VOL. 136, NO. 40 FRIDAY, FEBRUARY 23, 2024 PRICE: \$1.25

### BRIEFLY

#### **Nomination Papers Available for Local Municipal Board** Seats

Nomination papers are now available for elected board seats. In Essex, two seats on the Board of Assessors are open (a one-year seat and a three-year seat); a seat on the Board of Selectmen; one Board of Health seat is open; a seat for a three year term on the Manchester Essex Regional School Committee; one three-year seat on the Board of Health; two Library Trustee seats (one two-year seat and a three year seat); a five-year seat on the Housing Authority; and two seats on the Planning board (both five years). Last day to submit nomination papers to the Town Clerk's office is March 25.

In Manchester, elections will be held for the following seats: Town Moderator, Select Board, School Committee, Planning Board (two seats) and Library Trustee (one two-year term, one three-year term). Town elections will be held Tuesday, May 21. Last day to submit nomination papers to the Town Clerk's office is April 2.

### **Voting Early?**

Details on early voting for the March 5 US Presidential Primary are in from Manchester Town Clerk Dianne Bucco. Voters may choose to vote early in person on the following days at Town Hall, 10 Central Street, MBTS. Hours are Saturday Feb. 24, 10 a.m. to 4 p.m.; Monday, Feb. 26, 9 a.m. to 4 p.m.; Tuesday, Feb. 27, 9 a.m. to 4 p.m.; Wednesday Feb. 28, 9 a.m. to 4 p.m.; Thursday Feb. 29, 9 a.m. to 6 p.m. Also, Bucco reminds everyone that this coming Saturday, Feb. 24 is the last day to register to vote or change your party affiliation.

#### This Saturday: Wellspring Free Open House **Honoring Black** History

Wellspring, in Gloucester will open its doors for tours as part of a free Open House featuring its "History Lives Here" exhibit from 10 a.m. to 12 noon Saturday, Feb 24. The West Gloucester site that Wellspring has always operating from is also the historic site of the Davis-Freeman House. Come learn about the fascinating story of the Freemans, a prominent Black American family who for more than 100 years owned and lived in the home where Wellspring is headquartered today. Tours run everv 15 minutes and are limited to 10 guests per tour. Info at the Wellspring website.



This stunner of a photograph is the Grand Prize winner of this year's Essex National Heritage Commission photography contest. Shot by Kathy Diamontopoulo in Ipswich, "Precious Plovers" captures a sweet parent-andchild moment between Piping Plovers, the federally endangered coastal bird that breeds in Massachusetts.

## Raised Expectations for ME Boys Hoop in Postseason

By Jason Brisbois

The win total is high, and so are the expectations for the Manchester Essex boys basket-

The Hornets had one game left on the regular season schedule at the start of the week-a non-divisional game against Randolph on Feb. 21 that they won handily 64-42 resulting in an unprecedented record of 19-1 overall. The team ended its Cape Ann League schedule undefeated for the second year in a row and appears poised to make waves once the MIAA Div. 4 tournament begins. For most teams, the raised expectations might be intimidating. Impressively, this squad has taken it all in stride and will hopefully be able to continue to maintain this confidence in the postseason.

"Having back-to-back undefeated seasons in the Cape Ann League -- last year, I never thought we would do this again -- and coming back with the pressure of being one of the best teams, feeling like we might be able to go undefeated again, the stakes are high," explains ME boys basketball coach Tim St. Laurent. "We showed that we can play under pressure. We feel like we are one of the best in Div. 4 and feel like we can make a deep



Graham Lewis goes up for a shot Wednesday's 64-42 win against Randolph in the first quarter of the game that put the Hornets at the top of CAL with a 19-1 season. Photo Paul Clark

run in the state tournament. We've been talking about that since day one, and we are in a good place heading into the tournament."

In an interesting twist, Manchester Essex's first and only loss of the season -- a 60-52 loss to Burke on Feb. 12 -- reinforced the team's confidence in their ability to get things done once the postseason begins.

"The Burke game was what we thought it would be," explains St. Laurent. "We were playing a very, very fast, athletic team. We were down twice in that game and stormed back to tie it. It was tied at the half 25-25, and it was a tie game with three minutes to play. Unfortunately, down the stretch, they were the better team that night."

The loss wasn't the real takeaway from that night, however It was how the team felt after the loss and then responded with big wins over CAL foes Ipswich (a 68-42 win on Feb. 14) and Amesbury (a 77-33 demolition one night later).

"I think when we were coming home from Boston [after the Burke game], we were certainly disappointed that we lost, but we were glad to know that the loss was in the regular season and not the postseason," says St. Laurent. "Even Taylor 11. Taylor 11. though we lost, we felt like we could play with one of the best teams in Div. 4 and it affirmed that we could play at that level.

He adds: "We got lucky, we were supposed to play Ipswich on Tuesday after that and got a snow day so we could rest up. Then we played Ipswich and Amesbury on Wednesday and

Thursday and had two 20plus point wins, played really well on both nights."

Not only were the wins encouraging, it also didn't hurt that the Hornets put together two big blowouts while giving Eddie Chareas time to recover from a knee injury and leaning on two players who could provide meaningful minutes come tournament time.

"Freshman center Alex Ste. Marie played 25 minutes in both games, and had 10plus points in both games," explains St. Laurent. "He showed that he belongs at the varsity level, and he should be a nice addition for us to add to the arsenal heading into the tournament."

Also of note was the play of freshman point guard Graham Lewis.

"He played big minutes versus Amesbury and Ipswich, "St. Laurent says of Lewis. "He's another guy

who can handle the press when we need a ball-handler. Both of them are nice additions heading into the tournament for us."

After the season finale at home against Randolph, the Hornets will keep busy with practices and a pair of scrimmages against Charlestown and Newburyport while waiting for playoff seeds to be announced this upcoming weekend. At the start of the week, Manchester Essex was ranked seventh in the Div. 4 Power Rankings, with the final rankings helping to determine how high of a seed and how many home games the Hornets will get in the playoffs.

"It's been a moving target between five and seven," St. Laurent says of his team's spot in the rankings. "As long as we take care of business on Wednesday [against Randolph], that could get us two home games, which would be great. Last year, we had to go on the road for the Sweet 16, so to be able to play two home games would be great. We would be on the road for the Elite Eight, if we get that far."

## **School Committee Delivers Trimmed** FY25 Budget. Is it Enough?

By Erika Brown

better-than-exfter pected savings on health insurance trimmed \$280,000 from its working budget, the MERSD School Committee at its last meeting approved a \$30.13 million FY25 budget, a 2.99% (\$874,133) increase from last year.

Now it's up to the Boards of Selectmen and Finance Committees at both towns to decide whether they will support the budget with town meeting voters.

"We've come a long way," said the School Committee's Anna Lin Mitchell after voting to approve the budget. "And I have hope that we will maintain the stability and the programming and the budget."

The question remains whether this compressed budget is enough for Es-

**ESSEX OPERATIONAL OVERRIDE HISTORY** 2000 FY01 \$475,113 PASSED To fund the start of the MERSD 2002 FY03 \$150,000 PASSED General Town operating expenses General Town, MERSD, & Essex Tech 2005 FY06 \$550,000 PASSED operating expenses (drawn from extra town revenues 2023 FY24 \$289,165 FAILED MERSD operating expenses \$56,186 PASSED Essex Tech operating expenses 2023 FY24

Essex's history of supporting schools with overrides was presented by ME School Committee member Jake Foster, who supports doing what it takes to avoid an override vote this year. graphic: Jake Foster

sex, which bears a significantly bigger proportion of the increase this year than Manchester based on the cost-sharing formula in the

regionalization agreement. Until now, the Essex Fin-Com and Board of Selectmen have been clear: keep

increases to 2.5% or less, or they won't support it.

The approved budget maintains staffing and service levels from FY24. Personnel costs constitute the largest portion at \$18.861 million, reflecting a 3.41% rise, while operating expenses have in-

creased by 4.21% (\$480K) from FY24. Anticipated School Choice revenue of \$500K aims to offset operating expenses by accepting 20 more out-of-district students in the 2024-2025 school year.

The last iteration of the FY25 working budget was \$30.258 million-a 3.42% increase. Two weeks ago, that changed, according to MERSD Superintendent Pamela Beaudoin, when the district's final health insurance costs came in at a 7.95% increase. (Earlier budgets conservatively estimated a 14.5% bump).

Based on the apportionment formula that dictates Manchester and Essex's share of the district budget, Manchester's increase in FY25 will be 1.84% (\$295,193), while Essex's increase will be 4.82% (\$455,063).

...(Continued on page 2)

|   | Weekly Weather Cha | rt                |     |     |
|---|--------------------|-------------------|-----|-----|
|   | Saturday 24 Feb    | **                | 37° | 17° |
|   | Sunday 25 Feb      | *                 | 39° | 16° |
|   | Monday 26 Feb      | 1,1,1             | 51° | 31° |
|   | Tuesday 27 Feb     | *                 | 42° | 29° |
|   | Wednesday 28 Feb   | ***               | 43° | 41° |
| _ | Thursday 29 Feb    | <del>-</del> ;¢;- | 44° | 39° |
|   | Friday 1 March     |                   | 39° | 35° |

Weather data pulled Wednesday and is subject to change.

### Gavel to Gavel This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m.- 3:30 p.m.

Essex FinCom Monday, February 26 6 p.m.

**Essex BOS** Monday, February 26 6 p.m.

**MBTS FinCom** Wednesday, February 28 7 p.m. Hybrid Meeting - Town

## **IN THIS ISSUE** Police Notes......2, 7 MBTS Town News ......3 Letters & Library......4 Essex Echo......7 Puzzles.....12

## MANCHESTER POLICE NOTES

SUNDAY, FEBRUARY 11

12:21 a.m. Pleasant St., selective enforcement, assisted as needed. 10:23 a.m. Pine St., motor vehicle stop, written warning. 1:29 p.m. Union St., lost property, spoken to. 3:18 p.m. Beach St., directed patrol, parking enforcement.

**MONDAY, FEBRUARY 12** 6:57 a.m. Beach St., directed patrol, secured/checked. 9:41 a.m. Route 128NB, motor vehicle crash, report to follow. 1:09 p.m. Mill St., welfare check, spoken to. 9:56 p.m. School St., motor vehicle stop, verbal warning.

**TUESDAY, FEBRUARY 13** 6:51 a.m. Lincoln St., alarm, cleared, false alarm. 10:44 a.m. Pine St., disabled motor vehicle, assisted as

...(Continued from page 1)



needed. 5:54 p.m. Route 128SB, mo-

tor vehicle stop, arrest. 8:47 p.m. Pine St., motor vehicle stop, criminal application.

#### WEDNESDAY, FEBRUARY 14

10:20 a.m. Pine St., motor vehicle stop, verbal warning.

secured/checked. 2:01 p.m. Old Essex Rd., breaking and entering, report to follow. 6:53 p.m. Washington St., parking complaint, parking enforcement.

**THURSDAY, FEBRUARY 15** 1:18 p.m. Central St., citizen assist, assisted as needed.

vehicle crash, patient refusal. 8:45 p.m. The Plains, directed patrol, no action taken. 9:47 p.m. Central St., utility request, notification made.

### FRIDAY, FEBRUARY 16

9:11 a.m. Eaglehead Rd, traffic hazard, secured/checked. 12:23 p.m. Proctor St., alarm, secured/checked. 1:36 p.m. Summer St., motor vehicle stop, other. 10:02 p.m. Route 128NB, disabled motor vehicle, spoken to.

**SATURDAY, FEBRUARY 17** 1:09 a.m. School St., directed patrol, secured/checked. 1:50 p.m. Desmond Ave., animal complaint, notification made. 6:38 p.m. Beach St., traffic hazard, assisted as needed. 11:47 p.m. Route 128SB, motor vehicle crash,

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funding disparity comes from Essex's stable student population, while Manchester's student numbers have declined by 3%. These swings in each town's share of the student population disproportionately penalized Manchester in years past, but for the last three years, Essex has held that burden.

#### Gone too far?

"I understand the limitations of the towns and I understand the situation that Essex is in right now," said Sarah Wolf of Essex, and former SC chair. She said her family moved to Essex 20 years ago for the superior public education here and is discouraged by the direction the district has taken. "The district is at a crossroads, and tonight, the school committee has a choice between a path of stability rather than a path of decline."

