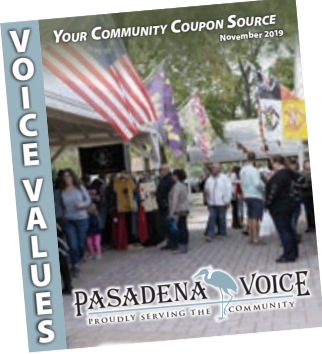


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PASADENA, MD

NOVEMBER 6, 2019

A1

Caring & Sharing Parade Continues Pasadena Tradition



The Pasadena Business Association held its annual Caring & Sharing Community Harvest Parade on the first Sunday of November. Civic groups, businesses and local representatives started at Tick Neck Road, turned onto Edwin Raynor Boulevard and then Mountain Road, waving to spectators while collecting food for neighbors in need.
Flip to A6 to see a list of floats that were named winners.



Green Valley Hopes To Keep Family Feel While Adding Fresh And Unique Selections

B. Green COO Dishes Out The Details On New Store

By Zach Sparks
zach@pasadenavoice.com

The team at Green Valley Marketplace has big shoes to fill after taking over the former Lauer's Supermarket & Bakery site in Chesterfield Plaza on October 3. Rick Rodgers, COO of B. Green & Company, feels they're up to the task.

B. Green & Company — a third-generation, family-owned business run by its president, Benjy Green, and Ben and Bernice Sigman — owns Green Valley Marketplace. Having a customer-first mindset like the Lauer family has helped them in the transition of the store.

"We are a local and family-owned company and have been in business since 1915, so this location just felt like the right fit for us. We are really



The staff at Green Valley Marketplace had only two days to transition the store.

excited to be here in Pasadena," Rodgers said. "You will see the same staff, from the store manager down to the cashier who greets you at the check-out. They are a great group of employees and the customers love them, so making them part of the Green Valley family was always part of the plan."

Rodgers said some changes have been made already and more are coming.

"We had only two days to turn the store around," Rodgers said. "We have made some changes, but we are doing our best to combine the best of

what Lauer's and Green Valley offer for the customer. When you think about it, the two companies have almost 150 years in the grocery business and have developed great products and offerings for their customers. We acquired the name and recipes of Lauer's Luscious Bakery and plan on continuing to offer all the delicious products Lauer's is known for. We're so excited about the bakery, we are going to start selling the products in our other Green Valley locations. The Lauers have built a tremendous following and

reputation with their bakery and we believe it's as good as any in the area, so we're not changing, we're expanding."

While many of the store's offerings are "not changing but expanding," there is one noticeable addition: a seafood department.

» Continued on A6

Pasadena Boat Parade To Light Up Local Waterways

By Haley Weisgerber

Pasadena's creeks will become a little more festive on November 30. The Pasadena Yacht Yard Marine will host the Pasadena Boat Parade, which is back by popular demand.

Twenty to 25 boats are expected to leave from the Broken Oar Bar & Grill on Stoney Creek at 3:00pm, and make their way to PYY Marine on Rock Creek by 5:00pm for judging at the gas dock pier.

"This is a great way to kick off the Christmas season and it's for the whole community to enjoy," said Mike Hatcher of PYY Marine.

The boats with the best decorations and lights will receive a prize. A \$500 prize will awarded to first place, \$250 to second, and \$100 to third. Boats will be judged by local business owners based on a point system.

Designed so families can view the event from their waterfront, the

parade invites the community to watch along the route or from the launch party, held at the Broken Oar until 5:00pm. Enjoy the lights and celebrate while boaters make their way to their next destination.

This year, the festivities will continue at the Maryland Yacht Club (MYC) for an after-party with music, a buffet, cash bar, dancing and the official parade award ceremony. The event is family friendly and fun for the whole community. The party begins at 7:00pm.

The buffet menu includes chicken cordon bleu, stuffed shells, scalloped potatoes, steamed vegetables, salad, and desserts.

Tickets are \$30 per person, and the money raised will be donated to a local nonprofit.

"Ticket sales to the after-party will benefit ClearShark H2O, a nonprofit organization that creates and offers hands-on programs and

» Continued on A4

Changes To The Critical Area Map Will Affect Homeowners



By Zach Sparks
zach@pasadenavoice.com

In September, the Critical Area Commission for the Chesapeake and Atlantic Coastal Bays sent a letter to some homeowners inform-

ing them that changes had been made to the critical area boundary. The letter let them know that the boundary now included their property or included more of their property.

A critical area includes

land within 1,000 feet of the tidal waters and wetlands that make up the Chesapeake Bay and its tributaries. State-adopted critical area criteria and the local critical area programs serve as guides

» Continued on A8

Jeff Adams Leads Eastern District Police Station

By Chris Fincham
chris@severnarparkvoic.com

Jeff Adams always wanted to be a police officer. Growing up in Severna Park, he was raised to help others, and police work was a natural fit.

More than three decades after graduating from Severna Park High School, Adams is now a police captain and the new commanding officer of his hometown Eastern District Police Station in Pasadena.

"Throughout my career, I've gone to other divisions, but now I've worked my way

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Marguerite Mills
Volunteer
Of The Month

By Zach Sparks

The NFL has seen its share of father-son coaches: Marty and Brian Schottenheimer, Mike and Kyle Shanahan, Bum and Wade Phillips.

In Anne Arundel County, Keith Wiedenhoef has started his own family coaching tree, but unlike those famous figures, he coaches purely for his love of the game.

Keith is currently the special teams coordinator for Northeast High School's varsity football team, and he also serves as an assistant coach for the offensive and defensive lines. Keith Jr. is a JV football coach with Meade. Louis is a JV coach with Glen Burnie.

With Keith Sr. at the helm, all three have also spent the last five years coaching together for the Harundale Rebels varsity U football team.

"We scout games, we watch film together," Keith Sr. said. "All we talk about is football. Our wives are always asking, 'Can't you talk about something else?'"

Keith's first coaching experience was around age 16 when he taught tee-ball. In the mid '90s, he joined the Pasadena Chargers, which coaches football to kids ages 3 to 13. In that role, he worked with Brian Baublitz, who is now the Northeast High School varsity head coach for football.

When Baublitz offered Keith a role with Northeast three years ago, the decision was as easy as opting to kick a field goal for a go-ahead score.

Although playing on special teams is often a thankless job, Keith gets his players to see their importance.

"It's setting that ma-

Football Coach Fields Every
Opportunity To Help Young Athletes



Coach Keith Wiedenhoef (right) received his Volunteer of the Month Award from Voice COO Larry Sells.

niac mentality to want to do more," he said. "A lot of the holes from last year we needed to fix and have more discipline. I don't want to jinx myself, because the season is not over, but in a lot of areas, we have really improved. Our kicker, Kayla Alexander, is incredible."

For the last five or six years, Keith has held another title: president of Ravens Roost 75. The group members are big advocates of Ruth Parker Eason School and they assist many causes, such as Toys for Tots. They hold monthly collections to raise money for Mary's Center, North County Emergency Outreach Network, Sarah's House, and the United Service Organizations (USO).

"One member is a Vietnam veteran and he suggested we put together Easter baskets one year for the USO," Keith said. "His thing was, these kids are 18 or 19 and leaving their families. We put a little note in there that says, 'Thank you from Roost 75.' A package means a lot for these kids, not knowing what to expect. It's to let them know there are other people who care, whether they're getting

deployed to a volatile station or another area of service. The sacrifice these men and women make is incredible."

Although he won't take much credit, Keith Sr. has sacrificed many hours to help local athletes hone their skills. Many of those hours have come with the Rebels, which made the playoffs this year.

"The way this group of kids grew, there was a real appreciation for being a family," Keith said. "The players really bought in."

After five years of coaching the Rebels with his sons, he will step down, but he will continue to coach at Northeast and be the treasurer for Pasadena Football Club.

"I will miss the kids and I will miss coaching with my sons, but it's time," Keith said.

In addition to the aforementioned JV coaching gigs, Keith Jr. is the baseball commissioner for the Harundale Youth Sports League, and Louis is a basketball coach during the winter and spring.

Keith's family coaching tree continues to look more impressive by the year.

"These men spend an immeasurable amount of time on the field and off the field supporting the league and the youth of the community while working full-time jobs," said Linda Wiedenhoef, Keith's wife. "Their passion is like no other. Late night and early morning field maintenance; communication via email, text and phone calls; reviewing and discussing game film and strategies; debating the team plays and player changes; scouting their opponents; and bragging and boasting about their players and team are just a few of the things you will find them doing on a daily basis."

Keith remembers winning a rec playoff game as a No. 7 seed against a No. 2 seed, and being a coach for the Northeast squad that beat Severna Park in 2017 for what coaches think was the first time in school history. His biggest accomplishment, though, can't be measured by a stat sheet.

"The biggest thing is when kids come back after we coached them years ago and they ask, 'Do you remember me?' and we start talking," Keith said. "That is probably the most rewarding thing, because you had a big impact on that kid, maybe not from a win or loss perspective, but you had a positive impact on their life. From a coaching perspective, that's the most important thing we can do. I tell my wife, 'I'm not rich by any means, but I feel like a millionaire.'"

To contact Keith Wiedenhoef Sr. for information about Ravens Roost 75, or to help with the Toys for Tots drive, email coachkeith9@gmail.com.

Briefs

Free Community Concert

The Galilee Community Concert Series will feature "The Influence of Bach in the Jazz World" at 6:30pm on Sunday, November 17, at Galilee Lutheran Church (4652 Mountain Road).

Join pianist Fred Hughes and bassist Victor Dvoskin as they present a free evening of discussion illustrated with music, on the relationship between Bach's music and the world of jazz. The duo will perform some Bach cello suites, solo piano pieces, and ensemble performances demonstrating the similarities between baroque Bach and jazz in its many forms.

For information, call the church at 410-255-8236.

Holy Smoke To Headline Free Show Benefitting The Way Homes

Enjoy music, fellowship and an opportunity to slow the drug epidemic by attending a free concert with the band Holy Smoke at Arundel Christian Church on December 7 from 7:00pm to 8:30pm. Proceeds from Christmas cookie sales and auction items will benefit The Way Homes, Christ-centered sober living homes in Pasadena. For more information, contact info@thewayhomes.org or 410-255-5577. Learn more about the band by going to www.holysmokeband.com.

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The Zachary Hebda Foundation Celebrates 20 Years Of Funding Cancer Research

By Haley Weisgerber

After losing his son Zachary to cancer in 1999, Joe Hebda established the Zachary Hebda Foundation to win the fight against childhood cancer in his son's memory.

Twenty years later, the foundation has raised over \$712,000 and funded more than 1,200 hours of research at the Johns Hopkins Kimmel Cancer Center.

