



MBTS & Essex Town Meetings on Nov. 18

On Monday, Nov. 18, it's Special Town Meetings in BOTH Essex (6:45 p.m. Essex Elementary School) and Manchester (6:30 p.m., ME Regional High School).

MANCHESTER CRICKET

A Local Tradition Since 1888

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As a Veteran's day tradition, veterans visited the schools to explain the day to various classrooms of pupils. Here the kindergartners at MMES greet Legion Chaplain Bruce Heisey for a photo opportunity. The students colored posters to be placed on the tables during the service at the Legion on the 11th. On Veteran's Day American flags that have done their duty are presented for burning to the Board members of the Legion. Here scouts salute as they lay out the flags to be disposed of. More photos on Page 5.

BRIEFLY

Woman's Club Buy-a-Bulb

The Manchester Woman's Club's annual Buy-a-Bulb fundraiser is here, and the first sponsors are listed on Page 9. Monies raised go toward funding Manchester's annual Friendship Tree Lighting during Christmas by the Sea in early December and its annual scholarship program. The Manchester Woman's Club will be taking donations in front of the Post Office on Saturdays and Dunkin Donuts on Sundays, weather permitting, from 9 to 11 a.m. Each bulb is \$5, \$20 for five and \$40 for a maximum of 10 names. Envelopes available in businesses around town.

Lecture Me!

The Manchester by the Sea Museum fall lecture series continues Thursday, Nov. 21 with "Anna Coleman Ladd: Sculptor of War," in which Heather Atwood from 1623 Studios and Matt Genta will explore the extraordinary story of Anna Coleman Ladd, a globally renowned artist who lived in Boston and owned a studio in Manchester where she created many remarkable works, including at Rosedale Cemetery. In 1918, she was inspired to use her artistic skills to create face masks for soldiers who had been horribly disfigured in war. At the First Parish Community Hall (1 Chapel Lane). 7 p.m. lecture, 6:30 p.m. social hour. Info at mbtsmuseum.com.

Tootsie Roll Drive

The Knights of Columbus' annual "Tootsie Roll Drive" campaign for youth experiencing physical, developmental and intellectual disabilities will take place in downtown Manchester on Saturday, Nov 16, Saturday, Nov. 23 (both 9 a.m. to noon) and after weekend mass at Sacred Heart Manchester-by-the-Sea and St John's in Essex. Come support a good cause!

46th Annual Essex Turkey Trot Nov. 24

All hail the Essex Lion's Club, because the 46th Annual Essex Turkey Trot 5K Road Race with 5K Fun Walk is here, rain or shine. It's said that this wildly popular Thanksgiving race is the longest running "turkey trot" event in the US. Typically, these races are scheduled for the weekend after the big holiday feed as a fun and playful way to burn off the bulge. This year's holiday comes at the tippy end of November, so this race is the weekend before the "big day." The race begins at 11 a.m., with registration starting at 9 a.m. at Woodman's. This is all for a good cause. Info at essexmaliions.com.

Town Hall Notebook Dueling STMs in Essex, Manchester; CST Permit Hearing Continues

By Erika Brown and Jeff Pope

In the coming weeks, residents in Manchester and Essex head to fall town meetings where each, in their own way, will take up historic zoning changes. Meanwhile, in Manchester, Cell Signaling Technology's march to securing Planning Board approval on Manchester's largest construction project nears its end.

Town Meetings Monday offer historic zoning in Essex, MBTS

On Monday, the Essex Planning Board will again be the focus at this year's special Fall Town Meeting, as it continues its march to shape Essex's zoning by-law. It's expected to receive some pushback from locals who feel the new districts are anti-business and create too much gentrification, too fast. Town Meeting starts at 6:45 p.m. Monday, Nov. 18 at the Essex Elementary School.

Manchester will also be holding a Special Town Meeting that night (6:30 p.m. at the ME Regional High School) that asks residents to adopt the 3A MBTA zoning overlay district that would expand multi-family housing production. The meeting also seeks approval to spend \$250,000 of CPC funds for land acquisition by Essex County Greenbelt of open space along the Manchester-Gloucester border.

Residents Monday will be asked to approve two new zoning districts that, if passed, would officially end the town's "live free or die" legacy in Massachu-



Brian Geaudreau of Hancock Associates, a CST consultant, points out how a sidewalk will fit on Atwater Avenue in Tuesday's MBTS Planning Board hearing. (Photo: Jeff Pope)

setts. Until three years ago, Essex was the only Eastern Massachusetts municipality to have no use-based zoning "districts." In 2021, that changed with a measured move to create the "Downtown District," the Main Street Causeway, to confirm what it's always been: a downtown retail area. At the time, the Planning Board successfully moved to suspend all residential-to-commercial changes in use while it planned a strategy to shape all of Essex.

Now it's here. Article 3 would create two new residential only zoning districts covering over half of Essex. The smaller district, "The Village Residential Use District," includes mostly single- and two-family dwellings, home occupations, and

mixed-use properties. It is limited to three areas: neighborhoods along the Causeway, sections off Southern Avenue and County Road, and parts of Eastern Avenue between Lufkin and Harlow Streets. This district aims to maintain the town's rural village character. Existing businesses are protected, and residential-to-business use changes require a special permit.

The "Rural Residential Use District," the larger area, is also primarily composed of single- and two-family homes, home occupations on larger properties, and includes some pre-existing commercial or industrial sites. Most of the footprint falls within lands in Essex that are south of Eastern Av-

enue, Main Street, and John Wise Ave. (all of Rte. 133). It also includes coastal marshland neighborhoods around

"We are nearing the final version" of the list of conditions," said Creighton. "Maybe we can wrap it up at the next meeting."

Island Road, the length of Spring Street and Lufkin Street to Conomo Point Road. This district supports residential and agricultural uses while permitting pre-existing business operations. Locals point to several events that influenced the move to clearly define Essex's zoning by use. First, five years ago when complaints arose about junked cars at a specialized auto shop on Eastern Avenue. Later, plans for an industrial cell tower in a residential zone sparked community outrage. ... (Continued on page 2)

Weekly Weather Chart

Saturday 16 Nov		49°	41°
Sunday 17 Nov		55°	35°
Monday 18 Nov		48°	32°
Tuesday 19 Nov		52°	44°
Wednesday 20 Nov		48°	46°
Thursday 21 Nov		50°	46°
Friday 22 Nov		50°	46°

Weather data pulled Wednesday and is subject to change.



Gavel to Gavel This Week's Town Meetings

Manchester Town Hall is open to the public. Public hours are 9 a.m. - 4:45 p.m. Monday through Wednesday and 9 a.m. - 6:15 p.m. on Thursday. Essex Town Hall hours are Monday through Thursday 7:30 a.m. - 3:30 p.m.

Essex BOS
Monday, Nov 18, 5:15 p.m.

Essex Fall Town Meeting
Monday, Nov 18, 6:45 p.m.

MBTS Special Town Meeting
Monday, Nov 18, 6:30 p.m.

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Two years ago we launched a regional, standalone summer tabloid magazine to celebrate all things local on Cape Ann. This week, we have expanded it to include the winter holidays, right thru Valentine's Day. There are personal stories, as well as shopping, eating out and local happenings. Look for it in your mailbox!

MANCHESTER POLICE NOTES



WEDNESDAY, NOVEMBER 6
6:55 a.m. Windemere Park Ext., noise complaint, spoken to.
9:54 a.m. Pleasant St., motor vehicle stop, written warning. **4:00 p.m.** Pine St., disabled motor vehicle, assisted as needed. **7:34 p.m.** Beach St., parking complaint, spoken to.

THURSDAY, NOVEMBER 7
8:25 a.m. Harbor St., traffic hazard, no action taken.
11:38 a.m. Harbor St., motor vehicle stop, written warning. **2:29 p.m.** Lincoln St., traffic hazard, assisted as needed. **9:23 p.m.** Mill St., property damage/vandalism, report to follow.

FRIDAY, NOVEMBER 8
8:19 a.m. Morse Court, threat, assisted as needed.
8:26 a.m. Central St., welfare check, report to follow.

7:08 p.m. Pine St., motor vehicle stop, verbal warning.
10:35 p.m. Beach St., directed patrol, secured/checked.

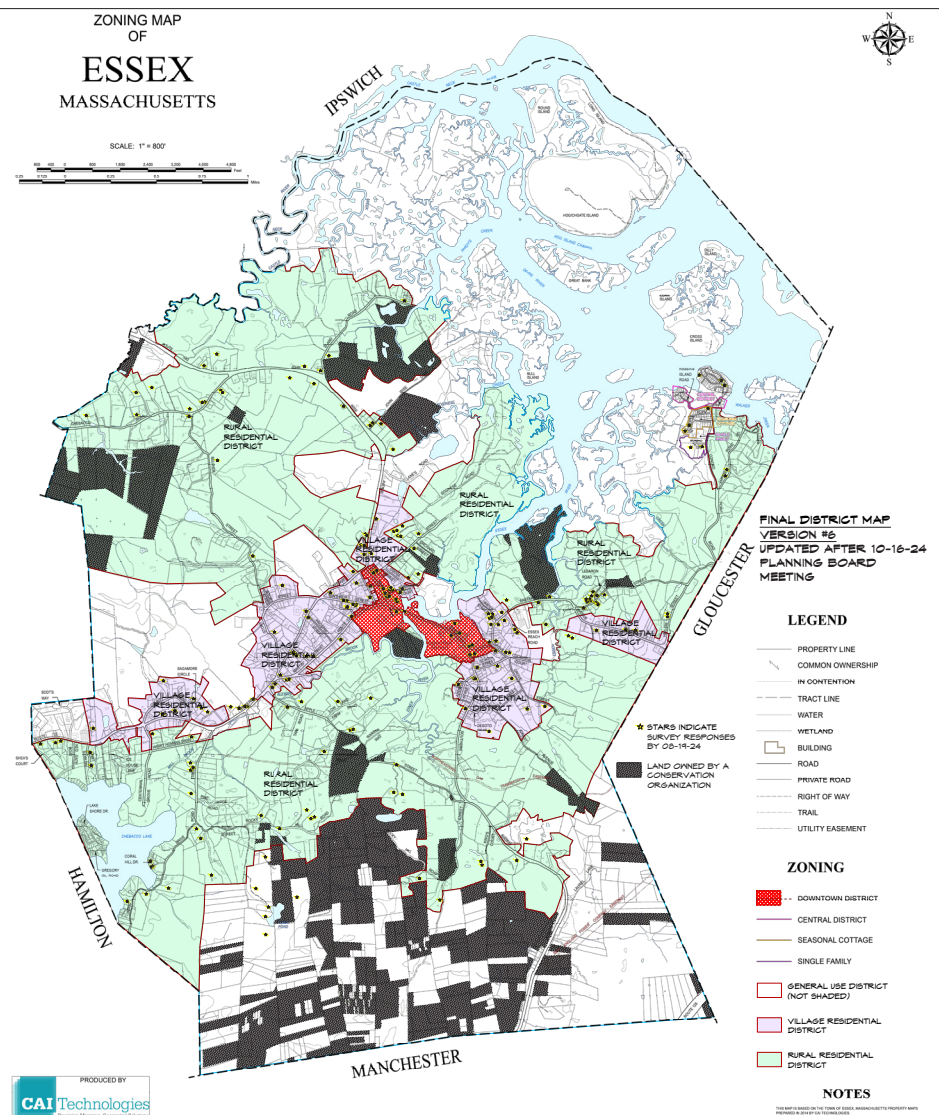
SATURDAY, NOVEMBER 9
6:39 a.m. Pleasant St., selective enforcement, no action taken. **1:16 p.m.** Ashland Ave., alarm, secured/checked. **3:18 p.m.** Beach St., suspicious activity, report to follow. **4:28 p.m.** Beach St., brush fire, fire confirmed.

SUNDAY, NOVEMBER 10
12:41 a.m. Hickory Hill Rd., suspicious activity, gone on arrival. **9:11 a.m.** Ancient County Way, fire investigation, fire false. **12:37 p.m.** Pine St., motor vehicle stop, written warning. **8:46 p.m.** Lincoln St., animal complaint, gone on arrival.

