

MANCHESTER CRICKET

A Local Tradition Since 1888

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BRIEFLY

MBTS Harbor Management Plan Learning Session Tuesday, March 19

Manchester is in the process of developing a Harbor Management Plan, which will envision and then organize a use and rules guide for public and private decision-making for the harbor and its waterfront. The process has several opportunities for public input, including this coming Tuesday, March 19 from 7 to 8:30 p.m. at the Manchester Essex Regional Middle High School. Come down and learn what it's all about.

2024 Singing Beach Walk-On Tags on Sale April 1

This summer's walk-on badges to access Singing Beach will go on sale for residents on April 1 online at mbtsrec.com or in the MBTS Parks and Recreation Office on Tuesdays and Thursdays. The tags will be sold at a discounted rate of \$25 through April 30 for you early birds. After April, they will only be sold at the beach during regular operating hours starting Memorial Day weekend. In other Parks & Rec news, Summer Playground Registration is open and the Field Hockey Program and Miss Nancy's Summer Fun are also taking registrations. Sign up early to guarantee your spot!.

Last Call! St. Patty's Day at the Legion ...

The ME Rotary's annual St. Patrick's Day Dinner, 5:50 to 10 p.m. Saturday, March 16 at the MBTS American Legion Hall in featuring a corned beef dinner and Irish music from The Erstwhiles and the Creaganmore Pipes and Drums. \$30 ticket gets you dinner, music and Irish step dancing. Cash bar, and if you're just up for the music, you can get into the Legion for just \$10.

... And Cape Ann Symphony Concert Saturday

One of greater Cape Ann's local treasures is the Cape Ann Symphony, which gives locals access to great classical music programming without having to schlep to Boston for it. This weekend the organization's 72nd season continues with, "Known (and Unknown) Greats," featuring world renowned pianist Janice Weber on Sunday, March 17 starting at 2 pm at Manchester-Essex High School auditorium on Lincoln Street. Tickets and info at capeannsymphony.org.



THE WORKDAY BEGINS, Wednesday, 6:40 a.m., Conomo Point

A lone truck and skiff settled in for the view at the beachfront on Conomo Point in Essex. With Daylight Savings kicking in last Sunday, the days are getting longer and, come the official start of Spring later this month, the morning light will spill out earlier and earlier. Photo: Erika Brown

Downtown Disruption vs. Large LCD Projects

MBTA Task Force debated options to control density while a forum opposing the law featuring PB Member Christina Delisio.

By Jeff Pope

When the Manchester-By-The-Sea MBTA Zoning Task Force meets with the Planning Board next month, they hope to present one definite area along with several alternative areas that can be part of the new MBTA multi-family overlay district.

The town is required by state law to create new zoning for at least 37 acres, including 14.8 acres within a half mile of the train station on Summer Street. The new zoning would allow by right an average of 15 units per acre.

Last year, the Planning Board moved to create the Task Force comprised of members of the PB, Historic District Commission, Zoning Board of Appeals, Finance Committee and at-large citizens to comply with the mandate by studying Manchester's existing zoning and recommending practical options to bring to voters



MBTA Task Force members Sarah Mellish, Susan Philbrick and Chris Olney look over a map of downtown Manchester, debating exactly what areas might be included in the MBTA zoning overlay district, during Thursday, March 7's meeting. Photo: Jeff Pope

by the state's deadline at the end of 2024.

Down to Brass Tacks: Task Force Weighs Options for Controlling Density

At a meeting last Thursday, Task Force Chairman Chris Olney said he felt the board had two options, with either the majority of the new zoning in downtown or in the Limited Commercial District.

"The first would put quite a bit of this development out in the LCD, because it is not going to have any dramatic impact on the downtown," said Olney. "But it is going to generate a lot of housing units. The alternative ... is to concentrate as much in the

downtown as we can, which reduces the new additional units, ... but it's going to have an impact on a greater part of the downtown."

The area the Task Force has identified as proper for the new zoning stretches from Newport Park, down lower Pine Street, across Morse Court and Elm Street to Powder House Lane. It does not include any lots on Central Street or in the Historic District. This area amounts to 20 acres.

"We identified an area of 20-plus acres in the (train station) circle area, which relieved us of the necessity of including a 20-acre parcel in the LCD," said Task Force member Richard Smith, at their meeting on

"larger size of developments in the LCD."

Essentially the Task Force could include more acres in the half mile circle, which could disrupt existing neighborhoods with small developments, but limit the impact on the LCD, or it could allow a large number of acres in the LCD, potentially creating much larger multi-family housing projects, but limiting the impact on the downtown area.

Smith called it "a tough consideration."

Two areas were suggested as possible additions to the MBTA Zoning within the half-mile circle of the train station. One area would start at the gas station at the corner of Beach and Summer streets, include the apartment complex at 10-12 Summer St., and possibly a couple of lots on the same side of Summer Street before it jumped across Summer Street to include a couple of lots along Sea Street, cross the railroad tracks and end at the empty lot at the corner of Sea and Tappan streets. Smith said that group of lots, which would ... (Continued on page 5)

March 7.

The Task Force had been looking at two parcels in the Limited Commercial District, which is north of Route 128 - the medical center on School Street (about 13 acres) and the Manchester Athletic Club on Atwater Avenue (about 10 acres).

Since the combination of the two parcels would put them over the needed number of acres, Task Force member Ann Harrison suggested they consider only one of those lots and two smaller parcels on Beaver Dam Road

"The question is how much acreage do we want in the LCD versus downtown," said Harrison.

That seemed to be a key question of the meeting. Smith had described the geographic debate as "a push-pull between development in the inner district, which risks existing neighborhoods," as opposed to

Weekly Weather Chart

Saturday 16 March		43°	38°
Sunday 17 March		49°	37°
Monday 18 March		51°	34°
Tuesday 19 March		47°	30°
Wednesday 20 March		42°	31°
Thursday 21 March		43°	34°
Friday 22 March		46°	38°

Weather data pulled Wednesday and is subject to change.

An Early Look at the Annual Town Meeting

By Gregory T. Federspiel

Our Annual Town Meeting is still a ways off - this year scheduled for Wednesday, April 24, but some of the special issues that voters will be asked to decide are taking shape. The operating budgets are close to being finalized, with most requests being straightforward. Many of the capital requests are also typical. However, there are a handful of special items about which voters will want to become educated to make informed decisions. A brief introduction here to these items will set the stage for more detailed information in the weeks leading up to the Annual Town Meeting, including public forums dedicated to each topic.

The private entity that has been operating a launch service for mooring holders in the harbor has decided not to continue the service and has offered to sell the launch boats at a discount to the



Town to operate the service. The Harbormaster feels that it is important to continue the operations, and, with the help of Finance Committee member Peter Twining and Select Board member Cathy Bilotta, he has crafted a new business plan for the Town to assume responsibility for the service. The plan calls for the operations to be self-supporting through the subscription fees that users of the system will pay. If the service goes

forward, the Harbormaster Department will initiate a registration process later this spring. Anyone who signs up will be refunded the annual fee if the launch service does not go forward.

After many different attempts to secure a senior center for the community, a plan is coming together whereby the Town could acquire a portion of the existing Mason's Building. The Masons would continue to own

a portion with some shared space. The proposal calls for adding onto the building using funds raised privately. This new facility will provide space for seniors and an array of programming for them, including the option for daily lunches out of the commercial kitchen that the space includes. The priority for use of the spaces, which will be under the management of the Council on Aging, will be for seniors, but when not used for these purposes, it will also provide much-needed meeting space for town committees. The initial acquisition cost will be \$1,000,000, with another \$2,000,000 in donated funds needed for the expansion/renovations.

Voters will also be asked to approve new bonds to pay for several water and sewer projects. Figures are being finalized regarding how much to borrow and how much cash on hand to use.

... (Continued on page 3)



Gavel to Gavel
This Week's Town Meetings

Manchester Town Hall is Open to the Public. Public hours are 9 a.m. - 4:45 p.m. Monday through

Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m. - 3:30 p.m.

MERSD
SC Meeting
Tuesday, March 19
6 - 8 p.m.

MBTS
Harbor Management Task Force
Tuesday, March 19
7 p.m.

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Obituaries

Following a long-standing tradition, The Cricket publishes obituaries as a public service for our readers. If an obituary cannot be published in time for a service, we will post the notice to our website and Facebook page (facebook.com/TheManchesterCricket).

Elizabeth Armstrong Cheswick Garcia



October 11, 1947 - March 1, 2024

Elizabeth Armstrong Cheswick Garcia, born in Lowell, Massachusetts on October 11, 1947, died peacefully at her home in Prides Crossing on March 1, 2024, surrounded by her loving family and husband of 52 years, Adolfo Ramon Garcia.

She is survived by her husband, Adolfo; her brother, Michael John Ensor of Gloucester; her son, Andrew Armstrong Garcia and daughter-in-law, Anne Trainer Garcia, and grandchildren, Adolfo Davis Garcia and Frances Armstrong Garcia, of Stanfordsville, New York; her daughter, Laurence Elizabeth de Armada Garcia, and grandson, John Armstrong Garcia Roosevelt of Prides Crossing. She was predeceased by her beloved mother, Helen Armstrong Ensor, and sister, Nancy Hackett Ensor Smith. She is also survived by her cousin, Lawrence Kane and his family on Cape Cod.

Elizabeth married "Dolf" (as she nicknamed him) on July 17, 1971, with a reception at her aunt Florence's home on Marmion Way, in Rockport. Despite her many accomplishments, Elizabeth was proudest of her life-long love affair with Dolf and the affectionately referred to "unit" they created with their children, Andrew and "Lacy", daughter-in-law, Anne; grandchildren, "Addy", Frances, and "Little John"; and her brother Michael, her best friend since birth.

Elizabeth graduated from Lasell Junior College and completed the Executive Training program at the Jordan Marsh Company in Boston in 1969. She held several Executive Management positions in the retail space in Boston and Washington, D.C., which supported her and Dolf as he attended Georgetown Law School, before relocating to New York City, where she chose to stay home to focus on raising her two young children. Dolf referred to her as the Chairman, CEO, and Majority vote of the Garcia Family Corporation from that time forward.

Elizabeth was a self-taught and accomplished artist, interior decorator, and antique collector through her company, Cheswick Antiques Ltd., through which she operated a store in Prides Crossing. She had a uniquely creative mind and true talent for making things beautiful.

