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magazine inside this issue! >> Inside

SPHS Homecoming Students step out in style for annual fall dance.





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SEVERNA PARK

SERVING OUR COMMUNITY SINCE 1981

SEVERNA PARK, MD **NOVEMBER 1, 2018**

Study On Ritchie Highway Raises Questions

By Dylan Roche dylan@severnaparkvoice.

The stretch of Route 2 Ritchie Highway that goes through Severna Park and Arnold from Earleigh Heights Road to Route 50 measures approximately 8 miles. Making that drive in less than a half-hour, however, even with the 45 mph speed limit, is nearly impossible during peak traffic times. "What used to be a rather short commute from Severna Park to Annapolis has gotten worse over the last decade," said Owen McEvoy, spokesman for the office of County Executive Steve Schuh.

Such congestion is one of the reasons that Anne Arundel County sought collaboration with the state of Maryland to undertake a feasibility study of Route 2, as well as Route 3 in Crofton, and find a way to alleviate the chokeholds that have sometimes caused backups for miles around them they are, as McEvoy put it, "nightmares for the county.'

Neither McEvoy nor Erin Henson, director of public affairs for the Maryland Department of Transportation, could estimate how long the feasibility study will take, but they agreed in the hope that the study would provide a guide for how » Continued on A9

Jamaican Mission Team Brings Supplies To Sister Parish





Left: Bob Cohn has been with the St. John Jamaican outreach mission team since its inception. Right: St. John provides St. Philomena Basic School with spiritual support, food, uniforms, salaries and supplies. It also maintains the school facilities and subsidizes the tuition for the nearly 50 students.

By Judy Tacyn

rdinarily, getting a flat tire on a narrow, winding, rural road miles

away from any town would be a harrowing experience. But for the 14 members of the St. John the Evangelist Catholic Church's Jamaican outreach

mission team, the event was just the first of several miracles they would experience from October 18–24. Approximately an hour af-

ter volunteers landed in Montego Bay, the Roman Catholic Diocese of Mandeville passenger van they were riding in got a flat tire. The driver, a jovial American now living in Jamaica, pulled over on the shoulder-less road, and within minutes, at least six Jamaican

men appeared with the tools

time than the team would

to change the tire. Within less

have waited for AAA service in the United States, the helpful Jamaicans had the missionaries back on the road headed to their destination, Our Lady of Dunsinane Shrine in Mandeville, Jamaica.

As the second-poorest country in the Caribbean, Jamaica is a study in contrasts. All-inclusive resorts blanket » Continued on A8

The Road Less Traveled

How Weather And Road Usage Impact The County's Maintenance Efforts



Photo courtesy of the Department of Public Works

The Infrastructure Management Division of the Bureau of Highways grades each Anne Arundel County road, excluding state roads like Ritchie Highway, once every three years.

By Zach Sparks zach@pasadenavoice.com

riving through parts of Anne Arundel County can produce the feeling of a rollercoaster jolt. Potholes make some streets aggravating to traverse and other streets

potentially hazardous. But the Anne Arundel County Department of Public Works is aware of the

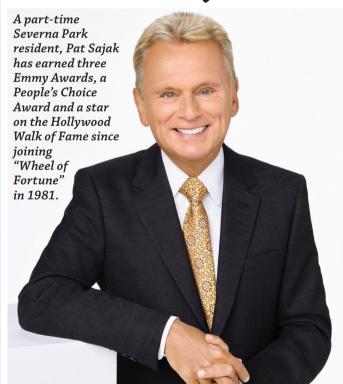
conditions on county roads. (Ritchie Highway, B&A Boulevard and other state roads fall under the responsibility of the Maryland State Highway Administration).

Anne Arundel County has roughly 1,800 centerline miles to maintain. That measurement represents road distance from beginning to end, without taking into account the size or number of lanes.

Blake Lightcap, a program manager for the Infrastructure Management Division of the Bureau of Highways, has a team of eight workers who do condition assessments, also known as road ratings, for segments that contain those 1,800 centerline miles.

"Every year, one-third of the roads get graded," Lightcap said. "The method-» Continued on A10

Golden Achievers: Pat Sajak



This is the first installment in a series of local celebrity success stories about people who were either raised in Severna Park or Arnold, or people who moved to the area and continued to achieve lofty goals.

"Wheel Of Fortune" Host Discusses His Path To TV

> $\Diamond\Diamond\Diamond$ **By Zach Sparks** zach@pasadenavoice.com

s the host of "Wheel of Fortune," Pat Sajak pre-**∠** sides over perhaps the world's most expensive puzzle. The career choice was not

foreseen by Sajak, who lives part-time in Severna Park, spending the rest of the year in Los Angeles, where "Wheel of Fortune" is filmed.

Born as Patrick Sajdak in 1946, he was raised in Chicago, where he developed an affinity for broadcasting by using as wooden spoon as a microphone.

"My maternal grandmother was an admirer of radio and early television broadcasters like Arthur Godfrey, Art Linkletter and Garry Moore," Sajak said. "I used to spend a lot of time at her house, and I came to admire them as well. I've always thought of myself as a broadcaster, a term you don't hear of much these days. So, from an early age, that's what I wanted to do. Didn't matter whether it was radio or television; I just wanted to be a part of that broadcasting tradition."

Sajak grew up in the lower middle class. His father worked in factories, Sajak recalled, and his parents divorced when he was about 10. Sajak's father died in 1961 » Continued on A11

Fall Arrives In Severna Park With Costume Contests, **Pumpkin Decorating And Other Festivities**





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but when fall finally did arrive, it brought with it the usual spell of excitement about Severna Park. Whether they were showing off their Halloween costumes or sharing their perfected chili recipe, community members were eager to spend the season with one another at events such as the Kinder Farm Park Fall Harvest Festival (left), American Legion Post 175's Halloween party (right) or the Severna Park United Methodist Church's chili cook-off (not pictutred). Be sure to check

out more photos inside on page A7 and B11.

NOVEMBER 1, 2018 SEVERNA PARK VOICE

Margueritte Mills Volunteer Of The Month

Richard Carey Paves Way For Restoration In Magothy River

By Maya Pottiger

No one knows the bottom of the Magothy River as well as Richard "Dick" Carey.

For 18 years, Carey has led weekly dives to the bottom of the Magothy River to monitor the restored oyster reefs and water quality.

"I like to go underwater," said the 82-year-old Carey. "It's very comfortable."

Carey became a certified SCUBA diver in 1980 and a certified instructor in 1981. At one point, Carey had a group of 45 divers that he took with him. Now, his Magothy River dive team is composed of roughly 15 people.

Sundays are dive days, and Carey does the water monitoring mid-week.

"We all get on a boat and go swimming in the Magothy," Carey said.

Bob Royer is a member of the Magothy River Association and does water quality monitoring at the North Shore station. He's been on Carey's boat to go diving a few times.

"He's very skilled in knowing how to do the water quality monitoring and interpret the results,' Royer said. "You get to know intimately where all the oyster beds are and how they're doing.'

The Magothy River As-



Richard "Dick" Carey received his Volunteer of the Month award from sales account executive Bridget Jacobs.

sociation is different from other watershed groups because it has its own dive team. The fact that the group is able to monitor oyster growth and survival in the Magothy means that organizations like the Oyster Recovery Partnership and Chesapeake Bay Foundation have been willing to help add oysters to the river every year because it's been proven that the oysters do well in the Magothy, said Sally Hornor, vice president of the Magothy River Association.

"He has been a critical part of our ability to restore oyster bars in the river due to both his diving and his interaction with the oyster groups that are spread out throughout the watershed," Hornor said of Carey.

However, the Magothy presents a unique challenge to new divers: It's

dark underwater. To help teach new divers how to navigate the Magothy, Carey lined their goggles with aluminum foil while they were learning how to do oyster collection in a pool.

'We said, 'This is what it's like to swim and dive in the Magothy River," Hornor said. "They can't see anything, so they have to do it completely by feel."

Through the Magothy River Association, Carey traveled to Liberia after a World Bank employee went diving with him and learned about the bacteria testing he does in his water quality monitoring.

"She worked with the Magothy River Association to put together a tool kit for doing water quality work in developing nations," Hornor said. "Dick went down to Liberia years ago and taught citizens down there how to do water quality monitoring.

Through Carey's work and dedication to the Magothy River, many people have been educated about the importance of maintaining the river.

"It gives you total connection with the river being out there. You're out there when nobody else is," Royer said. "It really gives you a little bit more incentive to understand why we're trying to save this.'

Editor's Voice

Dylan Roche Editor



I honestly feel as if we were just covering Fourth of July activities a few weeks ago, but somehow, we're coming up on Thanksgiving. Where did 2018 go?

Of course, it's not looking as if it's going to slow down any time soon. Once summer ends and students are back in school, it's a mad dash for our team here at the Voice to be able to cover everything that's happening around town. There are homecomings, fall festivals, fun runs, holiday parties ... to say it keeps us busy is an understatement.

In fact, this is the time of year when there is so much community news to cover that I sometimes wonder whether we actually can do it all — I wonder how we will ever be able to be there for all the events, how we will ever be able to talk to all the people, how we will be able to write all the stories, and how we will be able to get it all down on pages.

Somehow, we always manage to pull it off. I'm not saying that I've been there to experience all of it firsthand (though I really wish I could be), but we somehow find a way to capture everything that's been happening around town so that our readers can be educated and

entertained.

A big part of that is thanks to our readers themselves. You are the ones who reach out to us and let us know about the news that's important to our community. You provide us with photos and put us in touch with the right contacts, all so that we can be sure other people here in Severna Park are in the know. That helps ensure our paper is one that genuinely reflects what's

happening around town. If you haven't reached out to share a story with us well, what are you waiting for? I'm sure you know of something interesting around town. Maybe you're involved with it yourself, or maybe you're just a proud friend or family member. Either way, we want to hear about it.

You'll also probably notice that we've put out a call for submissions for our upcoming Holiday Gifts & Events Guide, which comes out on November 16. We want to hear about your holiday traditions and what makes them special. Also, don't forget that if you or your organization is holding a holiday-related event — such as a toy drive, a seasonal concert, or a visit from Santa Claus - be sure to let us know about it so we can get it in there.

We hope your Thanksgiving is wonderful and the start to your holiday season is a busy (but lowstress) time of year. We'll see you in December.

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We are incredibly grateful for our amazing clients!

We helped over 100 buyers and sellers this year successfully navigate the local real estate market, and we provided food for 105 at-risk children who would have gone hungry, as part of our partnership with Services from the Heart Backpack Buddies Program. We wish everyone a joyful and plentiful Thanksgiving, from our families to yours. Thank you for supporting our business this year and helping us positively impact lives.











OF CENTURY 21 NEW MILLENNIUM





Sunday - Thursday 5:00pm - 9:00pm Friday - Saturday 5:00pm - 10:00pm

Starters

House-Cut Pub Fries 6

Maryland Crab Dip 15

Local Lamb Meatballs 11

Seared 4oz Ahi Tuna 12

Porcini Mushroom Ravioli 12

Korean Beef Wontons 9 P. E.I. Steamed Mussels 13

Calamari "Steak Fries" 13

Carne Asada Fries 14

Crab "Popcorn" 18

French Onion Soup 7

Cream of Crab 9/14

Salads

Pascal House Salad BABY FIELD GREENS, BEEFSTEAK TOMATO, ENGLISH CUCUMBER, PICKLED RED ONION, SHAVED CARROT, **BALSAMIC VINAIGRETTE 11**

Pascal Caesar

HERB CROUTONS, GRANA PADANA, BABY RED & GREEN ROMAINE, CREAMY CAESAR 12

Grilled Romaine Wedge

BACON LARDON, GORGONZOLA CHEESE, MIXED GRAPE TOMATOES, TOASTED PINE NUTS, BLUE CHEESE DRESSING 14

Black & Blue

GRILLED STEAK TIPS OVER BABY FIELD GREENS, DRIED CHERRIES, GORGONZOLA, PINE NUTS, BALSAMIC VINAIGRETTE 18

Grilled Sea Scallops

OVER BABY SPINACH SALAD WITH GRAPE TOMATOES, GOR-GONZOLA, PINE NUTS & WARM BACON DRESSING 17

Ahi Tuna Salad

SPINACH & MIXED FIELD GREENS, CARROTS, FENNEL, MANDARIN OR ANGES, SWEET CHILI SIR ACHA DRESSING 18

GRILLED CHICKEN BREAST $6 \mid$ GRILLED SHRIMP GRILLED YELLOWFIN TUNA $8 \mid$ STEAK TIPS FRIED OYSTERS $12 \mid 3$ OZ CRAB CAKE CRAB POPCORN 18

Fresh Crab meat $18 \mid 8$ oz prime ny strip 214 oz grass fed filet 19

Sandwiches

SMALL HOUSE OR CAESAR SALAD +2.50

Chicken & Waffle Sliders SIRACHA HONEY 13

Fish Tacos

ACADIAN REDFISH FILLET, FLOUR TORTILLA, SLAW, SMOKED CORN AVOCADO SALSA & CHILI AIOLI 12

8 oz. Angus Burger SOFT BRIOCHE ROLL, BUTTER LETTUCE,

BEEFSTEAK TOMATO, RED ONION 13 ADD CHEESE 1 ADD SMOKED BACON 1

French Dip

SHAVED TRI-TIP ON CIABATTA ROLL WITH BOURSIN CHEESE, SAUTEED ONION & AU JUS 15

Crab Cake Sandwich

SOFT BRIOCHE ROLL, BUTTER LETTUCE, BEEFSTEAK TOMATO, RED ONION & SPICY AIOLI 21

California Turkey Burger PEPPER JACK CHEESE, AVOCADO, SPINACH,

TOMATOES & RED PEPPER AIOLI 14

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PASCA

Not Your Ordinary Steakhouse...Join Us For An Extraordinary Experience!

NEW MENU

INNER

Sunday - Thursday 5:00pm - 9:00pm Friday - Saturday 5:00pm - 10:00pm

Appetizers

Local Lamb Meatballs 11

Calamari "Steak Fries" 13 Seared 4oz Ahi Tuna 12

P.E.I Steamed Mussels 13 Local Fried Oysters 14 Porcini Mushroom Ravioli 12

Crab "Popcorn" 18 Blistered Shishito Peppers 9 Daily Oyster Selection 14

Soup & Salad

French Onion Soup gruyere & Herb Crouton 7

Grilled Romaine Wedge BACON LARDON, CHAPELS BAY BLUE CHEESE, SUNGOLD TOMATOES, TOASTED PINE NUTS, BLUE CHEESE DRESSING 8/14

Cream of Crab a maryland tradition 9/14

Pascal Caesar HERB CROUTONS, GRANA PADANA, BABY RED & GREEN ROMAINE, CREAMY CAESAR 7/12

Tuscan Harvest Salad KALE, FALL SPICE ROASTED KABOCHA SQUASH, PUMPKIN SEEDS,

GOAT CHEESE, MAPLE DRESSING 8/14 Entrees

Jumbo Lump Crab Cakes tasso ham & corn salsa, honey glazed BABY CARROTS, OLIVE OIL SMASHED YUKON GOLD POTATOES MP

Rack of Lamb MEDITERRANEAN COUS COUS, BROCCOLI RABE, Gremolata 39

Steak Frites

FLATIRON STEAK WITH VEAL DEMI, CHIMICHURRI, HOUSE CUT PARMESAN, HERB FRITES, mixed green & herb salad 28

Pan Seared Day Boat Scallops BUTTERNUT SQUASH PUREE, MELANGE OF BABY VEGETABLES, ORANGE GINGER MISO BEURRE BLANC 29

Pan Seared Duck Breast

DUCK CONFIT, GNOCCHI, BRUSSELL SPROUTS, BACON LARDONS, CIPPOLINI ONIONS, BRANDY & CHERRY PAN SAUCE

Wild Norwegian Atlantic Salmon Barbeque spice, mascarpone & herb risotto, Baby vegetables 28

Bell + Evans Organic Chicken Breast CITRUS BRINED WITH BUTTERNUT & POTATO HASH, BRAISED GREENS, FRIED SAGE & CHICKEN JUS 28

Slow-Cooked Angus Beef Short Rib WITH GARLIC MASHED POTATOES, HARICOT VERT & cooking jus 27

Pasta of the Day ASK YOUR SERVER FOR CHEF'S DAILY PREPARATION MP

Steaks and Chops

Wet Aged Steaks

6oz Filet Mignon 32

8oz Filet Mignon 39

16oz Rib-Eye 38

NY Strip 39

Grass Fed

8oz Filet 38 BACON ONION RELISH

Dry Aged Steak 1-2 Daily Selections

Accompaniments

3 oz Crab Cake Mkt Price

Oscar Mkt Price 2 oz jumbo lump crab meat with bearnaise

2 oz Foie Gras 17

6 oz Butter Poached Maine Lobster Tail 21

Chop of the Day

Sauces

Bearnaise

Red Horseradish Steak Sauce

White Horseradish Steak Sauce

Au jus

Port Wine Demi Glaze

Worcestershire Reduction

Garlic Rosemary Compound Butter

Sides

Haricot Vert

Creamed Spinach Au Gratin Roasted Garlic Mashed Potatoes

Cheesy Macaroni Sauteed Mushrooms with

Thyme Braised Greens Roasted Butternut Squash

Fried Brussel Sprouts with Balsamic Honey Reduction

Grilled Broccoli

Caramelized Curry Cauliflower

Loaded Mashed Potatoes +3

House Cut Pub Fries 6 WITH OLD BAY 8 DUCK FAT FRIES WITH PARMESAN & PARSLEY 10

139 Ritchie HighwaySuite A | Severna Park, Maryland www.PascalsChophouse.com

A4 NOVEMBER 1, 2018 SEVERNA PARK VOICE

Strike Out Colorectal Cancer Concert Takes Over Severna Park Lanes Nov. 18





Photos by Stephanie Mennell Photography

 $Last\ year's\ Strike\ Out\ Colorectal\ Cancer\ concert\ brought\ community\ members\ together\ for\ live\ music,\ food,\ a\ silent\ auction,\ camaraderie\ and\ --\ of\ course\ --\ bowling.$

By Jillian Amodio

Cancer has unfortunately impacted the lives of nearly everyone to some degree.

Whether losing a loved one, supporting friends and fam-

Velcome

HELP

friends and family through their diagnosis and treatment, or maybe even being a survivor, each person can call cancer prevention and awareness a cause near and dear to them.

Severna Park
Lanes owner
Mike Hall is
doing his part
in raising
awareness
for colorectal
cancer by
hosting the
second annual Strike Out
Colorectal
Cancer concert support-

ing Fight CRC. The event will be held on Sunday, November 18, from 1:00pm to 5:00pm at Severna Park Lanes.

Hall knows personally just how devastating cancer can be. He lost his mother to cancer two years ago and wants to do what he can to support others who have been in a similar situation.

Last year's Strike Out
Colorectal Cancer artist was
Craig Campbell, who lost his
father to colorectal cancer
and is now a spokesperson
for Fight CRC. After speaking
with Campbell, Hall was eager
to combine their efforts in supporting a cause for which they
both had a deep and personal
connection.

When asked about last year's event, Hall said that "it was a great place to bring people together in a more intimate setting where we could all unite to support a cause." It was an emotional and informative event that included personal stories from survivors and oth-

ers affected by colorectal cancer. Tips for cancer prevention and treatment were also discussed and will be addressed this year as well. "I couldn't do this without my good friend and co-host Larry Sells," Hall added. "We are just two good guys trying to do something good for a great cause."

Hall looks forward to expanding the event each

year and continuing to raise both money and awareness about cancer. This year's artists include Nashville country recording artist Chad Bearden, local acoustic band Case & Barley, and viral singing sensation Jackson Dean of Arundel High School.

Tickets for this familyfriendly event range in price from \$35 to \$75. The VIP package includes general admission, bowling, a meet-and-greet with the artists, and signed memorabilia from the performers. Strike Out Colorectal Cancer is being catered by Outback Steakhouse. All proceeds support the efforts of the Fight CRC organization.

In addition to the private concert and bowling entertain-

ment opportunities, silent and live auction items will be available. This year's auctions will include big-ticket items like a custom bar, a week-long Caribbean vacation and a custom foosball table.

More information about the event can be found on Eventbrite. To learn about Fight CRC, visit www.fightcolorectalcancer.org.

Chad Bearden To Perform At Strike Out Cancer Event

By Maya Pottiger

Country music singer Chad Bearden is set to perform at the Strike Out Colorectal Cancer event on November 18.

The North Alabama native describes his music as country with elements of rock and pop.

"We're kind of a mix of a lot of things," Bearden said. Bearden learned about the event when organizers Mike Hall and Larry Sells attended his show at Ole Red, Blake Shelton's Nashville bar.

"Any time that I can do anything to help contribute, bring awareness and raise money to fight cancer of any kind," Bearden said of his reason for joining the event. "I think every family in America has been affected by some sort of cancer. If I can do something to help try to

find a cure for that, I will do anything I can to help."

Though he has toured from coast to coast, this will be Bearden's first time performing in Maryland.

"I'm a big history guy. I love history. Any time I'm up in that region, I love to take in all the historical stuff," Bearden said. "I'm also a big baseball guy, so I want to check out the park and all that good stuff, as well."

Last year, Bearden's single "Sober" received a lot of airtime on SiriusXM, and then made its way over to country radio, Bearden said.

"We're gonna come put on a pretty rockin' show and try to raise a whole lot of money to fight against cancer," Bearden said.

Information about Bearden can be found online at www.chadbeardenmusic.com.



We Want Your Contributions To Our Holiday Gifts & Events Guide



It's the most wonderful time of the year, and that means our annual Holiday Gifts & Events Guide is coming to your mailbox soon — specifically on November 16, exactly one week before Black Friday. This special edition has all the information you need to make the most of the holiday season right here

in Severna Park. Oh, and we want *your* contributions for it.

For this year's edition, we're seeking input from community members on the following topics:

Holiday Traditions: What's your family's unique or unusual holiday tradition? Tell us about what you do, how long



you've been doing it, and why you love this tradition so much, all in 200 words or fewer. Email *spvnews@* severnaparkvoice.com with "Holiday Traditions" in the subject line.

Celebrating Hanukkah Or Kwanzaa: Does your family celebrate Hanukkah or Kwanzaa instead of or in addition to Christmas? We would love to hear from you. Tell us about your holiday and what this special time of the year means to you. Email spvnews@ severnaparkvoice.com and include "Severna Park Hanukkah" or "Severna Park Kwanzaa" in the subject line.

Special Recipes: We bet you have a go-to, never-fail recipe for the holiday season (and that includes Thanksgiving or New Year's Eve). Whether it's savory or sweet, an appetizer, main course, dessert or cocktail, we want you to share it with us. Send us the recipe, along with a brief description of which holiday you prepare it for and why you love it, to spvnews@ severnaparkvoice.com. Be sure to include "Holiday Recipe" in the subject line.

Please be sure to send your contributions to us no later than 5:00pm on **Wednesday, November 7**, so that we can include them in the guide. Thank you for sharing with us about your holiday celebrations!

Mark Your Calendars For Taste & Sip And Tree Lightings

It's time to replace those pumpkins and other gourds with boughs of holly and evergreens. Not in the spirit quite yet? Fret not – two of Severna Park's most beloved holiday events are coming up in the weeks ahead. Mark your calendars now for **Taste And Sip 2018**, set for November 14, and Severna Park's back-to-back **holiday tree lighting celebrations**, set for December 7.

Tickets always sell out quickly for the Greater Severna Park and Arnold Chamber of Commerce's Taste And Sip, and anyone who has attended can tell you why. From 6:00pm to 9:00pm on November 14, the festively decorated Homestead Gardens will be a gathering place for community members looking to enjoy some mingling, live musical entertainment, and, of course, food and drink. The area's best restaurants, caterers, bakeries, grocers and beverage shops come together to provide samples of their wares, and this year's lineup includes a few new businesses as well as returning favorites.

Taste And Sip serves as much more than a showcase of food and drink. It is also a way for the chamber of commerce to raise funds for its community beautification initiative through a silent auction of enticing gift items.

Attendees will also receive entry into a jewelry raffle with Zachary's Jewelers (located adjacent to Homestead Gardens), a takeaway bag, and exclusive savings and special offers at Homestead and Zachary's. Parking at Homestead is limited, so a free shuttle



The Greater Severna Park and Arnold Chamber of Commerce is excited to invite the community to its two popular holiday events: Taste & Sip, set for November 14, and the community tree lighting, set for December 7.



service is available courtesy of Spring Arbor from the parking lot of Woods Memorial Presbyterian Church.

For tickets to Taste And Sip, visit www.gspacc.com.

Holiday festivities will continue on Friday, December 7, when the Greater Severna Park and Arnold Chamber and Park Plaza shopping center light their respective holiday trees for the first night of the season. The evening begins with a pre-celebration gathering at the chamber office, located at 1 Holly Avenue, beginning at 5:00pm. The community is invited to enjoy live entertainment – includ-

ing performances by Creative Force Dance Company, the Severna Park Elementary School chorus, bagpiper Michael Binnie, and others — as well as refreshments inside the chamber's community meeting room. Once the tree is lit, revelers will be encouraged to make their way over to Park Plaza for more festivities and entertainment, the tree lighting, and the arrival of Santa and Mrs. Claus at approximately 6:00pm.

For information on these events as plans develop, find and like the Greater Severna Park and Arnold Chamber of Commerce on Facebook.



Park Plaza is located at 550-582 Governor Ritchie Highway in Severna Park

NOVEMBER 1, 2018 SEVERNA PARK VOICE

Inaugural NAMI Gala Celebrates Strides, Outlines Goals Regarding Mental Health Awareness

By Zach Sparks zach@pasadenavoice.com

Heather Martinko spent six years working in the behavioral health field, but three years ago, she found herself needing assistance. That's when she went to Gloria Dei! Lutheran Church in Arnold to attend Connections, a mental health support group run by the Anne Arundel County affiliate of NAMI, the National Alliance on Mental Illness.

"Bipolar type II is a mild mood disorder, but it can interfere with daily life," Martinko said of her struggle. "You have highs and lows. I'd have errands I wanted to run, and my anxiety was so bad, I got to a place where I couldn't drive very far. Sleep disruption is another symptom."

According to the National Institute for Mental Health, nearly one in five adults lives with a mental illness.

Martinko is now helping others, whether they have bipolar disorder, depression, post-traumatic stress disorder, or other mental illnesses. She was one of several honorees at NAMI Anne Arundel County's inaugural gala in October.

NAMI Anne Arundel County's executive director, Fred Delp, was pleased that the gala, with the theme "You Are Not Alone," drew a crowd of 194 people and spread the word of the organization's efforts in advocacy, training, education and support.

"In this county, there are thousands of people suffering from mental illness and there's still a stigma," said Fred, who lives in Severna

Park with his wife, Donna, who also volunteers with NAMI.

The Delps have a son who has bipolar disorder, schizoaffective disorder and obsessive-compulsive disorder.

"I've learned over the vears to educate myself better and understand my son's issues," Fred said, later adding that, "for many of us who are older and have kids who are older, we want to give back to those who have sons or daughters who are 21, 22, 23 — the parents who might be new to this."

While NAMI volunteers used the gala to spread awareness, they also bestowed awards upon some of their fellow members.

THE BO DEPAOLA AWARD FOR EXCELLENCE

John and Jill DePaola talked about their son Bo, who was diagnosed with bipolar disorder and overdosed in 2015 at age 20. They formed the nonprofit Bo's Effort later that year to assemble community resources to break the stigma of mental illness through education and guidance.

During the gala, the De-Paola family donated \$20,000 to NAMI on behalf of Bo's Effort. "We're doing everything we can to support this so that families have answers, and hopefully one day there's a cure for these things," John said.

In honor of Bo, NAMI presented the Bo DePaola Award For Excellence to Kate Callahan, who works as an adult aftercare specialist with the



(L-R) George Douglas and Heather Martinko were presented with the Zach Roter Award For Excellence. Gina and Phil Roter, Zach's parents, were on hand to greet the honorees.

Anne Arundel County Mental Health Agency and is active with the Anne Arundel Commission on Disability Issues.

"Kate has always created an open door for individuals to reach out and is always able to come up with creative solutions," Fred Delp said. "Kate has fostered relationships with county and state behavioral health officials. She is a member of the commission on disability issues and is an avid supporter of Disability Day."

THE ZACH ROTER AWARD FOR EXCELLENCE

"He was kind, sensitive, artistic, bright, he loved his family and he had mental illness." Those were the words used by Gina Roter to describe her son, Zach, who passed away in February 2018.

According to Gina, Zach had mental illness for 15 years.

"I think it's unusual for a diagnosis to be cut and dry," said Gina, who lives in

Severna Park. "He had this, nothing else affects him.' There was no one thing he was affected by. Anxiety was one, and that was debilitating. There was also depression and mood disorder."

Gina and her husband, Phil Roter, found NAMI through a family-to-family class. The 12-week course discusses clinical treatment of illnesses and teaches the skills needed to cope more effectively.

"It really explained what my son was dealing with, so we could walk in his shoes," Gina said. "That was a breath of fresh air, and meeting people and realizing that we were not alone. NAMI is a great outlet."

