



Can You Believe It? It's Back To School ...
... on Wednesday, Aug. 28 it's back to school time for ME Regional School District!

MANCHESTER CRICKET

A Local Tradition Since 1888

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BRIEFLY

Hornets After School Program Registration Open

With the official public school year opening soon (first day of school is just two weeks away!) the Hornets After School Program announced it's open for registration. The Hornets' After School program services children in grades K-5 with a safe, supportive (not to mention fun) alternative between school and home. Activities include outdoor play, open gym, arts and crafts, homework time, seasonal activities and daily snack time. Program runs every day from 3 to 6 p.m. at the Manchester Memorial Elementary School. Parents have the option of sending their children 1, 2, 3, 4, or 5 days per week. Tuition is paid on a monthly basis on the first of each month for previous month's use. Note, a non-refundable, one-time-only family registration fee of \$65 is required with registration forms. Info at mbtsrec.com.

Select Board Lifts Temporary Pickleball Court Operating Rules

For two weeks now, the "puck, puck, puck" of Manchester's public pickleball courts have settled down significantly following the installation of a long-awaited \$26,000 sound barrier system. It's hard for some to believe the pickleball courts opened just two years ago, on July 15, 2022 because almost as soon as the doors to the chain linked fence opened on the six courts, they've been wildly popular and the drumbeat of noise complaints from the neighborhood began. The Summer Street courts replaced the largely underused skateboard park that had been in that spot adjacent to Sweeney Park. Last year the Select Board approved funding for the Manchester Parks & Recreation Dept. to find an answer while also installing temporary rules that limited play time along with other restrictions. From nearly all accounts, the new sound panels are doing the job. The barriers have lowered the sound from the courts from 61 decibels down to 45 decibels, based on pre- and post-barrier installation testing performed by the Board of Health with testing equipment from the state. While not providing 100 percent noise attenuation, the barriers have lowered the impact of the courts. Last week the Select Board officially lifted the temporary rules for the courts. Effective immediately, the courts are open to the public (not just Manchester residents) from 8 a.m. to 8 p.m. from April 1 to December 1. Volunteers who monitored and locked up the courts have been replaced with a MBTS Police Dept. security camera that will be used in case a complaint comes into the station. Cheryl Marshall, director of MBTS' Parks & Rec. Dept. said noise complaints have plummeted since the new barriers were installed. She's even received several emails from neighbors who have reporting a big improvement. She considers that a win. Another good vein of news lies in advancements in raquets and balls to make them quieter. This is welcome news. Originally invented in 1965 as a backyard pastime, pickleball has grown into a nationwide phenomenon, appealing to players of all ages and skill levels. It's been adopted largely by Boomers because it's healthy (socially and physically) and pretty easy to learn since it combines elements of tennis, badminton, and ping-pong, it requires minimal equipment—just a paddle, a plastic ball, and a court that's about a third the size of a tennis court.



A beautiful Tuesday night at Masconomo Park was paired with an extraordinary program by ME students at "Performance in the Park" hosted by the ME Friends of the Performing Arts. Many talented singers and musicians performed, including the cast of Summerstage's Matilda, for an appreciative audience. More photos at The Cricket's Facebook page. Photo: Paul Clark

Neighbors Upset About CST blasting

By Jeff Pope

More than a dozen residents attended Monday's Planning Board meeting to complain about blasting at the Cell Signaling Technology (CST) site on Atwater Avenue.

CST is seeking a comprehensive special permit from the Planning Board to build a research and development laboratory over two phases on land north of the Manchester Athletic Club and Route 128.

The project site is located at a former gravel quarry, where rock was blasted and crushed into gravel in the 1970s and '80s.

Many of those with complaints live on Mill and Forest streets, which are the nearest residents to the project.

Greg Keller of Columbia Construction, a consultant for CST, explained that the blasting began a couple of weeks ago with some test blasts.

"It's one blast (a day) that lasts all of a milli-second," said Keller. "We usually spend two days to set up for one blast. It's very controlled."

He said mats cover each blast to reduce the noise. But vibrations do carry through the rock ledge. Machines have been set up, including on Mill and School streets "just to verify the level of vibration that people may be feeling at any time," said Keller.

Fire Chief James "Jake" McNeilly said that people from his department have been on site for each of the blasts and that he gets a daily report on the blasts.

Chief McNeilly said that the devices set up around



Beverly attorney Mark Glovsky, right, hands out a list of possible condition for the CST to Planning Board member Mary Foley. Photo: Jeff Pope

the area have recorded a .1 vibration in some areas on some of the blasts. He said that was well below the .5 threshold. A .5 vibration would trigger a safety investigation.

But several residents questioned that information.

Karen Bennett, 28 Lincoln St., asked if there were plans for homes to be inspected before and after the blasting to see if damage takes place. She said that homes near the high school project were damaged by that project.

John Abbott, 13 Mill St., spoke about the history of blasting at the former gravel pit and how residents' complaints at the time were ignored.

"We are never informed (about the current blasting)," said Abbott. "It does shake the house and I'm not

as close as some of the others."

Jeff Conley, 28 Mill St., said he had pictures fall off the wall during one blast and was concerned about what might happen when the blasting is closer to his home.

"It sounds like it's going to get worse," said Conley.

Keith Moores, 71 Forest St., asked what happens if the monitors go over the .5 threshold.

Ann Hogan, 23 Mill St., asked if blasts above the .1 level were expected.

Keller responded that every blast is different, and he was not able to predict what the levels would be.

"Our goal has always been to stay within that threshold," said Keller. "That's why we did some

of the test blasts."

Hogan asked about one particular blast that shook her house, adding it was probably the same one that knocked paintings off Connelly's walls.

Chief McNeilly said that blast registered as a .2 blast.

"None of us want to get to .5," said Hogan. "Because .5 scares me and I think every-

"I live close enough so that I should have gotten notification in advance," said Elizabeth Thomas. "So, to say there is a lack of communication is putting it extremely kindly."

body in this room." Keller said that they do send out a text alert about 45 minutes before a blast is to occur and that there are horns sounding in the minutes before the blast, although they admitted that if the wind was blowing in the opposite direction, people on Mill and Forest street may not be able to hear the horns.

Keller said that a free pre-blasting inspection was offered to all homes within 250 feet of the work and only one person signed up for it.

Many in the audience and on the meeting's Zoom call said they were never informed of the inspections.

...Continued on page 2

Weekly Weather Chart

Saturday 17 Aug		78°	64°
Sunday 18 Aug		73°	65°
Monday 19 Aug		68°	65°
Tuesday 20 Aug		69°	64°
Wednesday 21 Aug		73°	66°
Thursday 22 Aug		72°	65°
Friday 23 Aug		71°	65°

Weather data pulled Wednesday and is subject to change.



Gavel to Gavel
This Week's Town Meetings

Manchester Town Hall is open to the public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m. - 3:30 p.m.
MBTS Town Clerk
Monday August 19 10:30 a.m.
@ Town Hall, Room 5

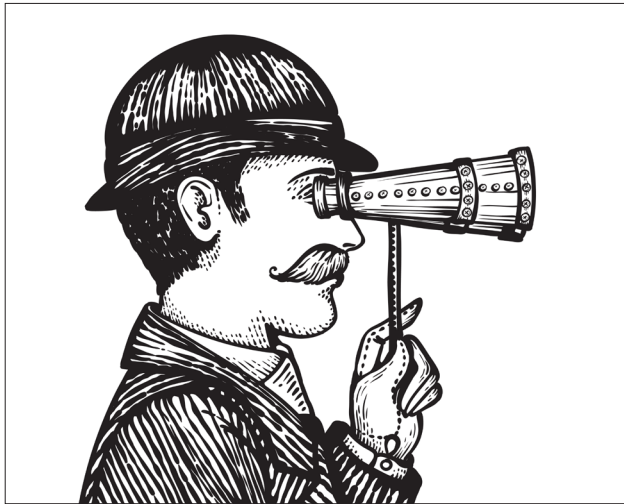
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Kids and families had such a blast at last week's "Librarian Olympics" on the front lawn of the Manchester Public Library. Courtesy image

MANCHESTER POLICE NOTES



MONDAY, AUGUST 5
 9:23 a.m. White Beach, animal complaint, gone one arrival. 10:31 a.m. School St., parking complaint, assisted as needed. 3:54 p.m. Sea St., fire alarm, cleared false alarm. 10:39 p.m. Bridge St.,

motor vehicle stop, verbal warning.

TUESDAY, AUGUST 6
 8:56 a.m. Central St., animal complaint, assisted as needed. 12:48 p.m. Raymond St., motor vehicle complaint,

assisted as needed. 1:01 p.m. Summer St., motor vehicle crash, report to follow. 4:23 p.m. Coolidge Point, fire other, fire confirmed.

WEDNESDAY, AUGUST 7
 8:32 a.m. Route 128SB, motor vehicle crash, no EMS. 12:24 p.m. Summer St., disturbance, report to follow. 3:03 p.m. Masconomo St., citizen assist, report to follow. 5:16 p.m. Central St., citizen assist, assisted as needed.

THURSDAY, AUGUST 8
 12:39 a.m. Beach St., suspicious activity, spoken to. 10:04 a.m. Cobb Ave., animal complaint, notification made. 4:03 p.m. Masconomo St., animal complaint, gone on arrival. 5:07 p.m. Summer St., disturbance, spoken to.

FRIDAY, AUGUST 9
 12:10 a.m. Route 128SB, motor vehicle crash, patient refusal. 8:23 a.m. Summer St., disabled motor vehicle, spoken to. 11:42 a.m. Union St., traffic hazard, spoken to. 10:12 p.m. Beach St., motor vehicle stop, verbal warning.

SATURDAY, AUGUST 10
 2:42 p.m. Central St., disturbance, spoken to. 6:22 p.m. Pine St., suspicious activity, assisted as needed. 8:41 p.m. White Beach, disabled motor vehicle, assisted as needed. 10:47 p.m. Pine St., erratic operator, arrest.

SUNDAY, AUGUST 11
 1:06 a.m. Masconomo St., suspicious activity, spoken to. 11:22 a.m. Sand Dollar Cove, directed patrol, secured/checked. 4:38 p.m. Beach St., motor vehicle crash, spoken to. 5:04 p.m. Raymond St., animal complaint, no action taken.

...(Continued from page 1)

The CST officials collected names and contact information of anyone at the meeting that wanted to have an inspection, which is done by a separate company. People on the Zoom call were asked to contact Gail Hunter at Town Hall to be added to the list. People on the list would also be added to receiving the text messages warning of upcoming blast.

Elizabeth Thomas, 27 Mill St., said her pre-blast survey wasn't done until 10 blasts had occurred.

"I live close enough so that I should have gotten notification in advance," said Thomas. "So, to say there is a lack of communication is putting it extremely kindly."

Josh Rogers, 59 Forest St., asked about what spray-painted lines on his street was all about.

It was explained that that was part of the extension of water and sewer lines up Forest and Mill streets and under Route 128 to the project site and other properties on Atwater Avenue and



Karen Bennett of Lincoln Street told the Planning Board Monday that the town had to financially settle with homeowners 20 years ago for blasting-related damage during construction of the Manchester Essex Regional Middle High School. Courtesy image

was paid by the Mass Works grant.

