



Bridal Guide
Everything you need to know for planning a wedding in Anne Arundel County.
» Inside

Polar Bear Plunge
Check out exclusive photos from this year's event to benefit Special Olympics Maryland.
www.severnaparkvoice.com



Severna Park Wrestling
Falcons prepare for county championships.
» Page B1



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SEVERNA PARK VOICE

SERVING OUR COMMUNITY SINCE 1981

SEVERNA PARK, MD

FEBRUARY 6, 2019

A1

Time To Vote For The Best Of Severna Park!

The *Voice* wants to know which businesses, restaurants, services and venues in Greater Severna Park have become your favorites over the past year. It's simple — just fill out the survey and return it to the *Voice* by **Friday, March 22**. We will then tally all the votes and announce this year's winners in our April 4 edition. You may also cast your ballot by voting online at www.severnaparkvoice.com/bestofsevernapark.

THE RULES

- Nominees must be located within the *Severna Park Voice* distribution area zip codes — 21146 (Severna Park), 21012 (Arnold) and 21108 (Millersville).
- Entries must be made on original newsprint — **no photocopies, faxes, scans or emails** — and must be mailed or hand-delivered to the *Voice* (**one entry per household**).
- Dropping off or mailing of **multiple ballots will not be accepted**. Voters must fill in nominations

for at least **10** categories for the ballot to be valid. If you are nominating a business that has multiple locations, **please specify the exact location you are nominating**.

- Entries should be mailed to *Severna Park Voice*, P.O. Box 608, Severna Park, Maryland, 21146, or hand-delivered to our office at 1511 Ritchie Highway, Suite 304, in Arnold.

THE DATES

Deadline for entry is **Friday, March 22**. All entries must be received by close of business on March 23 to be counted. We will print a reminder in the March 7 issue of *The Voice*, and the winners will be announced in the April 4 issue. Winning businesses, organizations, services and venues will receive a custom-designed window sticker designating their 2019 "Best of Severna Park" status. Thank you for your participation. We look forward to announcing the winners you select!
Cast your votes on page A6.

Anne Arundel County May Soon Regulate Short-Term Rentals

By Zach Sparks
zach@pasadenavoice.com

It sounds like the plot of a slapstick comedy film — a group of people rent a home for the weekend and invite more than 100 guests to a party that gets so rowdy that police are called three times, and when the cruisers arrive, the partiers all rush to their cars and create a bottleneck at a spot they mistake for the community exit. Except this was not a fictional



Short-term rentals, like this Arnold home owned by Timothy Mewmaw, allow people to visit Anne Arundel County at an affordable rate, but some neighbors are worried about their guests.

scenario and the Severna Park neighbors did not laugh when they heard the raucous noise and saw cars speeding through the Kensington community on July 4, 2018. That story was relayed to the Greater Severna Park Council, with some people advocating regulations on sites like HomeAway, VRBO, FlipKey and the most popular,

Airbnb, which all allow people to rent out their property on a short-term basis. That business has become lucrative for some homeowners. According to data released in January by Airbnb, Anne Arundel County had 48,700 arrivals that paid a collective \$7.8 million to hosts during 2018. Of Maryland's 24 jurisdictions, only Bal-

timore City (\$14.9 million), Montgomery County (\$11.3 million) and Prince George's County (\$9.4 million) had more. The next closest, Garrett County, accounted for \$2 million. Matt Hetrick lists four properties on Airbnb including a loft over Main Street in Annapolis that was booked
» Continued on A4

Council Strikes Down Immigration Resolutions

By Zach Sparks
zach@pasadenavoice.com

The immigration debate got so heated in January that Anne Arundel County Executive Stuart Pittman received cellphone calls telling him to "go back to Mexico," said government affairs officer Peter Baron during a county council meeting on January 22. Dominating the meeting were two resolutions introduced by Republican Councilman Nathan Volke of Pasadena, who cited public safety concerns. One resolution asked Pittman to reinstate the county's 287(g) immigration screening program, which former Anne Arundel County Executive Steve Schuh initiated in 2017 and Pittman ended in December 2018. The other resolution urged the county executive to not use federal funds for the legal representation of county detainees. Both resolutions failed 4-3, with votes cast along party lines, but not before county officials spoke and 55 people testified during the public hearing. Volke formed his opinion after consulting Sheriff Jim

Fredericks and visiting a detention center to ask correctional officers about 287(g). "An individual who has been held in the detention center, at least according to Sheriff Fredericks, they would have already been charged with a crime, arrested and had an initial appearance before a court officer to determine if probable cause existed for the arrest," Volke said. "It's not as though people are being rounded up or asked for their papers or in some shape or form being shoved into jail under a pretense to then be able to determine their immigration status." Through the program, Immigration and Customs Enforcement (ICE) trained local officers to find and report undocumented immigrants who, as Volke mentioned, had already been arrested for other crimes. In each instance, a potential violator was flagged by Anne Arundel personnel, a regional ICE officer was contacted, and then that agent would determine if the person was subject to deportation. From December 4 when Pittman ceased the program to
» Continued on A7

January Weather Serves As A Reminder Of AACPS' Challenges In Closing Schools



School officials realized that the snowfall on February 1 exceeded the forecast amounts and opted to send students home early.

By Dylan Roche
dylan@severnaparkvoice.com

When Winter Storm Gia swept through the area from the evening of Saturday, January 12, and throughout the day of Sunday, January 13, nearly doubling the expected 3 inches in the forecast, parents took to social media with variations of the same plea to Anne Arundel County Public Schools: "Make the call, Bob," a lighthearted but direct request to Bob Mosier, the chief communications officer who makes the announcement of any weather-related closures. In this instance, AACPS was able to announce that Monday would be a snow day by 5:30pm the night before. In other instances, it isn't so easy. "We are going to make the

best decision we can for the system as a whole — both students and staff — with the information we have at the time we have to make a decision," Mosier explained. "Given the choice, we would like to inform everyone the day or evening before. It's just not always possible." Parents again awaited some sort of word about school closing on Friday, February 1, when an unanticipated amount of snow swept through the area, beginning at 8:00am. "There's no more problematic instance with regard to weather than a storm that begins during the day," Mosier said. "It hasn't started when students leave for school, and it has started before they go home." Based on the forecast, AACPS put out a message the
» Continued on A5

Chamber Of Commerce Installs New Board Members For 2019



Photos courtesy of Laura's Eyes Photography

Left: At its annual installation dinner, held on Wednesday, January 30, the Greater Severna Park and Arnold Chamber of Commerce swore in its board of officers and directors for 2019. **Right:** The meeting was also a chance for the chamber to present its annual Harmony Award to the owners of Kogen Dojo — Robert Van Valkenburgh, Matthew Van Valkenburgh and Dwayne Bowie — in recognition of their contributions to the community.

Inside

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Local Businesses Aided Furloughed Residents

By Maya Pottiger

From December 22, 2018, through January 25, 2019, our government faced the longest partial shutdown in United States history. The effects of the shutdown, which impacted 800,000 federal employees, reached Severna Park residents.

In response to the shutdown, many local businesses offered a variety of assistance to furloughed employees. SPAN Inc. extended its emergency assistance to those being impacted by the shutdown.

“Anyone in our service area who is facing an emergency situation and finds themselves in need of assistance is eligible for services, and certainly furloughed employees fall into this category,” said Jennifer Pumphrey, the director of operations at SPAN.

During the shutdown, community organizations sent extra donations to SPAN to ensure the group

did not run out of services to offer, according to Ellen Kinsella, director of development at SPAN.

“SPAN sees first-time clients every day. Many are embarrassed to ask for help and don’t know what to do,” Pumphrey said. “Our volunteers are compassionate and caring, and put the clients at ease. They provide not only the assistance from SPAN, but they also make them aware of other resources in the community that may be of help.”

Other businesses offering assistance included Fieldstone Animal Inn, Cypress Public Counting, Severn Bank, Arundel Federal and many others.

“Those being impacted by the shutdown are our neighbors. Severn Bank’s mission is to serve the community and do right by the people and businesses located in Anne Arundel County,” said Nicole Donegan, marketing and communications director

of Severn Bank. “The community has supported us over the years, so we are grateful for the opportunity to do the same and give back.”

However, the shutdown affected more than just federal employees.

Erin W., a Severna Park resident, is not a federal employee but has fully felt the effects of the shutdown. Her husband runs a landscaping and snow removal business, and he had only one job between Christmas and the end of the shutdown.

“The furlough is drawing a lot of highlight to federal employees, but there’s a whole other wave of people beyond that,” Erin said. “This has been going on for so long that it’s touching everybody now.”

Fortunately for Erin, her job as a nanny was safe because her employer is in the medical field. But Erin’s income alone wasn’t enough to support her six-person family, and she had to apply

for food stamps and financial aid.

“This is the first time I’ve ever had to go to a food bank ever in my life,” Erin said. “You do what you have to do when you have kids. I have four kids; I take care of them the best I can. I’m not going to let them go hungry, because I can put my pride in front of me and apply for these services and go to the food bank.”

Erin described the experience as “demoralizing.” Without a federal ID, she — like many others — is ineligible for many of the offers from local businesses. Erin said this group of people isn’t going to “bounce back real fast.”

“We’re never going to recoup that money. Those federal employees, they’ll get back pay. We’re not going to get any back pay,” Erin said. “We’re going to be in the same spot in February or March ... we’re going to be in the same boat.”

Chartwell Foundation
Donates \$5,000 To Hospice
Of The Chesapeake



Photo courtesy of Elyzabeth Marcussen, Hospice of the Chesapeake

Representatives of the Chartwell Foundation visited Hospice of the Chesapeake’s John & Cathy Belcher Campus in Pasadena in December to deliver a \$5,000 check as part of its annual giving campaign. Hospice of the Chesapeake has been a fortunate recipient of giving from the Severna Park organization for the last 13 years. Hospice of the Chesapeake Major Gifts Director Lynne Davidson and CEO Ben Marcantonio accepted the donation from Steve Lombardo (left) and Joe Flynn (right), respectively, the outgoing and incoming presidents of the Chartwell Foundation.



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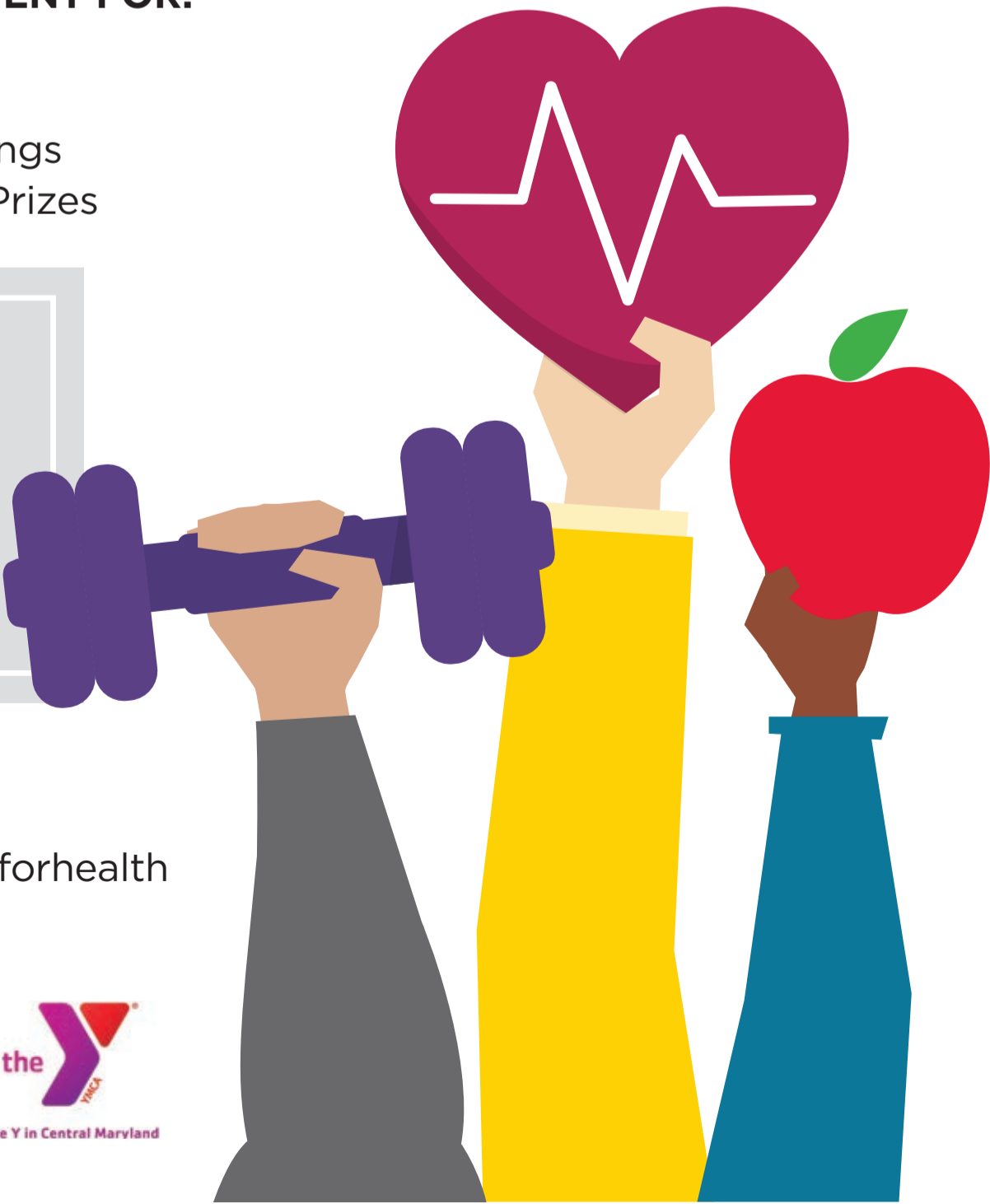
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Severna Park Museum Seeks Stories And Sponsorship

A little more than a year after calling a community meeting to share ideas for the Severna Park Museum, the Winkelmeyer family is pleased to spread the word that the organization – now an official 501 (C)(3) nonprofit, nonstock corporation – is moving toward its goal of providing exhibits with memorabilia and stories for community members to learn about the history of the area.

The Severna Park Museum has established an official board of trustees, which comprises **Scott Jay** (chairman), **Betty Winkelmeyer Wells**, **Stacey Reeder**, **Brian and Linda Jablon**, **Susan Nolte**, **Lynn Bailey**, **Maureen Carr-York**, **Simona Simmons**, **Michalene and Bob Boggs**, **Mary Vogelsang**, **Amy Leahy**, **Leigh Appel**, **Karen and Andy Trettin**, **Sandy Spadaro**, **Stacey and Edgar Freeman**, and **Joe Angelof**.

Additionally, the board has been offered a donation of display cases and hopes to start putting up exhibits around Severna Park at schools, libraries and community centers while it works toward finding a permanent home.

The Severna Park Museum was also the beneficiary of a concert in late 2018 at the home

of Susan Nolte in Severna Park. The concert, titled “Acoustic Music on the Riverfront,” was performed by the Cattail Creek Trio, consisting of David and Ginger Hildebrand, professional musicians, and David Nolte. The instruments behind the vocal harmonies included guitar, violin, piano, banjo, harmonica, bass guitar, flute and mandolin. The event raised \$400 through ticket sales and an additional \$205 was received in the form of donations for a total of \$605. The evening included a wine and cheese reception prior to the concert and a brief talk by Wells about plans for the museum.

The Severna Park Museum is also in need of contributions. If you are interested in being a sponsor, please send a check to the Severna Park Museum Inc., 528 Melrose Lane, Severna Park, Maryland 21146.

In the coming months, the Severna Park Museum will hold a public gathering or presentation for residents interested in learning more about the vision for the museum and what the next steps will be to make that vision come to life. Attendees will also enjoy a presentation from Scott Jay on what life was like in early Severna Park. Dates will be announced soon.

Anne Arundel County May Regulate Short-Term Rentals

» Continued from A1

351 times between June 2015 and January 2019. He would welcome fair regulations and zoning discussions, but he thinks laws limiting the frequency of rentals in Anne Arundel County would be detrimental.

“I think if someone is upset about their neighbor or a party, that’s not the best way to do it,” Hetrick said. “I find it counter to the spirit of entrepreneurship and to the idea of introducing guests to our county and our city. The people are vibrant and they come from all over the country. They’re coming for a wedding or to visit the Naval Academy. There is a long-standing tradition of renting out homes during Commissioning Week.”

Timothy Mewmaw uses Airbnb to list a detached bedroom in Arnold. Since April 2017, he’s hosted 185 times. Both he and Hetrick agreed that homeowners should take responsibility for setting house rules, and the site’s rating system alerts users about noncompliant guests and bad hosts.

“I fail to see how restrictions would address someone being a rambunctious neighbor, but I agree it is a concern,” Mewmaw said. “Renters should follow the same guidelines for parking, for noise ordinance, for all that stuff.”

Will Hicks, an Arnold property owner, said, “It’s up to the owner to police it. My house rules are no parties or events.”

Montgomery County, Prince George’s County and Baltimore City have each debated laws regulating short-term rentals. Councilmember

Hans Riemer sponsored the Montgomery County bill, which took effect in July 2018.

“We had a fair amount of residents who were using Airbnb ... buying up property and turning them into full-time hotels,” he said. “Homes are for housing and we want to keep it that way.”

The accepted Montgomery County legislation limits homeowners to short-term rentals of 120 days per year if they do not reside in the home. It also limits the number of guests to six per listing and two adults per room. Homeowners must also apply for \$150 licenses and renew them each year.

“You hear from people saying, ‘I think it’s terrible. It’s my property and I should be able to do what I want with it,’” Riemer said. “But I think there’s quite a wide middle ground that allows people to use it in a targeted way.”

But each jurisdiction has different needs, noted Anne Arundel County District 5 Councilwoman Amanda Fiedler, who has discussed both sides of the issue with her constituents.