The Zach Roter Award for Excellence went to four individuals. Martinko and George Douglas received the honor for their work as trained facilitators, as did Peggy and Mike DeMaio.

Martinko started a social group to get people out of their homes and she registered a Gmail account to keep people updated about events. She is active with NAMI's program called In Your Own Voice, which shares presentations about personal journeys. With Douglas, she leads the Connections group once a week.

Martinko and Douglas were mentored by Mike and Peggy, who left the Connections support group in Arnold to start a new one in Crofton.

Peggy said, "Mental illness has been in my family for at least two generations and I just really appreciate the community that NAMI has for people with mental illness, because if you can't have your family understand because they also have issues, it means the world to be able to have people who acknowledge what's going on and are there to help you."

THE RHONDA **DICKERSON-MACK AWARD FOR EXCELLENCE**

This award was created to honor Rhonda Dickerson-Mack, who died in July 2018. Her son had suffered from mental illness, and she attended NAMI's familyto-family class to gain a greater understanding of his situation.

Earning that award was Leslie Hodges, who works in crisis management with the Anne Arundel County Mental Health Agency. She also connects service providers with the homeless population.

"Leslie believes that everyone has value and worth, and those basic beliefs are threaded throughout her work," Fred said. "She is always willing to go the extra mile to make sure no stone is left unturned and no person is left without service.'

MAKING PROGRESS

The honorary chairman and keynote speaker was County Executive Steve Schuh, who talked about strides made. The Fiscal Year 2019 budget included a \$2 million grant for the University of Maryland Baltimore Washington Medical Center to add treatment beds. Anne Arundel Medical Center has Maryland Health Care Commission approval to build a 16-bed mental health hospital for adults. Schuh said his administration is also working with a consultant who will study the resources offered locally and suggest areas for improvement.

"So there's hope, there has been progress, and thanks to NAMI, mental illness is being talked about on the national stage and is now recognized as being equally as important as physical health," Schuh said. "More and more jurisdictions are realizing that more services are needed, money is being invested and mental illness treatment has become a major priority throughout our country."

To learn more about NAMI Anne Arundel County, visit www.namiaac.org. For information about volunteer opportunities, email info@ namiaac.org.

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Severna Park Library Celebrates Female Veterans

It's important to

but women don't

same attention."

— DENISE NOOE, DEPUTY

DIRECTOR OF OUTREACH

AND ADVOCACY AT THE

 $of\ Veterans\ Affairs$

MARYLAND DEPARTMENT

always get the

honor all veterans,

By Maya Pottiger

In honor of Veterans Month, the Severna Park Library will hold an event to celebrate female veterans. The event, Celebrating Women Veterans, will feature a panel of female veterans telling their stories.

"I noticed, in doing research for previous Veterans Day programs, that not a lot of attention seemed to be paid to women veterans," said Andy Wolverton, a librarian at the Severna Park branch

who has organized Veterans Day programs in the past. Wolverton's wife is on ac-

tive duty in the Navy. "I want young people to be able to come and see a real veteran and hear their

story," Wolverton said. "It's great learning that in history class, reading that in the textbooks, but when you have an actual person who actually served, they can tell you this is what it felt like. There's not many places you can get that."

Denise Nooe, the deputy director of outreach and advocacy at the Maryland Department of Veterans Affairs, will present information at the Celebrating Women Veterans event.

"It's important to honor all veterans, but women don't always get the same attention. They are smaller numbers of the veterans population," Nooe said. "It's nice to have events that highlight their contributions to the armed forces and to our country."

Nooe, who has worked in the veterans space for 35 years, said there are often misconceptions about who qualifies as a veteran.

"Not everyone is clear on who's a veteran, and sometimes that even falls to the veteran community itself," Nooe said. "Women veterans, in particular, often don't think of themselves as veterans because they may not have served in combat, for example."

> Severna Park located close to military bases, Wolverton it's important to recognize all of the veterans in the

community. "I think it's ironic that even though we live in the

area that we live in, maybe people are too close to it that they don't appreciate veterans as much as I think they should," Wolverton said.

The event will span less than an hour, Wolverton said. It will start with a short introduction on women in the military, and then the audience will hear from the speakers. At the end of the presentation, Wolverton is considering a panel for audience members to pose questions to the speakers.

Celebrating Women Veterans will be held at the Severna Park Library on Saturday, November 10, at 1:00pm. For more information, visit www.aacpl.net/ location/severnapark.

Fall Events Keep Friends Busy Around The Park

It's Getting Chili! Severna Park United Methodist **Holds Culinary Cook-Off**



Parishioners brought their families and their slow cookers to Severna Park United Methodist Church on October 27. During the event, a competition was held with the following categories: young chefs; classic; hot, hot, hot; poultry and veggie; stand-out soups.



Fall Harvest Festival Tradition Continues At Kinder Park





Photos by Stephanie Mennell Photography

Anne Arundel County's biggest event of the year, the annual Fall Harvest Festival at Kinder Farm Park, drew another crowd of people from all over the state for a full day of autumnal activities, including hayrides, farmhouse tours, corn cannons, arts and crafts, and much more.



Dark False Mussels Are Everywhere On The Severn River

First, Severn River Association members found dark false mussels when Boy Scouts gathered year-old oysters during the annual oyster reef restoration event in early June.

Pulling up those oyster cages came with the crackly sound of mussels growing on every nook and cranny of a cage, even along the lines holding the cages to the piers.

The proliferation of these

mussels is really obvious during low-tide events. Virtually everything under the low-tide levels is encrusted with the critters — rocks, tree branches, drift wood, oyster cages, pilings, boat props, boat bottoms.

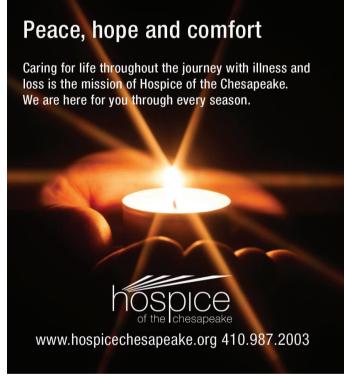
Patrick McMahon, who runs Diver For Hire, reported doing battle with these mussels all season long. He said the mussels are much more prolific than the usual bane of

barnacles. Yes, they do seem to help with clarity, but when it comes to boat bottoms and props, they are a challenge. Each job takes much longer due to the proliferation of dark false mussels this year.

Additionally, they are being encrusted on beer and soda cans that wash ashore. So therein lies the conundrum. Do you pull the trash out of the river and kill the mussels, or

leave the mussels on the can in the river so they can filter the water?

It's like visiting national parks, where you're not supposed to feed the wildlife. But what do you do when a mosquito lands on you for a snack? You can't feed it of course, that's against the rules, but you're not supposed to kill the wildlife (without a hunting license).





MEMBER FDIC







8 NOVEMBER 1, 2018 SEVERNA PARK VOICE

USS Sioux City Announces Commissioning Week Events



The USS Sioux City will be the first United States Navy warship commissioned in Annapolis.

By Maya Pottiger

For the first time, the city of Annapolis will host the commissioning of a warship, the USS Sioux City.

In honor of the ceremony, a series of events will lead up to the actual commissioning on Saturday, November 17.

"It's a very patriotic ceremony, probably one of the most patriotic ceremonies the Navy does," said Jamie Graybeal, a retired Naval captain and volunteer with the commissioning committee. "That signals the acceptance of the ship and the ship's preparedness to join the fleet as an active duty warship."

Commissioning Week events will take place from November 7 through November 17. The public will be able to take tours of the ship from November 10 through November 15, and one final time on Commissioning Day.

During the Commissioning Day ceremony, the crew will stand at attention in front of the ship. A few dignitaries will give speeches, and then the crew will be given the ship.

The Commissioning Day reception is open to the public but requires tickets. The tickets are free and distributed on a first come, first served basis. A crowd of 5,000 people is expected for the ceremony, Graybeal said. The youth of Annapolis will be given special tours of the ship.

"[It will] get them energized about the importance of education and what the future could look like for them," Graybeal said. "It's a wonderful opportunity to see a Naval ship, talk to sailors, maybe get inspired

to serve their country."
In addition to events for the public, there will be special "morale and welfare" events for the crew of the USS Sioux City. These events

include picnics, a dinner at Eastport Yacht Club, and a special tailgate and recognition on the field during the Navy football game.

"They're meant to treat the crew for all their hard work and make sure they feel welcome here in Annapolis," Graybeal said.

There will be a few thousand visitors from Sioux City, Iowa, for the occasion, Graybeal said. Since the ship's namesake town is landlocked, Annapolis was chosen as the "perfect alternative."

"Annapolis and the Chesapeake Bay have a rich maritime history," Graybeal said. "Additionally, this provides a unique opportunity for the citizens of Annapolis to see a ship commissioned in their hometown."

For a full list of Commissioning Week events or to reserve tickets to the Commissioning Day ceremony, visit www.usssiouxcitylcs11.org.

Jamaican Mission Team Brings Supplies

» Continued from A1

the island's northern coast, yet scattered throughout the country are communities in poverty, many of which fall within the boundaries of the Diocese of Mandeville in south-central portions of Jamaica.

St. John the Evangelist formed a Jamaican outreach team 11 years ago and volunteers have since made nine trips to island. The Severna Park church adopted two parishes and schools within the Mandeville Diocese - St. Margaret Mary and St. Philomena - with St. Philomena Basic School, a preschool in the remote village of Portland Cottage as their project school. St. John funded the college education of its principal and head teacher, Suzette Anderson, and provides the school with spiritual support, food, uniforms, salaries and supplies. It also maintains the school facilities and subsidizes the tuition for the nearly 50 students.

Anderson wept tears of joy when the St. John's crew arrived on October 19, and welcomed friends old and new with open arms.

"It is always wonderful to spend a few days with all of the people from St. John the Evangelist," said Anderson.
"They work so tirelessly and always have smiles on their faces. They show us how much we are loved."

The team's full agenda included mass and breakfast with Archbishop Charles Dufour, a tour of Gift of Hope — Mustard Seed (a care community for disabled children within the village of Manchester), a tour of St. John Bosco Career Advancement Institute (a Catholic-run institution for neglected, abused and



abandoned boys), and visits to St. Margaret Mary Church and School, and Annunciation Church and School.

The missionaries spent the majority of their time at St. Philomena Basic School where they worked on maintenance and construction projects, including cleaning the entire school, upgrading the library, restocking teacher and student supplies, and repainting the chapel. The outreach team also funds and builds a home for a needy family while in Jamaica. This year, the new three-room home was for a young mother, Shandeen, and her children.

Participating in his third
Jamaican mission trip, Joe
Golden of Pasadena said, "I
keep coming back for the joy
of the people and overall genuine humanity on the great
island of Jamaica. The people
are very warm and welcoming.
The welcoming children fill
you up with powerful feelings
of joy and love that cannot be
expressed in words; you have

to experience it for yourself."

Bob Cohn has been with the outreach mission team since its inception. At first, he didn't know what to expect. "My Jamaican kids were babies [and] now they're young adults," Cohn said. "The altar boys have graduated college and are looking for work. It's hard to leave, knowing that we've been but a brief respite in their difficult lives."

Others, like Barbara Perez, experienced an "amazing" first mission trip. "The camaraderie among the group, the warm and giving people of Jamaica, especially the children, touched my heart in ways that will never be forgotten," she said.

Just as the volunteers were sad to leave, the Jamaican

residents were sad to see them go. "Today I said goodbye to 14 wonderful people who willingly gave their time to share fellowship with us," Anderson said. "I am thankful that they answered God's call and offered themselves to be used in such a special way. I want to say thank you to them and to St. John the Evangelist for your generosity, your kindnesses, your love and wonderful words of encouragement."

Officially proclaimed the pied piper of Portland Cottage, Golden could be found imitating the sound of the goats roaming free in the community. "The most memorable thing for me was just making a simple goat sound and then seeing the children gather around me and call back. Every time the kids saw me, they wanted me to make that goat sound," said Golden. "When we left, they asked if they could come home with me. They have no idea how much I wish I could."

Members of the 2018 trip included Gary Dinsick (team leader and original member), Bob and Jeanette Cohn, Victor and Barbara Perez, Ned Wall, John and Dianne White, Tim Abell, Joyce Cornett, Joe Golden, Judy Tacyn, Bonnie Klocke and Tom Dushel.

The Jamaica outreach team would like to thank family, friends and parishioners who donated supplies or financial support, which were delivered to St. Philomena and St. Margaret Mary schools. Each member fully funded their own travel and accommodation expenses.

To learn more about the St. John Jamaican outreach, or to learn how you can help, visit www.jamaicaoutreach. weebly.com.



www.cafemezz.com | 410.647.1100 | 760 Ritchie Hwy, Severna Park



The Reilly Family 1970

Three generations of Reillys

That's me in the middle with my Mom, Dad, Grandparents and eight brothers and sisters.

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Authority: James S. Regan, Treasurer

Study On Ritchie Highway Raises Questions

» Continued from A1

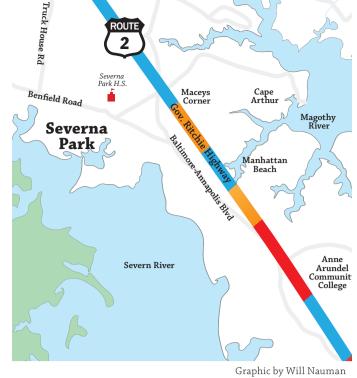
best to invest money and effort in adding another lane to Ritchie so that the approximately 80,000 cars that traverse it daily can move along more quickly and smoothly.

Not all community members, however, are as enthusiastic about the idea of expanding Ritchie Highway as a solution to the traffic problem.

Although the Greater Severna Park Council (GSPC) has not taken a position at this time, President Maureen Carr-York explained that this is not the first time the issue has come up. "In the past, there has been opposition to making Ritchie Highway three lanes all the way up and down because it will change the character of the road," she said.

To illustrate, she referred to the history of Ritchie Highway: When it was built in the 1930s, it was "a lovely sort of parkway" that went through largely open country. "Talk to some of the older folks who remember what a beautiful drive it was," Carr-York explained. "Then things started to build up along it. It changed drastically. No one would say it's now a pleasant drive.

Despite the frustrations that she acknowledged nearly all commuters experience while traversing Ritchie - and the need to do something to address the problem - she said there is concern on the part of many Severna Park residents that expanding Ritchie Highway and turning it into a road geared toward high-speed travel



During rush hour on a typical day, traffic along Ritchie

will change the character of the community around it. Additionally, widening the road might require cutting into the front yards of homes or the parking lots of businesses that line the street.

Highway can get backed up for miles.

The GSPC has requested a member of the state's study group or an appointed official supervising the study to come speak at one of its meetings early in 2019 with the hope that this will give people a better idea of what options the state is considering.

But an overall lack of transparency has frustrated the Arnold Preservation Council (APC). "I have repeatedly asked the State Highway Administration what their vision is for the future of Ritchie Highway," said Vice President

Elizabeth Rosborg. "According to SHA, there are no plans to do any work on Ritchie Highway. This was a big shock to me when we got [this announcement] from the county. There has been no communication before or since with APC from the county or the state."

Rosborg said her frustration stems from APC's interest in being involved and part of the process. 'We are the ones who not only deal with it now every day but will be directly affected by anything they propose as a result of this study," she explained.

She pointed out that I-97 was built to relieve Ritchie Highway traffic but has not done so. "In my personal opinion, adding a third lane is not going to relieve the traffic on the Broadneck peninsula," she said.

Both Carr-York and Rosborg acknowledge that Ritchie Highway's traffic is a problem for residents and needs to be relieved. But as more forested and open areas in Severna Park and Arnold are cleared to make room for new homes, it adds more traffic to already busy roadways. "If you're adding vehicles, you're either adding them to Ritchie Highway or you're adding them to secondary roads," Rosborg said.

Carr-York hopes to see the state "balance the interest of those who want to get up and down Ritchie Highway quickly with the interests of those who want to keep a little more green and a quiet environment." Widening Ritchie Highway could create a more urbanized environment where grass and trees have been replaced by asphalt. "Most residents of Severna Park and Arnold don't want to invite that into our community because it bisects our community," Carr-York said.

Although any solution to Ritchie Highway, according to McEvoy, will likely be several years in the making, the councils hope to keep their fingers to the pulse of the project from the very early stages and want to see the state consider the interests of residents as much as it does the needs of transportation. "I have great sympathy with both points of view," Carr-York emphasized. "I hope the state will address all of these concerns in its study."

We Can't Save The World, But We Can **Improve It For Some**

Ellen Kinsella Director of Development SPAN Inc.



"At the end it's not about what you have or even what you've accomplished. It's about who you've lifted up, who vou've made better about what you've given back." -Denzel Washington

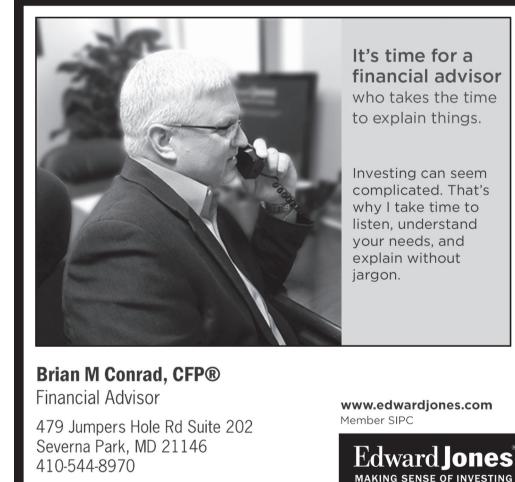
Last week, "Bertram" came to SPAN on a bike. He had recently taken his four children and left his wife after realizing that certain behaviors of hers had created a toxic and dangerous environment for the children. Even though Bertram has a job, his ability to work is limited due to his need to be available for his kids, several of whom have special needs. Bertram was out of food and in danger of his power being cut off, meaning his children would not be able to have heat or light needed to do their homework.

SPAN was able to provide Bertram with lots of food and one-time financial assistance to BGE to keep his power on. While Bertram was waiting at SPAN, he helped another SPAN client carry his bags to his car and load them. Shortly afterward, the man he had helped offered to drive Bertram home so he wouldn't have to balance the bike with his bags of food. It was a touching display to see! With SPAN's help, Bertram should be able to get back on his feet shortly.

None of SPAN's assistance would be possible without the kindness of our member churches, businesses, civic groups, and individuals who donate food, toiletries and money to SPAN. No amount is ever too small, and we make a difference in the lives of people every day!

Our biggest fundraiser, our Turkey Trot 5K/1M, is coming to Kinder Farm Park in Millersville on Sunday, November 11. This race always sells out, so register soon at www.active.com and search for Stride for SPAN 2018. We will have professional timers, food, drinks, prizes and a few surprises! This is a family/dog-friendly activity at which you are certain to run into your neighbors. We hope to see you there!

SPAN (Serving People Across Neighborhoods) is a faithbased nonprofit food pantry and emergency services provider that has been helping local families with eviction prevention, utility turnoffs, prescription needs and food since 1990. SPAN serves Severna Park, Millersville, Arnold, Broadneck and other surrounding areas. SPAN is located behind Our Shepherd Lutheran Church at 400 Benfield Road. Hours are Monday through Thursday from 10:00am-1:30pm. Call 410-647-0889, email spanhelps@yahoo.com or visit www. spanhelps.org. Financial donations may be made through the website. Food donations may be dropped off 24/7 using the storage bin behind the building.





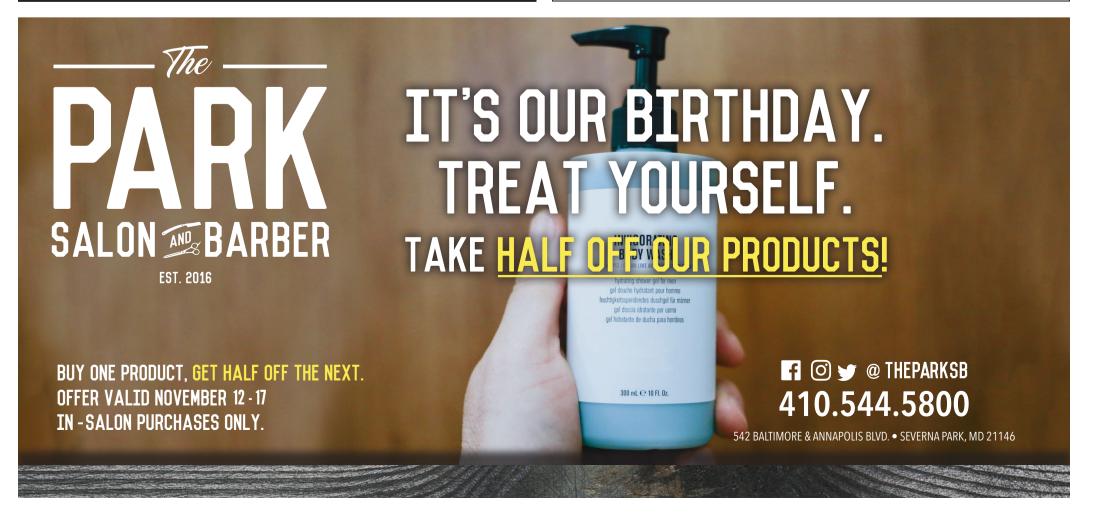
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A10 NOVEMBER 1, 2018 SEVERNA PARK VOICE

Hope Full Holidays Offers Support During

By Maya Pottiger

The holiday season, for many, means extended time with family members and other joyous traditions.

Conversely, many people experience grief.

"For some, traditions will never be the same or 'family' has changed in fundamental ways. For others, the joy and festivities all around them are a painful contrast to what they feel on the inside," said Amy Stapleton, the manager of bereavement services at Chesapeake Life Center. "At Hope Full Holidays, we will acknowledge the grief, look at strategies for navigating the holidays while grieving, and share how rituals and creative expressions can help.'

Hope Full Holidays is a program through Hospice of the Chesapeake, and there are two dates and locations this year: November 17 at the Chesapeake Life Center in Largo and December 8 at the Hospice of the Chesapeake location on the John & Cathy Belcher Campus in Pasadena.

New this year at the Largo location is a family-centered workshop aimed for those with children ages 6 and older.

"Grief can be isolating, especially during the holidays when it can feel as if everyone and everything around you, from TV commercials to store aisles and holiday music, is celebratory," Stapleton said. "The reality is that many people are grieving, and the holiday season is one more reminder of what has changed and will never be the same."

Hope Full Holidays is a three-hour interactive workshop led by bereavement counselors and volunteers from The Chesapeake Life Center. It is geared toward those grieving this holiday season, no matter how long, recent or the type of loss. "Hope Full Holidays is a program where we acknowledge grief and sadness, rather than simply ask people to 'power through it' and discuss what might help during the holiday season," Stapleton said.

The November 17 workshop will be held at the Chesapeake Life Center, located at 9500 Medical Center Drive, Suite 250, in Largo. It will be held from 10:00am to 1:00pm. The cost is \$15 per family.

The December 8 workshop will be held on the John & Cathy Belcher Campus at 90 Ritchie Highway in Pasadena. It will be held from 9:30am to 12:30pm. The cost is \$15 per person. Both sessions include a light breakfast, resources and handouts. To register for either event, call 1-888-501-7077.

How Weather And Road Usage Impact Maintenance

» Continued from A1

ology we use, we identify 14 different deficiencies that could exist on the roadway."

Those deficiencies can be found on the road surface or in one of the layers underneath. Ratings range from zero to 100. Just because a road is in bad condition doesn't mean it will be the next road chosen for repair, Lightcap said. The department uses contactors for all of its work and it prefers cost-effective preventative measures instead of costly reconstruction.

"Once you have to build an entirely new road, it's not costing any more money," he said. "Those roads might get more potholes, more alligator cracking, but they won't get any more expensive to fix. If a road is in good shape, it's inexpensive to keep the road healthy."

The Department of Public Works has calculated that \$26 million annually is needed to stop adding to the road maintenance backlog and \$42 million annually is needed to eliminate the backlog over 10 years and stop adding new backlog.

To illustrate his point about good roads being less expensive to repair, Lightcap shared the county's different approaches to road maintenance.

Crack sealing is applied

Pavement Management Program Treatment Costs per Lane Mile

| Treatment Type | Applicable Rating Range | Treatment Cost/ Lane Mile |
|-------------------------------|-------------------------|---------------------------|
| Crack Seal | 80-95 | \$1,500 |
| Slurry Seal / Micro Surfacing | 70-85 | \$15,000 - \$25,000 |
| Cape Seal (ST+SS) | 60-75 | \$30,000 - \$50,000 |
| Hot Mix Asphalt Overlay | 50-65 | \$100,000 - \$200,000 |
| Full Reconstruction | Less than 55 | \$500,000-\$650,000 |

"

With sound pavement management, it is not a worst-first approach. We would be using this [road construction method] on everything and blowing through our budget."

BLAKE LIGHTCAP, PROGRAM
MANAGER, INFRASTRUCTURE
MANAGEMENT DIVISION OF
THE BUREAU OF HIGHWAYS

to roadways to prevent water penetration. That method, usually used on roads rated from 80 to 95, costs an average of \$1,500 per lane mile. Slurry seal or micro-surfacing uses liquid asphalt to seal cracks. Used for roads in the 70 to 85 range, it costs an average of \$15,000 to \$25,000 per lane mile. As those two examples demonstrate, there is some overlap between ratings

and methods.

A two-part treatment, cape seal applies tar and chip (liquid asphalt and small stones used to fill cracks) followed by a slurry seal or microsurfacing to provide improved skid reduction and seal the road surface. That method costs an average of \$30,000 to \$50,000 per lane mile and is used primarily for roads

rated from 60 to 75. Lastly, full reconstruction can involve the replacement of roads, sidewalks, curbs and gutters, costing the county an average of \$500,000 to

\$650,000 per lane mile.

"With sound pavement
management, it is not
a worst-first approach,"
Lightcap said. "We would be
using this [road construction method] on everything and blowing through
our budget."

Lightcap said the county fixes approximately 75 percent of the mileage with 25 percent of its budget.

"Whether it's wastewater treatment plants or roads, with all of our assets, we want to manage them as fiscally responsible as possible while still maintaining the environment," said Matt Diehl, a spokesperson for the Department of Public Works.

Roads are in a constant state of deterioration because of use and weather. Potholes form when water seeps below the pavement. Lightcap said Anne Arundel County roads are hot mix asphalt, "which is nothing more than big stones, small stones, a sand mix, and a liquid asphalt, like tar."

He said 92 to 97 percent of the roads are sealed, which leaves 3 to 8 percent of space. "Water infiltrates those spaces, those soil particles begin to float, it freezes and expands," Lightcap said.

The asphalt is forced up and then it sinks when the water thaws, creating a spot that is vulnerable to crumble when vehicles make contact.

Roads also worsen from sun exposure. "If you leave anything made of plastic in the sun, it degrades," Lightcap said. "It's the same thing with our roadway."

Colchester, Linstead and Round Bay have received preventative maintenance in 2018 while part of Evergreen Road is due for resurfacing in 2019.

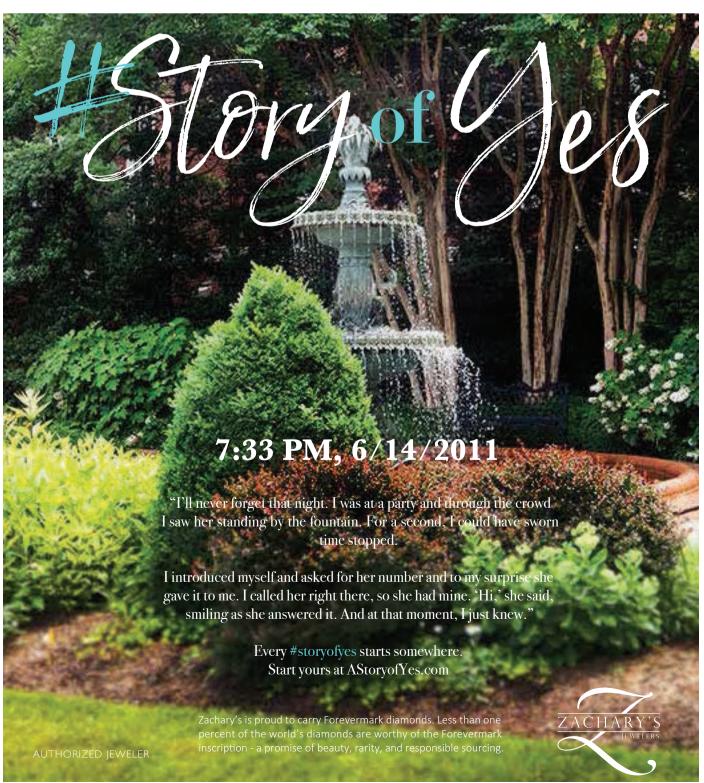
It takes about one month for a road to fully cure. In the meantime, the Department of Public Works sends sweepers to clean debris.

"Once we leave, it doesn't necessarily mean it's a complete project," Diehl said. "It's going to improve."