When Rogers asked how people were expected to know about these projects, it was suggested he read Town Administrator Greg Federspiel's column in The Cricket.

Rogers later suggested that blasting stop until all the pre-blasting surveys are conducted.

Federspiel said the DPW would be notifying residents

along the path of the new pipes before the work starts in September.

Dan Daley of Forest Street said that Forest Street is a dangerous road, and the work should be going down another street.

Mary Bennett, 25 Mill St., said she had recently installed tile floors and was worried that they would crack in the blasting.

Hannah Osborne, a former resident who was on

the Zoom call from Switzerland, said her family "went through hell because of the blasting on Atwater Avenue" 40 years ago. "All of our health was impacted. Why is it starting up again?"

Osborne said her family moved away from Manchester-by-the-Sea because of how it was treated in the 1980s.

Chief McNeilly said they many of the current safety measures were added because of the problems with blasting in the past. He added that CST's permit would allow weekday blasting through later September.

While not all of the residents were answered at the meeting, attorney Mark Glosky and the CST officials did say that the blasts would be limited to one a day, between the hours of 10 a.m. and 2 p.m.

The Planning Board continued the hearing on CST's application until September 12 at 7 p.m.

Annual Knights Of Columbus Fall Fundraiser Raffle Kicks Off

The 2024 Annual Masconomo Council 1232 Knights of Columbus Fall Fundraiser Raffle gets underway this week with ticket sales in full swing throughout Cape Ann now through the raffle drawing date, Columbus Day Weekend, Sunday October 13 at St John the Baptist church, Essex at 11 a.m. There will be 38 Prizes, \$2,200 Cash and a Beauport Hospitality Package

For Tickets (\$25 per) contact Ray McNulty rfmcnulty@gmail.com.

Last year record funds totaling \$45,794 were raised

and distributed that benefited not only parishes in Manchester-by-the-Sea, Essex and Hamilton, but also familiar organizations like The Open Door Food Pantry, Beverly Bootstraps, Meals on Wheels, Senior Care, Councils on Aging-Manchester, Essex, Hamilton, Special Olympics, Dana Farber Cancer Research Foundation, and Habitat for Humanity.

Of the three founding principles of the Knights of Columbus- Charity, Fraternity and Unity, charity is first as the Order was founded as a charitable organization to care for those in need - immigrants, widows, and orphans and those in need of a helping hand. In our day it may include those challenged by food insecurity, lack of adequate health care and the

stress of rising inflation.

Every year Masconomo Council 1232 has two major fund raisers. The first ended early in June. Its purpose was obvious. Every year money raised finances for The Father Jack Gentleman Memorial Scholarship program for graduating seniors. This year we awarded seventeen \$1,000 scholarships. Over the past 17 years, the Council has fundraised and awarded a total of 132 scholarships to recognize the accomplishments of our graduates.

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CLASSIFIEDS

First, the good news. For subscribers, classified ads are free (one listing / subscriber at a time, please ... and keep it to 25 words or so). For all others, submit your weekend sales, lost and found, for rent, help wanted, services, etc. to classifieds@cricketpress.com or call us at 978-526-7171 and we'll take your payment over the phone. Cost: 65 cents/word the first week and 55 cents/word thereafter. Minimum charge \$12. Deadline for Classifieds Mondays, 5 p.m.

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Among the long-range projects to be addressed is Manchester's Sewer Treatment Plant, which is downtown and vulnerable to sea level rise. (Still image from the 2015 U.S. EPA video "Manchester-by-the-Sea, Massachusetts: Water Utility Climate Adaptation Planning.")

Long-Range Facility Planning

By Gregory T. Federspiel

One of the top priorities in the coming months for both the Select Board and the Finance Committee is to craft a fiscally responsible plan for the needed upgrades to various municipal facilities. The goal is to develop a funding plan that will take us through the next 20+ years of major projects.

Balancing the needs with what taxpayers can reasonably be expected to afford is always a challenge and becomes even more so when there are needs coming to the fore at the same time and competing for the same dollars.

A recent analysis of facility needs for the town identified numerous potential projects. The DPW garage off Pleasant Street is the oldest facility at more than 60 years and is showing its age. It is significantly out of compliance with today's standards and does not have the space needed to house all the DPW operations and staff.

This past spring voters approved funds to begin the process of assessing the suitability of the old compost site off Upper School Street for a new DPW facility. Moving the garage to this site frees up the existing site for future new uses. Options might include expanded cemetery space, a new public safety complex, housing, including designated affordable units

and a new athletic field.

Voters also approved funds to finalize the design of new treatment systems at both the Lincoln Street well and Gravelly Pond to remove unwanted PFAS and similar chemicals that are found in trace amounts in our drinking water. Building the new filtration systems will require significant local funding though we will also pursue grants and funds that the chemical manufacturers may be forced to provide. We anticipate the need for these funds in the next few years to comply with new federal and state rules.

The process for determining the needs for a renovated or new Essex Elementary School is underway and is likely to result in a major school building project in the next few years as well. This will be the third and last major building project for the School District for some time to come. Providing some relief will be the retirement of the middle-high school debt payments by 2034.

A third voter approved project is to pursue grant funding for a library expansion project. The grant submittal is in two parts, the first being a feasibility and design exploration. The second phase would be support for the actual construction. We will hear in the fall whether the Town's application is successful for the first phase.

Both the Police and Fire Stations are prone to flood-

ing and climate change is making this threat worse. We still have time (though one never knows when a big storm will hit!) but 10 or so years from now new facilities may be needed. In the meantime, it may be worth exploring shared service and facility arrangements with neighboring towns like Essex.

Similarly, other measures to make the community more resilient to flood hazards will need to ramp up come the 2030s. Heighten seawalls where permissible, raising low-lying roads and creating new natural buffer zones may all be part of the mix and will require significant funding to accomplish.

And looking further out, the sewer treatment plant will most likely have to be relocated. While some short-term flood-proofing is feasible, longer-term the site, which is basically at sea level now, is projected to be unusable after mid-century. A new plant up by the drinking water treatment plant using technology that allows processed water to recharge our aquifer may be our best long-term solution.

If all these projects are implemented, we are looking at over \$170 million worth of construction, a formidable amount! This is why decisions about the timing of the projects are so critical and the pursuit of grants and other funding sources so important.

BOARD UPDATES

Blasting Notification Request: Residents can request blasting notifications from Cell Signaling Technologies by visiting manchester.ma.us/FormCenter and submitting the blasting form. All other inquiries can be directed to Fire Chief McNeilly at firechief@manchester.ma.us.

Select Board Meeting: The Select Board will meet on Monday, August 19 at 6:30 p.m. Meeting details can be found on the Town website.

Music in the Park: The next concert in Masconomo Park will be East Coast Soul on Tuesday, August 20 from 6-8 p.m. Come down and enjoy summer fun by the sea!

MBTA Zoning Meeting: The MBTA Zoning Task Force will hold a joint meeting with the Planning Board on Thursday, August 22 at 6:30 p.m. Meeting details can be found on the Town website

Roadwork Alert: Pleasant



Street water main work has begun. Work will be conducted Monday through Friday from 7 a.m. - 3:30 p.m. and is expected to be completed late fall 2024.

State Primary Early Voting: The State Primary will be held on Tuesday, September 3 from 9 a.m. to 3 p.m. at Memorial School. Early voting will be held from August 24-30 at Town Hall. Check the Town website for specific times.

Special Town Meeting: Save the Date! The Fall Special Town Meeting date has been set and will be held on Monday, November 18 at 6:30 p.m. at the Manchester Essex Regional High School. Residents will be asked to vote on MBTA Zoning along

with other potential Town matters.

Job Openings: The Town is seeking applicants for a Town Clerk, Assistant Town Clerk, Land Use Clerk, and Call Fire Fighters. Job descriptions and application process can be found on the Town Website.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Transfer Station is open on Wednesdays from 7:30 a.m. - 3 p.m. and Saturdays from 10 a.m. - 3 p.m.

Follow Us on Facebook, Instagram, and X @townofmbts and visit the Town website www.Manchester.ma.us to stay informed.

WHAT WAS HAPPENING

90 YEARS AGO - 1934

"Ollie" Slade, the young son of Mr. and Mrs. William Slade of Pleasant Street had the misfortune on Tuesday evening of fracturing one of his legs while playing with some other children in the neighborhood. He was taken to Beverly Hospital where the leg was set.

After several weeks of labor the Board of Assessors arrived at the new rate of taxation for 1934 on Wednesday evening which they give out as \$24.50 on a thousand or an increase of \$2.90 per thousand over last year.

75 YEARS AGO - 1949

Although the North Shore Gardeners were hampered by the long drought, still the Annual Summer Exhibition of the North Shore Horticultural Society, which was viewed by hundreds, was a decided success, it boasting an abundance of beautiful flowers, fruits, and vegetables.

The Manchester Fire Department's Hose Laying team turned in good time Monday at Ipswich, but fast competition kept them down in fifth place. There were 11 teams entered in the contest.

60 YEARS AGO - 1964

The Manchester Mariners climaxed a most successful season with a twin victory

in the play-off finals over the Essex townies. They beat the Essex club on Saturday 8-2 behind the effective hurling of Joe Kerr and closed out the season with a 10-3 decision in Essex, Sunday, with Tom Carroll picking up the win.

Officials of Manchester and Hamilton agreed Tuesday on continuation of progression at the Hamilton dump, to the satisfaction of both towns, allowing controlled burning for the purpose of rodent control, and frequent tests by the State Board of Health of the Gravelly Pond water supply.

45 YEARS AGO - 1979

Three young people from Manchester and three more from North Andover were arrested Tuesday night as a result of an intensive two-week investigation into a series of break-ins.

The Board of Water and Sewer Commissioners would like to notify the residents of Manchester that they have decided to use the fire alarm to notify water users when a curtailment on the use of water will have to be made. The use of the alarm will be made during an emergency, such as a broken watermain or when usage of water has reached the peak levels of pumping.

30 YEARS AGO - 1994

On Wednesday, August 10 at 4:30 p.m. about 75 family members and friends of the late police officer, William (Bill) F. McDiarmid gathered to dedicate a memorial plaque in his honor at the children's play area at Tuck's Point.

Mary Rimmer, Manchester's first Conservation Administrator, will step down from her duties at the end of August. After spending the last four-plus years assisting the Conservation Commission, and more recently the Planning Board administering state and local laws and governing wetlands, Rimmer will turn her focus toward her new consulting business, Rimmer Environmental Consultants.

15 YEARS AGO - 2009

The Manchester Essex 6th Grade Girls Travel Basketball Team just completed a very successful summer season going undefeated with a 13-0 record and winning the championship.

The Manchester Council on Aging is pleased to report that the first shipment of three large boxes have been sent to a National Guard Unit serving in Iraq. We will continue to collect items for the next several weeks, so please keep the donations coming.

...(Continued from page 2)

The other fundraiser is the council's Annual Fall Fundraiser, which begins in the summer. It is a familiar activity centered around a raffle whose prizes are donations of cash, and gift certificates for hotels, restaurants, and Cape Ann businesses. For more than 12 years, the Annual Fall Fundraiser has been the council's major means of raising revenue.

