront/Beach/New Construction – Rare opportunity to purchase a 1.83 acre waterfront building lot on Boston’s North Shore Gold coast, including 228 ft of a privately owned section of white sandy West beach, situated in a private enclave of magnificent waterfront homes.
\$5,250,000 | Robin Martyn | 978-815-4497

Manchester
Well maintained 3 bedroom, end unit Condo that sits on a quiet, private lane, but is conveniently located in the center of town.
\$939,000 | John Kotch | 978-500-4271

Newbury
Restored antique carefully blends old world charm with modern convenience. Park-like 1.64 acre parcel on the Newbury Upper Green.
\$2,795,000 | Karen Bernier | 978-807-5580

Boston
Welcome home to this lovely two bedroom, two bath condo situated on one of the South End’s tree-lined cul-de-sacs.
\$1,274,900 | Theresa DiPiro | 617-275-6624

Newbury
New Custom Designed Modern Farmhouse! Exquisite home sits on a private, level 1 acre lot abutting farmland in a fabulous location.
\$1,895,000 | Leshia Crestin | 617-543-3104

Medford
Stunning Urban Oasis: you don’t have to choose between city conveniences and plenty of indoor and outdoor living space.
\$839,000 | Liz Nelson | 518-469-0710

Wenham
“Prettiest house on the street” is how 4 Kimball is known in the neighborhood, which is one of Wenham’s finest with an expansive floor plan.
\$1,200,000 | Tracey Hutchinson | 978-473-9720

Manchester
Towering over Manchester Harbor, “HARBORHEAD” is perched majestically with stunning town and water views.
\$13,750,000 | Karen Bernier | 978-807-5580

Danvers
Step inside this 2009 custom built waterfront paradise and you will be struck by the sunlight streaming through the 3 sliding glass doors.
\$1,099,000 | Kelly Martinson | 978-360-1618

Lowell
Beautifully renovated loft townhouse in the heart of historic downtown Lowell. Enjoy the spacious open-concept living area.
\$579,000 | Tara Farley | 978-267-7785

Want to Know the Value of YOUR Home?
Finding out has never been easier! Go to **ChurchillProp.com** and use the **Churchill Instant Price Valuation Tool**. This tool will instantly give you the value range and estimated value of your home. Try it today!



When you entrust your listing with **Churchill Luxury Properties**, we impart our expertise and leverage luxury marketing venues to maximize the return on your investment and equity. Find out about our luxury custom-designed, multi-media program that provides exposure on an international, national, regional, and local level by calling us at 1-833-MOVING-9.



I'm SO Overwhelmed...



By Joanne MacInnis RN, Certified Dementia Practitioner

I often meet people at what I call "their worst moment."

Are you spinning plates of spaghetti over your head? Are you in the sandwich generation, caring for children, parents, or other aging loved ones? It has been manageable "enough" until now but has reached a tipping point. It's a crippling place to be.

The word stress gets bad press.

Stress is a motivator. It makes us study for a test, prepare for a big presentation, and get ready for a difficult discussion. When stress becomes distress, we need to pay attention. I've often heard a similar comparison; "ease turns to disease." Both have toxic ramifications. I'm no master at managing distress, but I have some expertise in seeing how living in prolonged distress turns into disease.

It's all about the mind/body/spirit connection these days. There are countless opportunities for "cleanse or detox" baths, music, diets, and numerous other experiences intended to get the toxins out. The practices of yoga and meditation are perhaps more widely embraced than ever. Just in the NY-Times alone, there are daily articles written by those in Caring Professions aimed at helping individuals whose distress has reached a pinnacle.

They are faced with a need that they cannot and do not know how to personally meet. Perhaps it's an ailing parent, sibling, or child with a limited life expectancy who can no longer care for themselves or manage their affairs. Maybe it has been manageable but not ideal for a long time, and then... SLAM... a sentinel event changes everything: the sense of not knowing which way to turn, what is needed, and how we will possibly get through this. We've all had so much on our cosmic plate that we can end up in a zombie state, unable to move. It's completely exhausting.