MONDAY, NOVEMBER 4
10:57 a.m. School St., fire investigation, notification made. **12:14 p.m.** Lincoln St., animal complaint, assisted as needed. **4:24 p.m.** Pine St., motor vehicle stop, citation issued. **10:23 p.m.** Summer St., selective enforcement, secured/checked.

TUESDAY, NOVEMBER 5
7:31 a.m. Lincoln St., community policing, secured/checked. **12:11 p.m.** School St., motor vehicle stop, written warning. **2:18 p.m.** Lincoln St., parking complaint, secured/checked. **9:50 p.m.** Summer St., suspicious activity, secured/checked.

...(Continued from page 1)



Finally, a wedding event business proposal for Island Road led the Planning Board to act more quickly, noting that current zoning could allow inappropriate businesses—citing examples such as a drive-through coffee shop—in residential areas. The idea at the time was that under the current Essex zoning, that could happen (and it shouldn't).

Article 3, however, is already seeing significant pushback from local businesses that say the zones will restrict new businesses and prevent expansion from current ones. Others say Essex has a long history of bootstrappy business owners that goes way back—shipbuilding, shoe manufacturing, ice making, farming—who thrived precisely because Essex was a spot of freedom from meddling.

In Manchester, CST compromise reached on Atwater Ave. sidewalk

On Tuesday, the Manchester Planning Board made further additions and subtractions to a list of possible conditions for Cell

Signaling Technology's proposed research-and-development laboratories.

CST is seeking a comprehensive special permit to build a 500-employee facility over two phases on the site of the former gravel quarry in the Limited Commercial District, just north of the Manchester Athletic Club.

The latest list of conditions contained 17 items, including a compromise over a key sticking point in previous meetings—a sidewalk on Atwater Avenue. Previously, the town wanted a sidewalk and a bicycle lane. CST officials maintained that there just wasn't room for them, pointing to the wetlands on both sides of the road.

But Brian Geaudreau of Hancock Associates said that by moving the guardrails on Atwater Ave. and filling in the road's shoulders, enough space for a four-foot sidewalk would be created.

While a bike lane was not part of the current plans, speed-reducing measures were. Town Director of Planning Marc Resnick said a bicycle lane was still possible, but could not be determined

until the sidewalks were installed.

The compromise has CST paying for the cost of installing a bicycle lane on School Street from the Route 128 overpass to Atwater Avenue and to cover some of the cost of maintaining the 14-foot culvert through which the Sawmill Brook passes under Atwater Avenue.

Public Works Director Chuck Dam said the culvert was "not in immediate need of work but would need some work sometime in the future."

Both Planning Board members Laura Tenney and Chris Olney praised the compromise.

Still the compromise needed dates for the work to be completed and sums of money that CST would agree to pay for this work.

Many of the other conditions did not face any objections. But Planning Board member Mary Foley questioned the condition of working hours. The town bylaw limits construction work from 8 a.m. to 6 p.m. on weekdays. CST had asked for an earlier start time and the board had agreed to a

7 a.m. start time, partly to allow the work vehicles to get on site and not interfere with school buses on School Street.

Foley pointed out that the Planning Board couldn't just change the bylaw.

Planning Board Chairman Sarah Creighton and others on the board noted that projects around town often started at 7 a.m. or earlier.

Foley had a list of other conditions she had previously suggested that were not on the current list. She said many were conditions that had been part of building the 77,000-sf ME Regional High School project more than 20 years ago.

Others on the Planning Board said in most cases Foley's requests were already covered in another of the conditions, or that they were covered by other rules and regulations.

However, the Planning Board agreed to look into one of Foley's conditions, concerning limiting the use of rock salt to melt snow and ice on Atwater Avenue that could harm wetlands areas.

The CST hearing was continued until Nov. 25 at 7 p.m.

"We are nearing the final version" of the list of conditions, said Creighton. "Maybe we can wrap it up at the next meeting."

PRE-TOWN MEETING NOTICE

Please take notice that a Pre-Town Meeting will take place at 9 a.m. on Saturday, November 16, 2024 to discuss the Warrant for the Special Town Meeting scheduled for November 18. This will be a virtual meeting. Join the Zoom meeting:



Meeting Link: <https://us06web.zoom.us/j/81136007750?pwd=61aFnboFpRtRaFrRala7O2HF0FrCj9.1>

Meeting ID: 811 3600 7750
 Passcode: 439084
 Dial-In: +1 646 558 8656 US

This notice with the link above will be posted on the moderator's page on the

Town website. The purpose of the Pre-Town Meeting is to consider procedural questions and enhance the efficiency and effectiveness of Town Meeting. We will not discuss the substance of articles. I encourage Town officials and sponsors of articles to attend, and all residents

are welcome. The meeting will begin promptly at 9 a.m., so I ask that everyone join a few minutes early. Those who are unable to attend the Pre-Town Meeting and have questions about procedural issues are welcome to call me at 978-526-4229, or to send me an e-mail message addressed to awilson@spyrackhill.net.

Alan Wilson
 Town Moderator

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Erika M. Brown
 Publisher & Editorial Director

Paul Clark
 Assistant Editor

Susan Zampell
 Business Development Director

Christy King
 Digital Director

Susan Anthony
 Subscriptions & Office Mgr.

Business & Editorial Offices
 P.O. Box 359
 Manchester, MA 01944
 11R Beach Street
 Manchester, MA 01944
 www.thecricket.com
 Phone | 978.526.7171
 Email | news@thecricket.com

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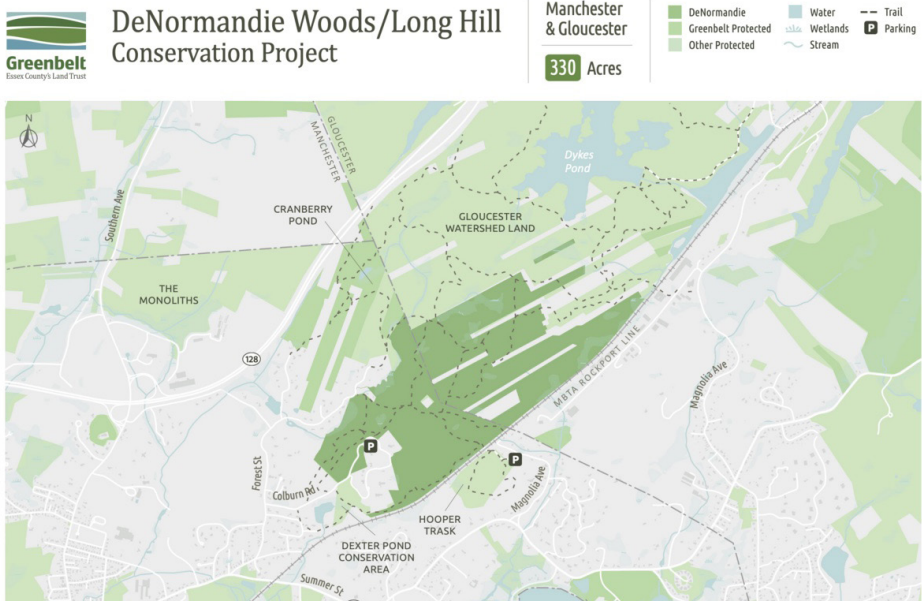
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Essex County Greenbelt's DeNormandie Woods/Long Hill Conservation Project will safeguard 330 acres between Manchester and Gloucester, preserve natural habitat, an established trail system, and important watershed land from development. Voters in Manchester will be asked to approve \$250,000 of CPC money for the project. (Courtesy ECGA)

Town Meeting Monday

by Gregory T. Federspiel

All Manchester voters are encouraged to attend the Special Town Meeting set for Monday, November 18 at the Middle-High School. Given that a larger than normal crowd may attend, early arrival, starting at 5:30 p.m., is highly recommended as the Moderator aims to start the meeting promptly at 6:30 p.m. Early arrivals will be able to view videos explaining the different 3A zoning overlay districts. The meeting will take place in the gymnasium. If more than 800 people attend, overflow will be in the auditorium with an audio video link between the two rooms.

Four articles (topics) are to be voted on by registered voters "from the floor" of the meeting. Article 1 seeks voter approval to spend \$250,000 in Community Preservation Funds towards the purchase of a conservation easement on land currently owned by the DeNormandie Trust near Colburn Road. The proposal includes land over the line into Gloucester as well with a total of 330 acres involved. Over 42 new acres in Manchester will be subject to a conservation restriction which has a value more than \$1.2 million. As this is a real estate transaction, a 2/3rds majority vote is required.

Article 2 proposes to amend the Town's Stormwater Management bylaw. A couple of years ago voters approved moving stormwater management from the zoning regulations to the general bylaw to capture projects that were not sub-

ject to special permits. The new general bylaw contains many technical details regarding stormwater management which are subject to updating by the EPA and the State's Department of Environmental Protection. A new round of updates is required already and instead of asking voters to review and approve all the technical elements, the proposal before the Town is to create a simpler bylaw that requires the DPW with approval by the Select Board after a public hearing to adopt detailed regulations that comply with the latest state and federal requirements. This allows for a faster way to stay up-to-date with stormwater management requirements. The Planning Board and the Conservation Commission retain their authority to review and ensure compliance for projects that come before them. As a general bylaw amendment, a simple majority vote is needed to approve the change.

In Article 3 voters are being asked to appropriate funds to pay bills from the previous fiscal year. Once the "books are closed" on the previous fiscal year in August, any subsequent late bills that come in require a 9/10ths approval by voters. Fortunately, this happens infrequently but there are a few bills related to the defense of the ZBA's decision to deny the proposed 40B project on Upper School Street that did not get paid. Voters are being asked to approve taking funds from the Town's "free cash" account to pay these old bills.

Finally, Article 4 deals

with zoning amendments that aim to bring the Town into compliance with the MBTA 3A zoning requirements. No doubt this will be the main attraction of the night. The MBTA Task Force and the Planning Board have been working for over a year to develop a proposal that brings the Town into compliance while protecting the character of the Town. The proposed districts have been carefully chosen to minimize new growth and strong "guardrails" in the form of site plan review requirements and design guidelines are included in the proposal.

There is a large amount of information available on the Town's website that provides background materials, analysis, FAQ's, maps, and the specific wording of the new zoning language. Short videos of each of the four proposed overlay districts have been posted as well. The Task Force has made a concerted effort to respond to input the public has provided during many public forums and workshops. The Task Force, the Planning Board, the Select Board and the Finance Committee all recommend approval of the proposed new zoning.

Now is up to the voters to decide. To be sure, there are strong opinions both for and against 3A zoning. Town Meeting affords the opportunity for residents to gather together, listen to each other and cast their votes all in a civil manner that is a hallmark of democracy in action. Please plan on attending.



SELECT BOARD UPDATE

Road Closure Notice: The intersection of Pleasant Street and School Street will be closed on Saturday, November 16 all day in an important step to complete the water main replacement project on Pleasant Street. All inbound traffic from Route 128 will be detoured down Mill Street.

Special Town Meeting: The Fall Special Town Meeting date will be held on Monday, November 18 at 6:30 p.m. at the Manchester Essex Regional High School. Residents will be asked to vote on MBTA Zoning along with other potential Town matters. Please see the Town website for all related information.

Extended Compost Hours: The Compost Site will offer extended hours for the remainder of November to assist residents with yard clean up. The site will be open Tuesday, Wednesday, and Friday 7:30 a.m. - 3 p.m. and Saturday 10 a.m. - 3 p.m. Regular hours will resume on December 1.

Leaf Collection: Black Earth will offer curbside leaf collection during the weeks of November 18 and December 2. Please place leaves in bags on your curb on your collection day.

Child Care at Special Town Meeting: Free childcare will be provided at the Special Town Meeting by Parks and Recreation. Registration is required on the Parks and

Recreation website.

CPC Application Deadline: Applications for Community Preservation Act Funds are due on December 1. Applications and more information about CPA funding may be found on the Town of Manchester's Website.

Trash, recycling, and compost collection: Regular Schedule. Please place curbside by 7 a.m. on day of collection. Transfer Station is open on Wednesdays from 7:30 a.m. - 3 p.m. and Saturdays from 10 a.m. to 3 p.m.

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Voting Electronically at Town Meeting

By Alan Wilson, Town Moderator

As we have at other recent town meetings, we will vote electronically this time. Since some voters who will attend may not have been there before, this article will explain how electronic voting works.