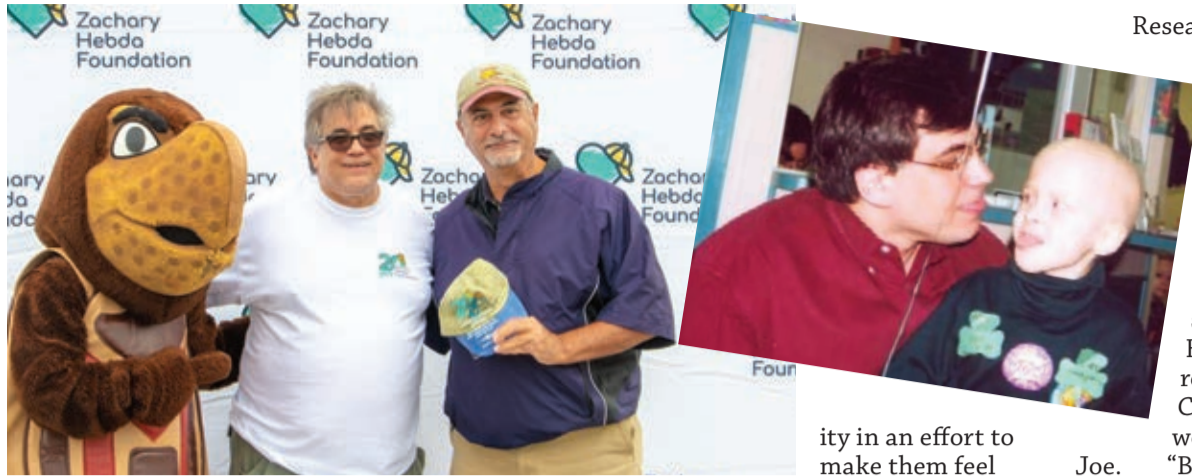
Zachary Hebda was diagnosed with leukemia in 1998 at the age of 5. He was a kindergartner at St. Jane Frances School, took ice-skating lessons at Piney Orchard, and his favorite subject in school was art.

"When Zack was in Johns Hopkins, he asked his doctors why he got cancer and other kids did not," said Joe. "That led to the doctors talking to a kindergartner about healthy cells and cancerous cells, and how cancer infects healthy cells. Dr. Megan Higman, who was the chief resident for pediatric oncology at the time, with support from Dr. Alan Chen, gave Zack a tour of the lab and spent about two hours with him looking at his cells and other cells."

Zachary was always involved during his full-body radiation treatments and spinal taps, according to Joe.

"He was there when the doctors would talk about the effects; he was inquisitive about everything that happened to him," said Joe.

Zachary received a bone marrow transplant from his mother, but passed away as a result of infection. While running in a 5K race put on by students at Johns



The Zachary Hebda Foundation has raised over \$712,000 and funded more than 1,200 hours of research at the Johns Hopkins Kimmel Cancer Center.

Hopkins University after Zachary's death, Joe was encouraged by friends and coworkers to host a race in his son's memory.

"Zack was interested in cancer research, so that seemed like the thing to fund," said Joe. "The foundation grew from that."

The Zachary Hebda Foundation was started in the fall of 1999, and the first Zack's Run 5K was in September 2000. There were 719 runners in the first race. Joe's family and a few coworkers have been spearheading the organization ever since.

Every year, Zack's Run is held in September to observe Childhood Cancer Awareness Month. A bone marrow drive is also held each year at the race to find a matching donor for someone on the transplant list.

In 2004, the first Hebda Foundation Gala was hosted at the University of Maryland, and the event has since outgrown two locations. Local businesses donate goods and services to be auctioned off to celebrate the year's successes and give back to benefac-

tors and beneficiaries of the organization.

"We have one of the pediatric oncology ambassadors speak," said Joe. "These are true heroes. [They are] usually middle or high schoolers with cancer."

Pediatric oncology ambassadors are children who are fighting cancer and who tell their stories to spread awareness and inspire others.

Fundraising from the gala benefits Camp Sunrise, a summer camp for kids with cancer. Campers participate in any tradition camp activ-

ity in an effort to make them feel "normal" for a week and establish relationships with people going through similar experiences.

"It's, in a way, a magical place," said Joe. "They go to a summer camp like any other kid does. It's a place where they can be like kids who don't have cancer."

Over 304 hours of play have been funded by the Hebda Foundation. Additional money from the gala and from the 5k are used to fund pediatric research at the Johns Hopkins Kimmel Cancer Center, which is considered to be one of the leading cancer centers in the United States.

Research conducted at this institution has discovered new treatments and protocols for childhood cancer.

"We have a close relationship with Johns Hopkins, and our relationship with Camp Sunrise is wonderful," said Joe. "Because of the relationship with Hopkins, we were able to create an endowment to fund the research."

All money raised goes into the endowment, which gains interest, ensuring that money will always be available to Johns Hopkins.

"Putting funds in the endowment means that forever there will be monies from the Zachary Hebda Foundation funding research," said Joe, "all because a 5-year-old was inquisitive."

Joe said the relationship built with Johns Hopkins and hearing its progress is the reason he's kept going for these 20 years.

Though it hasn't always been easy, the Zachary Hebda Foundation has made an impact.

"What keeps us going is getting to interact with the kids at camp and hearing about the research and funding," said Joe. "Our first race management company told us we wouldn't make it three years. So, here we are 20 years later."

Bingo To Benefit The Lance And Ryan Fund

The Loyal Order of Moose Lodge 1456 in Glen Burnie will host a designer bag bingo to benefit the Lance and Ryan Fund on Saturday, December 7. Doors open at 1:00pm and bingo starts at 2:00pm.

Attendees can enjoy basket raffles, food and baked goods for sale, and

prizes from Michael Kors, Kate Spade and more. Bring a toiletry item to be entered in a special drawing. Tickets are \$25 in advance or \$30 at the door. Proceeds will help provide resources for people struggling with addiction. For more information, email thelanceandryanfund@gmail.com.



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Pasadena Boat Parade

» Continued from A1 experiences for the community that are designed to inspire a passion for Maryland's waterways and connect them with one of the state's most cherished resources," said Tina Westervelt, who does customer relations at PYY Marine.

Hatcher hopes that this event becomes a holiday tradition for families all over Pasadena to enjoy.

November 11 is the last day to register a boat for the parade and to buy tickets for the after-party. For more information, boat registration and purchasing tickets, contact Westervelt at [tina](mailto:tina@pymarine.com).

westervelt@pymarine.com or 410-255-1771. Tickets and after-party information can also be directed to the MYC at mycinfo@mdyc.org or 410-627-3093.



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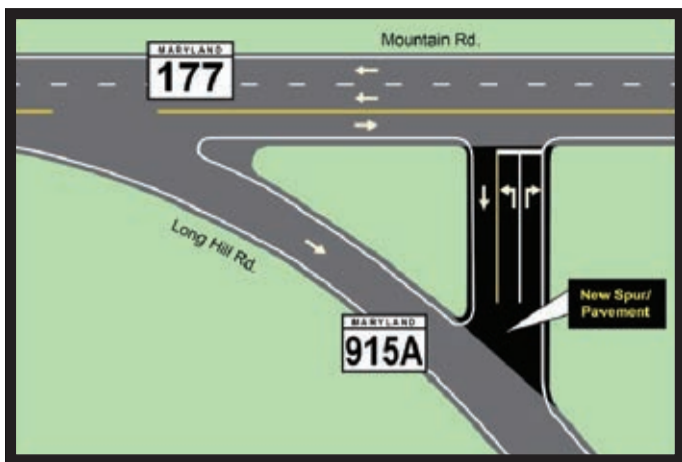
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MDOT SHA Improves Mountain Road/Long Hill Road Intersection



The Maryland Department of Transportation State Highway Administration (MDOT SHA) is undergoing a project to enhance safety and traffic operations at a key intersection in Pasadena. In late October, crews began realigning MD 915A (Long Hill Road) at the MD 177 (Mountain Road) intersection, which will make it easier for Long Hill Road motorists to safely merge onto MD 177. The \$1.1 million project will open to traffic by spring 2020.

Currently, traffic volumes make it difficult for motorists travelling north on Long Hill Road to merge onto MD 177. Crews will remove the northbound Long Hill Road travel lane and shift it further east. The new location allows left- and right-hand turns from Long Hill Road to MD 177, instead of a single lane.

The off-ramp movement from eastbound MD 177 onto southbound Long Hill Road will remain in place. Left-turning traffic from westbound MD 177 will use a spur movement to merge onto southbound Long Hill Road; it will serve as a one-way movement, then return

to two-way operations just south of the connection.

The initial phase of work includes installing environmental controls, signing, curb and gutter, and identifying underground utilities for relocation. Crews will also improve drainage, add a sidewalk on the south side of MD 177, and pave and stripe all movements at the intersection.

Single lane closures will occur weekdays between 9:00am and 3:00pm. Approximately 23,000 vehicles per day use this section of MD 177 each day. MDOT SHA's contractor, Sunny Acres Landscaping of Davidsonville, will perform the work.

MDOT SHA works hard to maintain safe traffic mobility in work zones for motorists, as well as its crews. Drivers need to stay alert, focus on driving, and look for reduced speed limits, as well as other driving pattern changes.

For a list of all major MDOT SHA projects, click on Road Ready, MDOT SHA's electronic construction brochure. For a look at real-time commute conditions, log onto www.md511.maryland.gov.

Family Creates LiviDoodles In Memory Of 14-Year-Old Olivia Anderson

By Sharon Mager

A local family recovering from a heart-rending tragedy recently started an organization called LiviDoodles.

The nonprofit is designed to bring art to chronically ill children and their families, to sponsor an art scholarship, and to raise awareness about Wolff-Parkinson-White (WPW) Syndrome.

LiviDoodles is named for Olivia (Livi) Anderson, a Pasadena resident who was 14 when she tragically died on February 16, 2017, from WPW Syndrome.

"From the time she could hold something, she was doodling," said Olivia's mom, Trina Gorski Anderson.

Gorski Anderson fondly remembers stepping out of the shower one day to find that little Livi had stopped watching cartoons, found a permanent marker, and was decorating the walls.

"She was gifted from day one, and she blossomed. It wasn't just drawing and painting; she was also wonderful with animated makeup," Gorski Anderson said. "It's amazing the things she could do."

When Livi was older, she loved to dye her hair a variety of shades and kept her friends guessing what color she'd pick next. She was a natural artist with dreams of pursuing art as a career.

Livi was also known for her cheerfulness and sense of humor, as well as her "spunk." One woman approached Gorski Anderson after Livi died, and shared how her daughter was being bullied on the school bus, being made to give up her seat and how Livi took up for the girl, showing kindness to her, and encouraging her to stay in her seat. The bullying stopped.



According to her family, Olivia Anderson was a natural artist with dreams of pursuing art as a career.

Through the LiviDoodles Foundation, Gorski Anderson wants to provide art supplies to patients and families at the University of Maryland's Pediatric Intensive Care Unit. When Livi was in the hospital, shortly before she died, child life specialists brought art supplies to her room. They worked with her and her family to create handprints of Livi and her family, hand and finger molds, and other personal creations. The activity not only gave them a brief distraction from the stress, Gorski Anderson said, but also provided her with Livi's last work of art. It's a treasure.

Gorski Anderson wants to encourage other patients and their families in a similar way through the Healing Through Art program. Some pediatric patients don't have the means to get to the hospital art area, she explained. LiviDoodles would provide art supplies in backpacks. Many University of Maryland patients come from limited-income

families, and quite often, the children have few possessions to call their own, said Gorski Anderson.

"Receiving their very own backpack filled with goodies is a very special thing to some of these children," she said.

They will also continue to donate art supplies that can be used by the child life specialists and art therapists. Looking to the future, Gorski Anderson dreams of one day starting a healing art center.

