# TAX FREE SHOPPING WEEKEND august 5th - 7th, 2022

# How to choose a laptop for school

Buying a school laptop is a substantial expense and a decision you don't want to take lightly. Here are some considerations to help you make the right choice.

#### **USAGE**

Will the computer be used exclusively for schoolwork, or will you also play video games and watch movies on it? Combined with your study requirements, this information will determine the software you need. It'll also help you decide on your device's ideal power and resolution requirements.

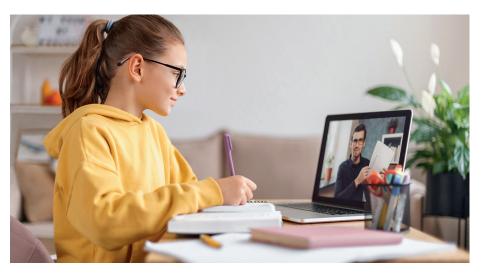
#### **PORTABILITY**

If you plan to carry your computer from class to class, you'll need to consider the dimensions and weight. You'll also need good battery capacity if you plan to use your laptop on the go for several hours in a row.

#### STORAGE SPACE

You must have enough storage space to save class notes, homework and other large files, such as photos and videos. If necessary, an external hard drive can provide additional storage space.

If you need help navigating the many models available, ask an in-store associate for advice.







Connection
300 S. KINGSHIGHWAY,
PERRYVILLE, MO 63775
573.517.0017

Computer Software-taxable value of \$350 or less Personal Computers-not to exceed \$1500 Computer peripheral devices-not to exceed \$1500

#### ITEMS INCLUDED ARE:

"Personal Computers"-a laptop, desktop, or tower computer system which consists of a cpu, ram, hard drive, a monitor, and a keyboard and devices designed for use in conjunction with a pc, such as a disk drive, memory module, compact disc drive, daughterboard, digitalizer, microphone, modem, motherboard, mouse, multimedia speaker, scanner, printer, printer inks, single user hardware, single user operating system, sound card or video card, surge protectors, etc.

STORE HOURS: Friday 8:30am-5:30pm • Saturday 8:30-1:00pm

# Back-to-school family planner



Have you joined the many growing families who've introduced a planner into their homes? This fun twist on a traditional calendar offers you and your family many benefits, whether installed on the wall or attached to the fridge with magnets.

#### DESIGNED FOR THE WHOLE FAMILY

Family planners can display a single week or an entire month. They're designed to let each family member add information and help them navigate everyday life. Some planners include spaces for chores, while others simply have open spaces to write notes and record activities.

#### **VARIOUS SECTIONS**

Planners usually include boxes where you can jot down birth-days, activities and appointments. They may also have sections relevant to day-to-day life, including spaces for house-hold chores, shopping lists and meal plans.

#### THE LITTLE EXTRAS

Depending on the planner you choose, it may come with stickers to quickly record activities, the day's weather or tasks to be done. Your kids can even use stickers to remind them to brush their teeth. Moreover, some planners include a word of the day or weekly quote. You can even track your family's wellness by recording how your kids feel every day.

Look for a planner to simplify your family's daily life at a stationery store near you.

## 3 lunchbox safety rules

One of the biggest advantages of a boxed lunch is that your children can enjoy a homemade meal. Here are three handy rules to protect your children from food poisoning and keep their food fresh.

#### 1. KEEP FOOD COOL.

Lunchbox contents can be kept cold right up to the moment they're eaten with the help of one or two ice packs. You can also add a frozen water bottle or drink to your child's meal.

#### 2. USE CORRECT CONTAINERS.

If a meal must be heated up, put it in an airtight and microwave-safe container. An insulated container, like a Thermos, is another way to serve hot food, especially if a microwave isn't available. First, fill the container with hot water and let it sit for 10 minutes. Then, after pouring out the water, add the hot meal before sealing the Thermos.

#### 3. CLEAN THE LUNCHBOX REGULARLY.

You should sanitize your child's lunchbox several times per week by washing it with soap and hot water. If you notice an unpleasant smell, use a water and baking soda solution to get rid of it.

Are you looking for a new lunchbox for your child? Choose a model that lets you separate cold and warm foods.