From 2023 through June, 2024 Council 1232 gave a record amount of donations. Following is where these funds were spent:

- Every year Council 1232 helps support two parishes and three churches, Visitation Parish-Sacred Heart, Manchester and St John the Baptist, Essex,
- And St Paul's, Hamilton.
- This year it also sponsored 2 seminarians studying for the priesthood at St John's Seminary in Brighton with a gift of \$1,000 each.

- Contributions of \$500 were made to each of the Councils on Aging for the towns of Essex, Hamilton and Manchester.
- Manpower and funds in support of the Beverly Community Supper.
- It supported The Open Door Food Pantry with a \$1,800 donation and our ongoing 24/7 food drive. Since 2018 the Knights have collected 10,558 pounds of food for The Open Door.
- Likewise, the Council supported the excellent work of Beverly Boot Straps Resource Center and Food Pantry with a \$750 donation.
- The Accord Food Pantry received \$500.
- The outstanding work of Meals on Wheels, Senior Care, Gloucester was recognized with a donation of \$1,000.
- Dana Farber Cancer Re-

- search Foundation received \$1,000.
- A \$500 donation was sent to the Hooper Fund, Manchester by-the Sea, supporting its after school related activities.
- Harbor Light Homes received \$250.
- Funding for CAMPS, Christ As My Personal Savior, summer campers' tuitions of \$1,120.
- \$1,000 donated to Essex County (MA) Habitat for Humanity.
- \$1,000 donated to Massachusetts Special Olympics.
- The Council Father Jack fund raised and gave \$1,000 scholarships to 17 high school graduates (132 scholarships in 19 years)
- \$250 to hurricane and tornado relief funds established by national Knights of Columbus
- In October our Tootsie Roll drive benefitted special needs individuals.

Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				RISE	SET
	AM	FT	PM	FT	AM	FT	PM	FT		
16 Fri	9:13	7.8	9:18	9.5	3:13	1.3	3:19	1.9	5:50	7:44
17 Sat	10:10	8.3	10:16	10.0	4:10	0.8	4:17	1.4	5:51	7:42
18 Sun	11:02	8.9	11:10	10.5	5:04	0.2	5:12	0.8	5:52	7:41
19 Mon	11:50	9.5			5:54	-0.3	6:05	0.2	5:53	7:39
20 Tue	12:01	10.9	12:36	10.1	6:43	-0.7	6:56	-0.3	5:54	7:38
21 Wed	12:50	11.2	1:22	10.5	7:29	-1.0	7:47	-0.6	5:55	7:36
22 Thu	1:39	11.2	2:08	10.8	8:16	-1.0	8:38	-0.8	5:56	7:34



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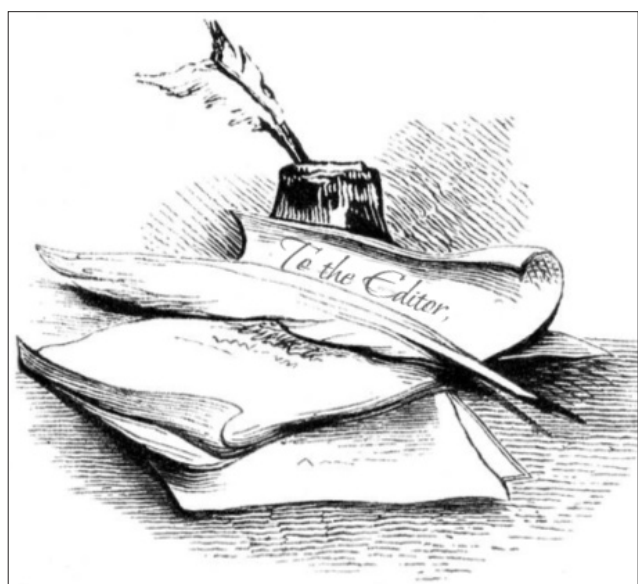


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The Cricket publishes every letter it receives. Letters should be original, no more than 400-600 words and written in a general spirit of discourse, signed and include an email/phone and a valid address in case we have questions. We may edit letters for clarity and accuracy. We do not accept multiple letters on a single issue by the same author. Longer pieces (up to 1,000 words) may be submitted for consideration as an Op-Ed Commentary. Please send submissions to letters@cricketpress.com.

Another Great Chelsea Veterans Home Outing in Manchester

To the Editor,

The Legion would like to thank the following for helping on August 5th at the Picnic for Residents of Veterans Home at Chelsea:

- Yacht Club and Harbor-master for supplying boats and taking residents on a tour of the Harbor.
- Police and Fire Departments for providing an escort into Town.
- Manchester Cricket for taking photos of the event.
- Todd Crane, Kettle Cove Catering for catering the event.
- Legion Auxiliary for supplying desserts.
- And everyone who attended the event to help.

Thank you from Amaral-Bailey Post 113 Manchester American Legion.

Allan Kirker, Commander
Manchester American Legion,
Post 113

Business Profile of Downtown Essex is Changing, as it Always Has ...

RE: the state of business in Essex, and recent letters by Ed Neale and Rob Fitzgibbon, the Town's "schizophrenic" approach seems more like the balancing of differing needs of residential and commercial interests.

The "headwinds" that they mention certainly include the post-COVID challenges faced by businesses nationwide,

and inflationary cost pressures. However, Essexites have known for years that the Causeway is bound to transform itself, as the antique trade isn't what it used to be, even with online sales taken into account. Some other businesses, notably the brewery, are struggling not because of Town policies but due to their own challenges. Meanwhile, as Mr. Fitzgibbon pointed out, many new and interesting shops and restaurants are opening, so maybe the business environment is not so bad?

The Town has had one obvious focus on the Causeway, which—let's face it—is a difficult place to attract the foot traffic needed to sustain a good mix of businesses and services. Parking is scatter-shot and the through traffic on this State road is heavy, including lots of heavy trucking. The Town and the business community should do more to address these issues. The ill fated "period" lighting project would have been a nice touch, but if I stalled would have competed with the numerous, ugly, privately owned orange sodium lights that burn all night and make parts of the place look like a warehouse facility. I have corresponded with Town and business officials several times about getting the owners to participate in lighting improvements by replacing these with something more attractive, without any positive response.

Most significant is the recently enacted Essex Downtown Zoning District, allows mixed use by right and is intended to give business own-

ers more flexibility in an area where just about every parcel was "non-conforming" with the bylaw.

Few will recall this now, but 20 or so years ago there was an ad hoc committee formed to work with MASS Highway on the design of the Route 133 upgrade across the Causeway. The affected businesses had a lot of influence on the design details of that project, including several areas where there are now "drive over" sidewalks allowing access to privately owned parking spaces. Since then, we've added "pocket parks" and a lot of really well done, interpretive signage.

Town-wide planning actions seen as adverse have in fact been in response to citizens' concerns and input, not some form of executive fiat. There was not a "business moratorium", per se, but a moratorium on changing property from non-business uses to new business or industrial. This was approved and extended twice by overwhelming Town Meeting votes, and reflects concerns that residential properties were being re-purposed for event venues, heavy equipment yards and other intrusive uses; it gives the Town, through the Planning Board, breathing room to overhaul the Zoning Bylaw.

Board members past and present and many citizens have recognized these needs for years and the current Board should be commended for taking them on. They have updated the Site Plan Review process for clarity, and added hearings and abuter notification for projects involving a change of use. They are also considering residential zoning districts, where Essex with its near total lack of same stands alone in eastern Massachusetts. I believe that they are trying hard to bring some manner of predictability to residential and business owners, including clarification of mixed uses on single lots.

If you want to know more, and make your voice heard, there are documents online, a series of workshops, and your elected officials' emails available to you. Meanwhile, enjoy the rest of summer. The greenheads are gone!

Mike Dyer
Essex

Cricket's Article Highlights Importance of Local Tree Diseases

Thank you for the excellent article regarding new and common tree pests that are attacking our street trees in

Manchester ("Batting New and Common Tree Pests and Diseases," Manchester Cricket 8/2/24).

I would like to point out that, unlike Beech Leaf Disease (BLD) and Emerald Ash Borer (EAB), the Oak Shot-hole Leafminer is "not usually considered a significant pest of oak, and the damage it causes typically does not have a significant impact on the overall health of the tree," (U. Mass Extension Urban Forestry Program). BLD and EAB, on the other hand, are rapidly killing our Beech and Ash trees, respectively.

As pointed out in The Cricket article, Bartlett Tree Research Laboratories has been at the forefront of research to study Beech Leaf Disease, caused by a nematode that attacks the leaves. On a positive note, as recently as March, experimental treatment trials showed that foliar treatment of the fungicide fluopyram, when applied at the right time, kills over 90% of live nematodes.

A milder option that is promising uses potassium fertilizer to reduce the symptoms of BLD. If you have a specimen landscape Beech, I encourage you to contact your arborist to understand the options and cost for treating your tree. The Friends of Manchester Trees (FOMT) has begun treating several of our public Beech trees with a phosphite soil drench, applied twice each year.

Unfortunately, it is not feasible to treat the ubiquitous Beech trees in our Cape Ann forests. Without treatment, young Beech trees will usually die within 2 to 5 years, while older, larger trees will succumb to BLD within 6 to 10 years. Emerald Ash Borer (EAB) has been around for a longer period and Manchester has already lost many of its large Ash trees. However, there is a proven treatment that entails insecticide injections into the trunk. Beginning this summer, FOMT and the Manchester DPW have partnered to treat 13 public Ash trees from further EAB damage. Again, I encourage you to contact your arborist if you have an Ash tree on your property. For more information on BLD and EAB, go to www.friendsofmanchestertrees.org.

Jody Morse, President,
Friends of Manchester Trees

How Is Your Town Handling the Massachusetts Public Records Law?

Some may not be aware that you have a right of public

information. Massachusetts Public Records Law governs the means and access to those records.

For those who may want to know more about this topic, there is a "A Guide to the Massachusetts Public Records Law" (<https://www.sec.state.ma.us/divisions/public-records/download/guide.pdf>) that is readily available using the included link. In addition, if I am not mistaken, there should not be a service charge if the response takes an hour or less.

In the past, I have made Public Records Requests in my town of Rockport. The town staff had always responded quickly and courteously in those previous requests. Back then, it was somewhat satisfying seeing that our tax money provided citizens normal services without a lot of "Red Tape."

More recently I made a rather simple request that our town provide the list of companies and their bids for the new DPW building and, of course, who was awarded the job. Since I personally have been involved in bidding on projects for different municipalities, I always found the results of bids to be very quickly found and provided for review. I could be wrong, but I don't even believe I was ever charged for that information from these particular municipalities.

With my recent Rockport request, I expected the town staff, as before, to quickly provide that readily available information. Nevertheless, my request was handled in a much more bureaucratic manner this time. Although I expected, perhaps at most, that a town clerk could access and provide that information in less than a half-hour, I was informed it would take approximately 2.5 hours and there would be a charge of \$62.50 for that service.

Although I am not opposed to paying for public information that would require a great deal of clerical work, I do have to question the validity of this charge for this simple and, I would think, normal request. I hope this is not a trend that other towns will follow, or Rockport continue. Nevertheless, I plan on accepting this charge and going forward with my request. However, I do believe this "new" formal way of handling even the simplest Public Records Request may stifle many of our citizens' simple requests to learn more about the workings of their own town.

Unreasonable charges requiring a trivial amount of clerk time will ultimately

discourage citizens from participating in town issues and government. I believe that would be travesty. If you agree, may I ask you to please let our Rockport Select Board and Town Administrator know your feelings.