Elizabeth loved to spend time in the gardens of her cherished Westhollow, October Hill, Turtle Walk, and Caleb's Meadow. She was a well-respected horticulturist, award-winning gardener, and flower arranger. Elizabeth served as the Chairman of the Garden Club of America Boston Committee, where she was instrumental in creating an annual appreciation award. A GCA Accredited Flower Design Judge, she travelled to Philadelphia, Atlanta, and across the country, judging shows. Elizabeth was a member of the Northshore Garden Club and Garden Club of Palm Beach, served on the Board of the Massachusetts Horticultural Society, and was an active member of the Society of the Four Arts in Palm Beach. Elizabeth also co-founded and ran a Children's Dancing School with two close friends.

Elizabeth was a beloved member of the Beverly Farms community, and the Palm Beach community later

in her lifetime. She served on the vestry at St. John's Church in Beverly Farms and was an active member at Bethesda-by-the Sea in Palm Beach. She was a sailor, tennis player, golfer, and skier before her illness. She loved to be active and socialize with friends and was a member of The Singing Beach Club, Essex County Club, Manchester Yacht Club, Vincent Club, and Everglades Club in Palm Beach. Elizabeth also loved dogs, including Rusty, Archibald, Holly, Cheswick and Rufus; and her grand-dogs, Boaz, Ruth and Oscar.

Elizabeth survived a 21-year battle with stage 4 metastatic breast cancer. Known by all as a force of nature, and a living legend, it is fitting that she passed on the first day of Women's History Month.

With discernment, Elizabeth rarely met a stranger, and was beloved by all who were fortunate to count her a friend. She was greatly loved and will be dearly missed. The family has established a Memorial Fund to support Beverly Farms Gardens to continue to support those in need in her beloved community as she did throughout her time on earth.

A Memorial Service to honor and celebrate Elizabeth will be held in July. In lieu of flowers, her family asks that donations be considered in Elizabeth's honor to Beverly Farms Gardens, at www.beverly-farms-gardens.square.site which grows organic vegetables for the local community in need, including the Beverly Church Supper program. Elizabeth loved these gardens and was a passionate supporter of the Beverly Church Supper program and Beverly Bootstraps. Arrangements by Campbell Funeral Home, 525 Cabot Street, Beverly. Information, directions, condolences at www.campbellfuneral.com.



Janice V. (Carroll) Moreshead



Jul. 21, 1940 - Mar. 01, 2024

Janice Virginia Carroll Moreshead passed away on Friday, March 1, 2024, at the Woodlands Senior in Maine with her loving family at her side.

Janice was born in Beverly, Massachusetts on July 21, 1940 and spent much of her life in Manchester-by-the-Sea to be with family.

She was the middle child of Thomas Hyland and Helen (McCarthy) Carroll. She was raised in the small North Shore village of Manchester-by-the-Sea along with her sister Nancy and brother Thomas.

She spent a happy childhood learning to swim at Singing Beach, being a Brownie and Girl Scout (eventually becoming a Mariner Scout), sledding with school mates at Essex County Country Club, singing in the choir at Orthodox Congregational Church, babysitting lots of kids for 50 cents an hour the going rate in the 40's and 50's.

She graduated from Story High School in 1958 where she was a member of the National Honor Society. In the Fall of 1958, she left for Maine to attend her beloved alma mater Bates College in Lewiston. While there she met her former husband Charlie Moreshead of Portland, Maine.

Jan was a teacher and taught at Marblehead Senior High School, St. Augustine's School in Augusta and Erskine Academy.

She was a longtime avid volunteer at the Alford Center where she was also treated and survived a time with cancer. Jan was also active in

her community and Church serving on many boards.

Jan will always be remembered as a kind person as well as her love and devotion to her family, her Church, her faith and her community.

Janice is survived by her three devoted children Andrew C. Moreshead and his wife Brenda of Fayetteville, NC, Susan C. Rice and her husband William of Old Orchard Beach and Cynthia A. Mauzerall and her husband Brad J. of Boise, ID. She is also survived by her brother Thomas Carroll of Newbury, her 7 grandchildren Andrew C. Moreshead, II, Christopher Ferguson, Carrie Thomas, Chad Ferguson, Cameron Rice, Nolan Rice, Gabrielle I. Mauzerall, Ellie Marie A. Mauzerall, John David Moreshead and Anthony Moreshead. Her 6 great grandchildren and many nieces and nephews.

In addition to her parents, Jan is predeceased by her son David Scott Moreshead to whom she provided the greatest honor of donating her kidney to her beloved son to extend his life. She was also predeceased by her sister Nancy Edmonds.

A Funeral Mass was celebrated in St. Mary of the Assumption Church, 41 Western Ave, Augusta on Wednesday, March 6, 2024. Interment will be in the Spring.

In lieu of flowers donations in Jan's memory may be made to the Harold Alford Center for Cancer Care, 361 Old Belgrade Road, Augusta, Maine 04330 or by visiting https://give.mainegeneral.org/CancerCare. Arrangements are in the care of the Knowlton and Hewins Funeral Home, 1 Church Street, Augusta where memories, condolences and photos may be shared with the family on the obituary page of our website at www.khrfuneral-homes.com

Dr. John W. Feuerbach



Dr. John W. Feuerbach, of Larchmont, NY and Nantucket, passed away on March 8, 2024, at the age of 91, from complications related to pancreatic cancer. His passing was as he wanted; John was at home, peaceful, and surrounded by family and love. John always had a joyous spirit and faith, spiced with a fierce determination that guided his values of companionship, empathy, community involvement and love of family.

Born on November 18, 1932, in New York City, John grew up on 11 Rochelle Road in Larchmont, NY, where he was the youngest of four children of Hilda and Fred Feuerbach. Rochelle Road was home base for John. The neighborhood was the center of his life where he played street games and made life-long friendships. He attended Iona Prep, received his BS from Holy Cross College, and DDS from the University of Pennsylvania. From 1957 to 1959, John was stationed at MacDill Air Force Base in Tampa, Florida, achieving the rank of Captain, 306th Medical Group.

John always had his eye out for Florrie Collins who lived at 100 Beach Avenue in Larchmont. They knew each other as youngsters, and after dates, dances and proms, married on August 25, 1956. The two continued

to live their entire lives in Larchmont, where they lovingly raised a family of four. John had an active dental practice in Larchmont starting in 1960, when he had one phone, one dental chair and a great deal of hope -- as well as Florrie as typist, cleaner and decorator -- to when he issued his "Farewell Address" in 2000. Over 40 years, when thousands of patients came through his office, he knew practically every child in Westchester County.

John and family resided at 34 Pryer Lane in Larchmont for many years. It was an active hub for social gatherings with friends and neighbors, young and old. John earned the distinction of being honorary C.E.O. of the Pryer Manor Boys Club, a loose affiliation of neighborhood kids.

John's faith was strong, as was his involvement in the community. He was an elected Parish Council member at St. Augustine's Church in Larchmont, and for many years led deliveries to the Missionaries of Charity soup kitchen and shelter in the Bronx, having taken the task from his sister, Mary Lou Mannix. John was a sought after "Altar Boy" well into his senior years. The University Club and Lions Club of Larchmont were stronger through his active leadership. As General Manager of the Larchmont Saints Youth football teams, many fall Saturday mornings one could find John on the sideline at games with a rolled-up program, while Florrie was selling coffee with other football Mom's. John's local dental practice gave him the opportunity to establish deep roots in the community. He developed lasting relationships, sometimes with multiple generations within the same family.

John welcomed family schemes and ventures, such as leaving work early for half day ski trips to Sterling Forest, various hikes together, and cross-country ski treks at Bonnie Briar and Winged Foot with family. With his brother Fred as small boat captain, there are memories of hurling through rough Long Island Sound waters, the boys in the bow, finding Eaton's Neck. It was always comical seeing John pack the "Silver Bullet", the family's 22' AquaSport, to tow off the station wagon, bulging with suitcases, four children and a friend or two, and no seatbelts at the time, for the summer vacation trip to Chatham, MA.

...(Continued on page 3)

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First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to classifieds@cricketpress.com or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

FOR SALE
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WANTED
HOUSE MANAGER, MBTS—Looking for year-round part-time house manager for home in Manchester. Duties include regular house visits to check on HVAC, electrical, security, pool, etc.; light maintenance; coordinating with contractors, etc. Ideal candidate has experience with carpentry/plumbing, preference for a current MBTS police officer, firefighter, teacher. Contact mbts_housemgr@icloud.com .. TF
WANTED—Someone to sell small treasures and knick knacks on eBay or other social platforms. Call or Text 617-909-5284. ... 3/14
MBTS FIREFIGHTER/PARAMEDIC—The Town of Manchester-by-the-Sea Fire Dept. seekS highly respon-

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Question of the Week #2 Is the Task Force requiring Affordable units?

The Task Force is committed to requiring the highest percentage of affordable units allowable in any MBTA-related zoning changes it proposes. The state's guidelines allow MBTA zoning to require up to 10% affordable units. If an economic analysis determines that up to 20% could be affordable without being a deterrent to the creation of multi-family units, then the Town may mandate a requirement of up to 20% affordable units in any MBTA district. The Task Force has requested and received a proposal for such an economic analysis to justify the 20% affordability requirement. It would likely apply the 20% requirement only to projects of five or more units. The Manchester MBTA Zoning District Task Force was created by the Select and



Planning Boards to explore and prepare a recommended approach by the town to the State of Massachusetts' mandate that all communities serviced by the public commuter rail line vote on whether to create "by right" multifamily zoning, a portion of which must be within a half mile of the MBTA Commuter Rail station. Manchester voters will have to weigh in by a Town Meeting vote by the end of 2024. The Task Force will be taking on questions to answer in a regular feature in the Cricket to help readers navigate the details supporting its work.

ment Corporation, a subsidiary of Community Builders of Boston, Massachusetts, filed a suit this week against the town, asking the court to decide, among other things, the issue of who has legal right to the parcel of land off upper Pine Street known as Standpipe Hill. The Board of Health would like the people of the Town of Manchester-by-the-Sea to be aware that we now have our first confirmed case of rabies. Thanks to several concerned citizens and the Manchester police department the raccoon was apprehended in the vicinity of Forest St., and Loading Place Road.

WHAT WAS HAPPENING



90 YEARS AGO - 1934
It has been very gratifying to receive reports from many of the higher institutions of education as a result of mid-year examinations recently held. In all cases, indications are that Story High School graduates are continuing to do the same high type of work there, which they did while making scholarship honors here. Saturday night another severe snowstorm descended upon Manchester burying the town in another mantle nine inches in depth which added to that on the ground made some very formidable piles of snow to overcome.

Selectman E. Ray Kelley and Benjamin J. Stasiak were returned to office at Monday's election and former police officer, Fred Lear was elected to the third position on the board, that held formerly by retiring Selectman John Cullinane. The Manchester PTA had a very successful bake sale and wishes to thank each and every one who contributed to it. The scholarship fund has been greatly benefited greatly from this sale held at the polls on Monday.