We will use electronic handsets to register votes quickly and accurately. Voting electronically will reduce the time required when a vote must be counted, and every vote will be a secret ballot.

These voting keypads (pictured) look similar to a TV remote control, but instead of pushing buttons to change channels, voters will push buttons to enter yes, no or abstain. Each voter's selection will be wirelessly transmitted to a computer that will record all votes and tabulate the final results. The moderator will then declare the outcome.

Each voter will receive a keypad when checking in for the meeting. The keypad will not have an identification number associated with the voter's name; therefore, every vote counted electronically will be a secret ballot.

We will use electronic voting for all votes, unless the moderator determines that calling for a voice vote may save time. Each time, voters will have 15 seconds, or a longer period at the discretion of the moderator, to register their votes. Press 1 for yes, press 2 for no or 3 to abstain. Pressing 3 will clear the previous choice as well as counting as an abstention. The computer records only the last number pressed.

We all know that technology sometimes fails as it did last fall. Because that was not the first failure of the system, I appointed a committee of residents with technical expertise to investigate the problem. Their report is posted on the moderator's page; they concluded



with high confidence that the issue is resolved and will not recur. I thank the members of the committee (Jim Starkey, Lee Spence, Kurt Melden, Bob Moffett, Tiffany Marletta and Ann Harrison) for their work. Nevertheless, the Town Clerk will have tellers appointed to count votes manually, should the need arise, and paper ballots on hand in the event a secret vote must be conducted the old fashioned way.

WHAT WAS HAPPENING

90 YEARS AGO - 1934
Fire Chief Manuel S. Miguel was in Marblehead Wednesday afternoon joining a party of fire chiefs who went out from Marblehead for the tryout of a new patrol boat.

Officers Bullock, Cook, Andrews, MacEachren and Connors of the local police department have joined the New England Police Revolver League, formed for the purpose of improving their marksmanship. Lessons are given each Saturday at the range of the United Shoe Machinery Co., in Beverly.

75 YEARS AGO - 1949
Two victories within six days and the Story Gridders closed out a perfect season with eight victories and no defeats. They bested their rivals, Hamilton, on Friday, 22-6, and ended the regular season on Wednesday afternoon with a 26-6 victory over the Essex Aggie six.

Work has started on the construction of a two-car garage for Sacred Heart Parish on Burnham Court. Three local firms James Mulvey, Wogan Lawn Service and Ernest Dechene are all employed on the job.

60 YEARS AGO - 1964
The Manchester Housing Authority Inc., have announced that the Elderly Housing Project on Pine Street, which is rapidly nearing completion, has been named Newport Park.

Hundreds of parents of High Schoolers took advantage of the Parent-Teacher sponsored Open House at

the High School on Wednesday evening to visit with the teachers of their children.

45 YEARS AGO - 1979
Manchester took charge over Martha's Vineyard early in the second quarter with a 21-0 lead. This led to their 27-14 victory. Both of the teams gained over 200 total yards. Manchester picked up most of their yardage on the ground, while Martha's Vineyard gained most in the air. Beth Cullinane, a freshman at Manhattanville College, will be appearing this weekend in the college's drama club production of "Godspell". Beth will be appearing as Peggy, the same character she portrayed in the Manchester Summer-show production this past August.

30 YEARS AGO - 1994
Captain Thomas "Tom" Smalley and his crew of five were rescued early last Thursday morning, November 8, after his 41-foot sloop, "Olde Thompson" caught fire and burned down 130 miles south of Nantucket. The boat was being taken

to Bermuda where a crew change was to be made before continuing on to St. Lucia.

Thanks to the help of some very wonderful people, this year's Manchester Mother's Club Wobblin Gobbler Walk was a huge success. On Halloween eve, approximately 150 people, led by Memorial School drummer Tucker McDonald, marched from the Manchester Town Hall to Masconomo Park.

15 YEARS AGO - 2009
The Manchester Essex Regional School's Ski Program will be offered again this year to students in grades 3-12 in both Manchester and Essex. Lessons in skiing or snowboarding will be given at Bradford Ski Area in Haverhill on six consecutive Mondays this winter.

The North Shore Horticultural Society is pleased to announce that Betty Sanders will present "Going Native: Low Maintenance Trees and Shrubs" at our next meeting on Tuesday, November 24 at 7:30 p.m. at the American Legion Hall.

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Tides & Sun Chart For The Week Ahead

DATE	HIGH				LOW				☀️	
	AM	FT	PM	FT	AM	FT	PM	FT	RISE	SET
15 Fri	10:21	11.5	10:57	9.9	4:19	-0.2	5:02	-1.1	6:33	4:21
16 Sat	11:11	11.7	11:49	9.8	5:10	-0.2	5:55	-1.2	6:35	4:20
17 Sun	11:59	11.7			6:00	-0.1	6:47	-1.2	6:36	4:20
18 Mon	12:40	9.6	12:48	11.4	6:49	0.1	7:37	-0.9	6:37	4:19
19 Tue	1:32	9.3	1:38	10.9	7:39	0.5	8:27	-0.5	6:38	4:18
20 Wed	2:24	9.0	2:29	10.3	8:29	0.9	9:16	0.0	6:40	4:17
21 Thu	3:18	8.7	3:22	9.7	9:20	1.3	10:05	0.5	6:41	4:17

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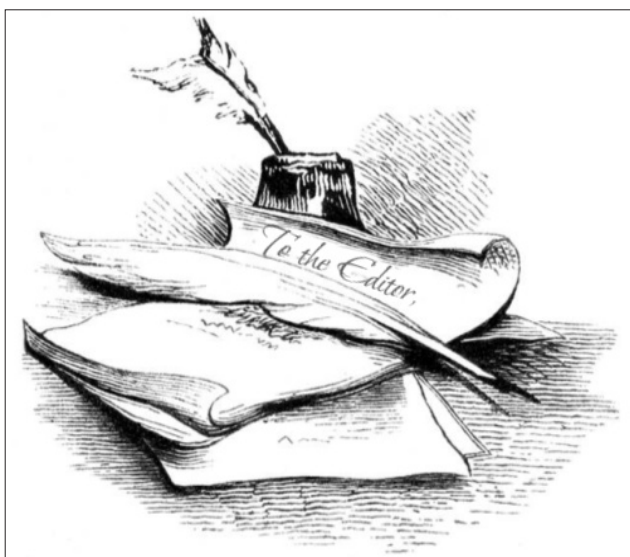
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Greater Cape Ann Chamber of Commerce Does Not Support Current Proposed Residential Zoning Districts for Essex

To the Editor,

When you drive through Essex, you can't help but notice the unique beauty and charm of this quaint and historic town. Unfortunately, during your drive through Essex, you will also notice a new trend. You need not travel further than along the Causeway to notice familiar Essex businesses who have permanently shuttered their doors.

Signs of economic strain are evident, on the Causeway, and throughout town. In recent days, you may have made an additional observation. Yellow signs posted around Essex which read: "Support our Local Businesses. Vote No on Zoning Article."

On November 18th, the residents of Essex will be asked to vote on proposed residential zoning changes. The Greater Cape Ann Chamber of Commerce, representing the Essex business community, does not support this proposal in its current form. We are deeply concerned that the proposed zoning will lead to further economic decline. More specifically, the zoning proposal would prohibit new business uses in large areas of town where businesses have long existed and apply overly subjective special permit standards to existing businesses that want to expand. The Greater Cape Ann Chamber of Commerce advocates for Essex's future as a thriving community where both businesses and residents' benefit. Essex businesses are not separate from the community; Essex businesses are owned by residents and employ locals. These businesses are the cornerstone and backbone of the town.

The Greater Cape Ann Chamber of Commerce deeply appreciates the work of the Essex Planning Board in drafting these zoning changes, and we support responsible guidelines around land use. However, the current proposal is too restrictive, significantly limiting business potential in Essex. The regulations do not account for key areas of the town that could support thoughtful, desirable economic development that will benefit all of Essex.

The Chamber will continue to work alongside the Town of Essex to create fair and balanced land-use policies. But we believe that the current proposal would hurt Essex's long-standing entrepreneurial spirit and make it harder for businesses to flourish here. In the past several months, the Chamber has met with the Essex business community, and the feedback from Essex businesses has been clear and consistent. Our Essex members do not support the current zoning proposal. Let's work together to ensure Essex remains a vibrant and thriving town for all.

Respectfully,

Stephen Buckley
CEO, Greater Cape Ann Chamber of Commerce

We, the Undersigned ...

We, the undersigned, are concerned about misleading,

new ideas and cultural diversity. The loss of a range of new voices limits our town in many ways.

A "yes" vote retains the town's right to review site plans for all housing. Current zoning design standards require consistency with existing buildings, and the town has authority over compliance with building codes and other essentials to insure safe and appropriate housing.

A "no" vote triggers state decisions on MBTA zoning. The State will create their own zoning districts and impose their zoning criteria. While the town plan has "layers of control" to address over-building and other issues, the State may decide not to consider that or other local interests.

With a "no" vote, our tax dollars (that fund our State grants) will be partially or totally lost. Others already described in detail the specific financial losses. The loss of millions of grants force a choice between the failure to do basic infrastructure work (e.g., sewers) or higher taxes.

The law does not allow for noncompliance. Penalties might be altered through expensive litigation, but it's worth asking, "to what end?" And there's no guarantee that penalties will not increase as a result of that.

We can maintain local control over how progress happens or cede it to the state. We can welcome inevitable change or live with the chaos, cost, and acrimony imposed by legal actions to delay it, meanwhile depriving ourselves of much needed scaled down housing.

The proposed plan to address the MBTA zoning law's requirements is a step in the right direction for us all and will result in measured, considerate and important improvements in Manchester's housing.

Kathy and Peter Burns
Manchester

Manchester's Future Zoning Vote: Misinformed by a Resident of ... Rockport?

Last week's Cricket had a letter by John Kolackovsky on the Chapter 3a zoning. I was initially struck by the tone of the first few paragraphs, in which the author compared town staff members to cartoon characters. I couldn't help but be offended, having personal familiarity with the professionalism and dedication of town staff.

Aside from disagreeing with most of the rest of the letter, I wanted to point out a few things, some of which might not be obvious. First, the author is from Rockport, not Manchester; what business is it of his what Manchester does with its zoning? The name rang a bell, and so I refreshed my memory with some searches.

He wrote an opinion piece once before in *The Cricket*, on the same topic, but the more interesting recollection is that he is one of the plaintiffs in a lawsuit brought by a small set of residents of Rockport vs. the Town of Rockport related to the Manchester-by-the-Sea zoning. Reading through the short list of plaintiffs in the case was educational, but what really jumps out is the attorney on that case: Michael C. Walsh. That's the same attorney whose misguided, and by some objective measures incompetent, representation led to the utter destruction of the Manchester Community Center organization. As a direct result, the town no longer has a community center.

So now comes John Kolackovsky, perhaps following the siren call of this attorney, telling Manchester to follow his lead on Chapter 3a zoning requirements. This is not advice we should take. You don't retain control of a thing by sticking your head in the sand, which is what a no vote here will do. You retain control by exercising your authority over policy and law in areas where you have jurisdiction, in response to external forces, be they natural, sociological, economic or legal. Taking no action just guarantees loss of control, whereas approving the required zoning changes allows us to retain significant resources (grant money we would otherwise lose), while continuing to have strong control over where and how

some limited development in town might occur.

Eli Boling
Manchester

To the Resident of O Elm Street ...

You live in a lovely apartment in a home that has been divided up into several apartments. It seems to me that the dividing up of this building did nothing to detract from the beauty of Manchester and offered the town just the kind of options that we need.

This building is evidence that we can do a tasteful job of adding housing to our town while not changing too much of the town's character. Rather than paint a picture of disaster, how about some hope for good change.

The Manchester Planning Board's MBTA Zoning subcommittee has been very careful to design a plan that will minimize the impact of what the state requires. Many more people would like to live in an apartment just like yours. We are going to need to make many changes as the ocean rises along our coastline.

Let us pass 3A and move on to these other pressing challenges.