# Meal waivers allowed to expire, apply now for free/reduced lunches

The federal government allowed schools to offer free meals to all students during the pandemic, but Congress did not extend this benefit for this coming school year. Families that are eligible for free or reduced-price meals must apply to receive them, and all other students must pay full price for their meals. The application process for free/reduced-price meals opened July 1. At District 32, we are excited to let you know that the application is also available now to fill out online. Just go to https://www.myschoolapps.com/ and follow the prompts.





## Open Hotel & Orienta

PERRY COUNTY SCHO

#### **Primary**

Perryville Primary Center will hold its Open House for Grades K-2 from Students and parents are invited to meet classroom teachers, visit clastaken, drop off school supplies, and receive information from transportant health services.

#### **Elementary**

Perryville Elementary School will hold it's Open House for Grades 3-5 f Students and parents are invited to meet classroom teachers, visit clastaken, drop off school supplies, and receive information from transportant health services.

#### **Middle School**

Perry County Middle School will hold Back To School Orientation for G Tuesday, Aug. 9 in the PCMS Multipurpose Building. Please park on the will receive or have the opportunity to have yearbook photos taken ar and supply lists, complete all paperwork and verify enrollment, receive Chromebook insurance, have building tours, and visit with transportat exploratory teachers and fall coaches. Eighth graders will also need to

#### **High School**

Perryville High School will hold its Open House and Freshmen Orientat House for students in **Grades 10-12 will be held from 9 am - 2 pm on** sophomores, juniors and seniors will pick up their schedules and have **Orientation will be held on Tuesday, Aug. 9**, when students and parer pick up Chromebooks:

- 4-6 pm: Incoming Grade 9 students with Last Names A-K
- 6-8 pm: Incoming Grade 9 students with Last Names L-Z

New-to-the-district high school students, grades 10-12, should also co orientation scheduled times.

If you have questions or cannot attend at your scheduled time, contact

#### **Career Center**

Perryville Area Career and Technology Center will host an Open House entering Grades 10-12 may visit their teachers and classrooms from 9 may visit from 4-8 pm.

## uses ations

#### **OL DISTRICT 32**

4:30 -7:30 pm Tuesday, Aug. 16. srooms, have their yearbook photos tation, food services, Adventure Club

rom 4-7:30 pm Tuesday, Aug. 16. srooms, have their yearbook photos tation, food services, Adventure Club

rades 6-8 from 11 am — 6:30 pm
bus parking lot. Parents and students
d order yearbooks, pick up schedules
Chromebooks and pay for
ion, health services, counselors,
turn in their immunization records.

ions on Tuesday, Aug. 9, 2022. Open **Tuesday, Aug. 9**. Incoming yearbook photos taken. **Freshman** its will have an information session and

me on Aug. 9 during the freshman

t the PHS Office at 573-547-7500.

on Tuesday, Aug. 9, 2022. Students am – 2 pm. Students entering Grade 9

#### Perry County School Dist. #32

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#### 2022-2023

Aug. 2-4	New Teacher In-Service
Aug. 16-18	Back-to-School In-Service - All Teachers
Aug. 22	First Day of Student Attendance Grades 1-12
Aug. 24	Kindergarten First Day of Attendance
Sept. 5	Labor Day (No School)
Sept. 22	Prof. Develop. Day (No School)
Sept. 23	East Perry Fair (No School)
Oct. 14	Mid-Term Grade Check (37 Days)
Oct. 20	Prof. Develop. Day (No School)
	Parent-Teacher Conferences
Oct. 21	Fall Break (No School)
Nov. 10	Prof. Develop. Day (No School)
Nov. 11	Veteran's Day (No School)
Nov. 23-25	Thanksgiving Day Holidays (No School)
Dec. 21	End of 1st Semester (78 days)
	Christmas Break - Dismiss 11:30 am
Jan. 3	Prof. Develop. Day (No School)
Jan. 4	Classes Resume
Jan. 16	M. L. King Day (No School)
Jan. 27	Prof. Develop. Day (No School)
Feb. 17	Prof. Develop. Day (No School)
Feb. 20	Presidents' Day (No School)
Mar. 10	Mid-Term Grade Check (44 days)
Mar. 16	Prof. Develop. Day (No School)
	Parent-Teacher Conferences
Mar. 17	Spring Break (No School)
Apr. 6	Prof. Develop. Day (No School)
Apr. 7-11	Easter Break (No School)
Apr. 12	Classes Resume

No calendar adjustments are created due to the use of AMI, or alternative methods of instruction on days in which school was scheduled but was called off.