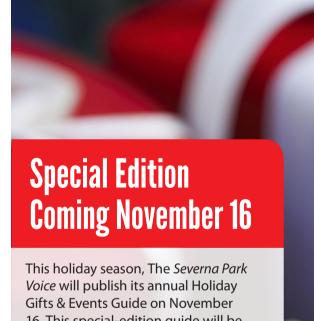
To request information about a road in your community, call the Infrastructure Management Division at 410-222-4349.

"We want to educate people about the decisions we make," Lightcap said. "We're not just throwing darts at the board. There is a system in place and it's functional."









Voice will publish its annual Holiday Gifts & Events Guide on November 16. This special-edition guide will be filled with information on holiday events, shopping, local traditions, gift ideas, Santa appearances and more.



Golden Achievers: Pat Sajak

» Continued from A1 and his mother remarried to a man who unloaded trucks in the Chicago summers and winters.

"I don't remember envying people who had more than we did," Sajak said. "Instead, I became determined to carve out a career in broadcasting. It was a long and winding road, but I learned to persevere."

The long and winding road started at Columbia College in Chicago and made a fork in Saigon when Sajak joined the Army in 1968 in a fit of patriotism. As a finance clerk, he kept track of promotions and records, but he eventually earned the job he coveted: disc jockey for the Armed Forces Vietnam Network. He has repeatedly told the story of yelling "Good morning, Vietnam!" like Robin Williams in the film of the same name. The next wind in the road, as Sajak recalled, was being assigned to the Pentagon during

his last year in the Army. "When I was discharged, I assumed I could find work in broadcasting in the D.C. area, but nothing worked out," Sajak said. "Eventually, I made my way to a 250-watt radio station in a little town called Murray, Kentucky. A friend knew the owner, and I was hired as a disc jockey. After a year there, I packed up what I had and moved to the nearest big city: Nashville. After months of knocking on doors, I was finally hired as a staff announcer at WSM-TV in early 1972. I haven't had a day out of work in TV ever since. It's been a good run."

With WSM-TV, Sajak handled station breaks, weather and news. He then moved to the West Coast for a weatherman gig with KNBC Los Angeles to do weather. In 1981, producer Merv Griffin called on behalf of NBC. He asked Sajak to replace Chuck Woolery as the daytime host of "Wheel of Fortune," a daytime game show in which contestants solve word puzzles by choosing from three options: spinning the wheel and

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naming a consonant, buying a vowel, or solving the puzzle.

Sajak thought he was too low-key for the position, but he accepted. In 1982, Sajak was joined by co-host Vanna White. In 1983, the show became a syndicated evening program. Since 1981, Sajak has earned three Emmy Awards, a People's Choice Award and a star on the Hollywood Walk of Fame. "We take our jobs seriously, but not ourselves," Sajak said. "We've been very lucky to be a part of such a long-running show. Doing a game show is difficult for some because it goes against a performer's natural instinct to want to be the center of attention. But I have to remember that the show is about the game and the contestants, and not about me. I had to learn to step back and let the spotlight shine elsewhere.'

Sajak stepped into the spotlight as late-night talk show host from 1989 to 1990, but "Wheel of Fortune" remains as his main claim to fame.

On the East Coast, he has made an impact in his community. In 2005, he acquired two Maryland radio stations, 1470 WTTR and 1430 WNAV, which he sold in 2013. He also donated \$1 million to Anne Arundel Medical Center.

"My wife's family lives in the area, so we've always had a place here," he said. "I still enjoy the West Coast, and I obviously spend a lot of time there, but it's nice to have some variety in life."

Sajak is currently filming "Wheel of Fortune" through April. When asked about his success, he said that although he never expected to become a game-show host, he did anticipate reaching great heights in broadcasting.

"I'm not sure where the confidence came from, but I always assumed I would achieve some level of success in my chosen profession. Even when things were not going well, and I had to turn to other jobs to pay the rent, I always knew that, if I persisted, it would all work out."

Arundel Federal Savings Bank Begins Fall Food Drive

Arundel Federal Savings Bank is collecting food donations to support local food pantries this holiday season. Collection boxes are in the lobbies of all six branches: Annapolis, Brooklyn, Gambrills, Glen Burnie, Pasadena and Severna Park.

This year's donations will go to a variety of organizations, including the Anne Arundel County Food Bank; South Baltimore Network; SPAN (Serving People Across Neighborhoods); and local pantries. Visit www.arundelfederal.com for branch locations and hours.

According to SPAN, these are some of the food basket items needed for the holidays:

- Canned goods: gravy, corn, green beans, yams, fruit, cranberry sauce, sauerkraut, pumpkin filling
- Boxed goods: stuffing, mashed potatoes, muffin mix, pie crust
- · Canned proteins: tuna, salmon, chicken, beans, peanut butter · Dairy: shelf-stable milk,

evaporated milk, in-

- fant formula • Fruits and juices: (in light syrup or its own juices) fruit cocktail, applesauce,
- juice boxes • Pasta and rice: brown and white rice, macaroni and
- cheese, pasta • Soups and stew: (low sodium) beef stew, chili, chicken noodle, vegetable,
- turkey and rice · Foods not accepted: perishables
- For more information about Arundel Federal, the food drive or general inquiries, contact marketing manager Jeanne M. Slaughter at 410-863-7028 or *jslaughter@* arundelfederal.com.

Chartwell Golf And Country Club To Begin Renovation Projects



Chartwell's board of directors, golf course greens committee, golf committee and finance committee unanimously agreed to remove the Bermuda grass that has covered the fairways and struggled with Maryland's Mid-Atlantic climate changes. Close to \$3 million will be invested in the golf course over the next few years to improve it with all-season zoysia grass.

By Dave Topp

Chartwell Golf and Country Club has approved a multiphase, 10-year capital plan to reinvest into the club and its many facilities.

Headlining the changes will be a two-phase renovation project to the 18-hole championship golf course. Late in the spring of 2019, the club plans to begin renovations to the green surround and bunkers. Upon its completion, focus will then shift to re-grassing the fairways.

The board of directors, golf course greens committee, golf committee and finance committee unanimously agreed to remove the Bermuda grass that has covered the fairways and struggled with Maryland's Mid-Atlantic climate changes. Instead the club has opted for zoysia grass.

"This is a much better playing surface," said Drew Bauer, president of the Chartwell Golf and Country Club. "It's a better all-seasons grass."

Low temperatures last winter resulted in about 20 to 30 percent loss of the Bermuda grass. The original plan was to delay laying the new zoysia grass until 2020, but that timeline was accelerated to the summer of 2019.

Zoysia is described as a thick-bladed, hearty grass that stands up straight. That type of grass is more commonly

seen on courses throughout the Midwest and South, and Bauer believes it is just the thing for Maryland's often challenging climate.

"We really believe this is a premier grass. It was an upgrade and we're paying a premium to do that," Bauer said. "At the end of the day, we think it's going to give Chartwell a better product and a longer-lasting golf course."

According to Bauer, close to \$3 million will be invested in the golf course over the next few years. Design work for the golf course will be handled by architect Andrew Green of A.H. Green Design, while construction of the course will be led by McDonald and Son's Golf Course Builders.

Along with the planned work on the golf course, Chartwell has also constructed renovation plans for its pool area and clubhouse.

The pool was resurfaced over the summer and now the plan is to redo the pool house while creating a bar and new kitchen area to go along with it. "Chartwell is really thriving right now," Bauer said.

Beyond the work at the pool

house, Bauer spoke about creating new shaded areas by the pool to encourage socializing and having a comfortable place to hang out.

Last year, the club's tennis facility was transformed to include a new health and wellness center. "We're really trying to cater to be a familyfriendly club," Bauer said.

Bauer credits the addition of club General Manager Richard Marr to the staff, saying that Marr has brought leadership and great ideas to continue the growth of the club.

Throughout all phases of construction and renovations, the club's goal is to minimize the impact on the members.

The first phase of the clubhouse renovations will include a new dining room facility, as well as the creation of a more casual grill area. That is expected to be completed next spring.

"We've created areas within our club that are more casual for those experiences, but we still have the formal area for a member to come for a nicer dining experience," Bauer said.



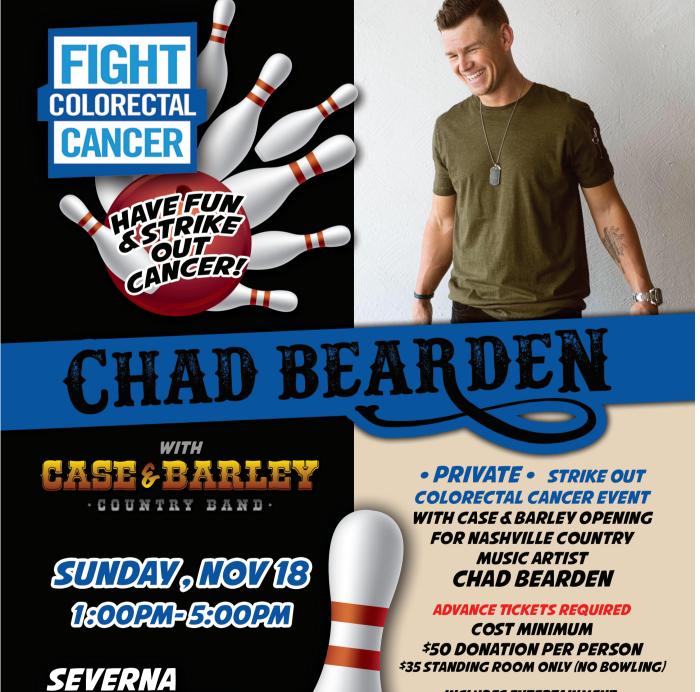
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NOVEMBER 1, 2018 SEVERNA PARK VOICE

NEIGHBORHOOD OF THE MONTH

Woodbridge Forest



Neighborhood of the Month takes an in-depth look at the unique communities that make up Severna Park as a whole. Each has its own history, its own special amenities and its own people who are happy to call that place home. Want to share with our readers all about your neighborhood and what sets it apart from others? Email spvnews@severnaparkvoice.com and let us know!





The Enchanted Woodbridge Forest

By Judy Tacyn

Just northeast of the Severna Park Post Office and off Old Earleigh Heights Road is the quiet and private community of Woodbridge Forest. Upon entrance, residents and visitors are greeted by an elegant neighborhood sign, a well maintained median, and an American flag pole that is lit at night. The manicured yards throughout show the pride the friendly neighbors have in their neighborhood.

The stunning and statuesque colonial and traditional homes are hidden under massive tree canopies and are spaced apart with big yards, yet they are close enough to not be strangers. Unlike many neighborhoods where trees might grow around new homes, Woodbridge Forest is unique in that the 55 homes were built in the late 1980s within the existing forest of trees as builders attempted to not disturb the landscape.

Woodbridge Forest borders Pasadena to the north and Severna Park to the south, making the community the perfect place for anyone looking for the best of both Severna Park and Pasadena.

When the weather turns cold,

community event: the annual fall festival. Families rotate among the three different cul-de-sacs to have their gathering. One neighbor has a fire pit and neighbors gather around while the kids ride bikes and scooters or kick a ball. Naturally, there is always plenty of food.

DOROTHY MASTERSON RESIDENT FOR 30 YEARS

The Mastersons were thrilled to purchase a coveted 1.25-acre lot on a private road with only two houses. "It was exactly what we wanted and the rest is history," added Dorothy Masterson. "We settled on our new home in January 1988 and have been there for 30 years."

As for her community's location, Masterson said, "We have the best of both worlds. We can readily patronize many businesses in Pasadena and Severna Park. In addition, we are near other major cities.'

When asked what makes Severna Park special, Masterson had difficulty narrowing down all of the town's great amenities.

"The excellent school systems, public and private; excellent restaurants; the B&A Trail; residents get excited for a popular waterfront communities; desirable vacation spots; the finest medical facilities in the country; employment opportunities available with the government and with contractors; churches of all denominations; and the list goes on," she said.

Masterson served for about 20 years as the secretary and treasurer of the Woodbridge Forest homeowners association.

We have the best of both worlds. We can readily patronize many businesses in Pasadena and Severna Park. In addition, we are near other major cities."

Dorothy Masterson

ANDREA KOPF RESIDENT FOR SEVEN YEARS

With Woodbridge Forest straddling the Severna Park and Pasadena lines, homeowner Andrea Kopf said, "This neighborhood most definitely provides the best of both Severna Park

and Pasadena. We are very close

to everything that Severna Park

and Pasadena have to offer. Even though we have a Severna Park address, our public schools are Pasadena Elementary, Chesapeake Bay Middle and Chesapeake High schools.

"I must say that I have been very happy with these schools and both my children have excelled in each one," Kopf continued. "Since our children attend public schools, we travel into Pasadena often. However, we are also always going into Severna Park because of church and Boy Scouts."

Kopf said that all of her neighbors are kind and most have become good friends.

"A few years ago, one of our neighbors had an operation. His neighbor helped to take care of his lawn by mowing it all summer long," she said. "Another time, there was a neighbor who was having some financial difficulties due to a medical condition. Plus, there are many little things that neighbors do for one another such as watching neighbors' children or carpooling, or helping to take care of pets, or shoveling a neighbor's driveway without expecting anything in return."

chitectural committee and helps approve desired home improvement projects.

JOHN FOARD

RESIDENT FOR SIX YEARS

John Foard worked for the builder Koch and Associates as a laborer in the summers of 1986 and 1987. "I was a teenager then, but my recollection is that Woodbridge Forest won the builder many awards at the time, including being environmentally friendly, which was a new concept at the time," Foard said.

He grew up in North Shore, Pasadena. In 2012, Foard, his wife and daughters moved to Woodbridge Forest.

"We moved here because our house was a fixer-upper, which we liked," Foard added. "We also liked our large lot size of 1.15 acres."

Foard also appreciates the proximity to the new Magothy Gateway shopping center on Ritchie Highway, and easy access to Route 100, Annapolis, Baltimore and Kinder Farm Park.

"Severna Park is a great place to raise a family," Foard said. "Our neighborhood has nice mix of young families and emp-



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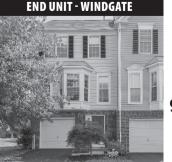


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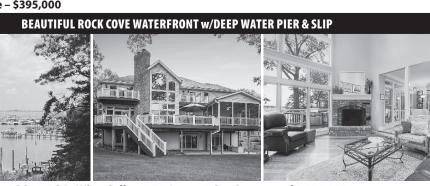






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POLITICS & OPINION



Candidates Tell Us Their Top Priorities For Office

Election Day is Tuesday, November 6, and to help our readers make an informed decision, we asked each of the candidates, "What are the three issues or priorities that will be most important to you in this office?" Here's what they told us:



GOVERNOR

Larry Hogan

Education: Every child, regardless of the neighborhood they grow up in, deserves access to a world-class education. The Hogan-Rutherford administration has provided record funding, \$25 billion over four years, for Maryland's public schools. Our administration has also led the way in creating an education "lockbox," which will increase education funding by \$4.4 billion over 10 years. Finally, we've pushed for increased accountability in our schools through the creation of the Office of Education Accountability.

Jobs and the Economy: As a lifelong small-business man, I understand that high taxes, reckless spending and unnecessary regulations mean fewer jobs and lower wages for all Marylanders. That's why I have fought for fiscally responsible budgets that keep more money in Marylanders' pockets and allow businesses of all sizes to grow. When I took office, improving Maryland's business climate and boosting job growth were two of my top priorities. Job growth in Maryland has seen a dramatic turnaround over the last four years, as we've gone from losing 100,000 jobs under my predecessor to gaining more than 100,000 over the last four years. My administration launched and enacted the More Jobs for Marylanders Act, which provides incentives for businesses to open in struggling jurisdictions.

Environment: Since taking office, I've made preserving and protecting the environment a major priority of my administration, especially Maryland's most important natural asset, the Chesapeake Bay. During my first term, we have invested \$4 billion in Chesapeake Bay restoration programs. Under my administration, Maryland is a proud member of the multistate Regional Greenhouse Gas Initiative (RGGI), a coalition of nine states working together to reduce carbon dioxide emissions. This year, I enacted legislation to prevent future administrations from withdrawing from RGGI without legislative approval. Over the next four years, we will build upon our record funding for Chesapeake Bay restoration efforts and maintain our incredibly high clean air and water standards and goals. As a result of our commitment, the Chesapeake Bay received its highest water quality rating in a generation on its latest report card.

Ben Jealous

1. Education: We need a governor with a plan to ensure every child in Maryland gets a great education. I've put plans on the table to finally fully fund our schools and keep the broken promise on the casino money, raise teacher pay, provide universal full-day pre-k, and tackle the student debt crisis.

2. Health care: Every year under this governor, health care premiums have skyrocketed – hurting our small businesses and bankrupting families. Seniors are seeing their prescription costs spike, and too many Marylanders go without care all together. As governor, I'll work to ensure every Marylander has health care they can actually afford to use through a Medicare for All system.

3. Economy: Right now, our economy is stuck. We're last in the region in both income growth and job growth. As a businessman and civil rights leader, I know that we can build a stronger, more inclusive economy. I've proposed plans to raise the minimum wage, cut the sales tax, encourage entrepreneurship, and ensure that we tackle chronic unemployment.

You can read about more plans at www.benjealous.com.

COMPTROLLER

Anjail Phukan

Increase transparency and efficiency: enhance systems integration capabilities, online transcripts and assistance, secure resources and systems, and design more usable state websites

Reduce Taxes and Penalties: revamp the Offer in Compromise program, eliminate unnecessary and impeding fees, demolish retirement income tax, and improve environmental tax incentives

Better infrastructure statewide: safer roads, bike lanes and sidewalks; develop

broadband in rural areas; add a third span across the Bay Bridge; expand mass transit

For more information on these topics, visit www.mscomptroller.com or www.facebook.com/mscomptroller.

Peter Franchot

Taxpayer security continues to be a top priority. While we're a national leader
in combatting tax fraud and identity theft,
criminals employ brazen tactics to harm
taxpayers' financial well-being. I will continue
to work with policymakers and other key
stakeholders to identify solutions to protect
the financial integrity of Marylanders.

Customer service is a core obligation of government. I'm proud of the progress we have made in this area, but we can always do more. In the years ahead, I'll continue to promote greater efficiencies and adopt strategies so that we can continue to deliver respectful, responsive and results-oriented service.

Procurement reform is critically needed. I've worked to make our
procurement process a leveled playing field for
all contractors, especially for minority- and
women-owned enterprises. I will continue to
promote transparency and accountability in
the way government agencies are spending
your hard-earned tax dollars.

ATTORNEY GENERAL

Craig Wolf

Public safety: With Baltimore City being the murder capital of the country, with more than 2,000 opioid deaths in Maryland last year, with Maryland's being fourth in the country in trafficking of women and children, and with gun and gang violence running rampant across the state, the attorney general should focus on public safety, not partisanship.

Work with Governor Hogan: The attorney general should work with Governor Hogan, not against him.

Protect victims of crime

Brian Frosh

Fighting crime/opioid epidemic: We have indicted and put behind bars the most dangerous criminals in our state: violent gang members, drug traffickers, doctors operating pill mills, gun traffickers and human traffickers. We are holding opioid manufacturers accountable for the addiction and death that they have caused.

Ensuring equal protection: Our office was the first in the nation to issue guidelines prohibiting discriminatory profiling by law enforcement – making it clear that race, ethnicity, national origin, gender, gender identity, sexual orientation, disability and religion cannot be factors in routine police activity.

Protecting our environment: As a legislator, I sponsored the law that prohibits oil and gas drilling in the bay. As AG, I have stood up to the Trump administration's attempts to weaken the laws that protect our air and water and protect people from toxic chemicals.

For more information, visit www. brianfrosh.com

U.S. SENATE

Tony Campbell

Getting the national government out of public education: Common Core and nationally imposed standards should have never been allowed. Parents and teachers across Maryland are frustrated with Common Core and the unnecessary burden that is placed upon teachers and students.

I believe we should put in place a balanced budget amendment, which will begin to reduce the deficit. Broken promises of career politicians have gotten us into this mess. Only a structural mechanism like a balanced budget amendment will make politicians keep their promises to the taxpayers.

The hallmark of public service is leadership; a career politician just wants to be re-elected. As a leader, I will go to the U.S. Senate to fight for individual liberty. It is past time to have real discussions on how much government should be involved in the lives of its citizens.

Ben Cardin

1. Economic opportunity: I am committed to seeing that Maryland receives the resources needed to grow our regional

economy and create well-paying, local jobs for residents. We should modify our tax code to truly target middle-income and working families, help small businesses and make smart investments in infrastructure/green technologies.

2. Opioid epidemic: Facing this public health crisis will take all levels of government working with private-sector partners. More than law enforcement, our ongoing response must improve access to evidence-based treatment centers, promote prevention education, and support those in or seeking recovery. We must keep our promise of federal funding for stateled programs.

3. Chesapeake Bay: A healthy bay means a healthy economy. I was proud to lead the bipartisan effort to restore funding for the Chesapeake Bay program after it was cut in President Trump's budget. Federal and regional partnerships have been crucial to the progress we have made in improving the bay's health.

HOUSE OF REPRESENTATIVES

George McDermott

I'm an active advocate of full transparency in government, including the judicial branch of government, which now operates under a cloud of secrecy, deceitfulness and deception. We must say "no" to courts and legislative branches of government being disrespectful to our Constitution and rule of law.

I advocate legislation to prevent judicial abuse and fraud on our citizens by requiring every court in the nation and every judicial proceeding be recorded on videotape, and court clerks must refuse to give these videotapes to judges to edit victim transcripts, which would limit waste, fraud and abuse.

I advocate legislation that would require all officers of the court and legislature to reaffirm their oath of office and loyalty to the Constitution every two years, and that these oaths of office and their employment contracts be made public record to stop the illegal use of unsigned court documents.

Anthony Brown

1. Lowering health care costs and prescription drug prices: I will fight to bring down health care costs and lower prescription drug prices by holding insurance and drug companies accountable while strengthening Social Security, Medicare and Medicaid. Our country and our economy are stronger and healthier when every American has access to quality, affordable health care.

2. Increasing Marylanders' pay through strong economic growth:
We must invest in innovation industries like clean energy and build economic infrastructure like roads, bridges and ports to help our economy grow and create well-paying jobs. When working families earn more, our economy works better for everyone.

3. Cleaning up corruption to make Washington work: Democrats will clean
up the culture of corruption in Washington,
restore dignity to our democracy and give
power back to the people - because our
leaders should be focused on making sure
our government works for everyone.

For more information on these topics, visit www.anthonybrown.com

COUNTY EXECUTIVE

Steve Schuh

Education: Four years ago, our publicschool system was in crisis with a bankrupt health care system, low teacher pay, overcrowding and outdated facilities. Our team launched the largest school construction effort in county history, added 300 new educator positions, bailed out the health care system and implemented four straight years of teacher pay increases.

Public safety: the opioid epidemic:Our team faced the opioid crisis head-on by initiating a three-pronged attack: stricter enforcement to put dealers and gang members in jail, more pathways to treatment through the nationally recognized Safe Stations program, and educating parents and youth through our "Not My Child" initiative. The number of overdoses has at last stabilized.

Taxes and fees: I promised to cut taxes and fees, and I have. We cut a total of \$160

million, which helped our local economy grow by \$6 billion (now the fourth largest in the state), reduced unemployment to 3.9 percent and cut our welfare rolls to their lowest levels in many years.

Steuart Pittman

Managing growth: Steve Schuh has given away the store to corporate developers at the expense of our communities. As county executive, I will end pay-to-play politics by limiting developer contributions to candidates, reassess projects currently in the pipeline, and reinvigorate the Small Area Plan program so communities have a voice in managing growth.

Improving public services: I am supported by police, firefighters and teachers because they know I have the best plan to improve public services. I will invest in our county employees, implement datadriven service delivery methods, and focus on real challenges like combatting the opioid epidemic and protecting sensitive environmental areas.

Responsible budgeting: Steve Schuh has funded giveaways to his donors by kicking the can down the road to future county taxpayers. That will end on my watch. I know we can pass budgets that invest in the services county residents depend on while still being fiscally responsible. As your next county executive, that's exactly what I'll deliver.

SHERIFF

Jim Fredericks Unserved criminal warrants: I

will reallocate and expand resources, partner with other agencies, and institute best practices to reduce the number of outstanding warrants, which is currently over 12,000. My continuing experience as a police commander gives me a firm grasp on the issue of warrant reduction and implementing modern law enforcement strategies.

Courthouse security: Court security is a primary function of the sheriff's office, and I will use my experience in the area of Homeland Security to conduct a top-to-bottom assessment of security needs, so our deputies and the general public can be safer when conducting business at the Circuit Court in Annapolis.

Staffing needs: Sheriff's office employees operate at a high level to get the business of the office completed; however, requirements for the service of court documents are increasing. There must be an increase in staffing certain positions to ensure critical documents, such as domestic violence orders, are served in a safe and timely manner.

James Williams

Candidate did not submit responses.

STATE SENATOR - DISTRICT 33

Ed Reilly

I am in full support of Governor Larry Hogan in his attempts to keep state spending under control and to stop any increases in taxes and fees.

In regard to the bay bridge, I put in legislation to remove the ability of the Eastern Shore counties from preventing a new Chesapeake Bay span where engineering, environmental and budget limitations would have indicated the new span should be built.

In regard to the opioid crisis, I supported all efforts to expand the number of beds and programs available to address the increase of drug-related issues. I also advocated for stricter enforcement of drug distribution crimes. We need to reinstate the DARE program in our school system.

Eve Hurwitz

Education: I strongly support Question 1, which will appear on everyone's ballot in November. Voting "yes" on this question will put casino revenue toward funding our schools as originally promised. In office, I will ensure that this is carried out and support legislation that makes schools safe and engaging for students.

Health Care: One of my top priorities

 \gg Continued on A14

Candidates Tell Us Their Top Priorities For Office

in office will be to make Maryland the fifth state to guarantee paid family and medical leave in the United States. I will sponsor or co-sponsor legislation that makes health care accessible and affordable to all Marylanders and provide protections for family planning services in Maryland.

Environment: I support the current initiative to ban toxic EPS foam (Styrofoam) in Anne Arundel County, and will introduce legislation in the General Assembly to make it happen statewide. I will also create programs that will allow businesses to offer recycling to their patrons.

DELEGATES- **DISTRICT** 33

Sid Saab

Economy and taxes: As a small-business owner, I know firsthand how high taxes and red tape can make it difficult for businesses to flourish. Small businesses are the engine of our economy and we must continue to eliminate the hurdles that prevent businesses from leaving our state and encourage entrepreneurs to start their own business and create jobs.

Public safety: Is it our duty to protect every single citizen in our state. It all starts with safe communities. We must give our law enforcement the necessary tools to do their job effectively. Our communities cannot be safe if we are soft on crime. The opioid epidemic has been devastating to our state and more work needs to be done to keep these dangerous drugs out of our communities.

Mental Health: We can no longer neglect the seriousness of mental illness, as this issue has been ignored for decades. Mental illness affects all people regardless of demographics and proper treatment, and awareness must be a priority. We have to unite as parents, teachers and medical professionals to diagnose and treat the mentally ill.

Michael Malone

1. Ending partisan gerrymandered districts in Maryland: Politically gerrymandered districts both on the state and congressional level are causing significant harm to the democratic process

here in Maryland. I have and will continue to support Governor Hogan's plan for a bipartisan commission to draw the legislative districts.

2. Improving traffic in Anne Arundel County: Many of our roads have become overly congested. The lack of one congressional representative from Anne Arundel County means we do not have a strong voice in Washington, D.C. to address the interstate road issues.

3. Continuing to provide a financially responsible state budget without tax increases: I shall continue to support Hogan's budget without new tax or fee increases. I have supported legislation to provide small-business tax breaks. Small businesses are the heart and soul of our economy and promote continued growth.

Tony McConkey

Education: As part of the state reexamination of school programs and funding, I support the governor's proposal to create an "investigator general" to investigate unethical conduct. I also support additional reforms to make schools more accountable to parents and taxpayers, like our just-approved elected school board.

Taxes: Eliminating taxes on retirement income would dramatically change Maryland. At \$1 billion, it is affordable, if phased in, and would pay for itself. Imagine the tremendous benefits to charity, culture and the economy of retaining such a talent pool and their money, plus the great benefits to families of keeping Grandma close by.

Roads: I support building 100 new highway miles along the Baltimore-Washington Parkway, D.C. Beltway and I-270, paid for by tolls. Residents of Baltimore would have greater access to jobs, and workers in D.C. would have greater access to affordable housing. Reducing travel time between Baltimore and D.C. would create a synergy and economic prosperity that would transform our state.

Heather Bagnall

Education: Not only do we need funding to support our educators but also we need to address the economic issues and stigma of poverty that put students' success at

risk. Additionally, we have to change the narrative to make arts an essential bridge across disciplines and to ensure vocational training is an equal path to higher education.

Environment: We must incentivize innovation in renewable technology while creating retraining programs that will ensure the health of our environment and the security of our workforce while addressing the dire needs of reforestation to protect against stormwater runoff. Environmental preservation is a sound investment that affects health and wellbeing, property value and maintenance costs of our district.

Community Infrastructure: Public transportation and walking/bike paths are an essential element of access, not only for low-income and working families but also for seniors and students; it affects people across the district and across the age and economic spectrums, encourages people to support local business, and creates job opportunities and income to communities.

