



Carnival Benefiting ME Boosters!
This weekend, it's the FallFest Carnival in Manchester benefiting ME Hornets Boosters at Masconomo Park.

MANCHESTER CRICKET

A Local Tradition Since 1888

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BRIEFLY

Thanksgiving Day Hornets v. North Middlesex in Football

The Manchester Essex Hornets football team will now be hosting North Middlesex at 10 AM on Hyland Field Thanksgiving Day, which is Thursday, November 23.

Crib Addicts: Week 5 Results

Results from Week 5 of play at the Legion's weekly cribbage league, "Crib Addicts" came through as follows: Harry Parsons (yet again!) in the lead, followed by Bob Torkildsen, Tina Latassa, Heather MacDonald, Jim Chabot, Ben Conway, Billy Bell, David Slade, Marc Kwiatkowski, Paul Clark, Stephen Chabot, Joan Snow, Ted Cakounes, Corrie Whalen, Martha Emery, Pierre Rumpf, Bob Allia, Ed Conway, and Clem Cousey.

Dr. Sewall: Grave Robber of Essex, Part II



It's almost Halloween, and last week we kicked off a three-part seasonally story that harkens back to the early 1800s in Essex, written by Robert "Rob" Fitzgibbon, a local author and an Essex Library Trustee. Last week, we met the young Harvard-educated doctor, Dr. Thomas Sewall who moved to Essex, married a local bride and settled into domestic bliss, community engagement and professional success. But there was another side of Dr. Sewall, which involved local grave robbing, a morbit club, science and religion. Read it, **Page 9**.

Speaking of Halloween

This from the Manchester Parks & Recreation Dept.: the pumpkins are appearing all around town and houses are being decorated, telling all that Halloween is fast approaching. Be sure to make plans to attend the Halloween Party at the Memorial School between 5 and 6:30 p.m. on Tuesday, October 31. Please enter the school at the gymnasium entrance (entrance closest to Summer Street). Look for signs directing you to the entrance. Then there's the Wobblin' Goblin Festival from the Manchester PTO and the Manchester Community Center. This annual tradition will happen from 10 to 11:30 a.m. Saturday, Oct. 28. Meet up at the Town Hall and take a picture in the photo booth sponsored by the First Parish Church and the fun goes from there that will include a parade through town, as well as Halloween fun with trick or treating, hay rides at Masconomo Park, face painting, story time and more. Wobblin' Goblin prompts questions about the Manchester Community Center building, which on Sept. 22 we shared that after 47 years at Harbor's Point, the MCC was asked to vacate its location after the property's condo association board declined to renew its lease. We learned this week that town officials have been meeting with condo board members and officials from the MCC. In the works is an agreement by which the town may take over a lease of the building and then share it with the MCC for community events. At least for now it appears that cooler heads will prevail for a productive solution.



Cape Ann Plein Air finished out its weeklong annual outdoor painting festival and competition on Sunday with hundreds of paintings produced by juried artists from across the country celebrating the region's beauty. Here, painting at the Essex Shipbuilding Museum Thursday. (Photo Neil Levy)

Cell Signaling Consultants at Issue at Planning Board Meeting

By Jeff Pope

The Manchester-by-the-Sea Planning Board debated hiring consultants to help the board in reviewing the details of the proposed Cell Signaling Technology project during its meeting on Oct. 10.

CST proposes to build a research and development laboratory off Atwater Avenue on land just north of the Manchester Athletic Club. The project will be built in two phases, with half the laboratory built in each phase. A parking garage will also be constructed as part of phase one and expanded during phase two.

In total, more than 500 employees will work at the new facility.

The Planning Board generally agreed that consultants on stormwater and traffic would be needed. Board Chairman Ron Mastrogiacomo said former interim Town Planner Betsey Ware had identified Linden

Engineering and Beals and Thomas as possible consultants for stormwater and Beals and Thomas as possible traffic consultants.

Board member Laura Tenney suggested that the board might want to hire a wildlife biologist to study what impact the project might have on area wildlife.

Mastrogiacomo responded that "Beals and Thomas and Linden Engineering both have expertise in that area to complete that review."

Board member Sarah Creighton added that Cell Signaling "added a wildlife person to their team."

Board member Christine Delisio suggested that a consultant to analyze the geothermal impact of the project should also be considered.

"CST has hired Haley and Aldrich, a nationally known firm, to complete a study on the effects of geo-thermal on the (town's) well," said Mastrogiacomo.

Delisio said the board

The Planning Board has requested that CST's design minimize the building's visibility from Rte 128.

would still need someone to make sense of their analysis.

"We need someone to review it," said Delisio. "Just like with the wildlife, unless we have an expert on the board?"

Delisio added that she would like to see a different firm handle the traffic analysis from the one that was hired by the town to analyze the traffic at the proposed Shingle Hill 40B project last year. That project is on the opposite side of School Street from the entrance of Atwater Avenue.

"I would like to see another firm, not the same firm as the 40B," said Delisio. "Just to get a different

opinion, not the same take. ... I'd be curious to see what someone else came up with."

Town Administrator Greg Federspiel agreed to find consultants for traffic and stormwater for the board.

But the board had less agreement when it came to discussing a financial consultant. Mastrogiacomo said that the Finance Committee would conduct an analysis on the impacts the CST project would have on town services as well as any benefit the town will receive through taxes and fees.

But Delisio disagreed. "For us to rely on another internal board is the same as wildlife," she said. We need a "financial report that looks at schools, fire, etc. I don't know who's doing that."

Board member Mary Foley agreed with Delisio.

"I'm the one that has been pushing for the financial analysis," said Foley. "The scope (of the project) extends past what FinCom does. It's one thing for them to review something that the applicant

puts together. ...We need that financial analysis piece and it is important." Creighton suggested a compromise. "We should ask the FinCom to conduct that analysis and then if we need a consultant, certainly, we can hire a consultant," said Creighton.

But Delisio said it wasn't the FinCom's job to do a financial analysis of the project.

"I just don't think it's their purview," said Delisio. "It's ours. We're doing the special permit."

Mastrogiacomo suggested having the FinCom come to a Planning Board meeting and discuss any concerns.

"I think the chair of the FinCom felt comfortable doing this," said Mastrogiacomo. "My feeling is to have them come in and let's ask them if they feel comfortable doing this. If they don't, we can move on to a consultant."

Federspiel pointed out that CST would be providing a financial analysis of the project.

...(Continued on page 11)

Special Town Meeting for November 13

By Gregory T. Federspiel

A fall Special Town Meeting is slated for Monday, November 13 beginning at 6:30 p.m. at the Memorial School gymnasium. Debate and votes will be taken on 10 or so articles. A few of the articles are not yet finalized but they will be by the end of next week at which time the official warrant will be posted. Articles will likely cover the following topics.

Parking Bylaw Amendments: Our current parking bylaw needs updating. Some of the details, like where resident stickers are to be placed, are outdated given the changes that have been made in vehicles (for example, tinted side windows that make it too difficult to see a sticker). The proposed amendments will provide greater flexibility and allow for the Select Board to make adjustments as necessary.

Authorization for Community Center Building Lease: The Town is negotiating a long-term lease with Harbor's Point Associates for the land on which the Community Center building resides. Voter approval is needed for any Town in-



terest in real estate. Securing the lease will allow the Town to move forward in a new partnership with the private, non-profit Community Center, Inc. sharing the use of the building.

Paramedic Response SUV for the Fire Department: The Fire Department has a need for a nimble, non-transport paramedic response vehicle to respond to a simultaneous second ambulance call. While the Department has the option of using the large pumper truck, Engine 1, for this purpose, taking the pumper out for a medical call leaves the town vulnerable if a fire call were also to come in. We have unused funds from the money voters appropriated for a new ladder truck. Voters will be asked to re-allocate up to

\$62,000 of these unused funds for the new SUV.

Extend Parking along Beach Street past Tappen for a few more spaces: There is a need for a crosswalk just past the railroad tracks across Beach Street connecting 40 Beach Street and the Train Station to Reed Park. Doing so will require the removal of a couple of parking spaces. To not decrease the number of parking spaces, a few new ones can be added along Beach Street south of Tappen Street. A few years ago, some 30 new parking spaces were added south of Tappen, but voters approved a new bylaw prohibiting these spaces. This article seeks to amend this prohibition by allowing a handful of parking spaces

...(Continued on page 11)

Weekly Weather Chart

Saturday 21 Oct		60°	56°
Sunday 22 Oct		58°	49°
Monday 23 Oct		54°	41°
Tuesday 24 Oct		53°	37°
Wednesday 25 Oct		53°	43°
Thursday 26 Oct		56°	47°
Friday 27 Oct		56°	54°

Weather data pulled Wednesday and is subject to change.



Gavel to Gavel
This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.

Essex BOS
Monday, October 23, 6 p.m.
MBTS Finance Committee
Wednesday, October 25 7 p.m. Hybrid Meeting - Town Hall
Essex Planning Board
Wednesday, Oct 25, 7 p.m.

IN THIS ISSUE

Weather.....1
Obituaries & Police Notes2
Town News.....3
Library & Letters4
Cape Ann Plein Air5
Sports6
Essex ECHO7
Senior Living.....10
Real Estate.....10, 12

Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

Ron "Buzz" Corey



Ron "Buzz" Corey, formerly of Gloucester, Manchester and Rockport, MA, went onto his happy hunting grounds on September 28, 2023. Ron was the son of Lute and Doris Corey of Athol, Massachusetts.

He was born in Athol on April 21, 1940, and graduated from Athol High School as Vice President of his class in 1958. He was the first athlete in the history of the school to earn a varsity letter as a freshman. His mile record in track stood for over 20 years, and he was eyeing the 1960's Olympics when he suffered an injury to his leg and no longer qualified.

He was the assistant manager of Endicott Johnson Shoe Store before going into the Army in the very elite army security agency known as "Shadow Warriors," or old spooks and spies working in the far east during the Cold and Vietnam Wars.

After the service, he settled in the Cape Ann area where for years he coached little league and junior league baseball, and pee wee football. He was involved with the Manchester Boosters, played adult league basketball and softball for Table Four of Manchester and the Gloucester Post office.

He loved golf and was a member of the Rockport Golf Club where he made a hole in one. Two of his favorite things were hunting and fishing, where he loved the solitude of the woods. Ron was very active in school, community, state, and national projects.

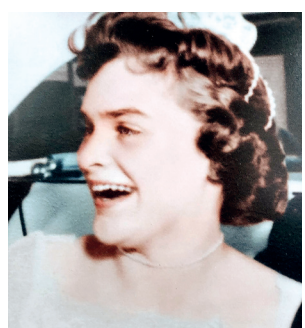
He was most proud of his position on a committee representing the 6th District in Congress to interview and make recommendations to Congress for any students applying to the military academies. Ron was a member of the Veterans of Foreign Wars, American Legion, Amvets and he was the Past Commander of the Disabled American Veterans. He also served as a past president of Essex County Sport Fishermen and was the delegate to the Essex County Sportsman. Ron retired from the Gloucester Post Office after 36 years, serving the last 15

years of his career as manager of the Magnolia Post Office.

He leaves his loving companion, Ann McRae of Portland, Maine; son, Ronald Corey, Jr.; a daughter, Marianne McGillivray; daughter-in-law, Sandy McGillivray; granddaughters, Mollie Mae McGillivray, Meagan and Malarie McGillivray; grandson, Stew McGillivray, Jr. and his wife Stephanie; great-grandchildren, Rocco, Stella, Grayson, Joseph, and Juliana. Ron was predeceased by his parents; his wife, Provie; son, Stewart Mitchell McGillivray; brother, Kenneth Corey.

A Graveside Service celebrating Ron's life was held at 11 a.m. on Wednesday, October 11 at Beech Grove Cemetery, Pleasant Street, Rockport, Massachusetts where Military Honors were rendered.

Barbara J. (Brazier) Aiello



Barbara J. (Brazier) Aiello, 83, of Danvers, formerly of Gloucester & Manchester-by-the-Sea, passed away Wednesday afternoon at the Linden in Danvers. She was the beloved wife of the late Salvatore Aiello. Born in Gloucester, she was the daughter of the late James and Ellen (Brown) Brazier. She attended the Gloucester Public Schools and was a graduate of Gloucester High School.

Barbara was a dedicated Bank Teller for many years working at the Cape Ann Savings Bank's Gloucester and Manchester-by-the-Sea branches.

She was a loving and caring wife, mother, grandmother and friend. Barb was a member of Our Lady of Good Voyage Parish.