The LiviDoodles Foundation will also provide future scholarships to talented art students, to help them pursue their dreams.

Sadly, Livi couldn't pursue her dream due to WPW Syndrome. Gorski Anderson is adamant about letting parents know about this illness, a condition in which there is an extra electrical pathway in the heart.

"Any child who presents tachycardia should be examined by someone who has special training needed to read an EKG," she stressed.

At the University of Maryland, Gorski Anderson met Dr. Vashist, a pediatric cardiologist specializing in electrophysiology. Vashist suggested having the other children in the family tested for the illness.

Livi's 15-year-old brother, Andrew, had an abnormality. Gorski Anderson said Vashist looked at the EKG.

"It was the most microscopic blip," Gorski Anderson recalled. "He said, 'I might be overthinking this, but we can't be too safe.'"

Vashist investigated further and found that amazingly, Andrew had WPW Syndrome. Thanks to an eight-hour ablation surgery, and follow-up with Aspirin therapy, Andrew continues to do well.

The key, Gorski Anderson said, is being aware. She wants others to know about the illness, so they won't have to lose a loved one the way she did. "If you, as a parent, are not 100% comfortable with what your doctor is telling you, don't stop. Continue pushing or seek other opinions," she stressed.

Part of the fundraising through LiviDoodles will be used to educate the public about the disease. The LiviDoodles organization sponsored a Halloween costume bash at the Cheshire Crab on October 26 with the hope of raising \$10,000.

"It was an overwhelming success," Gorski Anderson said. "The feedback was extremely positive, and we exceeded our fundraising goals!"

Donors purchased 30 art supply filled backpacks that will be provided free to children in the donors' names.

For more information about LiviDoodles, go to www.lividoodles.org.

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Noodles and Company	Jo-Ann Fabrics	Kwon's Taekwondo	
Park Tavern	Marc Todd Jewelers		
Smoothie King	Music and Arts Center		
Subway	Park Home		
Taco Bell	Side Street Framers & gift gallery		
The Breakfast Shoppe	T-Mobile		

Caring & Sharing Parade Tradition



Left: Edwin Calvert was the grand marshal of the PBA parade. Right: Chesapeake High School's theater group entered the parade to promote its upcoming winter production.

FLOAT WINNERS

BEST ENTRY OVERALL
- AM PM Marine

BEST ORGANIZATION DISPLAY/FLOAT
Tie: - Friends of Downs Park
- Pasadena Sportfishing Group

BEST PATRIOTIC DISPLAY
- Northeast High School
- MCJROTC

BEST YOUTH GROUP ENTRY
- Magothy Cooperative Preschool

BEST MUSICAL/PERFORMANCE
- Chesapeake Christian Center

BEST COMMUNITY ENTRY
- Green Valley Marketplace

MOST ORIGINAL ENTRY
- Artsy Partsy

Get Your Home Ready For The Holidays

Submitted by The Anne Arundel Home Services Company

The "most wonderful time of the year" is rapidly approaching, and for most of us, that means the busiest. While you may be getting ready to shop until you drop, cook lavish feasts, and spend time with your loved ones, don't forget about your home and the cold that is coming. Here is a list of items to help you get your home ready for the holiday and winter season.

CHECK AND INSTALL NEW SMOKE DETECTORS

Make sure to put new batteries in all smoke detectors, and ensure they are working. If not, have them replaced.

House fires happen more often in the winter months. Make sure you are protected.

CLEAN AND INSPECT THE FIREPLACE, AND BRING IN FIREWOOD

It's going to get cold. Make sure you have the chimney inspected and cleaned before using the fireplace this year. Stock up on firewood and store it in a dry place. Make your home a warm and cozy place to stay.

DEEP CLEAN

Make sure to clean all appliances, like ovens, microwaves and refrigerators, to prepare for all the feasting. Also, Great Aunt Shirley will probably notice the dust on the baseboards. Make sure you get those too.

REPAIR OR REPLACE ROOF

The last thing you need with a house full of people is a leaky roof. Have a new roof put on or replace loose shingles. Keep those winter elements out of your home.

CLEAN AND REPAIR DOWNSPOUTS AND GUTTERS

Remove any twigs, leaves and other debris that would prevent proper drainage, and then flush with water. Consider installing a gutter guard as well.

For assistance with any of these projects, reach The Anne Arundel Home Services Company at www.annearundelhomeimprovementcompany.com or 410-589-2819.

Green Valley Hopes To Keep Family Feel



» Continued from A1

"We make all of our own crab cakes and crab balls," Rodgers said. "We have an expanded variety of fish and shrimp. As we get into next season, we will offer live and steamed crabs from our crab house that will open in April. We get most of our crabs locally, but at the start of the season, we get them from Louisiana, North Carolina, Virginia, until Maryland crabs are available, so we're able to offer crabs from the end of April to about the beginning of November."

Customers can grab a signature gourmet crab pretzel or browse the store's many chef-prepared, ready-to-eat meals and side dishes.

"We kept many of the Lauer's store-prepared salads, like the redskin potato salad and coleslaw, but we've introduced some new items, like flatbread pizza, chicken salad, seafood salad, shrimp salad and broccoli crunch to name a few, so be sure to ask for samples when you're at the deli," Rodgers said. "Our salads, fried chicken, dips, crab cakes and entrees — it's all freshly made daily. Most stores are using thaw-and-serve products for their meals to go. We're making them fresh every day."

The changes don't stop with the fresh foods. Green Valley Marketplace's Eat Right Live Well program includes a broad

selection for health-conscious shoppers, with many of the products hand-selected by an onsite holistic nutritionist. The store even offers CBD products, which have the benefits of the cannabis plant without the potential drawbacks of psychoactive compounds.

"Our Better for You products include gluten-free, organic and holistic items," said Rodgers, who also emphasized the value of Green Valley's own brands including Essential Everyday; Culinary Circle, which offers restaurant-inspired food; and Wild Harvest, which is Green Valley's brand of organic and natural products.

Shoppers will also find local brands including Wockenfuss Candies, Michele's Granola, Zeke's Coffee and Rise Up Coffee. The staff intends to have plenty of samples for people to try.

"There are a lot of great local items and companies we carry, from fresh-picked apples from Baugher's Farm to Zeke's locally roasted premium coffee," Rodgers said. "They're Maryland companies that do a great job. These products are marked throughout the store, so if customers see a crab on a product, that denotes it's from Maryland."

That commitment to the local area goes beyond products, Rodgers explained. Green

Valley Marketplace participated in the Pasadena Business Association's Caring & Sharing parade, as Lauer's did for so many years. More than 100 kids attended the store's Halloween costume contest, which also treated youth to a moon bounce, gift bags and a best costume award. Once spring arrives, Green Valley will hold other events: community yard sales, crab sales in the parking lot, farmers markets and other events where Green Valley will donate a portion of the proceeds to local organizations.

"It's a way to give back since we don't have a million dollars like some of our corporate competitors," Rodgers said.

Altogether, Rodgers expects most of the changes to come within the store's first three months in business. He reiterated that B. Green wants to build on the Lauer's legacy, not forget it, a goal that will be accomplished by making customer service the priority.

"We have four stores — Arnold, Elkridge, Timonium and now Pasadena — which have the same name, but we have some different things in each store because we listen to what the customers want," Rodgers said. "That's the relationship we have, and we listen to what they want. Our employees know the customers' names and they know our names."

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HOLIDAY GIFTS & EVENTS

COMING NOVEMBER 22

The Pasadena Voice will publish its annual Holiday Gifts & Events Guide on November 22. This special edition will be filled with information on holiday events, shopping, local traditions, gift ideas, Santa appearances and more.

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Adams Leads Eastern



"As the captain here at eastern, that's what I want to instill in these young officers," he said. "I try to instill in them to make contact with the community, especially if you work the same area."

"You should know the people in your post — good and bad

» **Continued from A1** back home," Adams said. "I really like it here, it's a great place."

Adams worked at Fort Meade briefly before applying to become a police officer. Baltimore City accepted him, and he worked more than four years there, and then transferred to the Anne Arundel County Police Department. His transition to Anne Arundel County was actually his first homecoming as an officer. As a patrolman in the Eastern District in the '90s, he covered familiar ground in Pasadena, Severna Park, Arnold and Cape St. Claire.

"I knew all of that area growing up, and it was great to be a police officer there," explained Adams. "I was glad to come back to where I grew up. You take a little pride when you work in an area that you grew up in."

Whether it was city streets or county patrols, Adams honed his craft following a simple principle, the Golden Rule.

"The way I was raised is to always treat someone the way you want to be treated," he said. "I went from the inner city in Baltimore to Severna Park, but I treat people fairly and that's just the way I am as a person, and that's how I carry myself as a policeman. I've taken that through my whole police career, and I've been pretty successful with it."

In July, Adams came back to the Eastern District, which includes Pasadena, Severna Park, Arnold and parts of Glenn Burnie - now as the commanding officer.

"As a captain, they put you where they need you," he explained. "I worked in the chief's office as a captain; went to northern as a captain; then they asked me to come back to eastern, and I was very happy to come back. It's like coming home again."

Adams is now charged with leading a large, diverse team that provides everything from patrols to specialized units. His focus is being in touch and active with the community, a priority he imparts while coaching and mentoring the four platoons of officers, who serve throughout the district 24 hours a day and 365 days a year.

— and it's important to get out, and take time to talk to people and get to know them. People feel that trust if you're interacting with them regularly. If you just drive by in the car — the fishbowl as I call it — they don't typically have a positive idea of us."

The goal is to create opportunities to have positive and personal interactions with the people they serve.

"It's easy to think, 'Oh there goes the police; the only time I see them is when they stop me for a ticket or tell me why I'm wrong,'" Adams said. "I'm trying to [develop] a relationship with the community. We know not everyone likes the police, but if you see them in situations where there's no tension or a hectic situation, they may realize that, 'Oh hey, that guy or gal is OK.'"

Adams also encourages members of the community to be actively involved. The second Wednesday of the month, the Eastern District hosts the Police Community Relations Council (PCRC).

"We can tell the community what's going on in the district. If they have concerns they can bring them up to us directly," said Adams. "I'd love to see more people coming to those meetings."

If residents have concerns for their communities, would like to see more police presence, or would like an officer to speak at a community meeting, Adams wants people to know that all they have to do is reach out.

The area will also see an increased presence when holiday patrols start in late November and throughout December, when shopping centers will have extra officers. Adams is quick to point out that the police are not out to lock people up or chase people around. They're out and active to provide a positive presence in the communities that they serve.

"For Eastern [District], my goal — and I've only been here a couple of months - is to really push community interaction," he reiterated. "We're a part of the community. I want our officers to reach out and be part of the community; don't just say you're part of the community and ride by."



Advocates Team With Scientists To Test Lake Waterford

By **Chris Fincham**
chris@severnaparkvoice.com

Members of the Magothy River Association collaborated with the University of Maryland scientists in late October to collect sediment samples from locations throughout Lake Waterford.

Magothy River Association President Paul Spadaro coordinated with Jeremy Testa, an associate professor at the University of Maryland Center for Environmental Science at the Chesapeake Biological Laboratory in Solomons, for the collection and testing assistance.