For more information on these issues, visit www.heatherbagnall.com.

Tracie Hovermale

Families deserve clean air, clean water and a healthy natural environment. It is critical that we adopt policies that preserve and protect the bay and surrounding waterways, forests and open spaces. Development must be, and can be, conducted responsibly and cannot come at the cost of the environment. We must transition to clean, renewable energy.

Families deserve affordable and quality health care. We must rein in the cost of prescriptions and health care. All women must have access to full reproductive health care so they can plan their future education and career and, with their partners, become parents when they are emotionally and financially ready.

Families deserve safe schools, workplaces and communities. If elected, I will work tirelessly with everyone, including responsible gun owners, to address the issues surrounding gun violence. Please read my opinion piece published in the September *Capital Gazette* for details on how we can move forward. Taking no action is not an option.

Pam Luby

Building a strong economy by providing children with a high-quality public school education that is suitable for the needs and realities of the 21st century. Education, training and opportunity are key to solving many of our state's most pressing problems, including racial equality, health care or the environment.

Preparing now to meet the needs of Maryland's aging population. By the year 2030, 25 percent of adults will be 65 or older. We must work toward making our cities and communities age-friendly places to make room for a population that has so much to offer, that we all, someday, will be a part of.

Increased fiscal accountability and transparency in government. One way to do this is to establish a statewide inspector general's (IG) office to look for fraud, waste and abuse. Currently, only three Maryland departments have IGs. Every tax dollar invested in an IG averages about \$17 in savings. This is a good use of taxpayer dollars.

For more information on these issues, visit www.pamluby.com

COUNTY COUNCIL – DISTRICT 5

Amanda Fiedler

Strengthening the economy: This includes low taxes and fees on our hardworking families, and supporting the property tax cap. I will prioritize growing local business and recruiting new companies, as well as streamlining the permit process and reducing bureaucratic red tape to help businesses, and create better paying jobs for you.

Quality of life: We need a transparent development process that preserves the quality of existing communities while providing more opportunities for local residents. I'll also work to improve local infrastructure, providing adequate roadways and walkways. As a long-time education advocate, I will support reduced class sizes and competitive teacher pay.

Safer streets and neighborhoods: As a mom and wife, I know that safety is a priority for our families. That's why I will put our public safety teams first, and support recruiting and



Candidates Tell Us Their Top Priorities For Office

retaining police and firefighters. I also will support increased collaboration and state funding to fight the opioid epidemic.

Dawn Myers

Development: Unrestrained development has crowded our classrooms, gridlocked our traffic, strained our first responders, decimated our trees and damaged our environment. We need to slow development, strengthen our infrastructure and require developers to pay the true impact costs and not give discounts to encourage further growth.

Fiscal Accountability: Government should be transparent and accountable to its citizens. As an attorney with a Master of Business Administration, I have 20 years of fiscal management and analysis experience with the State of Maryland. We need council members who have the experience and qualifications to make sure your tax dollars are being spent efficiently and effectively.

Quality of Life: The county should prioritize protecting our quality of life. We need to ensure that we have topranked schools, reasonable commutes, well-paying jobs, decent roads and a healthy environment with plenty of outdoor recreational opportunities for citizens to enjoy.

For more information on these topics, visit www.votefordawn.com.

BOARD OF EDUCATION - DISTRICT 5

Dana Schallheim

1. Teacher recruitment and retention:

For years, Anne Arundel County Public Schools has lost teachers to surrounding counties with better pay and working conditions. Overcrowded classrooms and unacceptable workloads contribute to this problem. Restoration of lost steps, paying living wages, and properly supporting our teachers creates successful schools. Teacher retention costs far less than recruitment, saving taxpayer money.

2. Fiscal oversight, transparency and accountability: Budgets must be refocused toward meeting actual school needs at the school level. Policies improving

community involvement, transparency and accountability must be established, as well as divestment from partnerships unrelated to education. Additionally, eliminating transportation inefficiencies and reducing spending on administration saves taxpayer money. Successful schools equal higher

3. School safety: This includes physical barriers, school resource officers, sufficient mental health staff and toxin-free facilities. Beyond updated school security systems and SROs, school safety begins by providing a caring, bully-free environment conducive to learning. Investments — including hiring school counselors and psychologists to meet American School Counselor Association and National Association of $School\ Psychologists\ recommendations$ and properly maintaining facilities -

For more information on these topics, visit www.danaforboe.com.

Terry Gilleland

1. Academic achievement: Our schools are great, but we can make them better. We must ensure our students are prepared to compete in college and the global workforce. To achieve this, we need firstclass curriculum and smaller class sizes to foster individualized learning, and we must recruit and retain teachers with improved

2. School security and mental health: Students, parents and teachers expect safe schools, and we must be proactive. I will continue to advocate improved physical security, as well as increased police presence to deter wrongful activity. Mental health supports remain critical, and I will work to ensure students have guidance counselors and other in-school resources.

3. Fiscal responsibility: We must be good stewards of taxpayer dollars and use existing funds wisely before seeking more. I continue to prioritize classroom-based funding needs, including teacher compensation and digital learning initiatives, and propose capping noninstructional budget categories. I have introduced budget amendments to reduce administrative costs and will continue that effort.

For more information on these topics, visit www.terrygilleland.com.

STATE'S ATTORNEY

Wes Adams

Disrupting violent and drug

trafficking organizations: This past term, I initiated a new approach to prosecution that combines use of analytics and consolidated intelligence information to identify, investigate and prosecute the small group of people who drive the majority of crime in the county.

Human trafficking: Last year, I worked with local legislators to bring about legislation to make human trafficking offenses a felony in Maryland and will continue with that effort until that legislation is passed. We will work to consolidate our efforts with federal and local partners to build a focused investigative unit to prosecute these offenders.

Opioid/mental health crisis: We have developed a cutting-edge approach to rehabilitation and education in Anne Arundel County. We will continue to strengthen our prevention program, including instituting the Handle With Care initiative so we can continue to support trauma-informed care in our school system.

Anne Colt Leitess

Better management of office: As

appointed state's attorney from 2013 to 2015, I managed a \$9 million budget, 115 employees and won tough cases. I expanded drug court and created the community outreach program. The office is \$1 million over budget; 45 of 117 staff members are gone; and thousands of district court cases are dropped, including one-fifth of DUIs and 90 percent of all drugged driving cases. If elected, I will balance the budget, restore training and retain employees to prosecute, not drop, cases.

Address opioids and gangs: Fatal overdoses tripled from 54 in 2014 to 136 in 2018, and that is a tragedy. There's been no $measurable \ difference \ in \ long-term \ outcomes$ from Safe Stations. To fight the opioid crisis, I will dedicate staff to drug court and encourage the Ordnance Road Detention Facility be used for rehabilitation programs. I will revive the gang task force my opponent dismantled and work with police and communities to identify and deter gang activity.

Remove politics from office: I became

a career prosecutor to give those who could not speak a voice in the criminal justice system. The state's attorney should prosecute crime and ensure justice and politics have no place in the office. I will never permit registered lobbyists or political consultants to collect a county paycheck. I will restore professionalism and ethics to the office.

To learn more about me, go to www.annearundelanne.com.

REGISTER OF WILLS

Lauren Parker

Maintenance of high standards by which this office achieved three perfect state legislative audits. The staff and I work together to exceed public expectations. From 25 years of legal practice and 12 years as register, I know that attention to legal and professional detail is crucial.

Maintenance of our live, fast, personal service, answering phones and greeting you at the front desk. Our surveys indicate public and attorney satisfaction ratings of 99.29 percent and 95.5 percent, respectively. I created a website for the public for case information, credit card acceptance, and an online ordering system for documents and publications.

Being accessible to all people. I created outreach programs to inform clubs, churches and civic groups about estates. The staff and I work to have the office as accessible to the public as humanly possible through technology, cost savings and kindness. Kindness and efficiency never go out of style.

For more information on these issues, visit www.laurenparker.org.

Joseph "JJ" Janosky

The office is unknown by the public, but it tells the life-and-death story of every citizen. We should educate the public of the importance of a valid will and what to expect when a will needs to be executed. The office needs to be revitalized with a focus on citizen services.

Evaluate cybersecurity and inefficiencies in the office and make improvements when

I have spent my life in public and private offices finding efficiencies. Little has been done toward public accessibility. I suggest

» Continued on A16



Robert W. Warfield -Paula J. Darrah

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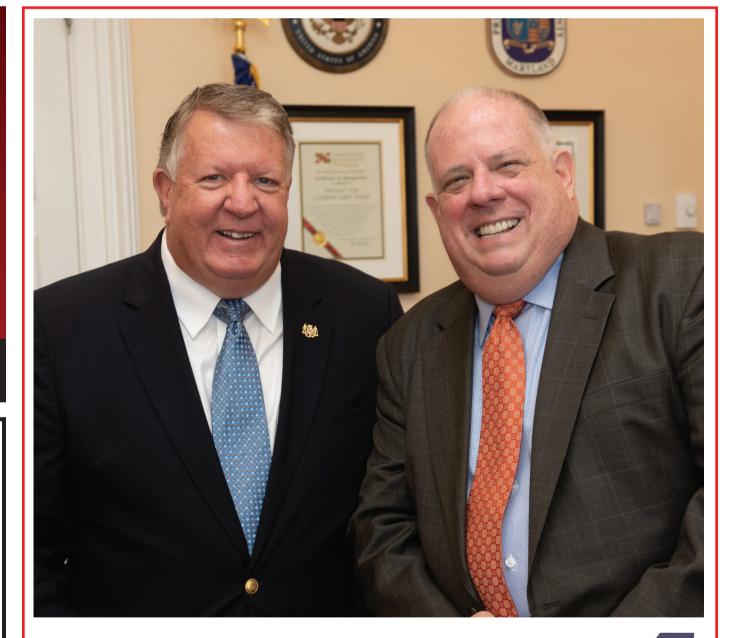
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Authority: James S. Regan, Treasurer

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Candidates Tell Us Their Top Priorities For Office

using a cloud-based platform to increase public access.

Little progress has happened to create citizen outreach to gather information on the public concerns and emphasize the importance of having a valid will. This information is needed in all age groups. Increase online information available to the public.

JUDGE OF THE ORPHANS' COURT

Maureen Carr-York

First and foremost, the Orphans' Court exists to serve the citizens of Anne Arundel County. We are tasked with helping families deal with the distribution of a deceased person's assets at a time when the survivors are grieving and distressed. The ability to listen and empathize is essential to do the job well.

There are often competing interests between creditors and among creditors and heirs, so a thorough knowledge of the law is required. I am an attorney with 37 years' experience practicing law right here in Maryland. Together with my fellow judges, we bring years of experience to the job.

We integrate seamlessly with the register of wills and her staff, who handle the administrative side of the estates we hear. Together, we manage simple estates quickly and efficiently, and the more complex matters are handled with the time necessary to ensure all parties are treated fairly in accordance with the law.

Nancy Phelps

The three issues that I think are important today could be consolidated in to one word: lack. A lack of **compassion**, a lack of **patience** and the lack of **understanding**.

One of the most notable changes over time is the complexity of the hearings we preside over. Orphans' Court judges are responsible for legal decisions made for estates after the death of a family member. This is a highly emotional and stressful time for a family. We need to keep a clear understanding of the situation, the applicable laws and most effective outcome while showing compassion for everyone involved with the utmost patience.

The population growth of Anne Arundel County means we see more and more cases, each one just as complex as the next, each deserving our time and attention, which can create a bottleneck of cases. By applying previous experience and acquired knowledge, we can make a difference.

Alan Rzepkowski

Fair and efficient decision-making: As an elected judge of the Orphans' Court, I strive to ensure all family members' concerns are heard at our hearings and to weigh all issues before the court while considering the laws within Maryland's estates and trust code.

Respect and compassion for those who come before the Orphans' Court: My role as a judge is to listen carefully to all statements and testimony provided by family members, to consider all facts as provided, and to treat everyone with respect and compassion during the probate process.

Abiding by the law as provided in Maryland's estates and trust code: Providing fairness, respect and compassion must always be balanced by the law. I approach my role as a judge of the Orphans' Court with attention to family needs and in consideration of the laws governing estates and probate.

Vickie Gibson

Professionalism, compassion and fairness: I have been a lawyer for 30 years.
This strong legal background will bolster the professionalism of the Anne Arundel County Orphans' Court.

Diversity: If elected, I would be the first African-American Democrat in the history of Anne Arundel County and the second in

the history of the court, the first being the Republican Mary Sellman Jackson, who was in office almost 20 years ago. Diversity is important because our elected positions should reflect the communities that they serve.

Outreach: Traditionally, the register of wills has been involved in outreach. As an Orphans' Court judge, I vow to personally go to communities, including those in underserved areas of our county, to increase awareness of the important role that the Orphans' Court play's in the transfer of wealth from one generation to the next. As part of this, I believe it is time to put the discussion on the table that, perhaps, the name of the Orphans' Court should be changed to "Probate Court" to more clearly reflect its role in the judiciary of Anne Arundel County.

Torrey Jacobsen Jr.

My first priority will be to give the citizens of Anne Arundel County the best community constituency service. I will work with the families who are dealing with the death of a loved one at the minimum of expense to the estate and the heirs.

I have been an insurance agent and realtor/small-business owner for many years. My experience and life knowledge will be useful to help families with issues within the estate process. I have learned that to be successful, you must listen and ask the correct questions to deal with the issues in front of you.

Be a community advocate in the county.

CLERK OF THE CIRCUIT COURT

Doug Arnold

Domestic violence: Each year, Maryland experiences more than 30,000 acts of domestic violence. Too often, families face the pain, fear and consequences of domestic

violence. That's why, as the clerk of the court, I will provide support to each person seeking a protective order and expand services in our community to prevent domestic violence.

Make communities safer: The clerk of the court helps carry out justice and contributes to safer communities. The drug court helps people overcome the horrific opioid crisis. As clerk, I will protect the rights of victims and witnesses in our community, work toward restitution, and ensure accurate and timely processing of warrants, court documents and decisions.

Support families: Every family has a story. The clerk's office brings families together every day through issuing marriage licenses, performing civil marriage ceremonies (I've married more than 4,000 couples), facilitating adoption services and helping families in trouble. As clerk, I will support our families through dedicated and friendly service whenever a family needs us.

For more information on these issues, visit www.dougarnold.net.

Scott Poyer

Reducing gun violence: We are losing too many innocent lives to gun violence in our schools, in our workplaces and on our streets. I will reduce gun violence by identifying offenders, aggressively enforcing the law to prevent them from having access to firearms, and working to create stronger laws.

11,000 unserved warrants: There is a backlog of 11,000 unserved arrest warrants issued by the judiciary that have languished for years. I will partner with the sheriff and other officials to identify the root causes of the issue and address them in a comprehensive and coordinated way.

Marriage at age 15 is too young: One of the duties of the clerk of the Circuit Court is to perform marriages. Under current law, it is legal for someone as young as 15 to marry. I will work with legislators to raise the minimum age of marriage in Maryland.



DON'T FORGET TO VOTE!

Election Day is Tuesday, November 6

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On Tuesday November 6th vote to return Delegate Malone and Governor Hogan to Annapolis.

*HB 1022-2018 End Gerrymandering Bill

WALONE DELEGATE

Delegate Michael Malone is leading the charge in Maryland

to bring integrity and fairness to Maryland's Congressional Redistricting.

Michael Malone introduced House Bill 1022* calling for a Constitutional amendment to establish fair congressional redistricting during the upcoming redistricting process.

Let's help Governor Hogan and Delegate Malone bring honest elections to Maryland residents.

Authority: Malone for Delegate S. Murphy Treas.

SEVERNA PARK VOICE

Fast Food, **Snacking And Tooth Decay**



merican eating habits have changed. We are no longer a threemeals-a-day society. The fast food industry generates \$200 billion a year and is growing. We eat more premade foods and snacks throughout the day than ever before. More sugar, more acid, increased frequency, and less time to produce saliva during eating leads to more tooth decay.

Q: What is tooth decay? A: Tooth decay (dental caries) is a bacterial disease. In their mouth, each person has bacteria, which cause caries. These bacteria form a plaque (sticky bacterial biofilms) on teeth, and sugar from the diet is turned into acid by these bacteria, which causes decalcification of the tooth, destroys the tooth enamel and allows decay to occur.

Q: Why do some people have problems with decay and others don't?

A: Diet, oral hygiene and your body's resistance are factors. This problem relates to nutrition and eating habits. The high-frequency ingestion of sugar (starchy foods, candies, sodas and sports drinks) leads to tooth decay. The average teenager drinks more than 60 gallons of soft drinks per year. Starches are broken down by mouth enzymes to sugars, and sugars are broken down into acids. These acids then break down the tooth. After

the last intake of sugar, tooth plaque bacteria give off acids for up to 20 minutes. If you constantly sip and snack, your teeth can't fight the constant production of acid, so demineralization occurs. Increase your water intake.

Once tooth enamel is destroyed, the only treatment is the placement of a restoration at the dentist.

Everyone with existing fillings has to deal with breakdown over time. These restorations eventually weaken, leak and fracture around the edges. Bacteria accumulate in these crevices, which cannot be cleaned. Acid is produced and decay occurs. The decay needs to be removed and the restorations need to be replaced.

Q: What can I do to prevent tooth decay?

A: Everyone has bacteria, which forms plaque. To prevent tooth destruction, you must remove the plaque. This is done by daily brushing and flossing. Brush at least twice a day. Floss once a day.

Consume fluoridated water or fluoride tablets during the time of tooth development (pre-natal to 12 years old). Use fluoride toothpaste. Fluoride strengthens teeth and aids in limiting the acid effect on tooth enamel.

Regular dental examinations and professional cleanings remove plaque and calculus (mineralized plaque). A dentist will administer fluoride treatments and treat caries early with fillings. >> Continued on A18

Cancer Patients Find Reaffirmation Of Self Image Through Look Good Feel Better

HEALTH & FITNESS





Look Good Feel Better helps female cancer patients manage their physical appearance as their hair and skin change.



By Maya Pottiger

Then undergoing cancer treatment, a major side effect is the change to one's physical appearance. Whether it's hair loss or changes to the skin, the changes can be drastic.

The program Look Good Feel Better helps manage those changes and it hosts workshops at the University of Maryland Baltimore Washington Medical Center.

"For many women who

are undergoing treatment, they look in the mirror and they don't see themselves, they don't recognize themselves," said Luanne Roark, the executive director of Look Good Feel Better. "It's often a point in time

when women suddenly look at that, which isn't what they're used to seeing, and come to that reckoning: 'I really am sick. I really do have cancer, and I've got to really fight and work hard and do everything I can

to get to the other side of this journey and become a survivor."

Look Good Feel Better is for women who are actively in treatment for any type of cancer. The workshops are >> Continued on A18

Tips For Safely Handling Your Holiday Food

By The Anne Arundel **County Department** Of Health

isted below are food safety tips that **I**should help keep your holiday healthy.

SAFE SHOPPING

- Never choose torn or leaking packages.
- Don't buy foods past the "sell-by" or expiration dates.
- Put raw meat and poultry into a plastic bag so that meat juices won't cross-contaminate cooked foods or raw vegetables or fruit.
- Place refrigerated or frozen items in the shopping cart last, right before heading for the checkout counter.
- Drive immediately home from the grocery store.

SAFE STORAGE OF FOODS - KEEP IT SAFE: REFRIGERATE

Unload perishable foods from the car first and immediately refrigerate them. Place securely wrapped packages of raw meat, poultry or fish in the meat drawer or coldest section of your refrigerator.

Check the temperature of your unit with an appliance thermometer. To slow bacterial growth, the refrigerator should be at 41 degrees and the freezer at zero degrees.

Cook or freeze fresh poultry, fish, ground meats and variety meats within two days; cook or freeze other beef, veal, lamb or pork within three to five days.

PREPARATION - KEEP

Wash hands before and after handling raw meat

Sanitize cutting boards often in a solution of one teaspoon chlorine bleach



Preparing food for the holiday season doesn't have to be a hazardous affair.

in one gallon of water. Wash kitchen towels and cloths in hot water in a washing machine. Change cloths and towels between duties.

Don't cross-contaminate. Keep raw meat, poultry, fish and their juices away from other food. After cutting raw meats, wash hands, the cutting board, knife and countertops with hot, soapy water.

Marinate meat and poultry in a covered dish in the refrigerator.

Prepare stuffing safely. Mix stuffing before filling the turkey. If the ingredients are prepared ahead of time, refrigerate them until the meat or poultry is ready to be stuffed.

THAW FOOD SAFELY

- Refrigerator: Allows slow, safe thawing. Make sure thawing juices do not drip on other foods.
- Cold Water: Thaw under cold running water and cook immediately.
- · Microwave: Cook meat and poultry immediately after microwave thawing.

SAFE COOKING

Cook your meats until they reach the proper internal cooking temperature. (Check temperatures with a stem cooking thermometer.)

The minimum internal temperature for cooking a whole turkey, including the center of the stuffing, is 165 degrees.

Minimum internal cooking temperatures for other holiday meats are:

- Ground Meats 155 F
- Ground Poultry 165 F
- · Beef, Veal and Lamb Steaks and Roasts - 145 F
- Pork Chops and Pork Products – 145 F
- Whole Poultry 165 F

SERVING FOOD SAFELY

Never leave food out for more than two hours. Keep hot food hot and cold food cold. Bacteria that cause foodborne illness grow rapidly at room temperature.

When serving food at a buffet, keep hot food over a heat source and keep cold food on ice. Keep platters of food refrigerated until it is time to serve or heat them.

HANDLING LEFTOVERS SAFELY

Divide foods into shallow containers for rapid cooling. Put food directly in the refrigerator or freezer.

Remove turkey from the bone and refrigerate.

Refrigerate stuffing and turkey separately.

Use cooked leftovers from refrigerator within four days.

REFREEZING FOOD

Meat and poultry defrosted in the refrigerator may be refrozen before or after cooking. If thawed by other methods, cook before refreezing.

REHEATING FOOD

Quickly reheat leftovers thoroughly to 165 F or above. Reheating smaller portions of a large cut of meat or poultry will ensure a thorough and more uniform reheat.

UM BWMC Awarded Grant To Provide Naloxone Kits



niversity of Maryland Baltimore Washington Medical Center (UM BWMC) was recently awarded a \$40,000 grant from the Anne Arundel County Local Development Council (LDC) to provide free classes to educate the public on symptoms of an opiate overdose and how to administer the life-saving emergency treatment Naloxone (also known as Narcan). Classes are set to begin in January at UM BWMC's Hanover offices, located at the Baltimore Washington Health Services

Park at 7556 Teague Road. Trained clinical staff from UM BWMC will lead each class, which is limited to 20 people per session. Attendees must be at least 16 years of age and preregister before attending the class, which lasts approximately two hours.

'The incidents of opioidrelated deaths have increased dramatically in Anne Arundel County over the last several years," said Kurt Haspert, director of addiction medicine at UM BWMC who oversees the

This grant will go a long in in help us to save more lives. ... It is not a permanent solution, but it is definitely a step in the right direction."

 KURT HASPERT DIRECTOR OF ADDICTION MEDICINE, UM BWMC

program for the medical center. "This allows us to teach the general public how to administer Narcan and provide them this lifesaving treatment for our fellow citizens facing opiate addiction."

CPR training will also be offered to participants because many people who overdose on opiates suffer from cardiac arrest.

The LDC is established under the authority of Maryland law in counties where a casino is located. The LDC's sole purpose is to advise the county executive on the needs and priorities of the communities surrounding

the Maryland Live! Casino and the expenditure of casino funds.

"UM BWMC has been an incredible community partner as we work to turn the tide against the opioid epidemic," said County Executive Steve Schuh. "This county investment will help them continue their good work in saving lives."

UM BWMC has been offering classes through the Maryland Overdose Response Program since July 2017. The Overdose Response Program is part of the Department of Health and Mental Hygiene's strategy to reduce overdose deaths. However, Narcan was not provided at these classes, which were located at the medical center's main campus in Glen Burnie, due to funding.

'This grant will go a long in in help us to save more lives," said Haspert. "It is not a permanent solution, but it is definitely a step in the right direction."

For more information about the opiate overdose prevention classes, call 410-787-4490.

SAFE FOOD **EVERYTHING CLEAN!**

and poultry.

A18 NOVEMBER 1, 2018 SEVERNA PARK VOICE

UM BWMC November Events And Programs

WEDNESDAY, NOVEMBER 7 Therapeutic Yoga for

Cancer – Offered by the Tate Cancer Center from 10:30am to 11:30am. Patients with cancer and caregivers are welcome to this free program, and no prior yoga experience is necessary. Includes chair yoga and deep breathing. To register or for more information, call 410-302-7663. (Executive Center, 300 Hospital Drive, Suite 128). This class is offered each Wednesday at the same time.

Cancer Survivorship Sup**port Group** – Meets from 5:00pm to 6:30pm. This free, self-care skills class and group discussion offers information and support for cancer patients and survivors. In addition to networking and peer support, the group will discuss timely topics related to treatment and care. For any type of cancer. No registration needed. For more information, call 410-553-8179. (Tate Cancer Center, first floor conference room, 305 Hospital Drive). Weight Loss Surgery Support Group - Offered by the

University of Maryland Cen-

ter for Weight Management

and Wellness from 6:00pm

to 8:00pm. Registration is

required by calling 410-328-

8940. For more information,

visit www.umm.edu/weight-

loss. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

FRIDAY, NOVEMBER 9 Preventing Diabetes Class

– From 2:00pm to 3:00pm. A diabetes educator discusses factors leading to diabetes and lifestyle changes to prevent diabetes and improve overall health. To register for this free class or for more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223).

TUESDAY, NOVEMBER 13 Stroke Support Group

- Meets from 6:00pm to 7:30pm. Survivors, caregivers and community members meet to discuss stroke recovery and prevention. For more information, call 410-787-4732. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

WEDNESDAY, NOVEMBER 14

Free Blood Pressure
Screenings – From 8:30am
to noon at Harundale Presbyterian Church. No registration needed. (Eastway and
Guilford Road, Glen Burnie).
Lactation Support Group

Meets from 2:00pm to3:00pm. Open to all breast-

feeding mothers and their children. No registration needed. For more information, call 410-595-1782. (301 Hospital Drive, 3 South classroom).

Diabetes Support Group

– From 5:30pm to 6:30pm. Meets to discuss current issues regarding diabetes management. No registration needed. For more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223).

Surgical Weight Loss

Management Seminar – Offered by the University of Maryland Center for Weight Management and Wellness from 6:00pm to 8:00 pm. Registration for this free seminar is required by calling 410-328-8940. For more information, visit www.umm. edu/weightloss. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

Mental Health Support Group – Meets from 6:30pm

to 8:oopm. Community members and families discuss helpful information on psychiatric issues. No registration needed. For more information, call 410-553-8070. (Room A of the Partial Hospitalization Program (PHP), 301 Hospital Drive, second floor).

Self-Image Through Look Good Feel Better

» Continued from A17

two hours long and led by beauty professionals who receive specialty training from Look Good Feel Better on how to work with cancer patients. The workshops are free to cancer patients.

The format of the workshop is one hour on skin care and cosmetics, 45 minutes on hair and alternatives for hair loss, and then 10 minutes on styling.

"We address those things and how to really overcome them," Roark said.

Jodie Hawk has volunteered with Look Good Feel Better workshops at UM BWMC since 2012, when her 91-year-old mother was diagnosed with breast cancer. At the time, Hawk was a makeup artist at Neiman Marcus. She had a client who was also a breast cancer patient and recommended Hawk get trained for the program.

"By the time the two hours is over, we end up saying it was like a pajama party without the sleepover," Hawk said.

The workshops are kept to a maximum of 10 women with one to three beauty professionals.

"We want to keep it small and intimate so that women can really interact with one another, and really have the chance to speak with their instructors and learn and get the information that they need," Roark said.

During the workshop, each woman receives a gift basket that has the skin care and cosmetics products that they learn to use for a 12step routine.

"The goal is to really teach them the technique so they can go home and replicate it again and again during the course of their treatment," Roark said.

Hawk described it as "being like Christmas" for the women when they open their gift baskets.

"The vendors who contribute to them contribute so well. They get top-of-the-line products and brushes, and they feel so special when they open it," Hawk said. "I really can't explain the look on their faces and how appreciative they are."

About 96 percent of the women who go through the workshop say that their confidence and their selfimage is greatly improved, and about 97 percent of them say they would refer other women in cancer treatment to the program, Roark said.

"Those are very high numbers of satisfaction with the program," Roark said.

In addition to learning how to manage the side effects to their appearance, women in the Look Good Feel Better program often create their own support network.

"They will tell us that it sometimes is the only time they've come together with other women who are also going through cancer treatment and are really walking in the same shoes that they are," Roark said.

Hawk recalled an interaction between two participants at a program.

"The [one] lady said, 'I am alone,' meaning she was going through all of this nightmare alone," Hawk said. "The lady across from her reached out and took her hand and said, 'No you're not. No you're not.' And gave her her phone number and said, 'Don't think you're alone. I won't let you go through this alone."