45 YEARS AGO - 1979
Dorothy W. Rodier of 3 Hickory Hill Road has been named to the position of Chief Orthoptist at Tufts New England Medical Center in Boston. Mrs. Rodier will also serve as Administrator of the Orthoptic Training School at Tufts New England Medical Center.

75 YEARS AGO - 1949
Radio has a very important influence on most American homes and its influence is increasing. George W. Slade, of the Lowell Institute Cooperative Broadcasting Council, told a gathering of Parent-Teacher members in a talk Wednesday evening at the Price school. Lights have been installed at the Police station over each cell, making vision into the cell at night greatly facilitated. This was a definite need and is a fine improvement.

15 YEARS AGO - 2009
A Ribbon Cutting Ceremony was held on March 11th to honor the amazing mosaic gift of last year's Memorial School graduating class of 2014. It has been incorporated into a most creative and inspiring table and benches to permanently grace the school lobby. The Independent, Manchester Essex Regional High School's newspaper, recently won two awards during the 39th Annual Suffolk University Great Boston High School Newspaper Competition.

Kim Day and Eddie Field posted three-game scores of 284 and 278 respectively, to lead all the girls and boys participating in last Saturday's eighth session of the annual winter bowling program conducted under the aegis of the Manchester Athletic Association.

60 YEARS AGO - 1964
About \$9,250,000 is needed for various important projects. Among them are:

30 YEARS AGO - 1994
Standpipe Hill Development

- Upgrade equipment and processing systems at the wastewater plant (\$9 million)
- Replace existing water meters with new "smart meters" (\$1.5 million)
- Replace/reline old water mains on Pleasant Street, etc. (\$2.0 million)
- PFAS filtration engineering and testing (\$1.85 million)

- we just received word of a \$950,000 federal award through US Representative Seth Moulton's Office. It has been a while since we have relied on borrowed funds for capital projects. Given the needs we are facing we are entering a new period of needing to borrow for capital projects.

pay a third, and then of the remaining 2/3rds, Manchester would pay 66% - likely in the \$650,000 range. The District is in the process of determining how much a new feasibility study will cost and will have numbers ready for the Annual Town Meeting. It takes a few years to go through the entire process, from feasibility to final construction. In this case, stretching out the time until the first debt payments are due can be helpful as by the early 2030s the high school debt will be fully retired as well as other liabilities.

The School District has been invited into the state's school construction assistance program for the Essex Elementary School, the third and last major building project for the District. The process starts with a feasibility study to explore the various options (renovate, build new on or off-site, or consolidate.)

More is to come in the weeks ahead on these and other articles that will be presented to voters at the Annual Town Meeting.

Similar to how the feasibility study for Memorial was paid for, the district would



BOARD UPDATES

Select Board: The Select Board will meet on Monday, March 18 at 6:30 p.m. Meeting details can be found on the Town website.

Last call to order a rain barrel! Order by March 24. Fifty percent off the first barrel. Order at greatamericanrainbarrell.com/community/.

6. The cost is \$25 per car. Detailed information can be found on the Town website.

Harbor Management Plan Public Forum: Join the Harbor Management Task Force for a public forum on Tuesday, March 19 from 7 to 8:30 p.m. at the MERSD High School. Learn the planning process, ask questions, and provide comments.

Dog License Renewals: Register your dog by March 31 to avoid a late fee. Details and online payment instructions can be found on the Town website.

Annual Town Meeting: Save the date! The Annual Town Meeting will be held on Wednesday, April 24 at 6:30 p.m. at Memorial School.

MBTA Zoning Task Force: The Task Force will meet on Thursday, March 21 at 6:30 p.m. Meeting details can be found on the Town website.

Nomination Papers: Run for elected office! Nomination papers are available at the Town Clerks office. Papers and signatures are due April 2. See the Town website for more information.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Transfer Station is open on Wednesdays from 7:30 a.m. to 3 p.m. and Saturdays from 10 a.m. to 3 p.m.

Household Hazardous Waste Day: The Board of Health will host a Hazardous Waste Day on Saturday, April

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...(Continued from page 2)

His various contortions on the golf course are vivid and legendary, as were his attempts to skate at Red Bridge, and being an overzealous slalom water skier after watching young hot shots, only to fall and rupture various ribs. John's local practice afforded him time to come home for a daily lunch, and his ventures in the kitchen are storybook. Smoke still remains from his fried cheeseburger, followed by a quick read of the NY Times, his classic catnap causing his head to hit the table, and him emerging saying, "Gotta run, I have a two o'clock patient".

open net by a Ranger. That same passion extended to the support of his children's and grandchildren's sporting endeavors. John frequently rushed out of his office and never missed an opportunity to be at an event, even driving to Massachusetts to be there for his grandchildren's games. He supported local sports, with a gusto for Mamaroneck Hockey, and was a devoted alumnus for Holy Cross athletics.

John's impact on his family was staggering. His greatest joy was passing along love, and deeply engaging with each of his children, grandchildren and extended family. Later in life, as the children married, he cast a wider net of love to encompass his son and daughter in-laws, and his nine cherished grandchildren. John was predeceased by his sisters Hildegard (Crimmins), Mary Lou (Mannix) and brother Fred. The recent passings of Mary Lou and Fred, as well as dear nieces and nephews, were profoundly sad events felt by him and the greater Feuerbach family. It was with much sorrow that his deeply loved son, Peter, passed away suddenly in 2013.

John loved and excelled at many sports, but swimming was his specialty. At every level of competitive swimming, he was outstanding, from local beaches and pools to awards at Iona and Holy Cross. His 1948 Iona Relay team won the gold at the Catholic Nationals. His dedication and love of the sport led to him coaching local youth at Bonnie Briar. John went on to officiate swim meets at the "Counties" at Playland, and was a Board member of the Westchester County Swimming Association.

When John and Florrie traveled, they returned to places they loved, including Italy, where they developed a 2nd family in Fiano, to St. Maarten, Stratton Mtn., Basin Harbor, and Chatham, a cherished summer location. Nantucket, however, was a treasure for both John and Florrie, and the family gathering spot since 1980. He valued the tranquility and natural beauty of the island, fall walks through the moors with Florrie, tending to the garden, Memorial Day work weekends, and greeting family and friends at the dock.

John is survived by Florrie (Collins), his wife of over 67 years, who was his absolute pride, joy and love in everything he did; his children Carla Feuerbach (husband Darrell Aldrich) of Manchester by the Sea, MA; John Feuerbach (wife MaryJo Moubry Feuerbach) of Manchester by the Sea, MA; Paul Feuerbach (wife Mary Kay-sen) of Beverly Farms, MA; and daughter-in law Linda Eaton Feuerbach (fiancé Harlow LaBarge) of Manchester by the Sea, MA; and his grandchildren Chandler (fiancée Ana Wolf), Liam, and Ruby Aldrich; Tasha Feuerbach Bishop (husband Jack Bishop) and Courtney Feuerbach; Winston, Spencer, and Eve Feuerbach; and Jack Feuerbach.

John was as deep a sports fan as anyone imaginable and shared his visceral sports passion with everyone he encountered. His family recalls his numerous grunts and "expletives deleted" upon digesting a NY Football Giants' fumble, an untimely error from a Yankee, a three-second violation committed by a Knickerbocker, or a missed

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
15 Fri	3:53	10.7	4:26	9.3	10:30	-0.4	10:42	0.3	6:52	6:51
16 Sat	4:45	10.2	5:23	8.7	11:25	0.3	11:34	0.9	6:50	6:52
17 Sun	5:42	9.6	6:25	8.1			12:24	0.9	6:48	6:53
18 Mon	6:45	9.1	7:31	7.8	12:30	1.5	1:28	1.3	6:47	6:54
19 Tue	7:52	8.8	8:34	7.7	1:30	1.9	2:36	1.5	6:45	6:56
20 Wed	8:55	8.8	9:31	7.9	2:32	2.0	3:39	1.5	6:43	6:57
21 Thu	9:52	8.9	10:22	8.1	3:31	1.9	4:31	1.3	6:41	6:58

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The Cricket publishes every letter it receives. Letters should be original, no more than 400-600 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. We may edit letters for clarity and accuracy. We do not accept multiple letters on a single issue by the same author. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. Please send submissions to letters@cricketpress.com.

Examining Local Connections to Slavery is Important

To the Editor:

In the fascinating account of Captains John Lee and William Tuck printed in serial in The Cricket, in the April 14 installment, historian Robert Booth (whose writing is excellent) mentioned that Captain Tuck commanded "Salem vessels in trade with the Caribbean" during the years 1766-1769, and later returned from Spain in a schooner in 1775, with likely "return cargo ... gunpowder for the coming war."

His Salem cargo was not identified.

Some quick research shows that most "Salem ships

returned with sugar, molasses, coffee and other goods produced by the forced labor of enslaved people." (National Park Service)

And:

On the eve of the American Revolution [this trade] formed the very basis of economic life of New England; about it revolved, and depended, most of her industries. The vast sugar, molasses and rum trade, shipbuilding, the distilleries, a great many of the fisheries, the employment of artisans and seamen, even agriculture -- are all dependent on the slave traffic." Lorenzo Johnston Greene, The Negro in Colonial New England, (1942).

Several years ago, when I first moved to Manchester and became one of a few

people of color residing here (likely the first Black person to ever hold a deed on my street), I played a role in forming the first ever branch of the NAACP on the North Shore. One of our missions was to tell the story of Black Americans here--which of course would involve telling the story of enslavement, of enslaved people's experience, and their role in the economy; forced as it was, and uncompensated.

At that time, I inquired with the Manchester Historical Museum whether we had any records of enslaved people in Manchester. I received word that, in fact, the museum did have items in its archives that are "very informative files about slavery in Manchester." It's worth discussing further, and determining how to tell the stories that live in that particular part of the community's archive.

New England history is linked to the Slave Trade; the first vessel built on this continent that carried enslaved people was built in Marblehead. It was the ship Desire, built in 1636. The likely well-meaning, unintentional oversight demonstrated by Booth's article contributes to our collective misunderstanding of what this means. In its telling of history to and about our community, the noble, exciting, patriotic history of the gunpowder Tuck returned so we could rebel against the British is featured; the cargo of his Salem vessels -- sugar, and possibly people -- goes untold. This is why we have the problem of an unresolved history of slavery. Without truth, there cannot be reconciliation.