When meeting with families, I see the value in discussing "what we can change and what is beyond change." Often, certain aspects of the crisis monopolize thinking and feeling. The feeling of being completely "stuck" is that of being stopped and unable to move forward. Paralyzed. Awful. We must ask, "What is beyond our control, and what is within our control?" even if it's a detestable reality. Getting to where we can even ask these questions is the first step out of the black hole.

If you have a total of eight ounces of energy to give your situation per day, and you are using up six ounces with continued disbelief that this situation is happening

to you, guess how much you have left to deal with it? Very little.

We all have lots of well-meaning others in our lives who offer kind platitudes of "chill," "breathe," and my least favorite, "let it go."

If it were that easy, we might well have done it already. Sometimes, we find ourselves captive in situations where we can't find our way out—laden with layers of pain, confusion, and helplessness. Let's go back to "what we can change and what is beyond change." Giving this some real effort can help reduce the six-ounce donation to what can't be changed.

Our leftover energy needs a focus, so focus on what can be done. Be very specific. Start with imagining what it would look like if the needs in front of us were totally met. Where are we now? Initially, we're likely far away from where we want to be, but creating a plan with a measurement attached will (trust me) help you feel some relief. If you could say today that whatever situation you are facing is 50 percent better, doesn't that feel good? Phew. Relief.

If the house is on fire, we aren't talking about new window treatments.

When we are in distress leading to disease... we are needing relief. Sometimes, this is in the form of a weekend away, a walk on the beach, dinner, and a movie. That might do it, or it might help at the least. Taking care of ourselves in a crisis or long-term distress sometimes seems like a luxury we can't afford. Considering our wellness when our

stressor situation is ramped up seems absurd. Like the oxygen mask on the plane, put yours on first.

I make lists. I don't always use them, but the practice of putting action items on paper is clearing for my clogged head. I can see what needs doing. I can strategize how fast this particular situation needs resolution. Maybe it's today, perhaps it's next month. Find a way to clarify what feels like chaos. If you find yourself or your loved one saying, "I just don't know how to approach it... it's too big," maybe a helper or trusted other who has successfully managed their own "life circus" moments is needed.

Like in any good terrible situation, getting our head together is the place to start. If you feel totally overwhelmed, it's time to peel the onion. Name things, and label what you are afraid of. Most of us hate change and rail at it, yet here it is. If we ignore the disproportionate amount of time and energy we give to the unwanted or unacceptable situation, we are left with very little in the bank when we need to make an "action withdrawal."

People you see every day are in this place. Perhaps they don't share it (or maybe they overshare). Perhaps they are stuck, going round and round on the hamster wheel. It's hard to be that person, and it's hard to watch. Maybe we can lead by example and then share with others our experience on the spinning wheel and how we got off.

Guard your cup of coping and choose wisely how you'll spend it so you can afford what's needed, at least for today.

Solution to puzzles on page 10

M	I	D	S	T	C	R	Y	T	W	A	S		
A	N	E	L	E	Y	O	U	C	A	I	R	O	
S	T	E	I	N	A	N	C	A	L	L	E	Y	
H	O	M	E	R	U	N	C	A	N	A	D	A	
		R	E	V	G	A	L	A					
S	O	U	C	U	L	L	E	L	A	P	S	E	
I	S	N	T	L	O	O	M	S	P	I	C	A	
T	A	P	A	A	T	T	A	R	S	T	A	T	
A	G	E	N	T	S	T	Y	E	E	C	R	U	
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	A	S	T	R	O	S	A	T	L	A	N	T	A
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O	R	E	A	D	U	F	O	S	H	A	L	E	
B	A	W	L		E	F	T	T	A	N	K	S	