Look Good Feel Better was established in 1989 and has programs across the country. Between programs, women are able to go online to www. lookgoodfeelbetter.org for instructional videos and other information.

Snacking And Tooth Decay

» Continued from A17

Dental sealants (plastic protective coverings) can be applied to the biting surfaces of back teeth; these seal the grooves where almost 90 percent of decay occurs, preventing decay from occurring when in place.

Dental caries is not completely preventable. No vaccine is available to prevent this common disease. Limit tooth destruction with a diet of regular meals and less sugar, and limit snacking throughout the day.

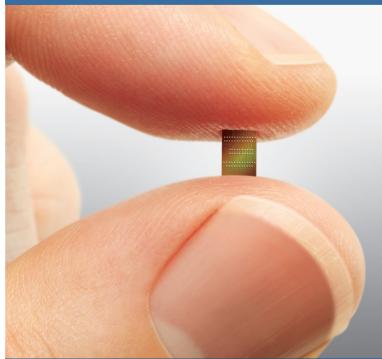
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COMING DECEMBER 14

This December, we'll take a look back at the biggest moments of the year. Our "Year in Review" special section will comprise a four-page spread with highlights from our top stories, our top photos and top social media posts over the course of the past 12 months. You'll want to have your business advertised on these pages, where people will be reflecting on what a year it has been here in Severna Park.



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BUSINESS

Chamber Update

Liz League CEO**GSPACC**



e are excited to announce our newest members of the chamber: NAI Michael - Commercial Real Estate Services, SOS Counseling, Visionary Painting LLC, The Brick Companies/ **Queenstown Harbor** Golf, Sidney Draughn -ETCETERA, and Absolute Party Rental.

October was filled with ribbon cuttings marking milestones! We began the month with a ribbon cutting for Shea McNally of Spun Compass Lasting Beauty and sampled her wonderful makeup and skin care line. The Education Resource Group opened a second location in Annapolis, and we were honored to perform the ribbon cutting at the new space. Congratulations to **Dr. Lori Perez** for her amazing work to help students who have learning differences. Terry Cooch, owner of

ing services. A special ribbon cutting "surprise" celebration was for Coleman Eldridge, owner of the Shoe Specialist. He has been in business for 40 years and his motto is "Your Shoes! We Doctor Them, Heel

TLC Home, celebrated 10

years in business provid-

ing organizing and stag-

Them, Attend to their Dyeing, and Save their Soles." Edinboro Early School, owned by Suellen and Jon Gerbracht, celebrated 30 years in operation of its successful school. We were honored to perform the ribbon cutting on the butterfly garden at the Severna Park High School, created by the AP Spanish and National Honor Society students. Finally, Cooch, Bowers and **Schuller** celebrated 30 years in business with a wonderful party and ribbon cutting.

Our Driving Force for Business Golf Tournament was held at the beautiful Queenstown Harbor Golf Club. More than 100 golfers enjoyed a sunny day on the links, which featured specialty holes, food, prizes and more. Many thanks to our great sponsors, which included Live! Casino and Hotel, Wilkins **Auto, Southern Trust** Mortgage, Chick-fil-A, Griswold Home Care, Garry's Grill and more.

Our Successful Women in Business teamed with two other chambers for a lovely luncheon at the Walden Country Club. Our guest speaker was Dr. Laura Amodei, owner of Bay Radiology. She gave an informative and fascinating talk about technology for breast cancer detection and the importance of » Continued on A20

BUSINESS SPOTLIGHT

Park Tavern Changes With The Seasons

By Maya Pottiger

t Park Tavern, something is al-**∆**ways changing.

Whether it's switching out one of the 40 beers on tap or some of the menu items, the restaurant is often providing guests with new offerings. The cocktail list changes with the seasons, and its items either have a fall/winter or spring/ summer theme.

"You have to always provide an opportunity for your guests to enjoy new flavors and new offerings," said Chris Johnston, the director of operations at Park Tavern. "Those are some examples of giving our guests the opportunity for some variety and some ownership to their dining experience."

Billed as the "local neighborhood tavern," Park Tavern opened in October 2014. In the last four years, Park Tavern has looked to its custom-



Since opening in October 2014, Park Tavern has been billed by its staff as a neighborhood tavern.

ers to help with its growth.

"The most important component of growth in this industry is to listen to your guests' feedback and how you can provide them the best experience possible," Johnston said. "We're not perfect by any stretch, but we certainly are humbled by the fact that

we have very smart, caring, compassionate people that genuinely want us to succeed. We want to make sure that we do them justice by filtering through the information so that we can continue to grow as a company and a business in that community."

Park Tavern is active in

the community through its own philanthropic efforts and with the Greater Severna Park and Arnold Chamber of Commerce. The most popular way Park Tavern benefits the community is through its giveback nights. Schools, nonprofit groups and local churches invite people to Park Tavern, and 15 percent of the proceeds from each meal go to their cause that night.

Last year, Park Tavern created a Coast Guard-themed beer for Veterans Day and donated some of the proceeds to the Coast Guard. Park Tavern also participates in silent auctions and donates items to various community events.

What we do is not rocket science," Johnston said. "It's pretty straightforward: We take care of people, and they take care of us."

Johnston said the Severna Park community is composed » Continued on A21

For The Record, Arnold Law And Title Office Has Been Successful For 30 Years

By Zach Sparks

ttorney Andrew Cooch has a penchant for quoting movie lines like this Dr. Evil quip from the first "Austin Powers" film: "The details of my life are quite inconsequential." But nothing about the law and title office of Cooch, Bowers and Schuller has been inconsequential since opening 30 years ago.

Cooch and David Bowers started the law office first, in 1988, at the other end of the Arnold Station shopping center they still occupy today. At the time, Cooch was conducting closings for the nonprofit Bello Machre, which, among other things, operates houses for people with mental and developmental disabilities.

Cooch already had an office but was looking for a partner. He had one request for Bowers, and it wasn't to procure "sharks with frickin' laser beams attached to their heads.'

Although today the law office specializes in real estate, business transactions, estate



At a ceremony through the GSPACC, the leadership team behind Cooch, Bowers and Schuller cut the ribbon to celebrate the office's 30th anniversary.

Retirees Can Give To Charity Tax-Free

planning and civil litigation, the attorneys gained experience in several areas of law before starting their Arnold practice. Cooch had done criminal defense work, whereas Bowers did family law, wills, estate administration, and collection.

"Real estate is pleasant as opposed to going to the state penitentiary to visit your client," Cooch joked.

One year after opening

their law office, the professional partners created Progressive Title Corporation as an adjunct to their thriving law practice.

"The service we provide is making sure land records are up to date and clean," Bowers said.

They quickly learned how to divide their workload.

"For years, I was on the road doing settlements," Bowers said. "He's the anchor," he added, pointing to Cooch. "He's in the office all of the time."

In those days, Bowers noted, settlements had to be created on a typewriter with carbon paper. Before long, loan documents will be able to be completed with use of an eNotary.

"You can stay at home in your PJs and sign your loan documents," Cooch said.

The legal industry has witnessed many other changes over the 30 years Cooch and Bowers have been in business together.

"You could start out doing uncontested divorces that would pay your rent," Cooch said.

Bowers added, "There are a whole lot more attorneys. Back then, there were probably onethird the attorneys there are now in the bar."

As the industry changed, so did the law and title office. Originally, Cooch said, a secretary operated in a space the size of a closet. Now, the office has several rooms to accommodate the nine-person staff. » Continued on A20

Ron Pivarnik, owner of Firehouse Subs in Severna Park, was recognized by representatives from the Anne Arundel County Commission on Disability Issues for employing individuals with disabilities in his sandwich shop.

Employers Recognized

For Hiring Individuals

With Disabilities

t the recent Disability Awareness Day event, Lindividuals and entities were honored for their efforts to advocate, support and serve people with disabilities. Held at the Westfield Annapolis Mall, the event was a collaborative effort on the part of the Anne Arundel County Commission on Disability Issues and the Anne Arundel County Department of Aging & Disabilities. Millersvillebased nonprofit Opportunity Builders Inc. was pleased to nominate Firehouse Subs of Severna Park, along with Twilite Zone Comics and Royal Farms, for their dedication to hiring individuals with disabilities. Each of the businesses received citations from County Executive Steve Schuh on behalf of the Commission on Disability Issues.

FIREHOUSE SUBS

In 2017, Randy and Robert stated they wanted to be chefs. As the team prepared to find the appropriate placement for them, Firehouse Subs was opening up in Severna Park, and it needed employees. Neither Randy nor Robert was interested in working five days a week, so through a job share option, they were both hired by Firehouse Subs. Initially, they each worked two days a week weighing lunchmeat and preparing veggies, pickles and cookies. As they each mastered those tasks, they began to learn catering duties, and Robert began working three days a week. Firehouse Subs has been an excellent partner and works with OBI to ensure that both Robert and Randy are successful.

ROYAL FARMS

Royal Farms of Curtis Bay has been an excellent partner to OBI. It has employed numerous individuals with intellectual/developmental disabilities. Most recently, there were three folks served by OBI who worked at Royal Farms. One individual who worked as a gas station attendant was able to secure full-time employment through his work at Royal Farms. He was an excellent networker and was able to make the right connection for him to be able to further his employment goals. Another individual who flours and fries all the potatoes and » Continued on A21

Managing Partner Premier Planning

Group

Jason LaBarge

or most people, **d** the end of the year means holiday planning, New Year's resolutions and time with family. For financial professionals like me, the end of year means something else too: Required Minimum Distributions or RMDs.

WHAT ARE RMDS?

The IRS requires those over age 70.5 to withdraw a certain amount from their IRAs each year. If you are still working and contributing to a 401(k), this amount is not required to be withdrawn. All of the following accounts have required minimum distributions:

- •Traditional IRAs •SEP IRAs
- •SIMPLE IRAs
- •401(k) plans
- •403(b) plans •457(b) plans
- Profit sharing plans
- Other defined contribution plans

WHEN AND HOW MUCH Do You WITHDRAW?

The amount that you are required to take is based on your age and how much you have in your IRA or other qualified account. The IRS uses the Uniform Lifetime Table to determine the amount required to withdraw; the older you get, the more you are required to take out. You can find an RMD calculator at www.tools. finra.org/rmd.

RMDs begin the year you turn 70.5. You can wait until April 1 of the following year that you turn 70.5 to make your first withdrawal, but in all other subsequent years, you are required to take your amount by December 31 of that year. Penalties for not taking these required minimum distributions are 50 percent of the required withdrawal amount.

WHAT DO YOU DO WITH THE MONEY?

Most of my clients use this money on monthly bills or extra special splurges for the grandkids, but others don't know what to do with it. As we enter the holiday season, consider donating a portion of or your full RMD withdrawal to charity. Donating your RMD to charity mitigates your tax implication of these withdrawals, and the IRS has extended this privilege to us the past few years.

How Do You SET UP AN RMD To Go To Charity?

People who are age 70.5 or older can contribute up to \$100,000 from their IRA directly to a charity and avoid paying income taxes on the distribution. However, many people don't know how to request their RMDs, much less set it up for their payments to go to charity. While you can certainly contact the financial institutions holding your IRA assets, you can also ask your retirement planner to do it for you. If you withdraw the money from your IRA and later donate it, it won't qualify as a tax-free qualified charitable distribution, so you need to ensure that you set up a direct transfer that will send the check directly to a 501(c)(3) organization. The charity needs to have that designation to receive tax-free IRA charitable contributions.

MOST RETIREES DONATE TO CHARITY

According to a study published by Merrill Lynch in October 2015, baby boomers are set to give \$8 trillion to charity over the next two decades in the form of money and volunteer hours. The study also found that 80 percent of Americans age 65 and older say they give money or goods to charity and that contributions by retirees will account for half of all giving by 2025.

If you are one of the retirees already donating to nonprofits and charities, why not give from your IRA funds that you have to take from anyway? Start by finding a qualifying charitable organization at www.charities.org, which lists 140 high-impact nonprofits with the 501(c)(3) designation. Speak to your financial professional about setting up a direct transfer of your RMD to your chosen charity, and feel good that you have made the world a bit brighter as we begin this season of thanksgiving.

Premier Planning Group is an independent firm with securities offered through Summit Brokerage Services Inc., Member FINRA, SIPC. The firm is located at 115 West Street, Suite 400, in Annapolis.

Ribbon Cuttings

Educational Resource Group Opens New Location



After much success at its location on Benfield Road in Severna Park, Educational Resource Group opened a second spot in Annapolis at 2024 West Street, Suite 400. Owner Dr. Lori Perez gathered with members of the GSPACC to cut the ribbon and mark the opening of a new ERG.

Shoe Specialist Mending Soles For 40 Years



In recognition of the Shoe Specialist's 40 years in business, the GSPACC and other supporters joined owner Coleman Eldridge for a ribbon cutting in honor of his business' anniversary. Shoe Specialist is located at 568 Benfield Road in Severna Park.

» Continued from A19

mammograms. Our business development committee had two events this month. The first was a presentation by Planning and Zoning Officer Phil Hager, called "What's in the Master Plan." Following the presentation, County Executive Steve Schuh joined us for a business roundtable. Thank you, Keller Williams Flagship, for opening your doors to us to use your beautiful training room.

The second event was "Everything You Need to Know About Cybersecurity," held at The Hotel at Arundel Preserve. The conference featured six speakers who talked about protecting businesses and organizations from cyber-attacks.

On the horizon are two of the chamber's wonderful signature events. The first is the holiday trade

fair, held on November 1 from 4:00pm to 8:00pm at Earleigh Heights Volunteer Fire Company. We will have close to 50 exhibitors featuring products, services, food and more. We have raffle items and entertainment, and the event is free and open to the public. The trade fair is sponsored by the Jing Ying Institute of Kung Fu & Tai Chi.

Our most magical event of the year is the **Holiday** Taste and Sip, held at Homestead Gardens in Severna Park on November 14, from 6:00pm to **9:00pm.** We are so proud to have 26 fine establishments serving food, libations and desserts. Homestead Gardens provides a discount for shopping in the store, which features 25 themed trees and beautiful décor. Zachary's Jewelers has given us beautiful earrings as the raffle item, and we will also have a silent auction. Entertainment, fun and festivities are the order of the evening. Taste and Sip is sponsored by the Matt Wyble Team of Champion Realtors, Kogen Dojo, Spring Arbor Assisted Living and AT&T.

Arnold Law And Title Office Has Been Successful For 30 Years

» Continued from A19

DIRECTORY

BUSINESS

One of those employees is attorney Clare Schuller, who joined the office six years ago and was made a partner last year. Schuller specializes in transactional document preparation and actively works in commercial and residential real estate transactions.

One of the most rewarding responsibilities for Schuller is working with the Department of Natural Resources when it purchases land for preservation.

Along with Cooch and Bowers, she stays updated on current trends so that the law and title office can also be preserved for years to come.

"It's hard to predict because technology is always changing and the laws are always changing," Schuller said. "With online notarization and who knows what [the crypto company] Blockchain is going to do in the real estate industry?"

Their jobs, they said, are hardly inconsequential because having a local expert can go a long way during transactions

"It's like going on a boat," Cooch explained. "You have to know where the sandbars are because they are not always marked. With real estate, the downside is huge."

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Ribbon Cuttings

Park Plaza To Hold Ladies Night

Ladies, do you need an excuse to get out and start your holiday shopping? Then mark your calendar for Wednesday, November 7, when 10 businesses from Park Plaza will participate in Ladies Night, the center's inaugural event to kick off the holiday shopping

season. From 5:00pm to 8:00pm, participating stores will offer special discounts, as well as live music and refreshments. The evening is open to the public (including men) and no RSVP is required. Park Plaza is located at 550-582 Ritchie Highway in Severna Park.

Employers Recognized

» Continued from A19

chicken has been so successful in his position that when he is scheduled to work on the weekends, his co-workers offer to help transport him to and from work. Finally, a third individual comes in from 5:00am to 9:00am and is in charge of the coffee bar – making the coffee, cleaning the area around the coffee and making sure everything is stocked. Because of their dedication, even with managerial turnover, employees at Royal Farms of Curtis Bay are able to retain their jobs and remain successful.

TWILITE ZONE COMICS

Twilite Zone Comics is a small business in Glen Burnie. Bumper, the owner of Twilite

Zone Comics, has been a great partner, offering a unique

opportunity to an individual

OBI serves. Tim loves comics;

he is a wealth of knowledge,

and Bumper appreciated how

much information Tim could

provide on comics in his shop.

working with individuals who

have intellectual/developmen-

tal disabilities has allowed

Tim to secure a weekly posi-

tion with Twilite Zone Comics.

Tim's responsibilities include

completing comic inventory,

customers and bagging the

and tells every person who

will listen about his job. He

is proud of the work he does

with Twilite Zone Comics.

breaking down boxes, greeting

comics in plastic wrap. Tim en-

joys going to Twilite each week

Bumper's commitment to

Spun Compass Lasting Beauty Gets Its Start



To celebrate the start of her business venture, Shea McNally of Spun Compass Lasting Beauty gathered with supporters at the GSPACC office for a ribbon cutting and sample party, where attendees learned about her makeup and skin care line.

TLC Home Celebrates 10th Anniversary



After a decade of helping residents of Severna Park and Arnold stage their homes and achieve optimum organization, TLC Home was ready to celebrate. GSPACC joined owner Terry Cooch and her team for a ribbon cutting to mark the 10th anniversary and look forward to more years of success.

Park Tavern Changes With The Seasons

» Continued from A19

of "families, friends and wonderful people" who share an experience whenever they go into Park Tavern.

"It's more than just a meal and a beer to us. We genuinely try to make a connection with our guests," Johnston said. "The loyalty that is built through that relationship that we have with our community is something that we're very proud of it, and it's something that we pride ourselves on making stronger every

410-544-0072

single day."

Park Tavern is rolling out its new fall cocktail list. The restaurant will also participate in the chamber's annual holiday Taste and Sip at Homestead Gardens on November 14.

Park Tavern is located at 580

Ritchie Highway in Severna Park. It's open from 11:00ammidnight Monday-Thursday, 11:00am-1:00am on Friday and Saturday, and 10:00ammidnight on Sunday. For more information, call 410-793-5930 or visit www.parktavernsp.com.



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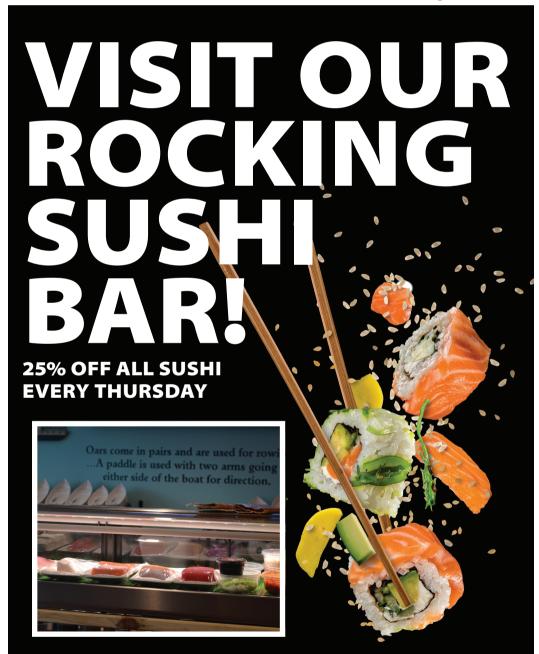
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NOVEMBER 1, 2018 B1 SEVERNA PARK, MD

Take One: Indian Creek Volleyball Wins Championship In First Season



The Indian Creek volleyball program didn't wait to make an impact in its first varsity season; the Eagles went 10-1 overall and won the Interscholastic Athletic Association of Maryland C Conference championship on October 27.

By Colin Murphy colin@severnaparkvoice.com

own 24-14 in the first set of Indian Creek's championship volleyball match with Friends at Goucher College on October 27, it looked like the No. 1 Eagles' dream season might be heading toward a bitter end.

But the Eagles embodied their mantra — "fight" — to rally for an improbable comeback, win the set and go on to claim the Interscholastic Athletic Association of Maryland C Conference championship 3-0 (30-28, 25-23, 25-20).

It was a storybook finish for the Eagles, who were playing their first season of varsity volleyball after starting as a club team last season.

"It's pretty crazy," said senior Alexandra Walls, who spearheaded the initiative to create the volleyball program at Indian Creek with her nowgraduated sister, Gabrielle. "It was completely full circle. I've been working on this since I was in eighth grade with my sister, she and I love volleyball, and it's something we do together.

Last year we had a club team, and this year we had an official team and we won the championship.'

The fledgling Eagles (10-1) didn't suffer the basementdwelling seasons that typically accompany a new program, instead bursting onto the scene and quickly establishing themselves as legitimate title contenders in the IAAM C.

Indian Creek lost only to St. Timothy's on September 25 and entered the postseason on a seven-game win streak. Following wins over Key and Beth Tfiloh in the playoffs, the No. 1-seed Eagles arrived at Goucher ready to cement the program as bona fide champions against Friends.

Even when the Quakers had 10 chances to ignite an upset bid by winning the first set, the Eagles were undeterred. Junior captain Reese Fortier served 11 straight points to put the Eagles up, 25-24, and the teams jockeyed back and forth until Walls scored on a kill to win the set, 30-28.

Coach Corey Somerville said the first set showed the Eagles staying true to their motto. » Continued on B6

Severna Park Girls Shut Out **South River For County Crown**



Severna Park players converge on goalkeeper Katie Byrd (light blue jersey) after sealing a penalty-shootout win over South River that clinched the county title. The Falcons enter the playoffs on a 10-game win streak with 13 shutouts in 15 games.

By Colin Murphy colin@severnaparkvoice.com

7ou've heard the adage: Defense wins L championships.

Look no further than the Severna Park girls soccer team for proof.

The Falcons (14-1) posted yet another shutout their 13th of the season

- this time blanking the formidable South River Seahawks over 100 minutes to defeat the Seahawks on penalties, o-o (4-3) and win the county championship

on October 23 at Chesapeake High School. The Falcons avenged their

only loss of the season they fell to South River 3-1 » Continued on B5

Double Up: Broadneck Boys Defeat **Mustangs Twice For County Trophies**

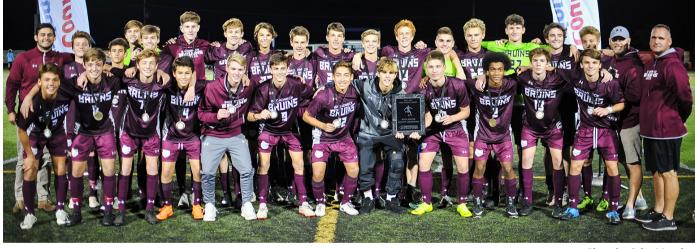


Photo by Colin Murphy

Championship smiles: The Bruins defeated Meade on penalties on October 23 to win the 2018 county championship.

By Colin Murphy colin@severnaparkvoice.com

■ ew people outside **┫** Broadneck High School envisioned the Bruins'

boys soccer team contending for county supremacy this season. Meade's talented team began the season with buzz as strong contenders in the county and 4A East.

Yet as October closed, it was the Bruins (13-2) who shut out Meade 3-0 to win the regular-season race for first before doubling down and defeating Meade (11-

3-1) on penalties, 2-2 (4-2) at Chesapeake High School on October 23 to win the 2018 Anne Arundel County championship. » Continued on B8

Severna Park Boys, Broadneck Girls Race To XC County Titles





Severna Park photo by Colin Murphy. Broadneck photo courtesy of Broadneck Athletics

The Severna Park boys cross country team claimed the program's eighth consecutive county championship on October 24; the Broadneck girls won the program's fourth straight county title.

By Colin Murphy colin@severnaparkvoice.com

ike an accordion. A unique nstrument borne of German precision that combines highly refined components working in delicate cooperation to produce an unmistakable sound

that's the current source of inspiration for the Severna Park boys cross country team.

"The way our coach likes to see it, we're an accordion," said Sam **Martin** proudly on October 24, drawing his palms away from each other, then back together, moments after

his team raced in the county championship at Kinder Park. "One man pushes the kid in front of him. That's probably what we attribute most

of the success of the team to, is the kids below us pushing."

By now the rest of the county is familiar with » Continued on B7

NOVEMBER 1, 2018 SEVERNA PARK VOICE

Severna Park Tops Northeast On Homecoming, 14-10





Player photo by Stephanie Mennell Photography. Team photo by Anna Grace Keller

Left: Severna Park quarterback Jordan Hallet scrambled away from the Northeast defense. Right: The Falcons and their fans celebrated a homecoming win for the first time in years.

By Dave Topp

Severna Park High School (5-4) remains in the hunt for a MPSSAA 4A East playoff spot after securing a come-frombehind 14-10 victory over Northeast High School on October 19.

The Falcons trailed by three points late in the fourth quarter of their homecoming game, the matchup all but decided, until the Falcons' Wylen **Tompkins** blocked a Northeast punt and recovered the ball for what was ultimately the gamewinning touchdown.

"We knew coming in that this was one that we needed," said Severna Park coach Will Bell.

Severna Park and Northeast entered the contest in similar situations. Each team, in the midst of an improved 2018 campaign, had won two consecutive games in their quests for postseason action.

"I'm extremely happy for our kids. Since I've been here, this is the first homecoming victory we've had," said Bell, who's in his fourth year as head coach.

The Eagles had been pinned deep into their own territory and were forced to punt late in the game. It was then that Tompkins burst off the line to make

the play of the game.

"I took off from the edge, no one was there, and I left the ground and blocked the punt," said Tompkins, who also added five tackles and a sack. "Once the ball hit the ground, my instinct kicked in, and I knew I had to pick it up and take it to the house."

The first quarter saw the teams play to a stalemate before the visiting Eagles took a second-quarter lead when Tyleek Coleman kicked a 21-yard field goal.

Northeast's **Danny Baker** added to the lead midway through the second quarter, carrying a couple Falcon defenders into the endzone on a 12yard touchdown run. Baker finished with 28 yards rushing on six carries, while also catching two passes for seven yards.

"We're old-school football. We're going to run the ball and run certain plays and you gotta stop us," said Northeast head coach Brian Baublitz.

The Eagles were led by running back Josh Krcik, who ran for 140 yards on

"That kid is a heck of a running back. He's one of the top backs in the county," said Bell.

The two teams went to halftime with Northeast leading, 10-0.

"At halftime, we told our

kids to settle down," Bell sacks, while **Riley Pitt** said. "We told them to take added six tackles. a deep breath. We have a

Let's go play." Severna Park found the endzone on their second drive of the second half, as **Deon Dorsey** took a 3-yard run in for a score.

whole half of football left.

Defenses on both sides played well to limit offensive output.

Jacob Cooley each led the Falcons with six tackles. Jordan Robinson added three tackles including a big fourth-down stop late in the game.

Northeast's **Matt Wukitch** tallied seven tackles, including multiple

After Tompkins blocked the punt and scooped it for a touchdown, the Eagles last-ditch effort downfield was intercepted by Severna Park's **Mikey Harmeyer**. The junior defender and return specialist finished with two interceptions on the evening.

"That's a tough loss. That's a tough way to lose," Baublitz said.

Following the win over Northeast, Severna Park traveled to Annapolis and suffered a 44-9 loss. The Falcons will finish the regular season at home against Arundel on November 2.





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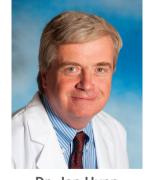
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NOVEMBER 1, 2018 SEVERNA PARK VOICE

Athlete Spotlight: **Ailee Briggs, Football**



Ailee Briggs plays 10U Green Hornets football.

By Colin Murphy

colin@severnaparkvoice.com

An athlete here in Severna Park is defying stereotypes and blazing her own trail on the football field this fall.

Ailee Briggs, 10, is one of at least two girls playing for an Anne Arundel Youth Football Association team this season. Briggs is a member of the Green Hornets 10U Division III team and is playing her fourth season of AAYFA football.

While girls are sometimes seen in the headlines playing football as kickers, Briggs is roughing it up in the middle of the field as a wing back on offense and a linebacker on defense.

"I like to tackle and hit," said Briggs when asked what she loves about football. She added she is not deterred by being the only girl on the team after all, she's better than the boys. "I enjoy that I can show

that I'm better than the boys, and I can prove that girls are better than boys," Briggs said.

In addition to playing 11U select soccer and Green Hornets lacrosse, she is also a state champion wrestler in the girls 76-pound weight class, a title she won last February while wrestling for the Pasadena Bucs.

She said wrestling, in which she competes against both girls and boys, helps her on the football field and vice-versa.

"Wrestling helps me, because it's the hardest sport you can do," she said. "It helps me with tackling, because when you shoot [in wrestling], that's basically the same thing as tackling."

A football highlight came for her in the Green Hornets' game against Crofton this season, when Briggs recorded a whopping six sacks on the Cardinals' quarterback.

Briggs' parents, Nic and Andrea, said football has been a great outlet for their daughter, who loves sports, is extremely physically active and is intensely competitive.

"Ailee's the type of person that just can't sit," said Nic Briggs. "She loves to be involved in all these sports, and she competes in everything. Everything is a competition."