“A situation like this is going to impact the entire county, so it’s really important to be proactive and try to estimate the unintended consequences and look at all sides,” Fiedler said.

Fiedler is still welcoming input on the issue and has not yet drafted any legislation.

A bill at the state level failed to get out of committee last year, and the only returning sponsor, Brian Feldman from Montgomery County, has no plans to reintroduce it, according to his office.

Nationwide, Indiana was the only state to pass short-

term rental regulations in 2018, although 15 other states considered changes, according to the Pew Research Center. Nebraska’s governor vetoed a bill.

Each Maryland jurisdiction will continue regulating the short-term rental industry on its own.

Prince George’s County legislation, which will take effect in October 2019, was similar to the Montgomery County law in that it requires hosts to apply for a county license and it allows only eight guests.

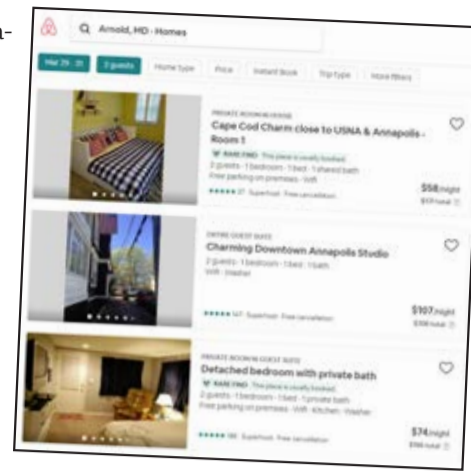
In December, after facing pressure from representatives in the hotel industry, the Baltimore City Council voted to impose a 9.5 percent tax on guests who use short-term rentals.

Pasadena resident Carol Shepard thinks that rate is too high for Anne Arundel. “You’re there for a comfortable stay in someone’s home,” she said. “I don’t do this for business — although it’s a nice business — I do it to share my home.”

Mewmaw emphasized that most of his guests are blue-collar workers and not necessarily the corporate clientele that stay in hotels.

“A difference of \$4 to \$5 a night makes a big difference on what room gets booked,” Mewmaw said. “Granted, you can say the overall rate will go up for everyone. My sense is that it will eliminate more hosts.”

“I think the main result of increased legislation, taxes and red tape is that less



homeowners and more businesses will take over small rentals like this,” he said. “Eventually, it’ll be one or two corporations controlling an army of cleaners and lower-level managers to do all of it.”

Most homeowners are in favor of reasonable guidelines. “Airbnb doesn’t come to my house to make sure it’s fireproof and it’s safe,” Shepard said.

All the homeowners who contributed to this article expressed hesitation over potential laws. Asking for anonymity because of a past incident with stalking, an Arnold host said most of her guests visit from out of state and that providing them a place to stay is more important than making money.

“We host because we have the privilege of supporting local midshipmen when their families visit,” she said. “We have the pleasure of giving a soft place to land at the end of a long day at a local conference. We enjoy opening our doors to the myriads of people who come to cheer on their team when the Navy stadium hosts home games. It’s personal. It’s supportive. It’s fostering relationships and friendships.”

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 Confessions: 9:30-10:15 am; 11:30 am-12:15 pm; 4:30 pm-5:15 pm; 7:30-8:15 pm

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Sunday:

7:00 AM Spoken Mass
 9:15 AM Contemporary
 11:00 AM Traditional Choir
 2:30 PM (3rd Sundays) Filipino Mass
 5:15 PM EXALT Praise Group

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January Weather Serves As A Reminder Of Challenges

» **Continued from A1**
night before for parents and students to prepare for an on-time start to the school day. AACPS revisited the decision the following morning and decided to follow through with the plan based on the timing and predicted accumulation. Snow was supposed to start around 8:00am, accumulate no more than a dusting, maybe an inch at most, and be gone by 2:00pm. That meant the snow would just be starting as middle and elementary schoolers arrived at school, and would be gone and cleaned up by the time high schools dismissed at 2:17. “We were talking throughout the morning, and it was about 10:15 that we decided we were going to pull the plug and get the kids out of school,” Mosier said.

In instances such as the one AACPS saw on January 12-13, Mosier said, it’s easier to make a decision the night before because personnel are actually able to assess the conditions at that time. In other circumstances, such as February 1, when snow is forecast to begin during the morning commute, the decision requires collaboration on behalf of many departments looking at a range of components.

In those cases, the process begins around 3:00am, when AACPS personnel go out to assess the conditions of the roads. If snow has not yet started to fall or has only recently started, personnel will gauge the temperature of the pavement to see whether snow or ice will stick and accumulate. By 4:00am, other personnel are treating school lots and sidewalks with sand and salt. If snow has already

accumulated, an effort begins to clear it. Meanwhile, AACPS communicates with the county’s Department of Public Works and Office of Emergency Management, as well as the State Highway Administration, to gather facts about the weather-related road

“What happens in Harwood and what happens in Severna Park or Linthicum or Pasadena could be four different things. You cancel school, and everyone in North County has no snow but people in South County have 3 inches. We have to make a countywide decision.”

— BOB MOSIER, CHIEF COMMUNICATIONS OFFICER FOR AACPS

conditions.

All that information is collected and provided to Superintendent Dr. George Arlotto sometime between 4:30am and 4:45am so that a decision can be made by 5:00am. AACPS alerts the media and posts an announcement to its website, as well as to Facebook, Twitter and Instagram. Mosier emphasized that AACPS always makes the announcement as soon as possible. “That happens as soon as the decision has been made,” he said. “We tell parents, staff and public that we don’t hold off. I’d like to sleep in too. I’d much rather make the call the night before and not get up at 3 in the morning. But the nature of storms isn’t like that.”

The only delay is the automated phone call that goes out to all parents registered within the school systems. This call is made at 5:30am because many parents gave feedback that 5:00am was too early.

Parents should also remember that even though roads look safe outside their homes, the roads might be more dangerous only a 10- or 15-minute drive away. “One of the challenges we face is that we are a very diverse county in terms of weather,” Mosier said. “What happens in Harwood

and what happens in Severna Park or Linthicum or Pasadena could be four different things. You cancel school, and everyone in North County has no snow but people in South County have 3 inches. We have to make a countywide decision.”

When conditions are expected to improve, or when more time is needed to make a proper assessment, AACPS might announce a delay. In the case of Gia, AACPS delayed schools two hours on Tuesday, January 15, so that icy roads could warm up and officials could assess the conditions later. “We’re going to re-evaluate through those two hours, and buy ourselves more time to err on the side of caution,” Mosier said.

But the week of January 14 brought another tough choice for AACPS – snow was predicted to come through the area on the afternoon and in the evening of Thursday, January 17, so all after-school activities were cancelled.

When Anne Arundel County saw only a few flurries that night, parents claimed after-school activities were “cancelled for nothing,” according to Mosier. “But you have to make the best decision you can with the information you have at the time,” he said. “We don’t just roll the dice.”

In the case of February 1, early dismissal meant the cancellation of afterschool activities, including Friday night sports games, even though most roads and parking lots were clear well before evening. Mosier explained that this is regular procedure. “Once we send students home for a weather-related cause, we’re not bringing them back,” he said.

Parents should bear in mind that if they disagree with the decision made by AACPS regarding school closures, they have the right to keep their children home, according to Administrative Regulation JB-RA, which states, “Students enrolled in public schools are considered lawfully absent from school for any portion of the day,” under circumstances including “hazardous weather conditions which would endanger the health or safety of the student when in transit to and from school.” Students who miss this school day will be allowed to make up any work that was missed.

Parents who do not receive automated notifications from AACPS should check to make sure their correct phone number is registered with their children’s schools. To stay updated on the latest info as soon as it is released, follow AACPS on Facebook, Twitter and Instagram, or go to www.aacps.org.

Find These Stories Online

Black History Is Strong In Anne Arundel County

In honor of Black History Month, historian Janice Hayes-Williams shares information about prominent African American figures from the area. Those people include Wiley H. Bates, Sarah V. Jones, Charity Folks and George Phelps Jr.



Environmental Organizations Optimistic About Hogan’s Proposal

Governor Larry Hogan released his FY2020 budget in January, and it included a record amount of funding for Chesapeake Bay restoration efforts. In regard to local tributaries, including

the Magothy and Severn watersheds, officials from environmental organizations agreed that the proposal offered mostly long-term solutions as opposed to short-term fixes.

Maryland “Red Flag” Law Designed To Save Lives



David V. Diggs, a family law and personal injury

attorney, discusses the “red flag” gun law, which went into effect on October 1, 2018. The statute allows judges and court commissioners to order the temporary removal of guns from people who are judicially deemed a risk to themselves or others.

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Advertisement for Park Plaza featuring logos for various businesses arranged in a circular pattern around a central logo. The logos include: MI PUEBLO II MEXICAN RESTAURANT, Bu Batemark Bistro, SUBWAY, the Cottage, TACO BELL, PARK - TAVERN, HONEYBAKED, The Breakfast Shoppe, Side Street Framers & gift gallery, Noodles & Company, SMOOTHIE KING, Ledo Pizza, Kyoto Japanese Restaurant, and Park Home.


Park Plaza

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Honey Baked Ham		The Cottage	Olde Tyme Barbershop	Long and Foster
Kyoto Japanese Restaurant		The UPS Store	Park Fitness	M&T Bank
Ledo Pizza		Wild Bird Center	Split Ends Salon	Mathnasium
Mi Pueblo Restaurant		Xfinity	Sport Clips	Multi-Specialty Health Care Group
Noodles and Company			Top Nails	Park Pharmacy
Park Tavern				Paul W. Gill, DPM Podiatrist
Smoothie King				Priority Care
Subway				Severn River Dental Health Center
Taco Bell				United Title and Escrow
GIFT SHOPS & RETAIL		HEALTH & BEAUTY	PROFESSIONALS	
Dance Supplies, Etc.		Creative Force Dance Center	ATI Physical Therapy	
Dress Barn/Dress Barn for Women		Hair Cuttery	Chesapeake Hearing Centers, Inc.	
Five Below		Hand and Stone Massage & Facial Spa		
Franklin’s Toys				
Jo-Ann Fabrics				
Marc Todd Jewelers				
Music and Arts Center				
Park Home				

Park Plaza is located at 550-582 Governor Ritchie Highway in Severna Park. Sponsored by the merchants of Park Plaza Shopping Center.

It’s That Time: Vote For The “Best Of Severna Park” 2019!



NAME: _____

PHONE: _____

EMAIL: _____

Above info is required.

The Categories Are:

Food/Dining

1. Best Restaurant Overall _____
2. Best Wait Staff _____
3. Best Breakfast _____
4. Best Lunch _____
5. Best Dinner _____
6. Best Kids' Menu _____
7. Best Barbecue _____
8. Best Burger _____
9. Best Coffee _____
10. Best Crab Cake _____
11. Best Bakery/Cakes _____
12. Best Dessert _____
13. Best Ice Cream/Frozen Treat _____
14. Best Pizza _____
15. Best Salad _____
16. Best Sandwich/Sub _____
17. Best Seafood _____
18. Best Wings _____
19. Best Fast Food _____
20. Best Asian _____
21. Best Italian _____
22. Best Mexican _____
23. Best Gluten-Free Menu _____
24. Best Vegetarian Menu _____
25. Best Caterer _____
26. Best Bar _____
27. Best Delivery Service _____
28. Best Special Occasion _____

Beauty & Fitness

1. Best Fitness Club _____
2. Best Hair Salon/Barber Shop _____
3. Best Hair Stylist/Barber _____
4. Best Martial Arts Program _____
5. Best Place For A Massage _____
6. Best Massage Therapist _____
7. Best Nail Salon _____
8. Best Spa _____
9. Best Weight-Loss Program _____

Health

1. Best Medical Practice _____
2. Best Physician _____
3. Best Men's Care _____
4. Best Women's Care _____

5. Best Audiology Practice _____
6. Best Chiropractic Practice _____
7. Best Cosmetic/Reconstructive Surgery _____
8. Best Dental Practice _____
9. Best Optometry Practice _____
10. Best Ophthalmology Practice _____
11. Best Gastroenterology Practice _____
12. Best Orthodontic Practice _____
13. Best Orthopedic Practice _____
14. Best Pediatric Practice _____
15. Best Pharmacy _____
16. Best Physical Therapy Practice _____
17. Best Mental Health Care _____
18. Best Veterinary Practice _____
19. Best Senior Living Facility _____

Professional Services

(Please Specify Agent & Company)

1. Best Accountant _____
2. Best Insurance _____
3. Best Investment Adviser _____
4. Best Lawyer _____
5. Best Mortgage Lender _____
6. Best Real Estate Agent _____

Best Home Services

1. Best Electrical Contractor _____
2. Best Fence/Deck Contractor _____
3. Best Flooring/Carpet Contractor _____
4. Best Cleaning Service _____
5. Best Home Improvement Contractor _____
6. Best HVAC Contractor _____
7. Best Interior Designer _____
8. Best Kitchen/Bath Remodeling Service _____
9. Best Landscape/Lawn Contractor _____
10. Best Painting Contractor _____
11. Best Pool Service _____
12. Best Plumbing Contractor _____
13. Best Appliance Repair Service _____

Community Services

1. Best Auto Repair _____
2. Best Bank _____
3. Best Car Wash _____
4. Best Computer Service _____
5. Best Dry Cleaner _____
6. Best Marine Repair _____
7. Best Pet Grooming _____

Retail/Shopping

1. Best Overall Customer Service _____

2. Best Art/Photography/Frame Shop _____
3. Best Athletic Gear Shop _____
4. Best Bicycle Shop _____
5. Best Consignment Shop _____
6. Best Florist _____
7. Best Garden Center _____
8. Best Gift Shop _____
9. Best Grocery Store _____
10. Best Hardware Store _____
11. Best Home Decor _____
12. Best Jeweler _____
13. Best Liquor Store _____
14. Best Pet Supply Store _____
15. Best Toy Store _____

Entertainment

1. Best Place For Family Entertainment _____
2. Best Live Music Venue _____
3. Best Happy Hour _____
4. Best Place To Watch The Game _____
5. Best Event/Special Occasion Hall _____
6. Best Place To Take Out-Of-Towners _____
7. Best Entertainment Venue Within 25 Miles _____

Kids' Activities

1. Best Activity Center _____
2. Best After-School Program _____
3. Best Children's Dance Company _____
4. Best Day Care _____
5. Best Music Instruction Program _____
6. Best Party/Special Occasion Venue _____
7. Best Playground _____
8. Best Summer Camp _____
9. Best Sports Facility _____
10. Best Youth Sports League _____

Community

1. Most Desirable Community To Reside _____
2. Best Community Beach _____
3. Best Community Pool _____
4. Best Club/Organization _____
4. Best Nonprofit Organization _____
5. Best Place To Work _____
6. Best Church _____
7. Best Pastor/Church Leader _____
8. Best School _____
9. Best Educator _____
10. Best Marina _____
10. Best Business To Open In 2018 _____
11. Most Influential Community Members (Name Three) _____
- _____
- _____
- _____

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HAPPENS TO YOU?



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NEIGHBORHOOD OF THE MONTH

Brittingham

Neighborhood of the Month takes an in-depth look at the unique communities that make up Severna Park as a whole. Each has its own history, its own special amenities and its own people who are happy to call that place home. Want to share with our readers all about your neighborhood and what sets it apart from others? Email spvnews@severnaparkvoice.com and let us know!



Photos by Judy Tacyn

Above: Maureen Carr-York and Megan Cormier both feel at ease in Brittingham, a community that has abundant wildlife and friendly neighbors from families young and old.



Intentional Development And Quiet Cul-De-Sacs Map Brittingham's Charm

By Judy Tacyn

The statuesque community of Brittingham — located in Millersville off Jumpers Hole Road — was developed by Calvin Grey Jr. Construction began in earnest in the early 1990s when Landmark Builders and NV Builders broke ground on the first section in the soon-to-be neighborhood. There are four "sections" in total, each consisting of extra wide streets and cul-de-sacs, sidewalks, and lot sizes of about an acre. Most homes are traditional and colonial in style and range from approximately 2,500 to 6,900 square feet.

Sections 1 through 3 are to the south of East-West Boulevard, Section 4, the tucked-away Fordham Road and Court, is to the north of East-West Boulevard. Sections 1 through 3 have a walking path to Kinder Farm Park, and all sections border the B&A Bike Trail. A quiet pond offers long summer days of fishing for anglers of all ages and winter ice hockey games for those with Stanley Cup dreams.

Halloween is a favorite time of the year at Brittingham. At the end of the year, homeowners have a holiday party at a local restaurant. Other events include an Easter egg hunt, summer kickoffs, crab feasts, and barbecue for Memorial Day, Fourth of July and Labor Day.

Children attend Oak Hill Elementary School, and Severna Park Middle and High schools.

MEGAN CORMIER
RESIDENT FOR TWO YEARS

Megan Cormier's family moved to Maryland due to a career relocation, but she feels lucky to have found Brittingham.

Because the family has small children, Brittingham's proximity to Kinder Farm Park is an added bonus.

"We take family walks across the street to Kinder Farm Park and the sports complex. We can walk to our own neighborhood pond as well as to the B&A Trail," Cormier said. "As parents, we love that our kids have so many friends their ages within the neighborhood and in each of the sections. I also love how wooded the neighborhood is with beautiful, mature trees."

Now that her family is settled, she's learned that there is another perk to her neighborhood: babysitters.

"Brittingham is a fine mix of newer retirees, older and younger families," she added. "There definitely is an amalgamation of folks that have moved from all over the states and now call this neighborhood home. Babysitters are not hard to find here!"

The Cormiers also appreciate

that they can ride their bikes to their favorite places.

"We have at least two large community spaces of land. Our children and others utilize one of the smaller spaces as their own secret soccer field," Cormier said. "It's a great neighborhood to have a multi-family game of laser tag, with so many trees and terrain."

Cormier volunteers and substitute teaches at Oak Hill Elementary School. She also volunteers with the Greater Severna Park Mom's Club and Sarah's House.