Some might protest that

to do this in our lovely local paper would taint a perfectly good story that is about captives and their homes; not about the nasty history of slavery that we'd all rather forget. Well, for one thing, that history--right here in Manchester--is my history. My maternal line comes from West Africa; my ancestors survived the brutal Middle Passage, and were enslaved in Mississippi. For another matter, since when, as Americans, are we afraid of truth? To avoid the truth with omissions and lies is the behavior of far less free and more illiberal places than ours. And finally, is it really so nasty to simply know about difficult things? There is a very good exhibit right now at Boston's MFA that places the Dutch paintings being bought by the newly rich merchants of this economy of sugar and people alongside records of the Slave Trade. The Dutch Masters produced art that many, including myself, deeply enjoy. I found the exhibit all the more enjoyable for being transparent and honest about from where -- and whose labor -- the money to pay for those paintings, and support those artists, came.

As the Austrian poet Rainer Maria Rilke wrote:

Perhaps all the dragons in our lives are princesses who are only waiting to see us act, just once, with beauty and courage. Perhaps everything that frightens us is, in its deepest essence, something helpless that wants our love.

The point isn't to blame anyone; to point fingers at my neighbor who is writing this wonderful serial; or at a historical figure who was a patriot and father to ten who

no doubt loved this beautiful area as I do; or at the other West Africans who sold my ancestors into the European Slave Trade. In a sense, everyone is guilty, and no one is to blame. The point is to show how easily it is to get caught up in a system that immiserates some as it benefits others, and how easy it is to enjoy the benefits while not realizing any of the rest.

Capitalism has no "logic" other than to increase production--it has only the values we choose to give it, the guardrails we put into place to constrain its willingness to use whatever it is in its path, which historically has included those least able to protect themselves: nature, children, and other people considered who are considered less-than.

Hilary Robinson Manchester-by-the-Sea

Massachusetts: Investing in Our Future?

An editorial in Mass Audubon's Winter 2023 publication, sent to all members, includes a feature article titled "Investing in Our Future". This is a hopeful discussion of recent federal and state commitments "to solve two of the biggest challenges of our time: the climate and biodiversity crises." I quote: "Most recently, Governor Maura Healey took the important step of signing an executive order to set statewide goals for biodiversity. This order creates a timeline of official targets for land conservation, habitat restoration, marine conservation, and ecological restoration."

While our forward-looking governor and state legislature appear to support the protection of our forested lands in order to ensure clean air and clean water for the future, it leaves intact an outdated law enacted in 1969, which favors Mass Housing's 40B Comprehensive Permit for development projects even when there are serious environmental consequences at stake. There are good places to build affordable housing, and there are totally unacceptable ones -- in this case, the proposed 136-unit SLV project on a steep forested outcrop of bedrock at the headwaters of Manchester's main watershed Sawmill Brook. The directly adjacent Wilderness Conservation Area, part of Massachusetts BioMap's Critical Natural Landscape, provides everything our state needs desperately to save: biological diversity (rare flora, amphibians, rare insects, nesting birds, cold pure water for the native sea-run brook trout); a carbon "sink"; air purification; flood protection; clean drinking water for the future -- in addition to respite from noise and light pollution, and the passive recreational opportunities that humans need in these fraught times.

What message would our Commonwealth of Massachusetts be sending if the SLV project on Shingle Place Hill is allowed to go forward? Is our state on Mother Nature's side or not?

Francie Caudill Manchester Essex Conservation Trust

LIBRARY NEWS



Mindfulness Meditation at the First Parish Church Meeting Room

Every Tuesday from 11 a.m.-12 noon in the teen loft with Alida Bryant. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change venues.

Craft Supplies Swap

Tuesday, March 26 from 5-7 p.m. Drop in at the library with some crafting supplies you no longer want and go home with some new to you items. Don't have anything to exchange? Come anyway and take some supplies the library is cleaning out. We will also have some crafting resources you can use either at the library or take home and use. Please only bring supplies that are clean.

Stories from the life of MA Abolitionist Lucy Stone

Thursday, March 28 from 5:30-6:30 p.m. Join Story-

teller Merrill Kohlhofer as she brings this wonderful and formidable woman to life with these stories using her words and the words of those who loved and were touched by her. This is a free, in-person program and registration is requested as space is limited.

Hearthside Book Group

Tuesday, April 2 from 4-5 p.m. Join us in person or on ZOOM to discuss "Master Slave Husband Wife: An Epic Journey from Slavery to Freedom" by Ilyon Woo which "relates the daring escape from bondage in Georgia to freedom in the North by an enslaved couple disguised as a wealthy planter and his property."

MBTS Library Renovation Grant Opportunity

Since its inception, the Manchester-by-the-Sea Public Library has been a cherished part of the community, however, it faces many challenges due to its size, age and especially its many accessibility issues. The Library cannot truly fulfill its mission until it is ADA compliant and can provide welcoming and

easy-to-navigate space for all. The Library is currently in the process of applying for grant funding to support our renovation/expansion goals. Should we be awarded the grant, Massachusetts Public Library Construction Program grants provide up to 50% of the eligible costs. The application will be submitted in May 2024. This application process requires an approved warrant article authorizing the Town to appropriate \$150,000 for the planning and design phase of the project. Residents will vote on the warrant article at Town meeting in April. As we continue to work on the other pieces of the application, we are asking for your support.

MBTS Cultural Council Presents: D. McCullough III, CEO of American Exchange Project

Thursday, March 21 from 5:30-6:30 p.m. For our 3rd session we will be hosting David McCullough, CEO of the American Exchange Project. Toxic polarization has moved into our daily lives, corroding our faith in one another and our democracy,

shaping choices we make, the people we associate with, and the places we call home. As a consequence, our kids are growing up isolated in bubbles that burden their mental health and limit their development as young adults and young citizens. Welcoming the stranger, hometown pride, a deep love of our children, and a reverence for the character-building journey--these are deeply American ideals. AEP harnesses them, along with the energy and curiosity of young people, to create a solution: a free domestic youth exchange program.

Haunted Happenings with DePaoli (Virtual)

Thursday, March 21 from 6:30-7:30 p.m. The Dark Woods is a haunted Halloween event located at Trombly Gardens in Milford, NH. Guests take a self-guided (walking) tour through dimly-lit woodlands while being met by an unusual cast of creeps and misfits. The event celebrates the spirit of Halloween and is perfect for families, couples, and people of all ages. Join owner Chad Zingales and Jeff DePaoli,

host of "That Halloween Podcast", as they talk about the fantastic, haunted experience in our backyard.

Friday Movie at MBTS Library

Friday, March 22 from 6-8 p.m. The movie this month has a MPAA Rating: PG-13; for strong violent content and disturbing material.

Poetry Entries

Do you love poetry and writing? Enter the Manchester Public Library Poetry Contest. Entry deadline Friday, March 22. Anyone ages 8-18 may submit their poetry. Entrance forms and contest rules can be found at the library or online. Selected poets will read their winning poems at a special poetry reading and reception on April 10th from 5:30-7 p.m.

Cookbook Club

Tuesday, March 19 from 5:30-6:30 p.m. March's cookbook club pick is "Brilliant Bites: 75 Amazing Small Bites for Any Occasion" by Maegan Brown.

Shut Up and Write (Virtual)

Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to cri-

tique or be critiqued.

MPL Children's Events:

Saturday Spring Craft
Saturday, March 16 from 2-3 p.m. Ages 5-10. Join Miss Audrey for a fun craft to get you in the mood for spring. We will be painting butterflies and turning them into magnets.

Peeps Party
Saturday, March 23 from 11 a.m. - 12:30 p.m.
Stop by the library to check out all of our 2024 Peeps Show dioramas. Enjoy some bunny trail mix and find out the winner of the People's Choice Award and other prizes.

Graphic Novel Club
Wednesday, March 27 from 4-4:30 p.m. For grades 4-7 and registration is required. We meet once a month from January to June. Explore new graphic novels with friends, snacks, and activities. We will be discussing "Four Eyes" by Rex Ogle.

Winter and Spring Storytimes
Wednesdays from 10:30-11:15 a.m. Join Miss Audrey for Storytime for children ages 0-5 with their caregivers. We will share books, songs, and games. This program runs through April 24th.



Pass the Honey Please!

Manchester Community Center Hosts Inaugural Teddy Bear Tea Party

The first ever Teddy Bear Tea Party was held at the community center on Sunday, March 3rd from 1-3pm sponsored by the Manchester Community Center, MCC's Teen Board and the Manchester

Mother's Club. This event was packed with children who brought their favorite stuffed animal, as well as a special someone to enjoy the afternoon of tea, snacks, crafts and music.

This lovely event will be taking place throughout the year. Visit the Community Center web site to learn more at manchester-communitycenter.org.

(Pictured Eden, Seraphina, Dahlia & Aurora Davies)



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There were no crumpets at the Teen Manchester Community Center Teddy Bear Tea Party, but there were cupcakes, brownies and muffins. Oh yes, and tea!

...(Continued from page 1)

not include Crosby's Market, was 5 acres.

The other downtown area that was being considered included sections of Desmond Ave., Norwood Ave. and Brook Street. The Task Force generally opposed including the former Cricket office lot on Summer Street and the houses on Allen Ave. in this proposal. The size would depend on exactly which areas were chosen.

"The question is how much acreage do we want in the LCD versus downtown," said Harrison. "If we included Brook Street downtown, we only need 10 acres" in the LCD.

Olney said he favored the Desmond Street and Brook Street area.

"I'd like to make a pitch for that area," said Olney. "There is one large parcel, behind the old Cricket building. It's pretty dense along Brook Street and Desmond Avenue. So the net increase in new additional housing units would be relatively low."

But Smith favored the Summer Street group.

"My argument is that Desmond (Street and adjoining lots) is more disruptive," said Smith. "It also has some large developments on it. Whereas the (Tappan) to Summer (Street area) is primarily on highly developed land now."

Another option became apparent when Chris Imming, senior director of campus planning of Gordon College, spoke to the Task Force over Zoom. He said that he and others at the college had been working with Task Force member Denny Hall since November. They were exploring the possibility of taking a piece of their land in the northwest corner of town and allowing it to be used for multi-family housing as part of the MBTA Zoning.

"We are looking at some parcels that ... would give you a large contiguous parcel," said Imming, who said the college is one of the largest landowners in the town. He said the college could

carve out 10-, 15- or 20-acre lot as an alternative to including either the medical center or the MAC. "The college is open to exploring that with you."

Hall said that as part of the deal with the college, the college would agree to place conservation restrictions on much of the rest of its land, which would help protect the town's water supply.

Meanwhile at the Community Center ...

On the same day the MBTA Task Force was weighing optimal formulas for creating a compliant MBTA Zoning District that controls density, a forum called "MBTA Communities: Facts & Myths" was hosted by the Cape Ann PAC at the Manchester Community Center (MCC) just up the street.

The forum featured two speakers—sitting Manchester Planning Board member Christine Delisio and Lynnfield attorney Michael Walsh, who is currently suing the state of Massachusetts on behalf of Rockport resident

John T. Kolackovsky claiming the MBTA Zoning mandate is an unconstitutional overreach that violates the 1966 "Massachusetts Home Rule" law allowing limited autonomy for towns and cities.