She enjoyed the beach and all things summer, but Christmas was truly her favorite time of year. Her most treasured memories were of the lunches with her friends and all the laughs they always shared together.

After 83 years of perpetual motion, rest in peace.

She is survived by one daughter, Michel Aiello of Ipswich; one son, James Aiello and his wife Christine

of Newbury, one grandchild, Gennalee Aiello and many nieces and nephews. She was predeceased by one son, J. Christopher Aiello, one sister, Janice Brazier Strout and three brothers, James, William and John Brazier.

Her funeral Mass will be celebrated at Our Lady of Good Voyage Church, 142 Prospect Street, Gloucester, on Wednesday, October 18, at 10 a.m. Relatives and friends are invited to attend. Burial will be at Calvary Cemetery, Gloucester. Contributions may be made in Barbara's memory to the Alzheimer's Association or to the MSPCA or to Care Dimensions, 75 Sylvan Street, Suite B-102, Danvers, MA 01923.

Susan Donelan Burke



Susan Donelan Burke, age 66 of Malden, Massachusetts, died October 14 after a period of declining health. She was the beloved wife and partner of Daniel Burke for 20 years, the fiercely devoted mother of Will Shawno, and the best friend of Maxx the dog, all of Malden.

Born in Manchester, the daughter of the late Ann-Jean and Jack Donelan, Susan was a self-employed artist. As a youth, she studied piano with Jane O'Brien, played on the Pirates softball team coached by Jack Geary, worked as a lifeguard at local beaches, and took art lessons in Ipswich with the Sisters of St. Joseph. She deeply admired her teachers at Manchester High School, especially Herb Hahn who honed her writing skills and Dick Costello, who fostered her interest in earth sciences and environmental conservation.

After high school, Susan worked as a cook on Cape Ann; and did interior painting in many area homes. She also enjoyed working for several years at the Cricket Press.

She attended North Shore Community College earning an associate degree in graphic arts and computer graphic design; she earned a Bachelor of Science degree in Environmental Studies and Art at Lesley University. She moved to Malden and was

active in Malden Arts and the Malden Cultural Council and painted with Cape Ann Watercolor Painters for many years.

Susan's interest in people, and her generosity of spirit, took her on endless drives around Cape Ann and Greater Boston, delivering meals, gifts, and empathy. The US Postal Service and Hallmark will miss her business—she sent hundreds of greeting cards for every occasion. She was loyal to small businesses for decades, from garden centers to bakeries to auto mechanics.

To her family, and everyone was family, Susan was the mom and aunt at every holiday concert, sporting event, play, birthday, and religious celebration. When she and Danny married, their combined families brought them great joy. Together they supported hundreds of people in recovery. Their garden in Malden was a visual delight to many, and the fruits of their garden were shared widely with neighbors and friends.

Susan carried on many Buckley and Donelan culinary traditions. When she cooked, everyone went home with leftovers. She was passionate about Boston sports and inherited the family political bug, always the defender of the downtrodden.

In addition to Danny and Will, Susan leaves siblings: Mary-Jane and John Beach, John Donelan, Nancy and Charlie Sabanty, Gael and Bob Tarleton, Karen Donelan and Phil Amrein and sister-in-law Kelly Donelan, wife of the late Mark Donelan. She leaves many cousins, nieces and nephews.

Visiting Hours are planned for Friday October 20 from 4-8 p.m. at Gately Funeral Home in Melrose. Funeral services at St. Mary's Catholic Church will be held Saturday October 21 at 10 a.m.. Interment of ashes is planned in Manchester-by-the-Sea at a later date.

Memorial gifts are requested to St. Francis House in Boston: www.stfrancishouse.org.

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Let the Games Begin

As the carnival draws closer many residents are wondering more about the details of our upcoming Carnival/Harvest-Fest. The Manchester Essex Athletic Boosters is hosting the Carnival/Harvestfest to help raise money for scholarships, trophies, senior events and additional requests from coaches. Be prepared for the return of some of your favorite rides: The Ferris Wheel, Pharaoh's Fury, The Round Up, Scrambler, Traveling Fun House, Slides, YoYo swings, Merry Go Round and more + amusements and traditional carnival fare.



And if that's not enough we added a Harvestfest to support local shop owners, food trucks, & our community.

The Carnival will be hosted at our beloved Masconomo Park. Please note the lot will be closed starting on Friday October 20- Sunday October 22 for vendors & sponsors only. The Boosters has reserved the Singing Beach Parking lot for those who prefer to drive to the carnival. On Saturday our beloved Beach Bum shuttle service will be available to shuttle people to and from the carnival.

The Carnival takes place on Friday, the 20th. 4 -9 p.m., Saturday, 12 -9 p.m. and Sunday from 11-5 p.m.

Tickets are currently available for purchase online using a credit card. Visit <https://fanelliamusements.com/events/21>. If you pre purchase early its \$30 for 30. At the event its \$35 for 30 CASH ONLY. Don't worry we'll have 2 ATMs located on site plus plenty of others located throughout the town just a short walk away from

Masconomo.

The Carnival/Harvestfest is a great addition to our community calendar. Other seasons allow us to offer programs to engage the community yet during Fall we did not have a large event that could help galvanize our residents, support local business, and serve as a much-needed event for one of our community non-profits. The Carnival/Harvestfest was a perfect fit.

by Emily McCavangh



BOARD UPDATES

Planning Board Public Hearing: The Planning Board will hold a Public Hearing on Monday, October 23 at 6:30 p.m. Meeting details will be posted on the Town website.

Halloween Trick-or-Treat: Trick or treating in MBTS will be held on Tuesday, October 31 from 5:30 p.m. to 7:30 p.m. The Manchester Police Department will close select roads in the Village to ensure pedestrian safety.

Special Town Meeting: Save the date! A Special Town Meeting will be held on Monday, November 13 at 6:30

p.m. at Memorial School. Details on warrant articles to come.

DPW Hydrant Flushing: Hydrant flushing is underway. Flushing will continue through November 15 and will take place Monday through Wednesdays from 7-11 p.m. If you experience discolored water, run a cold tap until clear.

Town Planner Job Opening: The Town is seeking candidates for a Town Planner/Director of Land Management position. Interested individuals should visit the Town website for a job description and contact Michelle Lee Maloney at maloneym@manchester.ma.us to learn more.

neym@manchester.ma.us to learn more.

Transfer Station Hours: The Transfer Station is closed on Wednesdays until further notice due to construction at the new compost facility. The Transfer Station is open on Saturdays from 10 a.m. to 3 p.m.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Follow Us on Facebook, Instagram, and Twitter @townofmbts and visit the Town website www.Manchester.ma.us to stay informed.

Manchester Halloween Party Oct. 31

Do you have your costume ready?

The pumpkins are appearing all around town and houses are being decorated, telling all that Halloween is fast approaching. Be sure to make plans to attend the Halloween Party at the Memorial School between 5 and 6:30 p.m. on Tuesday, October 31. Please enter the school at the gymnasium entrance (entrance closest to Summer Street). Look for signs directing you to the entrance.

When you get to the party, sit down for a slice of pizza and a drink. After seeing many of your friends there, pick up a goodie bag filled with trick-or-treat goodies and then put on a Glow-in-the-Dark necklace before leaving to continue to trick-or-treat around town. "Be Seen on Halloween" is the safety motto for 2023 and the necklaces will keep everyone safe.

The party is sponsored by the Halloween Committee. Anyone who would like to



make a donation to support the cost of the party is encouraged to send a donation to Manchester Halloween Committee, P.O. Box 1422, Manchester, MA. 01944.

If you are planning to at-

tend the party, please consider to bring some cash or check to drop into the donation pumpkins to help defray the cost of the party.

See you at the Memorial School.

MANCHESTER POLICE NOTES

MONDAY, OCTOBER 9

1:23 a.m. School St., directed patrol, secured/checked. 9:00 a.m. Central St., citizen assist, assisted as needed. 8:16 p.m. Summer St., motor vehicle stop, verbal warning. 10:06 p.m. Central St., theft, assisted as needed.

TUESDAY, OCTOBER 10

10:01 a.m. School St., selective enforcement, no action taken. 11:00 a.m. Union St., selective enforcement, no action taken. 2:30 p.m. Highwood Rd., fraud/scam, spoken to. 6:17 p.m. Central St., citizen assist, assisted as needed.

WEDNESDAY, OCTOBER 11

7:37 a.m. Forster Rd., alarm, secured/check. 10:43 a.m.

Route 128SB, motor vehicle stop, arrest. 2:43 p.m. Lincoln St., theft, report to follow. 4:32 p.m. Windemere Park Ext., citizen assist, other.

THURSDAY, OCTOBER 12

5:42 a.m. Masconomo St., breaking and entering, gone on arrival. 8:48 a.m. Beach St., alarm, secured/checked. 3:03 p.m. Harold St., motor vehicle stop, verbal warning. 4:42 p.m. Tappan St., agency assist, assisted as needed.

FRIDAY, OCTOBER 13

2:20 a.m. Pine St., fire investigation, fire false. 10:18 a.m. The Plains St., 911 call, false, disconnect, abandoned, secured/checked. 2:03 p.m. Lincoln St., community po-

licing, no action taken. 6:25 p.m. Ashland Ave., alarm, secured/checked.

SATURDAY, OCTOBER 14

1:22 a.m. Lincoln St., directed patrol, secured/checked. 7:11 a.m. School St., selective enforcement, other. 12:20 p.m. Summer St., motor vehicle stop, verbal warning. 10:37 p.m. School St., motor vehicle stop, citation issued.

SUNDAY, OCTOBER 15

1:33 a.m. Lincoln St., directed patrol, secured/checked. 7:05 a.m. School St., selective enforcement, other. 10:55 a.m. Beach St., alarm, spoken to. 5:46 a.m. Summer St., fire alarm, fire false.

WHAT WAS HAPPENING



90 YEARS AGO - 1933

Tuesday evening was "Pep" supper night for the Manchester Football squad and proved in every way true to tradition for never has Horticultural Hall held a more peppy gathering and the enthusiasm of youth never had freer vent than on this occasion. Columbus Day passed very quietly in Manchester the holiday being taken advantage of principally for auto excursions, many being away for a weekend, to take advantage of the unusual opportunity of four days in the broken weekend.

75 YEARS AGO - 1948

Nineteen wins against 18 losses is the final tabulation of the games played by the Manchester Legion Baseball nine during the 1948 season. Although not one of the better seasons enjoyed by the club, it does give them a slight plus advantage on the ledger. It is, however, far below the 23 wins-13 losses of last year.

60 YEARS AGO-1963

All residents of Manchester are invited to bring their families on a walk through one of Manchester's most unique areas, Powder House Hill, on Saturday, October 26 at 10 a.m. a guided walk of about an hour will begin opposite

54 School Street.

Fifteen members of Troop 3, Manchester Boy Scouts, participated in the nationwide "Camping on the Green" last weekend. The boys pitched their tents on the Town Common on Saturday morning and set up their campsites. Several demonstrations were given including first aid, axemanship, survival and fire building. The camp broke up on Sunday at 11 a.m.

45 YEARS AGO - 1978

At its meeting in Congregational Chapel on Tuesday, October 17, the Manchester Women's Club, in the 71st year of its organization voted to raise its three \$300 scholarships to \$400 for the June 1979 awarding. Two Manchester young ladies fared well in the Bonnie Belle Race, held in Boston on Monday, October 9. Pat Martines, daughter of Mrs. Lee Martines of Forest Street and Anastasia Brown, daughter of Mr. and Mrs. Theodore Brown of Tappan Street.

30 YEARS AGO - 1993

The heat is on at 7 Central restaurant in Manchester as the date approaches for the second annual Coors Chilifest, a food and music festival produced by and to

benefit Horizon's for Youth, a Sharon-based nonprofit organization that provides outdoor programs to needy children.

All Manchester citizens are reminded of the dedication of Memorial School's new computer lab to be held this Sunday, October 17, beginning at 4 p.m. Hosting the event will be memorial parent DISK volunteer Tim Browne.

15 YEARS AGO - 2008

Summer is now over and Winthrop Field has once again been mowed and the hay bailed and collected. It was amazing to see the wide variety of grasses, sedges, reeds, clovers, and wildflowers in the field this year, all being tended by an assortment of bumblebees, honeybees and wasps.

As you read this article, the Beach Street sewer construction should be coming to a close and Beach Street should be open to traffic early in the week of October 20. The existing sewer line is below the high tide level and emergency repair work was undertaken to stem the flow of salt water into the sewer treatment plant at high tide and the corresponding outflow of sewage into the ground adjacent to the harbor at low tide.