Isabella Bates
Manchester

Loss of Library Grant if Town votes "No" on MBTA Zoning at Town Meeting

The Manchester Library Trustees have recently been notified that the library will no longer be eligible to receive a significant state construction grant if the town votes "no" to the MBTA zoning amendment at Special Town Meeting on November 18th.

The construction grant is an important opportunity for the library to address its current structural challenges, including accessibility issues and lack of programming space.

The construction grant would cover approximately 50% of the cost of a renovation/expansion. For example, if the Library undertakes a \$10,000,000 renovation/expansion, the grant would cover \$5,250,000.

The Manchester Library Trustees and Library Director dedicated over a year to preparing the grant application. After overwhelming voter support for pursuing the grant at Annual Town Meeting in April 2024, the application was submitted in May 2024. The Library is currently one of seven finalists for this competitive grant, and the grant will be awarded in January 2025.

If the Library is not awarded the grant, the next opportunity to apply for it is expected to be in 2028 or later.

At a time when there are unprecedented fiscal demands on the town, loss of this grant opportunity if the town votes "no" at town meeting makes it more likely that an expansion/renovation of the library will be significantly delayed.

Sarah Davis
Manchester Library Board of Trustees

Pioneer Institute's Letter on MBTA Zoning in Manchester

Next week, Manchester-by-the-Sea Town Meeting will vote on a proposed zoning bylaw amendment (Article 4) necessary to facilitate compliance with the MBTA Communities Act (Section 3A), a state law requiring 177 cities and towns to designate a zoning district for multi-family housing. A recent Pioneer Institute study offers a detailed examination of the enforcement and potential impact of the law and profiles implementation efforts in select communities. The insights from this research could provide some valuable framing for the Town Meeting discussion.

Affordability

A common complaint about Section 3A is that it doesn't provide truly affordable housing, and thus is best described as a giveaway to developers. It's true that Section 3A doesn't prioritize

creating housing whose occupants are explicitly subject to income limits. Instead, 3A aims to help make housing broadly more affordable by facilitating additional construction, including market-rate housing.

Pace of Change

Some towns complying with Section 3A have seen a faster-than-anticipated pace of applications from developers. Lexington, for example, has received proposals for a total of 985 new housing units since approving its new zoning overlay districts in April 2023. However, Lexington also went far beyond the minimum requirements under Section 3A, applying the new zoning to 227 acres instead of the state-mandated 50. Studies have found that typically no more than 2% of properties are redeveloped per year after a substantial loosening of zoning regulations.

Infrastructure and Schools

Some service costs associated with Section 3A, such as for emergency personnel and equipment, will be borne at the local level. But providing water and wastewater infrastructure sufficient to serve new housing is the developer's responsibility. Neither Section 3A itself nor the state's 3A guidelines force municipalities to provide that infrastructure. Meanwhile, the relationship between housing development and school enrollment changes is empirically tenuous, and further tempered by the fact that 71% of Massachusetts traditional public school districts have seen declining enrollment in the past 10 years.

Fiscal Health

Relatedly, cities and towns should not take it for granted that new residential development is always fiscally positive or always fiscally negative. In a 2019 UMass Dartmouth study, of a representative sample of new housing developments in Massachusetts, 29 percent had net negative fiscal impacts on the municipal level. Other academic research has found that multi-family housing developments are particularly likely to produce more local revenue in taxes and excise than they cost in local services provided.

Traffic

Any new housing development resulting from Section 3A will tend to increase traffic congestion in the immediate vicinity. To the extent that Section 3A zoning districts are located in village-like, transit-oriented areas, the resulting housing developments will likely produce less traffic than a similar project allowed under current zoning.

Enforceability

There is ongoing litigation between the Town of Milton and the state over whether the Attorney General can force municipalities to comply with Section 3A. However, to the extent that the state legislature is willing to amend the statute to clarify that the AG can force compliance, municipalities will likely be required to comply with 3A eventually. Massachusetts's state Constitution already authorizes the state to restrict local zoning, and there is a decades-long precedent for such restrictions. Cities and towns can avoid compliance for perhaps a few months by refusing to adopt the required zoning changes. But they're also risking getting sued by the state, paying the resulting legal fees, and losing access to state grant money.

"Solving the Housing Crisis" Proponents of Section 3A often invoke supply and demand to argue that lowering housing prices requires policies that encourage building more housing in general.

There is strong academic evidence that this claim has merit, although Section 3A alone is unlikely to bring housing supply and demand in balance in Massachusetts. High-end estimates project annual home production under Section 3A at perhaps 4,000 units, clearly insufficient to compensate for an estimated 200,000-unit housing shortage.

The fact that Section 3A has an insufficient scope to solve the state's housing challenges doesn't necessarily make it bad policy. It just means

that additional policies are needed to ensure that every Massachusetts family can find an affordable home that suits their needs. Regardless of the outcome of next week's Article 4 vote, the urgency and daunting magnitude of Massachusetts' housing shortage is clear. Readers of the Manchester Cricket should stay informed of housing issues in Manchester and beyond.

Sincerely,

Andrew Mikula
Senior Housing Fellow
Pioneer Institute

Editor's Note: The Pioneer Institute is a Boston-based think tank that has written Letters to the Editor to about a dozen local and regional newspapers on Section 3A in recent weeks "in an attempt to educate the public around a timely topic in as neutral and objective a manner as possible," according to an email from Andrew Mikula this week.

The Golden Agers, and a Senior Center

I never enjoy myself so much in my later years as when I meet with the Golden Agers. A group like this doesn't run itself. It takes dedicated, methodical planners who pull it off month after month. Our heroes, President Earl and Andrea Morgan, and others who work tirelessly, keeping this group together with interesting things to do, or say. They make it look easy. There's such a spirit here, not a grinch in the bunch, all with amazing memorable stories out of the past. Anthologies you'll only find in a small town such as this. A little like the play "Our Town," by Thornton Wilder.

I'm speaking for myself when I say If you want to join, all you need is a couple of crow's feet! When you're my age and each day passes, it's true, laughter is the best medicine. This club beats them all. The more the merrier!

The taxpaying citizens are finally getting a Senior Citizen Center, a part of the Masonic building. Ironically, almost 40 years ago, back in the 80s when I was on the Council on Aging board along with Carol Ina, Rocco DeNegress, Rev. David Forsyth, Fr. Harrington, Rosemary Kerry, and Leroy's wife (I'm drawing a blank, sorry). We approached the Masons for the very same reason, without success.

As I recall, there wasn't much interest in planning for a senior center, or anything else. Mostly wastewater and old schools were on the docket. No pressures or mandates from the State, as we face today.

It's easy to look back and say we should have done this or that. I suspect with the planet warming up, flood zones will be the next priority occupying our time and taxes. I was told we need 118 more housing units to meet the states low-income mandate requirements. Now we have the MBTA Zoning mandate to deal with. What's next?

I wonder what new amenities the Seniors will enjoy 40 years from now? The senior population will nearly double. Something to ponder if you're planning to stay. If so, do not sit back and relax. There are solutions, but not in my backyard!

Tom Grady
Member, Manchester Housing Authority, Manchester

WHY I SUPPORT OUR TOWN'S 3A PLAN

Manchester will vote November 18th on a plan intended to:

- Preserve the character of our town; and
- Comply with the legal requirements of the new Section 3A (aka MBTA) for zoning that allows by-right multifamily housing in certain of our town's districts (especially near the train station).

We citizens of the town cannot repeal this new state law or revise its related regulation. But we must respond to it, with a plan that identifies 37 acres (0.3% of Man-

...(Continued on page 6)

Thank You Veterans for Your Service!

Veteran's Day activities started early before the actual date. On Friday, 11/8, Memorial School welcomed 14 local Veterans into classrooms to read a story and answer questions for kids in grades K through 5. They included grandparents, dads, moms, uncles, teachers, and friends. American Legion member Bruce Heisey and first grade teacher Dina Flood worked together to coordinate the event. The MMPTO provided coffee and donuts and the fifth grade Student Ambassadors made the Veterans feel welcomed when they arrived by holding signs for them and directing them to their classrooms. It was a morning full of warmth and gratitude for all and the memories formed a wonderful bridge between school and community. The attending Veterans included Bruce Heisey, Bill Bell, Matt De-sharnais, Patrick Willwerth, Marni Melanson, Cheryl Lamphear, Andrew Stewart, Doug Hotchkiss, John Marletta, CJ Olsen, Sue Gould (teacher), Marty Flood, Robert Walsh, Bob Canon and Joe Aucone. Continuing on Monday the 11th a gathering of veterans, scouts, Legion members, citizens and students met at the American Legion Hall. On this 11th hour of the 11th day of the 11th month, prayers were read, memories shared and veterans remembered. Commander Kirker presided over a somber but hopeful affair. Sergeant at Arms, Bill Bell led a contingent of scouts as they presented flags that were taken out of service to the Legion Board for burning. The Legion's empty table was explained as being prepared for the POWs that have yet to be returned. The Hall was packed with grateful participants and everyone was treated to a collation following the service. The opportunity for conversation was heartfelt.



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Familiar Foe Ipswich Ends ME Field Hockey Team's Season

By Jason Brisbois

When the Manchester Essex and Ipswich field hockey teams play one another, it's destined to go down to the wire.

During the regular season meeting between the two teams in Ipswich during the first month of the season, the game was tight all the way through before Manchester Essex prevailed with a 1-0 win. When the Hornets and Tigers played again in Manchester a month later, it was another close game with the home team prevailing over Ipswich again. On November 6, the two teams met yet again with more on the line this time: The winner would move on to the Elite Eight of the MIAA Div. 4 Tournament, and the loser's season would be over.

It took the entirety of regulation, two overtimes and a shootout (five players on each gets a one-on-one opportunity to attempt to score against the opposition's goalie) to decide the eventual victor, and this time around Ipswich prevailed.

"The regulation time of this game was tight, tilted just slightly in our direction," explains Manchester Essex coach Courtney Brown. "We played extremely hard and had 20 shots on net compared to their nine. Ultimately, we had to go into double overtime which is sudden death. Since no one scored then, we concluded in a shootout. Unfortunately, we weren't able to score during the shootout while Ipswich did twice."

Knowing that the margins were



Abby Kent drives to the net in the Hornet's MIAA Sweet Sixteen joust on Wednesday at home. ME won the two games played during the season 1-0 and 1-0, but after a long, tiring game lost to Ipswich in a shootout. (Photo Paul Clark)

going to be tight in this contest going in, Manchester Essex did everything they could to avoid going to the extra stanzas.

"As it got clearer that we might go into overtime, we focused on being 'the first:' First to the ball, first to pass, first to shoot and score," says Brown. "We controlled a lot of the play in both seven-versus-seven overtime periods. Ultimately, we had to go into a shootout since we couldn't get past their goalie."

Abby Kent, Summer Demeo and goalkeeper Brigid Carovillano were the upperclassmen helping to keep the Hornets moving at that next-level clip, while some of the younger players on the team played key roles during important moments.

"Abby, Summer, Aisling and Brigid played every minute of the game last night and worked their tails off to try to keep possession, get shots and stay strong defensively," explains Brown. "Sophomores Kieran

Day, Sarah Broadbent and Maya Frangioso also were locked in and stepped up big time as part of our five shootout players."

The loss knocked the Hornets out of the tournament and ended the team's fall season. Even with the loss, there was plenty for this squad to be proud of achieving.

"We're proud of this season," says Brown. "We finished with a record of 15-3-2 and won the CAL Baker champions title. Although

we weren't able to make it as far as we'd hoped in the tournament, we are looking at the bright side of things; we got to end our season on our home field, we gave the game against Ipswich absolutely everything we had, and we made incredible progress this season to get us here. I think our shutout record is also impressive -- 14 -- and shows how strong our team defense has been overall."

Manchester Essex will be without the contributions of outgoing seniors Brigid Carovillano, Summer Demeo, Aisling Twombly, Hannah Davis, Isabelle Donnellan Valade and Fiona Flynn after they graduate in the spring. The six seniors will certainly be missed.

"As a whole, they have been the most hardworking, respectful, reliable seniors and leaders," explains Brown. "They've united our team so much that I'm confident they will all stay connected post-field hockey season. These friendships are truly lifelong and that's what it's all about."

Those seniors now pass the torch to players like Abby Kent, Laila Mears, Penelope Riggs, and Emma Hickey, as well as some of the aforementioned members of the sophomore class.