Wolf referred to the "déjà vu" in the last three years. Each year the district has to manage pressure from Essex and Manchester's FinCom to tap school district reserves (a.k.a., its savings accounts). Each year the district cuts services that opponents say is a slow grinding down of MERSD's education quality by a thousand nicks of the budget-cutting knife.

Recently, the same budget hawks have begun targeting the administration for cost-cutting, even though, as non-union personnel, they make up less than 3% of the budget.

Ann Harrison, Manchester's Select Board chair, has attended nearly every School Committee meeting in the last two years and is a past member of the School Committee and Manchester's FinCom.

"Your responsibility is to your children, our students," she told the School Committee. "Please, reinvest in the schools rather than yielding to the naysayers."

Manchester parent Lindsay Banks challenged voters to hold the line and restore programs that made the MERSD experience unique and drove the district to be one of the best in Massachusetts.

"What is missing from too many of your conversations is the students and what is in their best interests," she said, adding that nitpicking line items and dissecting a spreadsheet is gutting quality. Banks said her son's class size increased by ten students just last year. This budget, she said, is a step in the wrong direction.

"Set us on a course of excellence," Banks told the School Committee. should be your singular fo-

#### **MERSD: Fiscal perfor**mance against other districts

MERSD is not alone in its budgeting challenges. Everv school district across the state is buckling under a fundamental challenge:



Essex Town Administrator Brendhan Zubricki at last week's BOS meeting shared that a recent municipal windfall in Essex may mean the town can fund its share of the MERSD FY25 budget without an override, but the final word won't come until March. Courtesy photo

## "Set us on a course of excellence," Lindsay Banks of Manchester told the School Committee. "This should be your singular focus."

How can we operate within mandated Prop 2½ budget constraints when the pace of inflation-especially labor, healthcare insurance, and funding mandated outof-district transportation of special needs students-is significantly higher?

Up until now, the district administration has been creative. They've passed on replacing retiring teachers. They've redeployed others to fill vacancies or shifted programs or class sizes to maintain budgets. They've cut items like the late bus, early foreign language, library specialist, or psychology counseling. But Beaudoin said that after years of clipping, combining, and cutting, MERSD may be out of ideas.

"We're striking out with potential options," she said. 'I don't know what else we're going to look at."

Brian Gressler, an Essex parent, said that according to the Mass. Dept. of Education's data shows that MERSD's budget performance is strong. MERSD's annual budget increases have averaged 3.45% over the last 10 years. That's not bad, he said, considering the US Census reports that school operating expenditures across Massachusetts rose by an average of 4.03% per year from FY13 to FY22.

Hamilton-Wenham's regionalized school district is nearly identical to MERSD, and its average budget increase over 10 years is higher, at 3.9%.

Further, said Gressler, tuition for Manchester and Essex students attending North Shore Essex Technical High School increased an average of 4.68% in eight years, including last year's 5.96% increase.

Last year, Essex supported the Essex Tech overage by passing a Prop 2½ override.

"These other districts are dealing with those same issues, the same problems with inflation and declining enrollment. Our district appears to have done a better job managing these issues,"

Sarah Rodier

(978) 808-2596

he said. "But we have to live in the reality that our community can't control these macro conditions. Be they for the school budget or the cost of a full-time fire department, eventually the bill comes due."

#### **Dwindling prospect of** "Super Town Meeting"

Annual Manchester's Town Meeting is scheduled for Wednesday, April 24. Essex has scheduled its ATM for May 6. If the FY25 budget fails in either town, state rules would require holding a summer "Super Town Meeting," a combined meeting of voters of both towns where it's feared that Manchester's larger population could force approval, a scenario that Essex officials said would be devastating.

Two weeks ago, Essex ME School Committee member Kate Koch-Sundquist said she is hopeful the Essex community will support the budget without an override, pointing out that the apportioned monetary difference between 2.5% and 2.68% to the Town of Essex is just \$18,000. She questioned if town leaders would choose to send the communities to a Super Town Meeting for such a nominal figure.

But last week at its Feb. 11 meeting, the Essex BOS signaled-albeit in a quick, five-minute discussion-hope that may prove Koch-Sundquist correct.

Essex Town Administrator Brendhan Zubricki told the BOS said the state's certification of new growth in

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the town's tax rolls were \$180,000, up from what was expected for FY24. Further, he said with three local students dropping from Essex Tech enrollment, the town will recoup some of the monies secured in last year's Prop 2½ override.

"We're in good shape," said Essex Town Administrator Brendhan Zubricki. "At this point, we don't see a need for an override."

Final budgets will be approved by the Essex BOS before March 25 when the ATM Warrant is finalized. That means whatever optimism indicated in those five BOS meeting minutes, the final answer on the override will have to wait until March. And whatever happens, MERSD's challenges are big-

ger than this year's ATM. "I recognize that this is an apportionment problem right now," said SC Chair Theresa Whitman of Essex. "My concern is I don't think we are in the position any longer to continue to degrade the school district in an effort to fix that for one

The next School Committee meeting is Tuesday, March 5 at 6 p.m.

#### **Highlights FY25 MERSD Budget**

- · Personnel levels are flat 2.5% cost of living adjust-
- ment for employees
- \$150K from retiree benefits account used to offset retiree health insurance
- Out of District tuition is up 4.8%, or \$54K
- Maintenance up 4.6%, or
- Uilities down by \$20K or
- 2.5% in FY25.

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## Need for New **Investments Looming**



By Gregory T. Federspiel

s work continues to craft the proposed budget for the new fiscal year that will begin in July, it is increasingly clear that re-investing in our facilities and other infrastructure must be a high priority. To make these investments requires significant sums of cash meaning we will need to borrow funds by issuing new bonds. And of course, new bonds require new repayment schedules, costs that are added to the property tax bill all property owners pay.

It has been decades since the Town (not including the School District) has made new large investments in its facilities. Indeed, we have been living off the investments made by others decades ago. The DPW garage dates back to the early 1960's. The Police Station and Town Hall date back to 1970. The Fire Station is of a similar vintage. The wastewater treatment plant underwent important upgrades close to 20 years ago and many of the mechanical systems need replacement. Both our water sources, the Lincoln Street well and Gravely Pond, likely require new filtration systems to remove PFAS chemicals. And of course, replacing 100+ year old water pipes needs

to continue. Over the last 10 years the Town has gradually increased the amount of funds dedicated to capital projects. This was partly made possible by retiring old debt and redirecting the debt payments toward paying for the needed capital items. This cash basis, now in the \$3.5 million range, has worked well for the typical list of capital items such as vehicle replacements, road resurfacing and the replacement of sections of pipes. However, larger facility upgrades like a new DPW garage and PFAS filtration require tens of millions of dollars which will require bonding.

The new Facilities Master Plan, which can be found on the Town's website, outlines the needs we have and a recommended sequence of projects. However, there are more needs than can be reasonably paid for requiring some hard choices. These choices are made even more difficult by the threats we face from rising seas and bigger storms. Three critical facilities including the sewer plant, Town Hall/Police Station, and the Fire Station have already experienced flooding in the recent past which is only going to get worse. How much money we put into trying to further protect these assets versus pursuing new locations will undoubtably be part of the debates we have in the coming years.

For the upcoming Annual Town Meeting, slated this year for Wednesday, April 24th, voters will likely be asked to approve new bonds to pay for upgrades to the sewer plant, replacing water meters with new "smart meters" that give real time consumption data (very useful to spotting leaks before large amounts of water are wasted) and advancing the engineering and testing of the needed PFAS filtration

The Select Board and Finance Committee are discussing the option of helping to pay for the bonds through a new assessment on water users based on the size of one's water meter. These fees would be assessed quarterly along with the volumebased user fees currently charged. Such fixed rate fees provide a guaranteed income stream that does not vary with the amount of water a household uses. It is likely additional general tax revenue would also have to be raised to pay the annual debt service on the new

The FY25 capital budget also will include a request for funds to advance the design work of a new DPW garage at the old compost site off Upper School Street. As the most run-down of all town facilities and sitting on a property that could accommodate better uses, moving the operations is a high priority. In addition, the capital budget seeks funding for a study of options for updating and possibly expanding the library. State grant funds are available both for the study and construction phases should the Library be successful in its grant application. Lastly, the capital budget is likely to have a request for funds to purchase a portion of the Masonic Lodge for use as a much-needed Senior/Community Center. More on these last two requests in a future article. All these items are anticipated to be funded by cash.



#### **BOARD UPDATES**

Early Primary Voting: Cast your Primary vote early at Town Hall starting February 24 from 10 a.m. to 4 p.m., February 26 to 28 from 9 a.m. to 4 p.m., February 29 from 9 a.m. to 6 p.m.

**Planning Board Meeting:** The Planning Board will meet on February 26 at 6:30 p.m. Meeting details can be found on the Town website.

**MBTA Zoning Task Force Meeting:** The MBTA Zoning Task Force will meet on February 29 at 6:30 p.m. Meeting details can be found on the Town website.

Zoning 101 Forum: What zoning district is your property in? What makes your zoning district unique? Learn answers to these questions and more at a joint public forum hosted by the Planning Board and MBTA Zoning Task Force on Saturday, March 2 from 10 a.m. to 12 Noon in the High School Learning Commons

Town Website Survey: Please take a short survey about the Town website to provide important feedback on your user experience for future updates. www.surveymonkey.com/r/8L8WZ5P

Run for Office: Make a difference in our community and run for elected office. Nomination papers for Select Board, Planning Board, School Committee and Library Trustees are available at the Town Clerks office. Papers and signatures are due April 2.

**Annual Town Meeting:** Save the date! The Annual Town Meeting will be held on Wednesday, April 24 at Memorial School. Learn about the Town Meeting process on the Town website.

**DPW** Rain Barrel Sale: Think spring and purchase a rain barrel from DPW. Order by March 24. Fifty percent off the first barrel. Order at greatamericanrainbarel. com/community/.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Transfer Station is open on Wednesdays from 7:30 a.m. to 3 p.m. and Saturdays from 10 a.m. to 3 p.m.

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### Tides & Sun Chart For The Week Ahead

| D  | ATE | HIGH  |     |       |     |      | L   | *    |     |          |      |
|----|-----|-------|-----|-------|-----|------|-----|------|-----|----------|------|
| "  | A   |       | FT  | PM    | FT  | AM   | FT  | PM   | FT  | RISE SET |      |
| 23 | Fri | 10:53 | 9.5 | 11:20 | 8.4 | 4:39 | 1.3 | 5:28 | 0.6 | 6:27     | 5:25 |
| 24 | Sat | 11:32 | 9.7 | 11:56 | 8.6 | 5:20 | 1.0 | 5:59 | 0.5 | 6:25     | 5:27 |
| 25 | Sun |       |     | 12:07 | 9.7 | 5:58 | 0.8 | 6:31 | 0.5 | 6:23     | 5:28 |
| 26 | Mon | 12:28 | 8.8 | 12:40 | 9.6 | 6:37 | 0.6 | 7:04 | 0.5 | 6:22     | 5:29 |
| 27 | Tue | 12:57 | 8.9 | 1:13  | 9.4 | 7:15 | 0.5 | 7:39 | 0.6 | 6:20     | 5:30 |
| 28 | Wed | 1:27  | 9.1 | 1:46  | 9.1 | 7:55 | 0.6 | 8:15 | 0.8 | 6:19     | 5:32 |
| 29 | Thu | 2:00  | 9.2 | 2:23  | 8.8 | 8:37 | 0.7 | 8:53 | 1.0 | 6:17     | 5:33 |

What good is the warmth of summer, without the cold of winter to give it sweetness. ~ John Steinbeck -



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ACCEPTING NEW CHIROPRACTIC PATIENTS!