"Paul got in touch because I'm an estuarine scientist that does a lot of work in the Chesapeake Bay and spend a lot of my time trying to understand what happens in the sediments that underlie the tidal waters," said Testa, while rinsing off his muddied gear.

"We focus on the sediments because they can be kind of a reservoir for the nutrients that come in from land," Testa explained. "I think Paul and others' hypothesis is that the sediments here are really rich. There's an impoundment here, so material that comes from the land ends up here and sinks down and just gets trapped here."



Photos by Chris Fincham

Paul Spadaro, the Magothy River Association president, and Jeremy Testa, an associate professor at the University of Maryland Center for Environmental Science at the Chesapeake Biological Laboratory, pulled samples of sediment from the bottom of Lake Waterford on October 29.

Which would contribute to things like low oxygen levels in the water and the proliferation of algae blooms, as Lake Waterford has experienced recently. This testing will provide solid data and help provide a clearer picture of what is going on within the lake.

"We're doing a very limited amount of sampling just to try to get some preliminary numbers on what those nutrient contents are like and then compare them to sediments in other parts of the bay and in other reservoirs and impoundments," Testa said.

On a perfect fall afternoon, the team dropped two metal row boats into Lake Waterford and collected samples from 12 locations around the lake using a unique tool Testa aptly refers to as a "pull core." The long steel pole is designed to reach the bottom of waterways to pull cores of sediment for collection and testing.

"The machinist at CBL built this for us," explained Testa. Holding a thick, heavy-duty plastic cylinder, he continued, "These go on the end and we literally push it into the sediment, and we have a system

here that sets a vacuum so it holds the water and the sediment in this core. We can pull it up to the surface; cap it with one of these rubber stoppers; detach this from the core; and then we take a sample of the top layer of the sediment."

From here, the sample will be taken to an analytical services laboratory, which will perform technical analysis that involves computing how much carbon, phosphorus and nitrogen are in the sediments.

"What we hope - no matter what these sediments actually show ... is that this will inspire the county to come up with a plan on how they're going to fix it or restore it," Spadaro said.

"If these sediments show that they're suspect - that would make the decision easier," Spadaro remarked. "We will talk to the county council and try to get this on the fast track."

The goal is to have results and potential recommendations sooner rather than later. From there, the information and any decisions will be up to the county leaders.

"We'll get these into the lab, and hopefully some time before the end of the year, we'll have the numbers back," Spadaro said.

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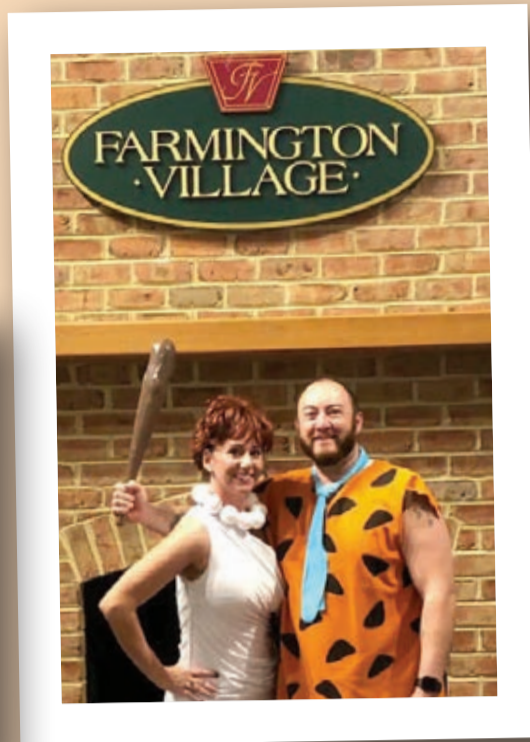
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NEIGHBORHOOD OF THE MONTH

Farmington Village

Neighborhood of the Month takes an in-depth look at the unique communities that make up Pasadena as a whole. Each has its own history, its own special amenities and its own people who are happy to call that place home. Want to share with our readers all about your neighborhood and what sets it apart from others? Email pvnews@pasadenavoice.com and let us know!



Residents of Farmington Village welcome any opportunity to interact and have fun. Halloween 2019 was no exception.



Farmington Village Feels Like Home For Many Families

By Zach Sparks

As the saying goes, it takes a village to raise a family. Residents of one Pasadena community believe they have that support network. In Farmington Village, residents rely on one another for everything. A mom needs someone to watch her son and daughter. A frantic pet owner is searching for her cat that may have scurried into someone's backyard. "We all have key codes to each other's houses," said Destiny Easton, who moved to the community 10 years ago with her husband, a military retiree, and two of their seven children. Easton and two neighbors, Bridget Welsh-Baker and Amy Charles, shared a story of a neighbor seeing someone's car hatch door open. Some people may have

seen the open door as an opportunity for theft, but in Farmington Village, the passerby closed the door and informed the neighbor. "A Russian box turtle was missing, so it was posted to Facebook, and within minutes everyone was outside," Charles said, recalling how people scoured the neighborhood until finding the turtle. Of course, their bond goes beyond kind deeds. They gather for chili cook-offs, family movie nights, community yard sales, a Fourth of July parade, and they rent the same Santa every year, so kids grow up with the same jolly fellow greeting them every Christmas. One year, they had a family friendly, '80s-themed New Year's party and danced the night away. That sense of community pride isn't limited to one side of the neighborhood. Farmington

Village has about 450 homes, a mix of single-family houses and townhomes. The former site of Schramm's Turkey Farm, the land was developed by Koch Homes in 1993. Neighborhoods kids attend Solley Elementary and George Fox Middle School. A community full of teachers, police officers and former members of the military, Farmington Village feels safe, residents say. "I always read about kids not going outside anymore because it's not safe, but they do here," said Diane Newburg, who has lived in the community for 17 years. "They're always riding their bikes and running around the neighborhood, and you don't see that as much as you used to." Mark Delmege moved to Farmington Village last spring to be near his parents. The neigh-

borhood has "far exceeded" his expectations. "The community is excellent for running and I run several miles, five days a week," Delmege said. "The pool is beautiful and well maintained. All neighbors I have met have been extremely friendly and welcoming to the community." Welsh-Baker moved with her husband to Farmington Village in July 2018. It didn't take long before she was on the homeowners association board, trying to get involved in every aspect of the community. "I first looked in Annapolis and Severna Park, but I love it here," she said. "It's only a kiss away from Severna Park. It's a mature community, the pool is beautiful, and there is not a lot of turnover." Charles came with her husband and two kids four years ago.

"We came from Vegas," Charles said. "We did our research to find the best schools, the best area. This is where we ended up." Easton feels fortunate to have found Farmington Village, and that's a sentiment shared by many of her neighbors. "We watch out for each other," she said. "We're a close-knit family." Easton is one of many neighbors who gather on the second Thursday of every month to play Bunco, a tradition started 16 years ago. Whether she's in a friend's kitchen, or taking a stroll through her community, she feels at ease when she's in Farmington Village. "It's so nice and neat," Easton said. "People want their yards to look nice and they take care of their homes. When I enter the neighborhood, it feels like home."



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Changes To The Critical Area Map Will Affect Homeowners

» **Continued from A1** that govern all development and land-disturbing activities in the area — whether a homeowner is clearing trees, removing vegetation, or building a shed or pool. The critical area doesn't physically alter a person's property; it's a line on a map. The changes come as a result of a state law passed in 2008. House Bill 1253 was enacted in 2008 to update the critical area boundaries, which had not been updated since being established in the 1980s using 1972 paper

maps. The legislation directed the Department of Natural Resources to prepare a statewide base map that includes a state-determined shoreline and landward boundary of tidal wetlands and a digitally-generated, geo-referenced 1,000-foot critical area boundary. So why is this happening now if the law was passed in 2008? Kate Charbonneau, Critical Area Commission executive director, said two pilot counties were selected and it took "quite some time" because the process is

data-intense. "We selected pilot counties: Talbot, which has a lot of rural areas, and Baltimore County, which has a lot more development," Charbonneau said. "We created a map and had to determine how we design shorelines around piers and open water. All these things came about." The Critical Area Commission started by taking historic shoreline and wetland data and comparing it to current aerial imagery, color-infrared imagery (CIR), light detecting and ranging (LIDAR)

data, and topographic maps. Limited site visits were performed to verify on-the-ground conditions where tree cover restricted the view of the shoreline or where an analysis of the imagery did not allow for a clear determination. Once maps for Talbot and Baltimore counties were complete, the commission began its county-by-county review. The first set of working draft maps have been prepared for Anne Arundel County, and public reviews were held at four locations

including Riviera Beach Volunteer Fire Company in Pasadena on October 15 and Magothy River Middle School in Arnold on October 16. Homeowners learned that existing structures and other items on their property are grandfathered and do not have to be removed. Anyone who applies for a building permit in the future will be subject to the state-mandated law for the portion of their property in the critical area. The changes will not affect flood insurance rates or property taxes.

Department of Natural Resources officials say the resulting critical area maps will provide a uniform, consistent, and seamless product that can be easily updated and accessed by the public. To see an online mapping tool, visit www.webmaps.esrgc.org/cbca/desktop/map. Anyone with additional questions can call the Critical Area Commission at 410-260-3460. "When you get a letter from government, it can be confusing, so we're always willing to answer questions," Charbonneau said.

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Our Secret Weapon Is You

Steuart Pittman
County Executive



We're closing in on the end of year one, and we've made good progress. Our first budget passed largely intact with long-overdue investments in education, public safety, and the environment, and we did it while keeping our taxes in the bottom quarter of Maryland counties. We finally confronted our affordable housing crisis, with a workforce housing and a fair housing bill. We ended the divisive 287(g) immigrant screening program, and we let developers know that land use decisions will be made not based on who you know and whose campaign you fund, but on consistent enforcement of our county code. And, we are on the verge of a transition from being the state's leader in development-driven forest removal, to the leader in forest conservation. Lots of other work has been done and much is in progress, but an important question to ponder

is, what's working? Why have we been able to move the needle on issues that have been challenging our county for decades? Our No. 1 asset is great staff. Nothing moves forward without talented, hardworking people who share a vision. We also came in at the right time, with the right message. People are fed up with traffic and overcrowded schools, and they are ready to do something about it. They want local government to step up and do its job. I can't leave out the legislative body that actually passes the bills. We have a smart and hardworking county council that gets the job done. But there is something else happening, and I think it's what really counts. We are engaging people in what we are doing. I've spent most of my adult life working to empower people through organizing — from my community organizing days in Chicago and Des Moines, to my work on behalf of farmers, to my efforts to secure the futures of ex-racehorses. Every success came from the power

wielded by large groups of people coming together with a shared goal. As I look back on my first year as county executive, I am realizing that old habits linger. Every major success has been backed up by engaged residents. People came out in huge numbers to advocate for smart investments at our seven budget town halls, and again at county council hearings. We also held two town halls on 287(g); a town hall on land-use planning; a town hall to introduce our new planning officer; a town hall to introduce our health officer and health and human services deputy CAO; a North County public safety town hall; a forest conservation town hall; and most recently, a town hall on the redevelopment of Laurel Park. When we weren't organizing town halls, we were engaging residents through new and rejuvenated task forces and commissions. We created a community-based citizens advisory commission for land use; a citizens environmental commission; a gun violence prevention task force; a mental health task force with the Board

of Education, a stakeholder group to close the student achievement gap; and a newly-empowered human relations commission. Where residents are already organized around issues, we meet with them, listen to them, and encourage them. It was the 500-person rally organized by Anne Arundel Connecting Together (ACT) that provided the springboard to success for our housing initiatives. It's a lot of work to govern this way. My staff spends a lot of evenings at community meetings, and so do I. But it's the only way I'm comfortable operating in this job, and it seems to be working. Therefore, I'll repeat what I said in my inaugural address: If you want a voice in this government, you don't get it by who you know, or how much money is in your bank account. You get it by building community ... my advice is to organize. Find others with the same concerns. Bring them together and speak up. That's how you create community and that's how you get heard. So I'll see you at the next meeting!