Thank you.

John T. Kolackovsky
Rockport

Thanks for Another Amazing Festival by the Sea

On behalf of the Greater Cape Ann Chamber of Commerce, I would like to extend my sincerest gratitude to Manchester-by-the-Sea for allowing us to host Festival by the Sea this year.

Thank you, to the Manchester-by-the-Sea Selectboard, Police Department, Fire Department, and Department of Public Works. Your collaboration in planning the event and support throughout the day ensured a fun, safe, and successful community event for all. A huge thank you to Manchester-by-the-Sea for welcoming the countless visitors who came to town to enjoy the festival and all the town has to offer.

Thank you to Manchester Essex Rotary Club for your incredible assistance with Festival by the Sea and everything you do for the community.

We deeply appreciate the downtown business community for supporting the event and for keeping downtown Manchester-by-the-Sea vibrant throughout the year. In turn, thank you to all the attendees who supported our local businesses on Saturday and for supporting our business community throughout the year. Tremendous thanks to all our sponsors, including co-presenting sponsors M&T Bank and Harbor Point Condos, Gold Bandstand Sponsor Kelly Auto, Gold Sponsor Applied Materials; Supporting and Transportation Sponsor Beauport Ambulance; Supporting Sponsors Cape Ann Savings Bank, Mike Storella and Sulco. Your generosity and the generosity of so many event supporters made Festival by the Sea 2024 possible.

The Greater Cape Ann Chamber of Commerce is fortunate to be part of such a special community and we look forward to a future full of fun community events like Festival by the Sea!

With gratitude,

Steve Buckley, CEO
Greater Cape Ann Chamber of Commerce

LIBRARY NEWS

This week, the Manchester by the Sea Public Library is hosting many events, including the Mystery Book Club, Dungeons and Dragons for adults, a Borel Bookie Birthday Bash, look for these and more.

Second Annual Falling for Art Exhibit and Sale, October 18-20, 2024. Artists are invited to submit 3-5 digital jpeg images by September 30. Photos must be labeled: Last Name_First Name_Title of the Piece.Price. Fifty percent of the proceeds benefit The

Friends of the Manchester Library.

MBTS Library Summer Hours

The library will be open Monday, Wednesday, and Friday from 10 a.m.- 5 p.m. Tuesday and Thursday from 10 a.m.-7 p.m. The library will be closed weekends in July and August.

Cookbook Club

Tuesday, August 20 from 5:30-6:30 p.m. August's pick is "Dories's Cookies" by Dorie Greenspan. Register for a recipe from the cookbook online or take out a cookbook. Please register so we know how much cutlery to have on hand.

Maine Destinations for Stephen King Fans (Virtual)

Tuesday, August 20 from 7-8 p.m. Author Sharon Kitchens will discuss her new

book, "Stephen King's Maine: A History & Guide."

Mystery Book Group

Friday, August 30 from 10:30-11:30 a.m. This August we are reading "Bitter Medicine" by Sara Paretsky.

Hearthside Book Group

Tuesday, September 3 from 4-5 p.m. Join us to discuss "Architects of An American Landscape: Henry Hobson Richardson, Frederick Law Olmsted, and the Reimagining of America's Public and Private Spaces" by Hugh Howard.

Diversity Matters Book Group

Tuesday, August 27 from 6-7 p.m. We will be reading the last 300 pages of "Malcolm X: A Life of Reinvention", by Manning Marable.

Dungeons and Dragons for Adults (Virtual)

Monday, August 26 from 7-9 p.m. Have you ever wanted to try playing Dungeons and Dragons and don't know where to start? Or maybe you've played before but don't have a regular group? Whatever your level of experience come join us for a one-shot adventure!

Tai Chi: Starting Wednesdays in June from 9:45-10:45 a.m. at Masconomo Park. Susan Halpern will be teaching Tai Chi in the park on Wednesdays, throughout the summer. Longevity Tree is part of the internal arts known in China as Qi gong. Qi gong means to cultivate energy with discipline. The Longevity Tree is a form that addresses the balance of mind, body and spirit, by combining move-



Kids and families had such a blast at our Librarian Olympics. Courtesy Photo

ment, deep breathing, and alertness. Please complete the Safety Release Registration Form and familiarize yourself with the form if you will be joining.

Digital Advice Appointments on Monday and Drop In on Friday

Register for a dedicated session Mondays at 12 or 12:30 p.m. or drop in on most Fridays between 3-4 p.m. We have guidance for easy to moderate tech issues. Please bring your device, charger and any passwords associated with your device or project. This is a program to offer one on one instruction on how to better utilize your technology, we cannot do a

tech project for you and certain issues will be outside of our digital expertise.

Mindfulness Meditation at the First Parish Church Meeting Room

Every Tuesday from 11 a.m.-12 noon. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. No meeting August 27.

Shut Up and Write (Virtual)

Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom.



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Flowers of Cape Ann

Regional native flowers abound all summer long, and well into the fall. We've published random listings of local flowers every year for the last five years. Here are some beauties, and where to find them.



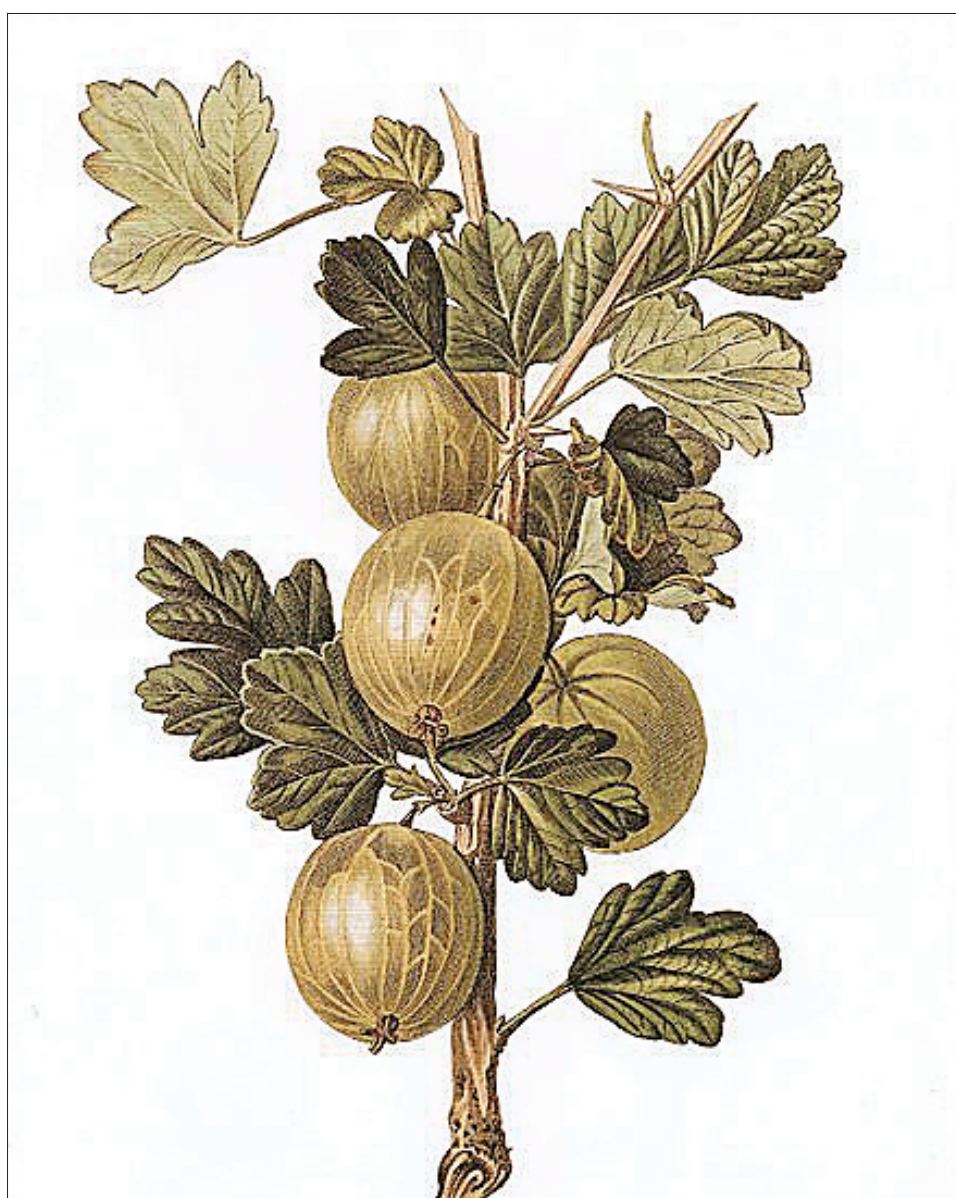
Magnolia Glauca

A most beautiful and rare large shrub found in the swamp of Magnolia and Ravenswood Park, entered from a road leading west about halfway between Freshwater Cove and Magnolia.



Mountain Laurel (Kalmia Latifolia)

Near end of Harrison Avenue in Gloucester, and near the Cemetery from Highland Avenue, Rockport.



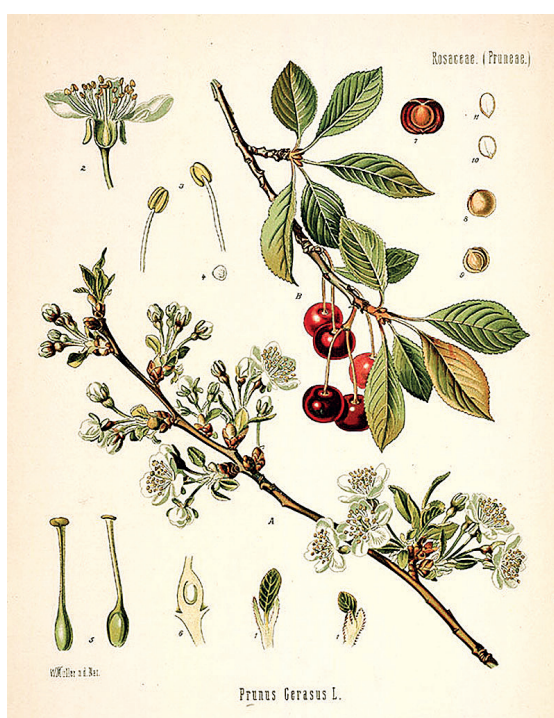
Gooseberries Ribes uva-crispa

Can be found along the shores of the Cape in August and September.



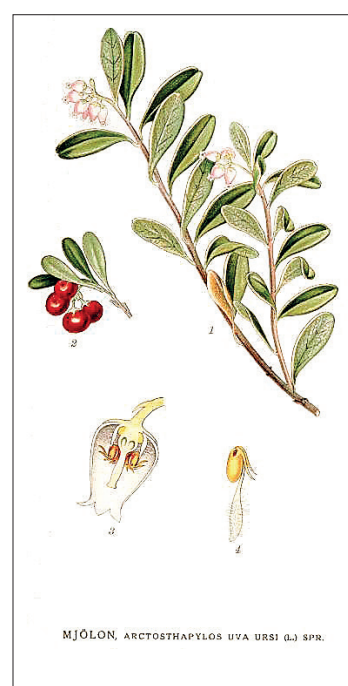
Lady Slippers Cypripedium Pubescens

Throughout the Magnolia woods, coming in mid-September.