"We hit the neighbor and neighborhood lottery with our move to Maryland," Cormier said.

MARIANNE BATZLER
RESIDENT FOR FIVE YEARS

Marianne Batzler and her family found Brittingham from a tennis partner who needed to relocate.

"My tennis partner owned the house prior to us. We had come to the house for a party and I liked it," Batzler said. "When her husband was transferred away, we bought the house. We liked the neighborhood as we wanted to be close to Chartwell and wanted an open concept house with higher ceilings."

Though they liked the house, they now love their neighborhood. Asked what makes Severna Park special, Batzler said "the pride of homeownership. People keep their

homes in great shape. Also, the neighbors are very nice and similar in outlook and relative interests."

Batzler remembers a time when neighbors were more like family.

"A neighbor moved in shortly after losing two of her children in a fire," Batzler recalled. "We all came together to make sure they felt welcome in their new neighborhood."

MAUREEN CARR-YORK
RESIDENT FOR 24 YEARS

Maureen Carr-York and her husband moved to Chartwell in Severna Park in 1988. "We purchased one of the smaller homes in the beautiful neighborhood of Chartwell and were there for more than five years," Carr-York said. "At that point, we decided we needed more space for our active family. Our lot didn't have much room for expansion, but we didn't want to move away from our friends in Chartwell, so we were very happy to see the signs for the new development go up nearby."

Carr-York chose her lot and home design in 1993 and moved in a year later.

"We always feel a sense of calm and peace when we turn into Brittingham," she added. "The homes are lovely and well maintained, and our neighbors warm and friendly. We have beautiful woods behind our home and see a lot of wildlife.

"When we moved to Brittingham 24 years ago, we were, like most of our neighbors, a young couple raising young children," Carr-York continued. "Over the years, much of the neighborhood has turned over to the point where we are the oldest couple on the street and appreciate the chance to enjoy watching the current generation of youngsters playing ball in the cul-de-sac, and enjoying the same rites of passage as our kids all those years ago."

Carr-York and her husband are very active in Severna Park and in the county. Over the years, Jim York has coached Green Hornets sports teams and has handled administrative duties for the organization. As a physician board certified in orthopedics and sports medicine, he has also volunteered countless hours for young athletes, providing preseason physicals at Anne Arundel Community College and area schools. Carr-York has served as a member of the Anne Arundel County Board of Education (1991-1996) and on the Board of the Greater Severna Park Council (president from 2006-2010 and 2013-present), which is an umbrella group of some 60 homeowners and community associations in the Greater Severna Park area. Since 2016, Carr-York has served as a judge of the Orphans' Court of Anne Arundel County.



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Viewing Problems From A Larger Lens

Amanda Fiedler

Councilwoman
District 5



Shortly after my January column in the *Severna Park Voice*, I received an email from a constituent. It was a kind suggestion to avoid saying “what a typical politician says.” The letter tasked me with “ruffling feathers” and to identify those I feel are the sources of problems (traffic-related in this circumstance) when I have an opportunity. I appreciated the input but respectfully disagree.

Over the course of the past nine weeks, my office has managed a variety of constituent and community concerns. Traffic has been a prominent challenge, specifically in Severna Park. If you live in Severna Park and read this publication, you are already aware of the locations in question. The efforts to find a solution to this problem continue through regular communication between residents and

myself, multiple site visits, and conversations with our police department regarding enforcement. Children have a right to walk to their school and parents have a right to drive them if they determine walking conditions aren’t safe. Residents of communities should be able to use their sidewalks and crosswalks without fears of being struck by a passing vehicle. Drivers have a personal responsibility to follow the law.

Traffic isn’t the only matter facing our district. The eastern seaboard has received record amounts of rain and continues to accumulate precipitation into the winter months. Homeowners, including myself, are walking into muddy, saturated yards or small lakes that once were covered with green grass. Is this record amount of rain the new “normal?” Do we have puddling due to failing drainage systems or because the ground can no longer absorb additional water? Perhaps it is a combination of both. I don’t know the answer to that ques-

tion, but these are questions we need to ask ourselves if we are to find a solution. With every passing month, we near the General Development Plan, and I have challenged myself with not pointing my finger (or ruffling feathers) in any one direction to place blame. Instead, I believe the wiser, more responsible approach is to take a step back and view from a larger lens. Water is a tricky force of nature. If we don’t carefully identify the source, or combination of sources, and develop a wholistic approach to righting the issue, our community will continue with this problem.

The last month has been a continuation of facing the two dominant concerns crossing my desk, but it was also one of unexpected and unfortunate events at two of our local schools. In mid-January, I was notified that two separate incidents of anti-Semitic drawings and other offensive or threatening language were found while students were in classes. Both cases are still un-

der investigation. Letters were sent home to parents in each incident. I applaud the administrations for taking immediate action. These incidents are not new to our county, and hate can exist anywhere. It is upsetting and concerning to hear about these events, but they force and encourage serious conversations in our homes. I do not condone intimidating or threatening language directed toward any person or any group based on race, religion or any other differences, and I take full responsibility to teach this to my children. Personal responsibility is a large piece to the solution puzzle.

As I reflect on the constituent letter I received, I appreciate the perspective of “ruffling feathers” to get the job done. I do my job differently. I review issues from all sides, have thoughtful discussions, look for reasonable solutions, and acknowledge where personal responsibility over government is necessary. I believe that cooler heads prevail over ruffled feathers.

A History Of Scouting

Michael Malone

Delegate
District 33



Scouting began a little more than 110 years ago in England when Lord Baden Powell, a hero of the Second Boer War and author of a military field manual, took 21 adolescent boys camping in the woods for two weeks, teaching them observation, deduction, woodcraft, boating, lifesaving and patriotism. Scouting spread to America in 1909, when Chicago publisher William Boyce was lost in the London fog when a Boy Scout came to his aid. After guiding Boyce to his destination, the boy refused a tip, explaining that as a Boy Scout he would not accept payment for doing a good deed. Similarly, Juliette Gordon Lowe, inspired by a meeting with Lord Baden Powell, founded the Girl Scouts of America in 1912, before women were even granted the right to vote. In 1930, Boy Scouts began the Cub Scout program for younger boys, and in 1998 started Venturing, which now is a co-ed outdoor program for older youth.

Both scouting organizations, despite not being affiliated, promote leadership, service and adventure for America’s youth. Eagle Scouts succeed in many different arenas, and range from Gerald Ford and Michael Dukakis to Sam Walton and Richard Covey to Wynton Marsalis and Steven Spielberg. Sixty percent of American astronauts, including Neil Armstrong and Jim Lovell, were Eagle Scouts, and astronauts Sally Ride and Christa McAuliffe were Girl Scouts. Prominent Girl Scouts range from Venus Williams and Jackie Joyner-Kersey, to Gwyneth Paltrow and Taylor Swift, to Barbara Mikulski and Hillary Rodham Clinton. According to 2010 study by Baylor University, compared with non-Scouts, Eagle Scouts are more than 60 percent more likely to volunteer time to an organization, more than 70 percent more likely to vote and hold leadership positions in the community or workplace, 80 percent

more likely to take a course or class, and more than 90 percent more likely to work with a group that protects the environment.

Scouting has always been a major part of my family. I am one of the first Eagle Scouts from Troop 115 in Crofton, and my two oldest sons became Eagle Scouts with Troop 769 in Odenton, while my youngest crosses over to Boy Scouts next month. My daughter has been a Girl Scout for more than seven years and has grown up listening to her brothers’ exploits at Philmont Scout Ranch, camping at Old Rag, splunking and so on, and has even gone on her brothers’ family scout trips to aquatics camp, the Capitol, and Great Falls. Now she and other girls can join Scouts BSA, earn merit badges and plan and go on outings, in their own right.

This month, Scouting BSA, formerly known as Boy Scouts of America, officially opens its doors to girls ages 11-17 for participation in girls-only troops. (Girls under 11 or younger than eighth grade were welcomed last year into Cub Scouts.) Dens and troops are single-gender; girls can’t join an existing Cub Scout den, instead forming a girls-only den in a Cub Scout Pack or a girls-only troop. Troops or dens can be formed with five girls, and female troops are already forming here in Anne Arundel County. These include Troop 214 in Crofton, Troop 2019 in Edgewater, Troop 1975 in Severn, and Troops 422 and 396 in Annapolis. Some, like Troop 422, are linked to an existing Boy Scout troop and share the same number; others are forming independently with a unique troop number. Either way, both male and female troops will enjoy the same curriculum, with opportunities to earn merit badges, attend summer camp, and otherwise enjoy outdoor and leadership activities.

A great part of being a delegate is presenting House of Delegate recognition citations at Eagle Court of Honors. I am looking forward to presenting an Eagle citation to young women in the near future.

Embracing The Process

Heather Bagnall

Delegate
District 33



It has been three weeks since I was sworn into the 439th session of the General Assembly. There is an expression veteran legislators use frequently when describing the experience of a 90-day session in which approximately 3,000 pieces of legislation will be considered — “drinking from a fire hose.” However, despite the whirlwind feel of this time, we are not there yet, because this is our “slow period.”

I am one of the new members of the Health and Government Operations Committee, and our days are currently filled with briefings as we attempt to learn and process the ins and outs of the entire spectrum of health care in Maryland. This is when the process, the structure,

becomes so important. I am, by nature, a process-oriented person. As an artist and educator, I’ve lived by the mantra “a strong process will result in a good product,” and in 30 years of teaching and performing, I’ve yet to see that fail.

The process — committees, subcommittees, briefings, hearings, legislative receptions, caucuses, work groups, meetings, even dinners where we get to know and form relationships with our colleagues — helps break down this mountain of information into somewhat digestible bites. There is also a humanity and humility that comes with this structure.

Of course, even as we begin to discuss and dissect the bills before us, the work for our constituents doesn’t stop. It was a strange juxtaposition even as we were sworn in at the state level, we were already in the third week of what would become the longest federal government shutdown

in our history, and the suffering of so many Marylanders weighed heavily on us. It is why I was grateful for the process, grateful to have a schedule, which allowed me to keep working, even as we sought solutions and temporary relief measures until a more permanent solution would be found in Washington.

We remain steadfast in finding relief for Maryland as we wait in the shadow of another shutdown. We are just beginning our hearings on legislation, and every day, I have constituents who need help, whether it is with a water leak, an unsafe street crossing, or an overdue utility bill resulting from a furlough. Each time I am able to help, even if it is just helping someone navigate to the right person, feels like a big check in the win column. The schedule is as tempestuous and transient as the weather, but the process remains the same.

I am frequently asked about my legislative priorities. I am taking this time to be strategic, to learn everything I can, and to ensure whatever I do, I am creating a solid path for its success, researching what legislation has already been

undertaken this session and where we might have gaps. This is my process. I know there will be missteps; there will be times when I am on the side of an issue that may not be universally popular, and now is the time when I establish how we navigate those issues. I’m also aware not everyone would be as excited to sit through a briefing on insurance or long-term care or the all payer system versus total cost of care as I, but I’m soaking it up like the research nerd I am and enjoying the process.

This session, we will tackle some weighty issues in our committee as well as in the legislative body as a whole. We are looking at strategies to combat the opioid epidemic, strategies to bring the cost of living down and the quality of life up for working families, strategies for closing the equity gap in our public education as well as combating our rising sea levels and rapid climate change. I cannot promise we will always be in agreement, but I can promise that I will never be arbitrary in my decision-making because arbitrary is not what I promised and definitely not part of the process.

Letter To The Editor

REFORM HOA LAWS NOW

Congratulations to the 2019 Maryland General Assembly members and 2019 Anne Arundel County Council members. A lot of things need fixing in Maryland and so does the need for overhauling, supplementing and reforming laws pertaining to homeowner associations, condominium associations and their management companies that operate in Maryland. It is hard to believe that there appears to be no Maryland state licensing requirements for homeowner or condominium associations. Better laws and regulations by some sort of government agency may be needed for oversight purposes when homeowner associations (HOA) want to create, amend or change HOA bylaws and policies and handle HOA funds.

In past years, many people have supported Maryland to license HOA and condo associations, but no bills or laws were passed yet to enact it. Currently, thousands of Maryland homeowners, and more to come, are affected by a homeowner and or condo association. Many of these associations collect and manage money and they are

involved with their community covenants, restrictions, bylaws, amendments and policies, which many times leads to nasty disputes between them and their homeowners. Perhaps more government agencies may be needed to assure that homeowner and condominium associations are being fair and reasonable with their homeowners. Homeowner associations and condominium associations should not be outrageously and extremely punishing or bullying their homeowners. Homeowner and condo association managers and or board of directors should not abusing their powers as some sort of personal vendetta against a homeowner. Currently, I am suing a homeowner association, and the case is pending a court outcome.

I cannot alone get the Maryland state and local county government agencies to pass laws, so I am hereby asking you, the public, to help with this matter by contacting your elected government officials to support, introduce, and pass bills and laws to better regulate homeowner and condominium associations and their management companies.

**Bill Lambros
Annapolis**

Ed Reilly

Senator
District 33



By the time you read this article, the Super Bowl has been played and either the Rams or the Patriots are the Super Bowl champs. It is a commonly known fact that the Super Bowl is the most bet-on sporting event in the world, followed by March Madness. The potential gaming tax revenue from these two events is not being captured in Maryland because sports betting is not legal. Meanwhile, because a Supreme Court ruling in May 2018 removed a federal ban on sports betting, states surrounding Maryland — including Delaware, New Jersey, West Virginia, Pennsylvania and recently the District of Columbia — all have legalized sports betting. Today, Maryland residents can legally go to neighboring states and bet on sporting events.

Last year, legislation to legalize sports betting was

submitted in the legislature and passed in the House of Delegates by a 124-14 vote, but it failed to pass in the Senate before the end of session. This legislation was a referendum item that would have placed the question to legalize sports betting on the November 2018 ballot. Since this legislation was not passed, it has been delayed until the next election cycle in November 2020.

Some members of the Maryland legislature are looking to get sports betting into law this session to become law in 2020. The new plan is to place sports betting under the Maryland Lottery and Gaming Control Commission regulatory system. A 2007 law requires any new commercial games to go to referendum, but the lottery is exempt from this law. Not only would this new legislation have the lottery as the regulatory body, but it would also stipulate the locations. The legality of this option is still being discussed.

One reason sports bet-

ting bill did not pass in the Senate last year was the inability to decide whether to allow sports betting at the racetracks. The House included the racetracks in the bill that they passed, but the Senate members couldn’t agree on this part of the legislation, and the bill failed. The locations are yet to be decided by the legislature, but the general thinking is that sports betting will be at the six Maryland casinos and possibly the racetracks. The casinos would prefer having sports betting allowed only in their existing facilities, and not inclusive of the tracks. The Maryland Stadium Authority is encouraging other kinds of betting at the racetracks to bring additional revenue into tracks such as Laurel and Pimlico.

The casino owners in Maryland, MGM National Harbor, Live Casino & Hotel, Horseshoe in Baltimore, Ocean Downs, Hollywood Casino and Rocky Gap Casino are looking forward to the legalization of sports betting. If it is legalized, the casinos can offer Las

Vegas style sports booking rooms. However, it’s a difficult decision as to who will offer sports betting, and then there is a question of how much the organizations that offer sports betting will pay Maryland in licensing fees and taxes. If Maryland’s sports betting totaled 2 percent of the state’s gaming revenues, the gross revenue payouts could increase by \$33.9 million in Fiscal Year 2020. The legislation should stipulate that the money will be put into a lockbox for education in Maryland.

There is a push to keep Maryland competitive with the surrounding states that have approved sports betting, and to capture this revenue in our state. Sports betting already has the support of Governor Larry Hogan, Senate President Mike Miller and Speaker of the House Michael Busch. If this legislation comes before me, I will support it. If you have an opinion on allowing sports betting in Maryland, contact me at edward.reilly@senate.state.md.us.

What Would A Healthy Person Do?



It's Sunday afternoon and I'm compiling a grocery list, planning meals and workouts, and catching up on some Marvel movies. As I reply to a client's email, I'm reminded of a simple idea we often use when working with people looking to improve their health and fitness.

So many times when we are trying to make a change in our lives and start a new habit, we often don't know where to begin. This can be true for losing weight, running a race or even quitting smoking.

We often focus too much on the end goal and get overwhelmed by the small steps it takes to reach the end result. But is it possible that we

could be overlooking a simple step in all this?

What if all we needed to do was ask ourselves a simple question: "What would a _____ person do?"

This can be applied to being more fit - "What would a healthy person do?" It could be applied to running a marathon - "What would a marathon runner do?" It really could be applied to a number of things.

Now, simply asking this question is not going to be enough. We have to let this question begin the process of thinking, and acting, like someone who is successful at what you are trying to do.

That might require some research or even enlisting the help of a professional. But for a moment, let's dive into this idea.

If you needed to lose 10 or even 100 pounds, starting with the mindset of "What would a healthy person try-

ing to attain weight-loss do," is not a bad place to begin.

For example, a healthy person might become more active or even start a balanced fitness program. A healthy person may cut out snacks or desserts, eat more salads or vegetables, and drink more water.

This idea can trickle down to regular decisions and tasks. Taking the stairs more often, parking farther away from entrances, and even replacing snacks and sweets with fruit can, over time, have a huge impact on health and body composition.

If your goal is to run your first half marathon, it could be helpful to start with the question, "What would a marathon runner do?" A marathon runner might enlist the help of a running coach or trainer and research first-time marathons and marathon nutrition.

Depending on where you

are starting, a few short runs or some brisk walks could be an appropriate starting point.

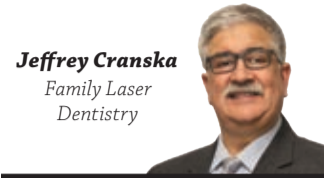
The overall concept here is to put yourself in the mindset of someone who is successful at the task you wish to complete. Then, allow that thought process to help you with your future decisions.