Repairing The Bay Bridge

Nic Kipke
Delegate
District 31B



The re-decking project on the westbound span of the Chesapeake Bay Bridge has been a source of frustration for many in our area. Those who travel the bridge and those who live in the areas close to the bridge have suffered the seemingly endless traffic that not only chokes Route 50, but also clogs the side roads into communities. This project, while incredibly inconvenient, is vitally important for the safety of everyone who travels the bridge. The right lane of the westbound span is in serious need of repair. In most of the lane, half of the area is patched and deteriorated. In one area in particular, 75% of the lane is patched and deteriorated. This is not work that can be delayed. While delaying this project is not an option, Governor Larry Hogan has announced additional steps the state will take to expedite the project and mitigate the traffic backups. The state can and will do a better job in working with local governments, communicating with the public, and doing everything possible to miti-

gate traffic. The governor announced that the Department of Transportation will make every effort to expedite the project, and crews will work 24 hours a day. In addition, the Maryland Transit Authority will eliminate the toll booths and move to all-electronic tolling on the bridge as soon as possible. Furthermore, the Department of Transportation, State Highway Administration, and the Maryland State Police will assist in improving the flow and direction of traffic. Finally, administration officials will redouble efforts to seek input from local leaders and residents, and traffic engineers will work with Queen Anne's and Anne Arundel County leaders to negotiate a solution and find a balanced approach to westbound and eastbound traffic approaching the bridge. I appreciate the Hogan administration's efforts to identify and address the problems with this project and move forward with equitable solutions that allow this important project to continue. If you plan on traveling over the Bay Bridge, you can always check traffic conditions with the live traffic cameras by visiting www.chart.maryland.gov/trafficcmeras.

Positive Chesapeake Bay News

Bryan Simonaire
Senator
District 31



For those who want to see the Chesapeake Bay and its tributaries cleaner, there is positive news coming out of Annapolis this year. There was legislation this past session that proposed to establish a permanent dedicated network of five oyster sanctuaries for large-scale restoration and improvement of our waterways. Of course, it was not without opposition. Despite the opposition, much of it coming from my party, I supported the legislation. In fact, I cosponsored the legislation. Again, to me, it is not about one party or the other, but the subject matter before me. As your representative, I am your

“Through the efforts of the state, we are seeing a positive trajectory for the cleanliness of the bay. However, we have a long way to go.”

voice in Annapolis. Our district is nearly surrounded by water with the Chesapeake Bay, Patapsco River and Magothy River encapsulating it. Most people I talk to want clean waterways, so I supported the legislation, as I believe it was the right and balanced course of action. We need to proactively work to restore our bay. The current level of oyster population is somewhere between 1% and 2% of its historic highs. We cannot continue down the same discouraging path and expect different results. The proposed permanent oyster sanctuary areas

would prohibit a person or business from catching or removing oysters from the five designated areas. Currently, about 24% of fishable bottom is dedicated to oyster sanctuaries, but they are not permanent. This legislation makes five of those sanctuaries permanent from harvesting. The five identified tributaries include the Little Choptank River, the Tred Avon River, the St. Mary's River, the Manokin River, and Harris Creek. These locations were based upon their ability to have the oysters survive the elements and provide the greatest restoration. I serve on the Senate committee that deals with our waterways. It is exciting to see the work being done in oyster restoration in Maryland.

I recently toured the Horn Point facility on the Eastern Shore, which is doing amazing work to provide oyster spat to be deposited in Maryland's oyster sanctuaries. They are producing quality outputs through their scientific approach. Through the efforts of the state, we are seeing a positive trajectory for the cleanliness of the bay. However, we have a long way to go. Passing this legislation would be a significant step in the right direction. I am happy to say that the bill did pass and is now law. Hopefully with this action and other efforts, we will continue to see the quality of our waterways improve. If I can be of any assistance or if you have any comments on this subject, please contact me at Bryan.Simonaire@senate.state.md.us or call my office at 410-841-3658.

Sheriff's Office Continues To Evolve

Jim Fredericks
County Sheriff



Ten months into my term as sheriff, I am very happy with progress made in the sheriff's office, and we continue to move the agency forward toward even greater success. Over several months, I've requested and reviewed multiple assessments of strengths, weaknesses and capabilities within the sheriff's office. At the end of October,

the agency underwent a reorganization of field operations, which handles processing of warrants, domestic violence orders, civil process, and child support enforcement. Primarily, this reorganization concentrates the greatest number of deputies during peak times to maximize our ability to efficiently serve court orders, periodically increase courthouse staffing for critical trials, such as the Capital Gazette shooting case, and to serve a greater number of warrants every month. The reorganization certainly gets the

agency, and citizens, more for their tax dollars. In addition to restructuring, I plan to expand the canine capabilities of the agency to further protect our deputies and citizens. Through social media, many of you have already met our new dog, Bodi, who was recently acquired from the Rockville Police Department. In October, the Nam Knights Motorcycle Club, an organization dedicated to providing canines to wounded veterans and first responders, made a sizable donation to the Community Foundation of Anne Arundel County to provide a grant for another canine member of the sheriff's office. This will allow us to reach our goal to have three canine teams working with deputies in the field, and three canine teams protecting the citizens and employees of the Circuit Court. During November, the sheriff's office will have a number of promotions and an annual award ceremony to recognize outstanding achievement by the dedicated men and women of the agency. We can achieve even more if I can successfully obtain new positions in the next

budget cycle. Thankfully, the sheriff's office added two new deputy positions in the recent budget process, but fell short of the number needed. Your sheriff's office is one of only a few agencies that operates at near full staffing. Expanding our numbers is necessary for growth, citizen engagement, and the overall safety of our communities. If you have not seen "On the Lookout with Sheriff Jim Fredericks," the local cable television show highlighting wanted persons throughout the county, check your cable listings to find the Anne Arundel County government channels. The show features dozens of persons wanted for criminal, traffic and child support offenses. Many people have called the tip line to help deputies find subjects seen on the show. If you know the whereabouts of a person with a warrant, you can leave an anonymous tip at 410-566-5688 or 410-LOOKOUT. Please continue to follow us on social media, through our website, and of course, through articles like this one.

Shuck Responsibly – More Oysters, Less Taxes And A Better Bay!

Peter Franchot
Comptroller of
Maryland



While Swedish teenage climate activist Greta Thunberg inspires youth from around the world to solve the environmental crisis, right here in Severna Park, we can do our part to restore clean water just by eating oysters! Well, more accurately, by recycling the oyster shells. Once the Chesapeake's most plentiful fishery, the oyster population has been shellacked by overharvesting, disease and degraded water-quality conditions. Oysters have been overharvested, resulting in dreadful water quality grades and a suffering economy. Captain John Smith, the first English explorer to sail the Chesapeake Bay, experienced great difficulty navigating as he noted the oysters laid "thick as stones." Today, the opposite is true, and, as the Shell Recycling Alliance suggests, it is our duty to shuck responsibly. In 1980, the total dockside value of the Chesapeake oyster harvest was \$29.3 million; in 2001, it was \$4.3 million — more than an 85% decline. Maryland has a history steeped in boating, swimming and fishing with a responsibility to restore not only the environment but also the economy that depends upon it. Small Maryland businesses are doing their part. In Pasadena, Bahama Mike's, Mike's Crab House North, Mutiny Pirate Bar and Island Grille, Twain's Tavern and others participate in the Oyster Recovery Partnership through shell recycling.

Just up the road in Severna Park, Brian Boru Irish Restaurant and Cafe Mezzanotte participate in oyster recovery efforts. Many more delicious eateries from Millersville to Annapolis partner in this critical recycling alliance as well. Visit www.oysterrecovery.org to see all the locations doing their part to bolster oyster restoration efforts. The shells collected from these partners are sent to an environmental research lab and oyster hatchery on Maryland's Eastern Shore, where they are cured, power-washed, and put to work as settling material for the billions of oyster larvae that are planted to replenish reefs in the Chesapeake Bay and its tributaries. Just one adult oyster can filter as much as 50 gallons of water a day. This is vital component to ensuring a cleaner, safer bay. The Office of the Comptroller is committed to doing what we can to help restore the oyster population. Maryland's Oyster Shell Recycling Tax Credit allows an individual or corporation to claim an income tax credit of \$5 per bushel of recycled oyster shells, for a credit up to \$1,500. To claim the credit, you must receive certification from the Maryland Department of Natural Resources. By simply collecting the shells and returning them to a designated site, you could help grow more oysters, pay less taxes, and promote a better bay! To learn more about the Oyster Shell Recycling Tax Credit, visit www.marylandtaxes.gov. Oyster season is now underway — enjoy shucking responsibly while supporting our wonderful, locally-owned restaurants!

Got An Opinion? Share It With Us!

We want to hear your thoughts regarding what's happening in the neighborhood. Is there a current issue at hand that you feel strongly about? We know our readers are passionate about their neighborhoods, schools, community and so much more — and the Voice would love for you to tell us about it. Letters to the Edi-

tor can be emailed to pvnews@pasadenavoice.com and may be edited for space, clarity, grammar, spelling, etc. We encourage you to express yourself, but please be brief — letters should be limited to 250 words, though we do on occasion run longer letters. We look forward to hearing from you!

HEALTH & FITNESS

Senior Pet Wellness Care

Elizabeth Hepner, DVM
Associate Veterinarian
VCA Calvert
Veterinary
Center



Has your furry friend been around the block a few times? Our pets age much more quickly than we do, so after the age of 7, they are considered geriatric or seniors.

Since they age much more quickly, we recommend wellness exams every six months to ensure they are healthy. While this may sound frequent, it is the equivalent of a human visiting the doctor every two to three years.

When you bring your senior pet for an appointment, your veterinarian will do a thorough physical exam to find any abnormalities that need to be addressed. Even if your pet appears healthy on the outside, we recommend routine wellness testing such as bloodwork, urinalysis, and parasite screening to detect early or hidden disease. This lab work can also be used to monitor pets with chronic health conditions. Dogs and cats are good at masking illness, so diseases may

be present even in animals that appear healthy. Early detection of disease allows your veterinarian to take steps to correct or manage the problem before permanent damage is done.

We recommend a complete blood count (CBC), chemistry, urinalysis and thyroid level every six months along with a heartworm and tick-borne disease screening for dogs and a heartworm and feline viral test for cats annually. A CBC measures the numbers, size and appearance of different cell types in blood including red blood cells, which carry oxygen; white blood cells that fight infection; and platelets, which are responsible for forming clots. A chemistry gives us information on different enzymes released by the liver, pancreas, kidneys and muscles, as well as electrolyte and blood sugar levels. A urinalysis measures how well the kidneys can concentrate urine, filter out toxins, and can identify



inflammation and infection in the urinary tract. It can also be useful to screen for diabetes.