Attendees in the audience were largely from Gloucester and Rockport and Manchester. Notable Manchester residents in the audience included Patrick Meehan, co-president of the MCC; Donna Furse, who last year ran unsuccessfully for Planning Board; Susan Philbrick and Sarah Creighton, both members of the PB and the MBTA Task Force; and Mary Foley, a sitting PB member who, along with Delisio, opposed creating the task force last fall on the grounds that it should stay strictly within the control of the Planning Board.

Delisio opened by saying she wanted to "give you the other side of the story." She said the 2021 state housing law that includes the MBTA district zoning mandate was pushed through "at the last minute" by then-Mass. Gov. Charlie Baker at the end of

his administration and was overwhelmingly approved by the Legislature, including Sen. Bruce Tarr and Rep. Ann Margaret Ferrante.

"We have a housing crisis," Delisio acknowledged, but the MBTA district zoning isn't the answer. Its one-size-fits-all approach for all 177 communities in Massachusetts is blunt and "punitive," she said. Delisio did not address how she would expand housing stocks in Manchester, whether affordable or market-rate units.

Walsh—who also represents Delisio personally in a current appeal to the ZBA contesting a curb cut on her neighbor's property and who also represents the Manchester Community Center in its legal fight against Harbor's Point Condominium over its commercial lease—said that Massachusetts cannot forcibly make Cape Ann communities liberalize local zoning.

Walsh pointed to towns like Milton, whose voters last month rejected the MBTA zoning mandate and were willing to walk away from

state grants. He said towns like Manchester should follow suit and, "Just Say No," invoking the 1980s Nancy Reagan youth campaign against illegal drugs.

But Milton, for its part, became a vivid example of what happens to MBTA communities that opt out of the mandate. On Feb. 27, Mass. Attorney General Andrea Joy Campbell filed a lawsuit against Milton, asking the court to prohibit the town from enforcing any local zoning that would conflict with the MBTA zoning mandate.

"The MBTA Communities Law was enacted to address our region-wide need for housing, and compliance with it is mandatory," said Campbell when her office announced the lawsuit.

Cricket Editor Erika Brown contributed to this piece. The Manchester MBTA Task Force will hold a site visit to both the Desmond Street and Summer Street areas on Friday, March 15, at 1 p.m. and its joint meeting with Planning Board is scheduled for April 25.



Are you ready for spring?

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Memorable Season Ends for ME Boys Hoop Against Milbury



The ME Hornets line up for the jump ball to start their pursuit for a spot in the MIAA Tourney's Final Four. Sadly, their journey was stopped by a one-point loss against Millbury on Saturday. *Courtesy Photo*

By Jason Brisbois

It was one of those rare instances where the math did not work out in favor of the Manchester Essex boys' basketball team.

All season long, the Hornets have relied on a formula that had proven to be very successful: When Manchester Essex has under 10 turnovers, pulls down at least 70 percent of the defensive and 30 percent of the offensive rebounds in a game, the Hornets win.

It worked when the team went undefeated in the Cape Ann League for the second winter in a row and lost only one game over the entire reg-

ular season. It worked when Manchester Essex earned the fifth-highest seed in the MIAA Div. 4 Tournament and won handily in the Round of 32 (a 75-47 win over Frontier Regional on March 1) and Sweet 16 (a 77-36 win over Tyngsborough on March 5).

For reasons unknown, it did not work in the Hornets' 42-41 loss to fourth-seeded Milbury on March 9.

"There are three stats that we look at after every game that we feel if we get them, we win," explains Manchester Essex boys basketball coach Tim St. Laurent. "We want under 10 turnovers, and we had six that night. We want 70 percent of the

defensive rebounds, and we had 71 percent. We want to get above 30 percent of the offensive rebounds, and we had 50 percent of the offensive rebounds. Only once during my career have we lost when we got all three, and that was on a half-court shot at the buzzer."

Two-time Cape Ann League Player of the Year Cade Furse had his usual stellar effort (18 points), as did fellow stalwart Eddie Chareas (16 rebounds). The team's top two players had a chance to pull off the win at the end of regulation when Chareas pulled down a rebound from a missed Milbury free throw and passed to Furse for a last-second at-

tempt that would complete the Hornets' comeback attempt in the game's waning moments.

"It just missed," says St. Laurent. "It looked from our standpoint that it was the shot that we wanted, he made the perfect move to get the shot off, it was just a hair too long. We were down seven with a minute-and-a-half to play, and we came storming back and almost pulled it off in the end. Unfortunately, it wasn't our night."

For some reason, it wasn't. The math wasn't working out in the Hornets' favor.

"We were up by eight at halftime, had a great first half," explains St. Laurent.

"Then, someone went and put a lid on the rim in the third quarter. For the first time in my life, one of my teams was held scoreless in a quarter. We got good looks; they just weren't falling. I credit Milbury's defense. We won three of four quarters but lost the game."

In the end, a fantastic season ended with a run to the Elite Eight of the tournament, which is certainly a major accomplishment, but the team was hoping to keep their playoff run alive beyond this point.

"There are no magic words you can pull out of the coaching toolkit for this," says St. Laurent. "We talked about

from a number's standpoint, what we need to do to win, and we did that. Sometimes you study as hard as you can for a test, and you still don't do well. You have the perfect interview, and you don't get the job. The Milbury loss is a clear example of those great life lessons that sports can give coaches and athletes."

Another lesson the returning members of the team will learn is that transition is also inevitable when it comes to high school sports. The Hornets lose four key team members to graduation this spring, including Furse, first-team All-CAL center Chareas, second-team All-CAL point guard Preston Potter and team leader Kevin McKenna.

"This team, I loved coming in and seeing them every day in practice," says St. Laurent. They had great attitudes, positive attitudes. They all have a lot of character and wit, and that made this a fun group of kids to be around. They are all great basketball players who work hard in the offseason to get to where they need to be, and it was great to work with them."

The good news? There is talent and experience coming back next winter, along with some talented potential additions to the roster in the pipeline. The core of next year's team should revolve around the returning nucleus of future seniors Milo Zeltzer and Ben Jacobsen, along with future juniors Jake Zschau and John Chareas. They will captain a squad that will be buttressed by additions from a junior varsity team that lost only one game all winter.

"There is a star-studded group of players coming up, in addition to some players who have played big-time varsity minutes coming back," says St. Laurent.

Returning players will hopefully be able to build on their experiences during this memorable season, taking lessons with them.

"It was an awesome year, it's very difficult to think it's over," says St. Laurent. "I'm glad I got to spend the time I did with a great group and to have a good season. All good things do come to an end, unfortunately."

CAL Players of the Year

ME Horner, Lily Oliver was named the Player of the Year for the CAL Baker Division. In addition, Manchester Essex head coach Lauren DuBois took home the Coach of the Year award for the Baker Division.

Joining Oliver on the All-League team was fellow Hornets' sophomore Harper Brooks. Senior Phileine de Widt was named a CAL second team all-star for Manchester as well.

Cade Furse was named the Cape Ann League Baker Division Player of the Year for the second consecutive season. Joining him on the All-Conference squad was Hornets' senior Eddie Chareas. Preston Potter and Milo Zeltzer were each named CAL second team all-stars for Manchester Essex as well. In addition, Rockport head coach Phil Whitley and Manchester Essex head coach Tim St. Laurent were named Co-Coaches of the Year for the Baker Division.



Lily Oliver, CAL Baker Player of the Year.



Cade Furse was named the Player of the Year for the CAL Baker Division.

Photos Paul Clark

ScottEnergy Community Bulletin Board



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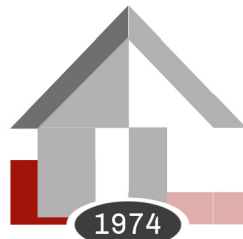
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On the way to the Elite Eight in MIAA Tournament play, the Hornets blew by the Tyngsboro Tigers in a 77-36 win. Here Milo Zeltzer works his way in to the paint against his opponents. This win took the Hornets to the round of eight with #4 seeded Millbury. The Woolies stopped ME in a one-point last seconds win.

Photo by Paul Clark

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In the depth of winter, I finally learned that within me there lay an invincible summer.

~ Albert Camus ~

ESSEX ECHO.

Town Administrator's Report

Board of Selectmen's Meeting of March 11, 2024
Report covers from February 24, 2024 to March 8, 2024

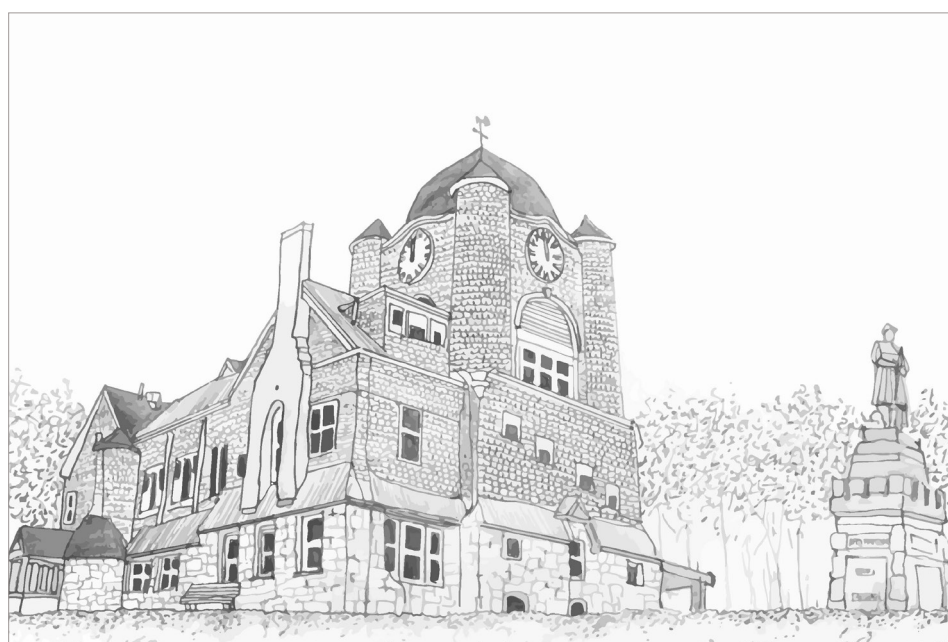
Resumption of Downtown Decorative Lighting Project

As the Board may recall, our decorative lighting contractor had pre-cut the sidewalk along the Essex Causeway in various locations to begin the process of accommodating bases for 23 decorative sidewalks. Winter weather then moved in and our contractor has been off site for a number of weeks. Work on setting the actual light bases is set to resume March 11, 2024 and the Town Administrator TA is working with the construction crew to ensure that any pole that is set has the requisite clearances for our sidewalk plow and pedestrians. In some cases, it may be necessary to skip or move a pole location in order to allow for proper clearance and the TA plans to test the locations with the smallest tolerances with the DPW's plow on site.

