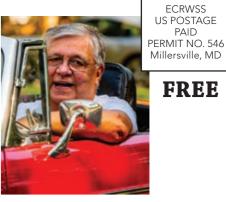
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Green Hornets Girls Start Season On Winning Note >> Page B1

Shipley's Man **Completes 20-Year Car Restoration** >> Page A3



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SEVERNA PARK, MD

SEPTEMBER 5, 2019

Ravens Nest 10 Prepares For The Season

By Zach Sparks zach@pasadenavoice.com

magine going 50 years without fixing any problems with your body — no surger-ies to help your organs, no cosmetic changes, not even any fillings to replace cavities. That's almost what Arnold Elementary experienced through its



It's a great thing. We have probably averaged \$20,000

"

sorely needed. "Three years ago, [fellow board member] Julie Hummer and I were on a tour of the old school and the lower level was flooded and **Special House Goes To SP Boy**

first 50 years.

That all changed over

to the community during

a ceremony on August 29.

Arnold Elementary teach-

joined by community members, politicians, Board of

Education members and

more during the event. Families walked the

halls of the \$42 million, 89,253-square-foot building for the first time. They marveled at the work done

by GWWO Architects and

by Jacobs Inc., which man-

The new facility increas-

es student capacity from

As Board of Education

president Terry Gilleland

noted, the building was

aged the construction.

456 to 565.

the last two years, and a new building was unveiled



Photos courtesy of Michelle Wilson/AACPS Arnold Elementary School students and staff were joined by AACPS officials and politicians during the Arnold Elementary ribbon cutting on August 29.

we weren't able to finish the tour," Gilleland said, "but both of us at the same time said, 'They need a new school here.'

Arnold Elementary Staff Unveils New Building

"And we are so proud that this day has finally come to fruition, but it's come to fruition because this community fought for it," he added. "This community did everything it needed to do to say, 'We need a new school. We want a new school that we are proud of and a school that we know our students will learn and do very, very well in.' » Continued on A4



Phase 2 Moves Shipley's Dam Closer

A1

a year for almost 20 years."

— DAVE MILAM PRESIDENT OF RAVENS NEST 10

The Baltimore Ravens are sporting a new look this year with Lamar Jackson in his first full year as quarterback, along with new faces at wide receiver and on defense. Those changes create a buzz around the team, and that signals good news for Ravens Nest 10.

A group of football fans and philanthropists, Ravens Nest 10 does its best charity work when fans are invested in the team.

"It's a good group of people who are interested in football and charity work," said Dave Milam, who is serving as Nest 10 president for the fourth time since it was founded in 2002. "It's a great thing. We have probably averaged \$20,000 a year for almost 20 years.'

Each year, the Nest picks five charities to support. For the upcoming season, those charities are Anne Arundel County Special Olympics, the SPCA of Anne Arundel County, Maryland Patriot Guard, Hero Dogs, and Hope For All. » Continued on A4



With Rare Medical Condition

Rex Roussey (middle) was gifted a playhouse handcrafted by Cedar Square Homes.

Business Owners' Marketing Plan Gives Back Two-Fold

$\diamond\diamond\diamond$

By Judy Tacyn

etsie Russell of Touchstone Title, Wendy Oliver of Coldwell Banker, Cedar Square Homes owners Curtis Payne and Charlie Brenneman, and Cedar Square Homes

manager Chris Haughton came to the Greater Severna Park and Arnold Chamber of Commerce with an idea to give back to the community while also marketing their companies. Liz League, chamber CEO, said that after much brainstorming, the group conceived "A House for a House," a playhouse raffle with proceeds to be provided to the Ronald McDonald House charity in Baltimore.

"We wanted a way to share who we are with the community - a builder who cares about family and prioritizes giving back," added Payne, owner and president of Cedar Square Homes. "Ronald McDonald House

is a great organization and provides such an important service to families dealing with unimaginably stressful situations, and this is something as a company » Continued on A4

School Is Back In Session!

Photos by Chris Fincham Anne Arundel County Public Schools welcomed students back on September 3 and 4. Severna Park Elementary kids and staff (pictured) were thrilled to return. See more photos at www. severnaparkvoice.com.





To Completion

otorists who use West Benfield Drive were not thrilled to learn that a portion of the road would be closed from October 2018 through May 2019, but they were equally alarmed that construction lingered through the end of August.

The Anne Arundel County Department of Public Works (DPW) is now beginning Phase 2 of construction for the dam removal project. Construction contractor Paydirt LLC got orders to begin Phase 2 at the dam site on September 4. The work includes installation of erosion and sediment control features, along with the creation of a construction entrance and haul road from the end of Oak Stump Drive to the dam. DPW officials anticipate that this initial work will take approximately one month.

Before proceeding with the dam removal, Paydirt must complete construction of the new box culvert under West Benfield Road, which is part of the ongoing Phase 1 work. This culvert

and the realigned stream must be completed before dam removal to handle increased flows after dam removal. This work is currently scheduled for completion in early spring 2020. Therefore, dam removal should begin in early spring 2020 and be completed in summer 2020.

In 2006, Maryland Department of the Environment (MDE) deemed the dam unsafe due to seepage and settlement issues. Built in 1980, the 20-foot-high dam is an earthen embankment that serves as a stormwater management pond for Shipley's Choice.

Because of the age of the culvert and because hydraulic analysis showed slight increases in water surface elevation, MDE required DPW to change its design from a 25-year culvert to a larger, 50-year culvert.

Sheri Lott, an engineer manager for DPW's Watershed Protection and Restoration Program, explained the need for the project when work began in 2018. » Continued on A5



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Margueritte Mills Volunteer Of The Month



Todd Powell (right) received the Volunteer of the Month award from Voice Editor Zach Sparks.

By Christopher Fincham

After 22 years as an Anne Arundel County police officer, Todd Powell is no stranger to public service. The retired officer now works in corporate security, but the Cattail Passage resident continues to give back to the community.

Powell serves on the board for a local charity, is an assistant scoutmaster for Boy Scout Troop 339, regularly supports Special Olympics events, and is an avid Polar Bear Plunge supporter.

"Different years, different opportunities always come up. You could be home sitting around or could be out trying to make a difference in some small way," said Powell, who has done the last 12 Polar Bear Plunge events.

As a board member of Fight for Phoebe, Powell helps plan and manage efforts to support the organization, which is dedicated to helping local people and families with hemophagocytic lymphohistiocytosis (HLH) and other orphan diseases through advocacy, education and research. The nonprofit was formed in memory of Phoebe Jeong-hui Ward, who was a Severna Park Elemen-

66

Different years, different opportunities always come up. You could be home sitting around or could be out trying to make a difference in some small way."

— TODD POWELL

tary School third-grader in 2016 when she passed away after battling HLH.

"Our friend's daughter was diagnosed with HLH, which is an immune disorder," explained Powell. "Unfortunately, she lost her fight to HLH, but her parents turned their loss into something positive by starting Fight For Phoebe. Our friends suffered a devastating loss, and if we can somehow help other families in

Retired Police Officer Continues To Serve

some small way, to me it's very worthwhile."

Whether it's through donations or volunteering, he encourages everyone to find ways to support their local communities.

"What makes our communities stronger is when people give back to the community," he said. "I think that anything you can do for your local or national community builds better communities and a better nation."

He also encourages everyone in the area to come out for the upcoming Fight For Phoebe Memorial Fun Run/ Walk later this month. The fourth annual event will take place at Severna Park Elementary School, where Phoebe was a student and her mom is a teacher.

"This is a fun, relaxed family event, not a competitive run event that some may think it is," Powell said. "It's right here in our backyard, and it's for such a great cause."

The fourth annual Fight For Phoebe Memorial Fun Run/Walk is scheduled for Sunday, September 29. The course starts and ends at Severna Park Elementary School and runs along the B&A trail. Registration starts at 7:30am and the fun run/ walk starts at 8:30am. All proceeds will benefit HLH research efforts and families affected by HLH.

If you can't make the event, you can still support Fight For Phoebe by visiting the organization online at *www.fightforphoebe.com*.

Editor's Voice



Six years ago, I covered my first assignment for the Severna Park Voice: Mini Rock 'N' Roll Revival at Shipley's Choice Elementary School. As I wrote then, the show was like a miniature version of "Glee." Kids engaged the crowd with gaudy costumes, choreographed dance moves and hit songs spanning several eras. It was about as exciting a first assignment as any writer-photographer can hope for, and reflecting on it now, it embodies everything I love about Severna Park.

The elementary school production was anything but mediocre. Teachers, students and parents came together to put on a professional-level show. But every day, people in Severna Park come together for other reasons: to support local nonprofits, to help neighbors in need and to support children who are fundraising for their sick peers.

I got into this business to share stories like those, and I'm touching on this subject now because I have just stepped into the role of editor, taking over for my close friend and mentor Dylan Roche. With the knowledge I have gained from Dylan, and with the support of Voice publishers Dianna and Lonnie Lancione, I am more prepared than ever to bring you the news that's important to people here. Helping me in that effort is our talented assistant editor, Chris Fincham, who resides in Severna

Open the pages of the September edition and you will find stories that reflect our mission of uniting the community. Page A1 features a story on local businesses that built a playhouse to be raffled off for charity. Even better, the raffle winner donated the house to a Severna Park boy who was born with a rare birth defect. On page B6, we have the scoop on new principals at Severna Park Middle School, Jones Elementary and Benfield Elementary. Learn how they plan to foster the growth of students, not just intellectually but also mentally and emotionally. We also have stories

Park. Please join me in wel-

coming him to the team.

celebrating the unique feats of people around town. Jeremy Brosseau of Arnold went to the Bonneville Salt Flats in Utah for Speed Week (page B6). Jim Lieby has spent nearly 20 years restoring his 1969 MG MGB convertible (page A3). Severna Park High School varsity baseball coach Eric Milton will soon hit the 20-year anniversary of his nohitter with the Minnesota Twins (page A5). All those stories are accompanied by details on the upcoming slate of fall events, from the pot luck picnic for nonprofits on September 28 to the Greater Severna Park and Arnold Chamber of Commerce's Shoptoberfest on October 5 (page A6).

I look forward to making the future as enjoyable as the last six years have been for me at the *Voice*. If we can do anything to share the news that's important to you, send me an email at *zach@pasadenavoice.com*.

SEVERNA PARK VOICE

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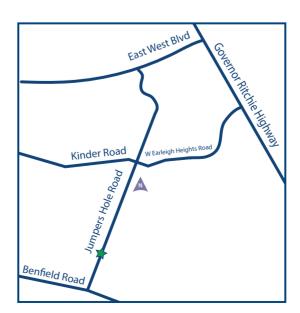
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Join EB Day On The **B&A September 21**



Heather Federici's daughter, Ashleigh, was born with a rare skin disease called epidermolysis bullosa.

Since her daughter was diagnosed with a rare skin disease called epidermolysis bullosa, Elkridge resident Heather Federici has been searching for every platform she can find to raise funds and awareness. That search has brought her and Kim Stammer to the B&A Trail, where they will hold EB on the B&A on September 21.

Runners, bikers and walkers are encouraged to come anytime between 7:30am and 3:00pm to help the cause. For the \$35 signup fee, participants also get coffee at The Big Bean (7:30am-4:00pm), a scoop of ice cream at Bruster's (Severna Park location from noon-8:00pm or Glen Burnie location from 11:00am-8:00pm) and access to a lunch buffet at Severna Park Taphouse with two beer tickets (11:00am3:00pm). These and other businesses will serve as water stops.

Severna Park Taphouse manager Jessica Tinordi said she immediately wanted to contribute when she was contacted by Stammer.

"It's such a difficult and rare disease," Tinordi said. "It's also called butterfly disease. The skin doesn't form properly and breaks off, almost like butterfly wings."

Wristband pickup and check-in will be available on EB Day in front of The Big Bean from 7:30am to 11:00am and also at Severna Park Taphouse from 11:00am to 2:30pm. All proceeds will support EB Research Partnership. Registration ends September 15. To participate or for more information, go to www. runsignup.com.

Shipley's Choice Resident Wraps Up MGB Restoration



By Christopher Fincham

Jim Lieby has always had an affinity for British sports cars. The former middle school shop teacher has worked on an MGA, a Jaguar XKE and an Austin-Healey.

Nowadays, he can be found in his Shipley's Choice garage putting the finishing touches on his 1969 MG MGB convertible, an endeavor he began nearly 20 years ago.

"The goal was to rebuild this for my daughter, who at the time was 15, and I said,

'I'll have it for you when you graduate from high school." The MGB uses a unitary

structure design, which enabled Lieby to take the entire thing apart piece by piece. A fabricator helped refine the various parts of the body and the structural elements, and then everything was put in primer.

Once he had it in this state, he really started putting it back together.

"I rebuilt the engine and transmission and always had it off to the side of the garage," Lieby said. "Then I rebuilt everything on this car — steering, suspension, the rear end, brakes, wiring, new door skins — everything."

Using decades-old manuals and documentation, he methodically went through the car inside and out, making sure everything was good to go.

"You have this diagram that shows this and that, but it's a lot of trial and error, and you don't know until you turn the key," Lieby said.

Meanwhile, his daughter Alison, who graduated from Severna Park High School,

now lives and works in New York City writing for Amazon Prime's "The Marvelous Mrs. Maisel."

"Every time I talk to her on the phone, I give her a quick review — 'All right, Al, here we are. Gonna put black carpeting in it, black interior with red piping, is that all right?' And when she comes home, she looks at it and checks it out," explained Lieby.

Undoubtedly she isn't the only one checking out the vibrantly-painted MGB now that it's nearly complete.



Nowadays, Jim Lieby can be found in his Shipley's Choice garage putting the finishing touches on his 1969 MG MGB convertible, an endeavor he began nearly 20 years ago.



		BALLSCHEDU	
Saturday		Howard Bison	12:00pm ET
Aug. 31		Maryland Stadium, College Park, MD	BTN
Saturday	3	22 Syracuse Orange	12:00pm ET
Sep. 7		Maryland Stadium, College Park, MD	ESPN or ESPN2
Saturday	8	at Temple Owls	12:00pm ET
Sep. 14		Lincoln Financial Field, Philadelphia, PA	CBSSN
Friday	5	15 Penn State Nittany Lions	8:00pm ET
Sep. 27		Maryland Stadium, College Park, MD	FS1
Saturday	and a	at Rutgers Scarlet Knights	Time TBA ET
Oct. 5		SHI Stadium, Piscataway, NJ	TV TBA
Saturday	2	at Purdue Boilermakers	12:00pm ET
Oct. 12		Ross-Ade Stadium, West Lafayette, IN	TV TBA
Saturday	3	Indiana Hoosiers	Time TBA ET
Oct. 19		Maryland Stadium, College Park, MD	TV TBA

Tuesday Wednesday

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9/6 - Bye Felicia

9/7 - JParis

9/13 - Reagan Years

9/14 -Thunderball

9/20 - Vinyl Rhino

- 9/21 Alter Ego
- **9/27** New Romance
- 9/28 Groovalicious

10/4 - Under the Covers
10/5 - As If
10/11 - No Green JellyBeenz
10/12 - Shake the Room
10/18 -Ex's & Oh's
10/19 - Kanye Twitty
10/25 - Square 1

10/26 - Chapel Road



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Fight NET Cancer With Katherine Delivers A Knockout Punch



With every dollar getting matched, the event raked in roughly \$146,000 for the Neuroendocrine Tumor Research Foundation.

By Zach Sparks zach@pasadenavoice.com

Fight NET Cancer With Katherine, a fundraiser held August 24 at Severna Park Taphouse, exceeded all expectations by raising more than \$73,000 for the Neuroendocrine Tumor Research Foundation (NE-TRF). About 550 people attended the event.

Susan Payson, chief development officer for NETRF, said the foundation has partnered with a West Coast donor as part of the Spark Hope campaign, so with every dollar getting matched, the event raked in roughly \$146,000 for the cause.

The event was inspired by Katherine Mueller, who was diagnosed with the rare form of cancer called Neuroendocrine Tumors (NETs) in November 2018.

"It's a very scary di-

agnosis," Payson said. "About 171,000 patients have it in the U.S., which is a small amount when compared to breast cancer and some others. So we're always competing for the attention all the other cancers get."

Payson said the funds will provide NETRF with almost a year's worth of research at the pilotgrant level. "We can examine why a healthy cell turns into a cancer cell and why these cells are multiplying," Payson said. "It's innovative research.'

Fight NET Cancer with Katherine was a huge success thanks to many sponsors and donors; Chad Bearden, Case & Barley, and other musicians; Severna Park Taphouse; and many others.

"[Voice COO] Larry Sells and I met through email

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Raffle House Goes To SP Boy

» Continued from A1 we want to support."

The adorable white cottage, meticulously handcrafted by Cedar Square Homes, was unveiled at the chamber's Shop Local Fun Fiesta event in the spring, and again at the annual Severna Park Fourth of July parade. Hundreds of tickets were purchased. Shortly after the parade, Mike Werner's name was drawn as the winner.

⁶Cedar Square Homes clearly built the house with love and exceptional craftsmanship," said League, noting that they used materials used in homebuilding. "It was beautiful and perfectly appointed with little flower boxes under the tempered glass windows, a shingled roof, and hand-painted inside and out. There was even a finished floor inside and a little porch off the front for small chairs. It was truly a miniature house, not just a playhouse."

Werner said the house was "way too beautiful" to be used as a storage shed, which is what he would have used it for. "I had no idea what I would do with it if I had won." said Werner, whose youngest child is in high school. "I just wanted to help out a great cause.'

Wendy Oliver had an idea. She let Werner know of Severna Park family members who were recent recipients of the services of Ronald McDonald House, and had a 2-year-old son who might love the playhouse.

"My son, Rex, has a rare medical condition called giant omphalocele. His abdominal wall didn't fully develop to cover the internal organs," said Jessica Roussey, Rex's mother. "I stayed at the Ronald McDonald House in New

Jersey for four days before his birth, and then for 49 days after he was born at Children's Hospital in Philadelphia while Rex stayed in intensive care."

When he heard the story, Werner didn't hesitate to agree to gift the playhouse to Rex.

"We could not have imagined a better outcome," Payne said. "This generous action by the winner of the playhouse felt like a home run, and it really brought full circle what we were hoping to do through this entire promotion, which was to give back to the community. Mike allowed this promotion to benefit not only the Ronald McDonald House organization through a financial donation but also to directly benefit a family who has gone through such a hardship."

Payne said the excitement felt by everyone involved on delivery day was palpable. Werner was on hand to see the playhouse delivered to Rex.

"When I met Rex and saw his reaction to the playhouse, I had a really good feeling," Werner said. "Donating the house to a family who would love it was absolutely the right thing to do."

Roussey said Rex has played in his new playhouse every day, at least once a day since it was delivered, and it's enjoyed by his cousins and friends, as well.

"This gift is so much more than a playhouse," Roussey said. "It represents all that Ronald McDonald House has meant to our family, and it shows the generosity and kindness of others. It will be a part of our family forever." The playhouse raffle

raised \$14,000 for the Red Shoe Crew of Ronald Mc-Donald House.

Arnold ES

» Continued from A1

ing, thoughtfully for your children," Arlotto told the crowd.

Principal Shauna Kauffman thanked her staff as well as the team at Severn River Middle School, which housed Arnold Elementary students and staff during the two-year construction period.

After Senator Ed Reilly took a selfie with Arlotto and the crowd, Councilwoman Amanda Fiedler stepped to the podium to share how the project was especially close to her heart because she attended the school nearly 30 years ago.

"It took years of dedicated hard work from the community and your elected officials to get to this day," Fiedler said. "You all deserve a pat on the back for your work, your dedication and being patient for this day to come."

Nest 10

» Continued from A1

After congregating at Bill Bateman's Bistro in Severna Park for the last several years, Ravens Nest 10 will now meet at the Greene Turtle in Pasadena on the third Wednesday of every month at 7:30pm.

The group is around 44 members. Anyone interested in joining can fill out a membership application at www.ravensnest10.com.

Asked about his expectations for the season, Milam is hopeful.

"I think we're a play-off team," he said. "It's hard for a team with a young quarterback to go all the way to the Super Bowl, but we have a chance."



on May 22, and between

May 22 and August 24,

they put on a top-notch event, recruiting spon-

sors, getting raffle items

and more," Payson said.

"We're so thrilled with

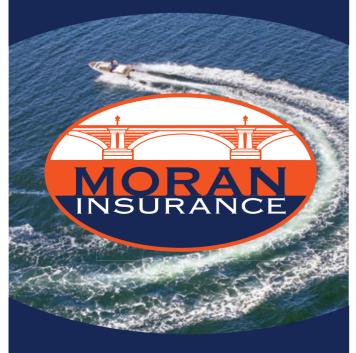
their effort.



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New Bay Bridge Crossing

The Maryland Transportation Authority (MDTA) will hold a community meeting to discuss three potential Bay Bridge crossings that would run through Anne Arundel County. To be involved in the discussion, attend the meeting on Wednesday, October 2, from 6:oopm-8:oopm at Anne Arundel Community College (101 College Parkway in Arnold). Attendees also will learn about the purpose of the study, traffic, engineering and environmental considerations, comments received to date, next steps and how to stay informed.

Shipley's Dam Phase 2

» Continued from A1

"We are putting a concrete culvert in its place, so it will have a much longer life cycle," Lott said. "And even if there is additional building that's above it, the capacity is large enough that it should never have to be replaced in these person's lifetimes, so it is very much a permanent fix."

Oak Stump Drive will remain open during Phase 2 construction. However, parking restrictions will be required. To provide a parking area for contractor vehicles, residents are requested not to park on the south side of the Oak Stump Drive cul-de-sac from September 4 through October 4. To allow room for large construction vehicles to enter the site during the first week of construction (September 4-6), residents are requested not to park on the north or south side of the cul-de-sac. Curbside parking is prohibited during these dates; driveway parking may continue. The contractor has been directed not to block driveways with vehicles or materials. Paydirt will erect "no parking" signs.

Anyone with questions or concerns can contact project manager Larry Mathena at 410-222-7908 or *pwmathoo@ aacounty.org*. Mathena has been providing regular project updates via email. To receive these project updates, provide your email address to Mathena.



Eric Milton Celebrates 20th Anniversary Of Twins No-Hitter

By Zach Sparks zach@pasadenavoice.com

Few things are guaranteed in baseball, other than intrigue, the seventhinning stretch and the belting chorus of "O!" during the national anthem at Camden Yards.

Severna Park High School varsity baseball coach Eric Milton, a former Major League pitcher, accomplished one of the game's most coveted yet unexpected feats 20 years ago when he notched a no-hitter for the Minnesota Twins on September 11, 1999.

The game was anything but ordinary, starting with an 11:06am first pitch. The Twins had to finish their matchup with the Angels before the start of the Minnesota Golden Gophers college football game.

"There were maybe 10,000 people in a 60,000seat stadium," Milton said of the Hubert H. Humphrey Metrodome.