Cherry Trees Prunus Gerasus

In many places, especially Wheeler's Point and Thurston's Point, bordered by the Annisquam River.



Barberry Bushes

At Dogtown and on road from Freshwater Cove to Magnolia, in September.



False Foxgloves Gerardia flava

Vicinity of Russ's Island leading from Concord St., West Gloucester.



Cardinals

In the vicinity of Witham Street and the Catholic Cemetery, in August.

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ME Hornet star baseball player Troy Flood was presented with an official Massachusetts Citation for service for athletic excellence by Sen. Bruce Tarr. A graduate of MERSD's Class of 2024, Just two days after receiving the citation, Troy was off to Auburn University in Alabama to start his college career. Here, from left, Sen. Tarr, Troy Flood, and parents Dina and Marty Flood were at Reed Park in Manchester (where coincidentally Troy has worked for Manchester's Harbor Dept. for the last four summers) for the official presentation on Monday. Congratulations Troy Flood!

Photo: Erika Brown

Women, Friendship, Family & Revolution in "Wish You Were Here"

By Erika Brown

On Sunday afternoon, I attended the opening performance of *Wish You Were Here*, a play by Pulitzer Prize-winning playwright Sanaz Toossi, currently running at Gloucester Stage as the third play in the theater's 45th anniversary season.

Wish You Were Here begins with a slow build, but its heart-wrenching, bittersweet conclusion packs a powerful punch. Stick with it—the emotional payoff is worth it.

Directed by Melory Mirashrafi, the regional premiere runs through August 25 and centers on the lives of five Iranian women navigating a decade of turbulence in 1980s Iran. Set entirely within one living room, the play follows these close friends as they transform from giddy girls to women who all come to understand the often harsh limits of life, all as their country undergoes its own transformation through violent political revolution and religious upheaval.

The play has won the Edgerton Foundation New Play Award, Toossi's script has been described as a tapestry of "breathtaking humanity" interwoven with "cutting wit." That's true. The narrative is both universally resonant and deeply particular. The friends plan weddings, share secrets, and exchange sharp banter—all while confronting the chaos outside their doors that threaten their tightly knit bond.



Wish You Were Here, playing now at Gloucester Stage Company. From left, actors Aryanna Asefirad, Josephine Moshiri Elwood, Cerra Cardwell, Isan Salem, and Deniz Khateri. Jason Grow Photography

The ensemble cast, each actress of Iranian heritage, makes a striking debut on Cape Ann. Isan Salem as the grounded Zari, Deniz Khateri as the idealistic Nazanin, Aryana Asefirad as the introspective Rana, Cerra Cardwell as

the fiery Shideh, and Josephine Moshiri Elwood as the enigmatic Salme bring Toossi's vivid, complex characters to life. The play was honed over weeks of rehearsal, and together on stage, these actors feel like lifelong friends. Remarkably, the play also credibly portrays the passage of time and the dramatic changes in the characters' lives.

Rebecca Bradshaw, Gloucester Stage's artistic director, captured the essence of the play when she said, "you feel like you have a seat on the couch next to her characters. They are messy and hilarious, but also haunted by the daunting realities seeping through their curtains." She's right. *Wish You Were Here* celebrates the beauty, ridiculousness, and pain of these women.

It's also true that any story that delves into cultural tradition, particularly those steeped in religion, often tread carefully. Not this one. *Wish You Were Here* fearlessly goes into the intimate

world of these women, who are funny, brash, and candid in a way that more than once made me think, "Did she really just say that?!" (Not to spoil anything, but, oh yes, she sure did.)

The technical production is worth mentioning for its thoughtful and creative visual and auditory design. The audience feels the revolution unfolding outside entirely through sound coming from off stage and it builds a steady, everpresent feeling of pressure. Also, simple changes in stage elements or costume additions—like adding a simple scarf—effectively convey jumps in time. These techniques—scenic design by Lindsay Fuori, costume design by Karen J. Gilmer, lighting design by Amanda Fallon, sound design by Bahar Royae, and prop design by Emme Shaw—come together and really enhance the narrative.

I'm not Iranian, yet the play resonated deeply. I grew up in a home where only Spanish was spoken until I was

These women in 1980s Iran are simultaneously modern and traditional, and their lives are shaped by forces beyond their control.

about 10, led by my Costa Rican godmother. Like many, I was surrounded by a diverse ethnic community. Listening to the banter of these 1970s and 80s Iranian women felt familiar, reminding me of my godmother's generation in "girlfriend mode."

That said, being nearly 60, I remember Iran's 1979 Islamic Revolution, the ousting of the Shah, and the installation of a religious government. I recall the occupation of the American Embassy and the year-long captivity of 52 American hostages. These historical events added another layer of significance to the performance.

Wish You Were Here is a

show about women—women who aren't at the forefront of political revolutions but who often deal with the aftermath. These characters aren't revolutionaries; they cherish the traditions that make up the rich history of Iran and Persia. The food, social ceremonies, marriage, children, and faith—all the elements that bind communities together—are present in this circle of women. They are simultaneously modern and traditional, yet their lives are shaped by forces beyond their control.

As their world heats up with political upheaval, their bonds are tested but somehow remain unbroken.

Performances are scheduled for Wednesday and Thursday at 7:30 p.m., Friday and Saturday at 8 p.m., and matinees on Saturday and Sunday at 3 p.m., all at the Gloucester Stage Co., 267 East Main St., Gloucester.

Tickets are now on sale and available at GloucesterStage.com.

ScottEnergy Community Bulletin Board

Lobster-on-the-Harbor

Manchester Lodge and Manchester Legion Post 113 invite you to a community cookout!

4-7 p.m.
Sunday,
Aug. 25

Music starts at 4 p.m.
Dinner served at 5:30 p.m.

American Legion Hall
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~ Meister Eckhart ~

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Town Administrator's Report

Board of Selectmen's Meeting of August 12, 2024
Report covers from July 20, 2024 to August 9, 2024

Housing Production Plan Proposal Review

As reported previously, the Metropolitan Area Planning Council (MAPC) had been working on a proposal for the development of a Housing Production Plan, under the guidance of the Essex Affordable Housing Trust (AHT). MAPC delivered its first draft of that proposal on July 19, 2024 and the Town Administrator (TA) reviewed it along with Town Planner Valerie Massard and Chairman Pereen (who also chairs the AHT). After providing MAPC with our feedback, Chairman Pereen scheduled an AHT meeting for August 22, 2024 to review the revised proposal with the Trust. Should the Trust desire to move forward, the Trust has the authority to enter into a contract directly with MAPC and has ample funding in place to commission the \$68,200 study (\$5,000 of which will be covered by MAPC as in-kind technical assistance).

Economic Development Committee Meeting Summary

The TA participated in a meeting of the Economic Development Committee (EDC) on August 1, 2024. Chairman Pereen was also present for the meeting. The EDC has moved to a co-chair arrangement and Ryan Madrigal has joined Jodi Harris in that role. The Committee received an update concerning the Town's efforts to have the Essex causeway studied further with respect to a solution for future flooding, along with updates on the Centennial Grove improvements and other items. The topic of possible parking kiosks was raised and the Committee asked if the Selectmen had any interest in pursuing installation of these devices.

Secondary Sewer Treatment Cost Discussion by Board of Public Works

At the last meeting, the Board requested that the TA ask the Board of Public Works (BPW) about its appetite to potentially finance the Town's entire portion of the Gloucester secondary sewer treatment upgrade via general taxation. When Essex installed its own sewer system, 28% of that cost was borne by general taxation and 72% was borne by sewer betterment payments. With respect to the secondary upgrade cost, the betterment option will not be available, making the use of the sewer rate the other possible vehicle. The BPW has indicated that they favor arranging for 28% of the secondary treatment cost being



borne by taxation, with the remaining 72% being borne by sewer rate payers. I have also learned that the BPW does not necessarily wish to utilize the fund resulting from the payment of betterment interest to defray any portion of the secondary treatment cost. The BPW may like to reserve the use of that fund for capital costs within the sewer system in Essex - but the matter is still under discussion.

North Shore IT Collaborative Meeting Summary

The TA attended the subject meeting on July 25, 2024 along with representatives from other communities. The Collaborative is anchored by the Town of Danvers IT Department and provides services to area communities. Presently, the Collaborative is focusing on preparing for internal and external network penetration testing and testing of users via phishing and social engineering simulations. The Collaborative may eventually offer itself as an Internet Service Provider and may offer a Microsoft Office 365 backup solution. The present Memorandum of Understanding (MOU) for the Collaborative expires at the end of fiscal year 2025 and the successor document will probably be an Intermunicipal Agreement (IMA) - which the Board will have the opportunity to review in advance.

Cyber Net Webinar

Our insurer, the Massachusetts Interlocal Insurance Association (MIIA) has provided its members with access to a new training platform known as Cyber Net. This on-line e-learning platform is useful for training employees on cyber security best practices and provides support in the event of an incident. The TA participated in a webinar concerning this new offering on July 23, 2024 and we will be recommending some training to our users.

Hiring of New Town Clerk

The Board interviewed

Town Clerk candidate Holly Dash on August 1, 2024 and voted to offer Ms. Dash the position, to replace outgoing Town Clerk Ann Dunne. Ms. Dash has accepted the position and is set to begin service with the Town on September 9, 2024. Ms. Dunne's last day in a full-time capacity with the Town was August 9, 2024 but she will remain available on an hourly basis to advise the Town Clerk's office until Ms. Dash begins work.

Award of Roadway Resurfacing Contract

Bids for roadway resurfacing for portions of Choate Street, Harlow Street, and Belcher Street were due on July 26, 2024. The Town received a total of four bids and the lowest responsible and responsive bidder was EJ Paving of Methuen, with an item-bid of \$137,797.50. The Board of Public Works has reviewed the bid and has recommended its award.

Centennial Grove Tight Tank System Update

The two tight tanks that will eventually serve a new restroom facility at the Centennial Grove were set in place during the week of July 22, 2024 and have been backfilled to the extent possible at this stage of construction. The bulk of other materials necessary to complete the system have now been delivered to the Town and will be stored until work on the system resumes. Restroom facility construction will be undertaken by volunteer professional tradespeople this fall, in a fashion similar to the arrangement used to build the new pavilion at the Grove. Thereafter, the building sewer to the tight tank system will be installed and the system can be made operational.

Removal and Replacement of Mooring Blocks with Respect to Dredging

As reported previously, it will be necessary to remove and replace the anchor blocks for all moorings that are in the path of the proposed dredging of the Essex River

that will likely commence this fall. The Harbormaster conducted a site visit with personnel from the Army Corps of Engineers on July 19, 2024 and 27 moorings were identified as needing to be temporarily removed. The Harbormaster then solicited a quote on removal and replacement services from a local marine contractor that is very familiar with the river and Essex moorings (Essex Bay Mooring) and the cost will be \$9,450 (a per-mooring cost for removal and replacement of \$350).