Chronic kidney disease is one of the more common diseases of elderly cats and can be managed best with early detection. A thyroid level is used to monitor the activity of the thyroid, which controls metabolic rate in the body. Older dogs are prone to an underactive thyroid while older cats are prone to an overactive thyroid. Both conditions can have impacts on other body systems and can be man-

aged successfully with medication. Feline viral testing and canine tick-borne disease are important diseases to screen for as the outward signs are often subtle, but these diseases can impact many aspects of your pet's health.

Wellness screening and lab work are simple and effective ways to keep your senior pets healthy longer. Early detection of disease allows for more effective prevention and management to allow your pets a longer happier life with your family.

The veterinarians of VCA Calvert Veterinary Center have over 35 years of combined experience helping pets stay healthy and happy. Call today for an appointment at 410-360-PAWS (7297) or schedule online from www.vaccalvertvet.com. VCA Calvert Veterinary Center is conveniently located at 4100 Mountain Road and has been proudly serving the Pasadena community for over 15 years.

Tech Talk With Dr. Cranska

Jeffrey Cranska
Family Laser
Dentistry



during this time.

Q: What is a crown?

A: A dental crown is a restoration that completely caps and covers a tooth. Crowns are used to improve the form, function, strength and appearance of a damaged tooth or to cover a dental implant. Crowns originally were made of all gold. Technology in the 1960s and 1970s gave us porcelain-covered gold crowns and all porcelain crowns. These crowns improved cosmetics, but porcelain is not as durable as a natural tooth or solid metal.

Twenty-first century CAD/CAM (3D printer) technology has developed a chip-proof, solid, all-ceramic crown. Computers are utilized to design and mill these restorations from a solid block of ceramic. These meet the dentist's requirements for fit and high-strength, and your desire of being tooth colored. There is no metal sensitivity or allergies with these ceramics.

Q: How can I have a broken tooth repaired to look like my original tooth?

A: A dentist will examine the tooth to determine the best treatment for the patient, evaluate the benefits versus the risk, and determine what treatments are necessary. Fillings are designed to go inside a tooth. Worn, broken and cracked teeth — and weakened teeth with large restorations with excessive decay — may not leave enough healthy tooth structure to support a replacement filling. Root-canal teeth need crown coverage to protect against tooth breakage. Ceramic crowns are used as needed to restore the tooth back to its original size and shape so it can work like the original tooth structure.

Q: How long will the tooth restored with a crown last?

A: With a minuscule fracture rate, zirconia crowns covering the tooth should last for many, many years. Proper maintenance is important to prevent decay around the crown. Like any tooth, the tissue around it can get gum disease.

Dental crowns are one of many choices in restoring your teeth back to proper function. The decision about how to restore teeth is determined between the patient and dentist.

Lung Screening And Early Detection Saves Lives

In honor of Lung Cancer Awareness Month, thoracic surgeon Dr. Galen Ohnmacht talked about a lifesaving lung cancer screening program at the Tate Cancer Center at University of Maryland Baltimore Washington Medical Center. He also talked about some of the common myths associated with lung cancer.

Q: Can non-smokers get lung cancer?

A: Yes, that's absolutely true. There are risk factors other than smoking. One is radon exposure, which is an issue in northern Anne Arundel County especially. Also, second-hand smoke is a risk factor for non-smokers. But we do screening on people who are smokers, because the people who are smokers are the highest risk group. You want to screen high-risk people, and we have some things that define smokers who are at the highest risk; people who have smoked what are called 30-pack years. Basically, a pack year is the number of years smoked times the number of packs per day. Someone who smokes for 30 years,



Dr. Galen Ohnmacht

one pack a day, that's 30 pack years. Someone who smokes 15 years for two packs a day, that's also 30 pack years. However you do the math to get the 30 pack years, those are the people we're interested in screening.

We also are looking for people over the age 55 and those people who have quit less than 15 years ago. So those three criteria we look for are pack years, age and then quit date.

Q: If there are no warning signs or symptoms, that doesn't necessarily mean that nothing is wrong, correct?

A: Lung cancer is particularly insidious. There is no way for the body to know that there is a lung cancer growing in the chest until it's fairly advanced, in many cases. By the time you feel pain, or you're coughing



A non-invasive CT scan allows doctors to see inside the chest.

up blood, sometimes the cancer is advanced. That's why screening is important, because you can't see or feel your lungs. It's not like skin cancer where you look at your skin and go, "Oh, there's something there. I should see a doctor." With lung cancer, we can't see or feel it, so it's important to get screened, especially for those people who are at high risk.

Q: Screening is fairly non-invasive?

A: I would say it's completely non-invasive. It involves a reduced dose or low dose. Some people have different things they

call a CT scan, but it's a reduced-dose screening CT scan, so it's not even the same radiation as a regular CT scan, but it does enable us to see inside the chest and screen for things so we can see what's going on.

Q: How often do the tests find cancer?

A: Major studies funded by the government — that were really well done in my opinion — have shown a 20% overall reduction in mortality [due to] screenings. And not everything we find is a lung cancer. So we find things that are not lung cancer. They can be benign nodules. That's

why it's important to have cancer screening program, so you can work with your health care provider to find out what needs follow-up and what doesn't.

Q: Is there anything else our readers should know?

A: Smoking cessation is really the key to this. You can reduce your risk by just stopping smoking or by never smoking at all. Anne Arundel has programs to help people with smoking cessation, like group programs. Anyone who is smoking should talk with their provider about strategies to stop smoking. It is critically, critically important, and every single institution that promotes or discusses lung cancer screening is also talking about smoking cessation, because the two go hand in hand.

We're saving lives with this stuff, and it's, in my opinion, a breakthrough in cancer care. I think we've been able to help a lot of people.

To schedule a screening appointment at the UM BWMC Tate Cancer Center in Glen Burnie, call 410-553-8100.

UM BWMC November Calendar

TUESDAY, NOVEMBER 12

6:00-7:30pm: Stroke Support Group. Survivors, caregivers, and community members meet to discuss stroke recovery and prevention. For more information, call 410-787-4732. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor.)

WEDNESDAY, NOVEMBER 13

8:30am-noon: Free Blood Pressure Screenings at Harundale Presbyterian Church. No registration needed. (Eastward and Guilford Road, Glen Burnie.)
2:00-3:00pm: Lactation Support Group. Open to all breastfeeding mothers and their children. No registration needed. For more information, call 410-595-1782. (301 Hospital Drive, 3 South classroom.)
6:00-8:00pm: Bariatric and Surgical Weight Loss Management Seminar offered by the

University of Maryland Center for Weight Management and Wellness. Registration is required by calling 1-800-492-5538. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor.)

6:00-8:00pm: Opioid Overdose Response Program. Free classes help the community learn the signs and symptoms of an opiate overdose along with how to safely administer naloxone (Narcan), the FDA-approved emergency treatment nasal spray. Preregistration is required as space is limited. For more information or to register, call 410-787-4490. **Also meets Saturday, November 23, from 10:00am to 2:00pm** (BW Health Services, 7556 Teague Road, Suite 440, in Hanover).

6:30-8:00pm: Mental Health Support Group. Community members and families discuss helpful information on psychiatric issues. No registration needed. For more

information, call 410-553-8070. (Room A of the Partial Hospitalization Program (PHP), 301 Hospital Drive, second floor.)

THURSDAY, NOVEMBER 14

1:30-2:30pm: Preventing Diabetes Class. A diabetes educator discusses factors leading to diabetes and lifestyle changes to prevent diabetes and improve overall health. To register for this free class or for more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223.)

5:00pm and 7:00pm: UM BWMC offers a free CPR Anytime community class in the Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor. Learn basic CPR, AED skills and choking relief. **Adult skills class is offered at 5:30pm, followed by infant skills at 7:00pm.** Preregistration is requested

by calling 410-553-8103. **Please note the course does not provide CPR certification.**

SATURDAY, NOVEMBER 16

11:30am-3:30pm: Breast Cancer Screening Event. UM BWMC and Advanced Radiology are providing free breast cancer screenings to women. The free clinical breast exams and mammograms are for women who meet certain criteria. For more information or to register, call 410-553-8103. (Aiello Center at UM BWMC, 203 Hospital Drive.) ***While appointment times last.**

TUESDAY, NOVEMBER 19

6:30-7:30pm: Parkinson's Support Group. Open to patients with Parkinson's disease, their caregivers, family members, friends and anyone interested in learning more about the disease. Discussions include managing symptoms, maintaining an active

and high-quality life, and sharing experiences and support. Preregistration is not required. Please call 410-787-4433. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor.)

WEDNESDAY, NOVEMBER 20

5:30-6:30pm: Diabetes Support Group meets to discuss current issues regarding diabetes management. Reservations are not required. For more information, call 410-787-4940. (Center for Diabetes and Endocrinology at UM BWMC, 300 Hospital Drive, Suite 223.)

SUNDAY, NOVEMBER 24

10:00am-4:30pm: Safe Sitter. This program helps preteens ages 11 to 13 gain confidence with babysitting skills and abilities in caring for young children in emergency and non-emergency situations. Participants will learn about child care essentials, choking child/

infant rescue, preventing problem behavior, introduction to first aid and injury management. For more information, call 410-553-8103. (Dr. Constantine Padussis Conference Center, 301 Hospital Drive, third floor.)

WEDNESDAY, NOVEMBER 27

2:00-3:00pm: Lactation Support Group. Open to all breastfeeding mothers and their children. No registration needed. For more information, call 410-595-1782. (301 Hospital Drive, 3 South classroom.)

5:30-7:30pm: Stork's Nest. Incentivized prenatal education classes for expectant mothers living in Anne Arundel County. Class topics include the importance of prenatal care, what to expect during labor and delivery, breastfeeding, basic infant care, and safe sleep. Registration is required by calling 410-787-4366. Four-week session. (301 Hospital Drive, 3 South classroom.)

BUSINESS SPOTLIGHTS

Skilled, Experienced, Passionate Team Puts Frank & Bill's A Step Above

Story and Photos
by Chris Fincham
chris@severnarkvoice.com

Giving your vehicle to a body shop can be stressful. Whether you've been in an accident or just dinged your door, you want your car back quickly and as good as new. Frank and Julie Loane, owners of Frank & Bill's Auto Collision Center on Mountain Road, strive to make the experience of repairing a damaged vehicle as easy as possible, taking care of every aspect of the process with excellence in workmanship and customer service.

It takes a team of com-

passionate and knowledgeable staff in the front of the shop, and highly-skilled, trained and passionate technicians behind the scenes, to provide the level of quality that Frank & Bill's is known for.

"I think it's hard for people to understand what it really takes to get their car through the entire process, but there are so many factors that play a role in getting it done right," explained Frank.

Knowing that it's being done right is worth significant peace of mind, and when your car comes to Frank & Bill's, you can be confident that the work being done is precise and

to standard. Maintaining such a high standard requires regular training, education and certification for everyone on the team. One of those team members is Hank McClenny, a structural body technician who has been with Frank & Bill's for more than a decade. An Industry Conference on Auto Collision Repair (I-CAR) platinum level structural technician, McClenny is also Ford aluminum certified, aluminum certified, and has earned welding certifications in steel and aluminum structural repair.

