Thankful for the Babies of 2024

ongratulations to the Babies of 2024! Pregnancy is one of the most blessed and challenging times of a parent's life.

There is so much to do and learn to prepare for a baby; and when baby arrives, it is full speed ahead the time goes by so quickly. Take lots of photos because one day you will look back and wonder how they were ever that small.

Thank you for sharing your little ones with us via this special keepsake. Sponsors, thank you for supporting this project. Readers, please consider visiting the businesses that supported this edition. When we support each other, we all

The Banner is thankful for the wonderful communities we serve; and thankful for all the Babies of 2024!

We hope you enjoy this special keepsake dedicated to your loved one.

Welcome to the World, Babies of 2024!

- The Banner Staff

Help a Child Grow as a Person

Parents want their children to be successful. healthy and happy. That often means providing the best education, encouraging quality friendships and being supportive. Here are steps that parents can take to promote youngsters' personal growth.

- Respond to children's sounds and gestures. Parents should treat baby talk as real conversation. Engaging with a baby's gurgles and actions helps development. As the child grows, responding to their words and questions can help expand a child's vocabulary and boost reading levels.
- Help kids find their lanes. It is reasonable for parents to want their children to follow in their

footsteps. Sometimes they push their kids into paths that do not fit. Helping kids find their niche requires trial and error, patience, and creativity. Eventually, children will discover their passions.

- > Provide love and support, not criticism. Parents can be their kids' biggest fans, but not at the cost of doing everything for them or shielding them from disappointment. They also should not be harsh critics. Parents have to find a balance. Adversity can help kids grow.
- **Share your own stories.** Children may be embarrassed by struggles or failures and want to give up. One of the best ways to be supportive is by sharing stories of one's own

struggles and how they overcame them.

- Talk about mistakes that ultimately proved learning opportunities. Children may believe they have to be perfect at everything, and that can set them up for failure when they don't accomplish every goal. Adults can offer an example of a mistake they made that helped them grow.
- Make time for fun. Success doesn't always come just from hard work. It also involves knowing when it is time to let loose and unwind with enjoyable activities. Learning opportunities don't always need to be chores. Learning through play and exploration also is possible.

Children can grow and develop positive traits with support from their parents.

Baby Safety Tips For New Parents

Becoming parents for the first time is a joyous experience nine months in the making. First-time parents may be a little apprehensive about life with an infant. Despite all the books, well-meaning relatives and personal research, a lot of what goes into caring for an infant is a combination of instinct and trial and error.

Safety and security is paramount when caring for a baby. An infant relies on his or her parents for everything, including a safe environment in which to grow. New parents can keep these safety guidelines in mind as they care for their children.

Car Safety

A trip home from the hospital likely will be the first car ride your baby will take. The American Academy of Pediatrics says most injuries and deaths from car crashes can be prevented by the use of car safety seats. An infant should ride in the back seat in a rear-facing car seat. Ensure the seat is installed correctly by reading and following the instructions that come with the car seat as well as instructions in the vehicle manual.

Bath Time

Babies and young children can drown in just one to two inches of water, advises Nationwide Children's Hospital. When bathing a baby, never leave the child alone in the bathtub, even for a second. Use a sink or an infant tub with a non-skid mat so that most of the baby's body and all of his or her face is out of the water. Keep all supplies within reach so you can keep one hand on your baby at all times. Check the temperature of the water with a thermometer to make sure it is not too hot, as babies can be scalded at temperatures that would not cause burns in adults.

Falls

Although infants cannot crawl or walk early on, they will wiggle and push against things with their feet. Soon your baby will be able to roll over. Do not leave your baby alone on changing tables, elevated furniture, beds, and the like. When your child is able to crawl, extra caution is needed to block off staircases or rooms where he or she might get hurt.

Sleep

Babies will spend a lot of time sleeping, and their cribs and bassinets should meet current safety standards. Well-meaning parents or grandparents may want to pass down a crib but that crib might not meet the safety requirements recommended today.

Mattresses should be firm and fit snugly inside of a crib or bassinet. Keep items like comforters, quilts, stuffed toys, pillows, and bumpers out of the crib, as each can increase the risk for suffocation. Use a wearable zip-up blanket sack for the baby instead.