While rugby might be the next sport she tries, for now, Ailee is focused on enjoying it all — football, wrestling, soccer, lacrosse and whatever comes next.

"I just love to play sports," she said.

First Time For Everything: Severna Park Girls Win JV County Championship



Photo courtesy of Laura Kelter

The JV Falcons defeated Broadneck in double OT in the first-ever JV county championship game.

By Colin Murphy colin@severnaparkvoice.com

Let the history books show: Severna Park produced the first Anne Arundel County JV girls soccer championship team.

The Falcons (12-0) achieved that distinction with a thrilling 2-1 victory over Broadneck at Chesapeake High School on October 23, getting a double-overtime goal from Kara Keaton to finish the season undefeated and secure the title in the first-ever onegame championship the county has played for JV girls soccer.

Severna Park sophomore Sydney Park said the Falcons were excited to have an extra chance to cement

their status as true champs. "I'm so happy that we had this to work for," said Park. "We started slow, but during the end we really came together and played our hearts out to get that last

goal in overtime." Broadneck looked to avenge a 3-0 loss to Severna Park earlier this season when they took a 1-0 lead early in the second half on a goal by Brenna Levin.

With five minutes left in the game, Severna Park's Reagan Clark scored off an assist from Emersyn Kelter to tie the game at 1-1.

"It was pretty exciting because we were undefeated [coming in], and we played them before, and they were a good team," said Clark. "It was kind of scary coming

in because we knew they would be pretty good. We started off a little slow, but we figured it out, and it feels so good. It's a good group of girls."

After a scoreless first overtime period, Keaton headed home a corner kick by Danielle Engelfried two minutes into the second overtime period to win the game.

Mallori Scheimreif made six saves for Severna Park, including several at close range to keep the Falcons' title hopes alive.

The JV Falcons are Keaton, Park, Clark, Kelter, Engelfried, Scheimreif, Lily McCulloch, Bella Glady, Sophie Krejci, Lea Titchener, Kenzie Rice, Megan Bast, Molly Frueh, Julia DiMarsico,

Rebecca Cremmins, Lucy O'Brien, Riley Edwards, Mackenzie Young, Courtney Youngwood, Ashley Faini and Kennedy Wolfe. They are coached by Pat Kelly and Eilish Kelly.

The county decided to have the JV championship soccer games after piloting JV county championship basketball events last season.

"We feel these events further highlight the extracurricular programming offered in our school system and provide our most important stakeholders — students — an opportunity to be showcased in a special way," said AACPS Athletics Coordinator Clayton Culp.

Coach Pat Kelly was proud to see the Falcons grow throughout the fall and punctuate their season.

"I'm very proud of the girls," said Kelly. "They conducted themselves very well both on and off the pitch. They worked hard throughout the season and improved tremendously as a result."

Cremmins said the Falcons met their own high standards to own a piece of history.

"I'm proud of our team because the last year we weren't undefeated, so we kind of broke that bad spell and we were undefeated throughout the whole season," said Cremmins. "It's cool that we won the first JV county championship, because they're going to know that Severna Park won the first one."

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Severna Park Girls Shut Out South River, Win County Championship



on September 17 — and won the county championship for the first time since 2011, when they program claimed the in-season

2011, when they program claimed the in-season county championship before beating Reservoir 1-0 in the District V championship (a one-off county championship game was not played that season).

This time, the Falcons took down their rival to win the 2018 county plaque.

"I think these types of games are a gut check," said Falcon coach **Brian Morgan**. "They're going to battle and we're going to battle, so it's just kind of, see where you are on that stage. Our compete level was there tonight, and it has been all year. I know there's another level we can get to. It's our goal to get better every game and play as many games as we can."

Having given up goals this season only to South River and Chesapeake (the Falcons beat the Cougars 2-1 on October 9; every other game has been a shutout win), Severna Park entered the county title game with confidence, and a strong



Photos by Colin Murphy

The Falcons celebrated their county championship following a penalty shootout victory over South River on October 23. Goalkeeper Katie Byrd made a critical save in the penalty shootout, while the defense of Madeline Altman (18), Kailyn McCulloch (29) and the entire Severna Park team helped the Falcons to their 13th shutout of the season.

defensive performance was needed against South River (12-1-2), which entered the game undefeated, riding a 10-game win streak and averaging four goals per game, having not been held scoreless since a 0-0 tie in their first game of the year back on August 31.

Severna Park delivered. The back line of **Chase Campbell**, **Kiersten Crowley**, **Emily Knight**and **Lena McLaughlin**and holding midfielder **Madeline Altman**smothered South River's corps of scoring wings and forwards, turning defense

corps of scoring wings and forwards, turning defense into offense throughout the night. Kailyn McCulloch, Lauren Campbell, Toni Fiocco-Mizer, Chloe Nagel, Joi Fleming, Rachel Spilker, Sam

Cremmins and Bella

Espinoza battled for control in the midfield, hampering South River's normally potent attack.

Severna Park managed seven shots on goal — none closer than a first-half free kick by Chase Campbell that clanged the crossbar from 20 yards away — and forced South River goalie **Julia Cobb** into repeated action.

Falcon goalkeeper **Katie Byrd** had only three shots come her way, and she saved them all, keeping a special save in her back pocket in case of a penalty shootout.

One hundred minutes wasn't enough to decide a winner, and the teams went to penalties.

Altman sank her penalty to give the Falcons a 1-0 start, and Byrd stepped up to face South River's **Elizabeth Gleeson**, who scored two goals back on September 17 in that 3-1 win for the Seahawks.

Byrd sized up Gleeson's shot and dived right to punch it away with two hands.

"I was just going through my mind that I had to save it," said Byrd. "We practice penalties a lot. It was just second nature, good coaching and faith in my teammates."

The momentum carried, as McCulloch, Chase Campbell and Fiocco-Mizer all buried their shots for Severna Park. South River missed its fifth attempt, and the Falcons converged on Byrd in a team hug between the box and midfield, penalty shootout winners and freshly minted county champions.





"The whole group.
Everybody stood out
in their own way," said
Morgan. "The players who
took [the penalties] wanted
to take them, and they did
an outstanding job with
that. It's not an easy thing
to do. They wanted to take
it, and whatever happens,
we've got their back. It
worked out tonight, and
Katie made a save."

With wins over both Broadneck and South River in the same season for the first time in years, the Falcons have confidence entering the 4A East playoffs.

"We've been working toward the bigger goal, and so every game, we try to raise our level. It was really awesome to get this milestone and beat a really good team, because South River is really awesome," said Byrd, who added she was "honored to play" with great coaches and great teammates.

"It definitely gives us confidence and a boost," she said, "and hopefully we just keep getting better every game, toward the bigger goal."



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B6 NOVEMBER 1, 2018 SEVERNA PARK VOICE

Take One: Indian Creek Volleyball Wins Championship In First Season







Photos by Colin Murphy

Reese Fortier (2) and Charlotte Dickinson (15) blocked at the net, while Laila Ivey (14) leaped for one of her 20 kills in Indian Creek's IAAM C Conference championship victory.

» Continued from B1

"We've been here before, and our motto is 'fight,'"
Somerville said. "We may mess up, we may have first-match jitters, whatever the case, but we're going to fight. When you come up against Indian Creek, you've got a fight on your hands. You better be ready to go 12 rounds, because we're going to fight to the end. We may get down, but we're not giving up."

Fortier steadied her teammates in a timeout when the team faced Friends' set point down 24-14.

"I just told everyone to

take a deep breath and play our game, play how we know how to play," Fortier said. "We know how to pass, and we beat them before. We just had to take it one point at a time."

Riding the momentum, the Eagles never trailed after breaking a 10-10 tie in a closely-battled second set, holding a slim lead the rest of the way and winning, 25-23.

By the time the Eagles raced out to a 7-0 lead in the third set, the Friends students who had been practically spilling onto the court while boisterously heckling Indian Creek's

players were now seated and quiet, checking their phones.

Indian Creek maintained control in a close third set. Outside hitter **Laila Ivey** finished the match with her 20th kill, a thunderous smash that ended the set 25-20 and vaulted the Eagles to their perch as conference champions.

Just a freshman, Ivey said the program is not slowing down from here.

"Our coach always told us to fight, so that's what we did. We never gave up," Ivey said. "We'll just keep working and let all the new people know that we don't play. We always work hard."

Megan Kuhns, one of two seniors on the team with Walls, came up with a slew of key digs during the close second set and throughout the match. Sophomore setter Sarah Hawes had seven aces. Walls, Hawes, Charlotte Dickinson and Kaya Lesikar provided steady blocking at the net. Fortier and freshman defensive specialist **Alex Allen** were crucial to the team's defense. Kuhns, Portia Fernandes, Julia Mead, Emma Bach, Sophie Whitney, Kalley Huff and **Ashley Damm** fortified the Eagles' effort.

Somerville, who coaches

the team with assistant **Stephen Roth**, said the Eagles overcame early struggles this season, took to his strength and conditioning training and turned their goals into reality.

"It was their ability to bring each other together," said Somerville. "I came in and brought strength and conditioning and things like that. When they learned they could make it through that, it was just a buildup of heart and intensity and drive. We just kept it all season."

The volleyball program is the latest athletic championship for Indian Creek, which produced champions in baseball and boys lacrosse last season and has past championships in boys soccer, girls lacrosse, boys basketball and girls basketball.

Fortier said the team's

goals grew and developed just as the players did, and the championship was a bonus to an already special season.

"I never thought we'd ever get here. Our coach came in at the beginning of the year and said, 'We're going to make it all the way to the championship, we're going to take off and win it,' and I said, 'This guy's crazy!'" Fortier said, laughing. "I said, 'There's no way.' But he worked us hard, and we worked hard, and the more he believed in us and the more we started to believe in ourselves, the better we started to do. I think the most special part of it for me was just having a team and being part of a team and bringing everyone together, and we are all so close now and have such a tight-knit bond, that even if we had lost this game, the season would have been a win for us."

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Severna Park Boys, Broadneck Girls Race To County XC Championships

>> Continued from B1 the Falcons' distinct melody, and they're feeling the pinch of the squeezebox, too.

Severna Park raced to yet another display of team dominance in capturing the county championship at Kinder, placing five of the top eight runners and seven of the top 12 to finish with a team score of 24 and easily outpace South River and Arundel in a precursor to the region championships and the season's main event, the state meet at Hereford High School on November 10.

On a day when Broadneck's girls shined as team champions, the Falcon boys drowned out any other noisemakers in winning the program's eighth consecutive county championship and 11th in the last 12 years. Garrison Clark won the race in 15:34.34 and was followed by runner-up Martin, South River's Sam Keeny, Old Mill's Jared Leath and Arundel's **Tanner** Piotrowski before a wave of Falcons: Jake Gelfand (sixth), **Matthew** Bateman (seventh), **Nick Engelman** (eighth) and Nathan Vandemeulebroecke (ninth). Tate Spencer was Broadneck's top finisher, taking 10th, while Severna Park's **Alexander Chaisson** (12th), James Dennison

(17th) and **Joshua Weist** (18th) made it
10 Falcons in the top
20 of the 115-runner
field and assured yet
another autumnal photo
op with county trophies
and medals.

Clark, who repeated as county champion, said the Falcons are excited to time the arc of their training to the grand recitals of the region and state meets.

"I think we're really just trusting in what our coaches have done for us, and we're just excited to race," he said. "We're getting back into postseason, and we're ready to push each other, hopefully to do really well."

In the girls race, which occurred prior to the boys race at Kinder, Broadneck also played a familiar tune, and a harsh one for Severna Park: The Bruins snuck up on the field, placed five runners in the top 15 and stunned the Falcons by totaling 38 to outpace Severna Park's 44 and South River's 83.

It's the fourth straight county crown for the Bruins, who embraced the role of underdog coming into the race.

"Every year we're the underdogs coming into counties, because our team really comes together, and we show up when we need it," said Broadneck junior **Anna Janke**, who placed third

in 18:51.90 and was the Bruins' top finisher.
"We're an extremely close team, and we put it together when we need to, especially at counties. We've won it the past three years, so we know how much it means to win this one."

Annapolis' **Anna Coffin** won the race in 18:36.70 to repeat as county champion and ensure five consecutive seasons of a Coffin sister winning the county — Anna's sister, **Maria Coffin**, won the county three straight years from 2014 to 2016.

South River's **Bronwyn** Patterson placed second and was followed by Janke, Broadneck's $\textbf{Mollie Fenn} \ (fourth \ in$ 18:52.30) and teammates **Madison Palmer** (seventh), Madeleine **Hurley** (ninth) and Brooke Quillen (18th) to give the Bruins their winning total. Broadneck's Grace Denius (29th), Lilah Sage (31st), Julia Sokolowski (35th), Gabriela Wikar (43rd) and **Maya Sage** (45th) ran to solid finishes in the 90-runner field.

Fenn, a freshman, admitted she was a little nervous to race in counties, but she drew strength from her team.

"I was a little nervous coming into it, which is unusual for me," she said. "Counties is kind of a big name, but after I got on the starting line, I just felt really good and really ready ... I love my team. They are so supportive. It really varies. You can always find that person who has a similar time to you, and you can run together, and you always know that they'll encourage you and help you through the race. I know my teammate Anna really helped me a lot next to me, because she really pushed me.'

Broadneck coach Brianna Bostic knew Severna Park was the favorite. That was just fine with her.

fine with her.

"[Severna Park winning] was what everybody was expecting," Bostic said. "I even told my girls, 'We're the underdogs. We're expected to take second. So you have nothing to lose. All you have to do is go out there, and if it doesn't work out, you're right where you were supposed to be.' That's I think the best position to be in, going out there and seeing what happens.

"The confidence level for regions and states is, we know what we can do. We know we can compete. We work on the little things to get even better. Hopefully the training comes through and we peak right at the right time."

Solid placements were not enough to capture the day for the Falcons, who nonetheless will have a chance at redemption at the forthcoming region and state meets. Severna Park's Alyssa Combs (fifth), Kelsie O'Neill (sixth) and the 10th through 17th wave of Caroline Gage, Cameron Zaniker, Bella Dowdell, Brenna Mullaney, Kamryn Eveleth, Sophia Zell, Cara Vandemeulebroecke and **Grace Cambon** figure to give the Falcons a strong chance to overtake their rivals at regions and states.

FALCON BOYS, GIRLS EXCEL IN JV RACES

Severna Park's future looks as bright as its past and present as the JV Falcon boys dominated their county race at Kinder, achieving a perfect score of 15 to win the team totals ahead of South River (54) and Broadneck (89). Eighteen of the top 19 finishers in the boys B race were

Falcons, led by **Philip** Bansemer, who won the race in 16:57.10. Bansemer was followed in the top 10 by teammates, in order: Reid Figlioli, Gavin Ivey, Jacob Martin, James Louie, James Glebocki, Isaac Roe, Daniel McBride, Carson Sloat and Ronan Byrne. South River's David Loomis crashed the Falcon party by taking 11th, and another wave of Falcons followed in the 12-19 spots: Mark Antal, Spencer Woodbury, Josh Mercado, Collin Mullaney, Matt Chaisson, Eric McAlexander, Mason Siebenhaar and Chris Kirchner.

The Falcon JV girls also experienced success at Kinder Park, totaling 23 to defeat Broadneck (48) and South River (52). The Falcons' Abby Weist won the race in 21:08.24. Nadia Aljunaidi and Marisa Dinunzio went silver-bronze for the Falcons, while Rilev Wilborne (sixth), Abby Siebenhaar (11th), Neela Baker (14th), Rory Wahlig (16th), Grace Yearwood (18th), Sophia Dutton (19th) and Kyla Paydo (21st) all ran strong races for Severna Park.

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NOVEMBER 1, 2018 SEVERNA PARK VOICE

Athlete Spotlight: Cora Burkley, Dance

By Colin Murphy colin@severnaparkvoice.com

Cora Burkley wasn't dealt the greatest hand. Burkley, 17, a senior at Broadneck High School, was born with an array of congenital heart defects, including an audible murmur resulting from a residual hole, a complete heart block, compromised aerobic capacity and pacemaker dependency. She underwent open-heart surgery at 3 months old and has endured a lifetime of surgeries, procedures and doctor visits to track and maintain the health of her heart ever since.

But none of that has stopped Burkley from dancing.

Burkley is now embarking on her seventh year with the award-winning Level Dance Project in Annapolis, where she has achieved the status of senior dancer, a prestigious accomplishment for someone who has endured repeated surgeries and recoveries throughout her lifetime.

"I am not who I am despite my condition, but because of it," said Burkley. "However, that does not mean that I am defined by it. What defines me are the choices that I make in my life."

For now, Burkley's choice is to keep dancing. As a child, she wanted to participate in the same contact sports that other kids play, but the delicate nature of her condition and the sensitivity of repeated surgeries hampered her ability to play traditional sports. Her energy levels fall faster than her peers, and she is



Broadneck senior Cora Burkley is an esteemed senior dancer at Level Dance Project in Annapolis despite enduring a lifetime of surgeries stemming from congenital heart defects.

more susceptible to outside illnesses. This made running around the tee-ball field in protective helmets and pads a little unsettling and the energy demands of swimming unsustainable.

Eventually Burkley came to competitive dance, in which she has excelled ever since. Despite lengthy stints in recovery from surgery, Burkley continues to commit up to 20 hours per week to ballet, pointe and contemporary dance training as well as conditioning and jazz classes, which she uses to form routines she takes to regional and national competitions, both as a solo dancer and with

her peers at Level Dance Project. Burkley main-

tains a weighted 4.24 weighted GPA at Broadneck High School, is an active philanthropic community member and is a member of Broadneck High School's National Honor Society.

"She is by far the most dedicated athlete I know, with the stamina to prove it," said Burkley's sister, **Bridget Burkley**. "Cora is by nature an extremely tranquil person. What is unique about my little sister is her acceptance in the face of those things she cannot do.'

Cora was voted "Most Inspirational" by her Level teammates

this year after recovering from her latest surgery in the middle of dance season. She faces another surgery in 2019 to alter her implanted pacer device but said she doesn't consider herself courageous and will not be stopped from being the person and dancer she is.

"I never understood [courage], as the word courage implies that one has an underlying fear of a dangerous situation," said Burkley. "I have made a conscious decision to not attach fear to my heart condition. A more accurate description of me would be 'content.''

County Double: Bruins Defeat Mustangs

>> Continued from B1

"They did an outstanding job competitively," said Broadneck coach Sean **Tettemer**, who said the Bruins have been building toward a season like this. "These guys have been together for a while, and I'm very close with this group from top to bottom. We took a lot of lumps last year, and we did it together. We fought through it and tried to do the best we could. This year, we're seeing the dividends."

Broadneck's strong season kept rising with its county-title victory over a fast and physical Meade team at Chesapeake. The Mustangs' Evan Marx finished a pass from Silas Baker on 15 minutes to give his side an early 1-0 lead, but Broadneck's Ethan Romito hit right back with a goal less than a minute later to tie the game at 1-1. Broadneck's Tyler Madairy scored off an assist by Romito on 34 minutes to make it a 2-1

the Bruins. Meade's scoring corps struck back in the second half. Tosin Ayokunle onetimed a beautiful cross from Erick Anariba on 55 minutes to level the game at 2-2.

halftime advantage for

Anyone who complains of scoreless stretches in soccer would have had a hard time holding their stance while watching the last 35 minutes of the game and two overtime periods, when the teams tore up and down the field and one-upped each other with incisive passing sequences and defensive playmaking. Meade goalkeeper **Shane Steele** stonewalled consecutive sure-fire goals by Broadneck, saving shots by Madairy and Reilly Joyce.

At the other end, Broadneck's **John Vaaler** made five saves in the second half and OT, while the back line of Joyce, **Joey Orofino**, Aaron Lawrence and John **Robillard** furiously cleared their lines with an array of soaring headers and on-thespot interventions.



Broadneck's Ethan Romito attacked against the defense of Meade's Sam Chambers during the Bruins' victory over the Mustangs in the county championship on October 23.

Still tied 2-2 after two overtime periods, the teams went to penalties. Romito sank his kick to open, and Vaaler seized the momentum by saving Ayokunle's attempt. After penalty scores by Broadneck freshman Mikey Johnson and Madairy and a Meade make and miss, Ethan Loftis stepped to the spot with a chance to clinch the crown.

He buried his shot, setting off a celebration for the Bruins.

The Bruins shut out Meade 3-0 just five days earlier on October 18 to clinch the regular-season county championship behind two goals by Johnson, both assisted by Sebastian Radovic, as well as seven saves by Vaaler and three by Fred Hill. Broadneck has relished the competition with Meade. The boys showed respect for their opposition in what was a great show for family and fans.

"I think Meade's a really great team, and this game in particular really gets us in the mindset going into playoffs, because I know we're really going to play a lot of teams like Meade

and everyone's going to want to win, and I think this game is great to get our minds straight for that," said Vaaler.

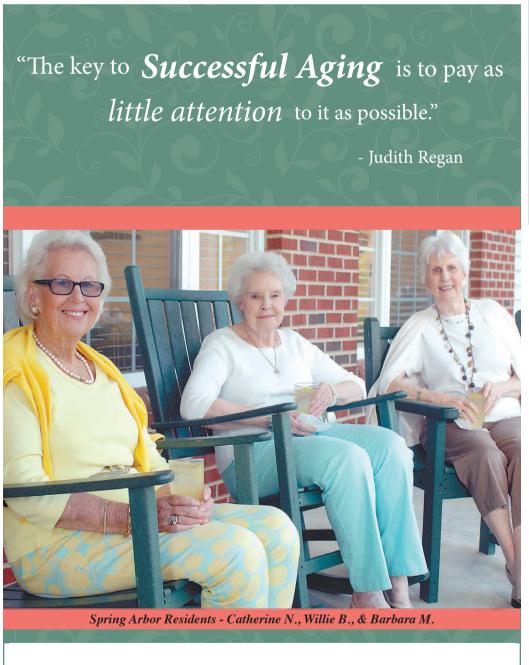
Romito was steely in comments, crediting the team and turning attention to the mission of the 4A East playoffs.

"I think our whole team played well. We all have a piece in this game and each game. Both [wins] against Meade, we all had to come into it together," said Romito. "We have to come out in the first game of the playoffs on fire, because you can go home at any point. Obviously as seniors, we don't want to do that."

The Bruins and Mustangs could meet in the 4A East final on November 6. Both teams have first-round byes. Meade has Severna Park in its section. The Bruins would have to travel to Leonardtown on November 2 for the section final.

Vaaler said the Bruins are of the same mind.

"Everyone knows what's up," he said. "We're all hungry, and we all have something to prove, and I think we're going to do it this year."



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SEVERNA PARK VOICE

This Is No Illusion:

BHS Filmmakers Have "The Magician" Screened In Times Square



Photo by Parker Crandall

Jerrel Barnes (left) and Paul Cosby created a short film about a magician whose family tragedy leads him down a dark path.

By Parker Crandall Student Intern

n writing, scenes and stories can seem stale. Characters and scenes can become monotonous without a dynamic setting. Two Broadneck High School filmmakers, Paul Cosby and Jerrel Barnes, are being recognized for their ability to engage audiences with a memorable story.

Their film, "The Magician," was selected by the All American High School Film Festival committee to be screened at the AMC » Continued on B15

Spreading Kindness One Rock At A Time

SCHOOL & YOUTH

By Sharon Mager

Thile working on their Silver Award, the highest award a Girl Scout Cadette can earn, members of Girl Scout Troop 10442 found a sustainable way to spread kindness.

The 12- and 13-year-old girls wrote encouraging chalk messages in front of their schools during a spring testing week, and they prepared meals for someone who was sick. They also delivered cookies and cards to residents of Sunrise Senior Living. However, the most engaging, and sustainable project has been developing a rock garden at Kinder Park in Millersville.

Lisa Shrout, who led the troop with Amy Demo, said while thinking of project possibilities, she remembered an abandoned garden plot at the park.

"The girls liked the idea of decorating rocks and taking care of something," Shrout said. "They thought that if someone is having a bad day, he or she can pick up a rock with an encouraging message and take it home with them, or maybe give it to someone else."

The project took some organization. First, the



Photo by Sharon Mager

A local Girl Scout troop decided to spread some kindness by making a rock garden and painting the stones with encouraging messages.

girls met with park superintendent Bill Offutt to gain permission. Offutt was pleased with the girls' plan but cautioned them to consider the deer popula-

tion and choose deer-resistant plants.

Then, they researched rock garden designs, visiting Anne Arundel Lawn and Garden Center in Severna Park to consult with professionals in choosing their plants. The Cadettes drew a diagram to show where everything » Continued on B12

Benfield Elementary Unveils New Outdoor Nature Space



outdoor learning committee recently revealed its new outdoor nature space. This area,

brate and inspire outdoor learning and play.

The nature space includes four areas. An motor skills. The science, technology, engineering and math (STEM) area is

ideal for constructive and

is intended for solitary and exploratory play. Lastly, the dramatic play area is complete with

creative play.

The outdoor learning committee is chaired by Benfield parent Allison

Holcomb. Other committee members include Jordan Blackburn, Jess Duncan, Betsy Gonzalez, Susan Knapp and Lizzie Willis.

"Our goal was to design an outdoor space available to all students each day for both free play » Continued on B14

SPHS Sophomore Gives Back In A Sweet Way



Jacqueline Cloud (center) was joined by several classmates as she helped English teacher Leala Smith raise \$230 for Harvest for the Hungry by selling baked goods.

By Monica Resa

₹ very year, Anne ◀ Arundel County ■ Public Schools runs the Harvest for the Hungry campaign to help the Maryland Food Bank. During the wildly successful collection, schools raise thousands of dollars and many tons of food

for the 43,000 people, 47 percent who are children, facing food insecurity. Some schools even create friendly competitions between grades and classes,

I think she (Jacqueline Cloud) deserves some recognition for choosing to spend her Saturday earning money to give back to the Maryland Food Bank."

— LEALA SMITH SPHS ENGLISH TEACHER

and this year is no different, according to Leala Smith, an English teacher at Severna Park High.

'Teachers try to get their students to donate the most money and food items," Smith said. "The winning teacher gets the Bruce Blackman Harvest for the Hungry Award, which is named after beloved English teacher Bruce Blackman, who passed away untimely last September. Last year, I won it, and I want to win the award again since he was my English teacher » Continued on B15

SPHS Stage Company To Present "Mamma Mia!" November 9-17

By Isabel Gonzalez Student Intern

This fall, Severna Park High School is putting on the musical "Mamma Mia!" accompanied by a live band. "Mamma Mia!"

son in 1999, and it incorporates a collection of songs by ABBA.

The show is set in the Greece Islands at a hotel owned by the over-worked Donna Sheridan, played by senior Isabel Gonzalez. Donna is arranging wedding plans



Photo by Isabel Gonzalez (L-R) Jared Smith, Emily Allgair, Lacey Ordakowski and Nick Ivey are among the students involved in this year's production of "Mamma Mia!"

B10 NOVEMBER 1, 2018 SEVERNA PARK VOICE

SPHS Students Get Snazzy For Homecoming





Photos by Stephanie Mennell Photography Following spirit week, Severna Park High students traded their Falcon apparel for formalwear during homecoming on October 20. Before they headed inside the school for an evening of conversation and dancing, they posed outside for pictures.

November Dates To Remember At Area Schools

ALL SCHOOLS

Anne Arundel County Public Schools will be closed on **November 6** for Election Day. On **November 10**, the Family Involvement Conference will be held at Anne Arundel Community College. The conference includes a continental breakfast and lunch. To register, call 410-222-5309. American Education Week is **Novem**ber 12-16. Report cards and progress reports will be distributed on **November** 20. Public schools are closed from November 21-23 for Thanksgiving.

BELVEDERE ELEMENTARY SCHOOL

On Wednesday, No-vember 7, and Thursday, November 8, Belvedere students will have two-hour early dismissals. The Belvedere Elementary PTA is having its monthly meeting on November 12 in the media center at 6:30pm. If you missed Picture Day, remember to wear your best smile for Picture Retake Day on November 19.

CAPE ST. CLAIRE ELEMENTARY SCHOOL

On Thursday, **November 8,** and Friday, **November 9,** Cape St. Claire students will have two-hour early dismissals. Did you miss Picture Day? You can still make it into the yearbook! Picture Make-Up Day is on **November 16**.

JONES ELEMENTARY SCHOOL

Third-graders at Jones Elementary School are taking their quarterly assessments. The math assessment will be on **November** 2 at 9:30am, and the science assessment is on **November** 9 at 2:00pm. Jones students will have a two-hour early dismissal on Thursday, **November 8**.

SHIPLEY'S CHOICE ELEMENTARY SCHOOL

Friends and families have plenty of chances to visit Shipley's Choice this month! Special Friends Day is November 12, and there will be a musical presentation in honor of the Shipley's Choice veterans. All veterans in attendance will be acknowledged during the program. Parents have two opportunities to visit their children's classrooms in November. The first visitation day is November 12 from 9:45am-11:00am, and the second day is **November 13** form 1:45pm-3:00pm.

MAGOTHY RIVER MIDDLE SCHOOL

Were you absent for Picture Day? Make-Up Picture Day is **November 2**, so remember to wear your best smile!