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
20 Fri	3:42	8.5	3:48	10.0	10:08	1.6	10:53	0.6	7:00	5:55
21 Sat	4:37	8.3	4:44	9.8	11:02	1.8	11:50	0.7	7:01	5:53
22 Sun	5:38	8.3	5:47	9.6			12:03	1.8	7:03	5:52
23 Mon	6:46	8.4	6:58	9.6	12:51	0.7	1:07	1.6	7:04	5:50
24 Tue	7:54	8.8	8:11	9.7	1:53	0.6	2:12	1.2	7:05	5:49
25 Wed	8:57	9.4	9:18	10.0	2:53	0.3	3:15	0.6	7:06	5:47
26 Thu	9:54	10.1	10:18	10.2	3:49	0.0	4:15	0.0	7:07	5:46

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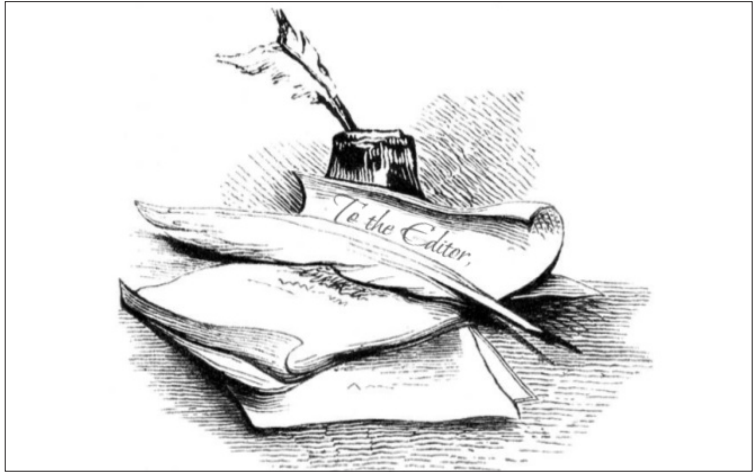


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Annual Percentage Yield (APY) is effective 10.05.2023. Minimum balance to open an account and earn the Annual Percentage Yield of 5.12% for the Lighthouse Business Money Market Account is \$50,000. The interest rate is variable and may change, at our discretion, without notice. Deposits are insured in full. Each depositor is insured by the FDIC to at least \$250,000. All deposits above the FDIC insurance amount are insured by the Depositors Insurance Fund. (DIF)





The Cricket publishes every letter it receives. However, letters should be original (no reprints), no more than 400 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. Letters may be edited for clarity and accuracy. We have a "one letter, one person, one topic" policy, so please do not send multiple letters on a single issue. We do not publish press releases, anonymous letters, those judged to be libelous or an invasion of privacy. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. Please send submissions to letters@cricketpress.com.

MBTS: Why Shouldn't We Pay More for Our Water?

To the Editor,

After being present in a couple of our Town's Board Meetings recently where our Drinking Water was one of the subjects discussed and after reading last week's article in which Mr. Chuck Dam, Director of the Manchester Dept. of Public Works explained about PFAS in the water and what we should do about it, I wonder:

Why the residents of Our Town do not value Our Drinking Water as other important things in their life?

Why the residents of Our Town do not think that it is important to maintain its quality?

Why the residents of Our Town do not understand what is best for them and their families?

According to Mr. Dam: When the pond is full and the groundwater at LSW is high, we are less likely to draw in contaminants from the surrounding watershed.

Conserving water at some scale

will ensure that we do not overly draw down LSW or unnecessarily lower the level of Gravelly Pond.

And, all of the approved treatment processes under consideration should remove PFAS down to non-detect limit with today's current testing.

We spend millions of dollars to build Schools, Sports' Facilities, Playgrounds, Focal Structures and their maintenance, etc. for our Town's children and its residents.

When the cost of everything else in our daily life goes up in price and we don't seem to argue about it, why shouldn't we pay more for Our Drinking Water? And the more water is used per property, maybe per hundred gallons, the higher the rate should be!!

Our Drinking Water is the most valuable thing in our life and the most undervalued. We cannot live without potable drinking water.

We have to do everything possible to maintain its quality and to conserve it. It is the most important thing and it should be for everyone, no matter the cost!!

It has been the least expensive necessity in our lives up to now!!

Katerina Gates & Family Manchester

Knights Thank Donors and Contributors for Autumn Raffle Success

Masconomo Council 1232 Manchester-by-the-Sea Knights of Columbus recently successfully concluded its annual fall fundraiser. That signature Council program supports a wide range of charitable activities for Cape Ann and beyond of which Council 1232 can be justifiably proud.

Grand Knight Stephen Kuhn said, "The generosity of parishioners from The Visitation Parish, comprised of Sacred Heart, Manchester-by-the-Sea and St John's, Essex, as well as that of well-wishers from throughout Cape Ann and beyond enabled the Council to raise substantial funds this year. That will allow us to strengthen our charitable outreach."

"Our fundraising success is attributable both to the support of the raffle by Cape Ann residents and to the generosity of Cape Ann and North Shore restaurants and businesses that have supported the raffle with goods and services since its inception. This giving program would not exist without the loyal support of our contributing businesses."

"We are indebted to the following area businesses for their commitment to the community and Masconomo Council 1232 Knights of Columbus:

Manchester-by-the-Sea: Masconomo Council 1232 Knights of Columbus; Sulco; Stoneybrook Water; Cape Ann Savings Bank; Allen's Pharmacy; Standley's Garage; Crosby's / Henry's Markets; Cala's; The Antique Table; Bravo by the Sea; The Laughing Gull; Nor'East Cleaners; Harrigan's Liquors; Captain Dusty; Cricket Press; David Slade Family.

Gloucester: Beauport Hospitality Group; Sudbay Motors; Scott Energy; Lobsta Land Restaurant; The Causeway Restaurant; Bass Rocks Golf Club; The Liquor Locker; 525 Tavern Magnolia; Atlantis Ocean Front Café; Cape Ann Whale Watch; Happy Humpback Cafe; Anthony Bullock Family.

Essex: The Village Restaurant; Shea's Riverside Restaurant & Bar; CK Pearl; The Mill; Woodman's Restaurant; Blue Marlin Restaurant; The Great Marsh Brewery.

Rockport: Roy Moore Lobster Co.

Beverly Farms: Chapman's Greenhouse; Juel Gifts.

Beverly: Beverly Depot Diner.

Prides Crossing: Prides Crossing Confections.

Peabody: Outback Steakhouse.

Danvers: New Brothers Restaurant.

Grand Knight Kuhn emphasized Masconomo Council 1232's drive to raise funds to support worthy causes is a group effort with every member fully engaged. He called out two brother knights for special attention and thanks for the fundraiser's success.

"Richard Sullivan is the catalyst, and the inspiration for this fundraiser's resilience. We owe Richard a debt of thanks especially in a time of personal adversity."

"Until he was sidelined by serious illness this year, Tony Bullock was a tireless fundraiser on behalf of the Knights' Raffle. He was a force of nature promoting the Knights. It's a pleasure to see him now recovered and in good health."

Stephen Kuhn, Grand Knight Masconomo Council 1232 Knights of Columbus

Manchester-by-the-Sea

Republican State Committeeman Candidate - Michael J. Scarlata

Every four years during the Presidential Primary, which is slated for

Tuesday March 5, 2024, each Senatorial District elects a Republican State Committee Man and Woman. This also happens on the Democrat side. In Massachusetts we have 40 Senatorial districts. The Massachusetts Republican State Committee is the governing body of the Republican Party in Massachusetts.

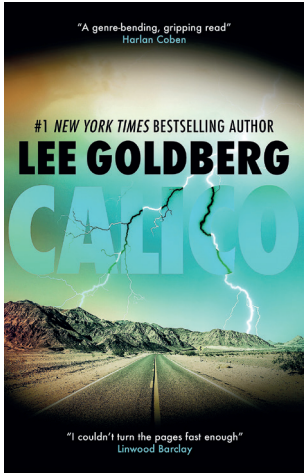
Eighty members of the State Committee play a key role in Building the Republican Party in their districts by recruiting candidates, helping with fundraising, registering new voters and growing the local Republican City and Town Committees in the district.

The First Essex and Middlesex district consists of 17 towns and two cities. Manchester by the Sea, Essex, Rockport, Gloucester, Ipswich and Hamilton are among the towns that make up the First Essex and Middlesex district.

The main goal of the Republican State committee is to elect Republicans at the local and state level. Recent elections, Republicans in our district have lost three State Representative seats. We have 200 Legislatures on Beacon Hill of which only 28 are Republicans. I am sure you will agree that one party rule in Massachusetts simply doesn't work. No checks and balances. I am running for Republican State Committeeman because we simply need to stop the hemorrhage of Republican losses. I have managed and volunteered for a number of Republican candidates in our district and throughout the state. I know what it takes to get our Republican candidates elected. I am determined to build each of our Republican city and town committees. The committee members are the political activists that candidates need in order to be successful. If you are a Republican or an Unenrolled voter who requests a Republican ballot, I respectfully ask for your vote on March 5, 2024. Please visit my website at scarlata4statecommittee.com.

Michael J. Scarlata Peabody

LIBRARY NEWS



October Cybersecurity Awareness Month

The Cybersecurity and Infrastructure Security Agency (CISA) has launched a new cybersecurity awareness program—Secure Our World—through which the agency will be promoting behavioral change across the nation. CISA encourages four key behaviors to greatly improve security: Use strong passwords and a password manager. Implement multifactor authentication. Update software promptly. Learn how to recognize phishing and reporting phishing attempts.

Mystery Writer and TV Producer Lee Goldberg (Virtual)

Tuesday, November 7 from

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Courtesy Photo



been the writer and producer of one of our favorite TV shows, "Monk", so you know that this will be a fascinating, quirky, and fun discussion.

MBTS Haunted Library

Wednesday, October 25. It's our third annual Haunted Library Spooktacular. Take a tour of the MPL all decked out for Halloween, enjoy some treats and a creepy tale by the fireside. This is a family event appropriate for ages 4 and up. Registration is required, please register for one session only.
1st Tour 5:30 - 6 p.m.
2nd Tour 6 - 6:30 p.m.

7-8 p.m. Join us in conversation with Lee Goldberg and celebrate the release of "Calico". Lee not only writes wonderful mysteries, he's

3rd Tour 6:30 - 7 p.m.

Mystery Book Group

Friday, October 27 from 10:30-11:30 a.m. We will discuss "Better the Blood" by Michael Bennett.

Hearthside Book Group

Tuesday, November 7 from 4-5 p.m. Join us in person or on ZOOM to discuss "Tapestry of Fortunes" by Elizabeth Berg. "In this novel by the beloved New York Times bestselling author, four women venture into their pasts in order to shape their futures, fates and fortunes."

Cookbook Club

Tuesday, October 24 from 5:30 - 6:15 p.m. The Cookbook Club meets once a month to share recipes from a new cookbook off our library shelves. October's pick is Crave: Bold Recipes that Make you Want Secods, by Karen Akunowicz. Please register so we know how much cutlery to have on hand. This event will be outside if possible, so bundle up.

Library's Free Public WiFi

MBTS Library's WiFi is now encrypted, offering extra security for our community and guests. Log on from inside the building or from the front garden by connecting to MBTSLibraryWifi using password library1887.

Mindfulness Meditation

Every Tuesday from 11 a.m. - 12 noon at the Community Center with Alida Bryant. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change venues.

Tai Chi

Wednesdays from 9:45-10:45 a.m. When the weather is good the class will be held on the library's front side lawn,

if the weather is inclement, it will be held at the Manchester Community Center. Please complete the Safety Release Registration Form, on the event listing on the library website, before joining. Susan Halpern will update by email those who have completed the Safety Release Registration Form.

Digital Advice Appointments and Drop-ins

Register for a dedication session on Mondays, or drop in most Fridays between 3-4 p.m. Increase your comfort level with technology or try out a digital service you have always wanted to try. Shut Up and Write (Virtual) Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to critique or be critiqued.

Calling All Local Artists

For the Friends of the Library's 1st Falling For Art Exhibit and Sale, October 20-22, 2023. Artists and photographers are invited to submit up to 5 digital jpg images by August 30 to fallingforartmbts@gmail.com. Include your name, title of piece and price.

MPL Children's Events:



Pumpkin Storytime

Saturday, October 28 from 2-3 p.m. Join Miss Audrey for a pumpkin themed storytime and craft. We will share fun stories and make a beaded pumpkin that can be displayed all fall long. Program is best for ages four and up. Registration is required.