With Terry Steinbach calling pitches behind the plate, the 24-year-old Milton got off to a hot start. The Angels struggled to make contact, with only three balls making it past the infield in the first five innings. Because of the early start time and September call-ups, the Angels lineup that day featured two regular starters in Troy Glaus and Orlando Palmeiro.

A run-scoring triple by Steinbach in the first inning gave the Twins a lead, and they added on with three in the second and two in the fifth. By the seventh inning, Milton



Photo courtesy of the Minnesota Twins Eric Milton recorded a no-hitter for the Minnesota Twins on September 11, 1999. He surrendered just two walks and notched 13 strikeouts.

had surrendered two walks but no hits.

"Even though there were maybe 10,000 fans, by the sixth or seventh inning, it sounded like 20,000," Milton said. "That kept me going." Taking notice of the

potential no-hitter, Milton felt a twinge of superstition.

"There was a guy who would bring me Gatorade," Milton recalled. "He was the only guy sitting near me, and eventually, he got up and left. I said, 'Hey, what are you doing? You have to come back.""

While superstition was on the minds of Twins in the dugout, it was also a topic of conversation in the press box after an ill-timed "Wheel of Fortune" promotion. A fan had to fill in the letters of a puzzle on the scoreboard to unveil the answer to the question of "Who pitched the first nohitter for the Twins?" (The answer is Jack Kralick). The question had been developed before the game and went unchanged despite the no-hitter.

Looking back, Milton said he was unaware of the trivia question. His nohitter faced a bigger threat in the next inning.

"There was one play late in the game, in the eighth inning, with a bloopy hit – I don't know if it broke the bat — but the ball looped over Eric's head on the mound," said Tom Kelly, who was the Twins manager. "Cleatus Davidson zipped in there and made a catch right below his knees, so it was one of those dying lobs that almost fell in, and if it hit the AstroTurf, who knows what would have happened.'

Eleven pitches was all Milton needed to escape the eighth inning. In the ninth, Milton induced a pop-out and a ground-out. With the no-hitter on the line, he threw a 3-2 pitch to Jeff DaVanon. He swung and missed.

The Twins defeated the Angels, 7-0. Milton struck out 13 batters, with his fastball reportedly touching 94 mph.

"Anytime someone pitches a no-hitter, you don't get by on two pitches," Kelly said. "You have to have a lot working for you: the fastball, breaking ball, a changeup.

"It's just one of those dominant games," he added. "He pitched a lot of great games, but that was the feather in the cap."

Surprisingly, Milton said the no-hitter doesn't top the list of his favorite accomplishments. That honor goes to his victory in the American League Divisional Series against the Oakland Athletics in 2002 when he pitched seven innings, giving up two earned runs in an 11-2 victory.

The no-hitter comes close, though, as does his near no-hitter with the Philadelphia Phillies in 2004. As for that 1999 game, Milton became the fourth pitcher in Twins history to pitch a nohit game, joining Scott Erickson, Jack Kralick and Dean Chance.

"Eric didn't like to lose. He always seemed to pitch with a chip on his shoulder," Kelly said. "I managed a lot of years, and we didn't always have guys on the mound that we were proud of. You felt like you had a chance to win when he went out to pitch, and I think the players felt the same way, and that is important."

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RFID Technology Comes To Severna Park



The Smart Retail Label (pictured here at the Severna Park Rite Aid) allows consumers to wave their phones in front of tags to get immediate product information, coupons, reviews and more.

By Jillian Amodio

Your consumer shopping experiences are about to take on a bold new future, one that is more immersive and information-forward.

We often hear about new tech coming out of Silicon Valley, but Severna Park is placing its own mark on the map when it comes to new technology.

Smart Retail Label (SRL) Network originated in the Annapolis area with the goal of putting pertinent information about products directly at the fingertips of everyday consumers.

Compass Marketing CEO John White recently gave me an in-depth tour of the recently implemented technology being used at the Severna Park Rite Aid. As I stood in front of digital tags, he simply waved his smartphone in front of the labels, and up popped information about the products. This technology is empowering and educating consumers.

The SRL uses a unique form of radio-frequency identification (RFID) to communicate to consumers from the shelves inside of stores and packages on consumer products. Labels used on shelves and packages are activated by waving a phone in front of the icon, which then takes the user to the network that lists product information such as ingredients, coupons, potential allergies, recipes, reviews and more. There is no special app needed and no camera access; simply unlock your phone and wave.

So how does it work? RFID technology uses electromagnetic fields to locate and recognize tags containing specific content that is stored electronically. RFID, like that used in the SRL Network, uses NFC or near-field communication. This is the same technology used in things like Apple Pay. Essentially, NFC allows for two electronic devices to communicate when in close proximity. SRL works with both Android and Apple products.

Why is this technology so valuable to consumers and retailers? From a business and retail perspective, it helps make operations more efficient. Gone are the days of price checks and inaccurate prices reflected on paper tags. The SRL Network is updated remotely every day, automatically sending correct product information directly to the tags on the shelves and products. White said that one store manager even thanked him for giving him his weekends back. The manager said prior to implementing this technology, his Saturdays were spent retagging shelves, an arduous task that has now become obsolete.

For consumers, the benefits are immeasurable. Allergens, coupons and useful information are mere centimeters away and easily accessible with a wave of the wrist.

While this is an already exciting use of accessible technology, more enhancements are to come, including handy search features that will alert customers to specific products they are searching for by flashing a red light on the tag near the product they are seeking.

To educate consumers on how to use these new fea-

tures, Compass Marketing is leading social media campaigns and supplying stores with signs and infographics. While Compass Marketing owns the technology, the network itself is backed by Microsoft.

When asked about any potential security concerns, White said that the company does not keep any consumer data.

"We do not broker in the sale of data. The network is safe, secure and efficient," White explained. "We are committed to never selling personal data, and protecting consumer data and privacy. We are simply striving to help build bridges between retailer and consumer and solidify the relationship between product and customer."

Perhaps the most exciting feature about this technology is the environmental impact it will have. According to research done by Compass Marketing, 7 million trees per year are destroyed for the production and implementation of paper tags on retail shelves. Not only are they unsightly and often incorrect; they are also labor-intensive and harmful to the environment. Whereas the traditional vinyl-coated paper tags are not biodegradable, the digital tags are updated remotely, removing the need for manual correction, and they offer a five year battery life.

This new technology has been in the building phase for the past five years, and while it has just recently been implemented in Severna Park and Annapolis, it is expected to be nationwide by 2020. Consumers can expect to find this technology in the near future at stores like Rite Aid, CVS, Walgreens, Graul's Market and Whole Foods.

For more information about the network, including a privacy statement, visit thesrlnetwork.com.

Announcements



Photo by Judy Tacyn Last year's Shop Local Festival had many family activities. This year, the event will have a Halloween twist.

Get Ready For Shoptoberfest

This year's Shop Local Festival will have a Halloween And Oktoberfest flair. The fun and free family event, Shoptoberfest, sponsored by the Greater Severna Park and Arnold Chamber of Commerce, will have music, shopping, trick-or-treating, a cornhole tournament, pumpkin painting and more. It all takes place October 5 from 11:00am to 3:00pm in the Park Plaza shopping center at 500 Ritchie Highway.

To register as an exhibitor or to secure a sponsorship, visit *www.web.gspacc*. com/events and click on the "Shoptoberfest" calendar listing or call 410-647-3900.

API Anniversary Celebration Takes The Field Sept. 14

Although Athletic Performance Inc. (API) is located in Gambrills, the sports training program has served athletes from Severna Park and all over Anne Arundel County over the last 15 years. To commemorate that achievement, API will hold a party on September 14

from 10:00am to 4:00pm at its complex at 740 Route 3 South. Attendees can look forward to free giveaways, discounts on API programs and gear, free clinics and food. Check the "Athletic Performance Inc. (API)" Facebook page or visit www. athleticperformanceinc. com to find the full schedule of activities as the party date approaches.

Nonprofits To Host Pot Luck Picnic

The Association for Severna Park Improvement, Renewal and Enhancement Inc. (ASPIRE) and the Kiwanis Club of Severna Park will bring area nonprofits together on September 28 at 3:00pm at Kinder Farm Park for the second annual pot luck picnic. The event provides a networking opportunity so that anyone involved with a nonprofit can share the good they are doing in the community. Attendees are asked to bring a dish to share. Drinks and burgers will be provided. The pot luck will be held in the River Birch Pavilion. RSVP to Krista Latchaw at klatchaw@stockamp.com or 443-618-3420.

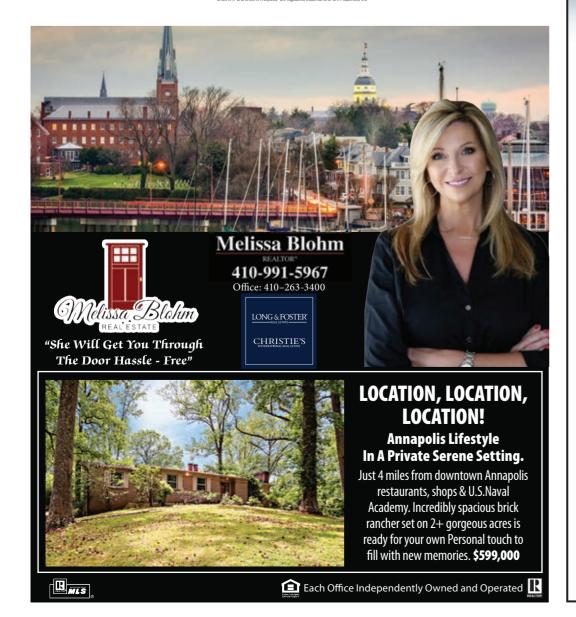




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Announcements

Karen Stevens Triathlon Continues The Tradition On Sept. 21

Do you like to swim, bike and run? Do you like to raise money for a worthy cause? Why not participate in the 10th annual Karen Stevens Memorial Kid's Triathlon at the Severna Park Community Center on Saturday, September 21. All proceeds from the event will help provide free swim lessons for children with special needs.

Each course takes place at the Severna Park Community Center pool and the B&A Trail. The triathlon can be completed individually or by teams of two or three people. Approximate distances are as follows:

10 and Under

Swim - 200 yards (eight lengths)
Bike - 2 miles
Run - ³/₄ mile

11-14 years old

Swim - 400 yards (16 lengths)
Bike - 4 miles
Run - 1 ¹/₂ miles

Junior Tri-IT!

- Swim Four lengths of therapy pool
 Bike – ¼ mile (Severna Park Community grounds)
- Run ¼10 mile (Severna Park Community grounds)

Registration closes September 19. On September 21, race checkin begins at 7:00am and the race begins at 7:30am. The Junior Tri-It starts at 8:30am. For more information, search for "Karen Stevens Memorial Kids Triathlon" on www. active.com.

Lifeline 100 Returns Oct. 6

The sixth annual Anne Arundel County Lifeline 100 Century Ride on October 6 offers a great experience for cyclists of all levels with several route options (100, 62, 30 and 15 miles) as well as a family fun ride. These routes wind throughout scenic Anne Arundel County, including views of downtown Annapolis, the Severn River, southern Anne Arundel County, BWI/Marshall airport and more.

The family fun ride is for children ages 10 and under and their parents/ guardians. This event is free. The course is on the paved trails at Kinder Farm Park, located at 1001 Kinder Farm Park Road in Millersville. Lifeline 100 will also host a children's bike rodeo — a fun bicycle safety orientation and obstacle course - for ages 4 to 10.

The Lifeline 100 Century Ride is cosponsored by the Anne Arundel County Police Department, Anne Arundel County Department of Recreation and Parks, and Bicycle Advocates for Annapolis and Anne Arundel County. All event proceeds will be used to support the following nonprofit organizations: Anne Arundel County Crisis Response System, Recreation Deeds for Special Needs, Bicycle Advocates for Annapolis, and Anne Arundel County bike safety programs.

Participants are reminded that this is a ride, not a race. Routes include paved trail segments with posted speed limits. To register for any of these events, or to become a sponsor or volunteer, visit www. lifeline100.com.

Elizabeth Werner: A Lawyer's Toy Story

By Kerri Dress

"I wanted to go somewhere where I would be handed 60 files on my first day and be told 'go to it," Severna Park resident Elizabeth Werner said adamantly.

Werner's strong work ethic has led her to pronounced success, first in the field of law in New York City and then to the production rooms of QVC, "The View," "Fox & Friends" and CNN.

After graduating from Brooklyn Law School at 25 years old, Werner dove into a gratifying career working in both the federal and state sectors within employment and contract law. "I loved the process of bringing people together to come to an agreement," Werner explained.

The current hot topic of gender biases in the workplace was in full force when Werner was paving out her career. "The men all came in and one of them said, 'Excuse me, young lady, can you please go get us some coffee?' They were talking about the case in front of me as if I wasn't in the room," Werner said, reflecting on one of her first cases she handled as an attorney.

Amid these obstacles, Werner made a name for herself in New York City until her then husband's career brought the couple to Maryland.

Patiently waiting for her Maryland bar exam results, Werner was asked to speak on behalf of her husband's company, 180, on QVC.

Intrigued by the idea of trying something new, she accepted and headed to the



studios not knowing what to expect or say about the ear warmers and gloves she was instructed to showcase.

"There was no training, no makeup, hair salon or cue cards," Werner recalled. "They just shove you in front of a camera!"

Werner's experience with public speaking in courtrooms groomed her for this new endeavor. "It was way less intimidating than talking to a judge!" she exclaimed.

After each taping, manufacturer executives would approach her and throw their business cards in her purse, begging her to represent their company's products.

"Within a month, I had a huge stack of cards and thought 'this could be my next job," Werner said. A mother of a 2-year-old at the time, she thought this could be a career more conducive to parenting. Werner took the risk and pioneered a role in reviewing toys on television, eventually leading her to booking opportunities on national television.

Werner's fresh perspective and talent was immediately contagious; along with freelance contracting with toy manufacturers, she started coaching product executives on how to present their products to be more desirable.

"You need to be more of a dad than an executive," Werner said as she prepped John Barber, then Toys "R" Us president, before appearing on "The View."

Impressed with her coaching on set, the producer of "The View" asked why she didn't do this herself. "Well actually, I do. I'm on QVC hundreds of times a year. I'm their child and lifestyle expert," explained Werner.

"She dropped her jaw say-



After pursuing a career in law, Elizabeth Werner took a risk and pioneered a role in reviewing toys on television.

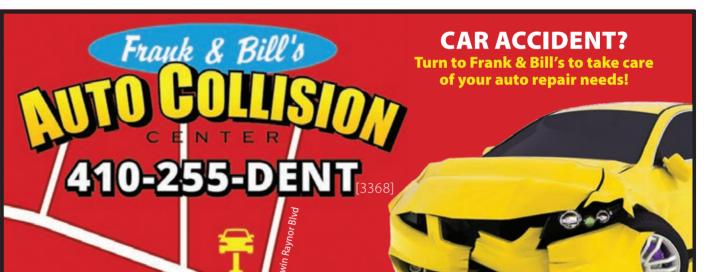
show — all the other shows started calling," she said. Accustomed to recording live on the first take, she had to adapt to rehearsing when she appears on other shows.

Challenges like frequent travel, working nights and being self-critical toward her TV image are minimal compared to her love for the career she's created over the past 19 years and the family she's found at QVC.

Although her career made a sharp turn into the toy industry, she leans on the skillset she cultivated in law school daily: communication, public speaking, research and working independently.

"You spend years pursuing something. ... I was really passionate about law; but when this opportunity fell right in front of me, I thought, 'Wouldn't it be silly if I didn't try?"

Werner has inspired her daughter with this same open, resilient mindset and hopes her story will have the same effect on others.



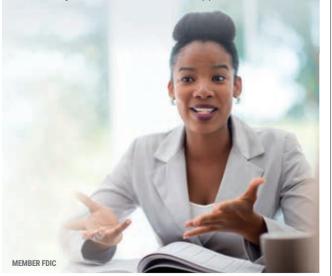


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Navy Spotlight

Arnold Native Supports U.S. Navy's "Silent Service" Half A World Away

By Mass Communication Specialist 1st Class Robert Zahn

Lieutenant Gary Beier, a native of Arnold, always dreamed of graduating from the United States Naval Academy.

Now, seven years later and half a world away, Beier serves with Submarine Group 7, supporting U.S. Navy submarines patrolling one of the world's busiest maritime regions as part of the leading edge of U.S. 7th Fleet.

"I grew up so close to the Naval Academy, so I was always surrounded by pride and support for the Navy and Marines," Beier said. "I've always dreamed about graduating from the U.S. Naval Academy, which I did in 2012, but since then, the Navy has kept me far away from my hometown."

Beier is a submarine officer with the Yokosuka, Japan-based command, forward-deployed as part of Submarine Force Pacific. "I plan, coordinate, and support U.S. and allied submarine operations in the Indo-Pacific region," Beier said.

He credits his success in the Navy to many of the lessons learned in Arnold. "Both of my grandfathers were in the Navy, but I'm not sure if that influenced me to join or not," Beier said. "Regardless, my family was very supportive and proud of me when I accepted an appointment to USNA and when I commissioned into the Navy."

U.S. 7th Fleet spans more than 124 million square kilometers, stretching from the International Date Line to the India/Pakistan border, and from the Kuril



Photo by Senior Chief Mass Communication Specialist Gary Ward Lieutenant Gary Beier is a submarine officer with the Yokosuka, Japan-based command, forward-deployed as part of Submarine Force Pacific.

Antarctic in the south. The fleet's area of operations encompasses 36 maritime countries and 50% of the world's population with 50 to 70 U.S. ships and submarines, 140 aircraft and approximately 20,000 sailors.

With more than 50% of the world's shipping tonnage and one-third of the world's crude oil passing through the region, the United States has historic and enduring interests in this part of the world. The Navy's presence in Yokosuka is part of that longstanding commitment.

'The Navy is forwarddeployed to provide security and strengthen relationships in a free

said Vice Admiral Phil Sawyer, commander of U.S. 7th Fleet. "It's not just the ships and aircraft that have shown up to prevent conflict and promote peace. It is and will continue to be our people who define the role our Navy plays around the world — people who've made a choice, and have the will and strength of character to make a difference."

Submarine Group 7 is comprised of submarines deployed to the Western Pacific and a permanent, forward-deployed fleet including the submarine tenders USS Frank Cable and USS Emory S. Land and four fast-attack

Attack submarines are designed to hunt down and destroy enemy submarines and surface ships; strike targets ashore with cruise missiles; carry and deliver Navy SEALs; carry out intelligence, surveillance, and reconnaissance missions; and engage in mine warfare. Their primary tactical advantage is stealth, operating undetected under the sea for long periods of time.

Serving in the Navy means Beier is part of a world that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

There are many ways for sailors to earn distinction in their command, community and career. Beier is most proud of receiving his submarine warfare qualification.

"Receiving my 'dolphins' when I was finishing up qualifications as a submarine officer and passing my nuclear engineering officer exam were my proudest moments," Beier said. "Both required 100% of my focus and effort and were the culmination of years of training and preparation."

As a member of one of the U.S. Navy's most relied-upon assets, Beier and other sailors know they are part of a legacy that will last beyond their lifetimes.

"I serve in the Navy because it means I'm at the forefront of promoting America's ideals and strengths on a global scale, and pushing back against those nations which would like to see America's position on the world stage weakened,"

Tumelty Joins Generation Of Naval Aviation Warfighters



Ensign Matt Tumelty is a student pilot with the "Boomers" Training Squadron VT-27, based in Naval Air Station Corpus Christi in Texas.

By Rick Burke, **Navy Office of Community Outreach**

A 2013 Broadneck High School graduate and Arnold native is participating in a rigorous training process that transforms officers into U.S. naval aviators.

Ensign Matt Tumelty is a student pilot with the "Boomers" Training Squadron VT-27, based in Naval Air Station Corpus Christi in Texas. The squadron flies the T-6B Texan II aircraft.

A Navy student pilot is responsible for learning how to fly aircraft and progress through the pipeline that is needed to master the skills as a naval aviator and excel as an officer in the Navy.

"I enjoy interacting with the people in our community and flying is a lifelong dream of mine," Tumelty said.

cess in the Navy to many of the lessons learned growing up in Arnold. "My hometown is a

military community, so I had a lot of role models to follow and emulate, and doing this has definitely made me a better person overall," Tumelty said.

The T-6B Texan II is a training aircraft powered by a 1,100 shaft horsepower. free-turbine, turboprop single-engine, four-bladed propeller, with a cruising speed of 320 mph.

VT-27's primary mission is to train future naval aviators to fly as well as instill leadership and officer values. Students must complete four phases of flight training in order to graduate, including aviation pre-flight indoctrination, primary flight training and advanced flight training. After successfully completing the rigorous program, naval aviators earn their coveted "Wings of Gold."



Navy Spotlight

A Severna Park Grad, Pershall Trains To Fly Advanced Aircraft

By Rick Burke, Navy Office of Community Outreach

A 2013 Severna Park High School graduate is participating in a rigorous training process that transforms officers into U.S. naval aviators.

Ensign Samuel Pershall is a student pilot with the "Redhawks" of Training Squadron VT-21, based in Naval Air Station Kingsville in Texas. The squadron flies T-45C Goshawk aircraft.

A Navy student pilot is responsible for learning the basics of flying military aircraft so he or she can successfully fly more advanced aircraft in the fleet.

"Every day is fun," Pershall said. "It's a relatively small community, so there is a lot of camaraderie amongst the students and a lot to learn from the instructors."

Pershall credits his success in the Navy to many of the lessons learned growing up in Severna Park.

"I learned respect for the mili-

tary growing up so close to a military base and self-discipline from participating in both sports and academics," Pershall said. "Learning a hard work ethic and good study habits definitely helped me graduate from the Naval Academy with a bachelor's degree in ocean engineering."

The T-45C Goshawk is a tandemseat, jet trainer aircraft powered by a twin-spool non-afterburn turbofan engine with 5,527 pounds of thrust and airspeed of 645 mph.

VT-21's primary mission is to train future naval aviators to fly as well as instill leadership and officer values. Students must complete many phases of flight training in order to graduate, including aviation pre-flight indoctrination, primary flight training and advanced flight training. After successfully completing the rigorous program, naval aviators earn their coveted "Wings of Gold."

After graduation, pilots continue their training to learn how to fly a specific aircraft, such as the



Photo by Mass Communication Specialist 2nd Class David Finley Ensign Samuel Pershall is a student pilot with the "Redhawks" of Training Squadron VT-21, based in Naval Air Station Kingsville in Texas.

Navy's F/A-18 Hornet fighter attack jet aircraft or the F-35 Lightning joint strike fighter jet. They are later assigned to a ship or landbased squadron.

Though there are many ways for sailors to earn distinction in their command, community and career, Pershall is most proud of graduating from the Naval Academy with a bachelor's degree in ocean

engineering. "I grew up right next to Annapolis and I wanted to go there ever since I was little, so it's a very rewarding and fulfilling experience when I graduated," he said. Serving in the Navy is a continuing tradition of military service for Pershall, who has military ties with family members who have previously served. Pershall is honored to carry on the family tradition.