SEVERN RIVER MIDDLE SCHOOL

On **November 8**, students have a two-hour early dismissal. Show your school spirit on **November 12** at The Point Crab House & Grill. From 6:00pm-10:00pm, a portion of proceeds will benefit Severn River Middle School. On **November 14**, the PSTO has its monthly meeting in the media center at 6:30pm.

SEVERNA PARK MIDDLE SCHOOL

November is a busy month at Severna Park Middle School. On **November 8**, the PTO is having its monthly meeting at 6:30pm in the media center. Ahead of the second marking period, students have two-hour early dismissals on Thursday, **November 8**, and Friday, **November 9**. Show your school spirit at Ledo Pizza in Severna Park on **November 20**. All day, a portion of proceeds will go back to the middle school.

BROADNECK HIGH SCHOOL

Ahead of the second marking period, Broadneck High School students have two-hour early dismissals on Thursday, **November 8**, and Friday, **November 9**. The Class of 2020 Ring Breakfast will be on **November 13**. That evening, there will be an information session for the Performing Visual Arts magnet program. If you have any questions, call 410-533-4815 or 410-222-5435.

SEVERNA PARK HIGH SCHOOL

Are you taking the SAT? There is an SAT Prep course on **November 4** from 9:00am-5:30pm. The SPHS S₂SP Club is hosting a Veterans Day luncheon on November 9 from 12:30pm-2:30pm in the high school cafeteria. The lunch is a way to thank and honor veterans who served the country. For more information, contact Shira Levy at srlevy@ aacps.org. Here we go again! The school's fall musical is "Mamma Mia!" and it runs from **November 9-11, 16** and 17. Tickets are now available online at www. sphsdrama.com. The PTO is holding its monthly meeting in the school office at 7:00pm on **November 20**.

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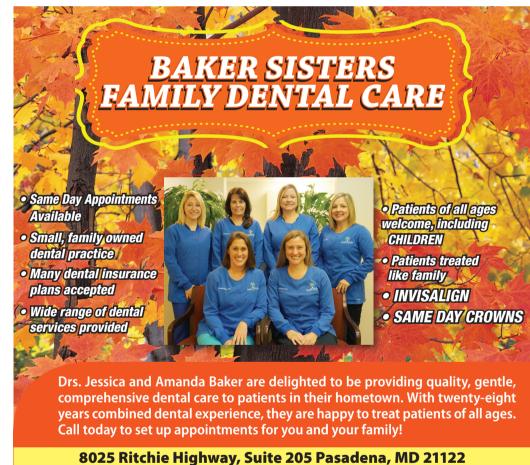
Open House November 6th, 9am to noon and 7pm to 8pm Call to schedule a tour or join us for Welcome Wednesday between 9-10am



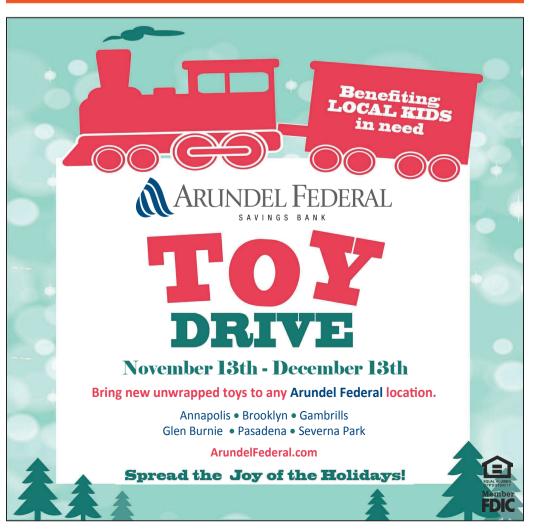
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SEVERNA PARK VOICE NOVEMBER 1, 2018

American Legion Post 175 Hosts Halloween Party







Photos by Stephanie Mennell Photography Where could you find superheroes, cartoon characters, animals, princesses and other interesting alter egos on a typical Saturday like October 20 in Severna Park? At the American Legion Post 175, of course! Youngsters donned their Halloween costumes for an early celebration that included arts and crafts, a hayride, and refreshments.

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Success Stems From Many Interests For Broadneck High's Robotics Club

By Maddie Roth Student Intern

Broadneck High School's robotics club and Technical Student Association (TSA) isn't "just about STEM," said Katheryne Lockhart, junior and co-president of robotics at BHS. "[The club] helps in such a diverse way; you're able to learn more about leadership and yourself."

The two clubs include more than 60 members, and both are run by Maryland's TSA Advisor of the Year, Christopher Olsen. TSA allows students to compete in architecture, video game design, photography and fashion design among other categories of a broad spectrum during Maryland's annual TSA competition.

During last year's competition, three Broadneck students brought home awards. Troy Spencer, junior and president of BHS's TSA, achieved first place in architecture with his model of a sustainable home that emulated the theme of saving energy. Similarly, sophomore George Witt and junior Josh Bowman won first place in video game design. Overall, the club's competing robot, named Do You Even Lift, advanced to the national competition.

"Technology is the future," said Witt, co-president of robotics. "It's great to see like-minded people who have the same interests working together."

To students, forming friendships is as rewarding



Broadneck High School's robotics club and Technical Student Association (TSA) include more than 60 members.

as the competitions.

"I feel like I can really be me," said Lizbet Herrera, junior and vice president of community outreach. "It's a comfortable and friendly environment, and Mr. Olsen is an important part. He's very supportive."

This is Olsen's third year as TSA adviser and the third year the club has been available at Broadneck. He's excited for the students to "explore different fields and competitions, allowing them to challenge themselves. It's a true studentrun organization."

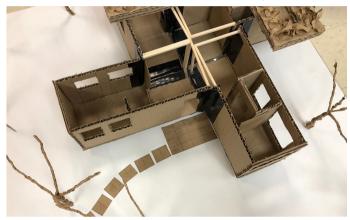
In addition to working together to build and program projects, students handle the business side of TSA by reaching out to potential sponsors and writing grants. "Sponsors keep the club running," said Herrera, referring to their 10 sponsors, which include the Armed Forces Communications and Electronics Association (AFCEA) and Maryland State De-

partment of Education (MSDE). The organizations rely on their sponsors for buying expensive parts through VEX, a competition platform and parts distributor, since the county doesn't offer a budget to TSA.

To contact and learn more about the BHS robotics club and TSA, visit www.broadneckrobotics.com or find it on social media @broadneckrobotics.



The club's competing robot, named Do You Even Lift, advanced to the national TSA competition last year.



During last year's TSA competition, Troy Spencer achieved first place in architecture with his model of a sustainable home that emulated the theme of saving energy.





Missed A Day? Parents And Students Should Note The AACPS Absence Policy

ABSENCE

When a student is absent from school, upon return to school, the student must, within three school days of being absent, provide a dated absence note to his or her first-period teacher. The note should include the following:

- Full student name
- Date of absence(s)
- Reason for absence(s)
- Parent name and signature Parent contact number
- Students who bring an absent note (within the three school days of being absent) will receive an Admission After Absence pass. Absent notes received after the third day need to be taken by the student to his or her assistant principal for consideration of approval. Note that approval is not guaranteed.

When a student is leaving early from school, the student must check in with the attendance office that morning before school (between 7:05am and 7:25am) and provide a dated early dismissal note that includes the following information:

- Full student name
- Date and time of early dismissal
- Reason for early dismissal Parent name and
- signature

Parent contact number

If the parent requires another adult to pick up the student for early dismissal, the full name of this adult must be included on the early dismissal note or listed on the student's emergency card. The attendance office will provide the student with an early dismissal pass. The student will show this pass to the classroom teacher when it is the authorized time to leave; then the student will sign out in the attendance office upon leaving the building. The pass should be shown to teachers of classes missed on the day the student returns to that specific class.

The attendance office will contact the parent/guardian by phone on the morning of the early dismissal to confirm the early dismissal request. Once confirmed, the student may sign out via the attendance office and the parent can wait in the vehicle for the student to expedite process.

EARLY DISMISSAL

If a student leaves on early dismissal and returns to school the same day, the student will sign in at the attendance office before returning to class.

Ill students will receive an early dismissal through the

health room, but ill students must report to the health room and not text or call parents independently of this procedural step. Again, the student has the responsibility of showing the early dismissal

pass to the teacher of any

classes missed.

Except for early dismissal, students may not leave the school grounds from the time of arrival until the end of the school day. Requests for early dismissal should be only for matters of an important nature that cannot be accomplished outside of school hours.

LATE ARRIVAL

When a student arrives late to school, the student must sign in with the attendance office prior to going to class and provide a dated late arrival note. The note should include:

- Full student name
- · Date of arrival
- Reason for arriving late
- Parent name and signature
- Parent contact number

A parent is not required to check the student in if a dated late arrival note is provided with information regarding the student's absence.

The student will be issued a tardy pass, stamped with

the date and time of arrival to school.

NOTE FOR ATHLETES

Per the AACPS Office of Athletics and the athletics handbook, "each studentathlete is required to attend all scheduled classes. In the case of extenuating circumstances, the principal (or designee) of the school may grant an exception for excused class absences." In addition, studentathletes are to maximize their time in school if they will miss any portion of the day for an appointment or any other reason. If a student-athlete is late to school for an unexcused reason, they will not be able to participate in that day's game or practice. If the absence is due to a doctor or dentist visit, a doctor's note must be brought back to school so administration can verify an excused absence. Other extenuating circumstances for late arrival or absences must be approved through administration in order to practice or play a game that day.

Spreading Kindness One Rock At A Time

» Continued from B9

would go, and they established a watering and weeding schedule.

"They spent a very hot and dry spring and summer tending to the plants and weeding the area," Shrout said.

They bought rocks, and they spent some fun hours decorating them with inspirational messages of love, hope and strength.

Lisa's daughter, Darby Shrout, said her favorite part of the project was decorating, but she also liked the idea of people seeing the rocks. "It was so fun to imagine people looking at the garden and smiling at the kind words and phrases written on them," Darby said. "Also, after our work was finished. we would sometimes be packing up our tools, and see people walking along and stopping with their kids and pointing out at the rocks."

Jessie Jacobs liked

seeing people smile as they passed by. "They often comment on how much they like the garden," she said.

Demo moved, and the troop disbanded at the end of the school year. All of the girls transferred to Troop 5302 with leader Laura Knox, but Lisa Shrout is continuing to help the girls attain their award. She will pass the garden to the new troop.

The girls hope to raise money for a new plaque for the garden and include "instructions" for people to take a rock that speaks to them and to continue to spread kindness by bringing a rock to add to the garden.

Also, the girls have discussed the project with other Girl Scout troops and hope to inspire other rock gardens, as well as encouraging others to add to the one they started.

The Cadettes hope their garden spreads kindness forever.

SPHS To Present "Mamma Mia!"

» Continued from B9

for her daughter Sophie, played by junior Sarah Kalafos, and her fiancé, Sky, played by sophomore Nick Ivey, when three of her past lovers and potential fathers of Sophie make a sudden appearance the day before the wedding. Taken aback, Donna continues to plan the wedding; however, she is confronted by her past.

The cast of "Mamma Mia!" has been rehearsing every day for almost two months under director Angela Germanos. Junior Rachel Hartley plays Sophie's friend Lisa. She said she "can already tell the show is going to be full of energy and talent."

Severna Park High

School productions allow students to be involved within leadership roles, such as student directors and band leaders. There are two student directors of "Mamma Mia!" — junior Emily Allgair and senior Josie Horrell. Both are working alongside Germanos to produce a fantastic show. Senior Ricardo Calvo is the band leader for the production. Other student musicians and he are accompanying the whole show, rehearsing weekly to perfect the score.

There is a lot of work done behind the scenes – costumes to make, sets to build, dances to choreograph and much more. "It's the energy involved within the cast, creating an uplifting experience," said Lacey Ordakowski, a junior.

Despite the heavy workload, students are passionate and excited about the production. Junior Zoe Smith is a part of the musical's vocal ensemble.

"I am looking forward to seeing the show come together and watching our hard work shine," said Smith. Other students, such as senior Abby Burns, who plays Rosie, are optimistic. "I can't wait to do what I love, performing every night with all my closest friends," she said.

The show will run November 9-11 and November 16-17. Tickets can be purchased at www.sphs*drama.com*, which also has a promo video.

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Oak Hill Elementary Gears Up For 11th Annual Live And Silent Auction









By Maya Pottiger

Grab your cowboy boots and break out the barbecue sauce. Oak Hill Elementary is hosting its 11th annual live and silent auction, and this year's theme is Boots and BBQ.

Each year, the auction brings in \$20,000 to \$30,000, which benefits the students.

"It really goes directly back to the students and instructional program to make the academics more meaningful and rigorous for the kids," said Oak Hill Principal Deneen Houghton.

Last year, the roughly \$23,000 from the auction was used to purchase 90 Chromebooks.

"Because we do have such a large school, it's a good way for parents to meet other people," said Amy Zurad, a member of the PTO and auction co-chair.

The live and silent auction is the only adult-only function of the year, said PTO member Alison Elliott.

'The students know all about it because, usually, every single one wants their parents to come to the event and purchase the artwork that their class worked on," Elliott said. "They really are our best advocates to help recruit parents to come to the event."

One of the biggest draws to the auction is the six gradelevel projects that the kindergarten through fifth-grade classes make and auction off.

"They're collaborative projects, and we do make sure every single student in that grade has contributed to the project," Elliott said.

This year, the kindergarteners are creating the outline of Maryland on a piece of wood using string and nails. On a piece of wood from the barn at Kinder Farm Park, the second-graders are constructing an anchor made of yarn.

'It was really fun," said second-grader Ella Zurad. "I had a fun time doing the string because I got to do it with my friends."

The third-graders are working with one of their classmate's siblings, who is an art student. For their project, each third-grader drew a selfportrait and wrote a description of why they drew what they did. The portraits will be combined into a book, and parents have to guess which one was made by their child.

The fourth-graders created a sun-shaped mirror with shims coming off it. Each fourth-grader painted and decorated a shim. After learning about upcycling, the fifth-graders used an old cable spool to create a table with a mosaic of turtles on top.

"We did a good amount, so everybody had a lot of fun on that," said fifth-grader Isabella Elliott. "It was a really good project because everybody felt like they could do it and they were a part of it."

In addition to the class art projects, a variety of items will be auctioned: 18 Disney park-hopper passes; trips to Cancun, Lake Gaston and Ocean City; teacher experiences and more.

"The community support for donations is incredible," Elliott said. "We're very lucky we have a community that is so supportive of the school."

Tickets to the live and silent auction cost \$50 per person. Each ticket includes drinks, dinner and entertainment, which includes a music by a DJ, dance, and money and prize wheels.

The live and silent auction takes place on Saturday, November 10, from 7:00pm-11:00pm. The event is held at Earleigh Heights Fire Hall. Tickets are available online at www.oakhillespto.membershiptoolkit.com.







Oak Hill Elementary is hosting its 11th annual live and silent auction. Each grade level creates a project that is auctioned off.

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B14 NOVEMBER 1, 2018 SEVERNA PARK VOICE

St. Martin's-In-The-Field **Episcopal School**



 $E^{\text{ach month, the S}\textit{everna}}_{\textit{Park Voice} \text{ poses a question}}$ to a local fifth-grade class. This month, students from Ms. Spearman's class at St. Martin's-in-the-Field Episcopal School answered the question:

If you could bring one modern food item back to the first Thanksgiving, what would you bring?

If I could go back to the first Thanksgiving and bring one food, I would bring my mom's dumplings. She cuts them in half and you can see little bits of tomatoes, rice and celery. They taste so good! Broc M.

I would bring pecan pie. This



This month, students at St. Martin's-in-the-Field answered the question, "If you could bring one modern food item back to the first Thanksgiving, what would you bring?"

wonderfully rich southern pie is one of the best. It is a perfect mix of nutty crunch and sticky sweetness. Court B.

I would bring green beans because they are juicy, salty, green, melt-in-your-mouth deliciousness. Daniel S.

I would bring watermelon because it is healthy, delicious, juicy and extraordinary! Grover P.

I would bring my grandmother's cranberry fluff. It's a great treat for Thanksgiving! Jonah K.

I would bring scones to the first Thanksgiving because you can make them in a variety of flavors. Kaiya N.

If I could, I would bring mashed potatoes to the first Thanksgiving because they just taste so good. They are buttery, silky and delightful. Madison S.

If I could bring one item to the first Thanksgiving, it would be sushi because it tastes delightful. Philip C.

I would bring mashed potatoes to the first Thanksgiving because they are salty, soft and buttery. Savanna M.

Benfield Elementary Unveils New Outdoor Nature Space

 \gg Continued from B9 and facilitated learning," Holcomb said. "We are excited that Benfield students will be able to experience the social. academic and psychological benefits of learning in a natural setting."

The new nature space was created in collaboration with Julie Dieguez of The Wild Child LLC and Severn Grove Ecological Design LLC. Principal Debi Short and the teaching staff provided input and support throughout the process.

Melanie Parker, coordinator of environmental literacy and outdoor education at Arlington Echo with Anne Arundel County Public Schools, was instrumental in helping to define the space and navigate the process.

"The addition of a natural play space to Benfield Elementary School provides great opportunities for teachers for teaching in the outdoors as well as for students to be more engaged, have opportunities for exploration and provide a setting for imaginative play," Parker said. "It is important to increase our green spaces around our schools and make them accessible to students, because studies have shown that it provides opportunities to help reduce stress, increase academic performance, increase engagement and connect students with their natural world."

Principal Debi Short said, "Benfield's staff and students are so excited that our nature space play area is now ready! We are so fortunate to have such a supportive PTA that enables students to have a choice in their active play. Students can now choose to perform on a stage to a small audience, walk along a balance beam, investigate nature or read a book outside. All of this in addition to our soccer field, basketball court and playground climbing equipment."

Students will be an important part of celebrating the new space. First, the committee will determine the name of the space by asking students to capture what the space means to them. Second, students will plant a garden in spring of 2019, made possible by a grant awarded by Unity Gardens.

"We are thrilled that our many fundraising efforts and events over the past school years have allowed us to create this amazing space for our kids to use for many years to come," said Katie King, Benfield PTA president. "I thank the committee, our principal and awesome teaching staff, our hardworking parents and students, our community, and Anne Arundel County Public Schools for the efforts that allowed this vision to become a reality."

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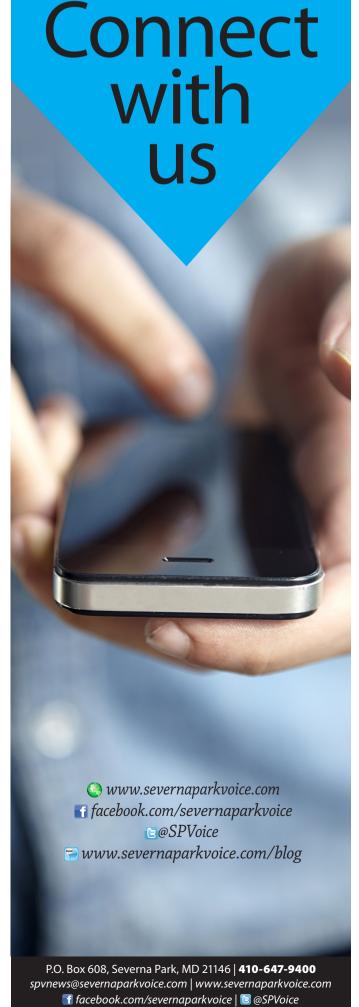


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SPHS Sophomore Gives Back

» Continued from B9 and inspired me to go into teaching.'

Helping Smith is sophomore Jacqueline Cloud, who is raising money by running a bake sale in the Cape Arthur community. Cloud, with the help of her mother, persuaded local bakeries to donate sweets and personally purchased baked goods to sell at her stand. All of the money she raises will go toward Smith's Harvest for the Hungry fund at school.

"Ms. Smith was truly my inspiration," Cloud said. "She told our class that last year she won with \$7,000 that her class raised, and I wanted to

beat that and make sure that my class donated as much as possible. As a little kid, I would always have bake sales, so I thought this would be a great way to earn some money and get the neighborhood involved.'

Cloud was fortunate enough to have Bakery Express donate four dozen doughnuts. The rest of the baked goods she purchased, with her mom's help, at Severna Park sites.

"Ī raised \$230 total. I felt so happy and proud!" Cloud said. "My goal was to raise \$75, and so when I came home and counted it, I was shocked with joy. Just knowing that 1,840

pounds of food [will be donated] was amazing."

Every \$1 donated equals 8 pounds of food. Cloud thanked her mom, Smith and her customers for making the event a success. "It was truly awesome, and just remember how much it will mean to these people," she said.

Smith was impressed with Cloud's initiative and heart.

'She thought of the idea herself and is running it alone, and I think she deserves some recognition for choosing to spend her Saturday earning money to give back to the Maryland Food Bank," Smith said.

The Magician" Screened In Times Square

» Continued from B9

Empire 25 in New York's Times Square on Saturday, October 6. The All American High School Film Festival is dedicated to recognizing young filmmakers and media arts enthusiasts by giving them rewards, education and respect.

The contest required students to submit a film, 20 minutes or less, in one of the following categories: action sports, animation, broadcast journalism, comedy, documentary, drama, experimental, horror/sci-fi/ fantasy, middle school, music video or PSA.

"The Magician" follows Harry Lewis (portrayed by Barnes) and his desire to have a magic show of his own one day. When he has the opportunity to take his first step onstage, a family tragedy leads him down a

dark path.

"It was rushed, but the intensity that led up to calming satisfaction at the end is something I loved," Barnes said. "The story was rushed, but nothing is left on a cliffhanger."

English teacher Ross Stimely encouraged them to submit "The Magician," which he thought was excellent.

"It has a very professional cinematic aesthetic," Stimely said. "They are as talented as any filmmakers I have had in class in the last 22 years. They are a great creative team. Both of them are still just juniors and worked on that film when they were sophomores. I am expecting great things from them."

The two filmmakers took a month to cast, film and edit "The Magician."

They had some issues during the first week with recasting characters. Despite the problems and time constraints, both Cosby and Barnes felt like they learned from the experience.

'We definitely should put more effort toward the story," Cosby said. "Filmmaking is about making stories, not movies, after all."

Regarding their next project, Cosby and Barnes want to keep their plans secret. "It's different. It's more complex and addresses relevant day-to-day issues in a high school," Barnes revealed.

Cosby and Barnes are both are self-taught with help from the film club at Broadneck. "The Magician" and other short films are available on Cosby and Barnes' YouTube channel, STARSHOT Films.

SPHS Spanish Students Establish Monarch Garden



By Maya Pottiger

Severna Park High School students enrolled in Marlene Scott's Spanish III and AP Spanish classes, and the Spanish National Honor Society cut the ribbon on its monarch butterfly garden on October 22. Liz League, CEO of the Greater Severna Park & Arnold Chamber of Commerce, attended the ceremony to present an official certificate from the chamber.

A unit in the Spanish classes discusses the butterflies. "I thought, 'What connection can I do to help with this and

get the kids more involved with the environment?" Scott said.

With the help of Scott's friend

Gretchen Bandy-Blacketter, the Spanish classes constructed the Monarch butterfly garden. Monarch butterflies have one of the longest butterfly migrations in the world, traveling thousands of miles to Mexico.

"They're there by the millions. They cover the trunks of the trees. It's extraordinary," Blacketter said. "This is a way to help. They're having a major loss of habitat here in North America, their summer habitat, and this is a way to help improve their population sizes and maintain them."

Every year, the migration happens right around Dia de los Muertos, the Day of the Dead.

"They strongly believe it's their souls coming with the monarch butterfly, so to them, it has great meaning," Scott said.

A couple months of planning led to a planting in May. The project was an opportunity for Scott's students to be involved in a real-life activity for which they can monitor the progress.

"Hopefully in generations to come, they will be able to drive by and see it," Scott said.

Scott wishes to thank Severna Park High School Principal Patrick Bathras, Joanne Brack and Tamara Bauer for their "underlying support."

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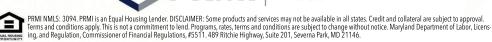


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Stage To School Bus:

Broadneck Grad Hetrick Follows Dream As Musician/Family Man

By Brad Dress

n a quiet Friday afternoon, Sean Hetrick is taking a break from music.

At his mother-in-law's home in Annapolis, the solo guitarist and lead singer of Sean Hetrick and the Leftovers sits outside. His indie, alternative band is so popular in the Annapolis-Arnold area that it "transformed" Harvest Wood Grill + Tap in downtown Annapolis, "which wasn't doing so well before," says his mother-inlaw, Mary Beth Hughes.

But on this day, he's relaxing, having just returned from a two-week tour in Southeast Asia. He has sunglasses draped over his eyes, a silver, horned-ram necklace falling over his blackand-white striped shirt, and his hair is slicked back.

He lays his arms on the glass bar on the deck, which overlooks a small and sunny inlet dotted with jutting piers and anchored boats on the Chesapeake Bay. He talks about growing up in Arnold, and the migration of carp fish in the bay. Soon the discussion evolves into his life, his music and his passions.

"Anytime I write a song and I use it, it's for me, but I speak through the song metaphorically so people can get meaning out of it," he says.

His new album, his third, is slated for release in January. It has become even more

By Audrey Ruppert

versatility and his

ability to turn dramas into thrillers. "Whip-lash," one of his first

major works and

one of my

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once again with

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Sean Hetrick's third album is slated for release in January.

emotional and evocative, he says, which stems from the happiness in his life, his family and his music.

"Somewhere along the way, I stopped trying," he says. "My body and my soul just started pouring my emotion and my feelings into my music."

His wife, Allyson Hughes-Hetrick, joins him outside, their 2-year-old daughter, Colette, scampering behind her. They discuss their \$30,000, four-month project they recently completed: buying an old school bus, "gutting it" and transforming it into a mobile home » Continued on B20

"First Man" Makes For

First-Rate Entertainment

ites, managed to turn a

story about an aspiring

drummer into a nail-

and insightful biopic

with cortisol-inducing

theater both stressed

Space films often

has to conduct,

either in

focus on problem-

solving that NASA

and in awe

"First Man" puts the audience in the headspace of

Neil Armstrong, played by Ryan Gosling, before he

JAGMAC, Radio Disney's Next Big Thing, Returns Home For Show At Rams Head Live!

By Zach Sparks zach@pasadenavoice.com

eing named Radio Disney "Next Big Thing" has helped spawn the careers of Canadian singersongwriter Shawn Mendes, California pop-rock band R5 and several

others. JAGMAC, a pop band consisting of six Arnold siblings, hopes to be next.

JAGMAC released the six-song "Right Back With You" EP in September, concluded a 21-city tour in October and will come home to Maryland for a show at Rams Head Live! on November 10 at 3:00pm.

The acronym JAGMAC combines initials for the first name of each member of the Patalinghug clan: Jared, Angelique, Gabriel, Manjo, Alyssa and CJ. The members grew up singing and dancing at the St. Rose of Lima church in Brooklyn Park, but it was three years ago that they became serious about their music.

"We actually started 13 years ago for our dad's surprise party," Angelique said. "CJ wanted to be in the Backstreet Boys, so he was like, 'Guys, you know what? Let's just sing this song for our dad' and we were like, 'OK.' We never thought we would be here

runs out in a spaceship

("Apollo 13"), or within a

few years before the first

noon landing, against a

sion ("Hidden Figures"),

like "The Martian" and

"Gravity." The film "First

Man" instead allows the

and experience just how

long it took to reach the

moon, and the enormous

cost of that achievement.

Neil Armstrong, the

the moon. He watches

astronaut after astro-

naut die in previous test

lessly (I'd normally say

that's a spoiler, but the

>> Continued on B21

audience to truly feel

Philadelphia avenues. "Not Sure" is the second single on JAGMAC's EP released in September. today, but we are very blessed to be in a group

From their early days when they were known as Soul Sonic 6, Word Up and then Musix, the family drew from many influences.

together."

"Growing up and having those influences definitely impacted our music," CJ said, "and the fact that we have a lot of different harmonies and the choruses are really big, it's just a lot of fun to sing and dance to,

from the Backstreet Boys to NSYNC, Spice Girls to The Jackson 5, and the music we listen to nowadays, like Bruno Mars and The Black Eyed Peas. I think it allows us to add that modern flair to it and yet have our own unique JAGMAC flair."

The "Not Sure" music video was filmed on the Ocean City Boardwalk and on Baltimore and

Ranging in age from 17 to 27, the siblings co-write their songs, help choreograph their dance moves and play several instruments — talents they are being recognized for since being named Radio Disney's "Next Big Thing" in April 2018.

CJ said, "Being the NBT was such a great honor, and I think having that title will help us in the future because some of the past NBTs were Shawn Mendes, Camila Cabello and Alessia Cara, so it's definitely not

bad company to be behind." Following that honor, 2018 has been a busy year for JAGMAC. The single >> Continued on B18

'I've Just Been Going With The Flow Of Opportunities That Come'

By Sharon Mager

Thether back in the day at Severna Park High School's Rock 'N' Roll Revival, at happy hour, a late-night gig, an open mic, or leading worship at church, Ben Heemstra has found the ear of many local music lovers who have listened to him or the two bands he's in: Del Florida, or Kavoosi & The Typos. The man's got his hands in it all.