Pop Up Art School: Insect Shadow Boxes

Wednesday, November 8 from 1-2:30 p.m. Using images of butterflies, moths, and beetles as reference, draw and paint your own realistic or imaginative insects and mount it in a paper shadow box.

Storytime with Miss Audrey

Fall and Winter story time, Wednesdays, for children ages 0-5 and their caregivers. Registration is required each week as space is limited.

Teen Advisory Board (TAB)

Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.

Fall Hours

The library is now open on Saturdays from 10 a.m. - 4 p.m.

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Autumn carries more gold in its pocket than all the other seasons.
~ Jim Bishop ~

Cape Ann Plein Air Closes Out Its 7th Annual Festival and Sale



For the last week nearly 40 juried artists from across the country have been painting the corners of Cape Ann and on Saturday the group unveiled more than 185 paintings as part of the Cape Ann Plein Air (CAPA) finale.

Stephen Griffin took first place with his painting, "Schooners in the Harbor." In second place was "The Tide Will Turn," a painting of the marshes behind Black Beach in Manchester by Pennsylvania artist Beth Bathe. Third place was "Dancing on Bass Rocks," by Illinois painter Lon Brauer. Winning paint-

ings celebrated many areas of Rockport, Gloucester, Essex, and Manchester and focused on traditional land and seascape scenes of plein air painting as well as non-traditional ones, such as indoor scenes, restaurant life, people at work and play. Styles in paintings also ranged from realism to highly abstract or gestural techniques in both watercolor and oil.

More than \$120,000 in sales also came in, which benefits both the artists themselves who make a living from their artwork, as well as the Cape Ann Plein Air organization itself, a nonprofit

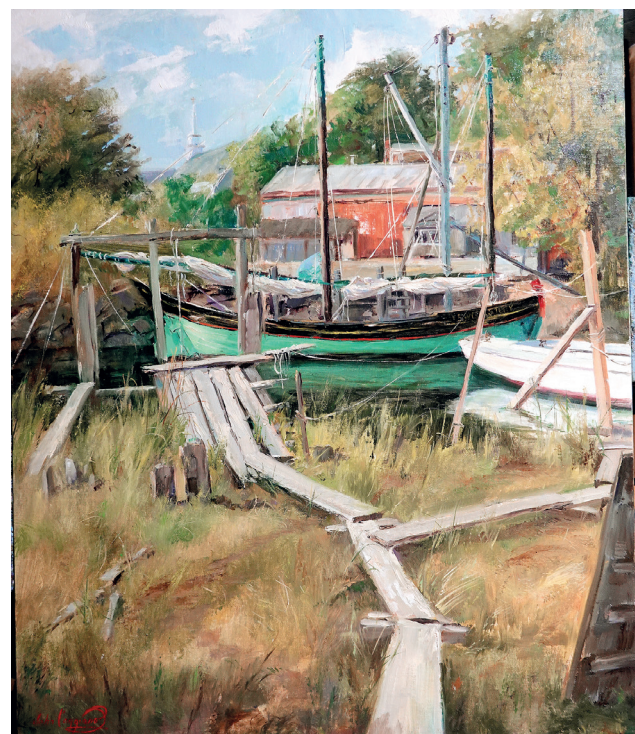
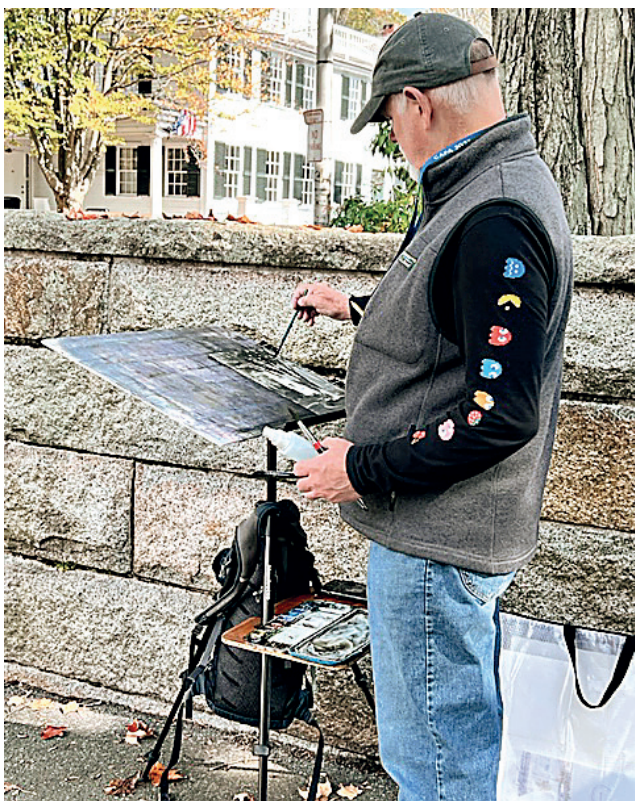
that organizes the competition. This year, CAPA donated proceeds to Cape Ann Art Haven, a Gloucester based non-profit started in 2012 to bring art classes, workshops and art therapy to local children.

The paintings were judged by Tim Newton, a noted art collector and expert of the "en plein air" style of painting. He'd flown in from Cody, Wyoming. Newton hosted a talk the day after the CAPA gala to review the winning paintings and his process and judging standard for each, which competed in categories that included "Best Architectural Painting," "Best

Americana," "Best Seascape," "Best Nocturne," "Edward Hopper Style," among others. In all, more than \$20,000 in prize money was awarded in the competition, making it the fifth largest regional plein air competition in the US.

Art Haven's Traci Thayne Corbett spoke compellingly Saturday to gala guests about her organization's history and the value that CAPA funds brings to kids who would never otherwise be exposed to making art.

The CAPA artists spent the week doing their thing, while CAPA organized events that encouraged the public to see up close what they do and how they do it. There were daily artists' demonstrations, a fast-paced "Quick Draw" event that brought an additional 100 painters for a two-hour paint-out on Columbus Day at Maritime Gloucester and "Palate to Palette" dinners at local restaurants like Shea's in Essex and 35 Beach in Manchester. There was also a "Meet the Artists" night at the Beauport Hotel, a nocturne painting night on Bearskin Neck in Rockport showcasing CAPA artists creating paintings in the enchanting evening hours, and more. Onto next year!



Cape Ann Plein Air artists found beauty in the everyday parts of life on Cape Ann. Top, "Tide Will Turn" by Pennsylvania artist Beth Bathe depicts the marshes behind Black Beach in Manchester. Others in these photos by Sara Harper, found inspiration at the restaurant 35 Beach in Manchester, the Essex Shipbuilding Museum, the Manchester Public Library, and Hammond Castle in Magnolia. (Photos: Sara Harper)

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In the Hornets' Nest



ME golf team, with coaches, at the Essex County Club during Senior Day for Lilly Brigham.

Photo Paul Clark

Golf:
Two big matches for the Hornets last week. On Tuesday, the Hornets took down a solid Pentucket Panther team by a score of 156-128. Top scorers were Gray West, Luke Holmes and Matt Graeter, all with 30 points!
On Wednesday, the Hornets dropped a close one to

Hamilton-Wenham, 155-152. Gray West and Matt Graeter led the squad with 32 a piece, while Jake Zschau put up 26. The Cape Ann Cup was also played on Thursday. Lilly Brigham and Gray West played well, scoring 34 and 45 points, respectively.
Big week this week as the team sits at 6-8, needing

to run the table to qualify for the tourney. We take on North Reading on Monday and face off against Rockport and Ipswich in the Cape Ann Classic on Tuesday, at Essex County Club!
Field Hockey:
Field hockey continues its 4-game streak with wins

against Hamilton Wenham (5-2), Triton (6-1), and Rockport (4-0). Excellent play this week from Torrin Kirk, Abby Kent, Liv Cahill, and Caelie Patrick. We are now 11-1-2 and look forward to finishing our regular season strong.
Girls Soccer:
The Manchester Essex Hor-

nets fell to Lynnfield in their Morgan's Message Memorial Game. Morgan's Message was created in remembrance of Morgan Rodgers who was a Duke student-athlete who took her life after battling with mental health issues. It seeks to raise awareness for and eliminate the stigma surrounding mental health among student-athletes. This project is led by many student-athletes at Manchester Essex High School including senior girls' soccer captain Pippa Spingler.
A hard fought first half saw them fight back after conceding to level the score at 1-1. A great combination between Pippa Spingler and Liv Kent created space for a cross, and Liv's pass was finished by Meg Hurd. Meg went close again just minutes later, and was only stopped by a great save from Lynnfield's goalkeeper. Lynnfield took the lead again before the break and, despite stand in goalkeeper Tori Moulton's best efforts, found the net three times in the second half.

attempt after the Ipswich goalkeeper parried her first shot. Ipswich fought their way back into the game and had several chances to score in the first half but were thwarted by a great performance goalkeeper Madi Cook who returned to action after missing the last two games through injury. The second half was evenly matched, but Ipswich was the team to find a way through, leveling the score with a great long shot with less than 20 minutes to go. The Hornets pressed with renewed urgency to find a winner and finally, with just 6 minutes left in the game, they got their chance. Pippa Spingler found space to drive forward on the left wing and slipped a beautiful pass through to Mechi O'Neil who rounded the keeper and finished on the empty net to secure the win.

Final Score: 2-1.
Player of the Match: Mechi O'Neil.

The Manchester Essex Hornets fall on the road to Marblehead. A solid first half performance had Manchester Essex in the lead at the break through a great header from Meg Hurd, assisted by a pinpoint corner kick from Libby Lawler. A second half blitz saw Marblehead stun the Hornets surge into the lead.

Final score: 1-4.
Player of the Match: Meg Hurd.

High School Cross Country Season Seems To Zip



Earlier match for the Hornets XC team against the Georgetown Royals. ME prevailed 15-50.

Courtesy Photo

By Jason Brisbois
Like the runners who participate in the sport, the high school cross country season seems to zip by pretty quickly each fall.
The Manchester Essex boys' and girls' cross country teams opened up against Amesbury on Sept. 14, and were done with the 2023 regular season less than a month later, with both teams falling to Cape Ann League

Hamilton-Wenham to close out the schedule. Up next are a series of postseason invitationals that should test two teams that saw success in 2023 - The girls team finished 2-2 overall, and the boys were 3-1.
"We are now moving from our competition phase of training to our championship phase," explains ME cross country coach Steve Whitley. "This puts more emphasis on speedwork and starts lessening the total quantity

of running. The three championship meets are Cape Ann League on Oct 28 at Wrentham, Division 2C on Nov. 11 at Wrentham and - if we qualify - the Meet of Champions on Nov 18 at Devens."
While both teams did pretty well during the regular season, the invitational meets represent a higher level of competition for the Hornets. The Manchester Essex cross country program added Gloucester to its traditional Manchester/Essex/Rockport

co-op for the fall of 2023, a change that brought with it a jump in challenge with a move from invitational meets against Div. 3 teams to Div. 2 competition.
Whitley points out that his teams participated in regular season invitationals including the Frank Kelley Invitational, Bay State Invitational and Bob Glennon Twilight Meet in Cape Cod (which was run on Oct. 13) which could serve as a gauge for how Manchester Essex runners might fare

against the next level of competition.
"Our runners have performed well at the invitational meets we have competed in," explains Whitley. "Using the invitationals to see where we stand against other Division 2 teams in our wave [Wave C], both teams are on the bubble to qualify for the Meet of Champions."
If either the boys or girls team misses out on qualifying for the Meet of Champions at Gardner Golf Course on Nov. 11, the top 15 runners not on a qualifying team have a chance to participate in the meet as individuals. Prior to that, Hornets runners will compete against the rest of their division in the Cape Ann League Open on Oct. 28.
While their coach describes his team's as being "on the bubble" when it comes to qualifying for Meet of Champions, both Manchester Essex teams seem to have the talent to make a run at getting there, including top runner Finn O'Hara on the boys' side.
"Finn O'Hara has been our top runner," says Whitley. "In the Bob Glennon Twilight Invitational [on Oct. 13], Finn placed seventh with a personal record of 16:00. In Wednesday's meet against Hamilton-Wenham, Finn came in second behind James Reagan. This was the first dual meet he didn't win in three years. He will have a chance at a rematch on

October 28 at the Cape Ann League Championships."
At the same time, Sabine Cooper has made a similar impact for the girls' squad.
"Sabine Cooper has been the top runner on the girls' team," explains Whitley. "She was able to medal at the Bay State Invitational last Saturday and run a 20:37 personal record at the Twilight meet Friday night."
Other standouts in 2023 include Henry Stevens and River Silva.
"Both of them are consistently scoring, usually as the fourth runner on each team which, is a big improvement for each of them from last year," says Whitley.
The addition of Gloucester runners has benefited the teams overall, with the influx of talent making up for the bump up in challenge when it comes to Div. 2-level opponents.
"The addition of the Gloucester runners has been great," says Whitley. "Since the Manchester Essex runners have been in a co-op with Gloucester in outdoor track for years, most of the runners already knew each other as teammates. Three of the top 6 boys are from Gloucester, [including] Colby Rochford, Lyall Cunningham and Aidan Woods. Gloucester's Faith Castellucci is our second-place girl while Grace Castellucci is our seventh or eighth runner. This has given each team some needed depth."