"My uncle graduated from the Naval Academy in 1973 and became a naval officer, and my brother is currently in the Navy as a surface warfare officer serving onboard USS Barry," Pershall said. "It makes me proud to follow in the footsteps of both my uncle and brother, serving our country. I can relate to my brother about the experiences we have from both being in the Navy."

As a member of one of the U.S. Navy's most relied-upon assets, Pershall and other sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nation needs.

"Serving in the Navy means contributing to something bigger than myself on a global scale and doing my best every day to help those around me," Pershall said.

Tumelty Trains As Next Generation Of Naval Aviation Warfighters

\gg Continued from A8

After graduation, pilots continue their training to learn how to fly a specific aircraft, such as the Navy's F/A-18 Hornet fighter attack jet aircraft, the P-8 Poseidon maritime patrol aircraft or the SH-60 Seahawk helicopter. They are later assigned to a ship or land-based squadron.

America is a maritime nation, and that the nation's prosperity is tied to the ability to operate freely on the world's oceans. More than 70% of the Earth's surface is covered by water; 80% of the world's population lives close to a coast; and 90% of all global trade by volume travels by sea.

Tumelty plays an important role in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of National Defense Strategy.

"Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships," said Richard V. Spencer, secretary of the Navy. "Readiness, lethality and modernization are the requirements driving these priorities."

Though there are many ways for sailors to earn distinction in their command, community and career, Tumelty is most proud of being a commissioned naval officer and having the opportunity to become a naval aviator.

"To continue on the path of becoming a naval avia-

tor and defending the skies of my country have been lifelong goals of mine," Tumelty said.

Serving in the Navy is a continuing tradition of military service for Tumelty, who has military ties with family members who have previously served. Tumelty is honored to carry on the family tradition.

"My father served in the Navy and he was a role model for me to continue the family legacy," Tumelty said. As a member of one of the U.S. Navy's most relied-upon assets, Tumelty and other sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nation needs.

"Serving in the Navy gives me the opportunity to give back to my country and defend it, as well as participating in potential humanitarian missions across the world," Tumelty said.











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NAMI's Second Mental Health Gala Will Celebrate Advancements

By Jillian Amodio

Community is all about supporting people in need. For those with mental illness, or caregivers of loved ones suffering from mental illness, the nonprofit NAMI Anne Arundel County is exactly that, a community of support.

The National Alliance on Mental Illness Anne Arundel County (NAMI AAC) will host its second annual mental health gala on October 5 at the Crowne Plaza Annapolis Hotel. Senator Ed Reilly is the honorary chairman. The president of NAMI National, Adrienne Kennedy, will be the guest speaker for the event, which will focus on celebrating advancements.

The evening will feature a meet and greet, followed by dinner, guest speakers, a silent auction and awards. The Bo DePaola, Zach Roter and Rhonda Mack Dickerson awards will be presented by families who have lost loved ones to mental illness. A fourth award will be issued this year to recognize outstanding achievement for mental health service and support.

The National Alliance on Mental Illness was founded in 1979. Chapters are spread throughout the country to offer advocacy, training, guidance, support and education. NAMI Anne Arundel County started about 10 years ago and is continuing to grow and influence the community and local government on



Left: John and Jill DePaola presented the Bo DePaola Award For Excellence to Kate Callahan during NAMI Anne Arundel County's inaugural gala last October at the Crowne Plaza hotel in Annapolis. Right: The theme of the NAMI Anne Arundel County gala was "You Are Not Alone."

We are able to

help them better

understand mental

get their support on

increased funding.²

— FRED DELP, EXECUTIVE

ARUNDEL COUNTY

a variety of mental health initiatives.

Fred Delp, the executive director of the Anne Arundel County branch, considers it a great resource to be so close to Maryland legislature and lawmakers.

'We are able to help them better understand mental health and ultimately get their support on various bills, laws and increased funding," Delp said.

In addition to working with local legislators and lawmakers, NAMI AAC works continuously to advocate for improved services, raise awareness and reduce the stigma associated with mental illness.

NAMI AAC offers educational events throughout the year, and county residents are invited to listen to speakers on a variety of topics pertaining to mental health.

Also, NAMI AAC offers support groups for both individuals and their families, which is one of the most valuable resources the organization provides. A family sup-

port group is designed to support parents, caregivers and loved ones who are caring for those with mental illness.

"These groups meet for an hour and a half, and while we

are not therapists, we are trained to guide and educate as facilitators, answering a variety of questions about things like HIPPA,

SSDI, housing questions, vocational work opportunities, various drugs and medication, and ultimately offer a much needed support group environment," Delp explained.

A group called Connections is designed specifically for people 18 and older who are *health and ultimately* struggling with mental illness. various bills, laws and In addition to weekly meetings, DIRECTOR OF NAMI ANNE this group gathers for social out-

ings. Meeting dates and times for both groups can be found on the calendar at www.namiaac.org.

As part of their mission



to educate communities on mental health, NAMI AAC also facilitates classes and presentations. The most popular course is called Family to Family and is geared toward parents, caregivers and loved ones caring for those with mental illness. The course helps them learn more about mental illness and how to support those they love. Peer to Peer is a course for those living with mental illness, and it provides opportunities for people to learn more about their illness and support options.

While many courses are for adults, NAMI AAC is actively working to incorporate more offerings for younger audiences.

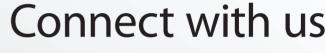
"We are working toward getting into the schools to give presentations about mental illness to students, faculty and parents," Delp said.

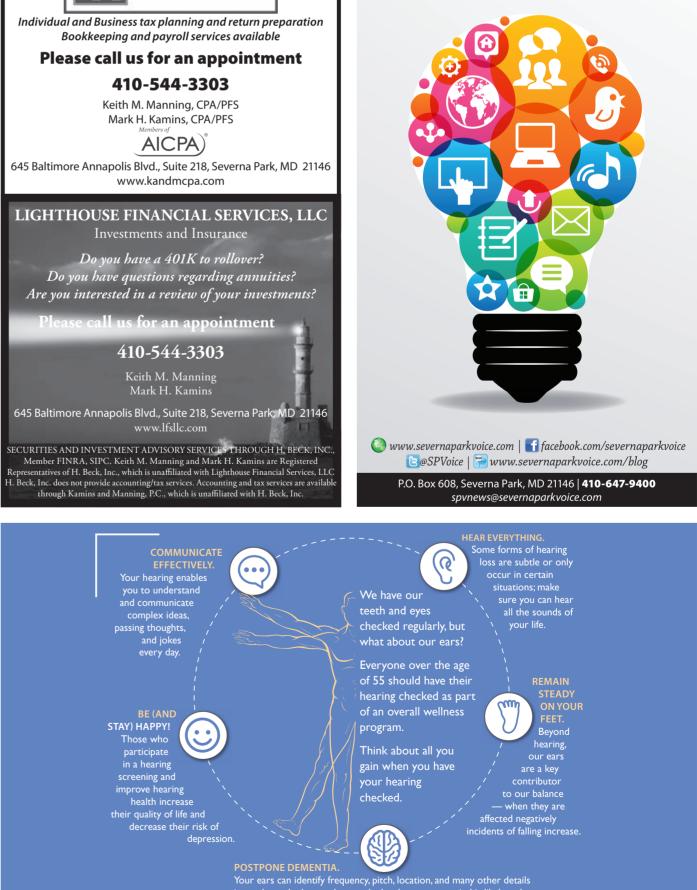
Other courses, like NAMI Basics, are for parents and loved ones of adolescents and children with mental illness. Family and Friends is a four-hour presentation for those who wish to learn about NAMI.

As part of advocacy and outreach objectives, NAMI AAC works closely with various agencies and organizations throughout Anne Arundel County including the county mental health agency, Anne Arundel Medical Center, Pathways, University of Maryland Baltimore Washington Medical Center, OMNI House, Arundel Lodge, People Encouraging People (PEP), Vesta, and Psychotherapeutic Services of Annapolis.

NAMI classes and groups are free. Funding comes in the form of donations from various individuals and organizations, as well as a small county grant. Membership dues are also one of the main forms of monetary support.

NAMI AAC volunteers want to grow in their mission of raising awareness, reducing stigma and educating the community. They are in need of volunteers, including group leaders, facilitators, grant writers, and help with the website and newsletter. They are also in need of a permanent office space. For more information about volunteer opportunities, membership, services or this year's gala, visit www.namiaac.org.







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SEPTEMBER 5, 2019 A11

Introducing Lauren's Law: That's Not My Name

Lauren Burke Meyer

The hardest question I've ever been asked is, "What's your name?" It's crazy, but true. I was born with the name Lauren Elizabeth Burke. My mother fell in love with the name Lauren because she adored the actress Lauren Bacall. She wasn't alone in her adoration, because there were always several other Laurens in my classes, on my sports teams or at Sunday school. You get the idea.

Luckily, or so I thought, a nickname of Lizard for my middle name began. Lizzie, Liz and even the occasional Liz Bo (aren't dads funny?) were soon added to the list. There was also the short-lived LaurLiz. We're going to let that one die with AOL Instant Messenger, which was also popular at the time. This confused everyone around me, including myself. Teachers would call me Lauren, and then friends would call me Liz or Lizzie.

In college, I had to commit to one name and picked Lizzie because there was another Lauren on my lacrosse team at Penn State. After college when I entered the working world — I went back to Lauren because it was the name on the paycheck. Let's just say, I've spent the better part of my life identifying with Zoolander, "Who am I?"

When I got married in 2016, I got my chance to change my name to what worked best. Weighing if I should drop Lauren or Elizabeth, and considering if I should hyphenate my maiden/married name, I settled on Lauren Burke Meyer.

While my middle name and last name get hyphenated from time to time, and there's still confusion when I introduce myself as Lauren just to have my husband call me Lizzie, I feel good about my name change. And yes, I still answer to "Aunt Lizzie,"

I draw the line at answering to "LaurLiz" ... see the paragraph above for your reminder why.

Now that I've made your head hurt talking about names without even sharing the joys of legally changing your name (insert sarcasm here), I'd like to explain the Lauren's Law philosophy. It's a fun play on the well-known adage Murphy's Law: "anything that can go wrong, will go wrong." While negative, this is too predictable and boring for me, and I just can't relate. Lauren's Law is my personal take on his law how things can and will go wrong at times, despite my best efforts or on the other hand, how things go surprisingly lucky for me. Whichever side of the spectrum the stories lie on, comedy is the central theme. Let's just say, Murphy's got nothing on Lauren's Law.

Here's a taste of what I mean. A few years ago, my older sister Kristen Burke (you might know her from the Severna Park Hall of Fame. and if you don't, ask her and she'll tell you all about it) and I went to pick up carryout dinner for our family at our beloved Romilo's. Always a little sister, I made my sister drive. And, always interested in the latest shiny object, my sister drove my car because it was somewhat new. We hadn't left the driveway when, while driving my car, she reversed into her own car. She hit a parked car in the driveway, and her own for that matter. Once we realized there was no damage to either car, we couldn't stop laughing. I'm still laughing to myself while writing this.

I don't want to take myself too seriously, and I want to empower my readers to do the same. Thanks for joining me on this journey and be prepared to laugh each month!

Lauren Burke Meyer is a Severna Park native who was inspired to write Lauren's Law as a humorous play on the wellknown Murphy's Law adage: "anything that can go wrong,

ACAN Needs New Van For Food Delivery



Top Left: The ACAN delivery van broke down at Our Shepherd Lutheran Church hours before its scheduled appearance in the Severna Park Fourth of July parade. Top right and below: After its van broke down on the Fourth of July, Asbury Church Assistance Network had a Severna Park resident step up in time for the parade. Also, ACAN promoted healthy eating by having volunteers dress as fruits and vegetables.



Vehicle Helps Food Pantry Serve More Than 1,000 Families Each Month

By Zach Sparks

When people turn to state and government agencies for help, they may have to stand in a long line or be refused help if they don't meet certain qualifications. Asbury Church Assistance Network (ACAN) removes that stigma with its food pantry, which serves more than 1,000 families each month according to Executive Director Janet Pack.

"Food is very expensive for everyone," Pack said. "If you can help someone eat, it eases the financial burden in other areas."

Severna Park may be considered an affluent area, she said, but there are many people in need.

"People feel like Severna Park is one of the richest areas in Anne Arundel County," Pack said. "It seemed like there wasn't a need. But we have a lot of clientele from Pasadena and Severna Park. We're finding a lot of people who just

don't make the income to support living in this area. So they're reaching out for help."

Critical to the nonprofit's mission is its delivery service.

'We have a variety of items which vary week to week, such as meats, produce, bread and dairy," Pack said. "We're branding our pantry as a pantry of choice. I've tried to set it up like a grocery store with a glass case where people pick what they want to eat and receive it without judgement. I don't believe in just shoving food in a bag, because if it's not healthy, we're not helping them."

The delivery service relies on a van with more than

250,000 miles. That van is so old that it broke down at Our Shepherd Lutheran Church hours before its scheduled appearance in the Severna Park Fourth of July parade. Providentially, a Severna Park resident offered the use of his personal vehicle, which allowed ACAN to still participate in the parade.

For now, ACAN's efforts are concentrated in its headquarters behind Asbury Town Neck United Methodist Church, where people receive food and respect.

"We've outgrown the building we are in," Pack said. "A lot of times we don't have enough room for storage."

Carrying out the mission gets harder, though, with a failing van and insufficient space.

Pack also plans for ACAN to provide wraparound services that will offer customers classes on nutrition and financial management with a goal toward self-sufficiency.

To help the nonprofit, checks can be made payable to Asbury Church Assistance Network and mailed to 429 Asbury Drive, Severna Park MD 21146. Donations can also be made at www.acansevernapark.org.

"When you can see the change, it makes a difference," Pack said. "It's helping a whole generation of people think differently."

Striking

'Lizard" and "Liz." However,

will go wrong.



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The Story Of Jade's Hips



Jade just turned 50 and all she wanted for her birthday was new hips — but she can't get them yet.

For 25 years, Jade worked in a highly specialized job that required her to jump in and out of trucks all day. The activity took its toll on her body, and even though Jade kept physically fit, she now needs two new hips. The problem is that her insurance will pay for hip replacements only after age 60, meaning she must wait 10 more years.

As a result, Jade had no choice but to change careers.

However, in the three months it took her to seek a diagnosis and treatment for her chronic pain, and also find a new job, Jade depleted her savings and found herself in danger of being evicted. An only child, Jade had never married, and her parents are elderly and in no position to help her financially.

Jade came to the Serving People Across Neighborhoods (SPAN) for financial assistance with her eviction. SPAN helped her through this crisis, and she should be able to get back on her feet once her paychecks begin coming.

"I never thought I'd be someone who accepted help from an assistance network, but thank God

you were here for me," Jade confessed

While Jade's story is unique, her circumstances are not uncommon. Every day, we hear sad stories of how divorce, job loss, abuse, illness, and other crises force local families to seek help. And every day we hear gratitude for the help we give.

To see how you can help your neighbors in need, visit our website at www. spanhelps.org. Your donations to SPAN remain completely local, staying within 14 zip codes in Anne Arundel County.

"

Every day, we hear sad stories of how divorce, job loss, abuse, illness, and other crises force local families to seek help. And every day we hear gratitude for the help we give."

Eat at Craft American Eatery, on Tuesday, October 1, and Craft will donate 10% of all sales to SPAN between 4:00pm and 9:00pm. Visit the **Shoptoberfest** in Park Plaza on Saturday, October 5, hosted by the **Greater Severna Park** and Arnold Chamber of Commerce. SPAN will have a booth there and will give away some freebies! Enjoy music, games, prizes, trick-or-treating, and much more. Also on October 5, **Team Caropreso at Keller** Williams Flagship of Maryland is hosting a bull roast at Reflections Hall in Curtis Bay to benefit SPAN. Sponsorships are available, and auction items are also being collected. For more information, contact Melinda Caropreso at me*linda@teamcaropreso.com* or 443-375-2737. Save the date: SPAN's biggest fundraiser, the Turkey Trot 5K/1M race at Kinder Park, will be held on Saturday, November 16. Registration is now open on www.active.com. Sponsorships are available - email *strideforspan@gmail*. *com* for more information.

SPAN (Serving People Across Neighborhoods) is a faith-based nonprofit food pantry and emergency services provider that has been helping local families with eviction prevention, utility turnoffs, prescription needs and food since 1990. SPAN serves Severna Park, Millersville, Arnold, Broadneck and other surrounding areas. SPAN is located behind Our Shepherd Lutheran Church at 400 Benfield Road. Hours are Monday through Thursday 10:00am-1:30pm. For more information call 410-647-0889, email *spanhelps@vahoo.com*, follow us on Facebook, or visit our website at www. *spanhelps.org*. Financial donations may be made through the website. Food donations may be dropped off anytime using the storage bin behind the building.

Does Everyone Need A Will?



If you have property, a home, investments, retirement accounts and valuable personal property, you need a will. If you have children, you have even more reason to prepare a will. The prospect of preparing a will and contemplating your own mortality may elicit fears. Who wants to consider his or her ultimate departure from this world? Even if you are young and healthy, it is a crucial step, particularly if you have minor children.

The preparation of a will is an act of self-determination. By creating a will, you gain control over the distribution of your estate upon your death. If you die without a will, Maryland law will decide what becomes of your property, without regard to your preferences.

Most simple wills can be broken down to address these five elements: 1. Disposition of **Remains** – Whether you wish to be cremated, buried in accordance with the rights of your religion, or stuffed by the local taxidermist and placed on the couch in the family room, you should say so in your will. You may also wish to direct your heirs to any

ments you have made. 2. Gifts and Specific Bequests – You may wish to make specific gifts: a favorite piece of jewelry to

prepaid funeral arrange-

your niece, a car to your brother, and gifts to your favorite charities. You may also make conditional gifts provided that these are received only upon a certain age. 3. Remainder of the **Estate** – Your estate is made up of everything you own, including your home, vacation properties, bank accounts, investments, cash, and personal possessions including antiques, collectibles, etc. Once you have designated any specific gifts, you can apportion the rest of your estate. Married individuals usually leave their estate to the survivor. You can certainly agree to leave property to other family, friends and loved ones.

4. Guardians and **Trustees for Minor Children** – A will allows you to designate the people who will be responsible for your children. A guardian is the person with whom they will live. A trustee will take care of the finances. These may be the same or different people. Roles should be discussed and explained ahead of time. This may be the most important part of any will. If you die without naming a guardian, the courts will have to decide who takes care of your children. 5. Personal Repre-

sentative – The personal representative or executor is responsible for carrying out your will. This involves identifying and valuing assets, paying taxes and other debts, and distributing the assets to

your beneficiaries. You should name an alternate personal representative in case your first choice is unable to fulfill his or her duties. You may name more than one person as personal representative, but this may create logistical headaches, and the law requires co-personal representatives act unanimously.

The law does not require that your will be a drawn up by an attorney. You are able to create your own will, even using online document preparation services, although I wouldn't recommend a LegalZoom will to anyone. If you make a mistake, you will not be able to correct it and neither will the folks at LegalZoom. When you draft a will, you should consider getting legal, tax, and financial advice, particularly if you have a large estate of a complex family situation.

Whether or not you need a will — and you do — estate planning can present complicated issues. If you have questions about wills, powers of attorney, advanced directives or similar issues, you should consult with an attorney who is familiar with this area of the law and who will assist you in making informed decisions. David Diggs is experienced in drafting wills and estate planning. If you need further information regarding this subject, contact The Law Office of David V. Diggs LLC, located at 8684 Veterans Highway, Suite 204, in Millersville, by calling 410-244-1171 or emailing david@diggslaw.com.





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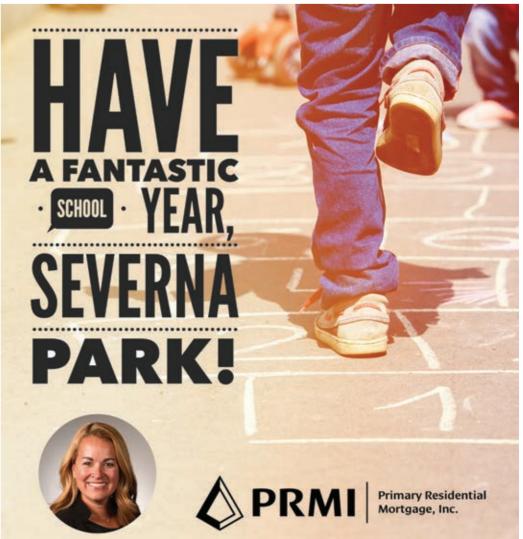
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NEIGHBORHOOD OF THE MONTH Pines On The Severn

Neighborhood of the Month takes an in-depth look at the unique communities that make up Severna Park as a whole. Each has its own history, its own special amenities and its own people who are happy to call that place home. Want to share with our readers all about your neighborhood and what sets it apart from others? Email *spvnews@severnaparkvoice.com* and let us know!







Photos by Judy Tacyn **Top:** (L-R) Steve Huffines, president of the community board, was joined by Jim and Kathi Scott, Doug Coulson, and William and Carrie Tranter in singing the praises of Pines on the Severn.



Hidden Arnold Community Is Perfect For Active Families

By Judy Tacyn

The next time you drop off your musician child at School of Rock or pick up your prescription from Arnold Pharmacy, take a relaxing drive down Arnold Road to Severn Way and cross the B&A Trail into the winding streets of Pines on Severn. As one might expect, the neighborhood is filled with statuesque conifers. Nestled below the pine needles are a collection of adorable bungalows, single-story ranchers, traditional, and contemporary homes. Several deep, wooded ravines run through the neighborhood and are home to abundant wildlife.

The neighborhood is an outdoorsy family's paradise. A massive community green space features an oversized playground, sport fields and basketball courts. There is also a spacious community beach with a pier and boat slips into Chase Creek. Many families join the adjacent Chase Creek Swim Club for the successful swim team and tennis courts.

Community events include chili cookouts, community yard and plant sales, and a host of events for youth, like Easter egg hunts, Halloween bonfires, Fourth of July parades, and end-of-school ice cream socials. One neighbor started a Little Library so kids on the way to the beach can take a book to read. Children attend Arnold Elementary, Severn River Middle School and Broadneck High School. Pines on Severn has a rich history dating back to its founding in 1926.

JAMES AND KATHI SCOTT *RESIDENTS FOR 44 YEARS*

James Scott grew up in Prince George's County and his wife, Kathi Scott, lived outside Pittsburgh. The couple came to Anne Arundel County 1972 when James was in the Navy, stationed at the former Navy Radio Transmitter Facility at North Severn. They moved to "the Pines" in 1975 and into a smaller cottage-style home, but in 1985, they relocated to a larger home in the community to better accommodate their growing family.

"The Pines was very convenient for our job commutes," James said. "We knew the local schools were well regarded and liked the idea of being near the water."

James said some of his family's fondest memories were of the annual crab feasts at the beach in late summer and adult volleyball at the playground.