Heck, you could even apply this to everyday life, and ask yourself regularly, "What would a kind or thoughtful person do?" But that's a longer topic for another day.

In the meantime, let's start thinking like the person we want to become and allow that to affect our smaller daily decisions. This won't do everything for you, but it's a good place to start.

Well, I'm back to Sunday errands and activities. Now I find myself pondering, what would someone in need of a nap do on a Sunday afternoon?

Tech Talk With Dr. Cranska



Modern dentistry is dynamic. Changes to improve patient comfort and quality of care are always being developed. The use of improved dental materials, modern delivery systems, lasers, computer-generated imaging, and computer management software systems are just some of the changes.

In this column, I will answer questions on high-technology dentistry. Please direct inquiries to my website at www.cranska.com or email me at familylaserdentistry@outlook.com.

NINE REASONS TO CALL A DENTIST NOW

1. Pain on biting
2. Swollen face
3. Broken teeth
4. Sensitive teeth
5. Jaw pain
6. Bleeding gums
7. Bad breath
8. Dry mouth
9. Mouth sores or growths

However long it has been, you need to see the dentist for a thorough examination. You need to learn what you need to do to have a healthy mouth and get back into a regular oral care routine. See how modern dentistry can help.

Q: What would a dentist do to my teeth?

A: A dentist is responsible for a thorough examination and proper diagnosis to determine the best treatment for the patient.

The first thing is to assess the patient's condition, examine for oral diseases and identify problems. This includes a review of health history, taking blood pressure and pulse, doing an oral cancer screening and examining the

patient for oral diseases.

A comprehensive examination includes dental radiographs (X-rays) to check for abscesses, dental decay, oral pathology and periodontal disease. Collected information will be used to plan treatment.

Q: What is tooth decay?

A: Dental decay (caries) is a bacterial disease. In their mouth, everyone has bacteria, which cause caries. These bacteria form a plaque on teeth (sticky bacterial deposits); sugar from the diet is turned into acid by these bacteria, which causes decalcification of the tooth, destroys the tooth enamel and decay to occur.

Dental caries is not completely preventable. No vaccine is available to prevent this common disease. Without a cure, utilize the modern dental technologies for maximum prevention and limit destruction with early treatment. Decayed teeth need to be treated.

Q: What are gum disease, periodontitis and periodontal disease?

A: Periodontal disease is an infection of the tissues that surround teeth. It is caused by the accumulation of bacteria (long-term plaque). It's progressive, causing the structures that support teeth to break down (gums, jaw bone and attachment to the roots). As gums are damaged, pockets develop around the teeth. Untreated, more gum is destroyed and infection spreads down the roots to infect bone. Even healthy teeth become loose, fall out or need to be extracted. Periodontitis is the primary cause of adults losing their teeth.

Gingivitis is the milder and reversible form of periodontal disease. No bone loss, yet. Gingivitis, if untreated, can progress to periodontitis.

Take advantage of the advances in dentistry and your dentist's experience. It's never too late for help.

Bello Machre Receives \$25,000 Grant



The nonprofit Bello Machre will receive a \$25,000 grant from Phillips Charitable Foundation to help fund its certified nursing assistant training program for 2019. Bello Machre supports people with developmental disabilities.

"We can't thank Phillips Charitable Foundation enough for their extremely generous gift," said Dr. Robert Ireland, president and CEO of Bello Machre. "This funding grant will help to train and develop our current employees to be confident in their abilities to provide outstanding care to the people we support."

Bello Machre's current 110-hour certified nursing assistant course will begin on March 11. The spring 2019 CNA class graduation ceremony will take place mid-April.

Phillips Charitable Foundation Inc. is a private charitable entity founded in 2016 by Eileen Gross at the request of Howard W. Phillips Jr.

Phillips was a 1944 graduate of Landon School and a 1950 graduate of Lehigh University. He remained an active and engaged alumni for both institutions until he passed away in November 2016. He was successful in business, leading the second generation of his family's business ventures in insurance and real estate investments. He was smart, generous and driven. He had a love for history and collected many historical treasures throughout his lifetime.

The year 2018 was the first for Phillips Charitable Foundation grants. Like Howard Phillips Jr., the grants focus on solving problems. They support charitable organizations that provide a genuine impact in the lives of others by removing obstacles and finding lasting solutions. Through its grant-giving, the foundation aims to bring measurable improvements in the prosperity, health, and vitality of people and communities.

Save The Date: Gala To Benefit Partners In Care

Tickets are on sale now for the 16th annual Black Tie and Diamonds Gala hosted by the Rotary Club of Annapolis. The benefit will be held from 6:00pm to 11:00pm on Saturday, March 2, at the Hotel Annapolis (formerly the Loews of Annapolis) at 126 West Street in Annapolis. Valet parking will be available.

Guests can enjoy an open bar and hors d'oeuvres while browsing a silent auction with many great items up for bid. A seated dinner with a live auction will follow. There will be special items, exciting trips, and a signature diamond piece donated by Zachary's. The evening will be topped with a decadent dessert and dancing to music by C&J Entertainment.

Annually, the Rotary Club of Annapolis selects a charity to benefit from

the proceeds. This year, the beneficiary is Partners in Care, which services Anne Arundel County, Easton and Frederick. Founded in 1993, Partners in Care is a community nonprofit that empowers older adults to remain independent in their own homes. Using time exchange, the organization provides transportation, minor home repairs, civic engagement and advocacy via volunteer members. Participants contribute to the well-being of each other. Contact 410-544-4800 or visit www.partnersincare.org for information.

Gala tickets are \$150 per person and \$1,500 for a table of 10. It is possible to select a table in the ballroom. To purchase, contact Sue Weber at 410-507-6020 or email her at annapolis-rotaryevents@gmail.com or visit www.annapolisrotary.org and click on "events."

UM BWMC's Heartbeat For Health Set For Feb. 23

University of Maryland Baltimore Washington Medical Center (UM BWMC) is sponsoring Heartbeat for Health on Saturday, February 23, from 10:00am to 1:00pm at The Y in Arnold. This free, informative and fun-filled event will celebrate the benefits of dance and

exercise in the prevention of heart disease, while reinforcing community awareness and education about overall health and wellness.

New to this year's lineup of activities are exercise challenges and an obstacle course for kids. Dance and exercise demonstrations will

also be presented by local organizations, and attendees are encouraged to participate. Free health screenings and educational displays will be offered. Refreshments and promotional items will also be available. For more information, visit www.umbwmc.org/heartbeatforhealth.

The Y in Arnold is located at 1209 Ritchie Highway in Arnold. For more information about Heartbeat for Health or for a free calendar of events of free screenings and programs at UM BWMC, call the medical center's community outreach department at 410-553-8103.

Tips On How You Can Start Leading A Heart-Healthy Life

Heart disease is a leading cause of death in Anne Arundel County and the United States. It affects both men and women. In fact, women are more likely to die from heart disease than from cancer.

Heart disease is any disorder that affects the heart's ability to function normally. The most common type is coronary artery disease, which can lead to a heart attack. High blood pressure, also known as hypertension, is a major risk factor for heart disease. A blood pressure reading below 120/80 millimeters of mercury is considered normal.

You are at risk for heart disease if you have any of these factors:

- Have been diagnosed with high blood pressure or diabetes mellitus
- Have high blood cholesterol levels of LDL (bad

- cholesterol)
- Smoke
- Eat a diet high in fat, cholesterol or salt
- Are physically inactive and unfit
- Are obese
- Are a female who drinks more than one alcoholic drink a day or a male who drinks more than two alcoholic drinks a day
- Have a family history of heart disease

What are the most common signs of a heart attack?

Heart attack is a leading killer of both men and women in the United States. However, there are many medical treatments that can save lives. Treatments are most effective when started within one hour of the start

of a heart attack. If you think that you or someone near you is having a heart attack, call 911 right away. The signs of a heart attack are not the same for everyone. Even a person who has already had a heart attack may experience different symptoms during a second heart attack. Men and women also tend to have different symptoms. Here are a few of the most common signs of a heart attack:

- Sudden pressure, pain or heavy feeling in the chest
- Pain in the chest, shoulder, neck, jaw or arms
- Shortness of breath
- Fainting
- Sweating
- Pale and clammy skin
- Nausea

- Fast or irregular heartbeat
- Anxiety or a feeling that something bad is going to happen

How can you reduce your risk?

The good news is that there are ways to reduce your risk for heart disease and other chronic diseases. Making these changes can also help you feel better as your body becomes healthier and stronger. Here are a few ways that we can help you adopt a healthier lifestyle:

Eat a healthy diet, including foods low in fat and high in fiber. Fruits and vegetables contain lots of vitamins and minerals and are low in fat. Reduce your intake of fat by eating lean meat, fish, skinless poultry and low-fat dairy products. Avoid fast food and junk food, which are high in fat and calories. Eat more high-fiber foods

like whole grain breads and cereals, broccoli, carrots and bananas.

Get regular physical activity. Adults need at least 30 minutes a day and children need 60 minutes. The best way to become more active is to make small changes each day until they become habits. Make it fun. Go outside and play catch with your kids or turn off the TV and go for a walk with a friend. If you don't have a block of 30 minutes, try being active for 15 minutes twice a day.

If you smoke, quit! It's never too late. Tobacco use is the single most preventable cause of death in the United States. Plus, the smoke from cigarettes is harmful to others, especially unborn babies, infants and children. Talk to your children about the dangers of tobacco use.

Maintain a healthy weight. If you are overweight or obese, even losing just 5 to 10 percent of your

body weight can lower your blood pressure and your risk of heart disease. Healthy eating and regular physical activity are great ways to stay in shape. If you have any health concerns, you should check with your health care provider before starting a new diet or exercise program.

Ask your doctor about health screenings that are good for you. You should discuss any questions or concerns you have about heart disease with your doctor at your next appointment.

Blood Pressure Screening Guidelines

All adults should have their blood pressure checked at least once every two years and at each visit to a medical provider. People with specific medical problems should have their blood pressure checked more frequently. Talk with your doctor about how often you should check your blood pressure.

DOH Announces Beginning Of 2019 Wet Season Perc Testing

The Anne Arundel County Department of Health is currently scheduling appointments for this year's wet season percolation testing. Applications for mound sewage disposal systems must be received and testing must be performed by Saturday, March 16. All other system applications must be received and scheduled by Friday, March 29.

Annual wet season testing is scheduled on a first-come, first-served basis. Prior to March 16, priority will be given where mound testing is expected. For an application and information on perc testing, visit www.aahealth.org and click "Wet Season Percolation Testing" under "In the News," or call the Department of Health's Environmental Health Bureau at 410-222-7193. Completed applications are accepted at the Anne Arundel County Permit Center, 2664 Riva Road, in Annapolis.

The county's wet season test period is determined with data from monitoring wells that are part of a network used by the Maryland Department of the Environment.

Properties in areas of the county where high water table conditions are expected require testing during this season. The highest water table conditions are typically during February, March and April.

Wet season testing provides an accurate assessment of a septic system's ability to work year-round. The information provided by the site evaluation and

perc test is used to determine the size and type of septic system that can be installed on a specific lot. In some cases, due to adverse soil or groundwater conditions, a property may only be developed when public sewer is available.

DEPARTMENT OF HEALTH PROVIDES INFORMATION ON GASTROENTERITIS (STOMACH VIRUS)

Gastroenteritis is an illness of the stomach and intestines, often caused by a virus. Some gastroenteritis infections tend to occur during the cooler months of the year (October to April).

Although some people refer to gastroenteritis as the "stomach flu," it is not the same as influenza or the flu, which is a respiratory illness. Information about gastroenteritis, including symptoms, treatment and prevention, is available at www.aahealth.org. Click on "Gastroenteritis" under "In the News."

The symptoms of gastroenteritis include nausea, vomiting, diarrhea, stomach cramps, low-grade fever, chills, muscle aches, headache and tiredness. Symptoms usually begin about 24 to 48 hours after infection but can appear as early as 12 hours after exposure. People with gastroenteritis are contagious from the moment they begin feeling ill to at least three days after recovery. Gastroenteritis can be spread easily from person to person.

The Department of Health offers these tips to help prevent the spread of gastroenteritis:

- Stay home while sick.
- Frequently wash your hands, especially after toilet visits, changing diapers, and before eating or preparing food.
- Carefully wash fruit and vegetables, and cook oysters and shellfish before eating them.
- Thoroughly clean and disinfect contaminated surfaces immediately after an episode of illness by using a bleach-based household cleaner.
- Immediately remove and wash clothing or linens that may be contaminated with the virus after an episode of illness. Use hot water and soap.
- Flush or discard any vomit or stool in the toilet, and make sure that the surrounding area is kept clean.

For more information on communicable diseases and Department of Health services, visit www.aahealth.org.

DEPARTMENT OF HEALTH HOLDS OPIOID OVERDOSE RESPONSE TRAINING

The Anne Arundel County Department of Health is offering free training to community members on the use of intranasal naloxone to reverse an opioid overdose and prevent death.

Trainees will receive a free naloxone nasal kit to administer to victims of opioid overdose.

WHO SHOULD ATTEND?

- At-risk individuals, family members, friends and associates of some-

one who is using and at risk for overdosing on heroin or prescription pain medications. Teens under 18 may take the training if accompanied by a parent or guardian.

- Staff of treatment programs, recovery services and transitional housing.
- Anyone working with the public.

WHAT WILL I LEARN?

- Training will incorporate the following information:
- What an opioid is.
 - How to recognize, respond to and prevent an opioid overdose.
 - How to administer the naloxone intranasally.
 - Information about the Good Samaritan Law, treatment, and recovery services and fam-

ily support.

WHAT IS NALOXONE?

Naloxone is a prescription medication that is used to reverse an opioid overdose. It cannot be used to get "high" and is not addictive.

HOW TO REGISTER

To register, call the naloxone training line at 410-222-1937 Monday through Friday between 8:00am and 4:30pm.

3 Harry S. Truman Parkway, Annapolis
10:00am - 11:00am
Tuesday, March 12

122 North Langley Road, Glen Burnie
10:00am - 11:00am
Thursday, February 7
Thursday, March 7

UM BWMC February Calendar

WEDNESDAY, FEBRUARY 6

Cancer Survivorship Support Group – Meets from 5:00pm to 6:30pm. This free, self-care skills class and group discussion offers information and support for cancer patients and survivors. In addition to networking and peer support, the group will discuss timely topics related to treatment and care. For any type of cancer. No registration needed. For more information, call 410-553-8179. (Tate Cancer Center, first-floor conference room, 305 Hospital Drive).

WEDNESDAY, FEBRUARY 13
Free Blood Pressure

Screenings – From 8:30am to noon at Harundale Presbyterian Church. No registration needed. (Eastway and Guilford Road, Glen Burnie).

Lactation Support Group – Meets from 2:00pm to 3:00pm. Open to all breastfeeding mothers and their children. No registration needed. For more information, call 410-595-1782. (301 Hospital Drive, 3 South classroom).

Mental Health Support Group – Meets from 6:30pm to 8:00pm. Community members and families discuss helpful information on psychiatric issues. No registration needed. For more information, call

410-553-8070. (Room A of the Partial Hospitalization Program, 301 Hospital Drive, second floor).

THURSDAY, FEBRUARY 14

Preventing Diabetes Class – From 1:30pm to 2:30pm. A diabetes educator discusses factors leading to diabetes and lifestyle changes to prevent diabetes and improve overall health. To register for this free class or for more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223).

MONDAY, FEBRUARY 16
Opioid Overdose Re-

sponse Program – Meets from 10:00am to 2:00pm. Free classes help the community learn the signs and symptoms of an opiate overdose along with how to safely administer naloxone (Narcan), the FDA-approved emergency treatment nasal spray, and Family and Friends CPR to provide aid in sudden cardiac arrest. Preregistration is required as space is limited. For more information or to register, call 410-787-4490. **Also meets Monday, February 18, from 6:00pm to 8:00pm.** (BW Health Services, 7556 Teague Road, Suite 440, Hanover, MD 21076).

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Are you looking to join an exciting team and a company that is growing and expanding? If so, the Severna Park Voice would like talk to you. We have an opening in the local area and are looking for sales candidates to help us call on businesses.

Company Description:

The Severna Park Voice covers hyperlocal, positive news and events from our community. The company has had excellent growth and success along with its sister publication, the Pasadena Voice, which serves Pasadena and Gibson Island.

Job Requirements:

- Positive and team-orientated attitude with superior communication and presentation skills.
- Prior sales experience with demonstrated success in growing sales revenue. Past advertising sales background that includes prospecting skills, conducting face-to-face meetings and making sales presentations.
- Hunter instincts for finding and developing new clients with demonstrated past success.
- Time management and organizational skills to coordinate cold calls and scheduled appointments.
- Ability to meet and exceed multiple scheduled deadlines and due dates.

- Community involvement, including participation in various chamber of commerce activities and other local events.
- Proficiency in Microsoft Office (Word, Excel and PowerPoint) as well as Salesforce or other sales-management equivalent systems.
- Ability to work both independently and within a team in a fast-paced, results-orientated environment.

Contact:

- *Serious inquires only. Please send resume to Larry Sells, chief operating officer of The Voice Media Inc., at larry@severnaparkvoice.com.*



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Chamber Update

Liz League
CEO
GSPACC



We are excited to announce our newest members of the chamber: **Jacki D'Amico Designs, Kevin Haines – Holly Oak Consulting, Vital Fitness Holistic Center, Steak 'N Shake Millersville, Touchstone Title, Renewal by Anderson, Chris Haughton – Cedar Square Homes Inc., James Klenk – Keller Williams Select Realtors of Annapolis, and Vintage Vinyl by "Yesterday's Fish."**

On January 9, the Successful Women in Business group held its First Cup Club coffee and networking event at the **Tough Love Salon**. **Owner Lisa Cardillo** was a gracious and generous host who opened early and provided a light breakfast. She named her salon Tough Love, as she will always give you a brutally honest evaluation of your hair cut and color. For those who listen, they always leave as happy customers!