"Of course, we have Abby Kent and I look forward to a record-breaking senior season for her," says Brown. "Her fellow juniors Laila, Penelope, and Emma are well-suited for stepping up and continuing this tradition of competitive, successful seasons. I also look forward to seeing how our sophomore class -- nine of them returning -- develops in the off-season. They are going to make a huge impact--they are spirited, hungry, and tremendous athletes."

Close Encounter With Gardner Knocks ME Football Out of Playoff



Courtesy Photo

QB Nick Glass and they did a remarkable job. Nick has done a terrific job all year in a backup capacity and he was not fazed by the importance of what was asked of him. Our older guys stepped up and Nick played his butt off in the second half and we were able to move the ball pretty well."

That included an eight-yard touchdown pass to Noah Cohen in the third and a one-yard touchdown run in the fourth. However, the Wildcats outscored the Hornets in the second half 20-12, and Manchester Essex wasn't able to convert on any of its four two-point conversion attempts in the final difference.

"It didn't go our way today but it was a heck of a football game," says Grimes. "My guys certainly rose to the challenge physically and mentally, but just came up a little short. Our defensive line -- Walker Valeo, Cian Brennock, Caiden Brennock, Jarrett Croft -- had their best games of the season recording double digit sacks and giving the Gardner QB fits all night. Zach Hurd, Noah Cohen and Gabe Magee led the way on offense."

The loss knocks the Hornets out of the playoff bracket and into consolation play. Manchester Essex will face St. Mary's on November 14 in Lynn (6 p.m.) before heading to Essex North Shore Agricultural and Technical on Thanksgiving Day for the traditional holiday matchup between the two squads.

was that the team could put the close losses behind them with the end of the regular season and build anew against ninth-seeded Gardner in the Sweet 16. Unfortunately, history repeated itself again and Manchester Essex ended up on the wrong end of another heartbreaker, falling 28-27 to the Wildcats in the MIAA Div. 7 Sweet 16 playoff bracket on November 8.

"It was a tough one for sure," says Manchester Essex football coach Joe Grimes. "It was a back-and-forth slugfest for most of the game."

The Hornets took a 6-0 lead into the second quarter thanks to Gabe Magee's 19-yard touchdown run. Nick Glass added to the ME lead with a 26-yard field goal in the second, but the momentum shifted a bit after Gardner's Ayden Sparrow returned a kickoff 92 yards for the touchdown. It didn't help that quarterback Zach Hurd was hurt after scoring on a 13-yard touchdown run near the end of the half. It was up to Nick Glass to help lead the Hornets after the intermission.

"Our starting QB Zach Hurd got hurt just before halftime and had to miss the whole second half," explains Grimes. "Our upperclassmen leaders had to rally around our freshman

By Jason Brisbois

Those close losses can sting like no other, but this one packed more of a wallop because it knocked the Manchester Essex football team out of the Div. 7 playoff mix.

A couple of weeks ago, the Hornets played a tight game against Lynnfield before the Pioneers pulled away late to

win. On November 1, Manchester Essex couldn't quite get over the hump to end the regular season finale on a winning note, falling to Amesbury, 14-16.

But those games were during the tail end of a pretty good regular season, and the Hornets had played well throughout the fall to earn the ninth seed in the MIAA Div. 7 tournament. The hope

...(Continued from page 6)

chester's 11,712 acres) within which multifamily housing can be built by right - i.e. bypassing usual zoning requirements. At 15 housing units per acre these districts are configured to support as many as 559 units - if all were built out. The state also requires that most of these units be market-rate. The plan upon which we will vote includes a provision that 80% of the units be market rate, i.e. 20% to be affordable. The published state 3A regu-

lations require that only 10% be affordable, but the state has agreed to Manchester's 20% provision.

By-right zoning means that entrepreneurs may build more easily on these 37 acres than in the rest of town. It does not permit that they bypass environmental laws or laws of mathematics. They will find it difficult to achieve an acceptable return on capital invested in costly land and high construction mate-

rials and labor, with difficult site conditions in each of the four proposed districts. The actual number of units likely ever to be built under this plan will be fewer than 559, and possibly fewer than 100 - about 4% of our roughly 2,400 existing housing units. 80% of new units - the market-rate ones - will be expensive, likely serving wealthy people, including empty nesters. The impact of these new units on our schools, on our water and sewer systems,

and on the rest of our town's resources will be minimal. The few new units that actually will be built will be dispersed around town as much as state law and economic logic allow.

I am voting for this plan because I believe that its thoughtful design:

1. Keeps Manchester a quaint and quiet New England town;
2. Complies with the state's legal requirements, including our access to essential state grants; and
3. Provides a pathway for some new housing, including 20% that will be affordable.

Please attend Town Meeting on November 18th and vote in support of this judicious plan for the benefit of all our town's residents. Thank you for your consideration.

Sincerely,
William R. Cross

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ESSEX ECHO.

Essex Historical Society and Shipbuilding Museum Launches

Hybrid speaker series explores, celebrates the history of traditional boat building.

This month, the Essex Historical Society and Shipbuilding Museum began to host a speaker series celebrating the craft of traditional boat building around the world and Essex's place within that great tradition.

"Builders without Borders," is already making an impact as it shares a transformative journey into the world of shipbuilding that it hopes will captivate audiences with extraordinary stories and insights.

This six-part series showcases renowned shipbuilders who will share their unique experiences and expertise, providing attendees with a rare glimpse into the craftsmanship and innovation that define the shipbuilding industry. Each talk is designed to inspire and engage, highlighting the intersection of tradition and modernity in maritime craftsmanship.

And it's already underway. On November 5, Harold Burnham of Burnham Boat Building kicked off the series, taking attendees on a visual journey as he shared captivating stories from his travels on merchant ships and the stunning wooden vessels he encountered around the globe.

Then, this week (Thursday, November 14, 7 p.m.) it's Mystic Seaport's Walt Ansel who will speak on the intricate restoration of the historic L.A. Dunton, a testament to Essex's maritime legacy and the dedicated efforts to preserve this National Historic Landmark.

The initiative builds upon our successful collaboration with Mass Humanities and the Smithsonian's Museums on Main Street program, reflecting our commitment to preserving maritime heritage while fostering vibrant community dialogue.

Here's the line up for the balance of the series.

-- November 21st, 7 p.m.: Warren Barker (IRYS) Warren will explore the invaluable role of artifacts in traditional boat building, demonstrating how they inform and inspire contemporary craftsmanship, ensuring that vital skills and techniques are passed down through generations.



Harold Burnham of Burnham Boat Building kicked off the series on November 5. (Courtesy images)



Graham McKay of Lowell Boat Shop in Newbury.



Soren Neilsen of the Viking Museum in Denmark will speak December 14.

-- December 12th, 7 p.m.: Carolyn Corbin (Schooner Tyrone/CB Boatworks)

Join Carolyn as she challenges the boundaries of maritime heritage, advocating for collaboration and open-mindedness in the ever-evolving landscape of boat building.

-- December 14th, 11 a.m.: Søren Neilsen (Viking Museum, Denmark)

Delve into the fascinating world of ship reconstruction, as Søren shares his experiences preserving the rich cultural traditions of Nordic wooden boats and their significance today.

-- December 17th, 7 p.m.: Graham McKay (Lowell's Boat Shop)



Mystic Seaport's Walter Ansel will speak November 14.

Graham will recount his hands-on experiences with Milford Buchanan, celebrating the enduring legacy of dory building and its role in American maritime history.

The Essex Historical Society and Shipbuilding Museum is dedicated to the education, preservation, and study of traditional Essex shipbuilding and the community that has supported it for over 300 years. We value the skills, creativity, and connectedness of the Essex shipbuilders, believing that understanding and appreciating their craftsmanship serves as a valuable model for today.

For more information about the "Builders without Borders" talk series and to access the Zoom links, visit essexshipbuilding.org.



Carolyn Corbin



Warren Barker of IRYS School of Technology & Trades in Newport, RI.

LIBRARY NEWS

T.O.H.P. Burnha
Public Library



Children recently enjoyed stories and a craft all about scarecrows at the weekly story hour.

Library Closed

Wednesday, November 27 the library will close early at 5 p.m. and be closed on Thursday, November 28 in observance of Thanksgiving.

Birds of Prey & Native American Artifacts

Saturday, November 2 at 10 a.m. Join Wingmasters in the 3rd floor auditorium for live birds. No registration necessary.

Community Book Group

Monday, November 18 at 10 a.m. Come by for a discussion of "The Heiress" by Rachel Hawkins.

Regional Social Worker

Wednesdays, 9 a.m. - 12 p.m. in the first floor meeting room. Free, private, and confidential, learn about resources, gain strategies and skill to assist in stress reduction and management. No appointment necessary.

STEAM & Stories

Mondays at 9 a.m. for ages 2-6 years with their adult, join Ms. Christine to listen to stories, then explore science, technology, engineering, art and math.

Leaf Zetangle Mosaics for Teens

Friday, November 22 at 3:30 p.m. for Grades 6-12. Enjoy an afternoon of art, cider and muffins.

ESSEX POLICE NOTES

SUNDAY, NOVEMBER 3

9:54 a.m. Eastern Ave., disturbance, assisted as needed.
11:03 a.m. Eastern Ave., male with breathing difficulty, transported to hospital. 3:34 p.m. Apple St., male unconscious, assisted as needed. 9:41 p.m. Main St., directed patrol, secured/checked.

MONDAY, NOVEMBER 4

6:54 a.m. Western Ave., selective enforcement, secured/checked. 9:06 a.m. Haskell Court, animal complaint, assisted as needed. 1:13 p.m. Spring St., directed patrol, secured/checked. 10:54 p.m. Conomo Point Rd., directed patrol, secured/checked.

TUESDAY, NOVEMBER 5

6:03 a.m. John Wise Ave., community policing, other. 9:31 a.m. Martin St., suspicious activity, spoken to. 10:58 a.m. John Wise Ave., male trauma with injury, patient refusal. 7:27 p.m. Main St., parking complaint, parking enforcement.

WEDNESDAY, NOVEMBER 6

1:12 a.m. Main St., selective enforcement, other. 11:21 a.m. John Wise Ave., parking complaint, assisted as needed. 5:02 p.m. Rocky Hill Rd., fire investigation, fire false. 7:30 p.m. Western Ave., domestic, arrest.

THURSDAY, NOVEMBER 7

6:31 a.m. Spring St., directed patrol, secured/checked. 11:02 a.m. Story St., directed patrol, secured/checked. 3:09 p.m. John Wise Ave., male stroke, transported to hospital. 8:45 p.m. Ralston Dr., suspicious activity, secured/checked.

FRIDAY, NOVEMBER 8

1:11 a.m. Story St., suspicious activity, secured/checked. 11:04 a.m. Chebacco Terrace, directed patrol, secured/checked. 5:23 p.m. Dodge St., property check, secured/checked. 8:55 p.m. Main St., selective enforcement, no action taken.

SATURDAY, NOVEMBER 9

7:44 a.m. John Wise Ave., citizen assist, assisted as needed. 12:51 p.m. Centennial Grove Rd., property check, secured/checked. 9:06 p.m. Martin St., selective enforcement, no action taken. 11:24 p.m. Centennial Grove Rd., directed patrol, secured/checked.

Essex Locals | Nov 15

115 Years Ago - 1909

The mild weather recently has caused the hens to resume laying after a season of rest, yet the price of eggs continues to rise, one dealer last week received 50 cents per dozen at wholesale.

90 Years Ago - 1934

The vestry of the Congregational church was filled Monday evening for the first of the membership suppers served by a committee of which Mrs. Mattie L. Harding was chairman.

ESSEX SENIOR LIVING | November 15

The Essex Council on Aging (COA) offers a variety of events and trips for seniors. For further information or to sign up for an event, please call the Essex COA Office at 978-768-7932 or visit the Senior Center at 17 Pickering Street.

Recurring Events

Groove (Video), Mondays, 9:30 a.m.: Get your dancing shoes on and join this fun, energetic dance class! Video, no instructor. \$5 donation suggested.

Arts & Crafts: Tuesdays, 1-3 p.m.: Are you artsy? Do you love to paint, knit, crochet, or sew? Do you like creating different projects? Join us with your own project or help with making items for the Friends Boutique.