The contractor will first complete the setting of the bases for the poles and will then move on to installing feeder conduits and pulling wires. The light poles are scheduled to ship to the Town on April 12, 2024, with the lanterns shipping close behind, on or about April 17, 2024. As such, most work will be completed well in advance of Memorial Day. However, the lead time on the two wiring cabinets within the project area has been extreme and it is possible that the cabinets will not be set until the fall, meaning that the lighting will not be operational until then.

Centennial Grove Communications System Update

Our fiber optic contractor has now completed both the running of fiber optic cable to the Grove concession stand and cottage and the termination of the fiber runs to make them useable. The TA has been working with our IT consultant to procure all of the necessary switching equipment to get electronic traffic from the Grove to the Town's network at the Water Plant. After all equipment arrives, the TA will deploy at the concession stand,



cottage, and Water Plant and then work with our consultant on routing and testing.

With respect to security cameras, the optimal plan will be to have any new cameras that are deployed interface with the Police Department's existing video surveillance and recording system for the Public Safety Facility. To that end, on March 8, 2024, Mr. Zubricki met on site with the Department's video vendor and is expecting a quotation concerning expanding that system to accommodate video from the Grove. Funding for this expansion and the purchase of the actual cameras can be obtained via a new appropriation from the Cable Technology Fund at the upcoming Annual Town Meeting in May.

Eventually, the Town may wish to also offer WiFi service to the public at the Grove. The equipment for that offering is not terribly expensive. However, we are not presently ready to accommodate the necessary bandwidth without upgrading our Internet connection with Comcast. That upgrade would require an ongoing additional charge that may or may not be something that the Town desires to pay for.

Planning Board Zoning Study Public Forum Summary

Mr. Zubricki attended the subject forum along with the Selectmen on February 28, 2024. The meeting featured a discussion concerning work accomplished with

the zoning bylaws to date, as a precursor to forming actual zoning districts, along with a discussion about potentially adding some uses that will require the granting of a Permit. Generally, our Town Planner will now work directly with the Planning Board to prepare zoning bylaw amendment proposals intended for consideration at the Annual Town Meeting. Preliminary versions of the amendments that the Planning Board is seeking have been forwarded to the Selectmen and to Town Counsel for review. The Metropolitan Area Planning Council (MAPC), which has been assisting the Planning Board with the zoning bylaw amendment process, will wrap up its services soon, mostly providing final deliverables and documentation regarding both current and future zoning amendment proposals.

Further Review of Annual Town Meeting Warrant

The TA has revised the draft Annual Town Meeting Warrant in accordance with the Board's guidance from the last meeting. The final version of the warrant will be presented to the Board for signature at the Board's next meeting, on March 25, 2024.

Possible Conomo Point Boat Storage License for Essex Bay Sailing Club

At the last meeting, the Board reviewed a draft license for the Essex Bay Sailing Club to store sailboats at the Town's property at 103

Conomo Point Road during the off-season. The Board asked that the TA collect additional information from the club before finalizing the details of the license. Mr. Zubricki contacted the club and discussed potential license details such as the exact location on the property where boats could be stored, the number and type/length of sailboats and possibly power boats associated with club activities, the required annual duration of storage, and whether non-resident members could be charged more to serve as the basis for the annual storage fee. The club's treasurer has provided answers to all of the Board's questions for further consideration of the license.

Review of Revised Draft License for the Private Use of Town Landing

At the last meeting, the Board continued to review and discuss a possible license/rental agreement allowing private groups to use the Town Landing for one-day events during off-peak months. The Board asked that the TA make some additional changes to the draft document for discussion at the present meeting.

Town Administrator Leave

Mr. Zubricki was out of the office, on leave, all day on March 4 and 5, 2024 and for part of the day on March 7, 2024. This report is available at www.essexma.org on the morning after any regularly scheduled Essex Board of Selectmen's Meeting.

Essex Senior Living | March 15

The Essex Council on Aging offers a variety of events and trips for seniors. For further information or to sign up for an event, please call the Essex COA Office at 978-768-7932 or visit the Senior Center at 17 Pickering Street.

Monday Groove (Video), Mondays, 9:30 a.m.: Get your dancing shoes on and join this fun, energetic dance class! Video, no instructor. \$5 donation suggested.

Creative Connections: Mondays, 10 a.m. - 12 noon: Bring your art projects or start a new one at our Open Art time! We have some supplies and would love to see you!

Arts Group: Tuesdays, 1 - 3 p.m.: Are you artsy? Do you love to paint, knit, crochet, or sew? Do you like creating different projects? Join us with your own project or help with making items for the Friends Boutique.

Balance in Motion, Tuesdays and Fridays, 10 a.m.: \$5 Donation requested.

Fitness With Gil: Wednesdays, 10 a.m.: Start your day than with Gil and focus on strength, stamina, and stretching... energize yourself and leave feeling good! \$5 Donation suggested.

Technology Assistance, Wednesdays 1-3 p.m.: Do you have questions about your computer, tablet, phone, or other technological challenges? Drop in and see Curt or Bill for help.

Games with Gil at the Senior Center: Wednesdays 1 - 3 p.m.: ALL AGES WELCOME, come play BOARD games or Scrabble, Boggle, Cribbage, Backgammon, join us or bring a friend and come play ANYTIME!

Walking Club: Want to get some exercise but concerned about winter road conditions? Enjoy the Gordon College Bennett Center indoor walking track for FREE! Mondays, Wednesdays & Fridays, 9:30- 11:30 a.m. Please register by calling Hamilton-Wenham Recreation 978-468-2178. Transportation is available from CATA.

Grab and Go Meals, Mondays & Thursdays, 12 Noon (must be picked up by 12:30 p.m.): Monday meals provided by Open Door, Thursday meals provided by Senior Care. Please register two business days in advance - 978-768-7932.

Mobile Market at the Essex Senior Center, Friday, March 1 and Friday, March 15, 10:30-11:30 a.m., On the first and third Fridays of each month the COA hosts a Mobile Market for Essex seniors. These markets are open to Essex seniors, regardless of income, and are sponsored by Acord Food Pantry and The Open Door. For more information or to register in advance, please contact Tess Leary at the Essex COA.

Essex Trash Bags - Tuesday, March 5, 11:30 a.m. - 12:30 p.m.: Discounted Trash Bags are available to Essex Residents age 60 and

older. Limit of one roll per household per month. Bags are sold on a first come, first serve basis. \$7 Small bags, \$15 Large bags.

Pi Day, March 14, 1 p.m.: Come celebrate all things Pi (3.14). We'll have some tasty pie and special pi activities. Bring a friend! RSVP 978-768-7932.

Ladies Brunch, Tuesday, March 19, 11 a.m.: Come and enjoy socializing and some tasty treats. Please RSVP five days before. Sponsored by FECSA.

Cape Ann Cinema and Pizza! - Thursday, March 21: Movie: "A League of Their Own". A fictionalized account of the real-life All American Girls Professional Baseball League with an all-star cast! Come celebrate a hometown hero and the start of Baseball season! Movie and Pizza start at 11 a.m.; CATA departs Memorial Park at 10:30 a.m. \$4 round trip fare (pay CATA). Advance registration is required.

Guest Chef: Friday, March 22, 11 a.m.: Join us as Tess Leary, COA Director and amateur chocolatier, offers some Easter-themed treats for our monthly cooking demonstration! Samples and recipes will be available. Free to participants - advance registration is required.

Essex Eats! Vita Bella, Monday, March 25, 12 Noon: Choice of Baked Haddock, Baked Scallops, Chicken Parmesan, Hamburger. \$15 (pay at the restaurant). Please call

978-768-7932 to sign up.

Remember When...Essex: Thursday, March 28, 1 p.m.: Please join us to chat and share stories about the people and places of Essex. We are excited to continue this special program and can't wait to hear more reminiscences! Diane Polley will lead the group.

Monthly Book Club - Tuesday, March 26, 1 p.m.: "Horse" by Geraldine Brooks. Through the generosity of the Friends, multiple copies of each title are available to borrow! New members are always welcome!

Bowling - Knock 'em down, spin 'em around! Wednesday, March 27, 11 a.m.: Cape Ann Lanes: Shoe rental is \$3.50 per person. Transportation available via CATA, \$4 Roundtrip fare - departs Memorial Park at 10:45 a.m. Let us know you're coming - and let's go bowling!

LIBRARY NEWS

T.O.H.P. Burnha
Public Library



The Essex Library thoroughly enjoyed a Coffee Cupping with Rob Fitzgibbon this past weekend. Attendees learned all about the world of coffee and participated in a blind taste test.

Courtesy Photo

Community Rummikub

Saturday, March 16 from 10 a.m. - 12 noon. No experience necessary. Enjoy meeting others from the community over this popular game.

Massachusetts Pottery History

Tuesday, March 19 at 7 p.m. Join potter Rick Hamelin and discover the rich pottery legacy of the Commonwealth in this fast-paced and exciting presentation. Create your very own (unfired) pinch pot.

Community Book Group

Monday, March 25 at 10 a.m. Come by for a discussion of "Eunice" by Eileen McNamara.

College Essay Writing Session

Wednesday, March 27 from 6:30-8 p.m. for college bound high school seniors. Tracy Stephens, local English teacher, will share helpful strategies for writing a compelling college application essay. Please reserve your spot.

Regional Social Worker

Wednesdays, 9 a.m. - 1 p.m. in the first-floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

Jackson the Reading Dog

Wednesdays in March from 5-6 p.m. for ages 5 and older. Reserve your spot.

Easter Crafternoon

Tuesday, March 25 at 3:30 p.m. for ages 5 and older. Join us to make a watercolor surprise Easter Egg. Please register, space is limited.

Story Hours Begin

Wednesdays at 9 a.m. for Wee Ones, ages 0-2 yrs. 20 minutes for songs, rhymes, stories and creative play. 10 a.m. Preschool ages 3-5 years. 30 minutes of songs, rhymes and stories read aloud and concludes with a themed craft.

CFCE Science Thursdays

Thursdays 9-10 a.m. for ages 2-6 years old. Join Ms. Christine for some STEAM fun, you will listen to stories, then explore science, technology, engineering, art, and math. Space is limited so please register.

ESSEX POLICE NOTES

MONDAY, MARCH 4

7:50 a.m. Shepard Memorial Drive, animal complaint, assisted as needed. 11:09 a.m. Apple St., selective enforcement, no action taken. 7:36 p.m. Conomo Point Rd., directed patrol, secured/checked. 10:23 p.m. Martin St., directed patrol, secured/checked.