On January 19, we held our **Health and Wellness Expo for You and Your Pets at the Holy Grounds Youth Center**. The event featured 26 exhibitors who gave demonstrations and talked about ways to keep you and your pets healthy and tackle your New Year's resolutions. We had expert presentations on various topics such as concussion evaluation from **Choice One Urgent Care**, the benefits of tai chi by **Jing Ying Institute of Kung Fu & Tai Chi** (and we enjoyed a mini session), the latest findings in treating Alzheimer's presented by **Dr. Alden Gross of Johns Hopkins**, "Spine Alignment and Health" by **Dr. Michelle Herczeg of Severna Park Family Chiropractic**, "Holistic Health For Your Pets" by **Dr. Lev-**

itsky of Healing Paws Veterinary Wellness Center, an EMS demo, "Addiction and Solutions" by **Pathways**, and much more. Onsite massages were given by **Bodyworx Spa**, and the **Anne Arundel Community College's Health Sciences Department** provided a virtual reality demo of the human heart.

On January 30, we held our 2019 general membership and new officer installation dinner at **Chartwell Country Club**. The new officers were sworn in by **Judge Cathy Vitale**. Our keynote speaker was **Dr. Dawn Lindsey, president of Anne Arundel Community College**. The theme of the meeting was **"From Good to Great to Exceptional."** The annual **Harmony Award** was presented to **Kogen Dojo** in Severna Park in recognition of all that they do in our community. The owners, **Robert Van Valkenburgh, Matthew Van Valkenburgh and Dwayne Bowie**, regularly conduct anti-bullying workshops in the public schools. Their suicide prevention work supports of a local charity called **Burgers & Bands for Suicide Prevention** as well as the national charity **American Foundation for Suicide Prevention**. They have also regularly supported events for childhood cancer awareness and host regular free self-defense workshops for women.

In February, we have planned many events including a Successful Women in Business valentine mixer on February 13 at **Mix and Marble in Severna Park**. We will also have a wine tasting offered by **Goska's Liquors**.

Please join us, as we believe that your success in business is everyone's success. Call us at 410-647-3900 or email info@gspacc.com. Visit our site at www.gspacc.com.

A Crowning Achievement: Dr. Jeffrey Cranska Celebrates 40 Years

By Zach Sparks

Dr. Jeffrey Cranska has never been interested in doing things the easy way. Easy for the patient, yes — procedures are completed with minimal pain and discomfort — but not easy at the cost of cutting corners.

For 40 years, he has maintained an interest in preserving his patients' long-term dental health.

"I try to do minimal things using lasers, so I don't use scalpels hardly at all," said Cranska, who owns Family Laser Dentistry on Baltimore-Annapolis Boulevard. "I don't need to use stitches. We use the laser to do a lot of things with very minimal bleeding afterward. And it's the same thing with the fillings. I do a lot of fillings using a laser or an air abrasive unit, which is like a sandblaster, to cut the teeth so we don't have to drill out so much of the tooth."

Cranska graduated from the



As the dental industry has evolved, Dr. Jeffrey Cranska has advanced his methods and knowledge. He has moved his office from Cape St. Claire to Arnold to Severna Park, but his commitment to his patients has never wavered.

University of Maryland School of Dentistry in 1979. He started a practice in Cape St. Claire, moved his business to Arnold after 15 years, and settled in Severna Park in 2005.

As technology has advanced, so has his local dental

practice. In 1999, Cranska trained to become one of the first 10 dentists in the world to use LANAP (Laser Assisted New Attachment Procedure).

LANAP kills bacteria in the mouth, minimizes discomfort, controls swelling and has

faster healing than conventional scalpel surgery.

While some people have entrusted their care to corporate offices, Cranska has continued to offer a more personalized service, giving people dental health care that will help them for life.

"We look at your health, look at your medicines and any other medical concerns you might have and see how it all ties in," Cranska said. "We teach you how to clean your teeth and take care of your teeth. We show you how to use an electric toothbrush. Those are the things we do, but we can't do that in 15-minute cleanings."

Patients who visit early in life benefit the most. Cranska applies dental sealants to the molars of 6-year-olds and 12-year-olds, eliminating about 90 percent of decay. But even for new patients of any age, it's never too late to benefit from proper dental care. **» Continued on A13**

New Owner Of Romilo's Brings Smart Changes To Popular Severna Park Restaurant

By Dylan Roche

As the new owner of Romilo's Restaurant & Bar, Chris Paradissis wants to preserve the much-loved qualities that have made the establishment a Severna Park favorite for 25 years while still undertaking a few significant changes to keep the business fresh and current. Paradissis bought the restaurant in the summer of 2017 after many years in retail supermarkets, and he sees it as an opportunity to use his skills as a business leader in a new way. "I was [vice president] of operations for Giant Foods and I was managing 100 supermarkets," he said. "I've always enjoyed working with customers, but I had aspirations to own my own business." As a Severna Park resident, owning Romilo's allows him to work a mere couple of miles from his house and take care of customers that he also counts as his neighbors.

Loyal patrons of Romilo's can rest assured that Paradissis



The remodel of Romilo's Restaurant & Bar includes new flooring, walls, furniture and lighting.

sis will keep the same popular menu of Mediterranean fare so many people love. Specialties include the Greek salads, gyro sandwiches, moussaka, spinach pies, baby rack of lamb, souvlaki platters, Greek orzo soup, homemade pizza and homemade crab cakes. "As far as the food, we have improved the quality of the food, but it's pretty much the same menu because it's been very successful — customers love the green and

Italian menu we have," he said. "What's really changing is the look. We're doing a total remodel and giving it a new look."

New flooring and new walls, along with updated tables, chairs and lighting, give the dining room and bar a fresh, modern look. The restaurant is also getting tech advances in the form of a new point-of-sale system and handheld devices for the servers to take orders and accept payments

from customers right beside the table.

Another major exciting change Paradissis has undertaken has been a breakfast menu, which launched early last year. The restaurant now opens its doors at 7:00am and serves breakfast until 1:00pm. Omelets, Benedicts, skillet and an array of breakfast sides and brunch options make up the menu. The best part, Paradissis explained, is that Romilo's can accommodate large groups, so families or friends who are trying to go out to breakfast won't have to be crammed into a small spot or divided up among several booths.

Paradissis sees these improvements as ways to not only please his many loyal customers but also draw in new visitors who have never heard about Romilo's. "Customers love this place. What we have is a solid base, but the younger generations and some of the new people moving into Severna Park don't know us," he said. "I want to change the" **» Continued on A13**

Revere Bank Announces Promotions Of Vice Presidents



Revere Bank recently promoted Kenneth White to senior vice president, Greg Baggan to vice president and Megan Wankel to assistant vice

president.

White has been in the banking industry for more than 35 years. He serves on the board of FSC First; Leadership Prince George's;

SBA District Office Quality Circle; Maryland Commercial Lenders Association; Maryland Black Chamber of Commerce; and Maryland Association of Social Services Board Foundation. White is a graduate of the Johns Hopkins University Carey School of Business, Minority Leadership Development Program (LDP).

Baggan has more than six years of experience in the banking industry. He is a graduate of the 2017-2018 Maryland Bankers Association Emerging Leaders Champions program, a statewide program recognizing the next generation of leaders in the industry. He earned his bachelor's degree from Salisbury University and master's from Loyola University.

Wankel has more than seven years of experience in banking and is also a graduate of the 2017-2018 Maryland Bankers Association Emerging Leaders Champions. She earned her bachelor's from Towson University and master's from the University of Baltimore.

What To Do With Your Old 401Ks

Jason LaBarge
Managing Partner
Premier Planning
Group



You've accepted a new job, congratulations! It's all excitement and fun until you realize you have decisions to make regarding your 401K and confusion sets in. What do you do with your 401K?

Unfortunately, I've seen the old adage, "A confused mind does nothing" played out repeatedly in this scenario. It's not uncommon for someone changing jobs to have a 401K at the company they are leaving, and because they don't know their options, they just leave it there, which may or may not be the best option for them.

WHEN MOVING TO A NEW COMPANY, YOU HAVE FOUR OPTIONS FOR DEALING WITH YOUR OLD 401K

- Keep it where it is with your old company (if they allow it).
- Roll it into your new company's 401K plan (if they allow it).
- Roll it into an IRA.
- Cash it out (Hint – this is

not a good option and no financial advisor worth their salt would recommend it.)

Cashing out should be immediately removed from your list of options to consider. If you decide to cash out and you're younger than 59 and a half, you'll pay a 10 percent early withdrawal penalty. In addition, you'll have to pay federal and state income tax on that money. As if losing all that money to penalties and taxes isn't enough reason to keep your money invested, your 401K interest growth will suffer and be much lower than if you had kept your full amount in your 401K account.

KEEP YOUR 401K WITH YOUR OLD COMPANY OR ROLL IT INTO YOUR NEW COMPANY'S 401K

When you're changing jobs and starting a new 401K, a simple option is to roll your old 401K into your new 401K with your new company. You'll want to check with the 401K administrator to see if they allow this. A big advantage to doing this is that the transaction itself is free, you're consolidating accounts, and there's no management fee. The disadvantage is that

401Ks are generally built for the younger worker, and most of the options inside the 401K are market-based and therefore have market risk. This is fine for a younger person, say 18 to 50 years old, but someone approaching retirement typically wants a more conservative option, which takes us to our next choice.

ROLL YOUR OLD 401K INTO AN IRA

In most instances, I suggest you roll your old 401K into an IRA. I particularly recommend this if you have multiple old 401Ks floating around, because this will consolidate these accounts and make them easier to manage.

When you roll an old 401K into an IRA, it is called an IRA rollover. One of the biggest advantages to this option is that the transaction is completely tax-free; the money you roll into an IRA will not be taxed, which preserves your principal.

IRAs also offer more investment choices compared to the other options. As mentioned earlier, 401Ks generally have more market-based options whereas an IRA usually offers a broader array of investment" **» Continued on A13**

Dr. Jeffrey Cranska Celebrates 40 Years

» **Continued from A12**
Advances in dentistry have made that task easier throughout time, and Cranska has witnessed many other changes both in technology and approach.
“When we started doing white fillings, we had one color and it didn’t match anybody. You’d mix it like epoxy,” Cranska said. “By the time you mixed it, you would incorporate air bubbles into it. After a couple months, it would always look brown because you

would incorporate so many air bubbles trying to mix it.
“The stuff we use now is all mixed under vacuum,” he added. “You put it on when it’s putty and then you hit it with the light, and the laser light makes it hard in a couple seconds and then you can polish it.”
Another big change is that crowns are ceramic instead of metal.
“A robot mills it out of that solid piece of ceramic, makes it look like a tooth, and then

they put it in the oven and make it even stronger, and the technician finishes and sends it back,” Cranska said.
What will the future look like for dentistry? Teaching the next wave of dentists is an important component of that outlook, Cranska said. He routinely travels to the Institute for Advanced Laser Dentistry in California to educate other dentists about the technology and procedures of LANAP. As dentistry becomes more corporate, Cranska is deter-

mined to do things the right way, helping families on a path to lifelong dental care.
“I like my patients. It’s almost like a big family,” Cranska said. “Now the 40-year-olds are bringing their kids in. I’ve seen a lot of generations.”
Family Laser Dentistry is located in the Ritchie Court office building at 877 Baltimore-Annapolis Boulevard, Suite 305, in Severna Park. To learn more, call 410-975-9331 or visit www.cranska.com.

What To Do With Your Old 401Ks

» **Continued from A12**
choices to choose from. We can elect guaranteed interest rate investments, alternative investments, and in some instances, we can even elect bank CDs. In addition to these more conservative choices, you can also choose to elect any market-based investment as well, such as mutual funds, etc.
If you are on the fence about what to do, you can also execute a “partial rollover.” You would decide how much you want to roll into an IRA account and the rest of your balance would be left in your 401K.

DIY Your IRA

Many Generation Xers, and more and more Baby Boomers, are “do it yourselfers.” As a result, companies offering IRAs are catering to this market. Low cost, self-managed IRAs are proliferating. These are used for people who want to manage their money them-

selves. The transaction is tax-free and the funds are allocated in the manner that you, the account holder, choose.
There are a few disadvantages to rolling your IRA. An IRA rollover can come with fees. This is not because the IRA itself comes with a fee, but because when you roll to an IRA, it’s usually done with a financial advisor, and the financial advisor will charge a fee to do this. Also, an IRA comes with the required minimum distribution, or RMD, rules. These rules require a person to take withdrawals from their traditional IRAs once they hit 70 and a half. It’s important to note that 401Ks can also be subject to RMDs, so you may want to check with your tax advisor about your specific situation.
DECIDING WHAT TO DO WITH YOUR OLD 401K
Before you embark on making any of these decisions, it’s best to decide what your

retirement goals are and find a financial professional who can assess your particular situation and help you make the best decisions for you.
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which option to choose.
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Edinboro Early School Marks 30 Years

At a fall celebration, the team behind Edinboro Early School joined the Greater Severna Park and Arnold Chamber of Commerce to celebrate the school’s 30th anniversary with family-centered activities and a ribbon cutting ceremony.

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» **Continued from A12**
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SEVERNA PARK SPORTS

SEVERNA PARK, MD

FEBRUARY 6, 2019

B1

Falcon Girls Top County Once Again, Win Indoor Title

Park Boys Take
Third As Jeffers,
Chaisson Win
Individual Crowns



By Colin Murphy
colin@severnaparkvoice.com

Severna Park's championship reign over indoor track and field continued on January 22 when the Falcon girls totaled 123 points to win the Anne Arundel County championship for a third consecutive year.

Severna Park topped Arundel (87.5 points), South River (66), Broadneck (58) and the rest of the county field for the team title.

The victory at Prince George's Sports and Learning Complex came not via individual dominance — the Falcons produced only one individual county champion, **Sarah Adams**, in pole vault — but by depth and a balanced deployment of abilities, as the Falcon girls achieved the rare feat of scoring in every event.

"Just the girls, the depth and working hard, and we just nickel-and-dimed them," said Severna Park



Photo by Colin Murphy

Runners burst off the starting line of the 1600-meter final at the Anne Arundel County track and field championships on January 22. Broadneck's Anna Janke (far right) won the metric mile by one-tenth of a second over Severna Park's Alyssa Combs (second from right). The Falcon girls captured the program's third consecutive indoor county championship.

coach **Josh Alcombright**. "To score in every event shows we're a really well-rounded team."

Falcon senior **Emily Knight** said the goal of a team county title — not the region or state — is the driving force behind

the team's training efforts throughout the season.

"We're definitely super excited because the county championship is our ultimate goal as a team," Knight said. "We all work for each other, and the coaches helped us a lot, so we want

to do it for them as well. It's an awesome way to go out, senior year."

The Lady Falcons began scoring right from the first gun and built their lead throughout the meet on both the track and in the field.

Adams, a junior, secured

her second-straight indoor county pole vault title by clearing 10 feet, 3 inches.

"I'm really glad I could do it for the team, because we do so much and work really hard every day," said Adams.

Despite not reaching her personal-best height of

10 feet, 6 inches, Adams' pole vault title is all the more impressive seeing as how she rarely gets reps at outdoor winter practices and just brings her best effort on meet day.

"I just practice it at meets, basically," Adams said, laughing. "It's too cold out."

Adams also had to qualify her way into the final of the 55-meter hurdles, taking second in her preliminary heat, and ended up banking five points by placing fourth in the final. She noted that everyone on the team does their best through the unglamorous routine of training in frigid weather on practice days.

"Even though it seems tedious, just running, running, it does help and we are a better team because of our coaches and everyone," she said.

Severna Park's **Alyssa Combs** narrowly came in as runner-up to Broadneck's **Anna Janke** in the 1600, as Janke won the event in 5:16.50 and Combs was one-tenth of a second behind at 5:16.60. Combs also placed sixth in the 3200, an event in which the Falcons scored 13 points thanks to the third-place finish of **Kelsie O'Neill** and fifth-
» Continued on B4

Falcon, Bruin Swimmers Set To Contend For County

By Colin Murphy
colin@severnaparkvoice.com

It's been another strong year for the Severna Park swim team, which will look to continue its streak of top results at the county championship meet on February 8.

Celebrating senior night on January 25, Severna Park's boys (8-0) remained undefeated and stacked up a trio of wins, defeating Broadneck, South River and Old Mill at Arundel Olympic Swim Center in Annapolis. Severna Park's girls moved to 6-2 despite suffering their first two losses of the season, falling narrowly to Broadneck and losing to South River in addition to beating Old Mill.

The Falcons have a total of 40 swimmers on the roster — 20 boys and 20 girls — and of the 40, 27 are underclassmen. First-year head coach **John Bachkosky** spoke proudly of the continued success of the program, particularly the boys team, which has not lost a meet since the 2015-2016 season.

"I am extremely proud of how the older swimmers have helped teach the younger ones by example," said Bachkosky. "They present themselves with class and

represent our school in a way that would make any Falcon proud. I am also extremely proud of the effort the younger swimmers have put in to improve. It bodes well for next year and beyond to see so many of them driven to be the best they can be."

Highlights were many on January 25 and foreshadow what the Falcons hope will be a winning effort at counties.

Tyler Moran was a multiple event winner for Severna Park; he won the 200-yard freestyle in 1:50.61 ahead of Broadneck's **Gabe Kott** and also claimed the 100 backstroke in 56.62 seconds. **Kyle Cannon** took first in the 100 free and second in the 50 free. **Charles Pitta** won the 500 free ahead of teammate **Henry Wright**. **Matthew Dalton** placed second in the 200 individual medley, and Pitta placed third. **Andrew Gillespie** was third in the 100 butterfly. In the 100 breaststroke, Dalton was second and Gillespie was third. **Jack Maloy** was third in the 100 back.