Public Water Supply Well Third Bid Attempt Update

The Board authorized at a past meeting a certain scope of work for a third bid attempt concerning improvements to the Town's public water supply wells, with an added engineering fee of \$40,000. The Board of Public Works also reviewed the scope and asked if our engineering consultant would include two add-alternates to the bid documents in order to get pricing on other items that might be above the available American Rescue Plan Act (ARPA) funding. The thought is to go out to bid in fairly close proximity to the Fall Town Meeting and not award a contract until the Fall Town Meeting considers whether it would like to add a Town appropriation to perhaps exercise one or both of the add-alternates. If Town Meeting is not interested in adding funding, then the base bid will be awarded and the remaining ARPA funding will be spent on Town operations (with that surplus number falling to free cash at the end of fiscal year 2025). Our engineering consultant was agreeable to including the add-alternate work in the bid documents within the same \$40,000 fee and work will soon commence.

Update Concerning Title Research on Large Owner Unknown Parcel

Title researcher Brian Barbre has completed his third phase of work with respect to the large owner unknown parcel off of Southern Ave-

LIBRARY NEWS

T. O. H. P. Burnha
Public Library



Congrats to Clara, winner of the Summer Reading Coloring Contest. Clara received a goodie bag of art supplies. (Courtesy Photo)

The Bookshop: A History of the American Bookstore (Virtual)

Monday, September 9 at 7 p.m. Join author Evan Friss as he discusses his book and the "engaging history of the American bookstore and its central place in American cultural life".

Enjoy a Local Museum

As summer winds down, visit the library or our website for a list of museum passes available to reserve and receive a discount on entry.

Summer Explorers

Wednesdays at 10 a.m. for children ages 0-6 years. This is a playgroup in the park, participants should register.

NEW DATE: World Fair & Summer Reading Finale

Tuesday, August 20 at 6 p.m. for children ages 5 and older. Enjoy sights, tastes, sounds and crafts from various countries and a stamp in your passport for each. Please register.

Library of Things

Stop by to borrow lawn games, a power washer, hot spots, DVD/CD player and more.

Regional Social Worker

Wednesdays, 9 a.m.-12 noon in the first-floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

ESSEX POLICE NOTES

MONDAY, AUGUST 5

8:44 a.m. Wood Drive, agency assist, assisted as needed.
9:20 a.m. Martin St., utility request, notification made.
2:49 p.m. Southern Ave., community policing, assisted as needed.
9:27 p.m. John Wise Ave., directed patrol, secured/checked.

TUESDAY, AUGUST 6

6:03 a.m. John Wise Ave., animal complaint, report to follow.
12:25 p.m. Western Ave., fire alarm, secured/checked.
4:48 p.m. Main St., fraud/scam, report to follow.
8:40 p.m. Choate St., animal complaint, notification made.

WEDNESDAY, AUGUST 7

8:32 a.m. Route 128SB, motor vehicle crash, no EMS.
2:50 p.m. Conomo Point Rd., fire wires down, notification made.
5:38 p.m. Low Land Farm Rd., agency assist, notification made.
9:27 p.m. Essex Park Rd., male with chest pain, transported to hospital.

THURSDAY, AUGUST 8

11:55 a.m. Main St., motor vehicle crash, report to follow.
2:03 p.m. Main St., disturbance, report to follow.
2:12 p.m. Dodge St., male unconscious, transported to hospital.
9:09 p.m. Belcher St., welfare check, assisted as needed.

FRIDAY, AUGUST 9

1:27 a.m. Martin St., directed patrol, secured/checked.
6:18 a.m. Conomo Point Rd., directed patrol, secured/checked.
6:34 a.m. Landing Rd., directed patrol, secured/checked.
6:53 a.m. Centennial Grove Rd., directed patrol, secured/checked.

SATURDAY, AUGUST 10

No report.

SUNDAY, AUGUST 11

11:31 a.m. John Wise Ave., citizen assist, other.
2:17 p.m. Southern Ave., fire alarm, fire false.
4:00 p.m. Eastern Ave., disabled motor vehicle, secured/checked.
6:54 p.m. Eastern Ave., parking complaint, citation issued.

Essex Locals | August 16

115 Years Ago - 1909

The hardest rain storm for many months began early Monday afternoon, with light showers which about noon Tuesday, turned into a pouring rain with quite low temperature. Crops were greatly benefitted.

90 Years Ago - 1934

Students of the Essex County Agricultural School will be interested in the annual Future Farmer's project tour and picnic. The plans for the day include the inspection of several worthwhile projects and a picnic at Canobie Lake Park.

Essex Senior Living | AUG 16

The Essex Council on Aging (COA) offers a variety of events and trips for seniors. For further information or to sign up for an event, please call the Essex COA Office at 978-768-7932 or visit the Senior Center at 17 Pickering Street.

RECURRING EVENTS

Monday Groove (Video), Mondays, 9:30 a.m.: Get your dancing shoes on and join this fun, energetic dance class! Video, no instructor. \$5 donation suggested.

Arts & Crafts: Tuesdays, 1-3 p.m.: Are you artsy? Do you love to paint, knit, crochet, or sew? Do you like creating different projects? Join us with your own project or help with making items for the Friends Boutique.

Balance in Motion, Tues-

days, and Fridays, 10 a.m.: \$5 Donation requested.

Fitness Fun with Gil: Wednesdays, 10 a.m.: Start your day than with Gil and focus on strength, stamina, and stretching... energize yourself and leave feeling good! \$5 Donation suggested.

Technology Assistance, Wednesdays 1-3 p.m.: Do you have questions about your computer, tablet, phone, or other technological challenges? Our Tech genius can help!

Ga.m.es with Gil at the Se-

nior Center: Wednesdays 1-3 p.m.: ALL AGES WELCOME, come play BOARD ga.m.es or Scrabble, Boggle, Cribbage, Backgammon, join us or bring a friend and come play ANYTIME!

Walking Club: FREE, Pass Required* Mondays, Wednesdays & Fridays, 9:30-11:30 a.m.: Passes available for the Gordon College Bennett Center indoor walking track! *Contact Hamilton-Wenham Recreation at 978-468-2178 to register. Transportation is available from CATA (978-283-7916).

Grab and Go Meals, Mondays & Thursdays, 12 noon (must be picked up by 12:30 p.m.): Monday meals provided by Open Door, Thursday meals provided by Senior Care. Please register two business days in advance - 978-768-7932.

MONTHLY EVENTS

In addition to our recurring weekly and monthly events, we host numerous exciting events every month, all of which are highlighted in our monthly newsletter and calendar, as well as on the Essex COA Webpage.

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AT HOME NOW

Finding That Magic Middle Ground



Jennifer Coles

There are lots of reasons someone might want to hire an interior designer. And usually it's exactly that—lots of reasons, not just one. But the big ones are frequently the same for most clients.

Most are after a polished look that they're not sure they can create on their own. They also usually want some guidance on navigating a complicated construction process, and help with decision making for all the materials that their project requires.

But the nuts and bolts of doing my job may include more subtle dynamics to navigate as well. One issue I encounter frequently is when couples have different ideas on what their project will be and how they want it to look. This can present an emotional snarl for sure, so I tread carefully and try to stay analytic in my approach to finding common ground.

I start with the broadest of strokes. Let's first determine what exactly your project will be. Because for an initial meeting that isn't necessarily clear. Maybe your wish-list is larger than your budget and

you need help creating a phase-one and a phase-two plan. Or maybe you are desperate for a mudroom, but your partner wants to prioritize a wet bar, which may put you and your mate at odds.

When faced with this situation, I like to break things down into terms of your home's core functionality. It's a very basic concept. In my opinion, every home needs to have the capacity to keep its tenants healthy, warm, dry and reasonably organized. Because it is this designer's belief system that those qualities are the cornerstones of creating happiness in a home.

Am I wildly over-simplifying?

Absolutely!

But I still think there's a kernel of truth there worth acknowledging.

I remember moving from a small house to a bigger one. Our family had unexpectedly grown, and then grown again, and our latest bundle was sleeping in a laundry basket between our two bureaus. So, we moved to another house that wasn't the most charming, but it had the right number of bedrooms and was smartly outfitted with an area for toys, and a mudroom, and a walk-up attic, and the

like. I remember looking around that empty house and thinking to myself, if I lived here, I think I'd be a better parent.

And when I got there, I kind of was. I found that the stakes were just lower on lots of everyday things. Take having a mudroom for example. Suddenly it wasn't the end of the world if the kids just dumped their stuff willy nilly in their hurry to tell me about their day. And I didn't have to punctuate their every entrance with a nag about where their things should go. My two girls that were closest in age? They finally got their own rooms so their relationship improved. We didn't stay in that house for very long, but I've always remembered the nice feeling of the pressure being released from my parenting valve just a little bit. That's the kind of impact some core functionality can have in your life.

So that's the first thing I do with two clients who are not on the same page. I try to help them prioritize the projects that allow them to live better. After that, it's like any other negotiation, you kind of swap out something for one and then something for the other. I pepper in some guidance along the way of

course. I know a screening room in the basement will be expensive, and I also know that a simple build-out in the laundry room will be small money with a big impact. So, I can use my experience to give their wish-list some perspective.

But that's only half the battle, because the aesthetics of what their project will actually look like can create yet another wrinkle for certain couples. And I don't mean that one person has "good" taste and one person has "bad." I just mean that they need to cohabitate in a space that feels comfortable to both. In general, I think it's unproductive for these folks to adhere to one over-riding theme like "white farmhouse chic" or "mid-century modern." I think something more eclectic can be more interesting anyway, and it's a nice way to meet in the middle.

That said, eclectic can be hard to pull off. Especially if you are in the market for one-off's, like we just need a sofa or we just need a new bureau. Because this could be the moment your mate takes you to the mat for that shiny leather sofa that gets plopped into your Laura Ashley living room, with a: "But I've

been living with all these florals, why can't we have just one thing I like?" You can see it's a tricky business. And one that can be more emotional than it seems on the surface. We were brought up with certain styles, we are bombarded with all the "shoulds" built into social media, and we've all spent time in rooms we have hated, or we have loved. Opinions can run deep and heels can easily dig in.

And when all that is going on? Well, I think it's a good time to take a beat. Have the next conversation with your mate be about the life you are building together. And not your Instagram worthy life; but your true and genuine, messy and wonderful, warts and all, real-life. How do you both want to live it? Do you entertain formally? Do your children have enough room to thrive? Are there pets in the picture? We are people with passions and the important ones should be accommodated. For some people that's one hundred pairs of shoes, for others it's action figure collectables. It is not our place to judge, because a home is about accommodating real life, not the other way around.

I also find Pinterest to be helpful here. It's a good place to find designs that you both like. Those pictures can be so valuable. I know people that return to their same three to four inspiration photos again and again during a renovation. They take them to the tile store and they use them when they talk to the floor refinishers. I use them with clients all the time, to remind them of the look that we agreed we are going for.

Can that look change as the job progresses? Absolutely, and usually it should. But let's know when we adjust our goal so we can stay focused on the new one. The beautiful thing is, your finished project will not look like that photo you've been carting around. And that's a good thing, because your project will always be unique to you. You and your mate bring your own special mojo into your home, and if you do it right, your choices along the way will reflect that mutually.

So, hug your partner, enjoy your kids, and remember to pause when the pressure builds. Because those qualities are also the cornerstones of creating happiness in your home. And they don't even need a construction budget.