February 15th was National School Resource Officer Appreciation Day. MERSD would like to thank SRO Andrea Locke who's been our SRO for over four years. SROs accomplish critically important work in our schools every day. We appreciate her commitment to keeping our schools safe while also building positive relationships with the students, staff, and families! Courtesy Photo

## THE ESTUARY COLLECTIVE

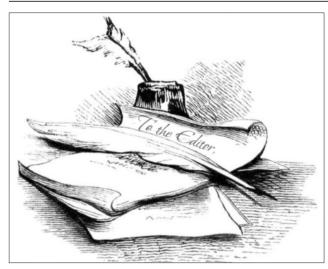
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The Cricket publishes every letter it receives. However, letters should be original (no reprints), no more than 400 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. Letters may be edited for clarity and accuracy. We have a "one letter, one person, one topic" policy, so please do not send multiple letters on a single issue. We do not publish press releases, anonymous letters, those judged to be libelous or an invasion of privacy. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. Please send submissions to letters@cricketpress.com.

the beach dog owners must

My suggestion: give dog

walkers specific times like 7

to 10 a.m. and, again, from 3

**Ashlev Sullivan for Mass** 

I'm writing to endorse Ashley

Sullivan for Republican State

An acquaintance, who sup-

ports a different candidate,

condescendingly asked me

just what I thought makes

her qualified. Without hav-

ing to give it much thought,

I told her Ashley is a work-

ing-class woman who loves

**Republican Committee** 

be more vigilant.

Monika Congdon

On March 5, Vote

Committeewoman.

to 6 p.m.

Manchester

I could have easily broken a bone or had a head injury.

The owners were four

Yes, these women apolo-However, with so America. She can relate to ordinary people who struggle to make ends meet, buy groceries, etc. She has the best education of all needed for this job, which is experience and the school of hard knocks.

But Ashley has also been to school for business administration and marketing, and she is currently enrolled prelaw for government law and policy.

Ashley has years of experience as chair of the GRCC, and she and her husband are small business owners in Gloucester.

Doing is learning, and she's

Her opponent, Cynthia Bjorlie, may have a degree in medicine, but that in no way makes her better qualified. If anything, she is more out of touch with the needs of the everyday family. Ashley is determined, a go-getter, follows through, looks down on nobody, and has sincere commitment to always learn and grow. She's also kind, thoughtful, and generous with her time.

Both candidates are antivaccine, but the difference is that Ashley has a vaccine-injured child and has lived the ramifications of that, while the other candidate's ONLY stated reason for running is vaccines.

My acquaintance's insinuation that Bjorlie is somehow smarter or better qualified because she has multiple degrees is based on elitism. Sadly, her people skills are lacking in a big way. We average folks need someone we can relate to, who is US, and Ashley is that woman.

Please consider giving her your vote on March 5.

**Dianne Eason** Gloucester

#### As Solid as a Rock: Jeff **Yull Will Be Your Rock**

To Republicans and conservative minded unenrolled voters, I worked with Jeff Yull on several occasions. I can attest to the unwavering commitments to his cause as has many, all focused with laser precision on building a stronger MassGOP. Whether establishing robust RTCs and RCCs or collecting signatures, Jeff runs a tight ship. He made it easy to get involved; his passion and energy are contagious. I always knew where to be and when to be there. The man who was everywhere all at once was always by my side. Jeff answered his phone and responded to texts.

Jeff's transition from North Reading's RTC Chair to Mass-GOP State Committeeman will be seamless. He knows the lay of the land. Jeff's list of accomplishments in building Republican coalitions, coordinating events, and establishing ties with Turning Point USA are impressive. To gain a foothold in our deep blue state, Massachusetts Republicans must coalesce. Jeff brings folks together, galvanizing camaraderie, invigorating the electorate and eliciting change. He will not be cowed by those entrenched in the status quo.

To all voters, you are in safe hands with Jeff Yull. He is devoted to you, all of you. When you vote for Jeff, you stand for a stronger GOP and a brighter future. Visit his website at JeffYull.com, or his Facebook page at Jeff Yull for Republican State Committee.

Laura Tamagno Marblehead

#### **March Forth on March** 4th: Show Up at Sanctuary 40B HAC **Manchester Hearing**

March Forth! It's a command that inspires optimism and determination, and it's also a date on the calendar. You'll recall that last year Manchester's Zoning Board of Appeals denied SLV's request for a comprehensive permit to blast a significant portion of Shingle Place Hill to build a gargantuan 40B development. On March 4th, 2024 the MA Housing Appeals Committee will begin their hearings as SLV appeals the ZBA's decision. And we will be there.

The hearing will begin at the American Legion in Manchester at 10 a.m. and will run for about four hours with a lunch break. Please join us as we rally (with coffee and snacks) outside the American Legion at 9:30 a.m. to show our support for the Town ZBA's decision and in defense of Shingle Place Hill. Please attend as much of the public hearing on Monday as your schedule allows, it really does make a difference to show the community's opposition to this destructive development, and it's a valuable opportunity to learn how this process works.

The rest of the hearing will take place remotely, and we will send the link as soon as it is announced. The schedule of arguments and cross examinations will be released on February 23rd, and although the hearing is scheduled for March 4-8th our lawyers tell us to anticipate

additional days.

Thank you for your continued support. This is truly what Think Globally, Act

Locally means. Supporting the conservation land adjacent to Shingle Place Hill, the cold water fishery, the vernal pools, and the peace and quiet of the Wilderness Conservation Area is important NOW at the appeals stage; the community and volunteers have invested so much time and effort, not to mention the legal and municipal staff costs over the past several years at Select Board and Zoning Board of Appeals and Conservation Committee meetings. The issues of safety, accessibility, and feasibility of the water and sewer connections and the suitability of the storm water plans remain an issue.

The legal team for MECT's appeal, led by Dennis Murphy of Hill Law with Dan Hill and Elizabeth Pyle, has been preparing for months for these hearings. The consultants you will likely recognize are Scott Horsley, John Chessia, Pat Garner and a few newer faces. The town's defense attorney is George Pucci.

We are amazed with the continued support and look forward to seeing you again when the public hearings begin in March. We appreciate your financial support towards this effort and our other land protection endeavors. March Forth with us on March 4th!

Until then, we'll see you on the trails.

**Patrice Murphy** Executive Director of Manchester Essex Conservation Trust

#### Dogs on the Beach May require Common Sense Guardrails

On February 2nd I was walking with a friend at about 9 a.m. on Singing beach when all of a sudden, I was careened & run to the ground by four large (a shepherd, Golden Retrievers) dogs. I could have easily broken something. Luckily, I came away with "just" a backlash and a few bruises.

women who were obviously oblivious to what their dogs were up to.

many elderly people (I'm 80) and young children enjoying

# LIBRARY NEWS



Twenty-seven attendees packed the library to hear Dr. David J. Roberts MD, SVP of Operations Community Division Mass General Brigham, speak about how food, shelter and loneliness affect on our health outcomes and what can be done to support efforts to meet these basic needs. Courtesy Photo

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#### **Mindfulness Medita**tion- Moving Back to the Library

Every Tuesday from 11 a.m. - 12 Noon in the teen loft starting January 2 with Alida Bryant. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change ven-

## Help Us Plan the Library's

**Next Chapter** The library's community survey is open again for a short time, so don't wait to share your hopes, dreams and needs for your public library. Take the survey on our web-

Manchester-by-the-Sea Public Library is preparing a grant application for the next round of construction grant funding from the state. To apply for the grant, which is due next Spring, we are preparing a Library Building Program, a planning document which identifies what the community wants and needs from their library in the next few decades.

#### **Romance Authors Hazel**wood, Payne & Williams (Virtual)

Monday, February 26 from 7-8 p.m. The authors will discuss their latest romance novels followed by audience Q & A.

### **Mystery Book Group**

Friday, February 23 from 10:30-11:30 a.m. We will discuss "The Bookseller" by Mark Pryor.

### **Free Friday Movies**

Friday, February 23 from 6-8 p.m. The movie this month has a MPAA Rating: R; for vio-

#### **Diversity Matters Book** Group

Tuesday, February 27 from 1-2 p.m. February's Diversity Matters book will be "Native Son" by Richard Wright.

## **Hearthside Book Group**

Tuesday, March 5 from 4-5 p.m. We will discuss "The Daughters of Yalta: The Churchills, Roosevelts, and Harrimans: A story of Love and Wars" by Catherine Grace Katz.

## **Celebrating the 30th Book Anniversary with Author**

Laurie R. King (Virtual) Tuesday, February 27 from 7-8 p.m. Can you believe it's been 30 years since the amazing Sherlock Homes retelling "The Beekeeper's Apprentice" came out? Join us with author Laurie R. King as we discuss the origin of the story to this series, the taking on of an icon, the twists and turns of storytelling, and the impact (cultural, social, political, etc.) of Holmes and Russell on our collective consciousnesses.

#### The Economic Response to Russia's Invasion of **Ukraine** (Virtual)

Wednesday, February 28 from 7-8 p.m. Author and professor Christine Abely will discuss her brand new book,

"The Russia Sanctions: The Economic Response to Russia's Invasion of Ukraine". Learn about the international trade measures and sanctions deployed against Russia in response to its 2022 invasion of Ukraine. Explore how sanctions have affected, and will continue to affect, global trading patterns, financial integration, and foreign policy in novel ways.

## Tai Chi

Wednesdays from 9:45-10:45 a.m. Join Susan Halpern in a new Tai Chi form, Longevity Tree. The Longevity Tree is a form that addresses the balance of mind, body, and spirit by combining movement, deep breathing, and alertness. It was designed to move all of the body, both internally and externally. The form begins with the image of the tree-progressing to other visual images as we journey through a variety of movements. If you are interested in the form but have missed the registration period, contact Maddy Willwerth and we will reach out when a new session is available. For now, the class will be held at the Manchester Community Center. Please complete the Safety Release Registration Form, on the event listing on the library website, before joining. Susan Halpern will update by email those who have completed the Safety Release Registration Form.

#### **Digital Advice Appoint**ments and Drop-ins

Register for a dedication session on Mondays, or drop in most Fridays between 3-4 p.m. Increase your comfort

out a digital service you have always wanted to try.

level with technology or try

#### Shut Up and Write (Virtual)

Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to critique or be critiqued.

## **MPL Children's Events:**

## All About Me Collage

Saturday, February 24 from 2-3 p.m. Ages 7-12. Join Miss Audrey and rip up magazines to make a work of art that's all about you.

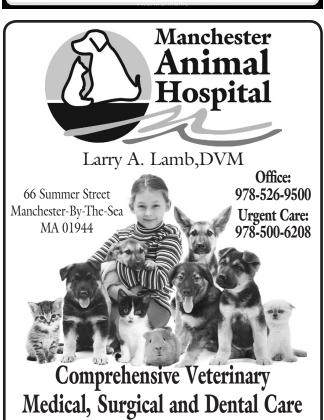
## **Graphic Novel Club**

Wednesday, February 28 from 4-4:45 p.m. This program is for grades 4-7. Join the graphic novel club, we meet once a month from January to June. We will be discussing "Ghost Book" by Remy Lai. Registration is required.

## Winter and Spring Story-

times Wednesdays from 10:30-11:15 a.m. starting January 24. Join Miss Audrey for Storytime for children ages 0-5 with their caregivers. We will share books, songs, and games. This program runs through April 24th.

Teen Advisory Board (TAB) Second Tuesday of the month from 5:30-6:30 p.m. Want to earn community service hours while you design amusing activities for your friends and neighbors? Register on the library events calendar.



www.manchestervet.com



Thursday night was Senior Night for the girls' basketball team. The Hornets met the Amesbury Redhawks in the second to last home game. ME prevailed 42-32. Pictured, left to right, with their families, are Mackay Brooks, Phileine de Widt, Mechi O'Neil and Gabbi DAndrea.



## In the Hornets' Nest



Hornet senior Phileine de Widt drives to the basket in front of her Falcon defender, Annie Louise Djoro to score 2 of her 12 points. ME's last home game of the season went to them in an exciting nail-biter that went down to the last buzzer, 49-46. The Hornets end their season with a well-deserved 15-5 overall and 10-4 in the CAL.

#### **Girls Basketball:**

The Manchester Essex Girls' Basketball team finished the regular season 15-5 overall and 10-4 in the CAL earning a share of the Baker Division title. The Hornets are co-champions of the Baker Division with Georgetown.

The Hornets played back-to-back this week and came away with three wins at home. On Wednesday, the Hornets hosted Ipswich. Coming from behind, the Hornets won 40-38. Mackay Brooks had 10 points and Ella Arntsen 8. Lily Oliver and Phileine de Widt each added 6 points. Mechi O'Neil added 4 points. Isabelle Donnellan Valade added 3 points and Harper Brooks had 3 points and 8 rebounds.