1	8	9	2	4	5	7	3	6
6	4	5	7	8	3	9	1	2
2	7	3	6	1	9	4	8	5
5	2	7	1	9	4	3	6	8
3	9	6	8	5	2	1	7	4
8	1	4	3	6	7	2	5	9
4	3	2	5	7	6	8	9	1
9	5	8	4	3	1	6	2	7
7	6	1	9	2	8	5	4	3

...(Continued from page 10)

Thursday Bible Study, Via Zoom 4 p.m. join in with computer, smart device or dial in on a phone - email office.fpchurch@gmail.com or call 978-526-7661 for the link

St. John's Episcopal Church (Beverly Farms)

FALL SERVICE SCHEDULE - 8 a.m. Rite I & 10 a.m. Rite II
Our Children's Chapel is the first Sunday of every month. Our first children's chapel will be October 1.
Blessing of the Animals will be held on Sunday, October 8.

Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, www.gloucesteruu.org, for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional. Our church is handicap accessible. All are welcome.

EMMANUEL CHURCH (Episcopal)

19 Masconomo Street
Manchester, MA 01944
(978) 526-0085
www.emmanuelmanchester.org
The Rev. Luther Zeigler (Minister)
Ms. Priscilla Walter (Organist)
During the summer, we offer services every Sunday at 8:15 a.m. (a quiet, spoken service) and 10 a.m. (a family-oriented service with music)

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

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LEGAL NOTICE



COMMUNITY PRESERVATION COMMITTEE
Town of Manchester
10 Central Street
Manchester-by-the-Sea, MA 01944

At this time, we invite all Town Residents, Boards, Committees and Organizations to submit grant applications for the CPC's review.
CPA funds may be used to fund Historic Preservation, Community Housing and Open Space/ Recreation projects.

PUBLIC NOTICE
The Community Preservation Committee (CPC) will hold a Public Hearing on September 28, 2023. The meeting will be held via Zoom beginning at 5:30 p.m. Join Zoom Meeting https://us06web.zoom.us/j/85865398409?pwd=SkF2alF0c3p1SU5ySENpYVFBZGdOZz09
Meeting ID: 858 6539 8409
Passcode: rV76Lw
This annual meeting is a statutory requirement of the MA Community Preservation Act (CPA). The purpose of this open meeting is to open the new fiscal year's grant application season and to discuss the CPA's mission as laid out in the CPC's 5- year plan.

More information on allowable projects including downloadable project applications can be found on the CPC section of town's web page.
The application deadline is 12/1/23 in order to be considered for the annual spring town meeting to be held in April.
Questions may be directed to Helene Shaw-Kwasie, CPC clerk at shawkwasie@manchester.ma.us.
Posted to MNPA website: http://masspublicnotices.org.
September 15, 2023 MC
September 22, 2023 MC

LEGAL

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Essex Division

Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. ES23P2796EA
Estate of George S. Scharfe
Date of Death: July 24, 2023

To all persons interested in the above-captioned estate, by Petition of Petitioner Coreen W. Sharfe of Manchester-by-the-Sea, MA. A Will has been admitted to informal probate.

Coreen W. Sharfe of Manchester-by-the-Sea, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.
Posted to MNPA website: http://masspublicnotices.org.
September 22, 2023 MC

The estate is being administered under informal procedure by the

PET OF THE WEEK



CUDDLY TWINS

Hi there! We are Chloe & Clementine, 5-month-old bonded twins seeking our forever home.

We've been in foster care for a couple weeks and we're learning how to live in a home. Our foster mom says we're very sweet, active girls who love to run around the kitten room, then take a long snooze to get ready to run around again. We also love to sit in her lap while getting lots of pats.

We enjoy the company of the three cats who live here, so we'd likely get along well with any cats you may have.

If you think we'd be a good addition to your family, fill out an application at https://capeannanimalaid.org/adopt.html. Visit www.apeannanimalaid.org for more information about us and all the other animals waiting for homes here at the Christopher Cutler Rich Animal Shelter, 4 Paws Lane in Gloucester.