Even with a long list of community amenities, James said his neighbors are the biggest asset for living in the Pines. vate some of the older cottages and homes in the lower Pines, built in the 1930s."

James and Kathi have been active participants in the Pines Community Improvement Association (PCIA), and James served two terms as PCIA president and also on the board of governors. Kathi served on the Chase Creek Swim Club board and assisted with swim team activities. Currently, she is an active member of the Pines Garden Club.

DOUG AND DEBBIE COULSON

Residents for 36 Years

Doug and Debbie Coulson moved to the Pines from Takoma Park in Prince George's County in the '80s after meeting a Pines resident at a local folk dance.

"It really was love at first sight," Debbie said. "We loved the funkiness of neighborhood, the modesty of the homes, friendliness of eclectic neighbors, proximity to the water, and the wooded ravines that separate many of the homes and provide places for kids to play."

The Coulsons never hesitate to recommend the Pines to anyone who might be looking for a home and cannot say enough about their "friendly, eclectic, communityoriented and outgoing" neighbors. residents brought food, took her to doctor appointments, and looked in on her on a daily basis."

Doug is a past officer on the community board and ran community events for five years, including various cleanups and community fundraisers.

LUCIA ROBSON

Resident for 44 Years

Lucia Robson moved to Maryland to take a job in the Anne Arundel County Public Library system.

"When I first came to Maryland in 1975, a realtor showed me several houses, but I knew right away [which one I wanted]," Robson said. "I call it "The Bluff" because it sits on a ridge above the street, and also because I couldn't afford the outrageous asking price of \$37,000!"

Although she enjoys many of the community events like picnics, crab feasts, community yard sales, softball games and volleyball, she has one favorite.

"My favorite neighborhood event is what we call 'dumpster days.' The county leaves two large dumpsters at the parking area of the playground," Robson explained. "Neighbors bring trash and items they want to get rid of. Furniture and other items in good condition are placed at the side of the parking area for anyone who wants to take them home." passionate, especially when her mother fell and neighbors took the time to check in on her.

She served two years on the board of directors.

William and Carrie Tranter *Residents for Eight Years*

Carrie and William Tranter moved from Texas to the Annapolis area nine years ago. After a short stint in an apartment, the couple bought a Pines house that was "in need of some love."

"We loved all the nearby amenities! The playground, the pool, the beach, and the B&A trail – this place has it all," Will said. "And, the people are great. There's a real sense of community because almost everyone tries to get to know their neighbors."

Their son attends Arnold Elementary, and is starting first grade this year. He loved kindergarten there but he's especially looking forward to a new building this year.

As for what makes Arnold special, Will said, "Despite the large population and heavy traffic at times, it still has a small-town feel. I always see people I know when out and about. Our neighbors are very nice people. This is the only place I've lived where I feel like I know everyone on my street." Will is a community board member, and the whole family volunteers at beach and park cleanups. They are also involved with the Chase Creek swim team.

"We are fortunate to live here long enough to see changeover from those who built their homes back in the '70s to younger families who have recently moved in with hopes of living in those same homes for the next 20, 30 and 40 years," James added. "It's also interesting and encouraging to see how families upgrade and reno-

"This happens on a regular basis," exclaimed Doug, referring to his neighbors helping one another. "For example, one resident was incapacitated after a ladder fall and

Robson would recommend Pines on Severn because she feels her neighbors are helpful and com-



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SEPTEMBER 5, 2019

SEVERNA PARK VOICE

POLITICS & OPINION

A14

Welcome Back To School!

Dana Schallheim Board of Education District 5

elcome back AACPS students, parents, guardians, teachers and staff! I am truly excited to serve you on the Board of Education and wish you a fantastic 2019-2020 school year. Let's talk about some back-to-school resources, as well as my priorities for this school year.

Bus Schedules

The latest bus schedules for all schools can be found at *www.busstops.aacps*.org. For questions or concerns about bus schedules, call the AACPS transportation division at 410-923-7890 and ask for your school's transportation specialist.

SCHOOL HOURS

Start and dismissal times for all schools can be found at www.aacps.org/schoolhours. You'll notice that for the 2019-2020 school year, Folger McKinsey Elementary School starts at 9:40am and dismisses at 4:05pm (five minutes later than last year). Shipley's Choice Elementary School starts at 9:00am and dismisses at 3:25pm (15 minutes earlier than last year). All other schools in Severna Park, Arnold, the Broadneck peninsula and Millersville retain the same start and dismissal times as last year. For questions or concerns about school hours, please contact the superintendent at 410-222-5304, option 2, or the AACPS transportation division at 410-923-7890.

Both school hours and bus schedules are under the purview of the superintendent. The Board of Education did not vote on or receive prior notification of The "Student and School Support" page of the AACPS website also has a wealth of information including school safety, school performance, 504 services, and more. Visit www.aacps.org/ page/1085 to learn more.

2019-2020 Budgetary Priorities

There are far too many budget priorities to list them all; I'll touch on just a couple of my top budgetary priorities for this year.

As you probably guessed from my August 2019 column, healthy and safe school hours are on my mind. For far too long, our high school students have been driving or walking to school or a bus stop half asleep before dawn, and increasingly our youngest learners are returning home at dusk. Neither scenario is acceptable. This board has hired a transportation consultant to review the operations of our transportation division and will report their findings this winter. Additionally, a report regarding the extremely late starting elementary schools will be presented to the board during the November 6 meeting. Please know that I am working hard to find solutions for children at all grade levels and I welcome your input.

Teacher pay and equity also remains at the top of my priorities list. While I am delighted that our teachers finally have some relief after years of asking for back steps, our work is far from done. Our veteran teachers who were docked up to three experience steps when they joined AACPS still need to be made whole. As of July 1, 2019, this practice is no longer part of AACPS teacher contracts. Retention is far less costly than recruitment, and we need these teachers to stay at AACPS and continue to educate our children.

Delegate Malone, From The Perspective Of A Legislative Aide And A Constituent



y experience in the General Assembly began with being the legislative aide for Cathy Vitale, who was then a delegate and is now a judge. Little did she know I wasn't sure what a delegate was.

She was patient and tolerant, explaining the processes behind being the best delegate she could be, and she suggested I watch "How a Bill becomes a Law." She also had the best legislative director, who helped me learn how the legislature functions during the manic 90-day session.

I look forward to my seventh session, which will begin next January, now working as Delegate Michael Malone's legislative aide. Appointed by Larry Governor Hogan to replace Cathy Vitale in 2014 and elected to return last November, Delegate Malone is both my boss and my mentor. His district encompasses Millersville, Severna Park, Crofton, Crownsville, Odenton, Gambrills, Severn and the Broadneck peninsula. He is truly passionate about the issues that affect every constituent in District 33.

While Delegate Malone grew up in Anne Arundel County, he hasn't lived in the Severna Park area. Luckily, I am native to this great community, having lived both in Severna Park and Millersville over the last 45 years. I love it here. Despite many changes and much growth, Severna Park's unique sense of community has prospered since the 1950s, when neighborhoods thrived as a weekend play-land for escaping Baltimore executives. Half a century later, residents still fish, crab, ski, sail and powerboat on the beautiful waterways of our Severn and Magothy rivers.

What have I learned that I can share with Severna Park Voice readers? Well, first of all, our office does far more than typical legislative tasks. Busy during the legislative session (January through April) and throughout the year, we also are a resource to members of our district, available to anyone who is having trouble or has questions, bill-related or not. As our office has connections to various state departments and agencies, we often help individuals and families with any difficulties they might have with social services, the Motor Vehicle Administration, road surfaces, environmental concerns,

tax issues, redistricting, judiciary questions, animal rights, education and more. We receive thousands of

emails each session on many topics. Delegate Malone tackles each by thinking critically about whether appropriate legislation can be crafted to successfully address the problem. Much new legislation stems from a call or email to the office or a witness testifying on a bill. At the state level, one constituent truly can spark change. At times, a government agency will ask the delegate to sponsor a bill. For example, in 2017, Delegate Malone and the State's Attorney's Office worked together to craft and promote legislation successfully making home invasion a crime of violence.

Secondly, many interest groups from all over the state make appointments to confer with the delegate or his staff. Our office's mission is to listen and understand. Though Delegate Malone sits on the judiciary committee, he hears the concerns of all groups and their arguments why a bill is important or should pass. The Sierra Club, League of Women Voters, Physician Advocacy, pharmacists, Special Olympics, Maryland Schools Strong you name the group, it has been in our office. Often,

Delegate Malone is in committee, a caucus meeting or a voting session, so his staff meets with the group to listen, take notes and understand their perspectives, which are shared with the delegate. All groups that visit can tell their story. If Delegate Malone disagrees, it is discussed with the group or constituent face to face, by email or by phone.

Finally, the Maryland Higher Education Commission releases funds to each district, so we have the privilege to grant scholarship money to high school seniors, undergraduate students and graduate students pursuing a college degree in Maryland. The talent and the accomplishments of these individuals are astounding, and decisions are difficult.

The delegate's mission is to be available to constituents, to draft legislation to better Maryland and make our community a safe and vibrant place, and to serve District 33 ethically and honestly. Delegate Malone, assisted by a great staff, does all this. If you have any questions about our office and what we do, you are invited to spend a day in the life of a delegate or the delegate's assistant at any time. Our office number is 410-841-3510.

College Savings Now And Down The Road

Peter Franchot Comptroller of Maryland

eing Maryland's comptroller has taken me to every corner of our great state. Whether I'm talking with taxpayers in Oakland or Ocean City, one of the most repeated concerns from the people I meet is the cost of higher education. Parents want their kids to have the same, or better, opportunities than they had. But college loans can have crushing consequences for students and their families. The burden of this debt - now at \$1.6 trillion nationally – has reached a crisis level. High debt payments affect how college graduates navigate their new lives as they pursue an advanced degree or as they enter the workforce. On top of rent, utilities, car payments and health care expenses, most young adults must pay off their substantial student loans. This can have a crippling effect on their financial future.

dents to check out the Maryland Higher Education Commission Student Loan Debt Relief Tax Credit Program. The tax credit is available to Maryland resident taxpayers who live in the state during the 2019 tax year, who incurred at least \$20,000 in undergraduate or graduate loan debt and who have at least \$5,000 still ents can choose how often and how much money to invest in the savings plan, depending on their budget and savings goals.

Savings can be used at nearly any public, private or technical college nationwide. Any earnings on these investments are tax-deferred and will not be taxed when the money is withdrawn to pay for college or other qualifying education expenses. My kids are grown, but I'll be opening 529 plans for my grandchildren and hope you consider doing the same for your family members. Visit www.maryland529.com for more information. Lastly, now that schools are back in session, let me extend my best wishes for a successful and rewarding academic year for students, teachers, support staff, administrators and parents. I am grateful for the critical roles each of you play to make our education system the best in the country and to shape the next generation of young leaders.

Letter To The Editor: Green Hornets Referees

Tam writing to you about the refereeing in the ▲ Green Hornets basketball league. I am a 13-year-old student at Severna Park Middle School and I have played Green Hornets basketball since I was 7. I appreciate all of the time and effort that the Green Hornets volunteers put into their work. After many years of fun, I have noticed that a majority of the referees seem to be not calling the correct fouls. I think it would be a great improvement if the refs were asked by Green Hornets to put more consideration into their calls. Many of these players hope to play high-schoollevel basketball. When they try out, they will realize that the game is much more aggressive and the fouls are called much more often. Due to the infrequent calls made by the refs, some players are playing too aggressively. When they start playing for a higher-level league, they will start getting called for their fouls and they will foul out of the game. A solution to this problem could be to send a Green Hornets representative to each game to monitor the refs and make sure they are ref'ing the game to the correct standards. Thank you for your time and for allowing me to share my opinion with the Severna Park Voice. **MATTHEW SMITH** Severna Park

changes to school hours or bus schedules.

STUDENT Resources

Our teachers, principals, vice principals, school counselors and psychologists are ready to help your child. To find school contact information, visit *www.aacps.org* and click on "Select a School" at the top, right-hand corner of the screen. Every school has a webpage containing schoolspecific information and contact details.

The "Special Education" page can be found at *www. aacps.org*/specialed. There you can find valuable information about assessments, special education services offered, parent resources and more.

POLICY PRIORITIES

I continue to serve on the policy committee and will tackle policies on a variety of subjects including redistricting, bullying and bias behavior, school clubs, the Citizen Advisory Committee, recess and start times in addition to the regular schedule of reviewing policies to ensure all stay up to date. Policy changes often come from new state laws or the Maryland State Department of Education but are also suggested by members of the board, teachers and the community.

As always, I welcome your input and can be contacted at *dschallheim@aacps.org*.

That's why I am urging stu-

outstanding.

But act fast, because students must apply by September 15. To be considered, students must complete an application and submit the required documents. Individuals can continue to apply each year until the \$5,000 credit is maxed out. To learn more and to apply, visit www.mhec. state.md.us.

For parents of younger children, it's never too early to start squirreling away savings. I strongly encourage all Marylanders to enroll in one or both of the Maryland 529 college savings plans.

The Maryland Prepaid College Trust allows parents and grandparents to lock in tomorrow's tuition costs at today's prices. Under the Maryland College Investment Plan, parents and grandpar-

Peter Franchot is the 33rd comptroller of Maryland. He serves on the Maryland 529 board.

> Letters to the Editor can be emailed to *spvnews@ severnaparkvoice.com* and may be edited for space, clarity, grammar, spelling, etc. We encourage you to express yourself, but please be brief — letters should be limited to 250 words, though we do on occasion run longer letters. We look forward to hearing from you!

Prescription Drug Affordability Board



In 2017, I lost an extraordinarily talented colleague and friend to suicide when he learned that his insurance would no longer cover his medical care. He was young, driven and desperate.

Before the Affordable Care Act, I struggled as a self-employed artist to find coverage I could sustain. However, even with the passage of the ACA and the protections it guaranteed, the cost has not become affordable for many Americans, the largest hurdle to health care being the cost of prescription drugs.

We could debate the many reasons why, but in the 2019 Maryland General Assembly legislative session, we took an essential step toward controlling the skyrocketing costs of health care with the creation of the Prescription Drug Affordability Board (PDAB), the first of its kind in the nation.

The PDAB is an independent body that will analyze every step of the supply chain and make recommendations about cost-saving measures, including exploring upper payment limits for government-purchased drugs. The board is comprised of five members appointed by the Senate president, speaker of the House, attorney general and governor.

The architect of the bill and vice chair of the Health and Government Operations Committee, Joseline Peña-Melnik, worked for more than two years to ensure that the bill would not only provide relief to working families but also hold up to legal scrutiny.

Even as our committee worked to strengthen the bill, we saw people across the nation begin to ration life"

This isn't a partisan issue; it is a human rights issue. It's life or death, and we don't have time to play politics."

— Heather Bagnall

saving prescriptions, such as insulin, to catastrophic effect.

One of the concerns repeatedly raised during the hearings was that of time, because the General Assembly had passed a bipartisan pricegouging bill in 2017 that ran afoul in the courts and was declared unconstitutional, so as one of my colleagues pointed out, we couldn't afford to get this wrong.

In the end, we had to compromise with a pilot program and a multi-year effort, but we were able to pass the bill with bipartisan support in the House and unanimous support in the Senate.

Though the governor did not sign the bill, he allowed it to go into law without his signature, and in July, the board was meant to begin its work.

Despite the urgency of this effort, and as states across the country turn their attention to Maryland to see if our pilot can be replicated, the board has been stymied in its efforts to begin its essential work. Although the first four members have been chosen - including former state health secretary to Governor Larry Hogan, Van Mitchell the governor has hesitated to announce his appointment to the board and release the funds the General Assembly set aside in the budget to fund the essential work of the PDAB.

As reported by Maryland Matters, Hogan spokesman Michael Ricci indicated in an August email that there is no timetable yet for appointing someone.

Health care is a right, but health care is meaningless when affordable isn't affordable for a large percentage of the population. The legislative process can feel quite clinical, even plodding, but this is personal and this is urgent.

As legislators, we are often focused on local issues, traffic problems, zoning laws, taxes and revenues, and school construction, but this effort has national implications.

This also affects me personally, as I have had a frontrow seat to people raising families in the gig economy, forced to choose between insulin and rent, antidepressants and food, and meds for themselves or meds for their children.

This isn't a partisan issue; it is a human rights issue. It's life or death, and we don't have time to play politics.

ARTS & ENTERTAINMENT

AA Concert Association Plans For Fun Season



Burlap to Cashmere will kick off the season on September 16. The band is a folk music revival drawing upon the influence of Bob Dylan, Simon and Garfunkel, and James Taylor.

By Monica Resa

This year, the Anne Arundel Community Concert Association has planned five performances by a range of musical groups: Burlap to Cashmere, Loren and Mark, The Maxwell Quartet, Alina Kiryayeva, and the Peabody Ragtime Ensemble. All performances are at 7:30pm at Severna Park High School, unless noted otherwise.

Burlap to Cashmere will kick off the season on September 16. The band is a folk music revival drawing upon the influence of Bob Dylan, Simon and Garfunkel, and James Taylor. In their own words, the band members are "resurrecting the storied Greenwich Village music scene." Their first album was met with critical acclaim and they have an extensive touring schedule lined up.

Steven Delopoulos started Burlap to Cashmere with cousin Johnny Philippidis in 1994.

"He loves blues and electric guitar stuff," Delopoulos said. "He can shred. But we split the difference and incorporated different elements of Spanish music and flamenco guitar."

The crowd at Severna Park High can expect to hear the band's classic sound.

"It's a '70s music folk night, so we're going to do a lot of oldies, some Cat Stevens, some Simon and Garfunkel, and some originals thrown in," Delopoulos said.

On October 14, Alina Kiryayeva, who is a chamber musician and classically trained concert pianist, will deliver her light classical music program entitled "Modern Piano," featuring takes on works by Chopin, Beethoven **» Continued on A16**

Prepare For An Evening Of Mystery At The Broadneck Library



Marcia Talley

By Haley Weisgerber aryland-based mystery authors Mary Ellen Hughes, Marcia Talley and Tracy Kiely will be at the Broadneck Library on September 25 at 7:00pm for Maryland Can Be Murder, an event to discuss mystery and how authors write about their home states. Hughes, Talley and Kiely

will discuss their newest releases and how they incorporate Maryland in their novels. Their shared

Like Most Seth Rogan Films, "Good Boys" Is Chocked Full Of Funny Sophomoric Humor



a series of mishaps to skip school, get rid of drugs, run across a 12-lane highway, buy drugs, retrieve a drone, take three sips of beer, attack a frat house and more.

The movie could have easily been in rather poor taste considering its adult nature, but it was surprisingly heartfelt. We are brought back to the time when we would have crossed a 12-lane highway, gone against parents we respected, ditched our "uncool" passions just to be accepted, while trying to make sense of our raging hormones. It is only once we have grown that we realize just how silly that "cool" kid with the gelled hair and chain was, and marvel at how far we went to impress them. Despite all their posturing, the three kids are "good boys" and on their way to becoming admirable young adults, learning from their mistakes along the way. Admittedly, the repetition of jokes playing on the boys' misunderstandings of sexuality can get repetitive, but for the most part, the jokes land. I appreciated that sophomoric humor involving middle school boys and their growing understanding of sexuality was funny, but not at the expense of women (Lucas says rather seriously to Max, who is » Continued on A17



Mary Ellen Hughes

goal is to instill a love of mystery in the audience members.

"I hope they'll be interested to see how three mystery writers can start with the same basic plan of writing about murder in the same area and come up with very different stories," said Hughes.

Without giving away too many details, each author will discuss her newest novel and love for writing murder mysteries.

"I always look forward to talking with readers about mysteries. I hope they will all become fans both of the genre and of my novels," said Talley. Maryland Can Be

Maryland Can Be Murder will encourage writers to include their hometowns in their works. "An old adage says 'write what you know," said Talley. "The main reason I write about Maryland is that I love the area, and by writing about it, I get to share my love of Maryland with others."

Maryland Can Be Murder will be an evening of entertainment, mystery

County Fair Continues A

Tracy Kiely

and education among individuals who share a love of literature.

Hughes said she wants the audience to be "both interested and entertained, and to feel satisfied at the end that we've played fair with them by dropping enough clues along the way, but also a few red herrings. We don't want to make figuring things out too easy!"

Originally from Milwaukee, Hughes lived in Anne Arundel County for many years. She has a degree in medical technology from Alverno College but left the medical field to pursue her love for writing mystery. After the release of her third novel in the Keepsake Cove mystery series in September, Hughes will have penned 11 mysteries.

Talley, who moved to Maryland in 1966, is the award-winning author of the Hannah Ives mystery series, which includes 17 novels. Talley is the former national president of the Sisters in Crime Inc., she serves as a member of the **» Continued on A16**

Photo courtesy of Universal Pictures

A touching story about growing up and about growing apart while appreciating one's childhood friends, "Good Boys" is reminiscent of a less serious "Stand By Me."

By Audrey Ruppert

¬ eth Rogan recently joked on "Jimmy Kimmel Live!" that his nephews are starting to believe he isn't really an actor, because they are never allowed to see his movies. "Good Boys," despite its focus on 12-year-olds, is no different, and has Seth Rogan written all over it. Surprisingly touching, raucously funny and wildly inappropriate, "Good Boys" is a film about children, and it's a must-see for adults. I would leave the kids at home, not because of the sex jokes (your children are

hearing those jokes in real life, whether you want to admit it or not), but because they won't "get it" yet. Half the humor comes from looking back at the excruciating experience that was our adolescence and realizing how silly we were to worry about the things we did.

"Good Boys" centers around three sixth-grade boys: Max, Lucas and Thor. All are dealing with typical middle school problems; Thor longs to be accepted, and quits the school musical - despite having a lot of talent - in attempt to be "cool." Max is hopelessly obsessed with a girl in his class but can't make eye contact and has to use a middle-man friend to communicate with her. Lucas is ridiculed for following the rules, and is concealing a painful secret from friends - his parents are getting divorced. When Max is unexpectedly invited to a popular boy's house for a kissing party, the boys realize that none of them have any experience with girls (despite each claiming to have ample experience). They decide to spy on their teenage female neighbors to attempt to learn how to kiss. From there, the day rapidly devolves into hilarity, and the gang is forced through

Severna Park High Student Lucy Feldmann Turns Her Camp Triple Threat Into A Success

By Zach Sparks zach@pasadenavoice.com

Rising junior Lucy Feldmann brought the sea to Anne Arundel Community College from August 19-23 as she hosted Camp Triple Threat for 16 children from the Arnold community of Glen Oban.

Whether they were dressed as mermaids or wearing nauticalthemed outfits, the kids all got coaching on the basics of acting, singing and dance.

Asked about her inspiration for the lessons, Lucy said she credits summer camp with some of her best memories to date.

"Theater camp, specifically, has shaped who I am as a person by introducing me to the stage, the place where I have spent the last eight years of my life," she said. "It's always been important to me to give back **» Continued on A16**



Sixteen children from Glen Oban got coaching on the basics of acting, singing and dance during Camp Triple Threat in August.