On Thursday, the Hornets hosted Amesbury on Senior Night! Celebrating seniors Mechi O'Neil, Mackay Brooks, Phileine de Widt, and Gabbi D'Andrea, the Hornets defeated Amesbury 42-32. Lily Oliver paced the offense with 22 points and 10 rebounds. Phileine de Widt added 10 points, 5 steals, and 3 assists. Mechi O'Neil had 8 points and 6 rebounds and Mackay Brooks added 2 points and 4 rebounds. Gabbi D'Andrea added 3 rebounds and an assist.

On Friday, the Hornets beat Danvers at home in another exciting contest that came down to the last whistle. The Falcons took the lead after one quarter but the Hornets battled back to take a half time lead. The Falcons had the lead at the end of the third but the Hornets came back to take the lead late in the fourth on two huge three pointers by sophomore Anna Gardner to hold on and win 49-46.

Lily Oliver led the way with 16 points and 8 rebounds for the Hornets. Phileine de Widt had 12 points, Mechi O'Neil had 11 points and 7 rebounds. Anna Gardner had 6 points, Kacey O'Connell and Tori Moulton each added 2 points in the win. The Hornets await their seeding in the division 4 state tournament.

## ME Girls Basketball Seeks Even Sweeter Results in Tourney



ME Hornet's leading scorer, Lily Oliver, stops for a jump shot during an exciting joust against Danvers Clark

By Jason Brisbois

ould this year's playoff run be even Sweeter than 2023 was for the Manchester Essex girls basketball team?

Last winter, the Hornets finished with a 16-6 record and advanced all the way to the Sweet 16 of the MIAA Div. 4 tournament. It was there that the team's impressive season ended at the hands of Notre Dame.

This year's squad has the ability to perhaps push past that same threshold now that the 2023-24 regular season is in the books. Manchester Essex finished up with a 15-5 record overall and a 10-4 record in the Cape Ann League, an improvement on last year's 8-3 finish in the division. If anything, this year's squad may possess even more confidence and focus than last winter's team.

"I think our experience and composure were key," explains Manchester Essex coach Lauren DuBois. "We did not panic in close games and we made the big plays when we needed to."

It doesn't stop there. This squad has depth along the roster to help maintain that consistent level of play, and a breadth of options on the floor to help the Hornets

stay in almost any contest. "We also have a deep bench that allows us to push the pace of the game and create transition opportunities," says DuBois. "We have players who can get to the rim and who can score from the perimeter. I think our team is well balanced and any one of our players can step up and have a big night on offense or defense."

Each one of those players also has a special skill that contributes to the team's greater whole. Lily Oliver is the catalyst on offense, Harper Brooks possesses an impressive all-around game and Phileine de Widt has become a defensive menace for opposing players who often tower over her.

"Lily Oliver was a consistent presence for us at the point guard position," explains DuBois. "She was our leading scorer and allowed us to break presses and push in transition. Harper Brooks was our leading rebounder and second leading scorer and she has great active hands on defense. Phileine de Widt really stepped up in the second half of the season on both offense and defense covering players six inches taller than her every night and hitting huge shots to spark our offense."

The names -- and the accomplishments -- don't stop there.

"Ella Arntsen was a huge and consistent presence for us on defense," continues DuBois. "Mechi O'Neil is a true competitor and unbelievable athlete who can just will her way to the basket. Mackay Brooks and Kacey O'Connell hit some big shots for us off the bench in close games. Tess Carpenter is a relentless defender and Isabelle Donnellan Valade is just a smart player who makes great defensive rotations. Gabbi D'Andrea also stepped in as a post presence for us on defense and on the boards."

These are the players who have propelled the Hornets to this point, and they did

that while overcoming different challenges each night: Defensive battles, tone-setting early wins and comefrom-behind victories.

"Our early overtime win against Hamilton Wenham and our win over North Reading early on set a tone for us and we knew we could be successful," says DuBois. "Beating Triton in our second meeting after losing the first showed the type of defense we could play as we were able to shut down their leading scorer. We had a big win over Newburyport on the road. And late in the season we had come from behind wins over Swampscott, Ipswich and Amesbury that showed we should never count ourselves out of

any game." The next game up for the Manchester Essex girls team was the waiting game. The regular season ended with a win over Danvers on Feb. 16; since that time the Hornets have been practicing and preparing for the postseason while waiting for the final Power Rankings and playoff seeds to be announced on Feb. 24.

"Right now, we are ranked 16 but that may change," says DuBois. "There are a lot of moving parts so it is hard to predict anything. Of course, a home game would be great to get things started."

## Off at School and Doing Great

Now is the time that colleges and universities across the country announce last semester's successes from local students enrolled in schools. We're happy to see that so many are doing well and have achieved academic honors.

'anchester's Noella Hadaegh was named Lto the College of the Holy Cross Fall 2023 Dean's List. A member of the Class of 2026, Hadaegh was named to the Dean's List for outstanding academic achievement during the fall semester of the 2023-24 academic year. To qualify, students must pass four or more letter-graded courses with no failing grades and earn a GPA of 3.5

or higher. At Connecticut's Fairfield University, Essex resident Peyton B. Falk has received Dean's List Honors for the Fall 2023 semester. In order to be placed on the Dean's List, students must have completed a minimum of 12 credit hours in a semester, have no outstanding or incomplete grades for that semester, and have attained a semester grade point average of 3.50

or better. Chris K. Siems, of Manchester, was named to first honors on the Clark University Dean's List, marking outstanding academic achievement during the Fall 2023 semester. At Clark, students must have a GPA of 3.8 or above for first honors or a GPA between 3.50 and 3.79 for second honors. Founded in 1887, Clark University is a liberal arts-based research university.

At the University of Massachusetts Amherst, the following local students have achieved Dean's List for the fall 2023 semester, which means they received a 3.5 grade-point average or better on a four-point scale. From Essex, Abigail Rose Corrao, Travis J Duncan, Madison Katherine Lawler, Sydney Grace Levasseur, Connor Patrick McGrath, Anna Frances Penelope Pennoyer, Mauryn Tyack, and Emma Daniela Wonson. From Manchester, Antonia Katrina Cicala, Gannon

Thomas Costello, Connor Patrick Cunningham, Amelia Katherine Donnellan Valade, Madeline Frances Donnellan Valade, Owen Clifford Donnellan Valade, Alanna Marie Fitzgerald, Colin Darbyshire Genta, Andrew Michael Grant, Margaret Qiang Graves, Amelia Frances Leonard, Eric Arthur Lico, Bridget Dunlap Miller, Jessie O'Halloran Miller, John Anthony Morgan, Jennifer O'Neil, Penelope Marsden Rodier, Matthew Richard Russo, Beren Jeffrey Schmidt, Giuseppe Galzang Tra, and Bridget Caylee Twombly.

At Tufts University, two local students have been named to the Dean's List for the Fall 2023 semester. They are Olga Gadmer Langman of Manchester (Class of 2027) and Carson Komishane (Class of 2026). Dean's list honors at Tufts University require a semester grade point average of 3.4 or greater. Tufts University, located on campuses in Boston, Medford/Somerville and Grafton, Massachusetts, and in Talloires, France, is recognized among the premier research universities in the United States.

At Hamilton College, a leading liberal arts institution located in Clinton, New York, two local residents have been named to the school's Fall 2023 Dean's List, including Hollis Mann of Manchester, a senior majoring in cinema and media studies and literature and Jackson Strout of Manchester, a senior majoring in economics and government. To be named to the Dean's List, a student at Hamilton must have carried a course load of four or more

graded credits throughout the semester and earned an average of 3.5 or above on a 4.0 scale.

Jacobsen from **Emily** Manchester has been named to the Emerson College's Dean's List for the Fall 2023 semester, which mean she held a grade point average of 3.7 or higher for that semester. Jacobsen is majoring in Writing, Lit and Publishing and is a member of the Class of 2026.

**North Shore Community** College announced that the following students listed below were Dean's List students for the Fall 2023 semester. From Essex, Julia Bundy, Kai Carroll, Deven Lichtenwald, Zachary Macdonald, and Sarah Perim. From Manchester, Andrew Alibali, Zachary Defaria, Mary Gough, and Scott Sutherland. Dean's List Honors are awarded to students who have earned six or more semester hours of academic credit with a Grade Point Average (GPA) of 3.30 or higher.

Tommy Bowen, of Manchester has been named to the Fall 2023 Dean's List at Roger Williams University, in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a grade point average of 3.4 or higher are placed on the Dean's List that semester. Roger Williams University offers 50 majors and graduate and professional programs across eight schools, including Rhode Island's only law school.

Got some news from a student we should know about? Email us at news@thecricket.com and we'll include it here in Off at School and Doing Great.

## ScottEnergy Community Bulletin Board

## 2024 Speaker Series Kick Off Mushrooms of the 1661 **Cemetery:** From Death to Life

Local mycologist Gary Gilbert will speak on the history of the 1661 cemetery, its inhabitants, and the relationships between the woodlands there and their fungi in this old pastureland turned burial ground.

7 p.m., Thursday, Feb. 29

First Parish Community Hall
1 Chapel Ln., MBTS (behind Santander Bank)

Doors open at 6:30 PM for socializing and refreshments. Free to members \$15 non-members

Manchester-by-the-Sea Museum Info at www.manchesterhistoricalmuseum.org/lectures

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The Annual Bob Fulford Basketball Tournament, on the left the 2nd Place Black-Team with Coach Sam Goff. Next to them, 1st Place Pink Winners with Coaches Matt Desharnais & Bill

Courtesy Photo

Condon.



The Annual Bob Fulford Basketball Tournament, on the left the 2nd Place Finishers in purple with Coaches Nick Chareas & Ron St. Marie. To the right, 1st Place Pink with Coaches Chris Reed, Eric Burke, Pete Considine and referee Bob Fulford.

Courtesy Photo





The Annual Bob Fulford Basketball Tournament, on the left the 2nd Place Blue Team with referee  ${\it Mike Cronin and Coach Tom Valeo.}\ \ {\it On the right 1st Place Green team with Coaches Luke Barton\,\&}$ Matt Jacobs. Courtesy Photo.



The Annual Bob Fulford Basketball Tournament, on the left the 2nd Place Blue Team with Coaches Emily Deery & Jeff Crispen. Beside them the 1st Place Black Team with Coach Chris Nesbit.

Courtesy Photo



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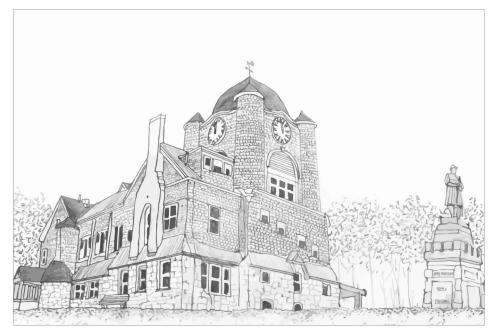
## Town Administrator's Report

Board of Selectmen's Meeting of February 12, 2024 Report covers from January 20, 2024 to February 9, 2024

## **Senior Center Sprinkler**

**Line Replacement Update** As the Board may recall, a short section of sprinkler system line in the Senior Center just after the main enters the building was in need of replacement. Our contractor attempted to remove the threaded pipe from the flange connecting the system with the main on January 26, 2024 after the Water Department had turned off the main at the street to the extent possible (large mains of this type typically leak by the valve to a certain extent). The situation became much more complicated when the corroded section of pipe had its threaded section break off inside the flange. With water still coming through the main, the planned use of buckets for just a short period of time had to be extended. With the help of a local mechanic, we located another local mechanic who had the proper tools to extract the broken pipe from the removable portion of the flange without damaging the threads. This success avoided the need to adapt the flange pattern on the main to a new pattern and the need to reconfigure and add downstream piping parts to the system, which would have tripled the cost of the work. The original flange was put back together and the piece of threaded pipe was replaced, along with the planned replacement of the

first elbow in the system. As the Board is aware, the Town has engaged the services of Copeland Building Envelope Consultants and its subcontractor (Northeast Roofing Consultants) to specify what is necessary to address some lingering issues with the public safety facility on John Wise Avenue including roof defects and siding/trim/sealant defects. Copeland and Northeast conducted an initial site visit on January 31, 2024, accompanied by a contractor who was able to help expose various building elements so that our consultants could better understand root causes on the way to specifying proper repairs. Our team is now using the data collected to put together initial specifications that will eventually be reviewed by the Town. See item D5, above, for preliminary discussion concerning siding options.