ScottEnergy Community Bulletin Board

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Senior Day for the ME Golf Team was held at the Essex County Club on Wednesday. While the team was warming up for a match against Hamilton-Wenham, a celebration was held for the only senior on the team, Lilly Brigham. Here Lilly poses with her folks and her sister, Samantha. Seniors present flowers to their parents thanking them for their continued support during athletic and academic endeavors.
Photo Paul Clark



Pippa Spingler controls the ball for the Hornets through a defense of Rockport Vikings. ME faced off against Rockport on Monday afternoon. The Hornets prevailed 3-1. At press time they are 6-6-3 for the season.
Photo Paul Clark

ESSEX ECHO.

Deb French, Library Director, Retires

By Erika Brown

This week, Deb French can finally think of resting as this Friday marks her retirement as director of the TOHP Burnham Public Library.

"It's amazing how fast it's all gone," laughed Deb recalling her nearly 20 years of service at the library. "So fast."

Retirement plans were triggered last year, as their daughter was set to give birth to a second granddaughter. Deb and her husband, Bill French, owner of Frenchies Garage in Essex who, until 2021, was a long-time member of the Essex Planning Board, realized time was flying by, and it was time to slow down and invest in family.

"She's been an incredible leader, setting the tone for the library as a friendly, welcoming place for the youngest children in Essex to seniors," said Jenny Mayer, chair of the Essex Board of Library Trustees.

Mayer added that Deb has been instrumental in crafting programs for all age groups at the library, like a book group she leads. Deb will even make house calls to seniors who can't leave their homes with books they've requested. She's also been a leader in connecting the small Essex library to larger libraries in the region, taking advantage of technology initiatives or early childhood education programs. Anything to make the library



"It's like we're an information booth for town life," says retiring library director Deb French about the importance of the library.

stronger.

Suffice it to say, Deb has certainly given much to lead important growth and changes in the role the library has in Essex.

"It's the community space," Deb says is the unofficial mission of the library. "When people move to Essex, they go first to the library. I love that. It's like we're the information booth for town life."

That's true in more ways than lip service. Deb led the effort to organize welcome packages to new residents from the library.

Deb joined the library as a part timer in 2004 working at the circulation desk. In 2006 she was named Director. She's seen a lot in nearly 20 years, including two renovations, first in 2012 and again in 2015. The first

was an interior renovation, requiring the library team to pack up all the books and store them as new paint and carpets were installed. In 2015, the renovation was more extensive as the entire Town Hall was renovated. The library moved to 245 Western Avenue for 18 months. Deb oversaw all of this. Then, she oversaw putting the whole library back together when it reopened at the newly renovated Town Hall.

When the team returned, it was an opportunity to move the library from an old set up (reference only) to one that offered expanded community programming—from yoga to doggy story hour to music, afternoon teas, workshops and author visits. These offerings are sponsored by local organizations

and, always, the Friends of the TOHP Burnham Library.

Deb says the Essex Library is small, and that's the secret to its success.

"We can't do everything," Deb says of the library, which is considered modest in size compared to others in the regional library network. "But what we do, we do well."

Indeed, The Essex Library is small and mighty, supported by youth librarian and Assistant Director April Wanner (who has worked at the library for 17 years), Caroline Kelly, Rebecca Shea, Lauren James, and volunteers. They cater to children in the community, which is the shine in its success. Think ice cream socials, crafting, and of course, the biggest fundraiser for the library each year isn't a gala but a Pie Fest, organized by the Friends of the Library.

Wanner, who demurred from applying for Deb's position, will serve as interim director of the library as Deb's replacement is sought.

In the end, it's the small things that give Deb true satisfaction for all the years of service she's given the town of Essex.

"I'll get a random email from time to time, or a note of thanks for doing something that we may not have thought was a big deal and that's when it hits me," she said. "It's all those little things that makes it all worthwhile."

A retirement party for Deb will be held, 3 to 6 p.m. Thursday, Oct. 19 at Town Hall.

MMES Celebrates Reading and Core Values at First Schoolwide Meeting

Manchester Memorial Elementary School's staff and students enjoyed their first schoolwide meeting of the school year, last Friday October 13. Grade 5 students led the meeting with a review of the school's Core Values, HEARTT (Honest, Effort, Appreciation, Respect, Responsibility, and Thoughtfulness.). The presentation included a review of HEARTT slips which recognize students "caught" modeling a Core Value. Several students have already earned HEARTT slips this year and a few were randomly chosen to receive shout outs at the meeting.

Following Grade 5's presentation,



First grader Tommy Berferon wins Reading Challenge raffle.

Ms. Silag, MERSD Elementary Library Teacher, joined Principal Willis on

stage to recognize all the students who participated in the Summer Reading Challenge. The challenge has been an annual tradition for over a dozen years and is a collaboration with Manchester Public Library and sponsored by Cape Ann Savings Bank. After Ms. Silag announced the name of each Summer Reading Rock Star, Principal Willis picked one lucky reader's name out of a raffle for a brand-new bike. This year's winner was first grader, Tommy Berferon. In true, MMES fashion Tommy mentioned that he has a bike of his own so he would like to give his winnings to someone who needs a new bike, probably his younger brother.

Essex Locals

115 Years Ago - 1908

The price of eggs continues to soar as well as the grain to produce them. It has been predicted that the price will reach 60 cents per dozen by Thanksgiving.

90 Years Ago - 1933

A delegation from Newbury Grange numbering 86 paid a fraternal visit to Essex Grange last week and put on an interesting entertainment program at the close of which refreshments were served and dancing enjoyed.



ESSEX POLICE NOTES

MONDAY, OCTOBER 9

11:28 a.m. John Wise Ave., motor vehicle complaint, erratic operation, spoken to. 6:57 p.m. Burnham Lane, male with back pain, transported to hospital. 9:54 p.m. John Wise Ave., motor vehicle stop, verbal warning. 10:36 p.m. Main St., motor vehicle stop, citation issued.

TUESDAY, OCTOBER 10

9:37 a.m. John Wise Ave., male sick, transported to hospital. 2:54 p.m. John Wise Ave., community policing, assisted as needed. 5:58 p.m. Wood Drive, motor vehicle complaint, erratic operation, spoken to. 9:11 p.m. John Wise Ave., motor vehicle stop, verbal warning.

WEDNESDAY, OCTOBER 11

1:16 a.m. Main St., directed patrol, secured/checked. 1:37 a.m. Story St., directed patrol, secured/checked. 3:05 a.m. Western Ave., suspicious activity, no action taken. 7:09 a.m. Conomo Point Rd., directed patrol, secured/checked.

checked.

THURSDAY, OCTOBER 12

7:06 a.m. John Wise Ave., animal complaint, notification made. 10:23 a.m. Centennial Grove Rd., directed patrol, secured/checked. 5:25 p.m. John Wise Ave., citizen assist, assisted as needed. 8:38 p.m. Conomo Point Rd., directed patrol, secured/checked.

FRIDAY, OCTOBER 13

9:03 a.m. Eastern Ave., motor vehicle lockout, assisted as needed. 5:12 p.m. Main St., motor vehicle stop, written warning. 9:45 p.m. Southern Ave., motor vehicle stop, citation issued. 10:56 p.m. Main St., alarm, secured/checked.

SATURDAY, OCTOBER 14

12:59 a.m. Scotts Way, directed patrol, secured/checked. 1:20 a.m. Chebacco Terrace, directed patrol, secured/checked. 3:11 a.m. John Wise Ave., citizen assist, assisted as needed. 7:00 a.m. John Wise Ave., directed patrol, secured/checked.

LIBRARY NEWS

T.O.H.P. Burnham Public Library



Teens at the Essex Library met together to make sweet sushi all from candy and rice krispie treats.

Courtesy Photo

Library is open Saturdays beginning from 10 a.m. to noon.

Let Freedom Read Statewide Read-In

Friday, October 6 from 3-5 p.m. Join members of your community and celebrate your freedom to read on the library lawn. Grab a book, bring your chair and catch up on your reading. All ages are welcome to participate and no registration is required.

Community Book Group

Monday, November 3 at 10 a.m. Come by for a discussion of "Yellowface" by R.F. Kuang.

Regional Social Worker

Wednesdays, 9 a.m. - 1 p.m. in the first-floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

Monthly Scavenger Hunt

Stop by and enjoy our themed scavenger hunt all throughout the library.

Halloween Magic Show

Monday, October 30 at 4 p.m. Ages 4-10, join us and magician Tommy James for a hysterical, fun for all ages Halloween Magic Show. Don't miss a wizard's wand taking on a life of its own, a haunted jack-o-lantern, Frankenstein and even an appearance from "Bunnacula" the real bunny. Reserve your spot today.

Story Hours Begin

Wednesdays at 9 a.m. for Wee Ones, ages 0-2 yrs. 20 minutes for songs, rhymes, stories and creative play. Please register. 10 a.m. Preschool ages 3-5 years. 30 minutes of songs, rhymes and stories read aloud and concludes with a themed craft. Please register.

CFCE Science Thursdays

Thursdays 9-10 a.m. for ages 2-6 years old. Join Ms. Christine for some STEAM fun, you will listen to stories, then explore science, technology, engineering, art, and math. Space is limited so please register.

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MERCURY RECOVERY PROGRAM

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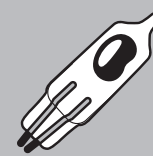
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Mercury Switches



Fluorescent Lamps

Please contact your local Board of Health or Department of Public Works for information on where to safely dispose of these items.

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Mindfulness and the Cultivation of Joy

Has COVID-19, politics, war and the news worn you down? Are you starting to feel the heaviness of the holidays approaching? Is it hard to slow down and take a moment to enjoy the beauty of fall? Take a deep breath and try something new. Come participate in an experience called "A Mindfulness Journey Into Joy," an in person workshop which will be held in Manchester-by-the-Sea on November 4 from 9:30 a.m. to 1:30 p.m.

Come join us. We are three Northshore psychotherapists whose practices focus

on affective, body-centered approaches. These are practices built around the present moment experience, the "here and now." The three of us are Denise Koelsch, Edith Bross Johns, and Christine Routhier. For us, joy has aspects of wonder, delight, warmth, awe, open-heartedness, excitement & heart centered experiences. We are offering this workshop experience to invite you into the cultivation of joy through mindfulness. To put it another way, we want to provide experiences that help participants relax, open to the felt sense of joy as it arises from

within, while recognizing and nurturing its presence.

Take a moment and imagine yourself participating in this workshop...

Imagine you have joined folks from other parts of the North Shore, and you are sitting in a circle in a beautiful and safe environment. You hear the crystal bowl sound, and you are invited to join with your voice in 'toning.' You feel the resonance throughout the body as the mind quiets. You hear the group sound.

As you center and deepen your focus you become aware of your experience inside and

outside. You are guided with the group to take a moment of silence, a mindful moment, to notice what is happening. Can you be curious as you observe your experience? Notice, is it pleasant, or unpleasant? Does it bring lightness or heaviness? Is it neutral or even boring? Or does it open the heart? Does this activity feel right for you? Maybe it doesn't and you wait to see what the next experience will bring. There is no right or wrong, it's all about what works for you on your mindful journey to explore and cultivate qualities of joy.

The crystal bowl is just one

of many activities. In our workshop we offer a wide range of experiences. These include movement, meditation, music, art-making, dance, relating to nature, guided imagery, as well as toning with crystal bowls. A recent participant shared that "The Mindfulness Journey into Joy Workshop offers easy ways to be mindful in a chaotic world through engagement with nature, art, music, movement and mindfulness meditation. I still use these practices every day!" (L.P., Reading, MA)

We all need practices that support us in stepping out of

our fear-driven mind-states and behaviors. We recognize there's a lot going on these days that frightens us, but that living from that fear is very limiting. Accessing joy is surely one super-power we can recruit as we face the challenges of life. Join us!