Graduation - Last Day of Senior Attendance

Last Day of School - Dismiss 11:30 am

End of 2nd Semester (91 days)



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-	Teacher Days:				

# How to fit and use a backpack



Students of all ages use backpacks. On top of choosing a model that's well-suited to your child's needs, you must ensure it's used correctly to prevent back injuries. Here's how.

#### CHECK THE HEIGHT.

The backpack shouldn't exceed your child's shoulder height. It must also rest on the hips, not on the buttocks.

#### ADJUST THE SHOULDER STRAPS.

These straps carry most of the weight and must be adjusted to prevent friction between the material and your child's neck. Moreover, they mustn't cut off blood circulation under the arms. Your child must be able to move their arms freely.

#### • USE OTHER BELTS AND STRAPS.

Use the various belts and straps to keep the bag close to the body while allowing enough room to slip a hand between your child's back and the pack. Hip straps help distribute the bag's weight and keep it securely in place.

#### DISTRIBUTE WEIGHT EVENLY.

The bag should sit on both shoulders and have a balanced weight to prevent injury. Store heavy objects as close as possible to the back and at the bottom of the bag. Distribute the weight evenly among the pockets and side nets.

If your child complains of pain or changes their gait while carrying their backpack, check its contents and adjust the straps. You might also consider a visit to a chiropractor.



# 3 tips for choosing sports shoes for your child



Does your child need a new pair of sneakers for gym class? Here are three tips to help you make the right choice.

## 1. CHECK THE QUALITY OF THE ANKLE SUPPORT.

Sports shoes must provide ankle stability to prevent sprains, especially when doing lateral movements. Look for a multisport or basketball model.

## 2. CHOOSE FLEXIBLE AND NON-SLIP SOLES.

Flexible shoes help strengthen the muscles in the feet. Additionally, grippy soles can help prevent your child from slipping and getting injured. Make sure you observe school rules concerning non-marking soles.

## 3. OPT FOR A SHOE WITH SUFFICIENT CUSHIONING.

Thick, cushiony shock-absorbing pads on the soles will reduce the effects of repeated impact on the heels.

If you need advice on finding the right size and shoe type for your child, talk to an associate at a local specialty shoe store.

# 5 ways to save on school supplies

Back-to-school comes with a lot of expenses. In this one season, you must pay for much of the supplies your child will need throughout the year. If your back-to-school budget is tight, these five tips will help you save.

#### 1. GET ORGANIZED.

You don't have to buy everything brand new. Check whether some of last year's supplies like school bags, pencils and crayons are still in good condition. Then go ahead and cross those items off your list.

#### 2. STAGGER YOUR SHOPPING.

You don't need to buy everything at once. You may not need some items until later in the school year. Shop for these items over time, whenever the prices are lowest. It'll take the pressure off your wallet by letting you spread the costs over several weeks or months.

#### 3. BUY IN BULK.

This solution may cost more upfront but will help you save over the long term. You can keep a reserve of stationery on hand or share the cost among other parents.

#### 4. USE CUSTOMER LOYALTY CARDS.

If you're a regular in some stores, now's the time to turn those points you've accumulated into dollars.

#### 5. CHOOSE HOUSE BRANDS.

Many stores offer products under their in-house brand of the same quality as popular name brands. This can be a good source of savings.

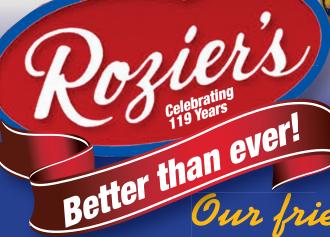
Visit your local retailers to stock up on discounts for back-toschool.

# Back to School SALE!

Entire Shoe Dept. 25% Off

Sandals 35% Off K Swiss
35% Off

SCHOOL LETTER JACKET



Shoe Department

2 E. Ste. Maries, Perryville, MO 63775 www.roziershoedept.com • 573-547-6521 Mon.-Fri. 9 a.m.-5:30 p.m, Sat. 9 a.m.-4 p.m. & Sun. 11 a.m.-2 p.m.

Our friendly staff is here to help you!!!