#### Review of FY25 Town and **School Operating Budget** Requests

The Essex Finance Committee is presently working to understand fiscal year 2025 operating budget requests from each of the various Town departments and will be meeting with the Board of Selectmen at the Board's meeting of February 26, 2024 to summarize its findings and recommendations. With respect to the school budget, the Manchester Essex Regional School

Committee met on February 6, 2024 and determined that additional District reserves would be included in the budget, which brought the overall budget increase from FY24 to FY25 down to 2.99% (from 3.42%), translating to an Essex apportionment increase of 4.82% and a Manchester apportionment increase of 1.84%. Careful consideration is being given to whether this apportionment amount can be accommodated by Essex without a Proposition 2½ override and

more information will be available by meeting time.

### **Further Review of Draft Annual Town Meeting**

At the last meeting, the Board reviewed the draft list of Annual Town Meeting potential topics and asked that some items be added and others be moved to different priority levels. Mr.Zubricki has made the changes in accordance with the Board's guidance and will have produced a preliminary version of the Annual Town Meeting warrant.

## **Section 3A Zoning Compli-**

As the Board may recall, former Town Planner Dana

**Essex Elementary Third Grade Teachers Hosted** 

"Everything has a Solution" Math Event

Menon had provided the Executive Office of Housing and Livable Communities (EOHLC) with a variety of materials to demonstrate the Town's compliance with Section 3A of Chapter 40A of the General Laws involving the capacity for multi-family housing in a given community. Since Essex is an "Adjacent Small Town" with respect to mass transit, and since the zoning in Essex will accommodate multi-family housing in most areas of the Town, compliance with the new law was fairly straightforward. Recently, the EO-HLC reviewer on our compliance application asked for a zoning map and a past letter from the Office of the Attorney General approving zoning changes from 2021. We provided both of the requested documents and we are expecting to achieve formal full compliance in the

Settlement and Release with Abutter to Essex Senior Center. At the last meeting, the Board agreed to certain terms proposed by an abutter to the Essex Senior Center (with other certain terms rejected) with respect to aspects of the Senior Center's site characteristics and operations. Town Counsel proposed a comprehensive settlement and release document to counsel for the abutter and we have not yet heard back.

At the last meeting, the Board asked that we send a letter to all abutters to any Townowned parcel on Gregory Island to ensure that all abutters know that storage of any of their personal property

is not allowed or approved. The letter asks that any such property is completely removed from Town property by the end of March 2024. Thereafter, Mr. Zubricki will conduct an inspection of the various areas to ensure compliance. The letter was mailed out during the week of January 22, 2024.

#### **Environmental Restora**tion Legislative Earmark Contract

The Town received two State Legislative Earmark contracts in fiscal year 2024 (one to assist with improvements at the Centennial Grove -\$75,000) and the other to continue with local environmental assessment and restoration work - \$15,000. Unfortunately, State budget difficulties have cut each of these earmarks in half (\$37,500 and \$7,500). The \$37,500 earmark has already been committed to the establishment of restrooms at the Grove. The \$7,500 earmark could follow on work done to study the morphology and hydrology of the Alewife Brook and its surrounding watershed. Two past earmarks have generated important data concerning the system and this third earmark could be used for additional data analysis and interpretation.

## **Town Administrator**

Mr. Zubricki was out of the office, on leave, for portions of the day on January 24, 25, and 29, 2024, and for portions of the day on February 5 and 7, 2024.

This report is available at www.essexma.org on the morning after any regularly scheduled Essex Board of Selectmen's Meeting.

## LIBRARY NEWS TO,H.P. Burnha Public Library



#### **Tax Forms**

State and Federal tax forms are available for pick up at the Library.

#### **Community Book Group**

Monday, February 26 at 10 a.m. Join us as we discuss "The High House" by Jessie Greengrass.

#### **Community Rummikub**

Saturday, February 24 from 10 a.m.-12 Noon. No experience necessary. Enjoy meeting others from the community over this popular game.

#### **Regional Social Worker**

Wednesdays, 9 a.m.- 1 p.m. in the first -floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

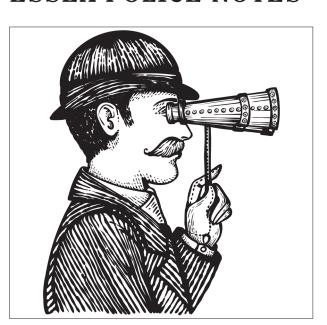
#### **Story Hours Wednesdays**

This weekly program began January 10. Join in! Wednesdays at 9 a.m. for Wee Ones, ages 0-2 yrs. 20 minutes for songs, rhymes, stories and creative play. Please register. 10 a.m. Preschool ages 3-5 years. 30 minutes of songs, rhymes and stories read aloud and concludes with a themed craft. Please register.

#### **CFCE Science Thursdays**

This weekly program began January 11. Join in! Thursdays 9-10 a.m. for ages 2-6 years old. Join Ms. Christine for some STEAM fun, you will listen to stories, then explore science, technology, engineering, art, and math. Space is limited so please register.

## **ESSEX POLICE NOTES**



### **SUNDAY, FEBRUARY 11**

11:36 a.m. Southern Ave., animal complaint, other. 11:58 a.m. Main St., male sick, transported to hospital. 5:45 p.m. Main St., selective enforcement, no action taken. 10:59 p.m. Southern Ave., selective enforcement, secured/ checked.

## **MONDAY, FEBRUARY 12**

10:08 a.m. Main St., selective enforcement, secured/checked. 2:12 p.m. Eastern Ave., selective enforcement, secured/ checked. 2:41 p.m. Route 128NB, disabled motor vehicle, assisted as needed. 8:48 p.m. Story St., directed patrol, secured/checked.

## **TUESDAY, FEBRUARY 13**

10:19 a.m. Pond St., animal complaint, other. 12:31 p.m. Spring St., directed patrol, secured/checked. **6:41** p.m. Story St., citizen assist, no action taken. 8:00 p.m. Western Ave., traffic hazard, assisted as needed.

## WEDNESDAY, FEBRUARY 14

6:01 a.m. Main St., male fall, transported to hospital. 12:05 p.m. Eastern Ave., welfare check, assisted as needed. 4:08 p.m. John Wise Ave., animal complaint, assisted as needed. 6:59 p.m. Essex Ave., police investigation/follow up,

## **THURSDAY, FEBRUARY 15**

9:59 a.m. Apple St., selective enforcement, no action taken. 11:14 a.m. Conomo Point Rd., directed patrol, secured/ checked. 5:15 p.m. Essex St., male with allergic reaction, transported to hospital. 9:23 p.m. Conomo Point Rd., property check, secured/checked.

## FRIDAY, FEBRUARY 16

7:20 a.m. Spring St., directed patrol, secured/checked. 11:22 a.m. Southern Ave., male fall, patient refusal. 2:15 p.m. Story St., fire alarm, fire false. 8:31 p.m. Story St., directed patrol, secured/checked.

## **SATURDAY, FEBRUARY 17**

10:37 a.m. John Wise Ave., directed patrol, secured/checked. 12:21 p.m. Martin St., traffic hazard, secured/checked. 7:07 p.m. Main St., directed patrol, secured/checked. 10:25 p.m. John Wise Ave., directed patrol, secured/checked.

## Essex Locals | Feb 23

## 115 Years Ago - 1909

F. E. Burnham has had his old barn taken down, and the lumber removed to Beverly, where he intends to rebuild a building of the material. The removal makes a marked improvement about his premises.

## Years Ago - 1934

The local Grange held a "Neighbors" night Wednesday, entertaining the Boxford, West Boxford, and West Peabody Granges. Refreshments were served.

near future.

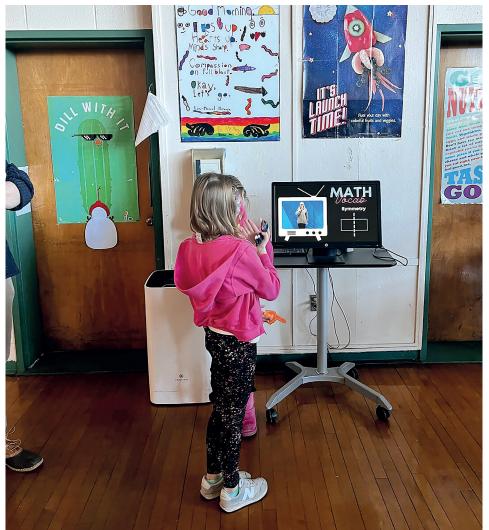
#### **Letters to Abutters** of Town Property on **Gregory Island**

on abutting Town property

and subtracting multi-digit numbers. Then, students modeled math vocabulary

chants and actions. Understanding mathematical vocabulary is fundamental to mathematical problem solving, wrote Grade Three teachers Nicole Curcuru and Guilia Orlando along with Steve Costello, the school's

elementary math specialist. Parents and guardians have some tools for supporting students in math at home. Participants received a special math goodie bag filled with authentic mathematical tools for homework success. As a follow up parents/guardians received video tutorials on math vocabulary and solving multidigit addition and subtraction problems.



Ellie Campbell and Digital Learning Specialist Chris Dwyer demonstrate math vocabulary (Courtesy

the joy of math, Essex

To open their eyes to hosted an event for third grade families in the school's cafeteria on Wednesday's

Families explored place value strategies for adding jeffreys creek land contractors inc.

Builders of Quality Crafted Outdoor Spaces 180 SOUTHERN AVENUE ESSEX, MA 978 ~ 768 ~ 3359 www.jeffreyscreek.com

## Shop Thoughts Camp Reads and Summer Reads

By Hannah Harlow

Then my kids were very little, I couldn't imagine a future in which they didn't need me. I couldn't imagine the future at all. I lived in the moment. As a family with two working parents, though, we quickly learned looking to the future was pretty important: You better believe we discovered the need to set alarms for summer camp sign-up, lest we be left with kids who had no place to go once school got out. Which, when they are little, is an abject disaster.

Soon, for a couple weeks each summer, they went to "grandparent camp," which was a sleepaway camp, since our parents didn't live close enough to make it a day camp. The first year it was terrifying. The second year it was downright invigorating. Now my kids do two weeks of a sleepaway camp each year and, miraculously, mostly entertain themselves the rest of the summer. Suddenly there's so ... much ... time.

What I'm trying to say is, sure, camp is glorious for the kids, who get the outdoors and friendship and activity and sunshine, but for the adults it can be a pretty good time, too. Hey, we can both love our kids and need a break once in a while. If you're a reader, you might already have a pile stacked high for the occasion, which you gaze at longingly as you rush out the door to get your kid to basketball practice or cello lessons.

If you need a few suggestions, though, and are maybe feeling nostalgic for vour own camp days, I've got a few books to recommend that will allow you to revisit those glory days. Most "camp fiction" resides firmly in the young adult or middle grade sections of our store, but here are a handful of win-



ners with an adult audience squarely in mind.

The Fruit of the Dead, by Rachel Lyon, opens on the last day of a sleepaway camp, when counselor Cory has reached a dead end. She didn't get into any of the colleges she applied to and she's made no other plans for the future. So, when one of her campers' fathers offers her a nannying position for the rest of the summer, she gladly accepts. He whisks them away to his private island, where Cory will soon discover that she might have gotten in over her head. Meanwhile, in New York, Cory's overprotective mother frets over her child while her career slowly implodes. In this modern retelling of the Persephone/Demeter myth, we get alternating

perspectives from the two women in lush language and heady scenes, making for a thoroughly engrossing story that I couldn't put down.