TUESDAY, MARCH 5

12:57 a.m. Western Ave., property check, secured/checked. 9:02 a.m. Southern Ave., disabled motor vehicle, secured/checked. 6:07 p.m. John Wise Ave., fraud/scam, assisted as needed. 7:31 p.m. Centennial Grove Rd., property check, secured/checked.

WEDNESDAY, MARCH 6

7:06 a.m. Eastern Ave., selective enforcement, no action taken. 11:34 a.m. Kings Court, welfare check, spoken to. 1:09 p.m. Winthrop St., theft, report to follow. 4:53 p.m. Western Ave., disturbance, report to follow.

THURSDAY, MARCH 7

6:18 a.m. Main St., selective enforcement, no action taken. 10:09 a.m. Lufkin Point Rd., male sick, transported to hospital. 1:02 p.m. Pickering St., community policing, other. 9:17 p.m. Lufkin Point Rd., noise complaint, secured/checked.

FRIDAY, MARCH 8

12:32 a.m. Scotts Way, directed patrol, secured/checked. 1:05 a.m. Grove St., property check, secured/checked. 2:00 a.m. Main St., directed patrol, secured/checked. 5:46 a.m. Spring St., directed patrol, secured/checked.

SATURDAY, MARCH 9

8:37 a.m. Southern Ave., male with headache, transported to hospital. 10:05 a.m. Conomo Point Rd., directed patrol, secured/checked. 2:44 p.m. Pickering St., property check, secured/checked. 6:14 p.m. John Wise Ave., erratic operator, gone on arrival.



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Puzzle

THEME: SPRING'S IN THE AIR

ACROSS

- 1. College cadet program
- 5. Comedian Schumer
- 8. Not square
- 11. October birthstone
- 12. Dueling weapon
- 13. Flambé
- 15. Capital of Azerbaijan
- 16. Rugged rock
- 17. Actress Vergara
- 18. *What many chicks are doing in spring
- 20. "Me and Bobby McGee" singer-songwriter
- 21. *What the weather does in spring across the U.S.
- 22. Make a seam
- 23. Old name for 5-iron in golf
- 26. Facing
- 30. 20s dispenser
- 31. Bodily fluids
- 34. Steak choice
- 35. Dungeness and snow, e.g.
- 37. "Chapter" in history
- 38. African antelope
- 39. Republic of Ireland
- 40. Made a feline sound
- 42. 34th U.S. President
- 43. Knock-at-the-door onomatopoeia
- 45. ___ the Great, king of Persia
- 47. Give it a go
- 48. Fraternity K
- 50. Dr Pepper, e.g.
- 52. *The Beach Boys: "Spring __, good vibration"
- 55. Member of Nahuatl people
- 56. #23 Across, e.g.
- 57. Articulated
- 59. Salary increase
- 60. Umbilical connection
- 61. Volcano in Sicily
- 62. Robinson or Doubtfire

CROSSWORD												
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62						63				64		

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- 63. Bajillion years
- 64. One-horse carriage
- DOWN
- 1. What highwaymen do
- 2. Moonfish
- 3. Bangladeshi currency
- 4. Type of purse
- 5. *Simon & Garfunkel: "___, come she will"
- 6. Wealth
- 7. Safecracker
- 8. High quality sound reproduction, for short
- 9. *Purple flower that starts blooming in spring
- 10. Fairytale insomnia cause
- 12. Like repeating tunnel sound
- 13. Off kilter
- 14. **Spring __, fall back"
- 19. Spring mattress filler
- 22. Acronym in a bottle
- 23. Ceremonial staff bearer
- 24. Skylit lobbies
- 25. "Designing Women" star Jean ___

Sudoku

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	5						9	
				7		6		8
1				3			2	
		3				1		5
			5		7	9		

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 9

- 26. *Become soft, as in ground
- 27. Radices, sing.
- 28. "Way 2 Sexy" rapper
- 29. "Battle of the ___" movie
- 32. Swimming competition, e.g.
- 33. Not amateur
- 36. *The ___: "Little darlin', it's been a long, cold, lonely winter"
- 38. Highly skilled
- 40. *Official start of spring
- 41. Make bigger
- 44. Vanish without this?
- 46. Elevates
- 48. Dry plateau in South Africa
- 49. Oak nut
- 50. Same as tsar
- 51. "The Dock of the Bay" singer
- 52. Joe Biden, once
- 53. Solemn promise
- 54. Pinta and Santa Maria companion
- 55. Vegas bandit's body part
- 58. *It gets longer

Religious Notes

Cornerstone Church

We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorthShore.org. If you have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule

The Visitation Parish Mass Schedule:

Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our Youtube as well as www.mecatholic.org

Sunday Mass - 8:30 a.m.

St. John the Baptist Church - Saturday Vigil Mass - 5 p.m.

Sunday Mass - 10 a.m.

Please go to our website: www.mecatholic.org for Sacramental In-

formation as well as Parish Registration if you are new to town or looking to join a Catholic Church.

The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.

Church services, with Father Christopher Kolentas, are held each Sunday.

Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

First Parish Church

First Parish Church Manchester-by-the-Sea - a lovely place to start your week, join us for a moving message, beautiful music and community in the center of town, 10 a.m. Sundays 10 Central St and streamed on Facebook, FirstParishChurchManchesterMa.

Worship Leader, Rev. Katherine Schofield with music led by Dr.

Herman Weiss, and the First Parish Choir. Sunday school 10 a.m. led by Jeanne Westcott.

Monday Friends of the COA Senior Drop in 10 a.m. - 12 noon.

Lenten Study Group 5 p.m. via Zoom Five Spiritual Disciplines That Draw Us Closer to God

Wednesday Vespers 6:30 p.m. in the Sanctuary

Choir rehearsal 7:30 p.m.

Thursday Seaside Parish Knitters 1 - 3 p.m., all knitters welcome to drop in

Bible Study, Via Zoom 4 p.m.

For Zoom programs join in with computer, smart device or dial in on a phone - email office.fpchurch@gmail.com or call 978-526-7661 for the link

Also available a weekly at-home devotional: "Wendell Berry and the Sabbath Poetry of Lent"

Holy Week begins with Palm Sunday, March 24th at 10 a.m.

Maundy Thursday, March 28th at 7 p.m.

Good Friday, March 29th at 12 Noon

Easter, March 31 Ecumenical Sunrise Service 6:26 a.m. at Singing Beach

Easter at First Parish at 10 a.m.

St. John's Church Worship:

Every Sunday we hold services at 8 a.m. and 10 a.m. Child care is available during the 10 a.m. service.

Palm Sunday - March 24

Holy Eucharist at 8 & 10 a.m.

Maundy Thursday - March 28

Holy Eucharist at 7 p.m.

Good Friday - March 29

Good Friday Service at 12 noon at the chantry altar.

Stabat Mater at 7 p.m. -- Our section leaders Catherine Spanu and Cameron Dobson will be joined by strings for a musical meditation featuring Alessandro Scarlatti's Stabat Mater Dolorosa.

Easter Sunday - March 31

Festal Eucharist at 9 & 11 a.m.

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather together quietly, awaiting the experience of God's presence.

People in our community hail from the traditional tribal lands of the Pawtucket and Massachusetts now called Manchester, Gloucester, Beverly, Ipswich, Rockport, Salem, Lynn and Marblehead. Whether you have worshiped in other Quaker (Friends) Meetings or not, we welcome you to join us. If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You

Jane DeBenedictis

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Senior Highlights

There's a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500.

Ninety-Nine Restaurant
On Friday, March 15th, the

Manchester COA is offering a trip to the Ninety-Nine Restaurant. Enjoy a wide variety of American fare at reasonable prices. There is something for everyone. Corn Beef and cabbage should be on the menu for St. Patrick's Day. The van will start picking up seniors around 11 a.m.

Rose Art Museum and Lunch

The Manchester COA is pleased to offer a trip to the Rose Art Museum at Brandeis University on Friday March 22nd. The permanent collection at the Rose Art Museum is internationally recognized for its quality and comprehensiveness. The collection numbers more than 8,000 objects and is particularly strong in American art of

the 1960's and 1970's. Afterwards we'll enjoy lunch at the Chateau Restaurant. The COA van will begin to pick up at 10 a.m. The Museum is free of charge and lunch is on your own.

March Lunch of the Month

The Manchester COA is offering a hot dogs and beans luncheon on Tuesday, March 26th at the Congregational Chapel at 12 noon.

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Hip Dysplasia in Dogs

By Lawrence Lamb, DVM

PETS AND PEOPLE



The term dysplasia means abnormal growth, thus hip dysplasia means abnormal growth or development of the hips. Hip dysplasia occurs during a puppy's growing phase, usually a large breed puppy, and essentially refers to a poor fit of the ball and socket nature of the hip. The normal hip consists of femoral head, which is round like a ball and connects the femur to the pelvis; the acetabulum, which is the socket of the pelvis; and the fibrous joint capsule and lubricating fluid that make up the joint. The bones (femoral head and acetabulum) are coated with smooth cartilage so that motion is nearly frictionless, and the bones glide smoothly across each other's surface.

Hip dysplasia is a common condition of large breed dogs. Many dog owners have heard of it, but anyone owning a large breed dog or considering a large breed dog should become familiar with this condition. The larger the dog, the more likely the development of this problem becomes, particularly as the dog ages and loss of mobility/arthritis pain become important life quality issues.

When a dog has hip dysplasia, the ball and socket do not fit smoothly. The socket is flattened and the ball is not held tightly in place, thus allowing for some slipping. This makes for an unstable joint, and the body's attempts to stabilize the joint only end up yielding arthritis.

Obviously, different individuals may have various degrees of dysplasia. A dog's weight makes a difference (a lighter dog can more easily tolerate a more abnormal hip joint). The muscle mass supporting the joint is more significant in a younger dog and helps reduce the stress directly on the bones. Still, some dogs have shocking radiographs and virtually no symptoms, while others show relatively subtle changes and are very uncomfortable. It is not known why there is not a better correlation between radiographs and actual pain.

Do not expect a dog with dysplasia (or any other chronically painful condition for that matter) to cry or whine in pain. Instead, discomfort is shown with reduced activity, difficulty rising or lying down or going up stairs. A characteristic swivel of the hips is seen from behind and classically stairs are taken in a bunny hop fashion.

The primary cause of hip dysplasia is genetic but inheritance of this trait is not as simple as a dominance/recessive relationship like we study in high school biology. Normal dogs can breed and yield dysplastic offspring as the condition may skip generations. Furthermore, dogs with a genetic picture conducive to hip dysplasia still must contend with other factors such as level of exercise at an early age, nutritional factors, hormonal/neutering factors, and other environmental situations.