The Safe to Sleep® campaign was instituted in 1994 by the AAP Task Force and recommends babies be placed on their backs to sleep for naps and overnight to help reduce instances of sudden infant death syndrome (SIDS). Breastfeeding, sharing a room with a baby for the first six months and offering a baby a pacifier also can help reduce SIDS.

These safety guidelines are some of the many recommendations parents can keep in mind when caring for their babies.

Did You Know?

Postpartum depression is a type of depression that can affect women shortly after they give birth. Although most mothers experience some sort of "baby blues," which can be characterized

by mood swings, anxiety and trouble sleeping within the first two to three days after delivery, postpartum depression is a more severe and longer-lasting mental health disorder, indicates the Mayo Clinic. The Cleveland Clinic estimates that

up to 15 percent of women who have given birth develop postpartum depression. Women with PPD should realize they are not alone, it's not their fault, and that there are treatment options to help new mothers overcome the condition.



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Welcome A Babies of 2024! **HUNTINGDON DISCOUNT TIRE CENTER** Alignments - Brakes

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JOSEPH G. BUTLER **CARROLL COUNTY MAYOR**





THANKFUL FOR BABIES OF

2024

Time to celebrate, the new year is here. We are honoring babies born this past year.



Merrick John Couch

Born: February 5, 2024 Parents: Nathan and Laura Couch Grandparents: John and . Amanda Oakley Thankful for:

Our happy boy!



Ruby Kate Kee

Born: July 31, 2024 Parents: Cameron Kee and Lillian Kee

Thankful for: God for our healthy baby girl! Her calm personality, eye batting, and radiant

smile bring us immense joy!



Stetson Blaze Whitaker

Born: April 13, 2024 Parents: Lee and Stacey Whitaker Thankful for: Stetson's sweet laugh and smile!



Amiya Kina

Born: August 7, 2024 Parents: Julie Burlison and Michael King Thankful for: Healthy baby girl.



Connor & Colton Prince

Born: August 28, 2024 Parents: Keith and Kendall Prince Thankful for: Even though they were a month early, we are very blessed they're healthy



Novalee Joanna-Jude Hobbs

Born: July 20, 2024 Parents: Carly and Max Hobbs Thankful for: Our beautiful rainbow baby.



Hayden Michael Minton

Born: October 11, 2024 Parents: Brad and Terriann Minton Thankful for:A happy, healthy baby boy.



Wyatt Tuck Cary

Born: August 13, 2024 Parents: Dylan Cary and Celinas Phifer Thankful for: Our little family.



Annie Louden

Born: March 26, 2024 Parents: Hunter and Brittney Louden Thankful for: The purpose/ plans the Lord has for Annie, and the gift that she is to our Family.



Holt Thomas Lindsey

Born: April 21, 2024 Parents: Peyton and Faith Lindsey Thankful for: All God has given us, especially our newest addition and proud big brother, Holder.



Easton Rawls

Born: July 25, 2024 Parents: Cameron and Amber Rawls Thankful for: Healthy and Happy baby.



Jasper Reece

Born: December 28, 2024 Parents: Catilin and Sam Reece Thankful for: A healthy baby!



Keaton Rowdy White

Born: July 14, 2024 Parents: Kyler White and Abbey Lovelady

Mason Wells

Richardson



Everett Dodd

Born: November 16, 2024 Parents: Michael and Angela Dodd Thankful for: My family.



Adeline Walker

Born: December 30, 2024 **Bailey Reeves** Thankful for: A healthy baby!



Parents: Alex Walker and





Richard Spencer Kole Moon

Born: July 24, 2024 Born: November 1, 2024 Parents: Mariah Richardson Parents: Gage and Katey and Carson Richardson Moon Thankful for: My family of Thankful for: Our healthy rainbow baby. 4, that is now complete!



Ryleigh Mae Kee

Born: May 23, 2024 Parents: Ryan and Amber Kee

Thankful for: A happy and healthy blessing from God and proud big brother, Lyndel!





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WELCOME TO THE WORLD, BABIES OF 2024!



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Congratulations Babies & Parents!

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