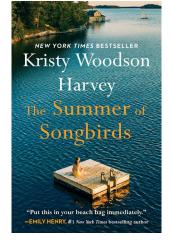
The Summer of Songbirds, by Kristy Woodson Harvey, is full of nostalgia for camp days. It's about four women, one who owns the camp and created this haven for generations of young women, and three friends who attended the camp and have remained friends ever since - and who band together to save the camp when they discover it's in danger of closing. All of these women have their own problems (and so many secrets!) to overcome along the way, but their friendship will see them through. The paperback releases March 26, just in time to see us through

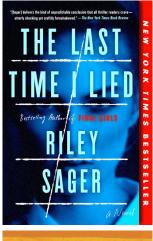
until actual summer arrives.

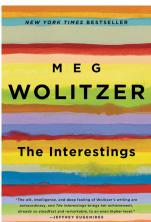
On the other hand, not everyone remembers camp so fondly. That is certainly the case for Emma, the protagonist of Riley Sager's The Last Time I Lied, who watched her three friends sneak out of their cabin one night – never to return or be seen by anyone again. Fifteen years later, now a rising star in the art world, Emma is invited back to teach art at the camp. She accepts, hoping to finally discover what really happened that night. With its increasingly creepy setting, air of paranoia, and twists galore, this thriller will keep you guessing until the very end.

When I think of camp books, it's hard not to be reminded of The Interestings, by Meg Wolitzer, which came out just over 10 years ago, but still haunts me a little bit. Six friends meet at a summer camp for the arts. They grow up, get married (two to each other), attempt to become artists - some successfully, others less so. Wolitzer tackles grand themes of class, art, success, envy, and friendship. An air of longing pervades the book. And while there is much to be learned about the society we build for ourselves as the story twists upon itself, the thing that has stuck with me is to always wear a hat on sunny days (if you know, you know).

These are the things you learn at summer camp, both philosophical and practical. Here's to all the kids learning them for the first time - and to all of you who suddenly







have time for a good book at the beach.

Hannah Harlow is owner of The Book Shop, an independent bookstore in Beverly Farms. Harlow writes biweekly recommendations for us. See more of what she recommends reading at thecricket.com.



## CHURCHILL PROPERTIES

266 Cabot St, Unit 7, Beverly | 169 Bay Rd, Hamilton | 49 Union St, Manchester 230 North St, Unit 2, Danvers | 127 Eastern Ave, Gloucester | 1 Merrimac St, Suite 6, Newburyport



Unique style farmhouse cape that seamlessly merges modern living with timeless charm. The heart of the home boasts an open concept. \$650,000 | Tara Farley | 978-267-7785



Essex

This spacious 2400+ sqft Townhouse feels and lives like a single family home. Just one of two units, this property has 3 deeded parking spaces. \$685,000| Karen Bernier | 978-807-5580



Attention contractors and builders! This could be a great opportunity to get into Danvers. Many level ranch facing Larch Row & a multi-level possibilities for renovating.

\$365,000 | Kelly Martinson | 978-360-1618



Wenham

Peaceful views abutting open space w/ a single home attached behind the 2 car garage.

\$1,095,000 | Tracey Hutchinson| 978-473-9720



Welcome home to this lovely two bedroom, two bath condo situated on one of the South End's tree-lined cul-de-sacs.

\$1,224,900 | Theresa DiPiro | 617-275-6624



Exeter, NH

A luxurious 55+ community on over 11 wooded acres, exceptionally manicured to evoke peace and serenity. Just 10 miles from Hampton Beach. a 3 bedroom home and its mate, a lofted barn. \$600,000 | Heidi Roy | 978-270-7336



Newbury

A long a rural road with easy access to Route 1A and beyond find a serene open setting with \$525,000 | Rick Petralia | 978-239-6207



Welcome to 31 Sunset Dr. Beverly, delightfully located in the Ryalside area, with easy access to highways, and the MBTA

\$599,000 | Robin Martyn | 978-815-4497



West Newbury - Land

Opportunity to build your dream home and create a lifetime of memories in picturesque West Newbury! Beautiful tree-lined land. \$350,000 | Maritza MacLeod | 860-287-6419



Rowley

Modern aesthetics in this charming onebedroom, one-bathroom condo tucked into a private wooded area in Rowley. \$249,900 | Tara Farley | 978-267-7785



Exeter, NH

A luxurious 55+ community on over 11 wooded acres, exceptionally manicured to evoke peace and serenity. Just 10 miles from Hampton Beach. \$600,000 | Heidi Roy | 978-270-7336



"HARBORHEAD" has stunning town and water views. Fabulous New Construction is modern but Classic Colonial design. \$11,000,000 | Karen Bernier | 978-807-5580

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Try it today!



INTERNATIONAL\*





# Dial Up the Furi IT'S TIME TO THINK

This week is February school vacation week for those in public schools, so it's an optimal time to think about summer youth camp on Cape Ann.

The region has a strong tradition for local day camps, and these seem to only be getting more rich and more diverse. There are all sorts of options, starting with general summer camp that specializes in, well, fun. There are "town" summer programs like Manchester's Summer Playground that has been around since the 1960s and is run by the Manchester Parks & Recreation Dept. and staffed by local teens who are overseen by program veterans and has been managed for decades by Heather De-Priest, youth program director for the town.

The YMCA of the North Shore is another veteran of summer camp fun. Camp Dory has become a staple for Essex youth, run out of the town's public park, Centennial Grove on Chebacco Lake. There's also the Y's Camp Spindrift (near Wingarsheek Beach) and, in Beverly, Camp Sterling Woods.

Then there are specialty The granddaddy camps. of them all is "MSA," the Manchester Sailing Association summer program that has been in operation from Tuck's Point since 1971. Like Summer Playground, it got its start more than 50 years ago as a town-sponsored program in partnership with the Manchester Yacht Club, and that novel partnership approach has become something of a standard nationally for accessibility in youth sailing. In fact, the MSA's weekly summer camp program has become so popular that it's expanded to include a several "learn to sail" summer sessions just for adults. (Shhh .... Don't tell the kids!)

If these are the old guard, then there's a whole lot going on with the "new guard" of summer youth programs that offer an unbelievably wide spectrum of specialty choices for kids of all ages.

Robotics? (Check!) Ballet? (Check!) Modern Dance? (Check!) Art? (Check!) Performing Arts? (Check!) STEM? (Check!) Often these are run by local schools (think Landmark School, Brookwood, St. John's Prep, The Waldorf School, or Glen Urquhart) or even colleges (Montserrat College of Art, which like MSA, has a variety of summer programs for



adults too) and museums (Wenham Museum, Cape Ann Museum) that have the perfect set up–infrastructure, experience, staff–to design and run an unforgettable summer program. And for "theater kids," there are three wonderful options–Summerstage in Manchester, the Glen T. MacLeod YMCA in Gloucester, and the Gloucester Stage Company's "apprentice" program for older teens.

Yes, thankfully, today there are all manner of local choices, giving kids and their parents a chance to dive deeper into something they already love, or try something new, be it for just one week or the whole summer long. Maybe that is why camp is a tradition that continues today.

Regardless of what camp you choose, there are some important tips that experts point to that can make a real difference when figuring out your summer plans. According to the American Association of Day Camps, there are five key things to keep in mind when preparing your child for camp:

Communication is Key: Start by discussing camp with your child. Explain what to expect, from the activities they'll participate to what their daily routine might look like. Encourage them to ask questions and express any concerns they may have. By involving them in the process and addressing their worries, you'll build confidence and excitement about the upcoming adventure.

Practice Independence: Camp is one of the best opportunities for children to develop independence and self-reliance. Before the first day, practice tasks like dressing themselves, packing their backpack, and following a schedule. Encourage small responsibilities at home to foster autonomy. This will help ease the transition to the camp environment where they'll be expected to manage their belongings and follow instructions independently.

Familiarize with the Environment: If it's possible, go visit the camp or the location the camp will be on Cape Ann. Talk about the facilities, such as the dining hall, or bathrooms. Knowing what to expect can alleviate anxiety and make the first day less daunting.

Pack Together: One way to ensure your child is equipped with everything they'll need for a day at camp is to pack together for the first day. Get essentials such as sunscreen, a refillable water bottle, a change of clothes, and any required medications. Label all belongings with your child's name to prevent mix-ups. Your child might like to pick a small comfort item, like a favorite toy or a family photo, to provide reassurance during the day.

Emphasize Positivity and Resilience: Encourage a positive mindset and resilience in your child. Remind them that it's normal to feel nervous or homesick initially but reassure them that these feelings will pass as they settle into the camp routine. But also encourage them to remember that this is their program to experience on their own, so remind them it's a time to embrace new experiences, make friends, and try activities outside of their comfort zone and most importantly, to have fun!

...(Continued on page 10)

















## Summer Camp and Programs Directory

## **BoSoma Dance Camp**

Hamilton & Georgetown, Mass. Day Camp/Ages 6 - 13

Introduce or develop skills in a variety of dance styles including Ballet, Modern, Tap, Jazz, Contemporary, Hip Hop and more! Campers will also explore improvisation, dance composition, tumbling, and dance history. Programs geared to all skill levels, from new-to-dance on up to more seasoned youth dancers! bosomaschool.com/summer

#### Camp Whirlygig at **Wenham Museum**

Wenham, Mass. Day Camp/Ages 4 - 7

An all-new summer camp at the Wenham Museum fostering fun, friendship, and curiosity. With a 1:5 counselor to camper ratio, a caring and supportive summer camp experience for younger children. With open-ended, child-centered arts enrichment in studio art, dance and drama; explorations related to museum exhibitions, local history, and culture; STEM and STEAM experiments; mindfulness and movement experiences designed to support emotional development; outdoor recreation and games; tennis; free play on the playground; and friendship-building activities

within camper groups. wenhammuseum.org

## Eagles/Edge at St. John's

Danvers, Mass. Day Camp/Ages 4 - 18

Explore, excel and grow at the Auxiliary Department at St. John's Prep, providing programming for children and teenagers to explore new interests, excel in their chosen activities, and grow, both as individuals and members of an inclusive community. EAGLES/EDGE programs are open to all boys and girls aged 4 to 18, whether they are affiliated to St. John's or not. All are welcome! eaglesedgeprograms.org

#### **Landmark Summer Programs**

Beverly, Mass.

Day Camp/Grades 2 - 7 and 8 - 12

Does your child struggle with dyslexia or another language-based learning disability? Does your child struggle with executive function skills? Landmark School's Summer Program will help navigate a fresh start, boosting skills, gaining confidence and getting back on track. Elementary / Middle School and High School programs each offer one-to-one daily tutorial and challenging academics, all in a small, low-pressure environment. Landmarkschool.org/summer

## **Manchester Sailing**

**Association** Manchester by the Sea, Mass. Day Camp/Age 7+

Teaching the joys of sailing since 1971! Manchester Sailing Association operates from Tuck's Point in Manchester, June 24-August 16 offering classes for beginners to more experienced sailors. Sign up for one session or the full season. Organized for Kids 7+ or Adventure, Racing, and even Adult Sailing. Learn to sail. Love to sail! Manchestersailing.org

### **Manchester Summer Playground**

Community Program/Ages 5 - 14

Manchester by the Sea, Mass. A community summer program tradition for children for decades and is open to residents of Manchester and Essex! Seven weeks starting right after school gets out in June and runds Monday to Friday. Registration opens in March. Manchesterma.myrec.com/

Summer S.T.E.A.M. at

## **Montserrat**

Beverly, Mass. Day Camp/Ages 8 - 15

Monserrat College of Art returns with its popular Youth S.T.E.A.M. Arts Academy. A fun and challenging program that gives campers experience in exciting creative endeavors while being introduced to a variety of techniques and skills. Programs for younger campers (ages 8-11) and older campers age 12-15. Full day or partial day participation available throughout the four, one-week sessions.

steam@montserrat.edu

## Summer@GUS

Beverly Farms, Mass. Day Camp/Pre-K - Grade 10

At Glen Urquhart School, day camp and enrichment camps that are ACA-accredited, offering leader in Training, Eagles Adventure program, and day camps. Offering coding, arts and specialty enrichment camps and more! gus.org/summer

## **Summer at Waring:**

**Robots & Coding** Beverly, Mass.

Day Camp/Grades 6 -9+ This unique tech youth program fo-

cuses on the national robotics com-

petition, the FIRST Tech Challenge and is taught by Waring students on Wolfpack Machina, one of the best FIRST teams in Massachusetts. Intro programs for younger kids, and more advanced sessions tackle CAD design and coding. Waringschool.org

### Waldorf Camp at **Moraine Farm**

Beverly, Mass. Day Camp/Ages 4 - 11

Registration is open for funs days of adventure and friends at Summer at Waldorf School at the idyllic site of Moraine Farm, conveniently located off Cabot Street.