Balance in Motion, Tuesdays, and Fridays, 10 a.m.: \$5 Donation requested.

Fitness Fun with Gil: Wednesdays, 10 a.m.: Start your day then with Gil and focus on strength, stamina, and stretching... energize yourself and leave feeling good! \$5 Donation suggested.

Technology Assistance, Wednesdays 1-3 p.m.: Do you have questions about your computer, tablet, phone, or other technological challenges? Our Tech genius can help!

Ga.m.es with Gil at the Senior Center: Wednesdays 1-3 p.m.: ALL AGES WEL-

COME, come play BOARD ga.m.es or Scrabble, Boggle, Cribbage, Backgammon, join us or bring a friend and come play ANYTIME!

Walking Club: FREE, Pass Required* Mondays, Wednesdays & Fridays, 9:30-11:30 a.m.: Passes available for the Gordon College Bennett Center indoor walking track! *Contact Hamilton-Wenham Recreation at 978-468-2178 to register. Transportation is available from CATA (978-283-7916).

Grab and Go Meals, Mon-

days & Thursdays, 12 noon (must be picked up by 12:30 p.m.): Monday meals provided by Open Door, Thursday meals provided by Senior Care. Please register two business days in advance - 978-768-7932.

Monthly Events

In addition to our recurring weekly and monthly events, we host numerous exciting events every month, all of which are highlighted in our monthly newsletter and calendar, as well as on the Essex COA Webpage.

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Better Than We Found It

Scouts Troop 3 Camping Trip to Cranes Beach



By Jackson Provan

Earlier this fall, members of Manchester's Troop 3 set out on their annual Cranes Beach campout. They arrived at the campsite, a clearing in the woods a short distance from the estate just down the road from the farmhouses, in the early evening, and began unpacking their supplies for their two-night campout.

After everything was unloaded, they set up tents. The Boys Scouts of America has now become "Scouting America," and this year Troop 3 has as many girls as it does boys. At Cranes Beach, there were six girls' tents and two boys' tents. After they ate dinner, the campers all went to bed, tired from the day's activities.

The next morning, after dining on egg, bacon, and cheese breakfast burritos (a campout specialty), they

headed out to the Crane Estate for a service project. A Cranes trustee guided them on a tour of what he would like them to do. First was having them shovel dirt off the walkways to the beach. Half the team set out doing this. The rest of the campers got to work and dug up metal poles used to hold up the rope fences to keep beachgoers off the dunes. Using their skills at untying knots to get ropes and fences loose, they used shovels, hands, and other carpentry tools to lift them out of the ground.

Sometimes doing one would take 10 to 15 minutes, considering some rods were seven feet tall. While it would take a very long time to pull up the fences across the whole beach, they did this for about two hours. Finally, after putting up a sign on a trail, they went back to the campsite, enjoying sand-



Troop 3 Scouts headed to Cranes Beach earlier this fall for fun and service. The team arrived and worked cleaning up the beach walkways and pulling out metal fencing posts. There was time for fun too. Camping was great, being together, playing life-sized chess, and cooking a delicious meal. Above right: Dante Bruno shoveling dirt off the boardwalk to Cranes Beach. Above right: Group photo of Troop 3 sitting in a teepee they built. Above left: Cia Donohoe sitting by the fire, making the last night's dessert: Dutch oven apple cake. (Courtesy photos)

wiches for lunch.

With the rest of their time free, Troop 3 spent the day building teepees out of sticks and competing in a lip sync

competition. Returning to their bunks for bed and falling asleep playing cards, they woke up the next morning, disheartened to go home.

After they ate a breakfast of oatmeal, they had to pack up to go back to Manchester. Collapsing the tents, cleaning up the campsite, and packing

everything away, they set off back to Manchester.

After a fun weekend, people were already talking about coming back next year.

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Jim O'Neill, Commodore of the Manchester Harbor Boat Club, with Jim Pocock at the MHBC's annual meeting. Jim Pocock, a Gloucester resident, gave a talk about his Grand Uncle, George Pocock, who built the rowing shells used by the University of Washington's in their 1936 Olympic Gold Medal win in Berlin. The win is the basis of the book and movie "Boys in the Boat". In addition, Jim Pocock talked about his nonprofit "Elevate New England", which mentors urban youth to become productive members of their communities.

The Estuary Collective
 A Holistic Collective in Essex offering floral design, acupuncture, massage, reiki, hypnotherapy, holistic facials, professional makeup, craniosacral, yoga, workshops, and a curated retail shop for a well balanced lifestyle.
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 info@theestuaryessex.com
 the_estuary_essex/

interior design services
 Jennifer Coles, principal
 colescoloranddesign.com
 jen@colescoloranddesign.com
COLES COLOR and DESIGN 978.808.7481



The Teen Loft celebrated last week's MERSD early release day by inviting students to make candy sushi! (Idle question: If you whip up a Japanese dish using Swedish Fish, is that fusion cuisine?). (Courtesy Photo)

expertise.

Mindfulness Meditation at the First Parish Church Meeting Room
Every Tuesday from 11 a.m.-12 noon. Beginners and experienced meditators are welcome. There will be guided meditation, some silence, and discussion. Please register if this is your first time coming to this program. We need either an email or a phone number in case we need to cancel or change venues.

Shut Up and Write (Virtual)
Every Thursday from 10:30 a.m.-12:15 p.m. Join a community of writers and artists on Zoom who just want to write. Come any time. No need to share, no need to critique or be critiqued.

For Teens:

Join the Teen Advisory Board (TAB)
High school students who join the group will be involved in adding items to the library's collection, promoting special events, planning the annual Haunted Library and more. You will get community service hours for school and pizza. Contact Tom Russo, the YA librarian.

MPL Children's Events:
Winter Hibernation
Saturday, November 23 from 11 a.m.-12 noon. How do your favorite animals spend the winter? Join us as we learn how animals survive the coldest months of New England. We will learn about hibernation, migration, and the amazing adaptations animals have for surviving our harshest temperatures. Bring a stuffed animal and create a cozy little hibernation den to take home. Register online.

STEM Club
Thursday, November 21 from 4-5 p.m. This group meets every third Thursday from 4-5 p.m. and is for grades 4-6.

Lego Time
Every Monday from 3:30-4:30 p.m. Drop-in, unstructured Lego building fun, for ages six and up.

Little Learners Playgroup
Thursdays from 10-11 a.m. Join this weekly playgroup presented by Early Childhood Partners CFCE. Please register.

Fall and Winter Storytime
Wednesday's from 10:30-11:15 a.m. Ages 0-3, this program runs through September.

LIBRARY NEWS

This week at the library there is perfume making, Community Game Night, celebrating the best in detective fiction, winter hibernation and lots more.

Library Closing
The library will close early, at 1 p.m. on Wednesday, November 27. The library will be closed all day Thursday, November 28 and Friday, November 29. The library will reopen Saturday, November 30.

Perfume Making and Mocktails Party
Saturday, November 16 from 2-4 p.m. Discover the art of perfumery while creating your own unique perfume that is perfectly blended to reflect your individual personality, style and preferences. Mocktails will be served to cleanse the palate and add to the ambiance.

Community Game Night
Tuesday, November 19 from 4-6 p.m. Come on by with your game face on. All ages welcome. Snacks provided. Play one of our games on loan

through the library of things or bring your own game to share.

The Night of Shamus-Celebrating The Best Detective Fiction (Virtual)
Tuesday, November 19 from 7-8 p.m. The Shamus Award is awarded by the Private Eye Writers of America for the best detective fiction novels and short stories of the year. The Prize is given annually to recognize outstanding achievement in private eye fiction. Enjoy a panel of Shamus Award winners and nominees discussing their works and their detective fiction genre.

Haunted Experiences: Ed Terebus, Co-Founder of Erebus Haunted Attraction (Virtual)
Wednesday, November 20 from 6:30-7:30 p.m. Descend into Erebus, Michigan's Halloween Tradition with Co-Founder Ed Terebus and our host: Jeff DePaoli an avid podcaster who shares his love of Halloween with special guests on "That Halloween

Podcast."

November is Novel Writing Month
As the weather cools many return their attention to finishing or starting their novel, screenplay or chapbook of poems. Come to the library this November and enjoy a dedicated writing zone, with a jar of prompts to keep you inspired and snacks to fuel your word count goals.

Mystery Book Group: "Night Moves"
Friday, November 22 from 10:30-11:30 a.m. This November we are reading "Night Moves" by Jonathan Kellerman.

Dungeons and Dragons for Adults (Virtual)
Monday, November 25 from 7-9 p.m. Have you ever wanted to try playing Dungeons and Dragons and don't know where to start? Whatever your level of experience come join us for a virtual one-shot adventure.

Living with Wild Turkeys

in Massachusetts with Mass Wildlife (Virtual)
Tuesday, November 26 from 10:30-11:30 a.m. Wild turkeys, the official game bird of Massachusetts, thrive in a variety of habitats across the Commonwealth, including in urban and suburban areas. Learn about wild turkey biology and behavior, as well as how residents can coexist with these beautiful birds.

Native Nations & The Beginning of the US From 1100-1860 (Virtual)
Wednesday, November 27 from 7-8 p.m. Native history predates 1492. Native peoples have been on the North American continent for centuries before colonization began. Learn about U.S. History but from the perspective of Native Americans. This lecture begins in the 1100s and ends just before the Civil War in 1860. Led by Heather Bruegl, a public historian, activist, and decolonial education consultant who works with institutions and organizations for Indigenous sovereignty and collective liberation.

Tai Chi: The Longevity Tree Tai Chi Location Changes
Every Wednesday from 9:45-10:45 a.m.

Manchester local Susan Halpern will continue her weekly Tai Chi class for ages 18 and older. The class will be moving locations as the weather changes and only those who have completed the Safety Release Registration Form on the library's website, will get weekly location emails.

Longevity Tree is part of the internal arts known in China as Qi gong. Qi gong means to cultivate energy with discipline. The Longevity Tree is a form that addresses the balance of mind, body and spirit, by combining movement, deep breathing, and alertness.

Digital Advice Appointments on Monday and Drop-In on Friday
Register for a dedicated session Mondays at 12 or 12:30 p.m. or drop in on most Fridays between 3-4 p.m. We have guidance for easy to moderate tech issues. Please bring your device, charger and any passwords associated with your device or project. This is a program to offer one-on-one instruction on how to better utilize your technology, we cannot do a tech project for you and certain issues will be outside of our digital



2024 Buy-A-Bulb Sponsors

The Manchester Women's Club announced the following sponsors who have made donations in support of this year's Manchester Friendship Tree lighting, scheduled for early December. All donations support the tree's operation and the club's charitable initiatives, including funding its annual scholarship to local graduating seniors.

Mary Ann Wood for R.N.Wood
Sheila McCarthy for W. McIner-

ney, G. McInerney, K. McCarthy, T. McCarthy, A. Chouinard
Alice Luzinski for B. Kelleher, O. Cool, G. Cool, M. Cool, B. Luzinski
Marianne Shrewsberry for B. Dennis, R.Dennis, Q. Dennis, A. Dennis, L. Marshall
Anne Coccoluto for S.Cohen
Jacqueline McDiarmid for P. & F. Cool, R. Cool, M. Cool, A. McDiarmid, M. & R. McDiarmid
Juliet Besser for D. Crosby, M. Greenbaum, T. Adam, B. Sidewicz
Christine Gauthier-Kelley for P. Gaithier, G. Gaithier, F. Kelley, B. Kelley
Wendy Thomas for B. Giebel, P. Crocker, L. Green, S. Koch
Veronica and Michael Mat-

thews for T. Matthews, B. Matthews, J. Matthews, L. Matthews, V. McCahon, J. McCahon
Dyane and Andrew Cotreau for B. Chute, B. Commolly, J. Connolly, W. Smith, K. Raffa
Ed and Susan Mirak for P. Charewa, E. Chareas, J. Chareas, P. Chareas, S. Sirels, G. Mirak, E. Mirak, S. Mirak
Manchester Rotary, donation
Barbera Almy, donation
Shirley Preston for A. Smith, J. Preston
Teresa Ramirez for D. Almy, A. Smith, T. Kehoe, P. Roland
David Gallagher for V. Sea
Daitch Family for M. Miller, B. Tepper, S. Daitch, R. Daitch
Joanne Donnelly for S. Donnelly

Browlie and Kaufmans for A. Kaufman, E. Kaufman, J. Kaufman, A. Kaufman, B. Nutty
Anonymous Person 1
Anonymous Person 2
Anonymous Person 3
Ellen Flatley for J. Flatley, C. Flatley, F. Flatley, A. Grady, D. Grady
Peter and Joan Johnson for A. Slater, F. Rice, A. Connolly, T. Connolly, D. Johnson

Anyone can make a donation to buy a bulb for this year's Friendship Tree lighting in Manchester. But you have to do it before 12/5/24. Donation envelopes are available in many downtown businesses, the Manchester Public Library, and at Town Hall.