"As long as I've been in the industry, they've always wanted people to do train-

ing and it's gotten more and more as the technology in cars has continued to grow," McClenny explained, before working on a rear panel of an SUV.

In high school, he was interested in working on cars and spent a couple of years in vocational-tech, which set him on a path for his career.

"I actually started learning how to paint, and then got hired in a body shop and learned how to do bodywork," he said. "Every car comes in different — no two accidents are the same — so that keeps you on your toes and keeps things interesting."

The evolution of technology and materials continues to keep him on his toes as well. Repairing steel is significantly different than working with aluminum, for example.

"It's lighter and the molecules in the metal are totally different, so the repair process is different," McClenny explained. "You use different tools - totally different — a whole separate set of tools. That way you don't cross-contaminate and mix the two together, because you can cause corrosion issues."

This type of attention to detail ensures that any structural work is sound and provides a perfect foundation for refinisher Tom Novotny and his team



Hank McClenny, a structural body technician, has been with Frank & Bill's for more than a decade.

to prep and paint. An I-CAR platinum-certified refinish technician, Novotny also began his training in vo-tech, has been with Frank & Bill's for 16 years.

"As a kid, I was getting hot-rod magazines; I was just fascinated by cars," Novotny said. "I went to vo-tech, and I went out to work in my second year. I was only 17, and by the time I was 19, I was a painter."

A PPG, AkzoNobel Sikkens, and Nexa certified technician, Novotny started out doing everything from wet sanding, buffing, taping, painting — everything but washing the car. These days, he said he sees cars and colors everywhere and can't help but think about the color-match calculations.

"You see colors driving

down the road, and we've got to try and duplicate them. Some of the colors are crazy," remarked Novotny. "There are four- and five-stage paint jobs out there, where it takes four or five different base coats to duplicate that color."

But like everything at Frank & Bill's, precision is the emphasis in every aspect of the process. Every member of the team is focused on getting things done right the first time, getting you back on the road with a car that is as good as it was the day it came off the lot.

Frank & Bill's Auto Collision Center is located at 3306 Mountain Road in Pasadena. For more information, call 410-255-DENT or visit www.frankandbills.com.



Tom Novotny, an I-CAR platinum-certified refinish technician, began his training in vo-tech and has been with Frank & Bill's for 16 years.

Massage Envy Supports Community Wellness, Self-Care

Story and Photo
by Haley Weisgerber

At Massage Envy, the staff comes to work each day to promote overall wellness and to ensure that customers feel their best.

"We stay true to our business model, which is, 'We help you take care of you,'" said Emily Herrin, general manager of Massage Envy in Glen Burnie. "We want to help people make sure everyone takes their wellness journey seriously."

Massage Envy's massages, skin care, facials, chemical exfoliators, full-body stretches, rapid tension relief, and facial waxing are sure to make anyone feel their best.

"In the fall, everyone gets back into their routine with school starting back up. It can be a stressful time, so it's important to maintain your skin care routine," said Herrin.

The fall is a common time for changing up skin care, because the cold has a tendency to dry out our faces. In fact, it is an important time for all types of wellness treatments.

"Your skin is changing because of the cold weather; your muscles get stiff; you carry a lot of stress," said Herrin. "It is so important to take a step back and take care of yourself, and who doesn't need a massage?"

All of Massage Envy's estheticians are trained and licensed to maintain



At Massage Envy, the staff comes to work each day to promote overall wellness and to ensure that customers feel their best.

customers' healthy complexion and natural glow, and facials and skin treatments are customized for

each individual. Skin care at Massage Envy focuses on hydration, health, evaluation and treatment

when customizing the experience.

Massage Envy offers trigger point therapy and several types of massages: Swedish, deep-tissue, sports, prenatal, geriatric and other specialized massages. Therapeutic needs change based on how people spend their day. Every massage is tailored to the individual.

During the holidays, massages and facials are a great way to prepare yourself, Herrin explained, and a great gift for loved ones.

On November 1, Massage Envy began offering holiday specials on gift cards, retail items, and memberships.

Members enjoy discounts on an unlimited number of treatments, one

free 60-minute massage monthly, discounts on retail and other services, and rollover treatments for any unused free sessions. Memberships are valid at over 1,150 franchised locations all over the nation.

Massage Envy has been providing the community with self-care treatments since April 2017 and Herrin looks forward to continuing to serve the area.

"There are so many different people from all over," said Herrin. "You get to meet all kinds of different people, which is great. And we all need wellness."

For more information on treatments and bookings, call 410-691-8181 or visit www.massageenvy.com.

How Veteran And Military Benefits Fit Into Your Retirement

Jason LaBarge
Managing Partner
Premier
Planning Group



Many of my clients are former military and although I've never served in uniform myself, I like to think I'm serving my country in my own small way by helping our veterans prepare for their retirement.

Most of us have heard about the pension that is associated with military service. Most of us have also heard about the benefits from Veterans Affairs hospitals. That's just the tip of the iceberg when it comes to benefits available to those who served our country. With Veterans Day right around the corner, I want to highlight the basic pension and some additional resources available to those who have served.

BASIC MILITARY PENSION

Veterans with 20 or more

years of service receive a monthly annuity pension for life based on a calculation of 2% or 2.5% per year served depending on when they joined the military and the retirement system they are in.

Some military retirees do not pay federal income taxes on their military pensions, and, in contrast to some their federal government counterparts, veterans who have retired from military service can also qualify for Social Security benefits in addition to their military pension.

VETERAN BENEFITS

As mentioned above, veterans receive benefits beyond just their pension, and veterans who did not serve the full 20 years required to receive a military pension may also be eligible for some of these benefits, including a range of health care coverage options, VA education benefits, VA-backed home loans, life insurance, Social Security, and more.

Health coverage can be a

big obstacle to pre-retirees, but it's a necessary and essential element to consider when planning for a successful retirement. It can be expensive to pay for before Medicare begins at age 65, so veterans who qualify for health benefits through the VA are a step ahead and should look into taking full advantage of this benefit.

DISABILITY BENEFITS

A few of my clients are disabled veterans and have found that navigating the military disability environment can be daunting. The numerous programs to help our disabled veterans need to be considered when creating your retirement plan.

In some cases, VA disability compensation is available for some conditions related to your military service. As stated on the U.S. government's website, "Disability compensation is for an illness or injury that happens because of, or was made worse by, your military service. It's not income-based and war ser-

vice is not required."

In contrast to the military pension given for 20-plus years of service, there is also a VA pension for low-income war veterans who may have a disability that is not service related or because of age. This pension is based on income.

Other disability benefits include aid and attendance (A&A) or housebound benefits, housing grants, and more.

VETERANS' RESOURCES

Navigating all of the resources and benefits available to veterans can be overwhelming. Luckily, some organizations can help. During a recent meeting with a client, I asked him to name a few of the organizations that he thought were important for all veterans to know about, and this is what he said:

- Veterans of Foreign Wars (VFW) is the largest and oldest war veterans service organization giving assistance to our veterans.

>> Continued on A12

Pasadena Resident Kelly Cornwell Opens Dream Vacations Franchise

Vacation Specialist Certification Received
After Completing Intensive Training Program

Kelly Cornwell recently completed an intensive training program to become a certified Dream Vacations travel agent in Pasadena.

As a result of being part of a premier home-based travel agent franchise network, Kelly Cornwell has access to great cruise and land vacation deals, and Dream Vacations' exclusive elite product and service offerings.

"I provide award-winning reputation and experience, and it is my personal mission to provide exceptional service from the planning stages to the return home," she said. "I do everything but the packing!"

To complete the certification program, Cornwell

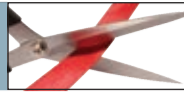
participated in in-depth training and workshops, including sales and marketing seminars; product briefings by major cruise lines; hands-on computer systems orientation introducing new agents to CruiseControl, a propri-

etary customer relationship manager, sales reporting and reservation system; and onboard ship inspections at the state-of-the-art Dream Vacations training center in Fort Lauderdale, Florida.

For more information or to book a dream vacation, call 410-437-8222 or visit www.kcornwell.dreamvacations.com. Hours of operation are Monday through Saturday, 9:00am to 8:00pm.



Ribbon Cutting



PBA Welcomes Schaner Insurance Agency



Members of the Pasadena Business Association, local lawmakers and the general public convened at 4730 Mountain Road, Suite 24, on October 24 to hold a ribbon cutting ceremony for Schaner Insurance Agency.

Love The Voice? Why Not Contribute?

The Voice is always looking to add to our group of talented community writers and photographers. If you have the skill to write a

news story, love the local community and want to be a part of it in a way you've never been before — send us an email with your resume. Be sure to

also include at least two writing samples.

We're also on the lookout for talented shutterbugs with a digital SLR to attend local events

on assignment. Send an email with some sample images or a link to images online. Email us today at pvnews@pasadenavoice.com.

How Veteran And Military Benefits Fit

» Continued from A11
(www.vfw.org)

- Military Order of the Purple Heart is a congressionally-chartered veterans organization whose members have been awarded the Purple Heart medal. They provide support to all veterans. (www.purpleheart.org)

- American Legion is a veterans service organization aimed at advocating patriotism across the U.S. (www.legion.org)

- Maryland Department of Veterans Affairs was created in 1999 and provides assistance to men and women who have served in the uniformed services of the United States. (www.veterans.maryland.gov)

One of the best parts of my job is helping those who served our country with their retirement. I take pride in what I do every day, and helping those who have served in the U.S. Armed Forces fills me with a sense of patriotism, and gratitude. As Veterans Day approaches, we proudly declare that we honor the

brave men and women who have served our great country. Thank you for protecting us and keeping our freedoms safe.

Learn more about Jason LaBarge at www.jasonlabarge.com.

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Jason LaBarge, Managing Partner at Premier Planning Group
115 West Street, Suite 400
Annapolis, MD 21401
443-837-2520

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*Consultations are no-obligation.



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Cougar JV Football
Team Rides Wild
Second-Half Play To
Defeat Northeast 15-6
» Page B3



PASADENA SPORTS

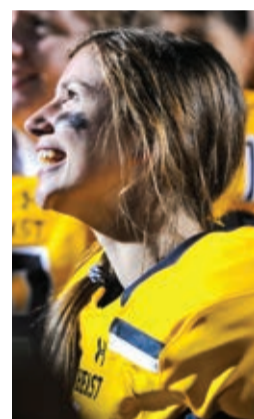
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PASADENA, MD

NOVEMBER 6, 2019

B1

Northeast Edges Chesapeake 9-7 In Dena Bowl XLIII



Photos by Colin Murphy

Northeast's Myles Macon (above) rushed for 204 yards in the Eagles' win, while playmaking by both teams provided highlights throughout Dena Bowl XLIII.

By Colin Murphy
@c.murphy.photo

There are special moments that decide games, shape seasons and become part of rivalry legend.

The 2019 Dena Bowl gave Pasadena one of those moments to remember.

Kayla Alexander's 26-yard field goal in the fourth quarter on November 1 propelled Northeast to a 9-7 win over Chesapeake in 43rd edition of the rivalry, which came as both the Eagles and Cougars were in a fight for playoff positioning in

the 3A South.