Waldorfmoraine.org/summer-camp/

#### Y.M.C.A of the North Shore

Beverly, Essex, and Gloucester, Mass.

Day Camp/Ages 4 - 11

Three camps gives families all the options they need for a summer of fun! Camp Dory at Centennial Grove in Essex; Camp Spindrift on Atlantic Ave. in Gloucester; and Camp Sterling Woods from the Sterling Center in Beverly. Registration is open!

Northshoreymca.org/camps/



Day Camp Age: 4 - 13 Beverly, MA

Drama
Arts & Crafts
Plant & Bird IDing
World Games
Science Experiments
Magic
Woodcrafts
Yoga

Come enjoy your summer at Camp Moraine!



Scan here to learn more!



Does your child struggle with DYSLEXIA

or another language-based

learning disability?

Elementary•Middle School Program
JULY 1-AUGUST 2, 2024
Grades 2-7

**High School Program**JULY 8 - AUGUST 2, 2024
Grades 8-12

Both programs offer a **one-to-one daily tutorial** and challenging academics, all in a small, low-pressure environment.

Does your child struggle with **EXECUTIVE FUNCTION** 

**SKILLS?** 

Skills+ Study Skills Workshop
JULY 22 - AUGUST 2, 2024

HALF DAY PROGRAM
For students in traditional middle and high schools

Get your academic edge this summer with skills and strategies to get and **stay organized, manage time, gain focus,** and so much more.

landmarkschool.org/summer





Summer at Brookwood invites the greater community to register for camp!
With Day Camp and Specialty Camp offerings, formatted in half-day, full-day, and extended day schedules, we've got something for everyone, from 3-year-olds to rising 9th graders.

Join us, and summer better at Brookwood!

Inquiries / Questions: summer@brookwood.edu.

brookwood.edu



## **Let Your Summer of Fun Begin!**





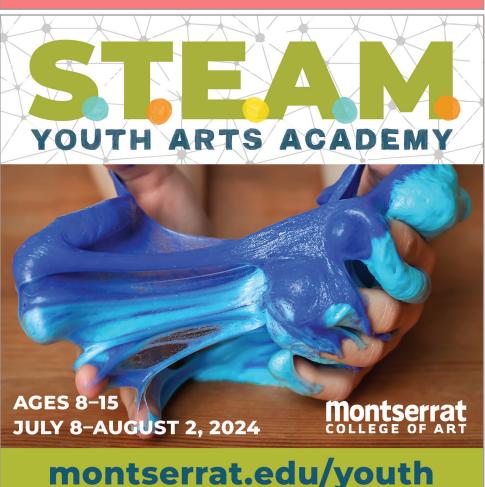
Camp Whirlygig fosters fun, friendship, and curiosity!
Half Day & Full Day Options | Ages 4 - 10 | Enrolling Now
wenhammuseum.org/camp



WENHAM



Camp Whirlygig is offered at the Wenham Museum in partnership with the Wenham Village Improvement Society.



BEVERLY, MA | METRO BOSTON





CROSSWORD

14

72

CALL CONSUMER CELLULAR

## **Puzzle**

#### ACROSS

- 1. Anti-seniors sentiment
- 6. \_\_\_ PÈrignon, Champagne
- 13. Prefix for earliest

- 17. "Le \_\_\_ des cygnes"
- 19. \*Greta Gerwig's Oscar nominated movie

- 25. Federal food safety agency, acr.
- 28. It ran away with the spoon
- 30. ROTC happenings
- 39. Arrogant one
- 41. PassÈ
- 43. Scrubbed
- 44. Sugarcoating
- 47. What DJs do
- 48. Trickery
- 50. Swerves
- 53. \*Typical number of nominations

- 60. \*What kind of moon?
- 63. "Finnegan's Wake" author
- 64. Mother load offering
- 66. Java cotton tree
- 68. Artemis' companion
- 69. Fat of olives
- 70. \*What actors do
- 71. Spinner's product
- 73. Like Phoenix
- **DOWN**

## THEME: THE OSCARS

- 9. Big Bang's original matter
- 14. Call to Maria
- 15. Bob and
- 16. "Peter, Peter Pumpkin"
- 18. Like yesteryear
- 21. \*He's nominated for playing Leonard Bernstein
- 23. Nothing
- 24. White \_\_\_ shopping event

- 35. Figure skating jump
- 37. Grad
- 40. Archaic preposition
- 46. Money in Mexico City

- 52. Sigma Alpha Epsilon
- in one Oscar category
- 55. Emergency responder, acr.
- 57. \*"Nyad" nominee

- 7. Spermatozoa counterparts 8. Muhammad's birthplace 72. Wisecrack
  - 9. Review service, with .com
  - 10. Use a ladle

© StatePoint Media

5. Death-related

2. Snap up

1. Cornelius of the movies

3. 'I' in Greek alphabet

4. Howard of radio fame

6. One of the Earnhardts

11. At any time

Sudoku



© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## Solutions on Page 11

- 32. Shoelace bunny ears 33. Divine saying
- 34. \*Producer and star of "Poor Things"
- 36. \*"The \_\_ of Interest"
- 38. Table hill 42. Wooden pin
- 45. \*Like nominated ones 49. Love-love, e.g.
- 51. Meat-cooking contraption 54. Roaring of an engine
- 56. Hindu religious teacher
- 57. Forum, pl. 58. Deed hearing
- 59. Medical diagnostic test
- 60. Abe Lincoln's hat material 61. #20 Down, e.g.
- 62. Traditional learning method
- 63. \*Da'Vine \_\_\_ Randolph 65. Orinoco or Grande
- 67. \*Ryan Gosling's character

## Religious Notes

#### **Cornerstone Church**

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www. CornerstoneNorthShore.org. If you have any special needs or concerns, please let us know! We're here to serve!

## Visitation Parish - Mass Sched-

The Visitation Parish Mass Sched-

Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our Youtube as well as www.mecatholic.org

Sunday Mass - 8:30 a.m.

St. John the Baptist Church - Sat-

urday Vigil Mass - 5 p.m.

Sunday Mass - 10 a.m.

Please go to our website: www. mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

## The Assumption of the Virgin

Mary Greek Orthodox Church 8 Lafayette Road,

Ipswich Mass.

Church services, with Father Christopher Kolentas, are held each Sun-

Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

First Parish Church

First Parish Church Manchester by the Sea -- join us for a moving message, beautiful music and community at the center of town, 10 a.m. Sundays 10 Central St and streamed on Facebook, FirstParishChurch-ManchesterMa.

Off First Month of New Service!

SE PROMO CODE: GZ590

Consumer

12. \*"No Country for Old \_\_\_" multi

22. "Just an \_\_\_-fashioned love song"

26. "A Confederacy of \_\_\_," sing.

888-804-0913

Oscar winner

24. Slumber

20. Trojan War story

25. Fl., as in fl. oz.

29. Dueler's strike

27. Place above a ceiling

31. Overnight lodgings

15. Suitors

Worship Leader, Rev. Katherine Schofield with music led by Dr. Herman Weiss, and the First Parish Choir. Sunday school 10 a.m. led by Jeanne Westcott.

We invite everyone to join us for hospitality following the service.

Monday Friends of the COA Senior Drop in 10 a.m. -12 Noon.

Lenten Study Group 5 p.m. via

Zoom Five Spiritual Disciplines That

Draw Us Closer to God Tuesday, COA Luncheon

Wednesday Vespers 6:30 p.m. in the Sanctuary

Choir rehearsal 7:30 p.m. Bible Study, Via Zoom 4 p.m.

For Zoom programs join in with

computer, smart device or dial in on a phone - email office.fpchurch@ gmail.com or call 978-526-7661 for the link

Also available a weekly at-home devotional: "Wendell Berry and the Sabbath Poetry of Lent"

Our youth fellowship will host an intergenerational Kindness Rock Workshop, free and open to all, Sunday evening, March 3, 6:30 7:30 p.m., in the Chapel Community Hall.

### St. John's Church Worship:

Every Sunday we hold services at 8 a.m. and 10 a.m. Child care is available during the 10 a.m. service. This Sunday we will have a guest speaker discussing Electric Transportation following the 10 a.m. service.

## **Quaker Meeting**

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather together quietly, awaiting the experience of God's presence.

People in our community hail from the traditional tribal lands of the Pawtucket and Massachusetts now called Manchester, Gloucester, Beverly, Ipswich, Rockport, Salem, Lynn and Marblehead. Whether you have worshiped in other Quaker (Friends) Meetings or not, we welcome you to join us. If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@ gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urguhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To

## Senior Highlights

There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please

## call 978-526-7500. **Calling Walmart**

Now here's a necessary trip. On Friday, February 23rd, the Manchester Council on Aging van will be going to Walmart in Danvers. The van will start picking up seniors around 10

## It's Lunch of the Month

Time on Feb 27th Want a delicious comfort food lunch? Well, on Tuesday, February 27th the COA will be hosting one at the Congregational Chapel at 12 p.m. Catered by Henry's the menu includes chicken pot pie, mashed potatoes, bread & butter, beverage, and dessert. Cost is \$10/person and open to the first 40 who sign

up. Reservations and prepayment are necessary by February 22, and transportation will be available.

## **Davis Museum at Wellesley**

College The Manchester Council on Aging is pleased to offer a trip to the Davis Museum at Wellesley College on Wednesday February 28th. The Davis has recently reopened after a yearlong renovation. The Davis is home to distinguished permanent collections from around the globe; holdings include paintings, sculptures, works on paper, photographs, and decorative objects, from antiquity to the contemporary moment. The Council on Aging van will begin to pick up at 10 a.m. Museum admission is free. You are welcome to have lunch at the Collins Café across from

the museum (at your cost.) Farmer Brown's Farm

On Friday, March 8th, the Manchester COA is pleased to offer a trip to Farmer Brown's Farm Stand in Middleton. The store offers reasonable prices without sacrificing quality. Farmer Brown's is committed to stocking and serving food from the best local vendors along with an assortment of fine imported products. The van will start picking up seniors at 11 a.m.

**Ninety-Nine Restaurant** On Friday, March 15th, the Manchester COA is offering a trip to the Ninety-Nine Restaurant. Enjoy a wide variety of American fare at reasonable prices. There is something for everyone. Corn Beef and cabbage should be on the menu for St. Patrick's Day. The van will start picking up seniors around 11 a.m.

#### Rose Art Museum and Lunch

The Manchester COA is pleased to offer a trip to the Rose Art Museum at Brandeis

22nd. The permanent collection at the Rose Art Museum



University on Friday March

is internationally recognized for its quality and comprehensiveness. The collection numbers more than 8,000 objects and is particularly strong in American art of the 1960's and 1970's. Afterwards we'll enjoy lunch at the

pick up at 10 a.m. The Museum is free of charge and lunch is on your own.

## **COA to Walmart**

On Friday, March 29th, the Manchester COA van will be going to Walmart in Danvers. The van will start picking up seniors around 10 a.m.



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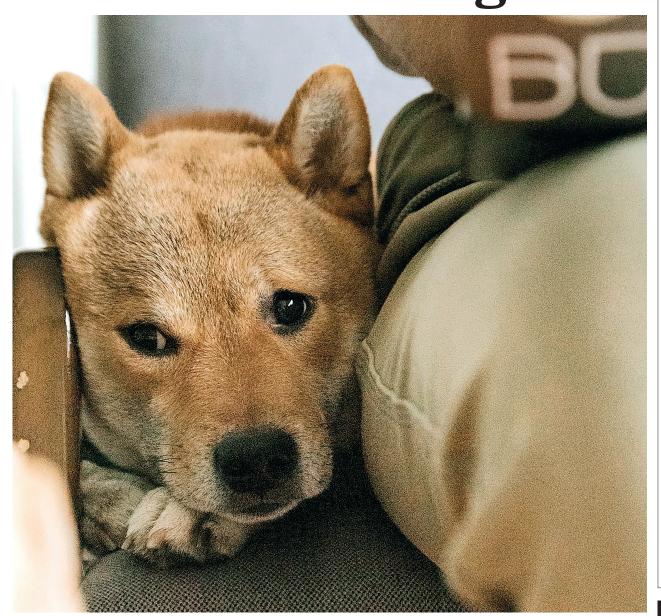
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## The Reasons for Bad Odors in Dogs



By Lawrence Lamb, DVM

ne of the most pleasurable aspects of dog ownership is the physical relationship we share with them. This aspect of a companion animal ownership is a very healthy part of having a pet, as we humans need to touch and be touched in much the same way our pets do. If there is one aspect of this bond that interferes with this, it is simply bad dog odor.