A Mindfulness Journey Into Joy, Manchester-by-the-Sea, November 4, 9:30 a.m. to 1:30 p.m., registration fee \$125 (scholarships available), maximum 12 participants. For information, questions or to register email Christine Routhier at carouthier@gmail.com.



October brings out the scarecrows in Essex in force. Here are three examples. The hardest one to take was having the bird stand still on the top of one of the heads.
Photos Paul Clark



Manchester Artist Wins Second Place in National Association of Women Artists in "The Authentic Image"



"Rain Catchers," a photography by Manchester's Anna Kasabian, won second place in this year's exhibition award from the National Association of Women Artists.

Manchester artist Anna Kasabian this month was awarded second place in a national exhibition of photography with her photograph, "Rain Catchers."

Kasabian's photograph has been juried into the National Association of Women Artists Exhibit titled "The Authentic Image" which runs online through November 3.

"Rain Catchers" is a quiet and lush image featuring Manchester's Singing Beach. Best known for her ceramic sculptures, Anna also paints, and has been photographing New England for many years. This is the first national exhibit for her photography.

"I caught this scene this past Spring—one chilly, drizzly day. It was one of those magical moments when a moment turned into art," said Kasabian.

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Grimard Chiropractic is now open and providing spinal wellness to the Beverly Farms and Manchester community.

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Senior Highlights

There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500

Foliage Trip

Manchester COA is pleased to offer a trip on Friday, October 20 to enjoy the colors of fall. Take a ride around our local area observing all the foliage and decorations that have us loving autumn. Afterwards we'll stop for lunch at Stephanie's Pancake House in Row-

ley. The van will start picking up at 10 a.m. Lunch is on your own.

Lunch of the Month

The Manchester COA is offering an Italian Feast on Tuesday October 24 at the Congregational Chapel at 12 noon. The lunch, catered by Virgilio's, will include meatballs, chicken parmesan, stuffed manicotti, salad, dessert, and beverage. MANGIA! The cost of this luncheon is \$10 per person and open to the first 40 who sign up. Reservations

and prepayment are necessary by October 20. Transportation will be available.

COA to Walmart

On Friday, October 27, the Manchester COA van will be going to Walmart in Danvers. The van will start picking up seniors around 10 a.m.

Mystery Ride

On Wednesday, November 1, the Manchester COA van will take our monthly mystery ride. The van driver heads for an undisclosed establishment somewhere on the North Shore; it could be ice cream, pastries, sandwiches,

or all of the above and only the van driver knows! A little hint will be given, so all can be prepared! Pick-up will begin at 12 noon and return will be by 2 p.m.

COA to Ocean State Job Lots

On Friday, November 3, the Manchester COA van will be going to Ocean State Job Lots Plaza in Danvers. Ocean State Job Lots sell an ever-changing array of household goods, apparel, pet supplies, kitchen pantry staples, and seasonal products (such as holiday, gardening, and pool supply) at a fraction of their typical price.



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Halloween Tales, Part II

Missing Bodies in 1818 Essex Prompts Investigation

By Robert Fitzgibbon

The death of “fair and promising” Sally Andrews on Christmas Day 1817 had hit her mother, Sarah Tyler Andrews, particularly hard.

It wasn't just the exhaustion from tending a sick adult child around the clock as she agonizingly and painfully faded away. It wasn't just the grief over the loss. It was repeated nightmares in the opening months of 1818, nightmares in which she stood by her daughter's grave and knew—just knew—that the coffin was empty.

She visited the graveyard, now snow-blanketed, the slate headstones with their winged skulls, or urns and willows poking upward askew out of the frozen precipitation, but saw nothing other than stones, snow, and bare trees. She told her husband about her nightmares and dread. She told her friends. She told her neighbors.

One day, one of those neighbors told her something back.

Wait! First, Religion, Supply & Demand, and the “Spunkers Club”

Now, before we get to the neighbors, some context. The good Dr. Thomas Sewall had recently arrived in Essex as a young, Harvard-educated physician and married into one of the “first families” of Chebacco (as Essex was then known) when he married Mary Choate. The couple settled into domestic bliss, community engagement and professional success.

Dr. Sewall was part of a boom in the medical profession that awkwardly coexisted with common tenets of Christian theology dictating that proper resurrection to Heaven required that mortal remains were complete and in their proper place—the grave. Many Christians even considered cremation sinful because it destroyed the body. The same was held for anatomical dissection—if your dead body got sliced up by doctors or students and the bits scattered here and there and eventually burned, buried, put in a pickle jar, or otherwise thrown into a dumpster, there's nothing whole to resurrect. If you're dissected, you can't get into Heaven!

Long before Dr. Sewall, American patriot and Revolutionary War hero Dr. Joseph Warren, who perished at the Battle of Bunker Hill, founded the “Spunkers Club” at Harvard Medical School in 1770 with a specific purpose of “snatching” dead bodies for anatomy classes.

And this isn't some frat-boys-gone-bad organization; it included among its members the founder of the medical school, Joseph's brother John. It included Patriot Sam Adams's son and William Eustis, future Governor of Massachusetts. All the Bright Young Things at Harvard are in the resurrection business, either hiring subcontractors or doing a little digging themselves.

Clearly this became a problem, for in 1815 the Mass Legislature passed “The Act to Protect The Sepulchers of the Dead,” its first law against body snatching. It was a felony offense, with penalties of fines up to \$1,000, imprisonment for up to a year and even the possibility of a public whipping.

But an estimated 15,000 New England men and women became doctors in the 19th century. That's a lot of doctors.

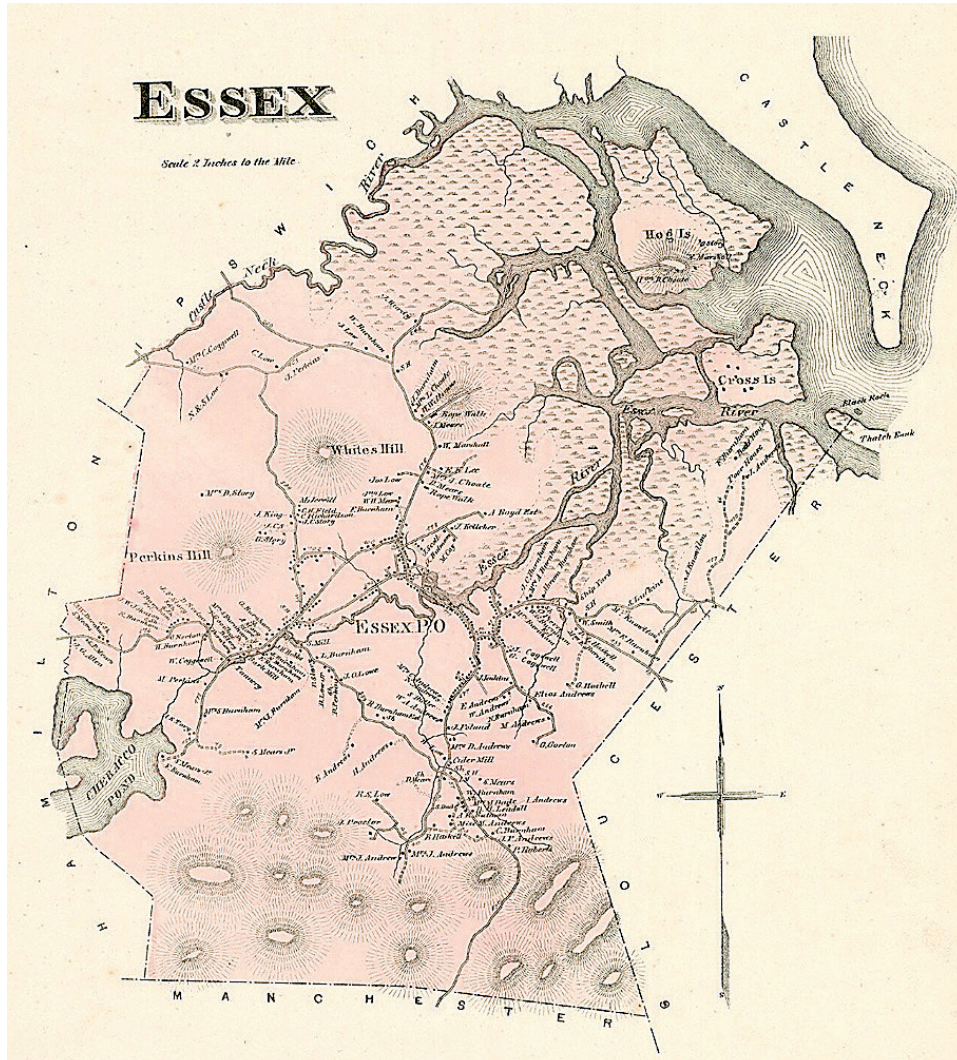
They need a lot of bodies.

Back to Sally Andrews, And Her Neighbor “Mrs. B”

A “Mrs B.” lived adjacent to the graveyard and one night in early January 1818 she was up late tending a sick child. Looking out the window—what that a light among the



Dr. Thomas Sewall (below, right) was young and ambitious Harvard-educated physician who moved to Essex and married into a prominent family. Then, disgrace and controversy as he is associated with graverobbing for medical science.



headstones? Maybe her eyes were playing tricks on her. But what about that muffled sound of a “heavy team” — perhaps a horse and wagon? Surely her ears can't be playing tricks on her at the same time. Then a snowfall came, and the burial yard was silent and seemingly unmolested.

Of course, it was already “town talk” that “... the Colleges took bodies and dissected them to learn about diseases, and some doctors got good prices for furnishing material for those dissecting rooms.”

More and more villagers became concerned. But the air was cold, the snow deep and the ground frozen so no investigation could be done until the spring when the snow melted.

The snow melted. An alert villager looked in the yard. There on the ground between the graves was something that has never been exactly defined but has been described as either a length of ribbon, a comb or a hair ornament of peculiar design. Whatever it was, it was beautiful and memorable.

And people remembered that the last time they saw the ornament it was nestled in Sally Andrew's hair as she laid cold in her coffin, just before the lid was closed and the dirt thrown in the grave.

The Investigation

On the morning of Friday, April 17, 1818, a group of villagers, including the pastor Reverend Crowell, the sexton, the grave digger and Sally Andrew's parents Jacob and Sarah, arrived at the

Icky! Why would you rob a grave anyway?

The term “grave-robbing” is incorrect—in English and American jurisprudence, a dead human body isn't property. If you're only interested in taking the body and not the clothes or jewelry, a robbery technically hasn't been committed. The more correct term for a person who digs bodies up from a graveyard for anatomical dissection is “body-snatcher” or, in 19th Century parlance, a “Resurrection man.”

But how did this “resurrecting” become if not an official career choice, but a profitable side gig?

Adam Smith summed it up nicely in his 1776 theory on demand and supply:

- More Americans are becoming aspiring medical students and doctors (the demand)
- Aspiring medical students and doctors need to understand human anatomy
- The best way to understand human anatomy is to dissect a human body
- Somebody needs to provide human bodies for medical students and doctors to dissect. (the supply)

graveyard with shovels and picks and their suspicions to get to the proverbial bottom of the matter. They exhumed Sally Andrew's coffin.

The coffin was empty.

Horrified, the assembled begin digging at the gravesite of the next most recent deceased. They too find that coffin empty. The grim labor must have gone on for some time, for grave after grave was exhumed and the contents checked. Eight graves were without their occupants.

That night, the outraged citizens gathered in an impromptu town meeting to discuss the desecration. The villagers appoint William Andrews, Thomas Choate and Nathan Burnham to head a committee to investigate the matter and pledge a \$500

reward (about \$10,000 in today's money) to “whoever will give any information of the atrocious villainy, so as to detect and to bring to justice, either the traders of the abominable traffic, or their inhumane employers.” On April 25th, the local broadsheets ran advertisements of the reward.

As a protest and a reminder of this terrible crime, eight empty coffins were left standing open and empty by the burial yard for passersby to view.

The Missing

Who were the unfortunate deceased whose bodies were snatched? The list included Samuel Burnham, died March 5th, 1818, age 26; Mary Millet, died March 4, 1818,



age 35; Sally Andrews, died of consumption on December 25, 1817, age 26 (Sally was one of Dr. Sewall's patients); William Burnham, died of consumption and old age on December 23, 1817, age 79; Elisha Story, died October 21, 1817, age 65 of lethargy (Mr. Story has also been under Dr. Sewall's care and his estate had recently settled the doctor's bill of \$11.62); Isaac Allen

Son of Joseph Allen, died Oct 16, 1817, of an abscess at age ten; Phillip Harlow,

Son of John Harlow; died Oct 11, 1817, of a nervous fever at age ten.