Linda Coleman Honored

Linda Coleman was recently honored for her 40-years as a full-time faculty member in the Bertolon School of Business at Salem State University. Currently she is still actively working.

Pictured from the left is associate Dean of the Business school, Leah Ritchie, Coleman and the president of Salem State University John Keenan.

Linda Coleman, 40-year resident of Manchester commended for 40-years' service. Courtesy Photo



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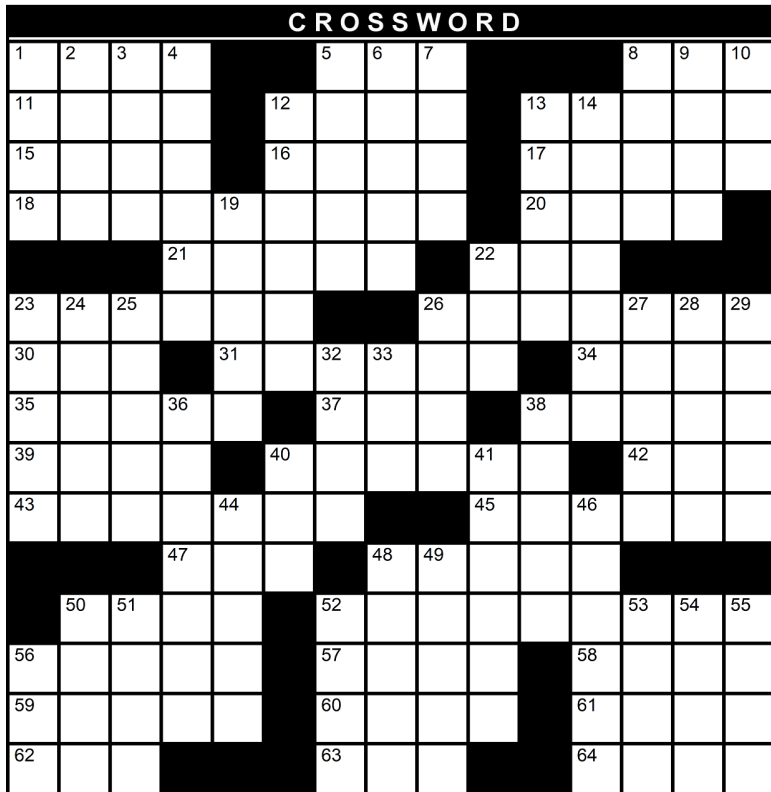
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Puzzle

THEME: THANKSGIVING

ACROSS

1. As opposed to Ave.
5. *Male turkey
8. *The National ___ Show
11. Suggestive look
12. Transversus abdominis location
13. Milan's La __ opera house
15. Curved molding
16. Welcoming sign
17. Crossword entries
18. *Skillet-cooked batter
20. Bristles on grass
21. Talked like a pigeon
22. Scepter's partner
23. A way to steal gas
26. With two maxima, in statistics
30. All Nippon Airways
31. Tip of lion's tail
34. Body, breath and mind workout
35. Garments
37. Singer Benatar
38. Unethical loaner's practice
39. Copycat
40. *Pie nuts
42. Honey maker
43. Like Old Glory
45. Time for an egg hunt
47. "As if!"
48. Battle of the __, a.k.a. Ardennes Offensive
50. Moldy appetizer
52. *Green bean __
56. *Thanksgiving football regulars
57. Cream-filled cookie
58. Chieftain in Arabia
59. Poem at a funeral
60. Of two minds
61. Not ever, poetically
62. Oui in French
63. Ensign, for short



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64. Make them meet
- DOWN**
1. Coalition
2. Emmet Brickowski's brick
3. Zig or zag
4. Make wet
5. Safari hat
6. Mountain nymph
7. "Cobbler, cobbler, __ my shoe"
8. Repair a sock
9. Cutlass or Delta 88, for short
10. "Now we're cooking with __"
12. "La cerveza m s fina"
13. Bunch of #42 Across
14. *Football regulars on Thanksgiving
19. They're made for walking
22. Tin Man's remedy
23. "The Forsyte __," pl.
24. Not suitable in certain circumstances
25. Fruit-cutting device
26. 2nd letter of Greek alphabet

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			9	1					
3	2								
		9	4		2				
	1		7		5			3	
	5	6	1		3	4	7		
7		4		5				9	
		5		2		9			
							1	5	
			3	7					

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 11

27. Skeptic's MO
28. Come to terms
29. Extra sweatshirt, e.g.
32. Hightailed it
33. Cul de __
36. *Prepping a turkey
38. Cell phone bill item
40. Teacher's favorite student
41. Infamous Baby Face
44. Verse
46. Tranquil
48. Noble one
49. Internet patrons
50. Digestive aid
51. Fish eggs, pl.
52. __ d'Ivoire
53. Bad luck predictor
54. What Pinocchio did
55. Makes mistakes
56. Bovine hangout

Religious Notes

First Universalist Church of Essex
59 Main St, Essex, MA
Sunday services 10 a.m. & Coffee hour after service
Visit our website for more events & info: <https://www.uuessex.org/>

Cornerstone Church
We gather for worship each Sunday at 10 a.m. and welcome you to join us for a time of studying the scriptures and praising the Lord. Other ministry updates and details can be found on our website, www.

www.CornerstoneNorthShore.org. If you have any special needs or concerns, please let us know! We're here to serve!

Visitation Parish - Mass Schedule
The Visitation Parish Mass Schedule:
Sacred Heart Church - Saturday Vigil Mass - Virtual Mass - on our YouTube as well as www.mecatho-

lic.org
Sunday Mass-8:30 a.m.
St. John the Baptist Church - Saturday Vigil Mass-5 p.m.
Sunday Mass-10 a.m.
Please go to our website: www.mecatholic.org for Sacramental Information as well as Parish Registration if you are new to town or looking to join a Catholic Church.

Mary Greek Orthodox Church
8 Lafayette Road, Ipswich Mass.
Church services, with Father Christopher Kolentsas, are held each Sunday.
Sunday's Divine Liturgy, with Father Christopher, starts at 9:30 a.m. followed by a weekly sermon. All are welcome to attend.

The Assumption of the Virgin

...(Continued on page 11)

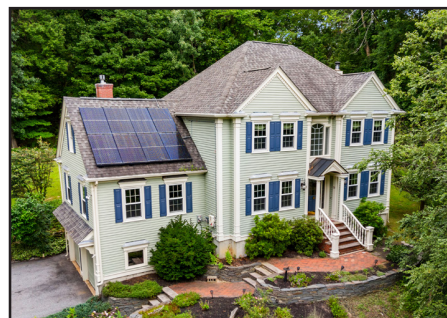


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\$3,300,000 | Jane Meterparel | 781-237-3341



WEST NEWBURY
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\$1,075,000 | Karen Bernier | 978-807-5580



ROCKPORT
Oceanfront! Overlooking Twin Lights, this 9 bedroom, 9 bath property offers all the room you will need for extended family, friends or guests.
\$3,950,000 | Michael Beaton | 978-884-9910



MANCHESTER
Discover timeless elegance in this stunning Colonial home. The separate guest house is ideal for extended family or rental income.
\$2,350,000 | Philio Cushing | 978-884-9904



ROCKPORT
This unique residential/commercial property, located in vibrant Bearskin Neck, offers the fortunate buyer an incredible opportunity!
\$1,349,000 | John Kotch | 978-500-4271



MANCHESTER
This multi level home set on a quiet dead end lane offers convenience and a private retreat. Nestled on a lot surrounded by pristine woods.
\$1,100,000 | Kathleen McHugh | 978-290-9075



BEVERLY
This property is conveniently located in the village of Beverly Farms and is close to shops, and has access rights to scenic West Beach.
\$1,350,000 | John Kotch | 978-500-4271



BEVERLY
Stunning newly constructed home, nestled on a tranquil side street. Showcases high-end finishes & meticulous attention to detail.
\$1,299,999 | Melissa Skomurski | 617-850-2353



BEVERLY
A perfect blend of privacy and stunning green surroundings, in the heart of the sought-after Beverly Farms community!
\$985,000 | Jen Baraiolo | 978-580-1932



GLOUCESTER
Stylish, light-filled townhouse in the eclectic East End of downtown Gloucester, moments to the exciting new music venue The Cut!
\$849,000 | Alli Allmendinger | 978-325-2702



GLOUCESTER
Rare Lanesville offering. Idyllic seaside cottage in private woody location with views of the ocean. 2 minute walk to Plum Cove Beach.
\$899,000 | Chris Viegard | 508-284-2898



DANVERS
Fully Renovated 4-Bed Cape in Ideal Danvers Location! This beautifully updated Cape-style home is just minutes from downtown Danvers.
\$720,000 | Nazlie Luzha | 978-871-8640

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Here Come the Holidays. Buckle Up.



By Joanne MacInnis RN
CDP, President, Aberdeen Home Care, Inc.

Rather than 'visions of sugarplums' dancing in our heads, many experience a cranial thunderstorm of chaos. Even now, I'm hearing, "Can't wait 'til it's over." Why is this? Are we all suffering from Ebenezer Scrooge syndrome? Have we become a bunch of "Bah-humbugs?" This year, maybe we should examine our mindset and better understand the personal cost of our efforts and energy expenditure. How will we spend our Holiday time, treasure, and talent?

What's our baseline?

An old Jungian psychiatrist told me many years ago that our emotional baseline is more like our Monday Morning Mood than our Friday Afternoon Mood. It might be that some of us have a negative spin on things, and it spills out in our language and behavior. Maybe the proverbial cup is half empty.

Most of us live somewhere in the middle. Our days might look like the "Good, the Bad, and the Ugly." We acknowledge the wide array of moods and emotions and wish our lives were predictable and manageable...real life does not always deliver this version. In the current times of palpable discord on every TV news program, on Main Street, in print, online, and at the office "water cooler," it stands to reason that we are a little worse for wear.

We LOVE tradition.

And for good reason. It's grounding. We eat the same meal, probably on the same dishes and with the same people. We go to a morning

football game or watch it in the afternoon. Is it enough? Does your regular celebration need a change-up? If the meal is overwhelming, do something different. Despite the legends, the "First Thanksgiving" most likely did not serve turkey. The Wampanoags (People of the First Light) brought venison and seafood, making it more like a clambake than Norman Rockwell's version of the day.

Service

I was the Nurse Director at a Hospice Facility in Needham years ago. One of our nurses wanted to make an impression on her teenage daughters, so on Thanksgiving morning, they arrived to make, serve, and clean up a special breakfast for all the residents and families. In the "thanks" department, the patients and families were so touched by the volunteering of this family, and those teenagers (now mothers of teenagers) still talk about the depth of this experience. Who in your circle is lonely? Who might be alone on a holiday? Would your household neighbor love a plate of food delivered? Is there a need you can meet that does not tip you over into the red?

Why the "get it over with" attitude?

Since we are mentally exhausted from the routine of mania that has become our norm, we feel anxious or worse when we add in an outside demand for our limited energy stores. "I can't do it all."

The energy savings account becomes overdrawn because our energy is limited and in high demand. We are pedaling as fast as we can uphill in the rain. If your life

Remember what all this is about in the first place ... gratitude. If we are exhausted by life and add to the chaos of a feast and all it brings, relax. Breathe.

has been very lucky and you have escaped the flip side of the coin, no serious illness, tragedy, or heartache ... you may not relate (lucky you). I am guessing also that this is a very small minority of us.

What to do?