In my practice at the Manchester Animal Hospital, the number one cause of bad odor is termed "bad breath." In fact, that smell usually emanates from the teeth and gums, also known as gingiva. The medical term is periodontal disease, and it occurs when tarter builds in the mouth and eventually causes an infection to arise under the gums. The bacteria under gums affect the overall health of the mouth and eventually leads to the

loss of teeth. Fortunately, this condition is corrected by veterinary care. In the hospital, the dog is placed under anesthesia and the teeth are cleaned with a combination of dental tools and with an ultrasonic scaler that can remove tarter that has built up under the gums... x-rays are taken of the teeth to examine the health of the teeth under the gum line and appropriate treatment consists of extracting teeth that are diseased beyond the point of medical treatment such as antibiotics.

There are other medical conditions which interfere with the pleasure of cuddling on the couch. Several medical conditions can cause breath to be unpleasant. One is kidney disease; another would be infections or cancer in the lungs. Urinary tract infections can cause incontinence and as a result, urine remaining on a pet's fur. This will create a very unpleasant odor also.

Dog owners often complain about their dog's odor. It is important to recognize that dog odors have many sources, both natural and un-natural.

#### **A Little About Natural Dog Odors**

Dogs naturally produce secretions that enable other dogs to recognize them by smell as dogs and as individuals. Unfortunately, people do not always appreciate these odors! Natural dog odors are most prominent near the anus, near the ears,

and around the footpads. Skin Glands: Dogs do not produce sweat to cool off. However, dogs do have sweat glands, called apocrine glands, associated with each group of hairs. Apocrine glands likely produce pheromones, or chemical signals, for communication with other dogs.

Dogs also have another type of sweat glands, called eccrine glands, on the pads of their paws and on their noses, which help keep these areas moist and functioning properly.

On the paw pads, natural micro-organisms live in the surface layers and contribute to the paw's typical odor - like cheese puff snacks or Fritos! This odor is much more noticeable on dogs with moist paw pads than on those with dry pads.

Dogs also have numerous glands, called ceruminous glands and sebaceous glands, in their external ear canals. Together these two sets of glands produce natural ear wax, or cerumen. Micro-organisms live naturally in this material and give the ears a slightly yeasty odor even when ears may be healthy.

Dogs, like all carnivores, have two scent glands called anal sacs that communicate with the surface of the skin by ducts that open on either side of the anus. They produce a natural secretion that varies from thin and yellowish to pasty and grayish. Anal gland secretions may have a very strong musty odor. A small amount of this material is normally deposited when dogs defecate, and a large amount may be extruded when a dog is frightened. This secretion is thought to leave a signal to other dogs telling them who left fecal deposit. This odor is also the signal being sampled when strange dogs investigate one another by sniffing out the anal area.

Another source of odor that can be considered natural results from a common dog behavior. Dogs like to roll in and mark themselves with animal products in their environment, including fecal deposits of natural prey animals. One of their favorites is rabbit droppings. This might be a method of communicating with pack members about the other animals that are active in the pack home territory, a behavior left over from ancestor wolves.

#### **Un-natural Sources of Odor on Pet Dogs**

**grooming:** Some dogs, especially those with long, thick or corded hair, need regular grooming. A coat that is not kept clean and groomed can trap dirt and other substances with unpleasant odors. If a dog's haircoat is chronically wet, it can harbor lots of bacteria and yeast.

Skin diseases: Dogs with allergies (allergic dermatitis, atopic dermatitis) may have a musty odor. This is because allergies can cause increased sweating (hyperhidrosis), bacterial skin infections (bacterial dermatitis or pyoderma) and yeast skin infections (Malassezia dermatitis). Dogs with seborrhea, a type of keratinization defect, and dogs with deep skin folds are also prone to bacterial and yeast skin infections.

Ear diseases: Ear infections, or otitis are a common source of odor in dogs. The smell can be yeasty or actually smell like sewage.

Anal sac diseases: Excessive anal gland secretion can result in a musty, pungent odor. Anal sacs can also become abscessed or infected. with bacteria or yeast organisms then producing an

**Dental disease:** Various dental diseases can cause bad breath, or halitosis. Dental calculus harbors numerous bacteria that produce odor. Dental disease can also lead to excessive drooling, causing the skin around the mouth to become infected and odiferous.

Medications: Some medications, especially antibiotics or medicated shampoos, have odors that owners may find unpleasant. Chlorhexidine is a common disinfectant incorporated in skin medications that some people find has an unpleasant

Diet: Some dog foods based on fish meal or with added fish oil can make for fishysmelling dogs.

Flatulence: Yes, the overproduction of intestinal gas can be a problem for some dogs. This may be diet-related or a sign of gastrointestinal disease.

Skunks: Dogs and skunks don't mix well and a dog may be sprayed in the encounter. This results in an over-powering musky acrid odor that remains apparent in the "skunked" dog's coat for many days or even weeks until steps are taken to neutralize the odor.

The bottom line when it comes to pet odors? A visit to your veterinarian will diagnose where an odor comes from, he or she will resolve the bad odor you are experi-



Dr. Lamb is the Veterinarian at the Manchester Animal Hospital.

Solution to puzzles on page 10

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In the depth of winter, I finally learned that within me there lay an invincible summer.

~ Albert Camus -

### **LEGAL NOTICE**



Town of Manchester-by-the-Sea CONSERVATION COMMISSION Town Hall, 10 Central Street, Manchester-by-the-Sea, MA 01944-1399

Public Hearing Notice to be Published on or before 2/23/24

Town of Manchester requests the General Wetlands Bylaw. Commission make a decision regarding a Notice of Intent for construction of a floating dock system within the Land Under February 23, 2024 MC

the Ocean and Land Containing Shellfish at 0 Beach Street (map 16, lot 34)

This request will be discussed at a VIRTUAL meeting Tuesday, March 5 at 6:30 p.m. and will be reviewed under the Massachusetts Wetlands Protection Act (MGL Chapter 131, Section 40) and/or the Manchester

Posted to MNPA website: http://masspublicnotices.org.

## **LEGAL NOTICE**



Town of Manchester-by-the-Sea CONSERVATION COMMISSION Town Hall, 10 Central Street, Manchester-by-the-Sea, MA 01944-1399

Public Hearing Notice to be Published on or before 2/23/24 Town of Manchester requests the Commission make a decision General Wetlands Bylaw. regarding a Notice of Intent for 2/23 replacement of a water service and installation of a sewer service within the 200-ft Riverfront Area, and within the 100-foot, 50-foot No February 23, 2024 MC Build Zone, and 30-foot No Disturb

Zone Buffers to BVW and Inland Bank on Mill and Forest Streets (map 37, lot 65)

This request will be discussed at a VIRTUAL meeting Tuesday, March 5 at 6:30 p.m. and will be reviewed under the Massachusetts Wetlands Protection Act (MGL Chapter 131, Section 40) and/or the Manchester

> Posted to MNPA website: http://masspublicnotices.org.





Town of Manchester-by-the-Sea PLANNING BOAD Town Hall, 10 Central Street, Manchester-by-the-Sea, MA 01944-1399

NOTICE OF PUBLIC HEARING The Planning Board of the Town of Assessor's Map 37, Lot No. 7 and Manchester-by-the-Sea will hold a 8, in the LCD Zoning District filed Public Hearing on Monday, March with the Town Clerk on January

11, 2024, at 7:00 p.m. Room 5, Town Hall. Applicants, meeting. Presenters, and Public are welcome to join the Board in Room 5.

New Application Application of Old Quarry, LLC (c/o Mark B. Glovsky), for Special Permit and Site Plan Review as required under Section 4.2.D.19 and February 23, 2024 MC Sections 12.5 and 12.6 of the Zoning

By-Law to construct a 260,000 square foot Office and Research and Development facility, with a parking garage and surface parking totaling 535 spaces, and other associated site improvements on a 41.4 +/acre parcel located at Atwater Ave.

18, 2024. Location: This is a Hybrid meeting. Zoom information will be available The Planning Board will meet in on the Town website prior to the

Gail Hunter, Administrator Planning Board

Posted to MNPA website: http://masspublicnotices.org.





## The North Shore's Premier Real Estate Agency



#### **GLOUCESTER**

### \$4,900,000 | Ann Olivo & Rick Marshall

Miles of ocean views, direct Plum Cove Beach access, mooring, huge paver patio top long list of highlights in custom 4-bedroom, 4.5-bath, 2016 stunner. Heated garage, generator, geothermal heat.



#### \$689,000 | Andrea Osbon

Lovely well-maintained 60's Ranch has 4-season custom sunroom, renovated granite/stainless kitchen, 3 beds. Wheelchair accessible throughout, whole house generator, new foundation. 2-car garage.



#### \$655,000 | Felicia Trupiano

Artfully designed 2-story, 2-bedroom, 1.5-bath condo. White-quartz-stainless kitchen. High ceilings, restored floors in living and dining rooms. Office, 2-car parking. Near beaches, downtown



\$874,900 | Alle Cutler & Ed Dick

Scoop up the last unit at Farm Village! MAYAPPLE. 3-bedroom, 2.5-bath 2,500 sf attached townhome with 1st floor main suite, loft, additional flex space, 2-car garage. This unit is available now!



#### \$795,000 | Jackelyn Enslow

Beachfront condo unit with two bedrooms, one bath and separate studio space. Modern finishes and amenities, plus rental opportunity. Spend time on Long Beach – the North Shore's best beach getaway.



#### \$525,000 | Fabyan & Filias Team

Unique opportunity to build your dream home on 6.18-acre private, hillside lot near downtown and Singing Beach. Engineering for 5-bedroom septic system and shared driveway approved. 1 of 2 lots.

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# MANCHESTER-BY-THE-SEA





#### 146 Hesperus Ave Magnolia | \$1,350,000

Impeccable 3 BR, 3 BA home with ocean views over Strawberry Cove from almost every room. Refreshing light through the oversized double sliders that welcome you to the large deck off the living room, watch the schooners and the storms safely in front of your cozy fireplace.

Lisa Ramos | Realtor 978-290-3005



#### 1 Beacon Hill Gloucester | \$1,550,000

Impressive ocean views from this Nantucket shingle saltbox in East Gloucester, set on 4.49 acres. 3DB, 2BD main house, carriage house.

Scott Smith | Realtor 617-750-2793



#### **6 Lattof Farm Circle** Rockport | \$1,495,000

Impeccable Colonial on private cul-de-sac in Rockport. 4-5 beds/3.5 baths. Impressive great room, great fenced yard and 2 car garage.

Scott Smith | Realtor 617-750-2793



#### 12 Pleasant St Rockport | \$699,000

Charming 2 BR home, 1.5 baths on a quaint st near the heartbeat of downtown Rockport. Artist Loft. Fireplace, walk out basement and gardens.

Mary Matthews | Realtor 978-317-1079

Mary Francis | Realtor 978-985-3035



#### 33 Way Road Gloucester | \$3,895,000

Stunning East Gloucester estate with impressive ocean views. Carriage, barn, and paddocks on 28+ acres.

Scott Smith | Realtor 617-750-2793





#### 184 Western Ave Essex | \$1,989,000

Stunning new construction with sophisticated flair throughout 3 sunfilled levels. Boasts 6 bedrooms & 3 full baths. Grand 2-story light-filled family room with dramatic fireplace leads to expansive outdoor stone patio. Thoughtful floor plan with stylish chefs' kitchen & designer finishes, quartz waterfall island, gas cooktop and stainless-steel appliances—all ideal for entertaining.

Michelle Mineo | Realtor 978-471-9178