Jennifer Coles is a local interior designer. www.colescoloranddesign.com Instagram: [coles_color_and_design](https://www.instagram.com/coles_color_and_design)



Beautiful in Washington DC

Ceramic artist Anna Kasabian's newest public installation, a triptych titled *Jardin Du Trille Neiges*, made of hand-formed porcelain flowers on 2' x 2' panels have been installed in the penthouse lounge of the new Washington, DC luxury residential building, Ozma.

Art curator Peggy Sparks of Artist's Proof of

Washington, DC purchased Anna's work into the project.

"I am totally thrilled to have my work included in this spectacular project!" Anna says.

The artist has public commissions installed in luxury properties across the United States and collectors of her work span the globe.



"Barbie, Ken and Taylor Swift in Concert"

A highlight of the 2024 Antonio Gentile Bandstand Summer Concert Series will be the "Barbie, Ken and Taylor Swift" concert on Saturday, August 17, at 6:30 p.m., at the bandstand in Stage Fort Park, Hough Avenue, Gloucester. The rain date is Wednesday, August 21, at 6:30 p.m. The Cape Ann Community Band performs the concert featuring vocalist Alexandra Grace and the students of her Rockport music studio singing Taylor Swift tunes from the Era's tour and tunes from the Barbie movie. The

audience is encouraged to wear pink to celebrate Barbie; bring your Barbie doll and friendship bracelets. "Be prepared to sing along! The entire program is to be music from Taylor Swift and the Barbie movie!" said David Benjamin, who is also the conductor of the band.

"This program was performed by the North Shore Concert Band earlier this summer at Salem Willows and over 450 people attended to celebrate this fun music! Don't miss your chance to see and hear this event in

Gloucester." said Benjamin.

The Cape Ann Community Band is a 40-piece concert band that meets for six weeks in the summer to rehearse an annual program presented at the bandstand in Stage Fort Park. The band is sponsored by Bank Gloucester whose President, Patrick Thorpe, encourages Taylor Swift fans of all ages to attend.

The concert is free, parking is free and the rest rooms are ADA accessible. For more information, please visit DavidLBenjamin.com or call 978-281-2286

Non-Profit Offers Free Home Visits, Health Support for New Moms

Program from North Shore Mother Visiting Partnership offers postpartum home visits to moms and all parents



A local public health organization is offering home visit support to new parents—particularly new moms—to residents in North Shore communities to promote health starts for families.

The North Shore Mother Visiting Partnership (NS MVP) is continuing its support of new mothers in communities that include Beverly, Danvers, Essex, Gloucester, Hamilton, Lynn, Manchester, Marblehead, Peabody, Rockport, Salem, Swampscott, and Wenham.

The program offers free, one-time home visits from public health nurses to help new mothers adjust to life with their newborns.

Founded in 2017, NS MVP is a collaborative initiative of public health nurses dedicat-

The relatively new charity is funded by the Essex County Community Foundation and the DPH Public Health Excellence Grant and has a focused mission: to help new parents with newborns at home.

ed to supporting new mothers in the North Shore area. Through free, one-time home visits, the partnership provides essential health education and resources to help mothers, and their families thrive.

The nurse will visit a mother or caregiver, ideally within the first 12 weeks, but up to

one year of giving birth or adopting a baby, regardless of the mother's age, insurance, income, or number of children. There are no requirements, and the confidential visit will last approximately one and a half hours and can take place in the mother's home or at a mutually agreed upon location.

Funded by the Essex County Community Foundation and the DPH Public Health Excellence Grant, NS MVP works to bridge the postpartum care gap and ensures that new mothers receive professional, compassionate support at a critical time in their lives. Nurses provide valuable guidance on newborn care, breastfeeding, maternal health, and local resources, promoting a healthy start for both mother

and baby. Additionally, they offer a CPR demonstration (not certification) and bring diapers and other items for mom, baby, and siblings to the visit.

NS MVP's goal is to make sure every new mother feels supported and empowered. By offering these free home visits, they aim to provide the necessary resources and reassurance that can make a significant difference in the early stages of motherhood. The universal program puts the focus on the Mom, not just the baby, giving Mom space to share her story.

One participant said, "The nurse was so sweet and reassuring. I was really impressed with the nurse's knowledge and concern for mom's health as well as baby's."



Patrice Exilus, the newly-named branch manager at Cape Ann Savings Bank in Rockport. (Courtesy image)

Cape Ann Savings Bank Welcomes Patrice Exilus as Branch Manager

Cape Ann Savings Bank has tapped Patrice Exilus to manage the 178-year-old bank's Granite Branch in Rockport. Exilus brings 20 years of banking industry experience specializing in branch operations, business development, and exceptional customer service to the position.

Patrice has developed his management, customer interaction and operational skills while at Brookline Bank, Bellwether Community Credit Union and People's United. His skillset in branch operations management is strengthened by his passion for developing new customer relationships and in business development.

When asked about joining the Cape Ann Savings Bank team Patrice states, "I'm excited to join an organization who's committed to providing exceptional service to its community."

Patrice enjoys creating relationships with people and becoming a viable and trusted source for the community that he is a part of. Marianne Smith, President of Cape Ann Savings Bank affirms, "I am honored to welcome Patrice to the Cape Ann Savings Bank. He possesses the qualities necessary to provide steadfast leadership to the Rockport Branch while assisting customers with their financial needs." Patrice was born in Port Au Prince Haiti, moving to Brooklyn, NY just before his first birthday until the age of 10. He has made his home in Massachusetts for most of his life. Patrice earned a Bachelor of Science Degree with a concentration in management from Merrimack College in North Andover and participates in the Medford Chamber of Commerce activities.

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS LAND COURT

3 Pemberton Square, 5th floor, Boston, MA 02108

DEPARTMENT OF THE TRIAL COURT

Docket Number: . 24 SM 002764

AMENDED ORDER OF NOTICE

TO: John Gallagher a/k/a John F. Gallagher

and to all persons entitled to the benefit of the Servicemembers Civil Relief Act, 50 U.S.C. c. 50 §3901 (et seq):

Ralph G. DiGirolamo and Richard DiGirolamo, Trustees of R & R Trust

claiming to have an interest in a Mortgage covering real property in Manchester-by-the-Sea numbered 9 Moses Hill Road, given by Susan J. Gilmore to Indy Mac Bank, F.S.B., dated April 27, 2007 and filed with the Essex County Registry Southern District of the Land Court as Document 478607, which mortgage was assigned to IndyMac Venture, LLC, filed with the Registry at Document No. 505059, which mortgage was further assigned

to Ralph G. DiGirolamo and Richard DiGirolamo, Trustees of the R&R Trust at Document No. 652057 and as noted on Certificates of Title Nos. 82177 and 70252, has/have filed with this court a complaint for determination of Defendant/Defendant's Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before 9/23/2024 or you may lose the opportunity to challenge the foreclosure on the ground of non-compliance with the Act.

Witness, Gordon H. Piper, Chief Justice of said Court on 8/8/2024

Attest: Deborah J. Patterson Recorder

Posted to MNPA website: <http://masspublicnotices.org>

Aug. 16, 2024 MC

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 ~ Ferris Bueller ~

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Puzzle

THEME: FOOTBALL

ACROSS

1. Command to Fido
6. Sheep not yet sheared
9. Cap and gown accessory
13. Blood line
14. Ancient Chinese dynasty
15. Ringworm
16. Driver's license notation
17. Not outs
18. Like Cheerios
19. *Piece of football equipment required since 1943
21. *Peyton or Eli
23. Napkin spot
24. Eminem's 2002 hit "___ Yourself"
25. Embargo
28. Feed storage cylinder
30. Like house from a kit
35. Greek god of love
37. Smokes
39. *Super Bowl I M.V.P. Bart ___
40. Taj Mahal locale
41. *Career rushing yards record holder
43. Equals squared
44. Regretting
46. *Highest college football level: ___ Division I
47. Extend credit
48. *Seventeen games in NFL
50. Somewhat (2 words)
52. "Whatever Will Be, Will Be" singer
53. Mare's baby
55. Not a friend
57. *55 of them
61. *Home of the NFL Hall of Fame
64. Hole-borer
65. For every
67. Color red on coat of arms
69. Birds of ill omen
70. Outrage
71. ___ shopping cart
72. Party barrels
73. Sound from one of #69 Across
74. Homes for #69 Across

CROSSWORD														
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DOWN

1. Down in the dumps
2. Cry of contempt
3. Marine eagle
4. Wake Island, e.g.
5. Kizmet, pl.
6. Foolish one
7. Even, poetic
8. Useful contraption
9. Lamborghini model
10. Unfavorable prefix
11. "As ___ on TV"
12. Suspend
15. Astringents
20. "The Iliad" and "The Odyssey," e.g.
22. Venomous Egyptian snake
24. Deducible
25. *One of 2 NFL founding teams still in league
26. Lock horns
27. Waterwheel

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 11

29. Outline
31. Et alii, abbr.
32. Got along
33. *Like indoor eight-men football
34. *Career NFL passing yards record holder
36. Without
38. Wild guess
42. Israelian port
45. Errand-runners
49. Neither's partner
51. Nuku'alofa language
54. Meat jelly dish
56. Musician's exercise
57. "Go ___ Go!"
58. Fishing decoy
59. Awestruck
60. Archery wood
61. "Ship, Captain, ___"
62. Cutlass or Delta 88, for short
63. Remaining after deductions
66. ___ of Good Feelings
68. Lusitania's last call

Religious Notes

First Universalist Church of Essex
59 Main St, Essex, MA
Sunday services 10 a.m. & Coffee hour after service visit our website for more events & info: <https://www.uuessex.org/>

Cornerstone Church
We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.CornerstoneNorthShore.org. If you

have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule
The Visitation Parish Mass Schedule:

Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our YouTube as well as www.mecatholic.org

Sunday Mass - 8:30 a.m.
St. John the Baptist Church - Saturday Vigil Mass - 5 p.m.
Sunday Mass - 10 a.m.

Please go to our website: www.mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

The Assumption of the Virgin Mary Greek Orthodox Church

8 Lafayette Road, Ipswich Mass.
Church services, with Father Christopher Kolentsas, are held each Sunday.

Sunday's Divine Liturgy, with Father Christopher, starts at 9 a.m. followed by a weekly sermon. All are welcome to attend.

...(Continued on page 11)

Gibson

Sotheby's

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MANCHESTER-BY-THE-SEA
146 Bridge Street
5 Beds | 4F 2H Baths | 6,202 Sq. Ft.
Offered at \$3,200,000
McDermott Group | 978.857.0343

TOPSFIELD
51 Asbury Street
6 Beds | 7.5 Baths | 8,057 Sq. Ft.
Offered at \$3,150,000
Wendy Coke | 617.694.1310

SCAN TO VIEW MORE PROPERTIES

NEWBURYPORT
347 High Street
5 Beds | 5.5 Baths | 5,567 Sq. Ft.
Offered at \$2,199,900
Kevin Fruh | 978.500.7409

BOXFORD
71 Porter Road
4 Beds | 4.5 Baths | 5,021 Sq. Ft.
Offered at \$1,999,000
Jill Michaud | 978.766.8064

MANCHESTER-BY-THE-SEA
64 Beach Street
4 Beds | 2.5 Baths | 2,924 Sq. Ft.
Offered at \$1,695,000
Kristin Francoeur | 978.270.7929

NEWBURYPORT
151 High Street, Unit 2B
3 Beds | 2.5 Baths | 2,405 Sq. Ft.
Offered at \$1,599,000
The Cronin Team | 978.609.0740

ANDOVER
79 Reservation Road
4 Beds | 2F 2H Baths | 3,939 Sq. Ft.
Offered at \$1,295,000
Henry Gourdeau | 617.955.0443

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32 Turkey Hill Road
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Heatstroke (Hyperthermia in Pets)



By Lawrence Lamb, DVM

PETS AND PEOPLE

An increase in body temperature is called hyperthermia, commonly referred to as heatstroke. Body temperature may be elevated because of an infection (fever), but it may also increase because of hot and/or humid conditions outside. More frequently I see patients at the Manchester Animal Hospital who have been left in cars.