He graduated from high school in 2008 and went to the University of Maryland, first majoring in business and then transferring to the music program. Now Heemstra is devoting his talents to any music opportunity he finds. He sings, plays guitar and is classically trained in piano.

"I could sing before I could speak," Heemstra said. Encouragement, support and gentle prodding came from his parents when he was as young as 6 years old, taking piano lessons. "I didn't like it as a kid," he admitted. "My mom forced me to take lessons."

His mother took piano lessons and didn't like



"I could sing before I could speak," said Ben Heemstra, who, in addition to singing, plays guitar and piano.

them when she was a child, so she stopped, and she always regretted the decision. She wasn't going to let that happen to Ben. So, she insisted he practice for an hour before school and another hour after school.

His heart wasn't in it and his teacher stopped the lessons when he was 15. The apathy changed in high school, however, when he began to experi-

ment with popular music, and he taught himself guitar. Soon he was jamming with his friends and loving his musical life. He was on his way but wasn't quite sure where he was going yet.

At the University of Maryland, though majoring in business, his heart was still beating out a rhythm. He registered for piano lessons again, this time » Continued on B19

CTA's production of "Peter Pan"

CTA Celebrates Anniversary With Production Of "Peter Pan"

After 10 Years In Its Very Own Venue, Local Troupe Is Bringing Back An Audience Favorite

knew that we would succeed.

🕇 ounded in 1959, **≺** Children's Theatre of Annapolis (CTA) is proud to be the longestrunning youth theater program in Anne Arundel County. However, few of the people who attend or participate in productions and education programs at its Bay Head Park theater complex remember that, for 49 years, CTA was an acclaimed performing arts

program without a home to call its own.

From the very first production of "Hansel and Gretel" in 1959 to "Joseph and the Amazing Technicolor Dreamcoat" during CTA's 25th anniversary season in 1984 to "Annie Jr.," the final show produced without an official venue, CTA operated out of schools, basements and Anne Arundel Community College's Pascal Center for Performing Arts.

That all changed in 2008, when the team at CTA was thrilled to produce its first mainstage show, "Peter Pan," in its own theater. While it took many people to turn the dream of a theater into reality, perhaps no one was more influential than Bill Smith, an architect and longtime member of the CTA family, and his

an ad featuring the abandoned federal Nike missile site for rent on Bay Head Road. Using his

professional expe-rience, Smith designed CTA's theater and played an integral role in

seeing it built. Smith passed away in



2012 after a battle with cancer, and in his eulogy, past CTA president Cathy Hollerbach noted, "Bill

was not just a dreamer, he was a doer."

Later that year, the CTA board of directors honored

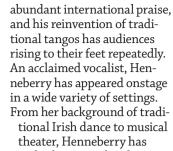
Smith, who was vice president and treasurer at the time of his death, » Continued on B17

My Funny Valentine To Perform In Severna Park On November 1

Niall O'Sullivan and Shona Henneberry will showcase the smooth sounds of stage and screen's most beloved, timeless songs in their hit show, "My Funny Valentine." The concert will be held at Severna Park High School on Thursday, November 1, at 7:30pm.

A cross-genre trumpet star, O'Sullivan has wowed audiences all across Ireland and the USA. His interpretations of jazz ballads and classical works

have earned him



theater, Henneberry has multiple national and international awards to her name. Their hit touring show "My Funny Valentine" celebrates beloved songs from stage and screen, featuring showbiz favorites like "Moon River," "Stardust," and, of course, "My Funny Valentine."

Single tickets for this concert are \$25. Season tickets for the association's concert series are \$55 (adults), \$10 (students) and \$120 (families). For more information, visit the Anne Arundel Community Concert Association website at www.aacconcerts. weebly.com or call 410-647-4881 or Katie 410-315-9477.

The Anne Arundel Community Concert Association (AACCA) has been presenting internationally acclaimed artists to the community since 1952. AACCA is an all-volunteer nonprofit organization committed to enriching the cultural life of Severna Park and surrounding communities through live performances.

AACC Unveils "New Works," A Showcase Of Faculty Art





Above: Jennifer Schuster's "Lindsay McCulloch Paintings" is a digitally printed bi-fold catalogue. Left: Eric Dunham's "Mulloch" was created by adding screen-printing to a lunch bag.

Come to the annual Anne Arundel Community College visual arts faculty exhibit now through November 15 to explore a wealth of new work created by the AACC faculty. This fall's exhibit, "New Works," includes projects created in the last two years by the artists teaching in AACC's visual arts department. The exhibitor's works include photography, drawing, sculpture, painting, ceramics, and video. The

works on display include the topical screen-printing of Erik Dunham from his "Mulloch" series as well as the dynamic design work of Jenn Schuster.

The Cade Center for
Fine Arts Gallery is on the
western side of AACC's
Arnold campus at 101 College Parkway. Located on
the main floor of the Cade
building on West Campus,
the Cade Art Gallery at
Anne Arundel Community College features seven

exhibits a year. The span of exhibiting artists is broad, yet each exhibit is focused by theme or medium. You can encounter an installation project juried by a museum curator, or the latest painting by an AACC student. Expect surprises and visual pleasures.

Exhibit hours are Monday through Thursday from 8:00am-6:00pm, Friday from 8:00am-4:00pm and Saturday from 8:00am-3:00pm.

CTA Celebrates Anniversary

» Continued from B16 with the perpetual title of founding vice president, buildings and grounds (in memoriam).

To mark the 10th anniversary of having its own home, CTA is once again producing "Peter Pan," which takes the stage November 2 through 18. Tickets are on sale now at www. cta.ticketleap.com, and more information can be found at www.childrenstheatreofannapolis.org or by calling the box office at 410-757-2281.

THE JOURNEY ISN'T OVER

CTA's theater complex couldn't have been built without the generous support of its donors, and it won't last without their support either. Over the years, CTA's staff and volunteers have made continual repairs and improvements to the complex, including a 2017 renovation of the dressing and makeup rooms in honor of alumna Jessica Wintermute Gold.

Despite constant mainte-

of its 10-year celebration campaign, CTA's board of directors and staff encourage members of the theater's family, both past and present, to donate to keep the buildings safe, as well as to improve the space, so the nonprofit organization can continue to provide top-notch productions and education for central Maryland's youth.

To make a tax-deductible

nance and care, the build-

including roof leaks and

system failures. As part

ings have shown their wear,

donation of any amount, visit www.childrenstheatreofannapolis.org and click on "Make a Donation" in the upper-right corner. CTA also welcomes donations from corporations and businesses, as well as sponsorships for the season, a specific production or events. To arrange a sponsorship or corporate donation, contact CTA's executive director, Michelle Lucente, at 410-757-2281 or ctaexdr@ gmail.com.



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Mia Putzi is our November Smile of The Month. She is a freshman at Severna Park High School and loves playing volleyball and lacrosse. Mia's favorite things to do are hanging out with her friends, traveling and watching The Office, NCIS and Friends.

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B18 NOVEMBER 1, 2018 SEVERNA PARK VOICE

Fletcher-Holden Unveils New Mural



Local artist Cindy Fletcher-Holden signed her mural on the side of Murphy's Fuel Oil Company on October 10. The mural, which took Fletcher-Holden two months to complete, depicted a general store. One of Fletcher-Holden's relatives lives at Brightview Senior Living, so a bus of residents came to support Fletcher-Holden and watch the signing at the Mountain Road business. Fletcher-Holden is a returning artist to Murphy's Fuel Oil Company. She also painted horses on the property.

JAGMAC Returns Home For Show At Rams Head Live!

 \gg Continued from B16 "Right Back (With You)" was released in April followed by "Not Sure"

in August. Both songs share catchy choruses and positive messages about

relationships.

"There's going to be times in your relationship where you can't stand each other, but as long as you guys can communicate and work it out, everything will be OK," Alyssa said of the first track. "You're going to still be with that person. And then our new single, 'Not Sure,' is more so about when you're about to be in relationship or you're about to get into something and you have this feeling inside and you're just not sure about it and you have to trust your instincts at that point, but it's OK to not be sure about things."

Those two songs were part of the EP that dropped September 7, two days before JAGMAC went on tour with In Real Life, the 2017 winner of ABC's reality TV competition "Boy Band." JAGMAC kicked off the 21-city tour at MilkBoy ArtHouse in College Park, and they ended their tour October 10 at The Social in Orlando, Florida, with stops in New York, Boston, Atlanta and



From their early days as Soul Sonic 6, Word Up and then Musix, the band currently known as JAGMAC performed around Anne Arundel County, drawing from influences like The Jackson 5 and the Backstreet Boys.

other cities along the way. "I think one of the

highlights for us was going to these cities and having the people sing our songs while we were onstage," CJ said. "It was definitely surreal."

As for the EP, it was recorded in Los Angeles and produced by Jayme David Silverstein (Miguel), Tommy Hubbard and Rich Zahniser as The Trust (The Gipsy Kings, Bootsy Collins), and two-time Grammy winner Neff-U (Michael Jackson, Dr. Dre). Fans can find music

videos on YouTube. "Not Sure" was filmed on the Ocean City Boardwalk, and Baltimore and Philadelphia avenues. Nathan Colby, a video director based in Baltimore, shot the video along with a production crew.

How do band members stay upbeat despite always being around one another? They each have hobbies outside of music, and they all hold a black belt in taekwondo.

According to Gabriel, "CJ loves dancing, Mango was a chef in college,

Angelique is an amazing painter, I love sports, Jared is super into comics, and Alyssa loves music and piano."

Their father, Carlos, is the owner and chief instructor of the Pasadena martial arts studio Kick Connection. Their Filipino and Polish roots are also important. In January 2014, they performed a benefit concert for the victims of Typhoon Yolanda, which brought flooding, landslides and widespread damage to the Philippines.

JAGMAC's act has become more refined over the last four years, a stark improvement that music lovers can witness on November 10. Tickets to the Rams Head show start at \$16.50. For more

information about the show, visit www.ramsheadlive.com. To learn more about JAGMAC, find the band on Facebook, Twitter, Instagram or www. jagmacmusic.com.

Alyssa said the November 10 concert is the family's first time headlining a show as JAGMAC near their hometown. The performers hope to make their fans and Radio Disney proud.

"We try to keep the same energy in every city, in every place, in every stage we're on, no matter how many people, whether it's big or small," she said. "We want everyone to get the same JAGMAC experience — full energy, great singing, great vocals. We want to give it all to them."

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Authority: James S. Regan, Treasurer



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Dining Out

Spice It Up At Salsa Tex-Mex Grill In Pasadena

By Mary Cobbler

raving a little spice in your life? Check out Salsa, the new Tex-Mex restaurant at 16 Magothy Beach Road in Pasadena, and enjoy a modern, fun atmosphere with a variety of flavorful options.

My husband and I enjoyed Taco Tuesday recently with another couple and their daughter. We arrived at Salsa just as it opened at 11:00am and had the place to ourselves (it got a little busier as the lunchtime hour progressed). The place is new and it shows - sparkling clean and carefully arranged from top to bottom with a chic, modern Mexican vibe. There are lots of roomy leather booths, a bar with tall stools, and polished wooden tables.

We ordered fresh-brewed iced tea and sparkling waters, then dove into the menu full of diverse, delicious-looking options. The salsa bar immediately stood out to us — for \$6, the entire table can help themselves to six kinds of salsa: loco salsa (hot), morita salsa (hot), chipotle salsa (hot), verde salsa

(mild), mango salsa (mild), and house salsa (mild). The server gave us baskets overflowing with warm, crunchy tortilla chips and we could help ourselves to the bar. This was a great way to start the meal. There was something for everyone — the smoky morita that sets your

garlic lime shrimp tacos were "bursting with flavor." Right: Check out the

tongue on fire, the flavorpacked, citrusy verde, or the fruity mango salsa. We also tried the Mexican corn, which included two cobs of corn cut in half and covered with chili-lime sauce, cheese and light seasoning. This appetizer did not disappoint; it didn't have the heavy, deep-fried texture of many appetizers, but it offered a fullmouth, unique flavor combination that set the tone for an outstanding meal.

Photos by Mary Cobbler **Above:** The steak in the burrito was seared to perfection and stuffed into a large, soft tortilla along with fresh lettuce, tomatoes, cheese, sour cream and ultra-fresh guacamole. Left: The

presentation on these chicken fajitas in this triple layer holder with grilled chicken, soft onions and thick peppers on the bottom, soft, warm tortillas on the second layer and shredded lettuce, pico de gallo and sour cream om the top.

The service was not as fast as we would have expected on such a slow afternoon, but the waitress seemed new since she had to ask other servers questions about the menu items.

My husband and I split the chicken fajitas, which were served in an impressive triplelayer holder, with grilled chicken, soft onions and thick peppers on the bottom; soft, warm tortillas on the second layer; and shredded lettuce, pico de gallo and sour cream on the top layer. It tasted almost as terrific as it looked. The chicken

was perfectly cooked, complete with grill marks and a nice flavor. It wasn't as spiced as we expected, but the salsa and spices on the toppings evened it out and created a crunchy, delicious final product. Two thumbs up on the fajitas for sure!

Our dinner partners got a steak burrito and the half-price street tacos. Both were outstanding.

> steak in the burrito was seared to perfection and stuffed into a large, soft burrito along with fresh lettuce, toma-

toes, cheese, sour cream and fresh guacamole. It was everything I could ask for in a burrito and more.

There were eight varieties of street tacos to choose from, and the three I tried were outstanding. I recently fell in love with street

tacos when I tried them off a food truck, but these tacos topped my previous experiences. I tried the chipotle chicken tacos, the garlic-lime shrimp tacos, and the slow-roasted pork tacos, and all three of them were bursting with flavor. The meat was all smoked and lightly seasoned, and the salsa that came with them complemented them perfectly. No matter what mood you're in, you'll find something that suits your tastes on the street tacos menu.

We were full after all this food but couldn't say no to a deep-fried strawberry cheesecake. A thick, chewy shell covered in butter and cinnamon-sugar covered the creamy cheesecake. The whole dish was sprinkled with powdered sugar and sliced strawberries. What a sweet ending to a spicy, savory meal.

The bill for the salsa bar, the corn appetizer, five fountain beverages, three entries, a kids meal, and dessert came out to \$92 before tip a pretty good price, and with the affordable daily specials it's possible to enjoy a nice of spice and ambiance anytime. Stop by Salsa and you'll be a fan. I guarantee it!

'I've Just Been Going With The Flow Of Opportunities That Come'

» Continued from B16

of his own choosing. Also, at the college, he sang in a male a cappella group, The Generics, that auditioned for "America's Got Talent." They even advanced to a second audition. "That was a blast," Heemstra said with a chuckle.

"I never thought of music as a career. It's too hard to make money in it, and it's not steady," he had told himself. But he didn't believe it. And eventually, it didn't matter.

By his junior year, he changed his major to

music education. He was also involved with the praise team at Bay Area Community Church in Annapolis and enjoyed the experience.

In 2016, Heemstra began leading music at Mariner's Church in Annapolis as a contract worker, and he then became the staff music and creative director while attending college.

But Heemstra began to feel called in a different direction. "I just wanted to make music for a living," he said.

He poured himself into

his all avenues of music, teaching piano, guitar and vocals. Also, he joined two bands, as well as doing solo acts and studio work. After leaving Mariner's Church, he now does music ministry through "guest worship," which he describes as a temporary agency for worship musicians, so he plays and leads worship at a variety of churches.

Heemstra is all in. "I've just been going with the flow of opportunities that come to me," he said. "I'm trying to live as stress-free as I possibly can."

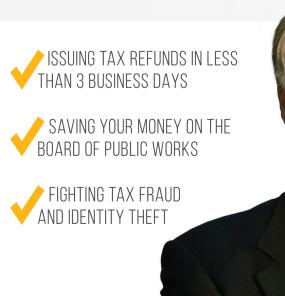
Find Heemstra's music on his "Benjamin David

Heemstra" Facebook page or on Instagram at rockflagneagles. Also,

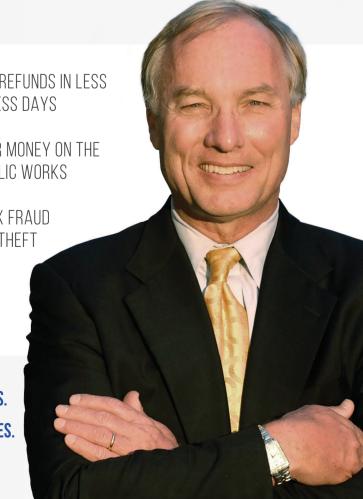
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20 NOVEMBER 1, 2018 SEVERNA PARK VOICE

Stage To School Bus: Broadneck Grad Hetrick Follows Dream As Musician/Family Man

» Continued from B16

they currently live out of in Crownsville, and which they will take on the road in January for Hetrick's national tour. The tour this year he'll do solo, because there is no room on the bus for the band. Besides, Hetrick says, a lot of the touring does not pull in money; it's meant to get their name out there, which is less encouraging for some band members.

For Hetrick, a devoted family man who also has an adopted son from Allyson, 9-year-old Kaiden, a mobile home is exactly what he needed for his upcoming tour. The past couple years, he had spent so much time away from his family on tour, or at home working side jobs and gigs all day and night to pull in money, that his wife said they were basically "passing ships" in their lives.

"I spend a lot of time by myself," she says. "He's gone pretty much Wednesday to Sunday. When we lived in our townhouse, we never saw each other. But living here has almost changed that."

Hetrick agrees. "Not one minute can I complain, because this is my dream," he says. "I'm playing music and making a living on it. And a lot of the times, I'm carrying my gear in and out of a venue and I'm thinking, 'My God, it's actually happening. I'm actually doing what I want to do."

It hadn't always been so ambitious or carefree.

Hetrick was born in Rota, Spain, in 1987. He was born as a middle child, with an older brother and younger sister. His father was in



Sean Hetrick and his wife, Ally, transformed an old school bus into a mobile home that will also serve as his means of transportation during a national tour that starts in January.

the Navy, so he spent a lot of time floating around as a child. He moved to New Jersey when he was 2, and finally Arnold, Maryland, when he was 5. His mother, Jackie Hetrick, says his father "loved music," which inspired Sean as he grew up listening to artists like Jimi Hendrix and Eric Clapton who his father often played.

"He loved music trivia,"
Sean says of his father. "You bring up a name of a band and he practically knows every player of the band and what the names are."

what the names are."
Hetrick, though, says he first ventured into music when he was 13. He got an "old, beat-up electric guitar" and played with his brother, who had a bass. He went to Broadneck High School and joined his first band, A Different Look, but at this point, he had fallen into a swirling culture of drugs and drinking.

"It was not only just music — it was fashion and art and style and life," he says. "Once I was inspired by Woodstock, it was a lot more than just music, it was everything around me. And ultimately, it's how I got involved with drugs and alcohol."

He dropped out of high school, regretted it, then managed to get his GED. But even as he joined his second band, This is Saints, and took music and general education classes at Anne Arundel Community College, which he never fully completed, he did so through a haze of smoking, drinking and drugs.

He turned to a solo act in his 20s but was continuously descending into a lifestyle peppered with despair, anger and addiction. "It was a mess," he recalls. "I would forget words in my own songs and live per-

formances, make a fool of myself onstage. It was bad, just really bad."

July 10, 2013, is a day that Hetrick will always remember. He overdosed on heroin for the third time.

"My dad found me, purple and blue in his house in Arnold," he says. "They had people in the family, the hospital, saying I wasn't going to make it. They said, 'He's not going to make it out of this coma."

Somehow he made it, turned himself in to rehab, and has never looked back. His mother, Jackie, says he had been an "emotional rollercoaster" when he was addicted, and that fateful night she "didn't know if he was going to make it" because he had tubes hooked up to his mouth, his nose. But now, she says, she's just proud of where he has come. "It's the best time in his life right now," she says.

He met his wife at a rehab center, Hope House, after the overdose. She was overcoming an addictive lifestyle as well. They stayed sober together, more than five years for the both of them, and married in 2015.

Sean Hetrick and the
Leftovers formed at the Harvest Wood Grill soon after.
Hetrick played solo at the restaurant every Tuesday, becoming an instant hit. He wanted to expand, though, and he teamed up with his best friend, Dan Sadler, a drummer, who eventually recommended Braden Dauer, a violinist, and Jimmy Mumper, a bassist.

After their formation, they transformed the grill and bar into a cultural hub with their mix of folk, indie, rock and garage. "When someone asks me what kind of music I play," Hetrick says, "I don't know what to tell them. Alternative is all I can think of, because it alternates between so many different styles."

WRITING HITS

At an outdoor concert at Great Frog's Winery in Annapolis, Hetrick is wearing a jean jacket, black pants and his usual sunglasses. A barn looms behind him as he sits on a stool, holding his guitar and placing his harmonica and microphone closer to his mouth. A few guests stroll under the evening sunshine. Some take seats at the scattered picnic tables before him.

His voice, suave and smooth, begins to fill the air with a sweet tinge. He sings "My Hero" by the Foo Fighters, "Better Together" by Jack Johnson, and then "Unless It's You," his biggest hit.

Hetrick's voice is calm, sonorous, playful and sad at the same time. The crowd, once small, now begins to collect at the tables, loosening up, taking pictures, laughing, rolling like a wave to his music.

The harmony of his guitar, the lull of his voice and the folky sprinkle of the harmonica create a melodic and enchanting air among the stilled, fall evening. His voice is emotional and compassionate and high, yet clear as church bells.

After the first few songs, he introduces himself and thanks the crowd. As Hetrick resumes playing, the crowd seems to find a home.

Mary Beth Hughes, his mother-in-law, says this is a scene she sees often when he plays live. She says that when people listen to his originals, like "Unless It's You" or "How Did I Get Here," they think they are listening to hits.

"The crowd is wondering, 'Where have I heard this before? Where have I heard this hit?" she says.

Hughes, who works at the Annapolis Maritime Museum as an event coordinator, often books his shows.

Brad Feickert is a manager at the Oz restaurant in Arlington, Virginia, and says Hetrick filled in for another artist one day, and they immediately hit it off.

"He rocks the stage in every place," Feickert says. "He needs to get signed to a record label, ASAP."

Hetrick says it's strange having a following. Some people follow him on tours nationally, and fans play his biggest hits like "Unless It's You" which was written about his wife.

"People use it for their wedding," he says, and "people think it's their song but it's my wife's song."

He laughs at this, though, and knows he's just glad he can touch people's hearts with his music.

HOME SWEET HOME

Hetrick looks out into the bay at his mother-in-law's house in Annapolis, and admits his life is still not without difficulties. Sometimes he feels burdened by others who have long given up their dreams to make a consistent living. He works side jobs as a freelance housing contractor, but it's financially hard to fulfill a dream and support a family, of course.

"You've gotta make sure you keep that fine line between this is what you love to do [and] making it a career ... and you have to continue to love it, and keep it to a point where you enjoy doing it."

But Sean Hetrick — father, guitarist, husband, freelance contractor and singer-songwriter — isn't thinking about any of this right now.

He goes into the living room, and replaces his guitar strings. He talks to his wife, his mother-in-law and his daughter. He drives a toy car around the house, causing Colette and the housedog to chase it.

His mother-in-law, at the kitchen counter, asks if he needs to play at a concert in July.

"It's going to be a huge crowd," she says. "But you always bring a huge crowd."

Hetrick laughs. "I don't know," he says. "I keep booking random dates in 2019."

He takes his guitar over to the kitchen area and straddles it. He plays his new song, "Fear," to applause from his family. Then he takes his daughter to the couch, reading a story to her with goofy character sound effects while she giggles.

Hetrick is taking a break from music. Today, he's simply doing what he does best: being a father, a husband and a dream-chaser.



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Author Laura Kamoie To Discuss "My Dear Hamilton" At Library

By Zach Sparks zach@pasadenavoice.com

War, betrayal, tragedy and long-buried secrets these are just some of the issues at the heart of Laura Kamoie's novels. Get to know the Annapolis writer, who will visit Severna Park Library on Wednesday, November 14, at 6:30pm.

Q: Your love of storytelling started with family lore involving angels, ghosts and evil-eye curses. Can you recall any of those memories and how they developed your curiosity for storytelling?

A: Growing up, Friday nights were spent around my grandmother's kitchen table with everyone in the family sharing stories of whatever odd occurrences had happened in their homes recently. My grandmother believed she'd once received an evil-eye curse and seen an angel, so most of my family believed in the supernatural. From as early as I can remember, I read stories of ghosts and hauntings, and my first love as a teenage reader was books by Stephen King and Anne Rice. So it was

natural that my earliest interests in storytelling would involve the supernatural as well.

Q: You have a background teaching history, but you have also published more than 20 romance novels. Do you find that writing in both of those genres is rewarding for different reasons?

A: I began my fictionwriting career in the romance and suspense genres because, at the time, I was still working as an associate professor of history at the U.S. Naval Academy. Writing genre fiction was fun and different from my day job. But some context is useful here, too — I began writing fiction after suffering a mild traumatic brain injury in 2008, and as I healed, I had a very strong and new creative urge. I started taking guitar lessons and writing my first novel, a love story between a vampire and a woman, unsurprising since stories about the supernatural were what I loved to read.

After I wrote that first book, I was hooked. I began taking writing courses, joining writers' organiza-

Photo courtesy of Renee Hollingshead

Laura Kamoie plans to discuss the research, writing and history behind her novel when she speaks at the Severna Park Library on November 14.

tions and writing new pieces. Once my writing career took off enough that I had to choose between remaining a professor and attempting a full-time writing career, I was thrilled to write historical novels so that I could keep my lifelong love of history as a part of my life. The idea for my first historical novel,

"America's First Daughter," originated from two small senior seminars on Thomas Jefferson that I taught at the Naval Academy the last semester I taught.

I find both romance and historical fiction rewarding. They exercise different parts of my writing brain, allow me to tell different kinds of stories to different audiences, and allow me to be able to say the things I want to say about life, love and the world in which we live.

Q: Your last two historical novels were heavily researched and co-written with Stephanie Dray. What was most appealing about reviving Patsy Jefferson and Eliza Schuyler Hamilton on the page?

A: What most drew us to write about the Founding Mothers was a desire to show just how significantly women contributed to the Revolutionary War and the founding of our nation. We like to say that much of what we know about Thomas Jefferson is what Patsy allowed us to know. Since she edited — and likely destroyed some of his papers after he died,

there's truth to that. Eliza Hamilton is responsible for making sure we know as much as we do about Alexander Hamilton, since both his political foes and friends tried to erase his contributions from the record. And in the process, Eliza created a legacy of her own — one that wasn't just about remembering Alexander, but that was also about taking care of women and children, building educational opportunities, and other social causes. Those are great untold American stories we felt strongly needed to be known.

Q: Now you're working on "Ribbons of Scarlet: A Novel of the French Revolution" along with five other authors. What can you share about your story within that collection?

A: "Ribbons of Scarlet" tells the whole chronology of the French Revolution from the perspective of six real, historical figures based heavily on their own words and real experiences during the French Revolution, and each figure's perspective was written by one of six participating

authors. My heroine was Emilie de St. Amaranthe, the daughter of a courtesan and renowned to be the most beautiful girl in Paris. With her mother, Emilie ran the most elite gaming parlor in Paris attended by aristocrats and royalty alike, and therefore, they were royalist in their sympathies — sympathies that forced them to flee the city as the radicals took over and the Reign of Terror began, which killed 40,000 people. Ultimately, Emilie's fate helped bring an end to the Reign of Terror and created subversive fashion trends that women prized after the war for decades.

Q: What topics do you plan to cover during the Q&A at Severna Park Library?

A: I will discuss the research, writing and history behind my novel, "My Dear Hamilton: A Novel of Eliza Schuyler Hamilton." Eliza was a patriot, a wife, a widow, and a warrior in her husband's quest to form a more perfect union. Q&A and book sale and signing will follow.

Visit www.laurakamoie. com to learn more.

"First Man" Makes For First-Rate Entertainment

» Continued from B16

history is already known just too often forgotten). The film stretches over two hours and is marked with tragedy from beginning to end. We are put in Armstrong's headspace, before he knew we would succeed. He must have thought, "Is all this really worth it? The people who've died, the taxpayer dollars gone that could have been spent on the poor, on education? Are we doing this because we truly wish to as the human race, or because we're engaged in a pointless and dangerous arms race with the Soviets?"

While the film primarily focuses on Armstrong and his family, Chazelle gives an insightful portrayal of other key figures, particularly Buzz Aldrin (who is an alumnus of Severn School). Buzz often says what everyone else is thinking, albeit in a somewhat tactless manner at times, and can break the long stretches of fear and grief with humor.

Some have criticized the movie for not showing Armstrong plant the American flag, but this is unfounded. The flag is shown on the moon, and obviously NASA is an

American organization. I don't think Chazelle tried to make a political statement by leaving it out — rather, he chose to focus on the moon landing as a human achievement. It's really quite incredible when you think about it — we made it to the moon, just because

we could, because we were curious, because we wanted to know and touch the stars. If that doesn't embody the best side of the human spirit, I don't know what does.

A powerful and compelling drama, "First Man" is an absolute must-see on the big screen.

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