The boys 200 medley relay team of Maloy, Dalton, Pitta and Gillespie placed first, as did the boys 200 free relay team of Gillespie, Maloy, Moran and Cannon. Cannon, Pitta, Dalton and Moran

placed first in the 400 free.

On the girls side, Severna Park's **Allyson Lee** won the 100 free in 58.1 seconds, and she also took third in the 50 free. **Allyson Troy** was second in the 100 back. **Sophie Patz** placed third in the 200 IM, and **Kate Myers** was fourth. Patz was third in the 100 breast. Myers was second in the 500 free, and **Chloe Wright** was third. **Kylie Emrich** was fourth in the 100 fly. **Madison McNutt** was fourth in the 100 back.

The 200 free relay team of Troy, **Emma Patenaude**, **Sophia Dutton** and Lee placed second.

Broadneck's **Caitlin Deitch** won the 200 free in 2:03.48 and placed second in the 50 free, an event won by South River standout **Lauren Poole**. The Bruins' **Brayden Bowen** was first in the 100 fly and placed second in the 200 IM. **Kim Horn** was second in the 100 free and third in the 100 back.

Broadneck's boys got several standout performances as well. **Matt Cembrano** won the 50 free in 22.9 seconds, and teammate **Hunter Fulton** was third. Cembrano was also fastest in the 100 fly, placing first in 53.09 seconds.



Photo courtesy of Laurie Dennis

Severna Park senior swimmers (l-r) Patrick Damanti, Kyle Cannon, Matthew Dalton, Allyson Lee, Sophia Dutton, Chloe Wright, Allison Troy and Madison McNutt competed on January 25 against Broadneck, South River and Old Mill at Arundel Olympic Swim Center. The Falcons will swim at the county championship meet on February 8.

SP Wrestlers Celebrate Senior Night, Prep For Postseason



Photos by Colin Murphy

Severna Park's Michael Hamlett made the most of his senior night bout, wrestling up a weight class to 170 and defeating South River's James Purnell for his 17th win of the season.

By Colin Murphy
colin@severnaparkvoice.com

The Severna Park wrestling team celebrated senior night at home against South River on January 30 and offered glimpses of a handful of Falcon wrestlers who are likely to challenge for the county at the Anne Arundel County championships on February 15 and 16.

The Seahawks improved to 25-4 overall with a 46-23 victory over the Falcons in a hard-earned win featuring competitive matches throughout most weight classes.

Severna Park coach **Trevor Bryden** said the Falcons are tracking toward personal-best performances at counties, regions and states.

"We've got guys that have a lot of talent and potential, and we're looking to take advantage of that," said Bryden. "We're looking to be peaking at counties and after that."

After South River took a 6-0 lead with a first-round pin by **Mason Smith** of **Andrew Trull** in the 106 bout, Severna Park's **Jack Chadwick** battled **Nolan Lunsford** at 113. Chadwick led 3-2 in the second round when he wrapped Lunsford up and nearly scored a pin,

but Lunsford was saved by the bell as the round's two minutes expired. Lunsford came back with an escape and a takedown in the third round to notch a 5-3 decision and put South River up 9-0.

Ty Daniels continued his strong season at 120 for Severna Park, winning an 8-0 major decision over South River's **Jamison Ballard** despite receiving a battered and bloody nose that needed attention and bandaging in the second round. South River led 9-4.

South River's **Benjamin Robertson** pinned Severna Park's **Gavin Cheesman** at 126, and the Seahawks' **Joab Patino** defeated **Matthew Thompson** 13-4 at 132. South River's **Michael Byers** accepted a forfeit at 138, and the Seahawks led 25-4.

Severna Park's **Griffin Strickler** made swift work of his opponent in the 145 matchup, pinning **Justin Richards** to gain six points
» Continued on B2



Severna Park senior Connor Bowes defeated South River's Niko Nolte in the 220 matchup on January 30 to improve to 24-3 on the year. "I plan to win counties," Bowes said.

Athlete Spotlight: William Toepper, SP Wrestling



William Toepper

By Colin Murphy
colin@severnaparkvoice.com

Student-athletes in Severna Park often garner accolades and recognition for their standout statistical performances, dominance on the playing field and career milestones.

But what about the kid who works hard, is a great teammate, loves what he does and makes the most of his opportunities?

That's Severna Park wrestler **William Toepper**.

Toepper began wrestling four years ago as a freshman, and he made Severna Park's varsity roster for the first time this year as a senior. He's never been the star of

the team, but he stuck with the program because he just likes to wrestle.

"It's a fun sport," said Toepper, who won the spirit award with the JV team in his first year and was one of several wrestlers honored at the Falcons' senior night against South River on January 30. "It's made more fun by the people on the team with me."

While he's in it for the fun and camaraderie, Toepper also practices seriously and has always stayed ready in case his name was called. He got his shot on January 24, when he was inserted into the lineup as the Falcons' heavyweight for their away dual with Northeast.

The Falcons held a 36-34 lead over the Eagles when the heavyweight matchup, the final bout of the night, arrived. Toepper squared off against Northeast's **Matt Wukitch**, a top lineman and accomplished athlete for Northeast's football team. In his first varsity match, Toepper had to win to secure a team victory for the Falcons. He got out of an early throw and worked from the bottom position before rolling Wukitch over and

pinning him.

His teammates and the Severna Park wrestling families went crazy in celebration as Toepper sealed the Falcons' victory.

"It's surreal," Toepper said. "I just saw myself as another part of the team. Being the guy that brings home dinner feels nice."

He improved his career varsity record to 2-0 just two days later, winning against his opponent from Howard High School.

Perhaps his preparation and readiness should come as no surprise; Toepper has had perfect attendance in school for the past 13 years, including all four of his years at Severna Park High School, during which he has made the honor multiple times. His mother and father, **Jo-Marie** and **Michael Toepper**, both educators, and his sister, **Grace**, a freshman at South River, were happy to see him earn a spot in the lineup and make his mark, especially after having been a consummate teammate for years.

"Seeing him feel good about his perseverance and team sportsmanship has been rewarding," said Jo-Marie.

After high school, Toepper is considering serving his country in the military, perhaps in the Coast Guard, but first he plans to serve his community as a volunteer firefighter and begin his firefighter and EMT training at the Arnold Volunteer Fire Department when he turns 18.

He said wrestling has prepared him for life by making him resilient.

"It makes you tougher," Toepper said.

Severna Park Wrestlers Prep For Counties

» **Continued from B1** for the Falcons. South River's **Wesley Corkran** responded with a first-round pin of **Jimmy Hopper** at 152 to up the Seahawk lead to 31-10.

Severna Park forfeited at 160 to avoid South River's reigning county champion, **Trenton Puccinelli**, instead sending **Michael Hamlett** up a weight class to wrestle South River's **James Purnell** at 170. Hamlett rose to the challenge, taking his shot late in the first round and catching Purnell in a cradle to end the bout with a pin.

"Going into it, I figured he's a tall kid, so I didn't want to tie up too much, but basically just going through what we've been doing in practice, keep moving, keep shooting. Eventually I started on top, and cradles are my thing, so I just went into and got it done," said Hamlett, who usually wrestles at 160 and who improved to 17-10 on the season. In the stacked 160 weight class in Anne Arundel County, he still likes his chances for a deep run at counties, region qualification and beyond. "I like to go into every match thinking I'm going to win it," Hamlett said. "I think if I put in the effort I can go far in counties. The goal is to make it to states as always, so that's what I'm shooting for."

Severna Park's **Ron Schilpp** fought admirably against South River's **Sam Hicks** at 182 but couldn't quite keep the Falcon momentum going. The pair went the full three rounds



Photo by Colin Murphy

Severna Park's Ty Broadway is 25-2 on the season and a contender for the county championship at 195.

and were evenly matched, tied at 3-3 with 45 seconds left, but Hicks scored a late reversal to win a 5-3 decision, and South River led 40-16.

Ty Broadway got Severna Park back on track with a 9-0 decision over **Kevin Lippincott** at 195. Broadway, a sophomore, has been a major bright spot for the Falcons this year, and he improved to 25-2 with his win over Lippincott.

Connor Bowes nearly had his senior night marred just seconds into his 220 bout with South River's **Niko Nolte**, as Nolte caught Bowes out of position and took him to the mat, threatening a pin. Bowes freed himself and battled back into the match.

"He caught me in a hip

toss and I spent like a minute on the bottom," said Bowes. "Eventually I got out."

He still trailed 4-3 entering the third round, but he tied the match with an escape and got a takedown in the final minute to win a 6-4 decision over Nolte and improve to 24-3 on the season.

Ask of his confidence level with counties fast approaching, Bowes did not mince words:

"I plan to win counties."

In the heavyweight matchup, reigning 3A/4A state champion **Ka'Ron Lewis** was a formidable opponent for Severna Park's **Connor Saladin**. Saladin fought through the first round before Lewis secured a pin in the second round to end the dual.

With the county championships set for February 15 and 16 at Arundel, the Falcons have a handful of contenders for county crowns. Bowes, Broadway, Saladin and Chadwick all made the finals of the Severna Park Scuffle home tournament in January. The Falcons are hoping to get their top individuals through to the region tournament later in February.

"One of the advantages here in the next couple weeks, if we can fix some small things, some guys will really benefit from that," said Bryden. "We've got some guys that if we can give them a little bit of individual attention and focus, we think they can go a long way."



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12U Green Hornets Boys Win Frederick Tournament



The 12U Green Hornets won their bracket of the Basketball Coaches Without Boundaries Tournament over the winter break and are 16-5 overall this season.

The 12U Green Hornets boys basketball team coached by Sean Abell participated in the Basketball Coaches Without Boundaries Tournament over the winter holiday break. The tournament was held at Thomas Johnson High School in Frederick. During day one of the tournament, the boys fell to a strong Monocacy team in the opener and then battled D1SA Sport out of Loudon County, Virginia in the night cap, yielding to the eventual tournament champion in a tough, close contest. Sunday was a different story as the boys regrouped and defeated IronHorse Basketball out of Brunswick and then soundly defeated Linganore

to win the bracket. Said coach Abell, “It says a lot about the boys’ toughness to come back and finish that tournament strong after playing as hard as we did late into the evening on Saturday, coming up short against two very good teams. I think Brunswick and Linganore were expecting a different outcome.” The Green Hornets are 16-5 overall on the season combining tournaments and league play in both the Anne Arundel County 12U A League as well as the Harundale Youth Sports League. Severna Park has wins over Bowie, GORC, Millersville, Maryland 3D, Glen Burnie, Lake Shore, St Mary’s and Harundale.

The 12U Green Hornets are **Brandon Tenenbaum, Nick DiNunzio, George Vandiver, Brady Fox, Anthony Harris, Brendan Abell, Nathan Murphy** and **Sean Williams**. They are coached by **Sean Abell, Todd Tenenbaum** and **Alex Vandiver**.

Your Sports

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Green Hornets U9 Dominators Girls Remain Unbeaten



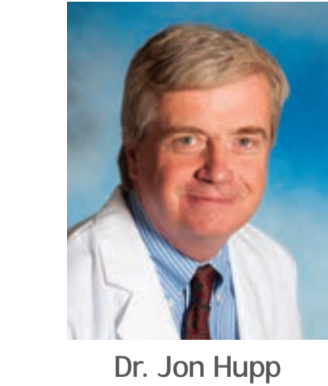
The Severna Park U9 Dominators are undefeated in two leagues this winter and recently took home medals as the winners of the Martin Luther King One-Day Showcase in Jessup.

The Green Hornets U9 Dominators girls basketball team still hasn’t lost this winter competing across two leagues, the Anne Arundel County Recreation and Parks league and the Sunday Arbutus league. “Our girls are usually the smaller and younger team in every tournament that we play in, but they are by far the scrappiest,” said head coach **Darby Davis**. “We have battled it out against fifth- and sixth-grade teams in tournaments, and even after a loss, had the other coach approach us at the end and tell us what an unbelievably hustling team we have.”

The Dominators recently won the MLK One-Day Showcase in Jessup and took home medals from the tournament. The team of **Izzy Burleson, Ruby Bauer, Tatum Davis, Grace Mosmiller, Taylor Edwards, Brynn Williams, Kendall Kemezis, Reese Pasko, Keira Wittlinger** and **Avery Billmyer** plays an aggressive 1-3-1 trapping defense and averages double-digit steals per game. “We swarm the teams like annoying hornets that we are,” said coach Davis, who coaches the team with **Aaron Burleson** and **Stacy Williams**.

“Our girls aren’t the most experienced basketball players or the best shooters or ball handlers in the league. But their effort outweighs the other team’s [effort] every time. “Our girls practice hard every practice and take direction and critiquing so well. I also want to recognize our parents. They bring their kids to practice two nights in a row every week and to games every Saturday and Sunday. They also agree to almost any tournament we find and want to get into. “Our U9 Severna Park Dominators have done unbelievably this season so far and we plan to keep it up and remain undefeated.”

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Severna Park Girls Top County Once Again, Win Indoor Title



Photos by Colin Murphy

Left: Severna Park’s Kyle Jefferds blazed down the track in the 55-meter dash and placed second. Jefferds was county champion in the 300. **Center:** Severna Park’s Alex Chaisson came from behind in the 500 and stretched at the finish line to beat South River’s Ryan Watson by 0.06 seconds to become county champion. **Right:** Broadneck’s Mollie Fenn was runner-up in the 3200.

» **Continued from B1**

place finish of **Sophia Zell**; Annapolis’ **Anna Coffin** was the two-mile champion in 11:08.41, and **Mollie Fenn** of Broadneck was runner-up in 11:35.99.

Severna Park’s **Bella Dowdell** (fifth) and **Caroline Gage** (eighth) added five more total points in the 1600 for the Falcons. Knight placed second in the 500 (an event won by South River’s **Bronwyn Patterson**), second in the 800 to Patterson and third in the 300 for a total of 24 team points, nearly a fifth of the Falcons’ total. **Brenna Mullaney** placed fifth in the 800 and sixth in the 500. **Janice Chukwu** added six total team points in her individual performances, placing fourth in the 55-meter dash and eighth in the 300.

In the field, Severna Park was bolstered by the

shot put trio of **Rebecca Praley**, **Molly Meyers** and **Kaylee Reyes**, who placed second, fourth and sixth, respectively, garnering a total of 16 points. As runner-up Praley threw 30 feet, 4 inches, less than two feet off the winning mark of 32 feet, 3 inches thrown by Old Mill’s **Hafsat Bakare**.

Claire Kintzley triple-jumped 33 feet, 1 inch, good for third in a competitive field. **Abigail Vandenberg** placed seventh in high jump for the Falcons.

The 4x800 relay team of **Bella Espinoza**, **Lilly Echeverria**, **Shania Johnson** and Chukwu claimed another eight points by placing second.

Broadneck’s day was highlighted by Janke’s winning 1600 performance, Fenn’s runner-up finish to Patterson in the 3200 and the Bruins’ first-place

4x800 relay team of Janke, **Jasmine Jones**, Fenn and **Abigail Cassidy**.

FALCON BOYS TAKE THIRD

On the boys side, South River claimed the team crown with a point total of 172, with Arundel (111) taking second, Severna Park (98) taking third and Broadneck (19) finishing eighth.

The Falcons’ **Kyle Jefferds** became a first-time county champion in the 300, clocking a personal-record 36.59 seconds to edge out Arundel’s **Elijah Osimokun** (36.61). Jefferds, a senior who was a key player for the Falcon boys soccer team, also placed second in the 55-meter dash and fourth in the high jump (clearing 5 feet, 8 inches) in the latest chapter of an outstanding all-around indoor season

in which he has set a new personal record in his events at every meet this winter.

He said he didn’t initially set out to become a track and field champion.

“I started my sophomore year mainly just to get fast for soccer, and I ended up liking track even more and quitting my travel soccer team,” Jefferds said. “It’s something that just came pretty naturally and I really enjoyed it.”

As for becoming a first-time county champion, Jefferds was gratified: “It felt like all the hard work during the season paid off.”

Severna Park’s **Alex Chaisson**, also a senior, became a first-time county champion with an exciting run in the 500. Chaisson clocked a 1:09.09, surging in the final 100 meters to make a move from the outside, overtake South River’s **Ryan Watson** (1:09.15) and beat Watson by a head at the

finish line.

Chaisson also placed second in the 800 and said the motivation he derived from teammates is exactly what he wants to pass on as a newly crowned county champ.

“It’s a very humbling experience, because I’m running with some of the fastest kids I know out here,” Chaisson said. “It’s something where the younger members of the team look and say ‘OK, that’s where I want to be,’ and it pushes everyone around me, and I love that aspect. I haven’t been a county champ, so I’ve always been that one saying, ‘I want to get there, that’s where I want to be.’ And it’s all my friends and all these people around me just pushing, it’s just fantastic.”

Other Severna Park athletes had strong days to bolster the Falcons’ point total. **Garrison**

Clark placed second in the 1600 in 4:22.46, an event won by South River’s **Sam Keeny** in 4:21.55. Clark banked another eight points by placing second to Keeny in the 3200. **Matthew Bateman** (fourth) and **Nathan Vandemeulebroecke** (fifth) scored points in the 1600 for the Falcons; **Jake Gelfand** and **Sam Martin** took fourth and fifth, respectively, in the 3200. **Josh Mercado** banked a couple points with an eighth-place finish in the 500 and eighth in the 800.

Trevor Dearborn placed seventh in long jump for Severna Park, and **Max Nelsen** took eighth in shot put.

The Severna Park boys 4x800 relay team of **Jack Muldoon**, **Nick Engleman**, **Collin Mullaney** and **Carson Sloat** placed first in 8:36.25 to win a county title ahead of South River (8:42.73).

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HOME & GARDEN

The Severna Park Voice will publish its Home & Garden Guide in the March 6 issue. Join us as we highlight home and garden information, tips, and ideas from local experts.

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AACPS Swimmers Raise More Than \$17K For Cancer Research



Above and Right: SPSHS swimmers enjoyed coming together for a common cause on January 22 at the Arundel Olympic Swim Center in Annapolis.