Special Tradition



s Anne Arundel County Fair President John Kozenski Jr. likes to say, "The fair is not just a ride in the carnival, a meal from a food truck, or a ride on a pony. The fair allows you the chance to participate by entering your child's first Popsicle stick barn, with your family favorite jar of pickles, or calling the hogs or husband home."

Those unique experiences return this year from September 11-15 as the fair comes to the Anne Arundel County Fairgrounds at 1450 General's Highway in Crownsville. Each day brings a different slate of entertainment, contests, shows, demonstrations, displays, foods and goods offered by fair vendors.

Horsemen will navigate arches and spear rings in a showcase of Maryland's official state sport of jousting on September 11 at 6:30pm. Bring or bid on a cake during an auction to benefit the 4H Club on September 16. Other activities include goatmilking, tractor-pulling, and camel races.

Classic rock, country and Irish tunes are part of the music schedule, with Midnite Run (September 14 at 6:15pm), Oracle (September 14 from 7:00pm-9:30pm), Dublin 5 (September 14 at 8:00pm) and Jackson Dean (September 15 at 5:00pm) all set to perform.

Judges will crown the winner of a poultry royalty contest on September 11. The special title of fair queen, along with \$500, will be awarded to one lucky contestant on the same day. The most skilled fairgoers ages 8 to 80 will convene for Arundel's Got Talent on the upper stage on September 12 at 6:30pm. Know of an adorable child whose cheeks grandma can't stop pinching? Enter him or her in the cute kid contest on September 15 at 9:45am.

Admission to the fair is \$10 for ages 10 and over but does not include carnival rides or games. Kids 9 and under can gain free admission if attending the fair with a paying adult. On Children's Day, September 14, kids ages 9 and older gain entry for \$5. For more information about this year's festivities, call 410-923-3400 or email *info@ aacountyfair.org*.

Rea Keech Caps Trilogy With "Shady Park Secrets"



By Abigail Gilbert

Severna Park author Rea Keech recently published the third and final installment of his trilogy, The Shady Park Chronicles. The novel, entitled "Shady Park Secrets," centers around a high school teacher named Nora who, after raising her con-



his retirement in 2013. His insight into the academic realm is shown firsthand in the trilogy and especially in "Shady

SPHS Student Turns Camp Into A Success

cerns about new alt-right

first two novels of the se-

and "Shady Park Picnic"

amid a sexting scandal. The

ries, "First World Problems"

deal with rebelling against

Part of Keech's inspira-

the social norms and gun

tion for this series came

from his teaching career.

in Iran and here in the

He has taught both abroad

commu-

violence, respectively.

textbooks, finds herself

Park Secrets" when Nora is hired to work part-time at a community college.

Another part of his life that inspired the novels was his experience in the Peace Corps while based in Iran. Keech's time overseas enlightened him on the issue of xenophobia, an idea that is present throughout each novel. He said he attempts to make the "current national xenophobia look ill-advised." He uses his experiences abroad to enrich his novels, showing his reader an alternate way to respond to current political disputes in our country today.

Though Keech does have a strong liberal political stance throughout his series, he presents his beliefs without judgment of the opposing view. He tries to make light of things that he disapproves of instead of criticizing them. This technique has led to his novels being consid-

ered comical and humorous, instead of critical.

Politics were not the only aspect of the book inspired by Keech's surroundings. After moving to Severna Park in 1980, he had wanted to write a story about the small-town environment in which he lived. "Shady Park" is based on any small suburban city in America, Keech said. His setting is meant to show the reader the homegrown small town that many people find familiar and relatable. This setting also contrasts with the concepts in the novel that demonstrate the desire to expose the wrongdoings of society and to find ways to improve them.

With his novels, Keech urges people to start questioning the trends that they follow, as well as to remember that the seemingly "unimportant people can have a good effect on society."

Though third in the series, "Shady Park Secrets" can be read as a standalone novel, and it is available at Anne Arundel County Public Library locations. The entire series is also available to purchase at Barnes & Noble and on Amazon.

AACCA Plans For Season

» Continued from A15 and Liszt

Loren and Mark is an international guitar duo whose repertoire draws on many influences including gypsy jazz, Americana, classical and bluegrass. The dynamic duo is best known for their rhythmic finger-style technique, beautiful renditions of classic melodies, improvisation and stunning vocal duets. They will perform on November 24 at 3:00pm. Please note this change in performance time.

On January 4, Peabody Ragtime Ensemble will entertain the audience with a unique jazz repertoire of swing and big-band tunes, a mix of Dixieland and ragtime. It's the authentic New Orleans sound at its best. According to AACCA President Gale Gillespie, "the ensemble will offer a quirky, joyous potpourri of music ranging from 1890 to 1960.'

The Maxwell Quartet is a string group based in Glasgow with regular broadcasts on BBC Scotland. The musicians are comfortable touring across Europe, playing at celebrated venues such as London's Wigmore Hall as well as music festivals. Their program will include original arrangements of Scottish folk music,

as well as pieces from Hayden and Beethoven on April 3.

SEVERNA PARK VOICE

Anne Arundel Community Concert Association is a volunteer-run organization bringing the arts to the county at a low cost to members and subscribers. Now in its 68th year, the group is always on the lookout for volunteers and new members. Subscriptions are \$60 and are still available for the upcoming season. Subscribers mav attend all of the concerts, as well as those concerts of the South County Concert Association, which meets at Southern High School. Subscribers with children in first through 12th grades may bring their children at no additional cost.

'We encourage subscribing," Gillespie said, "but we do offer tickets at the door for single concerts at \$25. We have a wonderful website at www.aacconcerts.weebly.com where information about our concerts is available, and one may download an application there or pay via Pay Pal for subscriptions."

Questions may be answered by calling either 410-647-6830 or 410-647-4881. If readers want a taste and feel for the music, they can visit the website and click "preview" to see a YouTube feed of each band.

Evening Of Mystery At Broadneck Library

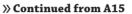
» Continued from A15 board of the Mid-Atlantic chapter of the Mystery Writers of America, and she is a current member of the Authors Guild. She and her husband split their time between Annapolis and Elbow Cove in the Bahamas. Tracy Kiely, a finalist for the Mary Higgins Clark Award, became a writer after she quit her day job. She is the author of the Elizabeth Parker mystery series, a story inspired

recently, she has written three installments of the Nic and Nigel mystery series. Kiely has a bachelor's degree in English from Trinity College in Connecticut, and lives in Maryland with her husband and three children.



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to my community, and to give kids a first brush with theater arts is something that's really special, for both them and me, so this experience has been one that I'll always treasure.'

Lucy's first camp, which really sparked her interest, was the Theater Experience camp at AACC. She has also done camps with Columbia Center for Theatrical Arts (CCTA), and for the past two years, she has been a counselor at Falcon Drama Camp with Severna Park High School.



Congratulations to our Smile of the Month!

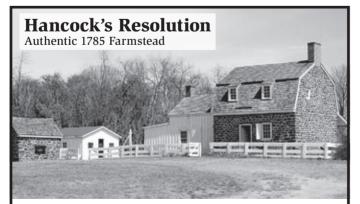


Anna Crum is our September Smile of the Month. Anna is a rising freshman at Severna Park High School and plays water polo for The Navy Athletic Club. She enjoys horseback riding in her free time.

by Jane Austen. Most

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2795 Bayside Beach Road, Pasadena, MD 21122 <u>Open Sundays from April 7 to October 27</u> (Open hours are 1:00 – 4:00 p.m. unless otherwise stated.) Admission is FREE except for those marked by a \$ sign. angements can be made for special group tours at other times by calling: 410-952-2798) (Arrai

Programs for 2019

September 8, 2019: Forgotten Farm Tasks - Fence mending; crosscut sawing; spinning; basket making; musket firing; and Butter Churning. Honeybees—Up Close 1:30pm to 3:30pm

September 15, 2019: Extended Hancock Family and Friends Day Preserving Hancock's Resolution

September 22, 2019: "Surveying Then and Now" with Bill Bower, Chairman, Chesapeake Chapter, MD Society of Surveyors

September 29, 2019: "Introducing the Trees in the Forest", a walkabout with Park Ranger Chris Winton

October 6, 2019: 1st Tom Sawyer Day (whitewashing the frame buildings) 10:00 am to 4:00 pm.

October 13, 2019: FALL HARVEST FESTIVAL & Craft Day (\$) Farm Dinner based on historic receipts.

October 20, 2019: Beginning to prepare the Farm for Winter.

October 27, 2019: Animal Appreciation Day and Pet Parade.

For more information about Hancock's Resolution. visit our web site and facebook: www.historichancocksresolution.org www.facebook.com/HistoricHancocksResolution or call 410-255-4048.

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Dining Out

La Posta Pizzeria & Italian Kitchen Serves First-Class Food

By Mary Cobbler

My husband and I were excited to enjoy a rare date night at La Posta Pizzeria & Italian Kitchen, located at 513 Baltimore-Annapolis Boulevard, on a beautiful Tuesday evening.

The restaurant is comfortable, with warm shades of red and yellow, dark brown tables and the big pizza oven surrounded by a roomy bar. The owners seamlessly integrate the history of the former post office with an authentic Italian atmosphere. Colorful canvases are made to look like giant stamps, and the placemats resemble envelopes.

With warm cappuccinos in hand, Italian menus and soft music, we basked in the feeling of dining in an Italian villa while staying right here in Severna Park.

We started with an appetizer of Burrata alla Posta, a baseballsized ball of mozzarella stuffed with seasoned stracciatella cream cheese, served over lettuce, grilled zucchini and roasted peppers, tomatoes and olives. This colorful appetizer was a light dish packed with flavor and texture. The sliced vegetables were perfectly grilled to bring out their natural flavors, and the fresh tomatoes and olives were crisp and paired nicely with their cooked counterparts. The cheese was beyond creamy; the texture was velvety soft and satisfying. This appetizer teased at the authentic Italian dinner to come without making us feel stuffed the perfect amount of food.



Photos by Mary Cobbler Left: Topped with olive oil and baked in an oven that exceeded 900 degrees, the pizza was scrumptious. Right: The limoncello gelato is a limited summertime treat. The bottom of this layered dessert was a sweet lemon puree topped with fresh lemon gelato, and then cream, strawberries and mints.

Our waiter, Tim, was attentive all night. He stayed on top of our beverages and answered all of our questions about the menu, making helpful recommendations while handling several tables at the same time without seeming rushed. He left us to enjoy our food but materialized beside us whenever we needed anything.

Tim brought out a basket of bread and an oil-and-spices dipping concoction that knocked our socks off. He told us in conspiratorial

whispers that it was a secret recipe they cooked up in the kitchen. We could taste the olive oil, parmesan cheese and pesto, but the other elements of the delicious dipping sauce were a mystery — so, naturally, we had to finish the entire dip to try to figure out what it was. The warm bread was perfect for dipping; the inside was airy and light, while the outside was crispy. It soaked the oils in beautifully.

Frank Sinatra's "The Best is Yet To Come" drifted over the loud-

speakers as we enjoyed our appetizer and nibbled our bread. With good

aromas in the air and the cozy woodfire stove nearby, it felt like Sinatra was making a

promise exclusively to us about our dinner. We weren't disappointed.

My husband and I ordered an entree and a pizza and split both of them. He ordered the tagliata bistecca di manzo, a sliced flat-iron steak paired with arugula, cherry tomatoes and parmesan, and I ordered the pizza bianca.

The only real downside I could mention about La Posta is that it is so authentic that sometimes the menu can be a bit confusing formaggi, melanzane, ripieno and other Italian words felt intimidating at times. The restaurant does an excellent job of defining the terms in the description of each item, though.

I enjoyed the pizza here once a couple of years ago, and I was hoping it was as good as I remembered it. I was thrilled when I chomped down on the first bite and tasted everything you could hope for in a pizza, with the dough as fresh as it gets. Topped with olive oil and

baked in an oven that exceeded 900 degrees, it was scrumptious. Honestly, my husband said you could put anything on that crust and it would taste good, but the bubbly melting cheeses topped with thinly sliced sausage, and the spices, were delicious. Even though I did not expect the broccoli, I found it soft and well-cooked, a welcome addition to a perfect pie.

The steak was impressive. It seemed impossible that so much flavor could fit on the end of my fork, but La Posta achieved the impossible. This was the melt-inyour-mouth steak of your dreams. It was so tender I could slice it with my butter knife — seared and seasoned on the outside and tender all the way through. The arugula and tomatoes added an element of freshness to the savory meal, and we were delighted to finish it without feeling too stuffed to move.

Contemplating dessert, I had tried the tiramisu and loved it before, so I was anxious to try one of the other dessert options. Tim recommended the limoncello gelato. It's a limited summertime treat, so you better hurry to try this one.

The bottom of this layered dessert was a sweet lemon puree topped with fresh lemon gelato, and then cream, strawberries and mints all served up in a tall champagne glass — a taste of summer. This dessert was bursting with lemon flavor. It was sweet and paired well with the steak and sausage from our dinners.

The entire bill including an appetizer, a soft drink, two cappuccinos, two entrees and two desserts (I took an excellent cannoli home) came to just less than \$90. The menu is varied, with pizzas, meat, seafood, pasta dishes, salads and soups, so one could easily choose less expensive meals. A lunch menu offers some delicious-sounding sandwiches.

This cozy restaurant is perfect for a simple date night or for any time. Reservations are suggested.

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"Good Boys" Is Chocked Full Of Humor

» Continued from A15 practicing on a "CPR" doll, "Wait! You can't just kiss her; you have to ask for her consent!")

The dialogue is surprisingly convincing, and finally we are given a mostly realistic portrayal of how children interact. So often children

are one-dimensional characters, serving only to show one's history as an adult, or as props in the stories of grownups. Each boy has his own insecurities and strengths, and the chemistry between the three friends is charming.

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growing up and about grow-

ing apart while appreciating

"Good Boys" is reminiscent

Me," and great performances

of a less serious "Stand By

from Jacob Tremblay and

ticular make it well worth

Midori Francis in par-

the watch.

one's childhood friends,



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SEPTEMBER 5, 2019

SEVERNA PARK VOICE

BUSINESS

Pensions – Monthly Payments Or Lump Sum?



A18

" **h**ase your passion, not your pension." This quote by motivational speaker, writer and consultant Denis Waitley is well known, and thankfully many of my clients have been able to chase their passion and their pension at the same time. You could say they got to have their cake and eat it too!

Although the number of private sector workers with a pension plan has decreased significantly over time, there are still employers who offer them. I often meet with pre-retirees with pension plans from the federal, state and local governments, and individuals from the private sector who

were grandfathered into their pension plans.

In this article, when I use the term "pension plan," I'm referring to the employerfunded, defined-benefit plan. This is an employersponsored retirement plan in which the employee knows in advance how much he or she will receive in retirement based on a formula. This formula will often consider factors such as salary history and amount of time spent with a company. Benefits are typically guaranteed for life and may or may not adjust for cost-of-living increases. These pension plans are different from the definedcontribution plans, the common 401(k) or 403(b)in which employers are not involved after their contribution and the benefit an employee receives in retirement is based on market

investment returns.

Pension plans are generally paid out in one of four ways: life-only, life with period certain, life with joint payout, and lump sum. Life-only: The benefit

will be paid out only during the employee's lifetime. This gives the highest payment possible; however, it will not leave a benefit to the spouse.

Life with Period Cer**tain:** The benefit is paid for the employee's lifetime or for a specified period of time. This means that if the employee's pension was guaranteed to pay for 10 years, then the payments would come for 10 years regardless if the employee dies during that time or not. If the employee dies, the payments would go to someone else for the remainder of the guaranteed time period. If the

employee did not die during the 10-year period certain phase, he or she would continue to receive payments for life. There would not be a benefit to leave to the spouse.

Life with Joint Payout: This ensures that the employee's spouse will continue to receive a benefit even after the employee dies. With this payout plan, the employee is paid a benefit during his or her lifetime, but after the person dies, payments will continue to their spouse for life. The spouse's payment usually ranges from 50% to 100% of the employee's original pension payment. The higher the beneficiary payment to the employee, the lower the payment to the surviving spouse.

Lump Sum: This is a one-time payment from the » Continued on A20

Savvy Consignment Staff Blows Out The Candles On 10th Birthday



Photos by Zach Sparks

Stacey Cassidy and her staff at Savvy Consignment celebrated the store's 10th birthday on August 23. Employees and faithful customers sipped wine, savored cupcakes, browsed the store and enjoyed music by piano man Larry Lay.

BUSINESS SPOTLIGHTS

Fishpaws Marketplace Is More Than A Store

Chamber Update



e are excited to announce our newest members of the chamber: Your **Daily Finances with** owner Mimi Schwarz, Dylan Roche — writer and editor, All For The Pet (returning member), The Severna Park and **Baltimore Holistic Chamber of Com**merce, and Imagine Aerial LLC with owner Michael Flynn.

National Night Out on August 6 enjoyed a record-breaking crowd at the Earleigh Heights Volunteer Fire Company. The event was a wonderful way to bring the community together with our law enforcement officials and first responders in a fun, family-oriented atmosphere. There was tons of entertainment and many demonstrations, food, exhibitors, prizes and more! Our chamber was a sponsor of the event, an active committee member, and we had a booth with a fun game.

You may have heard about our "House for a House" playhouse raffle. Betsie Russell of Touchstone Title, Wendy Oliver of Coldwell Banker, Cedar Square owners Curtis Payne and Charlie Brenneman, and Cedar **Square manager Chris** Haughton came to the chamber with a great idea - to build a playhouse to market their companies! More importantly, they wanted to do something good in the community. Cedar Square Homes built a beautiful playhouse that was displayed at our Shop Local Fun Fiesta and our Independence Day parade to the delight of everyone. The response from the community was wonderful and we sold hundreds of tickets. Shortly after the parade, we gathered and drew a winner. The winner gifted the house to a Severna Park boy who suffers from a congenital health issue. He was overjoyed. We were able to donate \$1,400 to the Ronald McDonald House in Baltimore.

There were four ribboncutting celebrations in August. Landmark **Roofing** celebrated four years with a huge event in its parking lot. The owners are so generous to the community with their donation of a roof each year to a needy family. Zeskind's Door, Window and Millwork **Showroom** celebrated its grand opening in Arnold. This is a fourth-generation business operating in Baltimore since 1925. **The Blended Essentials** opened its new business in Severna Park, offering candles, soaps, classes and more. Icon Beauty Lounge celebrated a grand opening in Pasadena. The lounge features hair, nail, and skin care services. We are so excited about

our Shoptoberfest, to be held at Park Plaza on Saturday, October 5, from 11:00am-3:00pm. This will be like our spring Shop Local Festival but with a Halloween and Oktoberfest flair. The event features more than 70 vendors/exhibitors, trick-or-treating at each exhibitor's table, food, cash and carry items, and more. The event is free and open to the public.

We will have a multichamber Successful Women in Business event at the Walden Country Club in Crofton on October 2 from 11:30am– 1:00pm. This is a popular luncheon, and we will enjoy a beautiful buffet while listening to an informative speaker (to be announced). You may register for the luncheon on our website.

By Zach Sparks

hen she got into the beverage industry 30 years ago, Kim Lawson knew she didn't want to be like anyone else. She didn't want her store to be like any other store.

She had entered into the business with her role models — her father, Brad, and mother, Chris — who bought **Fishpaws Marketplace** in 1983. And she quickly worked to put her stamp on the shop.

"I wanted to have my own business," she said. "I wanted to control my own destiny."

The result is a place unlike any other liquor store in the area. While customers can depend on Fishpaws for its selection of wine, beer and spirits, they also come for the gourmet cheeses,



Photo by Zach Sparks

While Kim Lawson's customers depend on Fishpaws for its selection of wine, beer and spirits, they also come for gourmet cheeses, fresh-baked baguettes and fun events.

fresh-baked baguettes and fun events.

"They also come for the educated staff, which Lawson employs. "All our managers are passionate about their specialty and have many years of combined experience in the food, beverage and hospitality

industry," she said.

One example of a fun event is Whiskey 101, coming to Fishpaws on September 25. Those who register can learn how whiskey is made, discover the different types and hear about the history of the barrel aging process.

For its next wine dinner on September 10 at La Posta Pizzeria & Italian Kitchen, Fishpaws will partner with guest speaker Gary Diamond of Empson USA, a leading importer of Italian and other fine wines worldwide.

"I think people like experiential things," Lawson said. "They like to learn and be educated."

Citing another event with a master distiller from Frederick, she said, "You actually talk to the person who » Continued on A19

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Serious inquires only. Please send resume to larry@severnaparkvoice.com.

Ledo Pizza Focuses On Quality And Community

By Christopher Fincham

'n 1998, Martin Gorman started down an unexpected path. After working in the IT industry for several years in Chicago and then outside of Washington D.C., he purchased a Ledo Pizza in Ševerna Park.

More than 20 years later, he has established himself - and Ledo Pizza - as a staple of the local community.

"This was an existing location; it was just smaller and not performing up to potential," Gorman explained. "So we basically doubled the capacity."

Since then, he has built new locations in Pasadena, Bel Air and Millersville — each from the ground up. Every step



Photo by Chris Fincham

Everything that comes out of a Ledo kitchen is made fresh, something that owner Martin Gorman believes truly separates the restaurant from any competitor.

of the way, Gorman has been focused on quality. Everything that comes out of a Ledo kitchen is

made fresh, something that he believes truly separates them from any competitor.

"We make everything by hand, which is a lot different than almost everyone else. We roll every pizza individually. It gets topped by hand. We grade our own cheese. Nothing is coming out of the freezer and going onto our pizzas," Gorman said.

He is just as committed to the local communities as he is to quality food and service.

"We are dedicated to supporting the schools and value being an active member of the community," he said. "We are constantly doing fundraisers and give back 20% of sales to the teams or schools. Last year, we gave back about \$40,000 between three locations, and that's real money go-» Continued on A19

Ribbon Cuttings

Budding Voices Makes Some Noise At New Location



Budding Voices, owned by speech pathologist Tiffany Erler, celebrated the grand opening of its Severna Park location on August 21. Erler was joined by staff, Greater Severna Park and Arnold Chamber of Commerce representatives, and Councilwoman Amanda Fiedler. The new location is at 815 Ritchie Highway, Suite 118, in Severna Park.

Zeskind's Welcomes Community To The Grand Opening Of Its Showroom



Fourth-generation owner Rick Miller invited the Greater Severna Park and Arnold Chamber of Commerce, along with community members and county officials, to a grand opening celebration of the new Zeskind's Hardware & Millwork showroom on August 15. Started in Baltimore in 1925, Zeskind's expanded with the opening of the showroom, which is located at 1450 Ritchie Highway, Suite 101, in Arnold.

The Blended Essentials Ribbon Cutting Draws A Mix Of Supporters



Photos by Larry Sells

Billed as a place where people can make soaps, candles and do so much more. The Blended Essentials set up shop at 562 Baltimore Annapolis Boulevard in Severna Park. An August 27 ribbon cutting was attended by staff, supporters, politicians, and the Greater Severna Park and Arnold Chamber of Commerce.