Symptoms of heatstroke are:

- A dog's normal body temperature is 101.5°F plus or minus 1 degree Fahrenheit, and any time the body temperature is higher than 105°F, a true emergency exists. Heatstroke generally occurs in hot summer weather when dogs are left with inadequate ventilation in hot vehicles. It may appear that appropriate ventilation is maintained with a small opening in the window (s). This is not necessarily true. When left in a car on a relatively cool (70°F) day; a recent study from Stanford University Medical Center found the temperature within a vehicle may increase by an average of 40 degrees Fahrenheit within one (1) hour regardless of the outside temperature.
- Initially, the pet appears distressed and will pant excessively and become restless. As the hyperthermia

progresses, the pet may drool large amounts of saliva from the nose and/or mouth. The pet may become unsteady on his feet. You may notice the gums turning blue/purple or bright red, which is due to inadequate oxygen.

Below are some examples of how hot the interior of a car gets when the external temperature is warm to hot:

- When the external temperature is **70** the internal temperature is **100**
- When the external temperature is **75** the internal temperature is **110**
- When the external temperature is **80** the internal temperature is **120**
- When the external temperature is **85** the internal temperature is **130**
- When the external temperature is **90** the internal temperature is **140**
- Heatstroke may also occur in other conditions, including:
- When an animal is left outdoors in hot/humid conditions without adequate shade.
- When exercised in hot/humid weather.

Other predisposing factors may be obesity and/or diseases affecting a pet's airway. Keep in mind that prolonged seizures, eclampsia (milk fever), poisonings, and many

other conditions may cause hyperthermia. Also, brachycephalic (short-nosed) breeds (Pekingese, Pug, Lhasa Apso, Boston terrier, etc.) may suffer from "inefficient panter syndrome" which results in an increased body temperature that may be fatal.

What to Do: Beginning the process of cooling the pet immediately is extremely important.

- Remove your pet from the environment where the hyperthermia occurred.
- Move your pet to a shaded and cool environment and direct a fan on them.
- If possible, determine rectal temperature and record it.
- Place your pet in a cool or tepid water bath (or in the shower) without submerging their heads.
- You may also wet the ear flaps and paws with cool water. Directing a fan on these wetted areas will help to speed up evaporative cooling. Transport to the closest veterinary facility immediately.

What NOT to Do:

- Do not over-cool the pet.
- Do not cover your pet with wet towels.
- Most pets with hyperthermia have body temperatures greater than 105°F,

and a reasonable goal of cooling is to reduce your pet's body temperature to 102.5-103°F while transporting them to the closest veterinary facility.

- Do not attempt to force water into your pet's mouth, but you may have fresh cool water ready to offer should your pet be alert and show an interest in drinking.
- Do not leave your pet unattended for any length of time.

Severe hyperthermia is a condition that affects nearly every system in the body. Simply lowering the body temperature sometimes fails to address the potentially catastrophic events that often accompany this disorder. A pet suffering from hyperthermia should be seen by a veterinarian as soon as possible.



Dr. Lamb is the Veterinarian at the Manchester Animal Hospital.

Solution to puzzles on page 10

S	P	E	A	K	T	E	G	S	A	S	H
A	O	R	T	A	W	E	I	T	I	N	E
D	O	N	O	R	I	N	S	O	A	T	E
	H	E	L	M	E	T	M	A	N	N	I
		L	A	P		L	O	S	E		
B	A	N	S	I	L	O	P	R	E	F	A
E	R	O	S	C	I	G	S	S	T	A	R
A	G	R	A	S	M	I	T	H	A	R	E
R	U	I	N	G	N	C	A	A	L	E	N
S	E	A	S	O	N	A	B	I	T	D	A
			F	O	A	L	F	O	E		
P	L	A	Y	E	R	S	C	A	N	T	O
A	U	G	E	R	P	E	R	G	U	L	E
C	R	O	W	S	I	R	E	A	D	D	T
K	E	G	S	C	A	W	N	E	S	T	S

8	4	5	1	6	3	9	2	7
1	2	3	9	7	8	6	4	5
9	7	6	5	4	2	8	3	1
7	6	2	3	5	9	1	8	4
3	1	9	2	8	4	5	7	6
4	5	8	7	1	6	2	9	3
6	3	4	8	9	1	7	5	2
2	9	7	6	3	5	4	1	8
5	8	1	4	2	7	3	6	9

PET OF THE WEEK



GOJO TO GO

Hello my friends, my name is Gojo and I am going to be your new best friend. It may sound forward but I'm very confident that we will get along very well. At 8 months old I am about 65 lbs and still growing, it's safe to say that I'm going to be a large pup once fully grown! I may come off as a goofy boy but I'm very intelligent and am always willing to learn new things if you have the treats to go with it! I've learned "sit", "paw", and "down" pretty quickly and I can not wait to learn even more! Although I am a tall boy, I am still learning some of my puppy manners and that includes learning not to jump on someone when I get excited to see them.

best sticks I can find. When it comes to running around in the play yard here, I really enjoy playing soccer with my human friends and zooming around with all the fun toys. I'm looking for a dog experienced home with an active lifestyle. Not only do I enjoy all my physical adventures but I also really love interactive toys as well. In my previous home, I seemed to have separation anxiety and didn't enjoy being in a crate much. I like to be with my people and I hope to find a family that has someone home a lot. If you're looking for an active pup who would love to join you on all your adventures, then I am for sure the boy for you!

I really enjoy going for walks and adventuring in the woods to search for the

If you're interested in adopting you can fill out an application at: capeannanimail.org/dogapp

...(Continued from page 10)

First Parish Church

Summer Sunday worship has begun, 9 a.m. through Labor Day. First Parish Church Manchester-by-the-Sea - a lovely place to start your week, join us for a moving message, beautiful music and community in the center of town - Worship leader, Rev. Katherine Schofield, music led by Dr. Bonnie Anderson, piano and Rebecca Shrimpton, soloist.

Monday Friends of the COA Senior Drop in 10 a.m. -12 noon. Tuesday Online Bible Study, Via Zoom 4 p.m., join in with computer, smart device or dial in on a phone from wherever you are - email office.fpchurch@gmail.

com or call 978-526-7661 for the link

St. John's Church Worship:

Every Sunday we hold services at 8 a.m. and 10 a.m. Child care is available during the 10 a.m. service.

Holy Eucharist at 8 a.m. and 10 a.m.

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meeting. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When

a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather together quietly, awaiting the experience of God's presence.

People in our community hail from the traditional tribal lands of the Pawtucket and Massachusetts now called Manchester, Gloucester, Beverly, Ipswich, Rockport, Salem, Lynn and Marblehead. Whether you have worshiped in other Quaker (Friends)

Meetings or not, we welcome you to join us. If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have.

Send an email to: northshore-quaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

LEGAL NOTICE



Town of Manchester-by-the-Sea ZONING BOARD OF APPEALS Town Hall, 10 Central Street, Manchester-by-the-Sea, MA 01944-1399

NOTICE OF PUBLIC HEARING

The Zoning Board of Appeals of the Town of Manchester-by-the-Sea will hold a Public Hearing on Wednesday, August 28, 2024, at 7:00 p.m. preceded by a Site Visit at 6:30 p.m.

Location: This is a Hybrid meeting. ZBA Board will meet in Town Hall. Applicants, Presenters, and Public are welcome to join the Board in Room 5 or on zoom.

New Application Application of the Town of Manchester-by-the-Sea, 10 Central

Street, for a Special Permit under Sections 5.3, 7.2, and 12.5 of the Zoning By-Law to construct an addition to the side of the building extending an existing encroachment into the rear setback and an addition in the front of the nonconforming structure which does not encroach into any setbacks at 10 Church Street, Assessor's Map 45, Lot No. 23 in District G filed with the Town Clerk on August 6, 2024.

Sarah Mellish, Chair, Zoning Board of Appeals

Posted to MNPA website: <http://masspublicnotices.org>.

Aug. 9, 2024 MC Aug. 16, 2024 MC

MERCURY RECOVERY PROGRAM

Mercury is an element that can be harmful to human health and the environment if not disposed of properly.

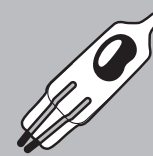
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Thermometers



Mercury Switches



Fluorescent Lamps

Please contact your local Board of Health or Department of Public Works for information on where to safely dispose of these items.

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\$8,200,000 | Gretchen Berg
Gracious shingle-style 4 bed home with views of harbor and islands, easy flowing floorplan and attention to detail. Enjoy entertaining inside and out. Lower level, 3-car garage. Featured in Northshore Magazine.



ESSEX

\$6,000,000 | Alle Cutler
Rare Waterfront opportunity! 1+ acre in downtown Essex, includes restaurant w/full liquor license, 225 total seating plus Motel & Inn, 16 boat slips. Extensive parking. Many development options.



GLOUCESTER

\$4,650,000 | Ann Olivo & Rick Marshall
Miles of ocean views, direct Plum Cove Beach access, mooring, huge paver patio top long list of highlights in custom 4-bedroom, 4.5-bath, 2016 stunner. Heated garage, generator, geothermal heat.



HAMILTON

\$3,985,000 | Gretchen Berg
Savin Hill - English country manor house with 6+ bedrooms, modern updates and comfortable living on 15 acres of rolling lawns, plus pool, 3-car garage, barn and au-pair suite.



IPSWICH

\$2,870,000 | Fabyan & Filias Team
Striking contemporary home on 15+ acres with 5 bedrooms, 7 baths, well-appointed kitchen, natatorium with 50ft heated pool/spa, wine cellar and more! Koi pond, splashing waterfalls and whole house automation.



MANCHESTER

\$1,650,000 | Jonian Beqo
Exceptional 2,709 sf, 5-bedroom, 3.5-bath home built with latest energy-efficient technologies, high-quality materials has open floor plan and gourmet kitchen. Blends function, elegance, comfort.



NEWBURYPORT

\$1,599,000 | Margo Maloney
Located downtown, these 2 separately deeded properties at 10 Pike Street and 9 Center Street abut one another. Each with 2 beds, 1 bath, outdoor space and off-street parking. Possibilities are endless.



BEVERLY

\$747,000 | Sheri Trocchi
A stucco Colonial with 3 bedrooms, 1.5 baths, plus potentially developable lots for substantial growth. Enjoy the new roof, windows, gas boiler and shining hardwood floors. Close to town, marina and train.



ESSEX

\$586,000 | Fabyan & Filias Team
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263 Madison St Fitchburg | \$399,900
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4 Lane Road Annisquam | \$2,795,000
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15 Wallis Drive # 15 Wenham | \$1,450,000
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