Above: Old Mill High School had its swim on January 15. Old Mill senior Mia D'Antoni conceived the idea for Swims for a Cure.

By Judy Tacyn

To say cancer affects everyone is an understatement. In the United States alone, the National Cancer Institute reported that more than 1.7 million new cases of cancer were diagnosed in 2018, and approximately 610,000 Americans died of the disease. Worldwide, 9 million people die every year from cancer. After losing her grandfather to cancer, Old Mill High School senior swimmer **Mia D'Antoni** looked for a way to raise money to help researchers slow or eradicate the disease. Last year, D'Antoni approached her swim coach, Ellen Hays, about raising money for cancer research. Hays, who



has connections with Swim Across America, liked the idea and the duo introduced the idea to the Old Mill team. This year, D'Antoni wanted to do even more. After coordinating logistics with Clayton Kulp and Krissy Albright from the Anne Arundel County Public Schools Office of Athletics, and Cheryl Hickox, Swim

Across America volunteer event director, and making a pitch to all 12 county high school swim coaches, AACPS Swims for a Cure was planned. Annapolis, Arundel, Broadneck, Severna Park, Southern and South River high schools met on January 22 at the Arundel Olympic Swim Center in Annapolis; Chesapeake, Glen Burnie, Meade, Old Mill, North County and Northeast high schools met on January 15 at the North Arundel Aquatic Center in Glen Burnie. The events were part of the first Anne Arundel County Swims for a Cure. Craig Beardsley, a 1980 Olympian, attended the events to share his gold medals and offer swim clinics with the teen swimmers. The teams raised more than \$17,000 over the two-day event.

“We as a school have a large net-» Continued on B8

How To Be The Meanest Teacher, Per MRMS Sixth-Graders



Sixth-graders Jeanine Rangel and Anna DuPont wrote a book called “How to be a Mean Teacher,” which was inspired by a worksheet they did in Kathleen Plitt’s math class.

By Maya Pottiger

When Kathleen Plitt returned from winter break, there was a book on her desk titled “How to be a Mean Teacher (Without Really Trying!).” It was written by two of her sixth-grade students, who dedicated it to her.

“I like Mrs. Plitt. She’s my favorite teacher that I have every day,” said Jeanine Rangel, who authored the book. “I thought it would be an interesting concept. Think like a teacher: how would I want to be mean?” After she wrote the book, Jeanine turned to her friend Anna DuPont for illustrations.

“Sometimes I found it hard to draw the pictures because I just had to keep reading the book over and over again trying to decide, ‘What am I going to draw for this page?’” Anna said. “I would read the pages and take the writing and put it into pictures. I would take another piece of paper and write what I could draw for each page.” The idea was inspired by a worksheet Plitt distributed during one of her math classes. Her students were learning how to calculate percentages, and one example was calculating the sales tax on a book called “How to be a Mean Teacher.” “I’ve seen so many stories on the internet, and I’ve had a few mean teachers,” Jeanine said. “I thought, ‘This should be easy.’” Jeanine described the book as “sarcastic,”» Continued on B8

Severna Park High School Junior Helps Homeless Veterans



In his efforts to earn his Eagle Scout status, Ethan Prigge fundraised, budgeted and prepared meals for the people staying at The Baltimore Station shelter.

By Laura McElwain Colquhoun

Ethan Prigge is making a difference in the lives of homeless veterans in Baltimore while working to earn his Eagle Scout badge. The Severna Park High School junior chose to partner with The Baltimore Station, a therapeutic residential treatment

program in Baltimore City that serves primarily veterans. Two years ago, Prigge worked with The Baltimore Station during a confirmation class at Woods Memorial Presbyterian Church. He helped serve a meal to the residents, and because of that positive experience, he decided to return there to complete

his Eagle Scout project. The project would entail serving a meal to all 90 residents, plus about 10 to 20 staff members and volunteers. In addition to the meal, Prigge also set a goal of providing sweatpants to all 90 residents after learning of their desperate need for them. To fund his projects, Prigge sent 300 letters to neighbors and family asking for monetary donations, and he raised more than \$3,200. Due to the large amount raised, Prigge was able to fund two dinners and purchase all 90 pairs of sweatpants, and he even had funds left over to make a cash donation to The Baltimore Station. He attributes his fundraising success to the nature of the project and the solid organizations involved. “People want to help veterans, an organization helping homeless people and the Boy Scouts,” he said. Prigge added that once people heard of his project, he also received many contributions of clothes for the residents, though he did not» Continued on B9

SPHS Students Use Lunch To Build Greater Connections



As a part of the Severna Park High School Signature Program and its Leadership Institute, Peyton Brack and Bailey Kinsey created the SPSHS Dines Together program, connecting students during their lunch periods.

By Dave Topp

Most high school students look forward to their lunch period. A break from books and teachers, plus a good meal, is welcomed by many. That is unless you’re new and you don’t know anyone; then lunch time can be worrisome. Severna Park High School seniors Peyton Brack and Bailey Kinsey remember this feeling all too well, so they decided to do something. “My freshman year, I was new to high school, I had nobody to sit with. Everybody knew each other already

from middle school [and] I had nobody to sit with,” said Brack. As a part of the Signature Program and its Leadership Institute, Brack and Kinsey created the SPSHS Dines Together program, connecting students with other students during their lunch periods. Based loosely around the “We Dine Together” movement out of Deerfield Beach, Florida, the program allowed Brack and Kinsey to make more students feel welcomed at school. The project ran from October through the end of the» Continued on B8

Broadneck High School Set To Open “Mamma Mia” On February 21

My, my — how can you resist the sound of ABBA’s lively music, especially when “Mamma Mia!,” the hit musical inspired by the Swedish pop group’s hit songs, takes the stage at Broadneck High School the weekends of February 21-23 and March 1-2, featuring the talents of nearly 50 student singers, dancers and actors. Set at a resort on a fictional Greek island, the story follows young bride Sophie and mom Donna over the course of 24 hours leading up to Sophie’s wedding. Behind Donna’s back, Sophie has invited three of her mom’s old boyfriends, any of whom might be her father. But the reunion doesn’t go exactly as planned, Donna realizes she still has a lot of feelings she hasn’t moved past, and Sophie’s wedding could potentially become a huge disaster if she can’t sort everything out quickly. The result is an equal parts hilarious and heartwarming story about family, friendship and second



The cast of Broadneck High School’s “Mamma Mia” has put in endless time and energy at rehearsal to tackle the high-energy musical numbers.

chances at love. Audiences are sure to have just as much fun revisiting all of ABBA’s greatest hits as the cast does performing them. “The great thing about this show is you can sit through a five-hour rehearsal and then get in the car and jam out to more ‘Mamma Mia’ songs on the drive home,” said Camille White, who plays Sophie. The high-energy songs and dances have demanded endless time and energy from the students. “This

show has a lot of music, which means a lot of lyrics and dances to learn,” said Katie Garrity, who plays Rosie, one of Donna’s friends. “But it’s all worth it because every time we nail a number or a scene flows really well, I just get more and more excited to get this show open for the public to see.” The production is directed by Dylan Roche, music directed by Andrew Lincoln, and choreographed by Katy Stratchko. The cast includes **Camille**

White, Claire Hatcher, Hope Gilbert, Katie Garrity, Jack Leitess, Jack Kelly, Owen Hoggard, Jamie Fong, Mitch Berzney, Matthew Haggerty, Madison Sokolowski, Noe Segree, Taliyah German, Sara McCoy, Mallory Snodgrass, Madi Anderson, Nellie Bowers, Jessica Brodt, Abigail Connick, Anna Feick, Jordan Fuhrman, Caitlin Gillespie, Ian Groat, Jordan Hakala, Evan Hilborn, Zoe Hines,» Continued on B8

SPHS Alumni Reflect On First Semester Of College

By Madi Mason
Student Intern

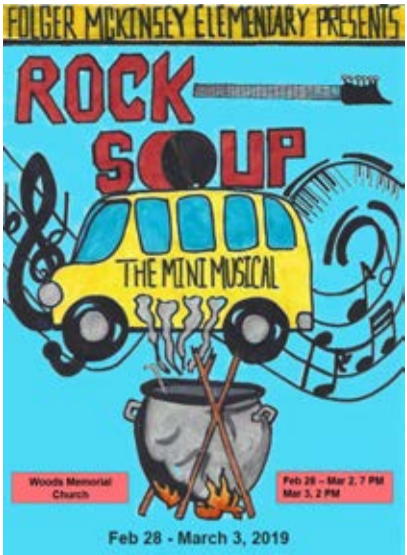
With the first semester of college behind them, Severna Park High School’s graduating class of 2018 has encountered everything from their first meal in a college cafeteria to their first week of finals. Whether they stayed in state or moved across the country, new faces and experiences were around every corner. Despite being nervous about starting college, many freshmen walked away from their first semester ready to go back. Kelli Kazmarek, a freshman at La Salle University, had a great start to the year despite the workload being harder than predicted. “Even though I spent a lot of time on school work, I was more nervous about making friends at school. I was not expecting to be able to make new relationships so fast, but it ended up working out very well,” Kazmarek said after explaining the difficult workload. Meg Young, a freshman at Towson University,

also had an easier time meeting people than she had expected. “If I could go back in time, I would tell myself to stop worrying about making friends because everyone is in the same boat as you are,” she said. “You can say hi to anyone and they won’t ignore you or turn away because they all want to make friends too.” Every student’s experience with being away from home for the first time is unique but a common part of college life is missing home. University of Maryland freshman Tacy Surret explained how she missed seeing the students and some teachers from SPHS. “I wish I could go back and pick people from Severna Park to bring along with me,” Surret said. “As for home, I really missed my sister and my cats.” Now that these freshmen are able to look back on their time at Severna Park High School, they offer advice to the soon to be graduating class of 2019. Kazmarek believes it’s important to “focus on your time management in high school so that it’s easier in college” and it’s always better to start assignments earlier than later instead of waiting till the last minute. Young said, “I know this sounds cliché, but I promise everything is going to work out in the end” and she wants the seniors of SPHS to remember not to stress over the little things. Looking back on the highs and lows of the semester brought to light the best and worst parts of college for these freshmen. But as their nerves washed away, these freshmen were able to make the most of their first semester in college and familiarize themselves with their new home. The second semester of college looks bright for the class of 2018 and they head into the new year with excitement.

Calling All High School Journalism Students!

Are you a high school junior or senior interested in the field of journalism? The Severna Park Voice offers internships to students who are avid learners and will be enrolled in a newspaper or journalism class this semester. Interns will have exciting opportunities to write articles, pitch story ideas, take photos and — best of all — see their bylines in an established publication! To qualify, students must maintain a 2.5 or higher GPA and have the consent of parents and journalism teachers/advisers. To apply, submit a resume, a letter of recommendation from journalism teacher/adviser and writing and/or photography samples to spvnews@severnaparkvoice.com

Folger McKinsey Announces School Play



hilariously uptight homeowners association board, groovy musicians, crazed fangirls, intense police chases and a great message of community. The Fearsome Four comprises the principal cast members. Kenny will be played by Fletcher Warner, Grace will be played by Liesel Weiss, Kate will be played by Meera Carey, and Rudy will be played by Gus Sticka. The cast and crew of this original play is composed of fourth- and fifth-graders who will showcase their storytelling, singing and dancing skills. “Rock Soup” will run February 28, March 1 and March 2 at 7:00pm, and March 3 at 2:00pm. Tickets are available starting February 14, and they cost \$10. To purchase tickets, visit www.showtixqu.com.

Folger McKinsey Elementary is putting on “Rock Soup” as its annual school play from February 28 to March 3 at Woods Memorial Presbyterian Church in Severna Park. “Rock Soup” is a comedic retelling of the folktale “Stone Soup” but with rock stars and an updated village of suburban homeowners. The play features a

of this original play is composed of fourth- and fifth-graders who will showcase their storytelling, singing and dancing skills. “Rock Soup” will run February 28, March 1 and March 2 at 7:00pm, and March 3 at 2:00pm. Tickets are available starting February 14, and they cost \$10. To purchase tickets, visit www.showtixqu.com.

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AACPS Swimmers Raise More Than \$17K For Cancer Research

» **Continued from B6**
work of alumni, parents, families and friends who are affected by or live with different issues. By bringing attention to some of those and participating in fundraising and support events, we help foster a community that cares and lifts each other up,” said **John Bachkosky**, head swim coach at Severna Park High School. “Seeing a team (and county) that puts so much effort into an event like this one brings a lot of positive energy and is a great source of strength to those who struggle daily.” **Colin Dennis**, a sophomore swimmer from Severna Park High School

said, “AACPS Swims for a Cure brought all of the county swim teams together to swim for a great cause. It was fun to hang out with other teams and do stuff like water aerobics, relays and jumping off the diving boards, all while raising money for cancer research and treatment.” **Chloe Wright**, Severna Park’s senior team captain, said, “I think it’s super important for teams and schools to come together because it helps people with all of these different interests and personalities to work toward a common goal. You get all of these people who have never even talked to each other work-

ing together and it’s really incredible to watch.” Bachkosky emphasized that the SPHS teens enjoyed the relaxed fun day, which was a nice mental change of pace. “The swimmers enjoyed doing fun things with their friends from other teams as opposed to competing against them,” he said. Wright concurs. “Spending time with my friends in a pool but not swimming laps isn’t something that I get to do often,” said Wright, “and having fun with the coaches and other teams in the county is definitely not something that I will forget.” D’Antoni and Wright

will graduate this year, but the SPHS team is already looking forward to joining forces against cancer next year. “I am looking forward to next year’s event. I think it’s important that we show a unified front as a county for causes such as SAA,” said Bachkosky. “It shows great support and shows that there is more to sports than rivalries and competing. For some of my athletes who will go on to collegiate or professional sports one day will have a great example of using your platform to do good.” Money raised will support research, prevention and treatment at the Swim Across America lab at Johns Hopkins’ Sidney Kimmel Comprehensive Cancer Center. The Annapolis Panthers

were the top fundraising county swimmers having raised more than \$7,319. The next AACPS Swims for a Cure is scheduled for January 2020. Swim Across America first broke the water’s surface in 1987. Currently, Maryland and 25 other states have organized swims. There are now 20 open-water swims and 100 pool swims, annually. Since its inception more than 30 years ago, Swim Across America has raised \$100 million. The next open pool swim is July 13 at the Ulmstead Swim club in Arnold. The next open open-water swim is September 15 at High Tide Farm on the Magothy River in Pasadena. For more information, find swims, to donate or volunteer, visit www.swimacrossamerica.org.

BHS Set To Open “Mamma Mia”

» **Continued from B6**
Camille Jones, Peter Kandra, Madeline Lager, Christina Abella Machin, Ryley Montagne, Noah Nicholson, Nick Sade, Ben Novak, Kate Pass, Francis Peria, Georgia Pickard, Adler Pommerenn, Kailey Pritchard, Emily Shipley, Keely Sigley, Destiny Smith, Siobhan Sullivan, Margaret Titgemeyer, Hadlee Walker, Juliana Turner and Brooke Weilminster. Performances are at 7:00pm on February 21, 22 and 23, and March 1 and 2, and at 2:00pm on February 23. For tickets, visit www.showtix4u.com/events/2240.

SPHS Students Build Greater Connections

» **Continued from B6**
school semester in December. “We took our own spin-off of it and partnered with S2SP (Students to Severna Park club), who could mentor us through the process,” Kinsey said. The Students to Severna Park club assists new students, often from military families, in adjusting to life once enrolled at Severna Park High School. “For that project I wanted to get rid of that feeling at our school, so I teamed up with the Students to Students program,” Brack said. “I remember feeling that. Not knowing anybody. Coming to Severna Park was a huge change.”

A table was reserved for Brack and Kinsey, along with seven Leadership 1 students (a title often reserved for students in their first year of the Signature Program and Leadership Institute), to invite students to join them and meet new people during lunch. Along with the help from S2SP adviser Shira Levy and Leadership advisor Elizabeth Colon, students posted fliers throughout the school to encourage attendance during the different lunch breaks each day. “We always just made it known that this table was here and that’s always an option,” Kinsey said. “We’ll always be here every lunch

and it’s always an option for you to come and join.” While the Leadership program is over for Brack and Kinsey, each of the students expressed hope that the SPHS Dines Together program will continue. S2SP will take the lead for now until future Leadership 3 students (seniors in their third year of the Leadership program) decide they want to take over. Brack and Kinsey ended the program with a pizza party to thank everyone who attended and helped throughout the project. “It was kind of cool to see everyone blend together and see friendships being made in front of us,” added Kinsey.

How To Be The Meanest Teacher

» **Continued from B6**
saying she prefers fiction writing because it’s more interesting. Plitt said Jeanine’s voice shines through the writing, and Anna’s pictures really capture the spirit of the book. “My brother draws a lot, too. Sometimes we’ll challenge each other,” Anna said. “One of my parents will be talking about something, and I’ll be like, ‘I can draw that. [Let’s] draw this, and we’ll see which one’s better.’” When she first read the book, Plitt said she laughed until tears rolled down her face. “I was thrilled that they took the time to write it,” Plitt said. “I read it to every one of my classes.” Jeanine and Anna said their classmates were worried the book gave Plitt some ideas. “Here’s what I’m going to do,” Plitt said. “There’s 10 tips. I’m going to take two dice and roll them together, and whatever number is what mean thing I have to do that day.”

Text 10 Steps To Be A Mean Teacher

As Told By Jeanine Rangel And Anna DuPont

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SPHS Junior
Helps
Homeless
Veterans

» Continued from B6
specifically ask for clothing donations.

Prigge made the first meal for The Baltimore Station residents on January 12. However, due to the snowstorm that day, he and his fellow scouts from Troop 450 could not serve and eat with the residents as planned. He had to leave the food at the center for them. The second meal will be in the spring, when Prigge will again prepare food for 100 to 110 people, and his fellow scouts will help serve and be able to eat with the residents. Soon, he will also deliver the sweatpants, which he said have been ordered but have not yet arrived.