Also among this list was Caesar (aka Cesar) Conway, an enslaved Black man owned by Francis Choate, Esquire, in 1765 who died in July 1811 of consumption, age 70. Caesar had been emancipated upon the death of his owner in 1775 with the stipulation that he not become a financial burden to the Choate family. It is unknown what he did for an occupation or exactly when his body was “resurrected.”

What is interesting about this list is that seven out of the eight were interred—and exhumed—within the most recent six-month span.

Busted! Awkward run-ins at the Dump

It didn't exactly take the dexterous mental exertions of a Sherlock Homes to cast suspicion on Dr. Sewall. The good doctor was THE doctor in town and had ministered to several of the deceased. He taught anatomy to medical students as a sideline. The Choate House where he and his wife lived was roughly less than 500 feet northeast of the burial ground, with nothing but a shallow

creek and a grove of willow trees in between. And why did the good Doctor build that shack in the grove of willow trees anyway?

The morbid details have been lost to history but suffice to say that the committee made of the search of the premises, and “identifiable parts” of three corpses, including Sally Andrews and William Burnham, were found. According to New England grave robbing historian Dr. Frederick Waite, Dr. Sewall was literally “caught red-handed” with the parts while giving a lecture to anatomy students.

Dr. Sewall was arrested. Dr. Waite dryly noted that it was “two steps of faulty technique”—the unshielded lamp in January 1818 and the dropping of the hair ornament—that led to his discovery and arrest.

It was a professional and personal disaster, not just for him but for the entire Choate family. In particular, the Reverend Crowell of Chebacco and Reverend Thurston of Manchester were in a word, livid and eager to see the Doctor punished to the fullest extent of the law.

Next up, Dr. Sewall is tried and held to account for grave robbing. Or was he? Thanks and kudos to the Town Clerk's office of Essex for their research assistance on the body-snatched victims. To historian Christopher Benedetto for his correspondence and support. To James Witham of the Essex Historical Society for his correspondence and support.

Robert “Rob” Fitzgibbon is an Essex resident, a Library Trustee, and a former member of the Essex Finance Committee. He writes about colorful local history on his Substack Block, “Chebacco Parish.” On October 28, Fitzgibbon will speak at the Essex TOHP Burnham Library about a 1930s era double murder in Rockport (then called “Sandy Bay”) that remains unsolved. Hear him, 6 p.m. Thursday, Oct. 28 at the 3rd floor auditorium of the Essex Town Hall.

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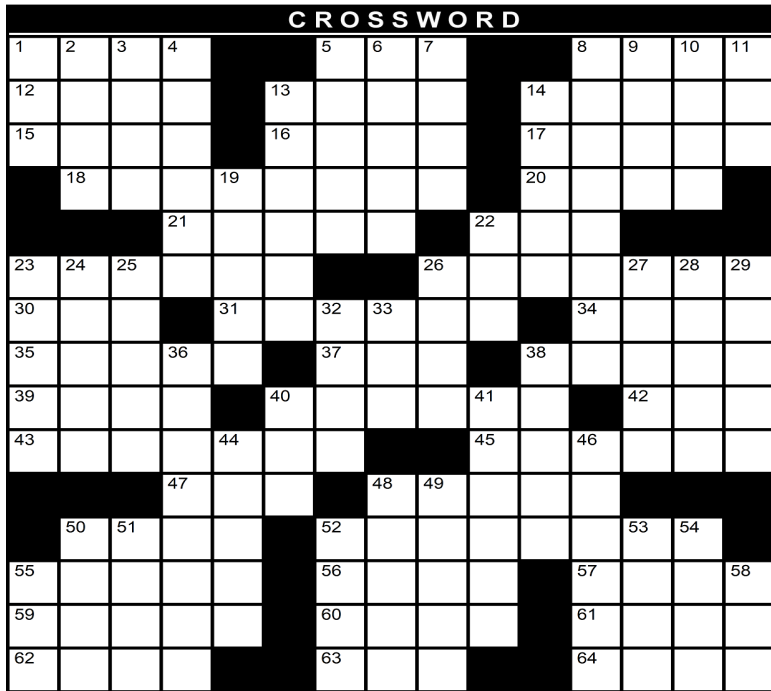
What a deal!

Puzzle

THEME: HALLOWEEN

ACROSS

1. Down in the dumps
5. Letter-writing friend
8. Trampled
12. Hokkaido people
13. D. H. Lawrence's "___ and Lovers"
14. Near the wind, archaic
15. Mideast ruler
16. Hipbones
17. *Pumpkin, e.g.
18. *"The ___", movie
20. Jackson 5 member
21. Twinings product
22. ___ canto (singing style)
23. Appetite whetter
26. Chucking
30. Pilot's announcement, acr.
31. Short sock
34. Kuwaiti leader
35. Dapper
37. "___ the ramparts ..."
38. Origami bird
39. Popular picnic side
40. Weary walk
42. Often precedes "whiz"
43. Larry of Oracle
45. Most idle
47. Napkin holder
48. Gamy, alt. sp.
50. *What witches' brew does in 52 across



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DOWN

1. Ovine utterance
2. Margarita fruit
3. Windows alternative in computers
4. "Europa ___" movie (1990)
5. Disease in Philip Roth's "Nemesis"
6. Licorice-like flavor
7. Future atty.'s exam
8. *Michael Jackson's spooky classic
9. Disorderly retreat
10. M lange
11. "Silent Spring" subject, acr.
13. Make ill

14. Subsequently
19. Settle a debt
22. Contrary conjunction
23. End of "incense"
24. In the least (2 words)
25. Birth-related
26. Group of cows
27. JPEG data
28. "To the ___," or "to a great extent"
29. Roll out the red carpet
32. *Kandy ___

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Solutions on Page 11

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| <ol style="list-style-type: none"> 33. Romanian money 36. *Stephenie Meyer's vampire saga 38. Relinquished 40. Spinning toy 41. Gin plus lime cordial 44. Chip dip 46. *"Monster Mash" words, e.g. 48. Tasteless and flashy | <ol style="list-style-type: none"> 49. Gold-related 50. Spill the beans 51. Yorkshire river 52. Kin group 53. Word of mouth 54. California wine valley 55. R&R destination 58. *All Saints' Day mo. |
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Religious Notes

Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorthShore.org. If you have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:
Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our

YouTube as well as www.mecatholic.org
 Sunday Mass - 8:30 a.m.
St. John the Baptist Church - Saturday Vigil Mass - 5 p.m.
 Sunday Mass - 10 a.m.
 Please go to our website: www.mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.
 Church services, with Father Christopher Kolentas, are held each Sunday.
 Sunday's Divine Liturgy, with Fa-

ther Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

First Parish Church Manchester-by-the-Sea

October 22, 2023, 10 a.m., we invite everyone to join us for hospitality following the service, worship leader, Rev. Judy Brain. Music led by Dr. Herman Weiss, with the First Parish Choir. Sunday school on Sunday morning begins in the church at 10 a.m. with a children's sermon.
 Monday Friends of the COA Senior Drop in 10 a.m. - 12:30 p.m.
 Wednesday Choir rehearsal 7:30 p.m.
 Thursday VNA Health Clinic 10 a.m. - 12 noon

Thursday Seaside Parish Knitters 1-5 p.m.

Thursday Bible Study, Via Zoom 4 p.m. join in with computer, smart device or dial in on a phone - email office.fpchurch@gmail.com or call 978-526-7661 for the link.

Book Group, Monday, Oct.. 30, Lady Tan's Circle of Women by Lisa See.

All Souls Day Remembrance, Sunday October 29, during the 10 a.m. worship. Rev. Ellie Richardson will lead a Litany of Remembrance for those we've lost since February 2020. Who would you like to remember? To add someone please email the church office at office.fpchurch@gmail.com or Bethany at bethany@bmwoodslc.com.

St. John's Episcopal Church (Beverly Farms)

FALL SERVICE SCHEDULE - 8 a.m. Rite I & 10 a.m. Rite II
 Our Children's Chapel is the first Sunday of every month. Our first children's chapel will be October 1.

Gloucester Unitarian Universalist Church

10 Church Street, holds Sunday morning services at 10 a.m. in-person in its historic sanctuary, as well as online. Please visit the church's website, www.gloucesteruu.org, for the link to the livestream. Activities provided for elementary school-aged children during the service. Masks are always now optional.
 ...*(Continued on page 11)*



CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester
 230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport



Newbury
 This thoughtfully restored antique blends old world charm with modern convenience. Dramatic architectural features abound!
\$2,795,000 | Karen Bernier | 978-807-5580



Ipswich
 Step into charm and comfort in this home with a picturesque setting with marsh and water views. Come and see for yourself.
\$654,000 | Marcia Inman | 978-335-4642



Gloucester
 This is your opportunity to live with so much at your finger tips. Beaches, Gloucester harbor, restaurants, all within a mile.
\$675,000 | Bruce Figurido | 978-869-3151



Manchester
 Well maintained 3 bedroom, end unit Condo that sits on a quiet, private lane, but is conveniently located in the center of town.
\$928,900 | John Kotch | 978-500-4271



Beverly
 Gracious 4 bedroom contemporary colonial on a quiet cul de sac on a half-acre level lot. Open concept 1st floor, ideal for entertaining.
\$1,250,000 | Robert Pellegrini | 978-828-0670



Amesbury
 This legal three family home has natural gas to the house and nice open layouts in each apartment. Yard for enjoying outdoor space.
\$1,390,000 | Tracey Hutchinson | 978-473-9720



Beverly
 Waterfront/Beach/New Construction - Rare opportunity to purchase a 1.83 acre waterfront building lot on Boston's North Shore Gold coast
\$5,250,000 | Robin Martyn | 978-815-4497



Manchester
 "HARBORHEAD" has stunning town and water views. Fabulous new construction is modern but classic colonial design.
\$13,750,000 | Karen Bernier | 978-807-5580



Boston
 Welcome home to this lovely two bedroom, two bath condo situated on one of the South End's tree-lined cul-de-sacs.
\$1,249,000 | Theresa DiPiro | 617-275-6624



Marblehead
 LARGE RETAIL CONDO in the middle of Marblehead's Historic District, on the sunny side of a well-travelled street.
\$425,000 | Karen Bernier | 978-807-5580



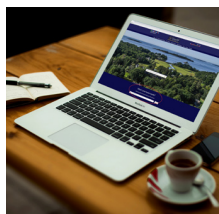
Manchester
 This 1 bedroom unit has a beautifully renovated kitchen that boasts granite countertops, an island, stainless appliances and a gas range.
\$429,000 | John Kotch | 978-500-4271



Charlestown
 1st Floor, Building 4, unique oversized 1 bedroom 1 bath WITH valet parking at Parris Landing!
 Open kitchen with breakfast bar and high ceilings.
\$599,000 | Raymond Gosselin | 617-543-9841

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Finding out has never been easier!
 Go to ChurchillProp.com and use the **Churchill Instant Price Valuation Tool**. This tool will instantly give you the value range and estimated value of your home.
 Try it today!



When you entrust your listing with **Churchill Luxury Properties**, we impart our expertise and leverage luxury marketing venues to maximize the return on your investment and equity. Find out about our luxury custom-designed, multi-media program that provides exposure on an international, national, regional, and local level by calling us at 1-833-MOVING-9.



“Help! I’ve fallen before, and I’m terrified of falling again.”



By Joanne MacInnis, RN

As we move from summer to fall and fall to winter, our sleep cycles, metabolism, mood, and brain activity are all influenced. Increased darkness can lead to more at-home injuries, falls, and worsening of mental status changes like confusion, disorientation, anxiety, or agitation. Often, those with Dementia will see symptoms increase starting around 3 p.m. and lasting until bedtime.

We all know the familiar phrase, “Help! I’ve fallen, and I can’t get up.” We’ve heard this statement used as part of jokes and comical references to aging. Actual falls, however, are no laughing matter.

Falls can be lethal.

They happen every day and can happen to you. If you add in simple issues of aging like decreased vision or hearing and medical issues like high blood pressure, arthritis, joint replacement, diabetes, or any cognitive deficit (you see where this is going), the risk of falling goes up. Way up.