Fishpaws Marketplace Is More Than A Store

» Continued from A18 makes the product and then you get to do it yourself. Every time we have a guest, I learn something.'

As for its own offerings, Fishpaws has domestic and European fine wines for all tastes and occasions, a diverse spirit selection and craft beers, microbrews, imports and all major beer brands. Near the alcohol is a tasting bar, which serves as a place where patrons can try gourmet cheeses and purchase samples of scotches, rums and bourbons.

While many customers visit Fishpaws Marketplace to get something, they often end up giving away something to support the charity of the month. Lawson said she picks each charity based on customer suggestions and the passion

driving the request. "They support us, so we should support them as well," Lawson said of her customers. "There are a lot of people who are passionate about a cause."

For two years, Fishpaws has partnered with Homestead Gardens to organize Corks For A Cause, a fundraiser to benefit the University of Maryland Baltimore Washington Medical Center Foundation. Lawson said Fishpaws has donated roughly \$10,000 to that cause each of the last two years while also giving another \$10,000 a year in gift cards and bottles of wine to other nonprofits and community groups.

She's also involved with the Greater Severna Park and Arnold Chamber of Commerce and the Anne Arundel County

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Licensed Beverage Association, as both an officer and board member.

"This industry is everchanging," Lawson said. "You always have to modify, because people are always finding ideas on the internet."

Lawson said seltzers and brown goods, like bourbons and whiskeys, are especially popular right now.

To find these or other items, or to attend an event at Fishpaws Marketplace, stop by 954 Ritchie Highway in Arnold, call 410-647-7363 or visit www.fishpawsmarket.com. Hours are 8:00am-8:00pm on Sunday, 8:00am-10:00pm on Monday and 7:00am-10:00pm Tuesday through Saturday. Fishpaws also delivers on orders \$75 and over when given 24 hours of notice.

Ledo Pizza Continues To Focus **On Quality And Community**

» Continued from A18 ing directly to teams, PTAs or boosters.'

The relationship with area schools continues to evolve and grow as well. Ledo is now a scoreboard sponsor at the new Severna Park High School stadium, and the boosters will sell Ledo pizza during every home game and at other events this year.

"We'll provide them with all of the product and training on preparing the cheese or pepperoni pizzas," Gorman said. "They'll have that for the fans for every home game, which will help generate funds directly for the

making pizzas since 1955, the company is constantly working with its menu committee and corporate chef in Annapolis to develop new items for customers. This month, Ledo is launching a new menu as well as a few new features for folks on the go.

"We're going to have some new craft specialty pizzas coming out, new salads, and we're also going to be launching a graband-go limited menu that

will be in the cooler ready to go," Gorman said. "It will be freshly prepared entrees for two, like lasagna, chicken-parm or pizza that will all be made fresh throughout the day." To learn more about

Ledo Pizza, check it out online at www.ledopizza. *com*, visit the location in the Severna Park Plaza shopping center, or order online at www.severnapark.ledopizza.com or 410-544-3344

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Pensions – Monthly Payments Or Lump Sum?

» Continued from A18

pension administrator to the employee. A lump sum gives the employee more control to spend or invest his or her money as desired. The previously mentioned payment plans offer monthly distributions for life, but this one does not, so it is vital that the individual works with a retirement planner and decides how to invest the money to ensure it will provide an income for life. It's also important to name a beneficiary who will receive any money that remains after the employee and spouse are gone.

Traditionally, employers manage their own pension plans, but recently we've seen them start to outsource their definedbenefit plans to insurance companies. Employers are good at servicing clients, but they are not professionals in managing pensions, so many of the best companies have outsourced their pensions to insurance companies that know how to actuarially build product. I always suggest my clients talk to their pension administrator to find out who is managing

their pension plan; is it managed internally or is it outsourced? And what payment options do they have available to them?

Choosing whether to take the monthly distributions or lump sum payment is an important decision and should only be made after considering many factors such as Social Security benefits, life insurance, health concerns, life expectancy, etc. Retirement goals also need to be factored in. For example, if leaving a legacy is important, it's good to know that most monthly distribution payment plans do not leave an inheritance to beneficiaries beyond a spouse.

In fact, life-only pensions are structured in a way that if an employee takes even one payment and then dies, the pension is gone. However, if the employee had taken a lump sum and invested it into an annuity or used a portion to fund a life insurance policy, an inheritance would have been left for the person's children or whomever the employee wanted to name as beneficiary.

Another option is the

pension maximization strategy: purchasing a life insurance policy and then taking the life-only option on the pension to maximize an employee's monthly payments. At the person's death, the pension is gone, but the heirs gain the life insurance policy tax-free. The amount of life insurance to purchase is based on several factors, including the difference between your life-only option and your life-with-beneficiaries option.

As mentioned earlier, there is no right or best solution for everyone; it will depend on various factors, but choosing monthly pension payments without considering all options is not recommended. You want to know you have made the best choice for you, your situation, and your retirement goals. We like to help our clients retire with more than just money, which means we want you to have confidence in all aspects of your retirement goals (such as leaving an inheritance to your heirs) in addition to vour retirement income.

You can learn more about Jason at *www.jason*- labarge.com.

Jason LaBarge, Managing Partner at Premier Planning Group 115 West Street, Suite 400, Annapolis, MD 21401 443-837-2542

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The cost and availability of life insurance depends on factors such as age, health, and the type and amount of insurance purchased. Before implementing a strategy involving life insurance, it would be prudent to make sure that you are insurable by having the policy approved. As with most financial decisions, there are expenses associated with the purchase of life insurance. Policies commonly have mortality and expense charges. In addition, if a policy is surrendered prematurely, there may be surrender charges and income tax implications. The opinions contained in this material are those of the author, and not a recommendation or solicitation to buy or sell investment products.

Chamber Of Commerce Events

For more details, see www. web.gspacc.com

Sept 11: Successful Women in Business First Cup Club from 8:00am-9:15am at Severna Park Racquetball & Fitness Club. RSVP requested.

Sept 17: Learn and Lead - Mastering Difficult Conversations from 7:45am-9:00am at the Greater Severna Park and Arnold Chamber of Commerce.

Sept 18: Wake Up networking event at Progressive Title from 8:00am-9:00am. RSVP requested.

Sept 19: Thursday Morning SUN Group open house from 9:00am-10:00am at the Greater Severna Park and Arnold Chamber of Commerce.

Sept 24: Launch meeting for the new health and wellness committee from 8:00am-9:30am at Spring Arbor of Severna Park. RSVP requested. **Sept 24:** Business "Bites" presents the "Benefits of Local Advertising using Print, Web and Social Media" from 11:30am-1:00pm at Romilo's Restaurant & Bar. RSVP requested.

Sept 27: Chamber 101 membership orientation from 8:30am-9:30am at the Greater Severna Park and Arnold Chamber of Commerce. RSVP requested.

Oct 2: Successful Women in Business multichamber luncheon from 11:30am-1:00pm at Walden Country Club.

Oct 3: Ribbon cutting for Your Daily Finances at 540 Ritchie Highway, Suite 307, in Severna Park. 5:00pm-6:15pm.

Oct 5: Shoptoberfest from 11:00am-3:00pm in the Park Plaza shopping center.

Oct 21: 2019 Driving Force for Business golf tournament from 10:00am-7:00pm at Chartwell Golf & Country Club.

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SEVERNA PARK, MD

SEPTEMBER 5, 2019

B1

14U Green Hornets Sting Cougars In Season Opener, 22-0

By Colin Murphy @c.murphy.photo

There's nothing quite like a rivalry matchup to open the youth football season.

When Cape St. Claire came to Kinder Park for a showdown with the 14U Green Hornets on August 25, Severna Park made sure to start the fall with a statement win.

The Green Hornets put together two scoring drives, added a specialteams touchdown and produced a shutout defensive performance in emphatically defeating the visiting Cougars, 22-0. Severna Park moved to

1-0 in Division I of 14U Anne Arundel Youth Football Association play with the win.

Severna Park head coach **Stephen Vaught** said the first game of the season is always a high-variance affair as teams find their early footing.

But the early returns for the Green Hornets are promising.

"First game of the season, so you're trying to figure out where everybody is, and this is 14U football now, so it's our **» Continued on B3**

SP, BHS Football Ready For Reshaped Landscape In 2019

The Falcons and Bruins have experienced the highs and lows of high school football in recent seasons, and the quest for both schools in 2019 is to take the next steps of progress. In an expanded playoff field — and a regular season minus a rivalry showdown — what can each team do to move forward?





The Severna Park and Broadneck football teams took part in drills during their respective practices on August 27. The Falcons are preparing for a Week 1 showdown at home against North County; Broadneck will travel to face Potomac High School.

By Colin Murphy @c.murphy.photo

Supporters of Severna Park and Broadneck football always look to the schedule for the date of the rivalry matchup. Families, students, even casual fans — it's hard to resist the draw of a Falcons-Bruins clash on a Friday night or Saturday afternoon.

So anyone who looks at the 2019 schedule will see a glaring omission: there's up from four, for a 32team tournament in each classification, up from 16. After the state's vote,

teams around the state had to eliminate a game from the schedule. Anne Arundel County's football programs worked together to find an appropriate week, taking into account the scheduling logistics of immutable out-of-county games that are scheduled in two-year commitments. Ultimately, a random drawing was

The 2019-2020 school year is the first of a twoyear scheduling window with out-of-county opponents. The possibility exists for the county to bring back the Severna Park-Broadneck game beginning in the 2021 season. (Notably, the gate revenue of the lost games will be offset by the gate revenue of Week 1 of the playoffs, which will be distributed at the district level, not sent to

regular season), coaches are warming to the idea of having more teams in the tournament fold.

Severna Park first-year head coach **Mike Wright**, who coached the JV team for the last seven years prior to replacing **Will Bell** as the varsity coach this season, had his reservations initially, especially since the JV programs simply lost a game in the new format.

But he sees the



Photo by Colin Murphy Luke Miller (1) celebrated his touchdown run with teammate Bowen Fowler as the Green Hornets 14U football team dominated play in its 22-0 win over Cape St. Claire on Aug. 25 no Severna Park-Broadneck football game.

The rivalry matchup was a casualty of the Maryland Public Secondary Schools Board of Control's vote in April to reduce the regular season from 10 games to nine. The statewide change was made to accommodate an expanded playoff field, which will now include eight teams per region, employed with two possible weeks on the chopping block, and the week containing the Severna Park-Broadneck matchup drew the short straw. The same week contained the Arundel-Meade game; the Wildcats and Mustangs will not play their storied rivalry game, the winner of which holds onto the prized Mears Cup.

state coffers).

Aside from the loss of the rivalry game, the expanded playoff field elicits further opinions. Whereas Northeast and Chesapeake, for example, believe the expanded playoff field dilutes their playoff achievements of last season (not to mention that the 2019 'Dena Bowl was preserved in the shortened appeal, too.

"My first thought is I hate losing that game," said Wright. "From the varsity standpoint though, you can't look at it as losing a game — you're gaining an opportunity. The goal is playoffs. This team hasn't had better than a .500 season since 2006 or 2007. So the goal here would **» Continued on B2**

GH 2010 Soccer Girls Finish One-Two At August Cup



The 2010 Storm and Stingers met in the final of the August Cup at the Maryland Soccerplex.

The Severna Park Green Hornets 2010 girls select soccer program stormed its way into the fall season by dominating at the August Cup Tournament at Maryland Soccerplex in Montgomery County on August 24 and 25.

The U10 program's top two teams, the Severn Park Storm and Severna Park Stingers, took first and second place in the tournament, respectively. Both teams defeated squads from Annapolis, Montgomery County and Northern Virginia to set up a showdown in the tournament final.

The Storm are **Presley** Davis, Ashlyn Ensor, Zoey Fellner, Catherine Gage, Lily Habashi, Ella Hartman, Brynn Houghton, Caroline Mosher, Alex Murray, Lola Phippen, Macie Rice, Finley Silk and Charli Wheeler.

The Stingers are **Lucy Ambro**, **Else Cliffe**,

Chelsea Coward, Elly Davis, Alice Diangelo, Charlotte Goheen, Gianna Procaccini, Khady Sall, Marin Schaffer, Meghal Spencer and Riley Strom.

The Storm are playing this fall in the U11 Eastern Development Program, while the Stingers are playing in the Central Maryland Soccer Association U10 league, in which they are the reigning champions from the spring season.

Green Hornets Juniors Defeat Lake Shore 2-0 In Opener



Photo by Colin Murphy

Severna Park's Kelsey Rowe pushed the pace down the sideline during the Green Hornets Junior A field hockey team's 2-0 win over Lake Shore on August 25.

By Colin Murphy @c.murphy.photo

The Green Hornets Junior A field hockey team got its season started on a winning note on August 25 with a 2-0 victory over visiting Lake Shore at Severna Park High School. A first-half goal by **Noel Stefancik** staked Severna Park to an early 1-0 lead, and the Green Hornets applied steady pressure throughout the remainder of the half. **Grace Moran** bookended the game late in the second half by converting a corner insert for a goal and the final 2-0 margin. Goalkeeper **Amanda Giebels** anchored a shutout defensive performance by the Green Hornets, who took advantage of a shorthanded Lake Shore team and maintained possession in the attacking third of the field for the majority of the game.

Now 1-0 in county play in the Anne Arundel Recreation and Parks Junior Elite division, Severna Park's team of Stefnacik, Moran, Giebels, **» Continued on B5**

Severna Park, Broadneck Football Ready For Reshaped Landscape In 2019

» Continued from B1

be a winning season and a playoff berth. I'd really want to go 6-3 or better and get a playoff berth."

At Broadneck, head coach Rob Harris went through a similar reckoning and acceptance, and he noted another wrinkle to the change: after the first two rounds of the playoffs, teams will be re-seeded based on regular season results. What was formerly the region final will now be termed the state quarterfinal and will no longer be geographically determined. In theory, teams from the same county could meet in the state semifinals or even the state final.

"I don't like that [we don't play Severna Park], but we're going to be OK - we're going to get a 10th game," said Harris. "It's kind of neat, because they're going to reshuffle it after the first two [playoff rounds], which normally would be the region final, so it'll be a nice little mix if you get those two wins, you get to play somebody else, so there's a part of me that thinks it's going to be really cool. There's nothing wrong with having four more teams in the region playoffs. When do the kids have the most fun? They have the most fun in the playoffs."

More teams will be in contention for a berth deeper into the season, raising the stakes for each game in late October and early November. Teams that suffer early injuries or play inconsistently in September will have a chance to peak at the right time and be playing their best football in a Week 10 playoff game instead of playing their best when they're out of contention for a berth.

Severna Park and

Broadneck will navigate these realities as part of the 11-team 4A East region along with Annapolis, Old Mill, Arundel, Glen Burnie, Meade, North County, South River, Howard and Leonardtown. Eight of those teams will make the playoffs.

And, maybe rivalry fans will get their game after all. Severna Park went 5-5 in the regular season last fall. Broadneck went 10-0. If the teams play similarly this year, a first-round playoff matchup could be in the cards — football gods willing.

Either way, both Severna Park and Broadneck have plans for 2019, and it all begins with kickoff on September 6.

"

Everyone who takes us for granted or takes us lightly: We're ready to win."

CASEY FOX SPHS SENIOR QUARTERBACK

Severna Park

The Falcons' quest is to show the county that the program's recent success is no fluke. Under Bell last season, Severna Park went 5-5, up from 1-9 in 2017, and notched a memorable win at Old Mill in September along with a victory over Meade and a win over 3A playoff team Northeast.

Their charge boils down to the slogan on the back of their practice shirts: "PROVE THEM WRONG."

Who's the them, and what will be proven?

Senior quarterback Casey Fox said the team is aware of the perception of Severna Park football around the county, but it doesn't define this group. "I think we're ready

to come out and show

everyone we're ready to win," said Fox. "Everyone who takes us for granted or takes us lightly.

To do that, Wright will rely on a group he is familiar with, having coached many of them through the JV ranks. Twenty-five seniors and 27 juniors, as well as four sophomores and one freshman, comprise the team, and Wright sees several areas of strength.

Fox is the most experienced quarterback on the squad and likely holds the inside track on retaining the role, though junior Pat Fitzgerald and freshman Seamus Patenaude have produced internal competition.

"We originally had six or seven kids vying for the job at the beginning of camp, and it's now gotten down to basically three," said Wright. "On any given week, one of them looks like he could be the guy. Performance-wise, they've all shown they're able."

Wylen Tompkins and Demetrius Powell are a dynamic-duo pairing who will share workload and carries at running back, and Wright sees tight end Craig Johnson and wide receiver Josh Giebels contributing to the passing game. The majority of the offensive linemen are juniors, which bodes well for a two-year window of growth.

On the defensive side, Wright believes the team is "ahead of the curve." Junior Jordan Robinson is a strong presence on the defensive line, and classmate Kaleb **Blackwell** will notch his share of sacks and tackles at defensive end. Pat Fenn is a massive presence in the middle of the field at middle linebacker, and he'll be helped by defensive backs Corey Bodnar

and Colin Shadowens. Sophomore **James Henson** earned a spot on the varsity roster with speed and tenacity to cover on the outside at cornerback. Shadowens, a Navy

lacrosse commit, said the defense has gelled quickly. "With the defense, I'm

confident and excited," he said. "We've got a lot of big guys ready to hit hard. I think it's the strongest part of our team. The defense is really close together as a unit, and we're ready to play.'

Wright isn't putting any arbitrary caps on the team's aspirations, even mentioning the need to christen the new stadium field.

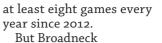
"The sky's the limit," said Wright. "We'd love to have a home playoff game. That would be amazing. I think the last playoff game here was 2004 or 2005 against River Hill High School in the old stadium. That would be amazing to have this class that has worked so hard and gone through this process to have a home playoff game."

For now, the Falcons are ready for the immediate challenges ahead. Severna Park hosts North County in Week 1 on September 6 and travels to Chesapeake and Arundel before coming home for Meade and Old Mill. The Falcons close with South River, Glen Burnie, Annapolis and Southern.

"We have high confidence, and we want to see how we perform," said Fenn. "We're ready to get tested [in preseason scrimmages] and see how we do against a real team in a real game situation."

BROADNECK

The Bruins are no strangers to success. Entering his ninth season as head coach, Harris is 69-21 overall and has won



has endured its disappointments, too. A quick rundown: Last year, the Bruins went 10-0 in the regular season only to be upset by South River in the opening round of the region playoffs. In 2017, the Bruins went undefeated in the regular season and defeated Meade in the first round but fell to a very good North Point team to finish 11-1. In 2016, the Bruins upset an undefeated Old Mill team in the first round of the playoffs, then fell to Annapolis. In 2015, Broadneck went 8-2 in the regular season, then defeated both Old Mill and North Point in the playoffs to make the state tournament, ultimately falling to Howard to finish 10-3.

The breakthrough to the state final has remained elusive. The Bruins have been close, at times agonizingly so. The wounds, particularly from last season, haven't healed.

"I'm not going to lie: it's tough," said Harris of last year's playoff ouster against South River. "Last year was heartbreaking. No ifs, ands or buts about it. We were expecting to play North Point and have another battle.'

Everyone with championship aspirations has to play the best competition come playoff time, and Harris knows only one team ultimately has everything fall into place.

"When you get to the playoffs, it's very tough," he said. "Weather's changing, there's more distractions. Sometimes you need to have everything kind of line up. In 2015, things lined up, our team was tough, mentally tough, physically tough, and that helped us a lot.'

Fortunately, the Bruins bring a talented group to compete in 2019. Returning for his second season is sophomore quarterback Josh Ehrlich, who Harris expects to "take that jump." Offensive linemen Ethan Forman and Ray Pioli will protect Ehrlich and running back/ receiver Andre Woods, who gained over 1,000 total yards last season and figures to exceed those numbers in 2019.

Defensively, linebackers Josh Cain and Thomas **Coble** and free safety Brendan Kennedy all return as starters and will fortify a group collectively short on experience but long on ability and potential.

Ehrlich believes the offense is ahead of where they were this time last year, ready to face a tough Prince George's County opponent in Potomac High School in Week 1.

"We're confident," said Ehrlich. "So far we're moving a lot faster than we did last year. We'll be ready for Week 1 for sure. We've been watching a lot of Potomac's film, and we should get a win Week 1."

Ehrlich was also a member of the Bruins' varsity basketball team that made it all the way to the state final last season, an experience he agreed can't hurt his team's ambitions on the football field.

"Certainly playing in that big of a game at Maryland is really cool, and it kind of gets you used to playing in a state championship," he said. "It all matters if we go to the state championship in football because that would be awesome and everyone would show up. We're game by game now, focusing on Potomac, but certainly the goal is a state championship.'

Woods said they learned from last season to maintain a consistent mentality when experiencing success, especially once it's playoff time.

"We've got to be humble and just not be cocky," said Woods. "You go 10-0, you think, 'Yeah,' but we've got to stay humble."

With six returning starters among 15 seniors and 26 juniors, the Bruins have a solid core and a large junior class to rely on this season and beyond. Like the players, Harris hopes to advance as deep into the playoffs as possible, and he likes what he sees from his team in the early going.

"To break through, we just have to be consistent, keep improving, and I think we will," he said. "That's our goal. We're young this year, but we feel pretty good about our group. "We'll see what happens."





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14U Green Hornets Sting Cougars In Season Opener, 22-0



The Green Hornets ran well, moved the ball through the air, scored in the kicking game and added a blocked punt and special teams touchdown in routing the Cape St. Claire Cougars 22-0.

» Continued from B1

last year before high school," said Vaught. "You don't know what teams are going to show up when. I knew [Cape] had a good, talented team, they're great coaches over there, and they've got some big kids. But we were ready for them. Our boys were ready to execute today. I am proud of them. They had a good, tough week of practice, and they were ready."

Severna Park greeted the guests rudely in the first

quarter, snuffing out multiple Cape possessions and barely allowing any yards gained. In the second quarter, **Luke Miller** capped a scoring drive with a short touchdown run, and **Andrew Beard** converted the 2-point kick for an 8-o Severna Park lead.

Cape was pinned deep in its own territory on the ensuing kickoff and managed only a handful of yards before the Cougars were forced to punt, but Severna Park's **Steven Schumer Jr.** timed his attack perfectly, busting through the line and diving to block the punt. Teammate **John Dimarsico** was likewise right there applying pressure, and Dimarsico scooped up the ball and ran untouched into the end zone for a score. Beard's kick made it a 16-0 lead.

Upton Young closed the half by intercepting Cape's quarterback near midfield, ending the Cougar's best drive to that point.

Cape received the ball to start the third quarter, but

Severna Park's **Rory Jenkins** beat his man on consecutive plays to make a backfield tackle for a loss and a sack to force a turnover on downs.

After several running gains in the fourth quarter by Green Hornets quarterback **Jameson Coffman**, Schumer capped Severna Park's long drive with a short touchdown run. Beard's kick attempt hit the left upright, but Severna Park led 22-0.