We always start with... inventory. If you're happy, calm, and managing well, and want to feed 15 hungry mouths, from soup to nuts, with all the trimmings, AND you can do that without putting yourself at risk...go for it. It seems as if we often have to consider what we WANT to do vs. what we feel we NEED to do. If you don't have the option of downsizing the event, you can still customize it. It's NOT a one-size-fits-all. What about grilled cheese, pancakes, or a restaurant? What about a pie party?

What's it all about anyway?

In a word...gratitude. If we are exhausted from life and add to it the chaos of a feast and all that it brings, we may not be "feeling it." Regardless of position, we are all weary from the frenzy of the campaign and election. Dig deep. What are you really needing now? Are you in pieces and needing restoration? Do you need quiet and solitude? Do you need engagement and belonging? What might it look like if you

dared to imagine your ideal Thanksgiving weekend? Where can you tap into your place of gratitude?

Distraction can be a helpful tool. Like its cousin, denial, it serves a purpose. And then ... (the proverbial both/and) it becomes an obstacle. Making pies was always a lovely distraction for me. For many years, I would make upwards of 20. Now, that holds no interest. My energy is spent elsewhere. I choose. You can choose too.

If this year's perfect day includes the parade, dog show, and a piece of pie, go for it. If you are a guest and must leave early, so be it. If you are a host and have to shorten the party from the regular all-day affair, do it. Preserve your peace of mind. No one else will.

The Holidays are a time for contemplation.

We might be able to get beyond the "can't wait 'til it's over" and get to "just what I needed." Stop. Notice how your body breathes. You can interrupt this cycle willingly or let it go on autopilot. Consider that. Feel the breath. Feel the cool air. Come back to your senses. Settle down, remove the stress suit, and find what soothes your soul. If you do, you'll be thankful.

Joanne MacInnis, RN, is the founder and president of Aberdeen Home Care, Inc., of Danvers, a concierge private duty home care agency in business since 2001. With 35 years of nursing practice, management and administration experience focused on home care and hospice, Joanne and her team specialize in advising and supporting families addressing the elders in their lives retain dignity and quality of life.

Solution to puzzles on page 10

B	L	V	D		T	O	M			D	O	G						
L	E	E	R		C	O	R	E		S	C	A	L	A				
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7	3	4	2	5	6	8	9	1
6	7	5	8	2	1	9	3	4
2	8	3	6	9	4	7	1	5
4	9	1	5	3	7	6	2	8

...(Continued from page 10)

First Parish Church

First Parish Church Manchester-by-the-Sea - a lovely place to start your week, join us for a moving message, beautiful music and community in the center of town -

Worship, 10 a.m. led by Rev. Katherine Schofield and Dr. Herman Weiss with the First Parish Choir. Sunday school.

Monday, Nov 18, Friends of the COA Senior Drop in, 10-12 noon

Tuesday Online Bible Study, Via Zoom 4 p.m., join in with computer, smart device or dial in on a phone from wherever you are - email office. fpchurch@gmail.com or call 978-526-7661 for the link.

Wednesday Choir Rehearsal 7:30 p.m.

Thursday, Seaside Parish Knitters 1-3 p.m., open to all knitters, crocheters

Monthly Book Group, Nov 25 discussing Table for Two by Amor Towles.

Advent Vespers will take place at 6 p.m., Dec 4, 11, 18

St. John's Church

Worship:

Every Sunday we hold services at 8 a.m. and 10 a.m. Child care is available during the 10 a.m. service.

Holy Eucharist at 8 a.m. and 10 a.m.

Quaker Meeting

Quakers of the North Shore worship every Sunday from 10-11 a.m. at the Glen Urquhart School: 74 Hart Street, Beverly Farms, Mass. It is an unprogrammed Quaker Meet-

ing. There is no Pastor (or leader) save the spirit of God in and among us. Our worship is primarily silent. When a worshiper is moved, it may include a brief, spoken ministry offered in a 'spirit of worship.' Friends gather quietly, awaiting the experience of God's presence.

People in our community hail from the traditional tribal lands of the Pawtucket and Massachusetts now called Manchester, Gloucester, Beverly, Ipswich, Rockport, Salem, Lynn and Marblehead. Whether you have worshiped in other Quaker (Friends) Meetings or not, we welcome you to join us. If you are new to Quakers, someone will be happy to talk with you and answer any questions you may have. Send an email to: northshorequaker@gmail.com. First Day School, our Children's Program, consists of forest walks near the Glen Urquhart School led by Jessica Kagle from the Kestrel Foundation. Blessings To You.

We must learn to live together as brothers or perish together as fools.
~ Ronald Reagan ~

PET OF THE WEEK: COINCIDENCE?



Camilla, a 1-year-old shorthaired, spayed female, is a super sweet girl and is great with children, her foster family said. She would prefer to be the only pet in the home as she is not a big fan of the other animals in the home. Camilla is very affectionate with the humans she meets and loves to be petted, to sunbathe and watch the birds. She is a calm kitty and is a happy

girl when she's eating and being shown attention. If you think Camilla would be a good fit, visit www.capeanimalaid.org to fill out an application so a virtual meeting can be set up to see Camilla in her foster home, and for more information about Camilla and all the other animals waiting for homes at the Christopher Cutler Rich Animal Shelter, 4 Paws Lane in Gloucester.

SENIOR HIGHLIGHTS

There is a lot set to happen with the Council on Aging (COA) in the coming weeks. Check them out here, and for on any of these great trips or to reserve your seat on the van, please call 978-526-7500.

Lunch & A Movie at The Cabot

On Monday, November 18, the COA is pleased to offer a trip to The Cabot to see the movie "Meet Me in St. Louis." SeniorCare is offering this film free of charge. The van will bring you to the 99 Restaurant for lunch prior to the movie. The film is free. Lunch is on your own. The van will start picking up seniors at 10:45 a.m. Return is expected around 3 p.m.

MANGIA, MEATBALLS & MURDER

The Manchester COA is pleased to present The Delvena Theatre Company's production of Mangia, Meatballs, & Murder! at the Congregational Chapel, on Wednesday, November 20, at 1 p.m.

Who dunnit? An exciting, live, comedic, inter-

active murder mystery performance set in Luigi's Ristorante featuring Lynne Mouton, Joseph Zamparelli and Fran Baron in multiple roles. Come put your "super sleuth" on - having much fun along the way. Token prizes will be awarded. Coffee and Italian pastries will be served.

Mangia, Meatballs, & Murder! is supported in part by a grant from the Manchester Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. For more information or to sign up, call the COA at (978) 526-7500.

Miniature Nutcracker @ Crowell Chapel

On Thursday, December 5, you are invited to see the Arpeggione Ensemble perform Miniature Nutcracker at Crowell Chapel. This is Tchaikovsky's eternal favorite, reimagined to bring joy into our community. Imagine a musical gathering around the piano with family and friends. Arpeggione presents holiday joy with this small offering of music

from Tchaikovsky's Nutcracker Suite, arranged for 5 musicians.

The event starts at 1:30 pm and is free of charge. Reservations are required. Transportation will be available.

PUBLIC NOTICE



TOWN OF MANCHESTER
Town Hall
10 Central Street
Manchester-by-the-Sea, MA, 01944
SELECT BOARD
NOTICE OF PUBLIC HEARING

In accordance with Chapter 369, Acts of 1982, Section 1, the Select Board of the Town of Manchester-by-the-Sea will hold a public hearing on the determination of the percentage of tax levy to be borne by each class of real property for Fiscal Year 2025. Hearing is to be held on Monday, December 2, 2024, at 6:30pm in room 5 of Town Hall and by Zoom.

Posted to MNPA website: <http://masspublicnotices.org>

Nov. 15, 2024 MC
Nov. 22, 2024 MC

PUBLIC NOTICE



TOWN OF MANCHESTER
Town Hall
10 Central Street
Manchester-by-the-Sea, MA, 01944
PLANNING BOARD
NOTICE OF PUBLIC HEARING

The Planning Board of the Town of Manchester-by-the-Sea will hold a Public Hearing on Monday, November 25, 2024, at 6:30 p.m. for a new application submitted by Christopher and Christina Comparato of 9 Proctor St for a Special Permit pursuant to Section 6.4 (Earth Removal and Filling) of the Zoning By-Law to allow the removal of more than 20 cubic yards of material from the "Setback Area" of the lot and the deposit of more than 100 cubic yards of material in the "Interior Area" of the lot. Location: This is a hybrid meeting. The Public is welcome to join the Board in Room 5, Town Hall or on Zoom. Zoom meeting information will be posted in the November 25, 2024 Planning Board public meeting agenda.

Sarah Hammond-Creighton, Chair, Planning Board

Posted to MNPA website: <http://masspublicnotices.org>

Nov. 8, 2024 MC
Nov. 15, 2024 MC



The North Shore's Premier Real Estate Agency



Featured LISTING

BEVERLY FARMS

\$2,797,000 | Fabyan & Filias Team

Move-in ready! Turn-of-the-century updated 5+ bedroom Colonial on 3.8 acres. Chef's kitchen, pub room, library. Inground pool, tennis/pickleball court. West Beach Permit. Near train, Rt. 128.



\$2,200,000 | Alle Cutler
Premium downtown site zoned General Business. 10,000+ sf warehouse has loading dock and 3 oversized drive-in bays. Diverse uses: indoor sports complex, retail, general storage, etc. Near MBTA.



\$1,399,000 | The Guittarr Group
Stately fully renovated Colonial with 2 staircases, period details, eat-in kitchen, double living room, 3rd floor offices, finished lower level with wet bar. Outdoor kitchen in outstanding yard.



\$1,398,000 | Tina McManus
Picturesque privacy and distant ocean views from main living areas. Galley kitchen, fireplaced living room, dining room. 3-season porch off main bedroom. 3 bedrooms, 3 baths. Deck. 2-car garage.



\$1,395,000 | Emily McPherson
Newly renovated 3-bedroom, 4-bath home in beautiful 1-acre setting has flexible main floor plan with fireplaced living room, pantry in beautiful kitchen, 1st floor main suite, office, finished basement.



\$574,888 | Nancy Peterson
Cute 3-bedroom Ranch has open living-dining-kitchen. Upgraded electrical-plumbing, new kitchen, bath & septic, mini splits, backup gas furnace. 2 fenced yards, deck, 3 sheds. Expansion potential.

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Find us on [f](https://www.facebook.com/JBarrettRealtyNorthShore):JBarrettRealtyNorthShore

COLDWELL BANKER MANCHESTER-BY-THE-SEA



3 Lexington Ave Magnolia | \$950,000
Attention Contractors, Developers and savvy Investors! This is a great opportunity to obtain this 3 multifamily mixed used project in the heart of beautiful Magnolia in Gloucester.
Gaby DeBenedictis | Realtor
978-879-9773



9 Masconomo St Manchester | \$1,950,000
Exceptional location between Singing Beach and Downtown Manchester, this unique property boasts soaring ceilings and large windows overlooking the private backyard. Shown by appointment only.
Joan McDonald | Realtor | 978-979-3190



1 Proctor St Manchester | \$5,400,000
Waterfront home with 3+ acres, private dock, and stunning views. Enjoy spacious, mostly single-level living in an incredible location.
Krista Julian | Realtor | 617-312-5413



55 School St Manchester | \$568,000
It's a 2 bed 1 bath condo on the second floor in a very well maintained building. Windover converted this 3 family to condos several years ago. It is a short walk to everything! Pets are allowed with restrictions...
Joan McDonald | Realtor | 978-979-3190



5 Proctor Street Manchester | \$15,200,000
Elegant turnkey waterfront home on over four acres of beautiful grounds with incredible inner harbor views, dock, pool and tennis court.
Krista Julian | Realtor | 617-312-5413


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JAMES T. BROWN
978.810-1332

I grew up on the North Shore and I offer a unique, full-service approach as a Realtor®. With a strong grasp of both sale-side and buy-side transactions, I manage details closely ensuring smooth and timely transactions every time.

COLDWELL BANKER REALTY



35 Central St Manchester | \$1,995,000
Historic 4 bedroom 2.5 bath home in coveted downtown location with harbor views. Detached studio | beautiful landscaping, outdoor shower & patio
Brian Rothe | Realtor | 978-968-6272