Preventing hip dysplasia primarily focuses on breed-

ing dogs with normal hips. The problem with this approach is that dogs often do not develop signs of hip dysplasia until well after they have been bred. A genetic test would be of great value in dog breeding, but currently, there is only such a test available for Labrador retrievers; identifying dogs with less than stellar hip quality to exclude them from breeding is done via OFA and PennHip certification.

It is important to consider the breed of dog when choosing a puppy for many reasons, including potential genetic orthopedic problems. Hip dysplasia is typically a problem for large, stocky dog breeds. Small dogs and lean, slender breeds such as sighthounds rarely develop hip dysplasia. If you have settled on a breed with an issue with hip dysplasia, be aware of the parents' certification process.

Other than selective breeding, managing different factors in hip dysplasia development is possible when raising a predisposed puppy that may help make the genetic issues less severe.

Nutritional factors are important in developing hip dysplasia. For example, it has been popular to try to nutritionally push a large breed puppy to grow faster or larger by providing extra protein, more calcium, or even just extra food. Practices such as these have been disastrous, leading to bones and muscle growing at different rates and creating assorted joint diseases of which hip dysplasia is one.

One study showed that when puppies of hip dysplasia prone breeds were allowed to free feed, two-thirds went on to develop hip dysplasia while only one-third developed it when the same diet was fed in meals. Another study showed German Shepherds were nearly twice as likely to develop hip dysplasia if their adult weights were above average. Studies such as these have led to puppy foods designed for large-breed puppies, where the optimal nutritional plane is lower than for small-breed puppies. After puppyhood, maintaining a lean body condition seems to help lessen arthritis signs.

The precise nature of the proper preventive exercise regimen is yet undefined. One study showed that puppies had an increased risk for hip dysplasia if they were allowed to run up and down stairs before age three months freely. Decreased risk was found in puppies allowed off leash exercise,

such as in the back yard, before age three months.

There is some controversy about the effect of spay/neuter before puberty. Male dogs rely on testosterone to stop bone growth and early neutered males will grow taller as their bones are grow for a longer period if testosterone is removed early. This may lead to a predisposing disparity in the growth of bone and muscle. There appear to be predisposing factors for early spay as well, assuming the dog has the genetic predisposition. How much added predisposition comes with early spay/neuter and to which breeds remains of great controversy, and, of course, delaying spay leads to other issues (such as a strong predisposition to developing mammary tumors).

There are two reasons to pursue testing: to explain a dog's discomfort/rear weakness or to screen a dog for breeding purposes. If a dog is not going to be bred and is not in any apparent discomfort, there may be no benefit to looking at the conformation of the bones in a radiograph except possibly to look back at a future time to get a sense for the progression of bony changes.

The first step in diagnosis is an examination. Your veterinarian will likely extend the dog's hind leg backward to check for pain, as hip dysplasia causes pain on hip extension. The dog may be asked to walk around to demonstrate the possible hip swivel. Another test involves the dog lying on its back with a hind leg perpendicular to the body. As the leg is moved from perpendicular to the body, a dysplastic hip will generate a pop as the femoral head slips to the center of the acetabulum.

The proper confirmation of hip dysplasia comes with radiography. The dog must be radiographed on their back with both legs positioned straight down. This posture is painful to a dog with dysplasia so to get maximum cooperation from and comfort for the patient, sedation is needed. The seating of the femoral heads in the acetabular sockets is examined and assessed for arthritis.

When purchasing a puppy, particularly one of a larger breed, often the parents will be listed as "OFA Good" or "OFA Excellent." This means that the breeder has had the hips of the parent dogs certified by the Orthopedic Foundation for Animals. The OFA is an organization with the goal of reducing the incidence of hip dysplasia

(though now it is also possible to obtain certification for elbows, thyroid function, and other issues). The idea here is that a dog for breeding can have radiographs taken at age 24 months. The radiographs are sent to the OFA for review by several independent radiologists, where they are graded. Hips that are rated as "good" or "excellent" receive a registration number.

Offspring of OFA certified parents would be less likely to develop dysplasia themselves, however, it is essential to realize that a dog with excellent hips at age two may not have such excellent hips at age five, seven, or ten. OFA certification is no guarantee that a dog will not develop hip dysplasia symptoms in the future and does not guarantee that the offspring will not develop hip dysplasia but, as mentioned, until DNA test for hip dysplasia is developed parental certification is the best we can do.

There are many surgical options for hip dysplasia, and it is crucial to understand which patients benefit from which surgery. Some surgical procedures are controversial, and some are not.



Solution to puzzles on page 8

R	O	T	C		A	M	Y			H	I	P						
O	P	A	L		E	P	E	E		A	F	I	R	E				
B	A	K	U		C	R	A	G		S	O	F	I	A				
					H	A	T	C	H	I	N	G		K	R	I	S	
						C	O	O	L	S		S	E	W				
M	A	S	H	I	E					T	O	W	A	R	D	S		
A	T	M			L	Y	M	P	H	S		R	A	R	E			
C	R	A	B	S		E	R	A		A	D	D	A	X				
E	I	R	E		M	E	O	W	E	D		I	K	E				
R	A	T	A	T	A	T				X	E	R	X	E	S			
					T	R	Y			K	A	P	P	A				
					C	O	L	A		V	A	C	A	T	I	O	N	
A	Z	T	E	C						I	R	O	N		S	A	I	D
R	A	I	S	E						C	O	R	D		E	T	N	A
M	R	S								E	O	N			S	H	A	Y

5	3	9	7	4	6	8	1	2
4	6	1	2	5	8	7	3	9
7	2	8	1	9	3	5	6	4
2	8	7	9	6	5	3	4	1
3	5	6	4	8	1	2	9	7
9	1	4	3	7	2	6	5	8
1	7	5	8	3	9	4	2	6
8	9	3	6	2	4	1	7	5
6	4	2	5	1	7	9	8	3

PET OF THE WEEK

Cooper's Here

Are you looking for a laid-back senior guy? Cooper, 12, could be the one for you! This handsome fella is considered a special needs adoption because he has been diagnosed with hyperthyroidism. Cooper is very affectionate, loves to chat and will meow for attention. Cooper has lived with a cat in his past but seems to not care for other cats here at the shelter. You will find him snoozing in his hammock making air biscuits and enjoying the sunlight shining in on him. If you think Cooper would be a good fit, please fill out an application today. Visit www.capeannanimalaid.org for more information about Cooper and all the other animals



waiting for homes here at the Christopher Cutler Rich Animal Shelter, 4 Paws Lane in Gloucester.

PUBLIC NOTICE



Town Hall
10 Central Street
Manchester-by-the-Sea, MA, 01944

SELECT BOARD

NOTICE OF PUBLIC HEARING

The Select Board will hold a hybrid public hearing on Monday, March 18, 2024 at 6:30 p.m. in Town Hall meeting room #5 and by zoom. Zoom information will be available on the Town website, prior to the meeting.

• Request from National Grid to install approx. 5 ft of underground conduit from MH 3 to Customer at 3 Arbella St.

Posted to MNPA website:
<http://masspublicnotices.org>

March 8, 2024 MC
March 15, 2024 MC

Commonwealth of Massachusetts The Trial Court Probate and Family Court Essex Division

INFORMAL PROBATE PUBLICATION NOTICE Docket No. ES23P2796EA

Estate of George S. Scharfe
Date of Death: July 24, 2023

To all persons interested in the above-captioned estate, by Petition of Petitioner Stephen J. Prinn of Manchester-by-the-Sea, MA.

A Will has been admitted to informal probate.

Stephen J. Prinn of Manchester-by-the-Sea, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the

Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

Posted to MNPA website:
<http://masspublicnotices.org>

March 15, 2024 MC

MANCHESTER BOARD OF HEALTH HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

SATURDAY, APRIL 6, 2024
—PREREGISTRATION IS REQUIRED—

Event information and registration link at
www.manchester.ma.us

Questions?

Contact lufkine@manchester.ma.us

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\$6,499,000



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Ann Olivo & Rick Marshall
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\$4,750,000



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Fabyan & Filias Team
\$4,200,000



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The Lopes Group
\$3,500,000



SOLD
Beverly
Gretchen Berg
\$3,345,000



SOLD
Manchester
Kristin Kelly
\$3,250,000



SOLD
Manchester
Deb Evans
\$3,195,000



SOLD
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Mandy Sheriff
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SOLD
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Ann Olivo & Rick Marshall
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COLDWELL BANKER MANCHESTER-BY-THE-SEA



1 Beacon Hill Gloucester | \$1,550,000
Impressive ocean views from this Nantucket shingle saltbox in East Gloucester, set on 4.49 acres. 3DB, 2BD main house, carriage house.
Scott Smith | Realtor
617-750-2793



66 Haskell St PE Beverly Farms | \$TBD
A rare find! Gorgeous Penthouse Unit with high ceilings in Beverly Farms. Two plus bedrooms, two baths with two garage spaces and elevator in building.
Krista Julian | Realtor
617-312-5413



4 Lane Road Annisquam | \$3,475,000
Impeccable Colonial on private cul-de-sac in Rockport. 4-5 beds/3.5 baths. Impressive great room, great fenced yard and 2 car garage.
Scott Smith | Realtor | 617-750-2793
Lynda Surdam | Realtor | 978-764-7474



1 Pine St Manchester | \$699,000
Sturdy 4 bedroom, 2 bath home in center of town. Deck, gazebo and private yard. 2 off-street parking spaces.
Open houses Sat 3/16 12 - 1:30 p.m. Sun 3/17 10 a.m. - 12 p.m.
Marianne Round | Realtor
978-902-5452



33 Way Road Gloucester | \$3,895,000
Stunning East Gloucester estate with impressive ocean views. Carriage, barn, and paddocks on 28+ acres.
Scott Smith | Realtor
617-750-2793

\$234 BILLION
IN SALES VOLUME*

*BASED ON COLDWELL BANKER FINANCIAL DATA 01/01/2023 - 12/31/2023

COLDWELL BANKER



184 Western Ave Essex | \$1,989,000
Stunning new construction with sophisticated flair throughout 3 sun-filled levels. Boasts 6 bedrooms & 3 full baths. Grand 2-story light-filled family room with dramatic fireplace leads to expansive outdoor stone patio. Thoughtful floor plan with stylish chefs' kitchen & designer finishes, quartz waterfall island, gas cooktop and stainless-steel appliances—all ideal for entertaining.
Michelle Mineo | Realtor
978-471-9178

40 BEACH STREET, MANCHESTER-BY-THE-SEA, MA 01944
TELEPHONE 978-526-7572

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