Guiseppe Mellinger recovered a Cougar fumble to put the exclamation point on the win.

The team of Miller, Beard, Schumer, Dimarsico, Young, Jenkins, Coffman, Mellinger, **Gannon Cope**, **Wyatt Ferguson, Bowen Fowler, Thomas Jelinek, Samuel Kennedy, Tyler McVicker, James Meushaw, Dane Morrow, Kody Phillips, Samuel Salas, Brendan Vaught** and **Sean Johnson** is hoping to make the most of its final season together before moving on to high school football. The team has had success over the years, and coach Vaught said they are motivated to be the last team standing in 2019.

"Our goal is always to play for the championship and win a championship," said Vaught. "Since we've been together we've played for three, and we've lost all three, so that's the goal we have every season. That's what we talk about, that's what we practice for, and that's where we want to be at the end of the season."



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Katie Byrd, Severna Park Soccer

By Colin Murphy @c.murphy.photo

With the communication demands of being the starting goalie for the Severna Park soccer team, Falcon senior **Katie Byrd** has no choice but to be a leader on the field. It's a quality that has helped her and the team excel.

"Playing goalie, you definitely learn the team aspect of, when you do your best you're helping to lift up others," said Byrd. "That way, you're building that positive impact through leading by example. That transfers over to anything else in life — doing your best so that others can do their best."

Byrd has lived the mantra of leadership through an array of efforts in school and in the community. At Severna Park High School, Byrd is part of the Leadership Institute, where last year she worked together with classmates and the Make-A-Wish Mid-Atlantic Foundation to organize a successful \$26,000 fundraiser for Wish Week. This year, Byrd and her project partner **Claire Blevins** have organized the Falcon Fighters, a group of (at least 20) people who will participate in the Walk to Defeat ALS in Washington, D.C., this October.

with that."

Here at home, she's involved with the youth group at Severna Park Evangelical Presbyterian.

Evangelical Presbyterian. "It's cool to just kind of pour into the younger students and have a mentorship relationship with them," said Byrd, "and getting to see how you can build a community there and people can find family."

While she maintains a 4.4 GPA at school and is interested in Spanish, education, business and engineering she is involved in Project Lead the Way, the engineering program at Severna Park — Byrd isn't sure what the future holds during and after college, but said she'd "like to bring my leadership skills to whatever vocation I end up in to

Green Hornets Football









Photos by Colin Murphy

Green Hornets football began play on August 24 and 25. **Check out more shots of the 12U-A and 14U-B teams in Week 1 action at www.severnaparkvoice.com/sports.**



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"We're just trying to raise funds and awareness for ALS," said Byrd. "My aunt has ALS, so it's just kind of a personal cause that I wanted to help out with."

While she is growing as a leader, Byrd also stays open to new experiences and learning from others. She went on a WoodsWork service trip to New Jersey this summer, helping build a house for a needy recipient through Woods Memorial Presbyterian <u>Church and Habitat For Humanity.</u>

"It was my first year doing it, and it was really cool, just an eye-opening experience that I wasn't expecting to enjoy as much as I did," she said. "I definitely want to do more with Habitat for Humanity after working make the workplace as successful and healthy as possible."

Beth Colon, the business department chair at Severna Park who teaches in the Leadership Institute program, said Byrd demonstrates the exact qualities young people should seek to emulate.

"Katie always leads by example," said Colon. "She puts her best into all that she does, she builds relationships, she raises her hand and speaks up. I never question Katie's decision-making or ethics, and know that she takes her actions and work seriously while also making those around her smile. Katie is the kind of girl that you would be happy to have a younger girl look up to and admire."

With the soccer season underway, Byrd hopes to help her team make it even farther than last year, when the Falcons made the state tournament. Longtime Severna Park goalie coach **Johan de Vicq** believes Byrd's approach to the game continues to uplift the Falcons.

"Katie is a great kid," said de Vicq. "She is an excellent student whose quiet confidence and servant leadership have been an inspiration to the rest of the team."

In partnership with The Matt Wyble Team of Century 21, the Voice's Student-Athlete of the Month series seeks to recognize the many student-athletes in our area who make an impact not necessarily by way of statistics or stardom, but by their unique contributions. The quiet leader, the solid role player, the glue guy or gal, the community voice on or off the field — those are the kids we seek to recognize. Do you know a young person in our community making a positive impact through sports? Nominate them by contacting **Colin Murphy** at colin@severnaparkvoice.com.

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Green Hornets Juniors Defeat Lake Shore 2-0 In Opener









The Green Hornets were strong at all points of the field during a 2-0, season-opening win over Lake Shore on August 25.

» Continued from B1 Alyssa Chung, Sydney Day, Madeline Lancione, Victoria Miller, Vivian Miller, Sydney Owens, Hanna Pope, Kelsey Rowe, Libby Russell, Carmen Saviano, Sophia Urrea, Maya Vernugopal, **Emma Weber**, Paige Weinberg and Jessica

Wilson has aspirations to play well and earn results throughout the fall.

Asked about the goal for the season, the girls replied

simply and in unison: "Win." "The goal is to make it to the championship and win," added Chung, noting positives from the seasonopening defeat of Lake

API ANNIVERSARY

CELEBRAT

Shore. "We worked together as a team. We worked hard and kept our heads up no matter what happened. We passed the ball well and really moved it."

The Green Hornets are coached by **Robyn Formica**, Meredith Weber, Sherrie Day and Katie Owens. Sydney Day provided key

insight as to what will power the Green Hornets' success moving forward. "We all trust each other as

teammates," Day said.

Photos by Colin Murphy

Golf Roundup

Severna Park freshman DA Regala shot a 1-under 34 with two birdies at Bay Hills to lead the Falcons to a team score of 159 and a victory over South River (165), Arundel (176) and Broadneck (189) in the county's A Division golf opener on August 26. Teammate **Pete Regala** carded a 40 to tie for second, while **Connor** McCoy (41) and Tommy **Coleman** (44) contributed to the Falcons' winning team score on the day.

On August 28, Severna Park's Ingrid Wells shot a nine-hole score of 43 to win the girls varsity match at Renditions Golf Course in Davidsonville. Arundel's Angelina Hwang was second with a 45, and Katrina Schultz of Severna Park and Gemma Valeo of Arundel tied for third with scores of 49. Severna Park's Campbell Haney shot a 51 to place fifth.

South River's boys rebounded for a win in the second match of the season at Compass Pointe on August 28 as Aidan Dillahey shot a day's-best 37 to lead the Seahawks to a team score of 163, which beat out Severna Park's 167. DA Regala finished second with a 38, while Pete Regala (40), **Tucker McDonough** (43) and Coleman (46) contributed to Severna Park's score. Broadneck (186) finished fourth as a team, with **Luke Farnie** (43) shooting the low score for the Bruins.



Photo by Colin Murphy The 9U Green Hornets had reason to celebrate following their 14-0 win over Andover on August 25.

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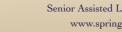


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SEVERNA PARK VOICE

SCHOOL & YOUTH

Area Schools Welcome New Principals For 2019

Crofton Native Takes Over At SPMS

By Christopher Fincham

🗖 everna Park Middle School students have a new face greeting them this year with Dennis Kelly taking over as principal.

The Crofton native brings nearly two decades of experience to his new position but has no intention of reinventing any wheels at one of the top-rated schools in the county.

"My short-term goal is to continue the success that's occurred in this middle school long before I got here. Everybody in this community knows that this is a great school," Kelly said.

Kelly graduated from Arundel High School in 1997, before heading off to St. Mary's College to study economics and play lacrosse. One summer



Dennis Kelly

toward his career as an educator. "I coached lacrosse camps for Nike one summer as a summer job," Kelly said. "Everyone gravitated toward the high school age group at the camp - older, more mature, more competitive - and I just gravitated toward the middle schoolers. One, because nobody else went there, but also just because I've always spoken the language of adolescence." While it's not offered on

any curriculum, yet, he

said that becoming fluent is simple.

"The language of adolescence actually is just less talking and more listening. If you ask open-ended questions to adolescents, all they want to do is talk," he explained. "They want to share their thoughts. They want to share their feelings. They want to share their experiences, because they want to know that these are the right things to do in the real world. They want that assurance.'

Kelly believes that empowering students and giving them a voice is an important aspect of his role. He plans to leverage outlets like student government or a principal's advisory group, which can be impactful tools for the students and the administrators. Every-» Continued on B8

Benfield, Jones Elementary **Schools Introduce New Leaders**

14-year career in

By Judy Tacyn

ackpacks, sharp pencils, and vibrant notebooks won't be the only new things for students at Benfield Elementary and Jones Elementary schools; both will have new principals.

Sue Myers is now the principal at Benfield, and Jim Whisman now leads Jones.

Myers has been an administrator in Anne Arundel County Public Schools for the last 17 years. She begins her tenure as principal at Benfield after most recently serving for three years as principal at Monarch Academy Annapolis.

First-year principal Whisman, a Glen Burnie native, has spent his entire

education in Anne Arundel County Public Schools, seven years as a classroom teacher and seven years as an administrator. He comes to Jones after most recently serving as assistant principal at Southgate Elementary School in Glen Burnie. Some Severna Park parents may remember him as a former fifth-grade teacher at Folger McKinsey Elementary.

Whisman said his educational philosophy is built around positive relationships, and he's passionate about student learning and growth while providing meaningful, engaging opportunities that hook





Jones ES

Jim Whisman Sue Myers Benfield ES

> students' interest and make connections to the real world.

"Sports, physical fitness/ exercise, and outdoor activities have played a major role in my life and continue to influence my way of living," said Whisman. "I believe that students should be provided opportunities for movement and interactions that teach collabora-» Continued on B8

Severna Park High School Students Win **Governor's Inaugural Youth Service Award**



Photo by Ava Stanski

Our Minds Matter began with a march and rally in May 2019 to raise mental health awareness, and it quickly grew to be more than the students had ever imagined.

"

It proves a point

SPHS Music Department Celebrates 50 Years of Beloved Fundraising Tradition



B6

Members of Our Minds Matter represented their organization during the 2019 Severna Park Fourth of July parade. They also organized a successful wellness festival in August.

By Haley Weisgerber

T tudent members of Our Minds Matter from Severna Park High School were awarded the inaugural Governor's Youth Service Award for their work advocating for mental health awareness and reform in schools.

Ten individuals and three groups from Maryland were acknowledged for their community service efforts. Though the Governor's Office has presented awards for community service in the past, this is the first youth award.

Lauren Carlson, Parker Cross, Sabina Khan, Megan Moulsdale and Katrina Schultz formed Our Minds Matter as juniors. Now seniors, these students have expanded their efforts outside of Severna Park.

"We started in Severna Park, Broadneck and a little bit in Old Mill," said Schultz, the only high school student on the Anne Arundel County Mental Health Task Force. "The governor's award really helped us kick off our efforts out of the county. We've grown outside the community."

Our Minds Matter was nominated by the Reverend Mathew Hanisian at St. Martin's-in-the-Field Episcopal Church. "We completely forgot about it, and then I got a call saying we won," Schultz said.

"We were pretty incredulous about it," said Khan. "Katrina called us and we all screamed. It was very surreal."

Óur Minds Matter began with a march and rally in May 2019 to raise mental health awareness, and it quickly grew to be more than the students had ever imagined. From testifying

that we are the future. Getting this award just motivates us to do much more."

KATRINA SCHULTZ SPHS senior

at the Board of Education to hosting a wellness festival, the students have worked incredibly hard to make their voices heard. "It proves a point that

we are the future," said Schultz. "Getting this award just motivates us to do much more."

Lieutenant Governor Boyd K. Rutherford was im-» Continued on B8

Father And Son Spend Summers At Bonneville Salt Flats

By Sharon Mager

hip Brosseau has a unique getaway every -August — he heads to Utah for Speed Week at the Bonneville Salt Flats, working with the record-breaking Team Vesco. Chip has flown to Utah each summer since 2010 except for two years that Speed Week was rained out.

"We do land-speed racing to see how fast you can go under any power," Chip explained. "Cars, motorcycles, Harley Davidson-powered skateboards, gasoline bar stools, and lawnmowers just about anything has been run at Bonneville racing since the last turn of the century. That's because it's one of few places on earth where you have a flat surface with nothing to run into - it's just flat salt."

Four years ago, he invited his then 12-year-old son, Jeremy Brosseau, who lives

in Arnold but is a junior at Northeast High School in Pasadena.

Jeremy called it "exciting" to see the different cars. "It's crazy out there," Jeremy said with a laugh. "The first time I went out, this guy rolled up on a motor-powered bar stool and asked if I wanted to try it out. It was one of the coolest things!"

Jeremy assists the crew, getting tools and helping remove the body of the car.

"At first, I didn't know if I wanted to go to the desert," he said. "It was going to be hot. And it was the longest flight I'd ever been on, but everything changed when I got there."

Jeremy was quickly entranced. The sand looked like snow, and he loved the rock formations. "We camp there for the first few days," he said. "At around 2:00 or 3:00, it cools down, and you can hear » Continued on B8



Chris Brosseau and his son, Jeremy (pictured), enjoy spending time together at Speed Week each year at Bonneville Salt Flats.

The sub sale generates approximately \$13,000, which helps to pay for bus rental for the students and truck rentals to ship equipment and instruments to competitions.

By Judy Tacyn

fter 50 years "in business," the subsandwich makers of Severna Park High School outperform and outsell any sub shop in a single day.

Several times a year since 1969, members of SPHS' music department have taken sub orders from the community, created and delivered their hand-stacked hoagies to help fund the music program to compete in competitions and festivals, and provided revenue for new uniforms and instruments. The thriving sub fundraiser is also a great opportunity for teens to learn leadership and teamwork skills as part of the coordination of such an enormous endeavor. Maybe best of all, the event brings together parents and students for a common cause.

Julie Bresson, president of the Band & Orchestra Boosters and parent of two teens in the SPHS music program, grew up in Severna Park and can remember her brother making subs in the mid- to late-1970s.

"The sub fundraiser really is a Severna Park tradition,'

Bresson said. "The kids are as excited to sell, make and deliver the subs as the community is to order and receive them."

The annual tradition has grown to seven sub days scheduled for the 2019–2020 school year, including the most recent sale on August 17, when 1,182 subs were made within an eighthour period.

Boosters' communications chair Tammi Molavi said the kids get excited about the sales.

"The kids are involved in everything from coming up with themes [to handling] all logistics," Molavi said. "Kids, like my son Evan, who is the student chairperson, are responsible for executing every aspect of the fundraiser. This is an opportunity for kids to step up and lead their peers in something that benefits everyone.'

When Molavi says everyone she means exactly that.

"One of the great things about the music department is that it's very inclusive. Everyone is welcome," said Joy Sim, Boosters' fundraising chairperson. "We have so many different roles in » Continued on B9

Kids Share LEGO Creations At Franklin's Toys



Photos by Christopher Fincham

More than 120 unique creations were on display at Franklin's Toys locations during the store's annual LEGO Expo and Contest. Winners were announced on August



26, with prizes awarded for first and second place in each age group Above: For 13 and up, first place went to Battle At Castle Ruins for Toan Treasure by Jeremy M. Left: One Severna Park staff pick was The Big Wolf of Destruction by Sullenger M.



Photos by Andy Epsilantis

Left: Severna Park parents Diane Jones and Meredith Miller prepared for the rush at the fifth annual Backpack Buddy School Supply Drive, hosted by Chartwell Golf and Country Club. Right: Parents and their kids from Oak Hill Elementary School gathered to write aspiring notes to encourage students at Broadneck Elementary who will receive the school supplies collected at the drive.

The Chartwell Young Leaders Organize Backpack Drive For Families In Need

By Andy Epsilantis

The new school year has just started and with it comes a need for new supplies. Unfortunately, not all families can afford the supply costs on their own.

In order to help, parents and students from the Severna Park community gathered on August 18 at Chartwell Golf and Country Club for the fifth annual Backpack Buddy School Supply Drive.

Organized by Chartwell Young Leaders (CYL) founder

and director Marci Flynn, with assistance from the Anne Arundel County Department of Social Services, Chartwell's drive helped 52 children in need at Broadneck Elementary, up from last year's 45. Flynn began CYL, and

subsequently the drive, after she realized that Chartwell's membership consisted of more than 500 kids ages 9 to 18 -"enough for our own elementary school," she joked during her speech at this year's event. As in previous years, the

event found families from

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resume and writing or photography samples to spvnews@severnaparkvoice.com.

Chartwell, Benfield Elementary and Oak Hill Elementary working together to collect and organize school supplies, write encouraging notes to the kids receiving the supplies, and deliver the supplies to Broadneck. Chartwell's drive acts like a free store. Each family is provided with a school supply list for an anonymous student and then they go "shopping" across four tables for all of the necessary supplies. Lastly, they check out at a "quality control" table to ensure they have gathered the right materials.

According to Flynn, more than 150 people donated over \$4,000 worth of backpacks and school supplies, as well as volunteered their time to assemble each bag. In addition, CYL, Benfield Elementary PTA, and Oak Hill Elementary PTO earned a total of 40 Disney World Park Hopper passes, valued at over \$6,000, through Disney's Points of Light Family Volunteer campaign.

Chartwell has a long history of charitable events. Previously, the community has raised money and other goods for Anne Arundel Medical Center's Neonatal Intensive Care Unit, the Ronald McDonald House in Baltimore, and Rise Against Hunger.

What They Said

"It is fun to make sure other kids get to enjoy going back to school with new supplies. I enjoy this event every year."

McKenna Miller

Seventh-Grader at Severna Park Middle School

"We are packed with joy and happy to be back helping people!'

Liam Ross

Sixth-Grader at Severna Park Middle School

"I am so happy to help people in need so they can thrive in school." Katie Flynn Seventh-Grader at Severna Park Middle School

With Car Wash, SPHS Musicians Wipe Away Their Costs



Uniforms, transportation and lodging costs, instruments - there is no shortage of pricey purchases that need to be made by high school music programs. To offset their costs, the Severna Park High School Band and Orchestra Boosters sponsored a car wash in the Park Plaza shopping center on August 24, raising \$1,400.



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FITNESS

SPHS Students Win Youth Service Award

» Continued from B6 pressed with the initiatives

of Our Minds Matter. 'The lieutenant governor

came up to us after the award ceremony and said he would love for us to sit in on one of his sessions to see what that process is like," said Kahn.

After testifying at the Anne Arundel County Board of Education, the Mental Health Teen Advisory Committee was developed. This group will be spearheaded by Our Minds Matter.

"Now that we're involved in the discussion, we've made a lot of connections," said Khan.

Our Minds Matter is beginning to push its efforts to new boundaries as a result of the Governor's Youth Service Award.

'We have all this momentum right now and we have to use it," said Schultz.

"There have been people contacting me from out of state from California and North Carolina that have wanted to start an Our Minds Matter chapter," Khan said. "We are thinking of outlining procedures on how to do that and how we were started."

With the creation of the Mental Health Teen Advisory Committee, Our Minds Matter is continuing to expand the conversation outside of the county and become more diverse.

Though the members are making an extraordinary difference, they are still high school students.

"In addition to Our Minds Matter, we have college applications, SAT prep and college classes," said Khan. "We have to make sure that while we are focused on helping everyone else, we are not overloading ourselves."

Carlson, Cross, Khan, Moulsdale and Schultz, all

graduating seniors, have appointed nine ambassadors to Our Minds Matter. Ranging from freshmen to juniors, these students are going to take over the Severna Park group after the founding members have gone to college.

"We are rooted in Severna Park, but once we graduate, we will have all this room to grow," said Khan.

With a desire to continue their work in mental health reform after high school, Khan and Schultz are confident Our Minds Matter is not over for them after graduation.

"We want to take Our Minds Matter into our collegiate careers," said Khan.

"This is something we started and we are always going to check up on it." added Schultz.

Father And Son Spend Summers At Bonneville Salt Flats

» Continued from B6

coyotes howling. There are also a lot of jackrabbits hopping around."

The trip is also a bonding opportunity for father and son. "I get to spend 10 or 11 days with my dad. I love it,' Jeremy said.

Chip, the president of Kero-Del Fuel and HVAC in Pasadena, and the official fuel sponsor for Team Vesco, first visited Bonneville when his cousin, California resident Rick Kunze, invited him to Speed Week in 2008.

Kunze had always been a "gear head," said Chip. "He had an alcohol-driven dragracing boat doing a sevensecond quarter-mile race. It got to the point where they wouldn't let him go faster unless he built a capsule to protect the driver."

Instead, Kunze sold the boat and headed to Utah. There, he met with some of

the Vesco racing team, and while hanging around with the crew, Kunze was able to help deal with a fuel injection problem, suggesting a specific part that had the car up and running.

"They invited Rick to ride in the push truck," Chip recalled. "So he hops in the truck, and it takes off ... and boom, they have a record. They were ecstatic. They said, 'Want to hang out?' So, he called me all excited and said, 'Chip, you've got to come out."

The next year, Chip arrived and grilled lunch for the team. "I like to cook, so for the whole week, I cooked lunches for them, and they invited me back.'

He returned in 2010, two years later. "On the first run of the meet, the car went down the course and blew an engine — parts all over," Chip said. "They came back

to the pits and started taking the car apart. The crew chief asked me to hand him a wrench."Chip offered his assistance.

"The next thing I know, the guy in charge says, 'You turn a good wrench. How long have you been working on race cars?' I said, 'About a week. I've never touched one before.'

Chip was asked to come back the following month. After much deliberation, he agreed to help the rest of the season.

When Jeremy joined him, the father-son team got to work together. "Darn if he didn't turn a good wrench, too," Chip said with a laugh. "He's catching on. We look forward to it each year."

Chip said Vesco has many records broken only by their own team. They push each year to go faster. "Last year, we met the goal to be the first wheel-driven car to achieve 500 miles an hour," he said.

There are faster vehicles, such as jet engines, explained Chip. The difference is that at Bonneville, the vehicles have to stay in contact with the ground — in this case, salt.

"The heels have to make contact with the salt, produce friction and push the car in a forward direction," he said. "Thrust cars used to run at Bonneville but haven't since the '70s."

Chip said people come from around the world and there's warm camaraderie.

"Everyone works together to make it fast, safe and fun," he said.

Father and son are thankful for the experience. "Not a lot of people get to do this," Jeremy said. "It's a once-in-alifetime experience, and I've gotten to do it for four years, and I plan to keep going back as long as I can."

Crofton Native Takes Over

» Continued from B6

thing is aimed at supporting a school culture of social and emotional growth that will prepare students to be confident and capable.

"I think preparing kids for independence is what all parents want," he said. "I want my kids to be functioning young adults, so that when they get to high school, they're able to pursue their goals and dreams." As for the school year, Kelly plans to keep it simple and is excited to get started.

"I just need to watch, learn, listen, talk to people and over the course of the year start to put a longerterm vision in place," he said. "I'm looking forward to continuing to build relationships with the staff and the students to create a positive start to our school year.

in the schools and we should continuously seek opportunities to engage the parents and community.