The North Shore's Premier Real Estate Agency



Prides Crossing \$8,250,000
Magical Prides Crossing enclave with 275 ft. coastal frontage, panoramic ocean views offers custom home with tennis court, dock permit, deeded beach access, 1st floor guest wing, carriage house.
Alle Cutler & Deb Evans



Gloucester \$4,900,000
Miles of ocean views, direct Plum Cove Beach access, mooring, huge paver patio top long list of highlights in custom 4-bedroom, 4.5-bath, 2016 stunner. Heated garage, generator, geothermal heat.
Ann Olivo & Rick Marshall



Essex \$1,600,000
Charm, character, marsh views and frontage! 1830 Federal-style B&B in Village has 7 en suite bedrooms, 6 fireplaces, 3rd level penthouse, 2 breakfast porches. 2 studio units in carriage house.
Ida Doane



Ipswich \$1,180,000
Ipswich Country Club Contemporary stunner has amazing views of 5th signature hole and pond! 4-bedroom, 3.5-bath 3-story, stand-alone has finished walkout lower level, 2-car attached garage.
Kristin Kelly

Thinking of
Buying or Selling
YOUR Home -
WE ARE HERE
TO HELP!



Andover \$975,000
Fantastic in-town location. 4-bedroom, 2.5-bath Colonial has living room, dining room, family room, granite-stainless kitchen. 2 fireplaces, solar panels, 2 decks, fenced yard, 1-car garage.
Christine Grammas



Boxford \$899,000
Spacious 4-bedroom, 2.5-bath Contemporary on beautiful, private 6-acre lot. Open floor plan, large windows, well-appointed kitchen, fireplaced dining room, family room, 2 offices. Much more.
Emily McPherson



Rockport \$895,000
Rare find for buyers/investors! One lot has 2 spotless, move-in ready homes - 3-bedroom Ranch with deck and 2-story, 1-bedroom cottage with screened deck. Beautiful gardens. Near train, beaches.
Felicia Trupiano



Gloucester \$690,000
Last unit at Maplewood School Condominium! Non "cookie-cutter" 1-bed, 1-bath unit has open floor plan, original features, huge windows, gas stove in granite-stainless kitchen. 1-car parking.
Ann Olivo & Rick Marshall

1 Beach Street • Manchester-by-the-Sea, MA 01944 • 978.526.8555

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COLDWELL BANKER
MANCHESTER-BY-THE-SEA



**1 Beach St #2
Beverly Farms | \$1,550,000**
Pristine newly renovated 2 BR, 2.5 BA granite carriage house condominium, across from West Beach, on private grounds with an oversized attached garage.
**Krista Julian | Realtor
617-312-5413**



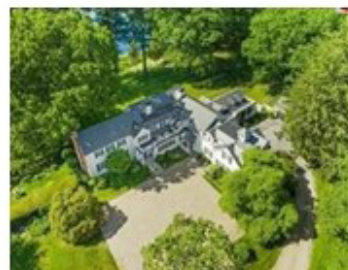
**17 Everett St.
Beverly Farms | \$1,385,000**
Village 4 BR, 2.5 BA Colonial w/open kitchen and sunny close to West Beach and train.
**Alice Miller | Realtor
978-314-0506**



**85 Granite ST Unit 1
Rockport | \$1,250,000**
Best Rockport Ocean views! All New Systems! Unique One Level 2000 sf Condo Lives like a Single Family.
**Kathleen Claypool | Realtor
978-884-2111**



**109 Belcher St Unit B
Essex | \$799,000
NEW PRICE**
New Construction 3 BR, 2 BA 2,000 Sq Town House
**Mary Hickey | Realtor
978-500-4294**



**74 Cherry St
Wenham | \$4,250,000**
Sited on over acres of private, rolling lush fields overlooking a majestic pond. This property is move-in condition 6 BR, 5.5 BA, 7 Fireplaces
**Lynda Surdam | Realtor
978-764-7474**



WHEREVER YOU
DREAM OF LIVING,
WE'LL HELP GUIDE
YOU THERE.