Newly moved into a local assisted living facility, my very own mother was forgetting to use her walker. I

would find it neatly stored in the corner or other non-useful places inside her unit. Two weeks before Christmas, she fell and sustained injuries that would take her life 15 days later.

The phrase “better safe than sorry” has new meaning, and I have spent far too much time wondering, “If I only had...” While it is true that you can’t put your elders in bubble wrap, there are practical ways that you can identify risk factors, put a safety plan into place, and reduce the opportunities for falls.

As we always do, let’s start by taking inventory. Look realistically at the aging loved one in your life and consider their medical problems. Could any of these increase the risk of a fall? As compassionately as I can say this: if your answer was “no,” you aren’t being honest with yourself.

What factors increase the risk of falls?

- Fear of falling, leading to inactivity: causing muscle atrophy, inactivity, impaired balance, and weakness.
- Failure to use assistive devices, cane, walker, etc.
- Uneven and slippery walking surfaces: wet leaves,

mud, ice, snow, sidewalk curbing, anything unexpected underfoot, stones, twigs, etc.

- Clutter, stairs, and poor lighting.
- Pets: on the move and underfoot.
- Transporting items like laundry, food, and mail.
- Dropping things and trying to pick them up.
- Multi-tasking, lack of focus, or rushing.
- Any use of a stepstool, ladder, or chair.

Where in the home are falls more likely to occur?

1. The bathroom: Hard flooring; soapy and slippery surfaces; often, not wearing glasses; hot showers or baths can reduce blood pressure, causing dizziness.
2. The kitchen: Busy room; lots of distractions; multiple opportunities for injury: sharps, glass, spills, food preparation.

What activities have the highest incidents of falls?

Transitions and moving from one place to the next pose the greatest risk. Getting in and out of bed, the shower, cars, up and down from chairs, and climbing and descending stairs all present a recipe for disaster.

Changes in flooring, going from wood floor to carpet, and thresholds also cause concern.

How can we reduce fall risks?

Start by improving the lighting in your loved one’s home. Install grab bars in bathrooms, near toilets, and inside shower areas. Ensure railings on stairs are effectively placed and add additional support as needed. Add anti-skid surfaces on exterior steps and inside tubs and showers. Assess the need for stair lifts or ramps.

What if we don’t know where to begin?

Your local Council on Aging or loved one’s Primary Care Provider can point you toward a trusted professional who can assess fall risks in and around the home. This “home safety evaluation” offers a practical plan to mitigate the risks that could lead to falls and, quite honestly, could be a lifesaver.

We’ve only touched on this critically important topic but hope to have generated some ideas for you to consider as you try to prevent injury in the life of your loved one. Let’s have a “fall free” Fall!

Solution to puzzles on page 10

B	L	U	E		P	A	L		T	R	O	D							
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9	5	2	3	8	4	6	1	7
8	1	3	7	6	9	4	2	5
5	8	1	2	9	3	7	6	4
2	7	4	6	1	8	3	5	9
6	3	9	4	7	5	2	8	1

PET OF THE WEEK



SAY HELLO TO RICKETTE

Hello, I’m Pretty Rickette, a 12-year-old lady looking to have a second chance at love and a home where I can spend the rest of my days. I am super sweet and crave your attention. I don’t seem to mind the other cats. I am considered a special needs adoption because I have been diagnosed with hyperthyroidism and early onset kidney disease. I am looking to find somewhere I can sit back and relax and enjoy being pampered. My adoption fee has been reduced! If you think I’d make a good addition to your family, stop by and visit me today! Visit www.capeannanimalaid.org for more information about me and all the other animals waiting for homes here at the Christopher Cutler Rich Animal Shelter, 4 Paws Lane in Gloucester.

...Continued from page 1

in this area.

Cybersecurity Enhancements:

Supplemental funds in the \$30,000 range are being requested to make additional upgrades to our computer network to better guard against cyber threats. We are part of a multi-town collaborative headed up by the Danvers IT Department and they are recommending some additional measures based on a recent incident in another community.

School District Operational Audit:

While details are still being discussed, there is

a desire to conduct an audit of the District’s operations to see if additional efficiencies and cost savings can be found. This cost could be shared by Essex and the District. Supplemental funds are needed to have Manchester contribute toward this effort. A final figure is being developed - likely in the \$50-\$80,000 range.

Zoning Amendment: The Planning Board may advance an article to amend the use table in the zoning regulations to remove the provision that carriage buildings and other existing outbuildings can only be occupied by employees of the owner.

The public hearing on this is Monday, 10/23.

Finally, three citizen petition articles have been submitted with the requisite number of signatures:

a. Zoning amendments to require a ballot vote: If this article is approved, all zoning amendments would need to be approved both “from the floor” at a Town Meeting and by ballot at a town election. Currently, approval at Town Meeting is sufficient.

b. Powder House Hill Parcels and Article 97 re-

strictions: If this petition article is approved, the Town-owned land comprising Powder House Hill would be encumbered by the constraints imposed by Article 97 of the State Constitution (places additional hurdles to any changes in use of the land).

c. Authorize acquisition of the Community Center Building and land:

Approval of this petition would authorize the Select Board to acquire by purchase, including through eminent domain, the Community Center and the land on which it resides as-

...Continued from page 1

“If you want to have that peer reviewed, it’s certainly fine to do that,” he said. “You have the Finance Committee to comment on that financial report that they provide but you can also have a consultant do a similar review.”

In other matters: Federspiel reported that the search for new town planner was back to square one after the leading candidate turned down the job. He said the job was being readvertised and he was looking for a possible interim town planner in the meantime. Delisio and Foley ques-

tioned why the board had not been kept more informed about the previous candidates. Federspiel said it was mostly a matter of timing.

Mastrogiacomo said it was Federspiel’s job to hire the new town planner, not the Planning Board’s.

The board will hold a public hearing on a minor amendment to the zoning bylaw to allow family members to be able to live in quarters that are part of an existing garage, stable or other existing structure. The current bylaw only allows “employees.” The public hearing will be held Oct. 23. Board member Chris Olney, also the chairman

of the MBTA Zoning Task Force, said the Task Force would hold a public gathering Saturday, Oct. 14, at 10 a.m. on the Town Green to try to answer the public’s questions about the work of the Task Force. He said the Task Force was still working to hire a consultant and that it was hoping to bring a zoning plan to the Planning Board in time for either the 2024 annual Town Meeting or a special Town Meeting later next year.

Mastrogiacomo, with the board’s approval, said he would write a letter of appreciation to Betsey Ware, who had been serving as the interim Town Planner. Ware’s last day was Oct. 6.

ers, someone will be happy to talk with you and answer any questions you may have.

Send an email to: northshorequaker@gmail.com. First Day School, our Children’s Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

...Continued from page 10

Our church is handicap accessible. All are welcome.

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting.

There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a ‘spirit of worship.’ Friends gather quietly, awaiting the experience of God’s presence.

If you are new to Quak-

PUBLIC NOTICE



Town of Manchester-by-Sea
Office of the
CONSERVATION COMMISSION
Town Hall, 10 Central Street,
Manchester-by-Sea, MA 01944-1399

Public Hearing Notice to be
Published on or before 10/20/23

On Behalf of Laura and Colby West, Michael DeRosa of DeRosa Environmental Consulting, Inc. requests the Commission make a decision regarding an After-the-Fact Notice of Intent for installation of seasonal gangway and float, and repairs to an existing wharf within Land Subject to Coastal Storm Flowage and Coastal Beach (Tidal Flat) at **21 Proctor Street** (map 16, lot 20)

These requests will be discussed at a VIRTUAL meeting **Monday, October 30th 2023 at 6:00 p.m.** and will be reviewed under the Massachusetts Wetlands Protection Act (MGL Chapter 131, Section 40) and/or the Manchester General Wetlands Bylaw.

Posted to MNPA website:
<http://masspublicnotices.org>
October 20, 2023 MC

LEGAL NOTICE



COMMONWEALTH OF
MASSACHUSETTS
LAND COURT
DEPARTMENT OF THE TRIAL
COURT
Docket 23 SM 003810
ORDER OF NOTICE

TO: John Gallagher

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq)

Ralph DiGirolamo and Richard DiGirolamo, Trustees of R&R Trust claiming to have an interest in a Mortgage covering real property in Manchester-by-the-Sea numbered 9 Moses Hill Road, given by John Gallagher to Ralph DiGirolamo and Richard DiGirolamo, Trustees of R & R Trust, dated September 24, 2008, with the Essex County Registry Southern District of the Land Court as Document 492826 as noted on Certificate of Title 82177 and 70252, has/have filed with this court a complaint for detennination of Defendant/ Defendant’s Servicemembers status.

If you now are, or recently have been in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemember Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before 11/27/2023 or you may lose the opportunity to challenge the foreclosure on the ground of non-compliance with the Act.

Witness, Gordon H. Piper, Chief Justice of this Court on 10/11/2023
Witness, GORDON H. PIPER, Chief Justice of this Court on June 22, 2023.

Attest:
Deborah J. Patterson
Recorder 23 SM 003810
Posted to MNPA website:
<http://masspublicnotices.org>
October 20, 2023 MC



The North Shore's Premier Real Estate Agency



Manchester \$1,790,000
Nestled beside conservation land, a custom-built home that offers single level living, 4 bdrms, 3.5 baths, distinctive design and versatile floor plan. Fenced yard, detached garage, close to town.
Fabyan & Filias Team



Manchester \$1,148,000
Escape to move-in ready coastal farmhouse and separate art studio where classic charm meets modern convenience. Open floor plan with new windows, baths, brick patio, and pathways.
Fabyan & Filias Team



Wenham \$1,050,000
Newman-Fiske-Dodge House, a Wenham Icon since 1658. Historic home in excellent condition with 4,000 sq. ft., 5 bedrooms and 3.5 baths. Large barn, 3 driveways and scenic grounds.
Peggy McNamara



Manchester \$999,000
Investors/owner-occupants! Rare multi-unit property on large lot has 2 identical 3-bedroom, 1-bath units. Expansion option in attic, 5-car parking. Systems need updating. Near downtown, train.
Nancy Peterson

Thinking of
Buying or Selling
YOUR Home -
**WE ARE HERE
TO HELP!**



Hamilton \$879,000
Magnificent Post & Beam construction! 3-bedroom, 3-bath Gambrel Colonial on 1+ acres. Fireplaced living room, primary en suite, loft, and office. Partially finished lower level, 2-car garage.
Joel Margolis



Rockport \$690,000
Picturesque setting overlooks colorful Rockport rooftops. 2-level, 3-bed, 2-bath condo with eat-in kitchen, 2nd level primary suite, in-unit laundry. Deck has awning. Central AC, 2-car parking.
Ann Olivo & Rick Marshall



Hamilton \$619,000
Lovely Ranch totally renovated in 2015. Open floor plan, upgraded kitchen cabinets, fireplaced living room, finished basement, 2-car garage, fenced yard. Central air, 200 amp, tankless hot water.
Barbara Dempsey



Rockport \$440,000
Renovated 1-bedroom, 1.5-bath condo in Rockport's South End offers hardwood floors, high ceilings, fireplaced living room, updated kitchen. In-unit laundry. 2-car deeded parking. Near beaches!
Patricia McCormick

1 Beach Street • Manchester-by-the-Sea, MA 01944 • 978.526.8555

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COLDWELL BANKER
MANCHESTER-BY-THE-SEA



**74 CHERRY STREET
Wenham | \$4,250,00**
Sited on over 40 acres of private, rolling lush fields overlooking a majestic pond. The property is move-in condition 6 BR, 5.5 BA, 7 Fireplaces.

**Lynda Surdam | Realtor
978-764-7474**



**85 GRANITE ST, UNIT 2
Rockport | \$839,000**
Amazing ocean views from this Unique 2,030 sf unit.
**Kathleen Claypool | Realtor
978-884-2111**



**85 GRANITE ST, UNIT 1
Rockport | \$1,250,000**
Best Rockport Ocean views! All New Systems! Unique one-level 2,003 sf Condo lives like a Single Family.
**Kathleen Claypool | Realtor
978-884-2111**



**109 BELCHER ST, UNIT B
Essex | \$799,000**
New Construction 3 BR, 2 BA 2,000 sf Town House.
**Mary Hickey | Realtor
978-500-4294**



**29 WEST STREET
Woburn | \$649,000**
Beautiful Cape style house with an amazing backyard on a large lot.
**Gaby DeBenedictis | Realtor
978 879-9773**

WHEREVER YOU DREAM OF LIVING, WE'LL HELP GUIDE YOU THERE.

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