Whisman was immediately impressed with Jones,

"The faculty truly care about the needs for each individual student. I had the wonderful opportunity to meet with each teacher and staff member during the summer months to meet and listen to their stories and gather meaningful feedback," said Whisman, who also noted the school has many assets to support student learning. "We have an amazing front office staff and custodial crew that will do everything and anything for customer service, and the outstanding and active PTA is truly involved in decision-making to support and enhance student opportunities at Jones.'

Myers had similar accolades for her new school. "Benfield has such a great

reputation for their staff," said Myers. "I kept hearing about how much they care about each other. the children and community. This is something that I have witnessed from the very beginning.'

As principal, Whisman and faculty will focus on family, positive relationships, and collaboration. He said these words will drive the daily operations at Jones, and serve as a motto for everyone who walks into the building.

"I look forward to getting to know each and every member of the Jones faculty on a more personal level as well as forming and developing wonderful partnerships with the families and community members that support the academic, social, and emotional needs of our children," said Whisman.

With Benfield Elementary being a Green School, Myers said the PTA has been generous in helping to build outdoor learning spaces. "We plan to engage in professional development over the next few years to learn how to use the space instructionally and to spark our students' curiosity about the environment," added Myers.

Whisman and Myers are excited about their first days at their new schools.

"I plan on having a blast with all of the students through fun and engaging team building activities in the classrooms," Whisman said. "I will be constantly visible in the school building and classrooms to show and model that I care about everyone at Jones Elementary."

Myers added, "The first day of school has always been my favorite day. It is the start of a brand-new school year and comes with all the hopes and dreams of a successful learning adventure. We will greet our students, help them to their classrooms, and have lots of time scheduled for learning about their new classrooms and teachers."

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Benfield, Jones Elementary Schools Introduce New Leaders » Continued from B6

tion, communication, and problem-solving skills. I focus on the whole child, providing each and every student an opportunity to grow and succeed while identifying their strengths and interests to become better individuals and citizens.'

For Myers, a quality education starts by providing children with a safe and nurturing environment in which to learn.

"As educators, we have the unique opportunity to spark young minds to be curious about their world and engage positively with learning so that they become lifelong learners," she said. "We should encourage our students to share their cultural uniqueness, and as educators, we should continuously model how exciting it is to be able to learn with each other and about each other. I also believe that our community plays a vital role

inside and out.



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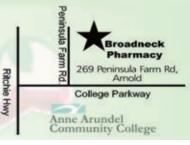
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Lily Maddox Earns First Fight For Phoebe Scholarship

Fight For Phoebe Inc. has awarded its 2019 scholarship to Lily Maddox, a 2019 graduate of Severna Park High School who is attending Loyola Marymount University, where she will study veterinary medicine.

Maddox was a natural choice for the award, having graduated magna cum laude from SPHS and having been selected to University of Pennsylvania's prestigious weeklong Veterinary Ex-



conservation, and would one day like to travel to South Africa to treat rhinos that have fallen victim to horn poaching.

Fight for Phoebe was formed in memory of Phoebe Jeong-Hui Ward. Phoebe was 8 years old when she was diagnosed with HLH (hemophagocytic lymphohistiocytosis), a rare and lifethreatening autoimmune disorder. Fight for Phoebe Inc. is a 501(c)(3) organization dedicated to helping local people and families with HLH and other orphan diseases through advocacy, education and research.

SPHS Music Department Celebrates

» Continued from B6 music. It doesn't matter how much experience a student has; everyone who wants to give music a try is very welcome.'

Bresson said the fundraiser generates approximately \$13,000, which helps to pay for things like bus rental for the students, and truck rentals to ship equipment and instruments to competitions.

The Boosters partner with Classic Foods, which orders and supplies the perishable food items and paper products. The subs are prepared in the Severna Park High School kitchen under the direction of Anne Arundel County food services personnel to ensure the assembly line and packaging are in compliance with

government guidelines. In addition to being an easy, delicious and healthy meal for families, subs can be donated to either Sarah's House or Serving People Across Neighborhoods (SPAN), which received 99 fresh subs on the first sub sale of this year, and 80 subs from the August fundraiser.

"When Kevin Sullivan (SPHS music parent and sub sale chairperson) contacted SPAN recently to inquire as to whether we were interested in receiving donated subs for our pantry, we replied with an enthusiastic 'yes!' said Ellen Kinsella, SPAN director of development. "When clients come to us for food, they are appreciative of the nonperishable and frozen food we give them. However, when

we can give them freshly made subs for each member of their family, they are overjoyed, and sometimes moved to tears.

"The best part of this is knowing that the sandwiches were donated out of the kindness of the hearts of families in our community,' Kinsella continued. "It is the essence of 'Neighbors Helping Neighbors,' which is one of SPAN's primary tenets."

The second of seven sub sales during the 2019–2020 school vear is scheduled for a September 14 delivery. Orders must be placed by September 8. For more information, to place an online order, or to make a donation and designate a sub to a local charity, visit the Booster's website at www.sphsmusic.org.



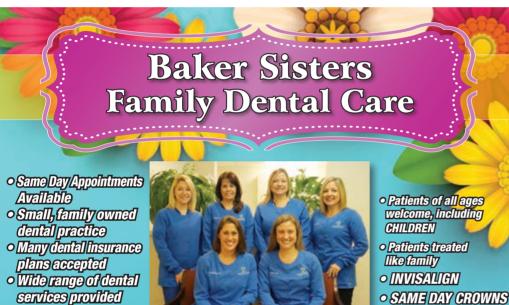


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SEPTEMBER 5, 2019

SEVERNA PARK VOICE

HEALTH & FITNESS

Stef Ripple's "Do Your Best" 5K Keeps The Wave Going



Photo courtesy of Nana Sue Photography~Healing Images The annual race is named for the encouraging daily mantra Stefanie Ashdown repeated to her children.

By Desirae Martins

Stef Ripple, a nonprofit organization focused on providing hope, encouragement and support for ovarian cancer patients and their families, will host its third annual Stephanie Ashdown Memorial "Do Your Best" 5K on September 28 at Belvedere Elementary in Arnold.

The annual race, named for the encouraging daily mantra Stefanie Ashdown repeated to her children, aims to spread ovarian cancer awareness and raise money for Stef Ripple so the organization can continue to help families affected by ovarian cancer. With the help of Nana Sue Photography~Healing Images, and the Greater Annapolis Healthy Kids Running Series, organizers hope to make this year's race the most successful since the fundraiser began in September 2017.

In the first year of the race, Stef Ripple signed up 245 competitive runners and walkers, and raised \$18,000 with the help and support of local businesses, as well as Further, the fundraising goal for this year's event is \$20,000. With both Nana Sue Photography~Healing Images and the Greater Annapolis Healthy Kids Running Series involved, race organizers expect to push the fundraiser to the next level.

"The goal of the race is to bring the community together," Preslan said. "Many [support] organizations have overlapping responsibilities and this race is a chance for them to come together, support each other's mission and touch more lives."

Preslan created Nana Sue Photography~Healing Images to empower children to express themselves through photography. According to Preslan, "children's lives can be impacted by many things, including grief, anxiety, depression, divorce and diseases like cancer."

She offers art therapy through photography workshops to children impacted by these issues, and encourages them to express themselves through nonverbal communication with the goal of increasing their confidence. Preslan's students will take photos at this year's "Do Your Best" 5K, where they will practice their photography skills, and more importantly, help raise ovarian cancer awareness in the community. Additionally, the Greater Annapolis Healthy Kids Running Series will kick off the event with a kids run, showing the community that being fit and active is fun, something Ashdown believed as well.

Severna Park Woman Recalls "Frightening" Stroke And Care From UM BWMC

UM BWMC Earns Stroke Award After This And Other Treatments

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By Zach Sparks zach@pasadenavoice.com

hen Susan Edwards awoke around 5:00am one day last January, she experienced everyone's nightmare.

"I couldn't move the right side of my body," said Edwards, a 61-year-old Severna Park resident. "I couldn't speak."

Edwards was taken to University of Maryland Baltimore Washington Medical Center (UM BWMC), where vascular neurologist and stroke program medical director Dr. Christopher Stack diagnosed her with a stroke. Facing long-term complications, Edwards was given a choice to take a clotbusting drug that must be administered within 4.5 hours of the patient last being normal.

Edwards was last known to be normal almost 12 hours prior to taking the medication, but a new trial allowed UM BWMC to treat patients waking up with stroke symptoms to get lifesaving and disability sparing medication.

"They asked me, 'Do you have any cuts?' Because they could start bleeding



Representing the American Heart Association, Amanda Pyle presented a quality achievement award to University of Maryland Baltimore Washington Medical Center. The award was accepted by Dr. Christopher Stack, medical director of the hospital's stroke program.

or I could have a brain bleed, which would put me in a coma," Edwards said. The ensuing care by UM BWMC was just one of many cases that led the hospital to recently earn the American Heart Association/American Stroke Association's Get With The Guidelines Target: Stroke Honor Roll Elite Plus Gold Plus Quality Achievement Award. The honor highlighted a two-year period of UM BWMC's high-level treatment provided to stroke patients, based on the latest scientific evidence.

In this particular case, Stack used his clinical experience and knowledge to assess Edwards' condition, and he utilized the new standards at UM BWMC to suggest the clotbusting drug.

"Most hospitals will do a standard MRI," Stack said. "I was able to look at pictures of the MRI to see when the stroke occurred and see if the brain tissue was dead or if [damage from the stroke] was reversible."

The damage from Edwards' stroke, he decided, was reversible. With the consent of Edwards, he administered the clotbusting drug.

"I didn't want to live without being able to speak or move," Edwards said. "And it worked. I had several MRIs done, and Dr. Stack showed me the clot before and the area after it was gone, and I thought it was totally amazing."

For the procedure's success, Stack lauded the "groundbreaking literature" and the UM BWMC team: intensive care doctor Jason Heavner, chair of emergency medicine Chirag Chaudhari, and nurse stroke coordinator Theresa Maloney.

"If she would have went anywhere else than John Hopkins, she would have faced a lifelong disability," Stack said of Edwards.

Although the stroke and ensuing recovery lasted just a few days, Edwards said it felt like a lifetime. **» Continued on B12**

Tech Talk With Dr. Cranska

Jeffrey Cranska Family Laser Dentistry

odern dentistry is dynamic. Changes

introduced as a smoking alternative without smoke. E-cigarettes are battery operated, filled with liquids (water, flavorings, glycerin, nicotine and propylene glycol). A heating device turns the liquid into an aerosol (vapor), which you inhale instead of smoke. The technique is referred to as vaping.

shown to increase heart and artery disease.

The added propylene glycol, vegetable glycerin and sweet flavors break down into acids to soften your teeth. Sticky films are created, increasing plaque sticky bacterial plaque, tooth breakdown with cavities and softer enamel, dry mouth, drinking more sugary drinks, more acids, on and on.

Q: What should I do to decrease the oral effects

community members who did not sign up to run or walk but registered to support the event.

This year, with the incorporation of two additional nonprofit organizations, and support from Johns Hopkins, the Wellness House of Annapolis, and the National Ovarian Cancer Coalition, the race is expected to draw more support than ever. Wendy "Nana Sue" Preslan, founder of Nana Sue Photography~Healing Images, said "the goal is to make this year big," both in terms of money raised and race participants. About 400 participants are signed up for the race already and Preslan expects to see approximately 500 registered by race day.

The race will begin at 8:00am on September 28 at Belvedere Elementary School in Arnold. Participants can register online at *www.active.com* and can get more information about the Stef Ripple mission at *www. stefripple.org.* L V L to improve patient comfort and quality of care are always being developed. The use of improved dental materials, modern delivery systems, lasers, computergenerated imaging and computer management software systems are just some of the changes.

In upcoming months, I will answer questions on high-technology dentistry. Please direct inquiries to my website at www.cranska.com or email familylaserdentistry@outlook.com.

VAPING AND ORAL Health Problems

If you are a cigarette or e-cigarette user, you should be concerned about the effects smoking has on your health. E-cigarettes were Let's review the effects of vaping on your teeth, gums and oral health.

Q: How can vaping affect oral health and the overall health of the body?

A: E-cigarettes were promoted as a safe alternative to smoking and a tool to help quit. Unfortunately, the toxic chemicals from tobacco smoke were replaced with other harmful chemicals and still contain nicotine. One electric cartridge has the same amount of nicotine as two to three packs of cigarettes. Nicotine is addictive and has been accumulation and leading to more bacteria, tooth decay, and breakdown of teeth and increased gum disease.

Nicotine is a vasoconstrictor, decreasing blood flow to the gums. Results are gum recession and periodontal disease.

Another side effect of vaping is chronic dry mouth, which leads to bad breath and a decrease in fighting decay and gum disease.

Q: I've never had any cavities or gum problems. Why do I need to worry about vaping?

A: Dentists are seeing patients who were cavity-free their whole lives but who now vape and have rampant tooth decay. It is a cycle of

of vaping?

A: To limit the intake of nicotine, do not also smoke cigarettes. Also, do the following:

- Drink water after vaping,
- stop using sugary drinks • Brush and floss daily
- Maintain good oral health
- Eat a well-balanced diet
- Limit sweet snacks
- Schedule regular dental
- visits for check-up exams, cleanings and X-rays

There are questions about both the short- and long-term effects of using e-cigarettes. Research is behind in determining the vaping-related effects on overall body and oral health. How can inhaling unknown chemicals not have a negative effect?

BWMC September Calendar

Wednesday, September 4 5:00-6:30pm: Cancer Survivorship Support

Group. This free, self-care skills class and group discussion offers information and support for cancer patients and survivors. In addition to networking and peer support, the group will discuss timely topics related to treatment and care. For any type of cancer. No registration needed. For more information, call 410-553-8179. (Tate Cancer Center, first-floor conference room, 305 Hospital Drive).

Tuesday, September 10 6:00-7:30pm: Stroke

Support Group. Survivors, caregivers, and community members meet to discuss stroke recovery and prevention. For more information, call 410-787-4732. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

6:00-8:00pm: Opioid Overdose Response Program. Free classes help the community learn the signs and symptoms of an opiate overdose along with how to safely administer naloxone (Narcan), the FDA-approved emergency treatment nasal spray. Preregistration is required as space is limited. For more information or to register, call 410-787-4490. Also meets Wednesday, September 18, from 6:00pm-8:00pm and Saturday, September 28, from 10:00am-2:00pm. (BW Health Services, 7556 Teague Road, Suite 440, in Hanover).

Wednesday, September 11 8:00am-noon: Free Blood Pressure Screenings at Harundale Presbyterian Church. No registration needed. (Eastway and Guilford Road in Glen Burnie).

2:00-3:00pm: Lactation Support Group. Open to all breastfeeding mothers and their children. No registration needed. For more information, call 410-595-1782. (301 Hospital Drive, 3 South classroom).

6:00-8:00pm: Bariatric and Surgical Weight Loss Management Seminar.

Offered by the University of Maryland Center for Weight Management and Wellness, this is a free surgical weight loss management seminar. Registration is required by calling 1-800-492-5538. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

6:30-8:00pm: Mental Health Support Group.

Community members and families discuss helpful information on psychiatric issues. No registration needed. For more information, call 410-553-8070. (Room A of the Partial Hospitalization Program (PHP), 301 Hospital Drive, second floor).

Thursday, September 12 Noon-1:00pm: Talks Saves Lives, an introduction

to suicide prevention. Learn

more about what suicide is, who it affects, risk factors, warning signs, prevention and tools on how to reach out to someone in crisis. Free. Preregistration is required. To register, call 443-591-7274. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor). Also meets Tuesday, September 24, from 6:30pm-7:30pm. 1:30-2:30pm: Preventing Diabetes Class. A diabetes educator discusses factors leading to diabetes and lifestyle changes to prevent diabetes and improve overall health. To register for this free class or for more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223).

Sunday, September 15

10:00am-4:30pm: Safe Sitter. This program helps preteens ages 11 to 13 gain confidence with babysitting skills and abilities in caring for young children in emergency and non-emergency situations. Participants will learn about child care essentials, choking child/ infant rescue, preventing problem behavior, introduction to first aid and injury management. For more information, call 410-553-8103. (301 Hospital Drive, 3 South classroom).

Tuesday, September 17

6:30-7:30pm: Parkinson's Support Group. Open to patients with Parkinson's disease, their caregivers, family members, friends and anyone interested in learning more about the disease. Discussions include managing symptoms, maintaining an active and high-quality life, and sharing experiences and support. Preregistration is not required. Call 410-787-4433. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor).

Wednesday, September 18 5:30-6:30pm. Diabetes

Support Group meets

to discuss current issues regarding diabetes management. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223). Reservations are not requested. For more information, call 410-787-4940.

5:30-7:30pm: Stork's Nest. Incentivized prenatal education classes for expectant mothers living in Anne Arundel County. Class topics include the

importance of prenatal care, what to expect during labor and delivery, breastfeeding, basic infant care, and safe sleep. Registration is required by calling 410-787-4366. Four-week session. (301 Hospital Drive, 3 South classroom).

For more information, contact the community outreach department at 410-553-8103 or visit the medical center's website at www. umbwmc.org.

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Dr. Cranska Has Laser Article Appear In September National Dental Publication

His Innovative Dental Laser Technique, Clinical Laser Studies Published In Current Issue Of "Dentistry Today"

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Respected local dentist, author, lecturer and instructor Jeffrey P. Cranska, DDS, had his original feature article published this month in a national clinical news magazine for dentists.

Cranska's article, under the heading "Laser-Assisted Techniques Increase Efficiency and Comfort" appeared in *Dentistry Today*'s September 2019 edition, Volume 38, No. 9. Cranska's original laser technique was first published in 2013. The story explains how and why a tooth needs to be extracted and how one was replaced using the existing fixed bridgework after it was removed and adjusted. Two laser protocols allowed access and treatment to save the existing bridgework and create a bloodless field to work in.

The article brings up the question of how to remove this new generation of all-ceramic crowns and veneers bonded or cemented in the mouth. The case report shows a laser technique demonstrating how to remove crowns from abutments without damage. Existing techniques use diamond burs to cut off the restorations, destroying the crowns and required replacement.

"These case studies serve to demonstrate the author's erbium laser protocols to remove all-ceramic crowns in one piece in under two minutes without damaging the restorations or the underlying abutments," Cranska said.

Cranska was the first dentist in Maryland to be fully trained and licensed to perform laser-assisted new attachment procedure (LANAP), laser periodontal therapy — a laser gum therapy cleared and patented by the Food and Drug Administration. Cranska has been performing LANAP in his Arnold (now Severna Park) practice since 1999. He is also a certified laser instructor for the Institute for Advanced Laser Dentistry, to teach other doctors LANAP and LAPIP. Cranska has Advanced Proficiency laser certification from the Academy of Laser Dentistry.

For additional information, contact Jeffrey P. Cranska, DDS, at Family Laser Dentistry, located in the Ritchie Court office building, Suite 305, at 877 Baltimore-Annapolis Boulevard in Severna Park. Call 410-975-9331 or visit www. cranska.com.

DOH Conducts Survey To Assess Emergency Preparedness

This fall, the Anne Arundel County Department of Health will conduct a CASPER survey that will look at local residents' preparedness for potential emergencies and disasters.

The CASPER (Community Assessment for Public Health Emergency Response) survey, developed by the federal Centers for Disease Control and Prevention (CDC), will take place from 3:00pm to 7:30pm on Tuesday, September 17, and Wednesday, September 18, in neighborhoods around the county and the City of Annapolis. The rain dates will be Tuesday, September 24, and Wednesday, September 25.

Two-member survey teams will go door to door in neighborhoods randomly selected by the CDC. Teams will include Department of Health staff, Maryland Responds volunteers and Community Emergency Response Team (CERT) volunteers. They will travel in county cars and have identifying shirts and badges.

The 15-minute survey will have questions about household disaster preparedness, health needs, and training, such as CPR and first aid. The survey will be anonymous, and no personal information will be collected.

The CDC's Division of Environmental Hazards and Health Effects, health studies branch developed CASPER to help public health agencies assess household emergency preparedness and provide resources to meet community needs in case of disasters.

"Anne Arundel County is the first county in Maryland to use the CASPER survey," said Acting Health Officer Billie Penley. "The survey will be a valuable tool to preserve, promote, and protect the health and safety of county residents. The data will be shared with county and city public safety partners to improve our ability to plan and respond to emergencies."

For more information about the CASPER survey and the survey teams, call the Department of Health's Office of Emergency Preparedness and Response at 410-222-4115.

September Is National Infant Mortality Awareness Month

Department Of Health Recommends Healthy Steps To Help Protect Infants

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September is National Infant Mortality Awareness Month. Infant mortality is the death of a baby who is less than 1 year old. In 2017, there were 4.1 infant deaths per 1,000 live births in Anne Arundel County for all races. Preterm birth (birth at less than 37 weeks) and low birth weight (5.5 pounds or less) are the leading causes of death among infants in the county. Pregnant women and new mothers should take these steps to help protect their babies:

- Stop using tobacco, alcohol and drugs. Avoid secondhand smoke.
- Achieve or maintain a healthy weight.
- Eat a healthy diet full of fruits, vegetables and whole grains. Drink plenty of fluids.
- Take a multivitamin that contains at least 400 micrograms of folic acid every day.
- Manage chronic health conditions such as diabetes, high blood pressure and asthma.
- Follow the ABCs of safe sleeping. Babies should sleep and nap alone, on their backs, in a safe crib. Share a room but never a bed.

The Department of Health offers free healthy pregnancy and baby care kits to Anne Arundel County residents. To order the free kits, or for more information about having a healthy pregnancy and baby, visit *www.aahealthybabies.org.*

County Website Provides Parent's Guide To School Health

Parents and guardians in Anne Arundel County can visit the "Parent's Guide to School Health" at www. aahealth.org/parentsguide to find information on school health services for the 2019-2020 school year. The page provides information on safe backpacking, immunizations and nutritious easy-to-prepare school lunch ideas. There are also recommendations to help parents decide when children should stay home due to an illness. Other topics on the site include treatment of head lice, bullying and keeping kids smoke-free. The webpage also links to a directory of school nurses in Anne Arundel County Public Schools. To access the page, visit www.aahealth. org/parentsguide.

Severna Park Woman Recalls Stroke

» Continued from B11

"I was scared to death," she said. "When it was done, it was like this big weight was lifted off my shoulders."

That case and many other cases over the last two years were the work of emergency medical services personnel, radiologists, nurses, therapists and other UM BWMC staff who have consistently demonstrated high-level care, Stack said.

For Edwards, that level of care saved her life. "I thank everyone at

the hospital," Edwards said. "And Dr. Stack, from the time I came until the time I left, he kept coming to check on me and even carry conversations about my life." I didn't want to live without being able to speak or move ... Dr. Stack showed me the clot before and the area after it was gone. I thought it was amazing."

— Susan Edwards

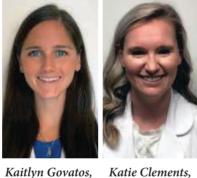
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