Prigge shared one of the biggest challenges was doing the work all on his own. He coordinated with The Baltimore Station and completed all the fundraising, budgeting and meal preparations for the project. Pleased to be able to embark on this labor of love, though, Prigge said humbly, "It is rewarding to help serve veterans in their time of need."

Prigge's future plans include attending college either in New England or in Florida to pursue a degree in the field of biochemistry. He recently completed an internship involving the study of malaria, an experience that solidified his decision to work in a scientific research field.

Q.
Question
of the month

Each month, the *Severna Park Voice* poses a question to a local fifth-grade class. This month, students from Mrs. Merrill's class at Severna Park Elementary School answered the question:

How do you show
someone you
love them?

- By getting them flowers and marrying them.
Allison A.
- By being kind to them.
Aqidut H.
- You hug them when they need it most.
Beckett D.
- By doing something nice for them or saying something nice to them.
Bella M.
- By helping them when they need help.
Ben D.
- By reminding them every day that you love them.
Carson G.
- By not making them feel bad and making them feel




Mrs. Merrill's fifth-grade class at Severna Park Elementary School answered the Voice's question of the month for February.

Severna Park Elementary School

- good every day.
Charlie S.
- By giving them flowers or chocolates to remind them that you're thinking of them.
Clare H.
- By getting them something they like.
Colin R.
- Give them candy.
Connor R.
- By caring for them, like helping them when they're sick.
Dominic M.
- By doing considerate things for them and being helpful,
- complimenting them and remembering special things in their life, like their birthday, anniversary, things like that. I also give lots of hugs.
Dylan T.
- You say I love you!
Emerson A.
- Telling them or letting them know that you love them.
Gavin T.
- You shower them with kindness.
Izzy L.
- You smile at them always because it makes people happy.
Jane H.
- Hug them!
Joe D.
- By being kind to them.
Julia D.
- By showing kindness and caring for them.
Mackenzie G.
- Give them hugs.
Maddie B.
- Always give them a hug, whether they are sad or happy.
Maddy M.
- By giving them a nice, warm hug.
Nicol C.
- Give them flowers and hugs.
Renzo A.
- You respect them.
Sol C.
- You give them hugs and kisses and you be kind to them.
Teddy U.
- Tell them how much you love them every day so they always know you are thinking of them.
Ms. Jamie
- By being there for them in the good and the bad times and encouraging them no matter what to keep on plugging!
Mrs. Merrill

CAMP GUIDE



The Severna Park Voice will publish a camp guide for the March issue. This special edition will highlight summer camps in Anne Arundel County.

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Opera AACC To Showcase Its Sophisticated “Sweeney Todd” Production

By Zach Sparks
zach@pasadenavoice.com

As the saying goes, “revenge is a dish best served cold” — advice that Victorian-era bar-

ber Sweeney Todd took literally as he followed a 15-year exile by going on a murderous rampage and having his victims baked into pies.

The grim tale has been told through Broadway and film, and sharing its adaptation of the musical on February 16-17 and February 23-24 is Opera AACC, which will take its act to the 365-seat Robert Kauffman Theater in the Pascal Center for Performing Arts.

Opera AACC founder Doug Byerly chose “Sweeney Todd: The Demon Barber of Fleet Street” because 2019 marks the 40th anniversary of the Broadway production.

“It is about character and it has a compelling story,” said Byerly, who also portrays Sweeney Todd in the production. “As gruesome as it is, it truly at its bare bones looks at humanity and the sense of humanness of these characters.”

Bringing to life the story is a group of students, faculty members and professionals. Together, they work under the stage direction of Jerry Vess and music direction of Anna Bin-
» Continued on B13

Local Bands To Perform At Frozen Harbor Music Festival



Fast As Lightning consists of five kids ages 12 to 17. The band formed in August 2014 through a performance at School of Rock.

By Alyson Kay

Ten stages, 150 musicians, multiple genres — One Koast Entertainment is bringing back its Frozen Harbor

Music Festival to Baltimore on February 22 and 23, and Severna Park and Arnold musicians will be there to please the masses.

Haint Blue, a folk-pop band, will play at Mex Tequila Bar on February 23. The band’s current lineup has been together for three years and includes guitarist Mike Cohn, keyboardist Dave Sheir, mandolin player Nellie Sorenson, fiddle player Victoria Grier, standup bass player Mark Strother and drummer Alex White.

The band plays folk and bluegrass mostly because of the variety of expression that it allows.

“This was the most acceptable medium where I could truly and honestly say what I wanted and have a broad swath of expression,” Cohn said. “I can play something quiet and soft and beautiful and something big and loud and raucous.”

While each member has different tastes in music, they don’t feel that those
» Continued on B12

Murder Mystery To Hit The Stage At Rams Head With ‘90s Style

By Zach Sparks
zach@pasadenavoice.com

The comedians at Die Laughing Productions have performed murder mysteries on three continents, they have entertained U.S. troops, and now they’re taking on another task: time travel. Their ninth and newest murder mystery, “Hit Me 90’s One More Time,” will debut

at Rams Head On Stage in Annapolis on February 27 at 8:00pm.

The talented cast includes 98 Rock morning show host Justin Schlegel and fellow comedians Tommy Sinbazo, Erik Woodworth, Rob Maher,

Joe Robinson and Sean Gabbert. Like “Smooth Criminal” and the other Die Laughing Productions shows, “Hit Me 90’s One More Time” will be one-third scripted, one-third improv and one-third audience participation.

“Smooth Criminal” was more of a music vibe and this is more of a nostalgia vibe,” Maher said. “There is a music aspect, but there’s a lot of pop culture stuff with ‘Pulp Fiction’ and ‘Forrest Gump.’ We thought technology was great, and there’s some humor in that.”

Robinson added, “People will remember ‘Friends,’ ‘Saved by the Bell’ and the Macarena — just identifying with things from the decade.”

The interactive whodunit will place the audience at the scene of a radio station pro-

motional event while listeners vie for the hottest concert ticket of the year, Ace of Base. Some unlucky person will not just lose their religion but will also meet their fate.

How is this murder mystery different from others? Robinson was intrigued by the concept after an experience he had five years ago while trying to book tickets for himself and his girlfriend, Katie Peusch, who is now his fiancée.

“I went to get tickets and it was sold out,” Robinson said. “I had to wait two months to see this murder mystery. It was horrible and people loved it.”

Robinson and Maher tapped into their network of successful comedians to create Die Laughing Productions. Maher

attributed the company’s success, in part, to knowing the cast and playing to their strengths, from Schlegel’s wit to Woodworth’s enthusiasm for strutting around in his underwear.

“Justin is great at just being in the moment and going off on tangents. Any organic moment with the crowd, he shines,” Maher said. “Erik is a great physical comedian who has no problem with undress. He is a good singer and dancer, and Tommy is a great singer. In this show, Tommy and Erik sing a cappella together. Sean is probably our most legitimate actor. He plays the Zack Morris – the cool, confident, cocky kid in the show. Joe has a dry deadpan kind of humor.”
» Continued on B13

Gallery 564 To Showcase Art Inspired By The Chesapeake Bay

By Jillian Amodio

The Chesapeake Art Show, a travelling art exhibit founded by Dave Murphy and Steve Bleinberger, is in its third year promoting the work of artists from the Annapolis and St. Michaels areas. The show will come to Gallery 564 in Severna Park from February 8 to 24.

The group began with 12 to 14 members, and about 17 artists currently contribute to its various shows and galleries. Members aspire to portray the beauty and appeal of the Chesapeake Bay, which has a rich history and culture that is unique and intriguing to native Marylanders and tourists alike.

Since its inception, the Chesapeake Art Show has held events in the Annapolis Maritime Museum, various churches, and even assisted

living centers like Ginger Cove in Annapolis.

“We have experienced much success and enjoy putting on shows for those who like art and have an appreciation for the Chesapeake Bay,” said Murphy, whose work can be seen at www.chesapeakewatercolors.com.

While all pieces included in the show must be bay related, this does not necessarily mean that all pieces depict the Chesapeake Bay. Pieces include scenes with native plants and animals, and area businesses, landmarks and pastimes.

Artists in the show choose to display their bay appreciation through a variety of media, including oil, acrylic and watercolor paint, mixed media, ink, ribbon, pastels and folded paper.

Two of the featured artists are Katherine Carney and Brenda Larson. Carney lives

on the Wye River and has resided in the Annapolis area for the majority of her adult life. “I am primarily a coastal artist,” said Carney “and pull much inspiration from the Chesapeake Bay region’s extraordinary beauty.” Carney said she never tires of painting coastal scenes, because the color palette options and ever-changing scenery offer a multitude of opportunities for creative outlet. Carney has three pieces featured in the show at Gallery 564 and more of her work can be found at her website, www.paintingsbykatherinecarney.com.

Brenda Larson, exhibitions coordinator for the Chesapeake Art Show, is self-taught. After retiring 10 years ago, she began taking classes and workshops, and she regularly donates her art to various charities for auction. Those
» Continued on B11

Shyamalan Can’t Break Away From Mediocrity With “Glass”



Photo courtesy of Universal Pictures

Although most of M. Night Shyamalan’s movies have some sort of twist, the payoff of “Glass” is not earth shattering.

By Audrey Ruppert

Despite coming from a director (M. Night Shyamalan) known for either producing fantastic thrills (“The Sixth Sense”) or spectacular flops (“Avatar: The Last Airbender”), “Glass” seems to fall right in the middle; it’s an intriguing film that plays with our conception of superheroes and is well worth the watch, but it fails to completely convince, amaze or surprise us.

“Glass” is a crossover sequel between two previous films

(“Unbreakable” and “Split”). It centers around three main figures: vigilante superhero David Dunn (Bruce Willis), who believes he has superhuman strength; Elijah Price (Samuel L. Jackson), who is intelligent but suffers from brittle bone disease; and the villainous but troubled “Horde,” (James McAvoy) a man with 23 distinct personalities, one of which is the murderous “Beast.” All three men have been incarcerated in a psychiatric institution, and are told by the resident doctor (Sarah Paulson) that they have

psychological disorders and believe they are superhuman, when they are really not. If you have not seen the previous films, don’t despair; I had not either, and “Glass” can stand on its own, although the critic community seems to feel the sequel was a disappointing conclusion to the prolonged and well-executed predecessors.

One of the most redeeming aspects of “Glass” is its pragmatic interpretation of how superheroes would be received in real life. In most superhero films, it is just accepted that over-the-top super humans would prance around the city in spandex and fight equally over-the-top villains, that the community would accept this and look up to the heroes, that damage to private and public property would magically fix itself, and that police would accept vigilantism as a legitimate way to fight crime. The only notable films that have previously addressed the absurdity of this notion are “The Incredibles,” a children’s film, and “Hancock,” which was pretty terrible.

Characters in “Glass” have their sanity questioned and are told that there are
» Continued on B13



Katherine Carney will feature “Annapolis City Dock” and other paintings in the show at Gallery 564.

Dining Out

Bonchon Has Exciting, Flavorful Options

By Mary Cobbler

In Pasadena, we tend to gravitate toward the same categories of food: crabs, burgers, buffalo chicken wings, crabs, the occasional Mexican or Italian dish, and did I mention crabs? At least that's the case for me. So when I heard I was covering the menu at Bonchon, a new Korean restaurant in Pasadena, I was a little intimidated. Would this be something I could handle? Something totally unfamiliar?

When I arrived at Bonchon — and especially once I tasted the food — I realized that all of my fears were unfounded. Now my only fear is that I won't get another chance to eat Bonchon's chicken wings again in the near future.

The restaurant has a chic Asian vibe, but it also has televisions playing show-

ing sports.

Upon the waitress's recommendation, we ordered a round of potstickers for the table to start us off. Potstickers come in two flavors — spicy and garlic soy — and we chose to get a combination of the two. I'm a bit of a potsticker fan, but they are usually mushy or burnt when I make them at home. These were outstanding potstickers: lightly fried on the outside and filled with hot, soft veggies and meat on the inside, then brushed with a flavorful signature sauce.

Most of the entrees were authentic Korean favorites. Bulgogi (a thinly sliced, marinated ribeye), bull dak (chicken stir fry), tteokbokki (rice cakes and fish cakes in spicy sauce and cheese), japchae (glass noodles with veggies and beef), and, of course, kimchi (a national

Korean dish of cabbage and chili peppers) were some of the more exciting options on the menu.

I debated between the Korean tacos and the fried chicken combo, but after asking a few regular customers who were eating at the same time as us, it became clear that the chicken wings were the fan favorite. The customers insisted that I try the fried rice, too, as that was supposed to be a house specialty, so I ordered the rice alongside a combo of fried chicken wings and drumsticks.

The only negative aspect of our restaurant experience came with the timing of the delivery of our food. The potstickers actually arrived *after* our entrée even though we requested them as an appetizer. Half of our party's entrees came out quickly, and the other four entrees came out 10 minutes later, so they just had to sit and watch us eat while they waited for their food. A couple of dishes were lukewarm when they should have been hot. These were just logistical



Photo by Mary Cobbler

The chicken wings were gigantic, full of meat, and fried in just the right amount of breading.

issues we noticed in ordering, but it is important to note that the menu states the chicken wings need up to 30 minutes to cook.

In terms of taste and quality of entrees, we were thrilled! The chicken wings are nothing short of incredible. They were gigantic, full of meat, and fried in just the right amount of breading. Some chicken wings have lots of mushy, oily breading, and others have virtually no breading, just sauce. These wings were everything that

we could have chosen plain, chicken, bulgogi, or kimchi bacon as well. The rice was savory. Shrimp, scallops, soft bell peppers, scrambled egg, and scallions transformed the dish into a rainbow of colors *and* flavors.

Mochi ice cream is the only dessert offered at Bonchon, although it comes in a variety of flavors, including vanilla chocolate chip, strawberry, chocolate, and green tea. You can choose three flavors. If you've never tried mochi, you're in for an experience. Mochi is a gel-like, sweet rice patty, filled with ice cream and drizzled with syrup (at this location). It was certainly a pretty dish, and the mochi is different from most desserts in that it is creamy but not overly sweet, a nice complement to the spiced, savory foods enjoyed the rest of the evening.

Maybe you're hesitant to try Korean food as I was. Take my advice — don't wait! Try Bonchon this week and add some exciting food to your usual week-night lineup!

Gallery 564

» Continued from B10

charities include Ronald McDonald House and the Crohn's & Colitis Foundation. Larson's subject matter is diverse but much of it pertains to the Chesapeake Bay. Every summer, she takes her boat out to enjoy the scenery and take photographs of osprey in their nests.

While the gallery shows are

free and open to the public, all artwork displayed is available for purchase. To learn more about the show, the art and the featured artists, visit The Chesapeake Show on Facebook. While the show will run through February 24, art lovers are encouraged to attend the opening and reception on February 8 at 6:00pm.

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Local Bands To Perform At Frozen Harbor Music Festival



Haint Blue plays folk and bluegrass mostly because of the variety of expression that those music genres allow.

» **Continued from B10**
artists influence their music much.

"We have really varied musical tastes," said Cohn.

"I'm not sure if they necessarily influence us. Some of us do listen to bluegrass and folk, but others have really eclectic tastes."

Haint Blue will mostly play music from its upcoming album, "Overgrown," which includes 11 new songs along with a single called "Bear the Burden," which was released in December 2018. The song is about Cohn's struggle with drug addiction and losing a friendship after leaving the fundamentalist religion that he grew up in. Like "Bear the Burden," the rest of the record serves as a reflection for Cohn. The full album will be available on February 15.

"The idea of the last album was a memoir of 10

years," Cohn said.

The band also released a music video for another song from "Overgrown" called "Another Year" on February 1.

Another folk band playing at Mex Tequila on February 23 is Leo & Cygnus, whose members met at a music theory class at Anne Arundel Community College. Originally called Daniel and the Lions, the group changed its name after realizing that many bands shared that title. The bandmates picked Leo & Cygnus because of its ties to constellations.

"We love the idea of stars and constellations as a whole, and it's a great representation of our music since it's ethereal and mysterious in a beautiful way," said Chris Au, the band's bassist and synth player.

Leo & Cygnus is Au, keyboardist and vocalist Nicole Blickenstaff, drummer Kelsey Price, and guitarist and vocalist Daniel Alvarez.

The band likes to take pieces from other music and incorporate it into their music, like complex harmonies and textures of bands such as Snarky Puppy and the vocal harmony of bands like My Brightest Diamond.

At the Frozen Harbor Music Festival, the band will play mostly from the new album "Sagittarii," which was released in December 2018 and includes five new songs. Their songs are mostly about different viewpoints of failed relationships.

Another local band, Fast as Lightning, will perform on February 23 at Rams Head Live! The band consists of five kids ages 12 to 17. The members are lead vo-

calist Katie Hall, bassist Jacob Spitzer, drummer Jack Peery, keyboardist Trystan Martin and lead guitarist Jackson Anderson.

At the festival, Fast As Lightning will play covers of rock songs such as Aerosmith's "Dream On" as well as original music including "Koko," which is about Anderson's feelings about cat-sitting for Martin.

Fast as Lightning formed in August 2014 through a performance at School of Rock. Along with lessons at School of Rock, the musicians have a mentor, Ben Grant, who rehearses with them and goes to most of their shows.

Like the songs that they play, the band's influences include a variety of genres, from heavy metal and rock bands — like Slipknot and Porcupine Tree — to classical piano artists.

"There's just a lot of artists that that are really good and you just want to be like them," said Hall.

Fast As Lightning has played at the Frozen Harbor Music Festival before. "It's a good crowd," Anderson said. "They always get into the music."

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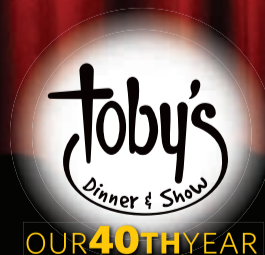
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