The Eagles (4-5) received a monster rushing night from Myles Macon, who carried 25 times for 204 yards, and an early touchdown from Cody Edmondson to set Northeast up for the rivalry win.

In many ways, the game was a battle to see which team could minimize mistakes and capitalize on its opponents' errors, but the ugly football didn't change the appreciation for the win for Northeast coach Brian Baublitz.

"This game, if we would've won 1-0, it would have been

pretty to me," said Baublitz. "There was some ugly football. We've had an ugly year this year as far as our football has not been up to our standard. But the kids came out, they persevered through a lot. We were down five starters tonight, our quarterback, two wings, and I'm not making excuses, I'm just saying these kids persevered and believed in the next-man-up philosophy. I just couldn't be more proud of them."

It took overcoming early-game miscues for the Eagles to come out victorious. Starting with possession,

Chesapeake fumbled after a completed pass to give the ball away on the game's first drive.

Macon was the one who recovered the fumble. He made a nice run to get Northeast into the red zone moments later but coughed the ball up on his ensuing rush to the goal line. Chesapeake regained possession with no damage done.

The next turnover was forced, as Northeast cornerback Connor McGregor jumped the passing route of Chesapeake quarterback Nathan

Rosado, leaping to snare Rosado's pass for an interception. McGregor returned the pick inside the 10-yard line, and Edmondson bruised through tacklers at the goal line for a 7-yard touchdown. Alexander's extra-point attempt was blocked, and Northeast led 6-0 late in the first quarter.

Chesapeake's Zach Baumann blocked a Northeast punt attempt in the second quarter, but the Cougars couldn't turn it into points. Northeast had a chance to go ahead by two scores as the half wound down, but Alexander pushed

a 35-yard field goal attempt wide, and Northeast held a tenuous 6-0 lead at half.

Victor Listorti got Chesapeake's running game going in the second half, but still the Cougars couldn't get on the scoreboard in the third quarter. Logan Peapos gave his Cougars an opportunity with a recovered fumble near midfield, and a pair of strong runs by Listorti got Chesapeake into Northeast territory as the fourth quarter began. A 20-yard run by Kyle Lane put the Cougars at the 1-yard line, where Devin Forrester took

» Continued on B6

CHS Cheer Captures 18th County Crown

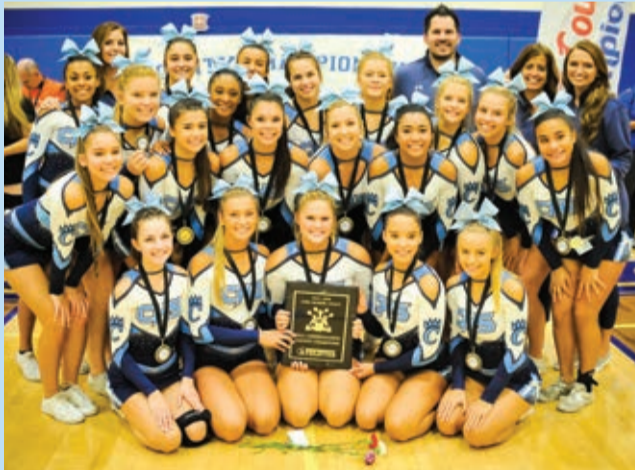


Photo by Colin Murphy

Chesapeake's cheerleaders wowed the crowd and took first place at the county championships on October 23.

By Colin Murphy
@c.murphy.photo

More than any other program in the county and state, the consistently excellent Chesapeake cheerleading team has forced the competition to raise their level if they want any chance to compete against the Cougars.

The rest of the county is inching closer to Chesapeake, but they're not there yet.

In one of the most stacked Anne Arundel fields in recent memory and perhaps ever, the Cougars outperformed everyone to win their 18th county championship at Severna Park High School on October 23.

Chesapeake's routine earned a score of 128.1 out of 130, the highest score by any team in the state this season. The Cougars, whose 18 titles began with the fall county

championship in 2008, have won three straight fall county championships and six straight county championships including winter seasons dating back to the 2016-2017 winter season.

Head coach Lisa Elliott said this year's field made the Cougars sweat.

"I'm telling you, this one was scary. There was so much talent in this room tonight," Elliott said. "As a coaching staff we literally had no idea how this one was going to go. We were convinced that we would probably be second or third."

Second and third came to Arundel (125.85) and South River (123.95) respectively, while Glen Burnie (122.7) and Northeast (120.7) took fourth and fifth.

With a sold-out crowd of over 1,500 in attendance for one of the county's most electric (yet somehow still under-the-radar and

» Continued on B4

Cougar Girls Beat Rockville, Extend Playoff Run To 3A Final Four



Photos by Colin Murphy

Left: Sammy Leo leaped for a header in front of goal in the first half of Chesapeake's 1-0 win over Rockville on November 2. Center: Amy Dolan (16) embraced Leia Black after Dolan's 76th-minute goal pushed the Cougars into the state semifinals. Right: Freshman Ella Shannon is part of a dynamic, potent and deep Chesapeake attacking corps.

By Colin Murphy
@c.murphy.photo

All season long, Amy Dolan has been the player called on to take penalty kicks for the Chesapeake girls soccer team.

When the moment came for her to step to the spot against Rockville on November 2, with her Cougars locked in a 0-0 playoff battle and overtime looming just minutes away, Dolan knew she had to finish her chance.

"It was our last home game no matter what," Dolan said, "and we just wanted to go out in a really good way."

Dolan's perfectly placed goal was the game-winner in Chesapeake's 1-0 victory and the decisive act that

punched Chesapeake's ticket to the final four of the state's 3A tournament.

Dolan's kick carried with it the shared pursuits of players who will continue their bond for at least another week, into the state semifinals on November 9.

"It's us wanting to play for each other," said Dolan, a junior captain. Chesapeake had duly earned its way to the point where a trip to the final four was at stake. Playoff wins over Stephen Decatur (3-0) and J.M. Bennett (3-1) in the final two weeks of October preceded the Cougars' 6-2 win over Northeast in the 3A South Region II final on October 29, which vaulted the Cougars into the state's eight-team tournament and gave them the region

championship that has eluded them in past seasons.

Enter Rockville, which traveled to play the No. 1 seed Cougars at Cecil Rhodes Stadium.

Girls from Pasadena Soccer Club youth teams clamored for rights to be ball runners for the game and to witness their Cougar counterparts take the program as deep into the postseason as ever before.

The visiting Rams may as well have parked their team's bus in front of the goal. They kept five players in the back line throughout the game in a concerted attempt to contain Chesapeake's five-headed scoring monster of Leia Black, Ashley Chew, Brooke Hurst, Sammy Leo and Ella Shannon.

The plan worked,

but only in the form of continuous last-gasp saves and clearances as the Cougars brought steady pressure throughout the game, forcing the ball into their attacking zone and holding the vast majority of possession. Sarah Cuttler was needed for one save in the first half, and Rockville's chances were limited to less than a handful of counterattacks all game. The Cougars attacked constantly, getting help with pushed-up defensive backs Dolan, Jessica Calvert, Julia Calvert, Megan Miller and Lauryn Hill as well as midfield play by Ryan Byle, Emily Barrett and Alexis Myers.

They just couldn't break through for the score they

» Continued on B5

U9 Wolfpack Excel For PSC



The Pasadena Soccer Club U9 Wolfpack girls soccer team has experienced success this fall season. The team of **Annabelle Davis, Ariella Martinez, Kenzie Mayes, Sara Forman, Sofia Loehr, Olivia Johnson, Evelyn Horrigan, Kennedy Lare, Brooke Permisohn** and **Leanna Lawson** made it to the final of two tournaments: The Wolfpack placed second in the Central Maryland Soccer Association Labor Day Tournament and won the American Cup in Alexandria, Virginia, with an undefeated record and a 3-0 win in heavy rain in the championship game.

"Could not be happier with them and their progress," said head coach **Ian Kiniry**, who coaches the PSC Wolfpack with **Paul Lare, Mike Lawson, Kelly Smith** and **Patrick Smith**. "They are getting it's a team effort and every position is just a valuable as the next."

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The Lake Shore Lightning and Havenwood Revolution met for the Oktoberfest championship on October 13.

Lake Shore Girls Top Havenwood For Softball Tourney Title

By **Colin Murphy**
colin@pasadenavoice.com

It was an all-Pasadena final to determine the 12U softball champs in the Oktoberfest Tournament in Laurel on October 12 and 13.

The Lake Shore Lightning '07 took a 5-1 win over the Havenwood 12U Revolution in the tournament final.

Lake Shore's team of **Taylor Codi, Kristina Penkala, Addison Bianco,**

Grace Purdum, Brynna Taylor, Abby Favazza, Amya Murphy, Lilly Bergeron, Allison Hogan, Julianna Leprohon and **Payton Martell** went 3-0 on the Sunday of the tournament, knocking off the No. 1-seed Leesburg Revolution 13-3 to make it to the championship and outscoring their Sunday opposition 34-4 overall.

In the finals against Havenwood, Lake Shore

received strong pitching performances from Martell, Murphy and Leprohon, who combined to allow only one run on three hits with 11 strikeouts. The Lightning received RBIs from Bianco, Leprohon, Penkala, Hogan and Taylor in the win. Leprohon was the winning pitcher.

Jenna Burroughs pitched a complete game for Havenwood in the final, striking out seven batters

while also connecting for two of her team's three hits and scoring her team's only run by stealing home plate. **Lily Davey** had Havenwood's other hit in the final.

Havenwood's roster consisted of Burroughs, Davey, **Ashlynn Garlick, Annabella Giunta, Julia Quarles, Emily Strevig, Brynn Jones, Lillian Kisling, Kylie Shea, Alyssa Garlick, Chloe Jones** and **Ava Humphrey**.

PSC U14 Tornados Win In NC



The Pasadena Soccer Club U14 Tornados girls soccer team traveled to Southport, N.C. to take part in the Columbus Day Coastal Shootout, where they won the championship game on penalties playing up in the U15 bracket. The team of **Isabella Will, Alexis Cook, Sarah McWilliams, Kayley Paugh, Razi Campbell, Nora Stankard, Fiona Panzer, Nia Howell, Kelsie Payne, Kaylee Hamilton, Veronica Lowry, Jessica Julian, Alexis White, Megan Strevig, Ava Cicchetti** and **Lindsay Cavey** made its coaches proud. "After facing the adversity of playing older girls, short rest and losing players to injury; to respond the way these girls did is absolutely remarkable," said head coach **Sam Campbell**, who coaches the Tornados with **Michael Paugh**. "They showed a tremendous amount of heart."

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Chesapeake JV Boys Claim 15-6 Win Over Northeast



Photos by Colin Murphy

Ryan Rush (4) scored two touchdowns as the Chesapeake JV football team enjoyed a 15-6 win over Northeast in the JV Dena Bowl clash on November 1.

By Colin Murphy
@c.murphy.photo

The Chesapeake JV football team secured a winning season at 5-4 with a 15-6 victory in the JV Dena Bowl on November 1.

Ryan Rush scored two touchdowns for Chesapeake in the victory. One came on a short touchdown run

in the first half, and the second came on a wild play in the second half in which Northeast blocked a Chesapeake punt in the end zone and nearly came up with a block-six touchdown before the ball was scooped up by Rush and run back 104 yards for a touchdown.

Northeast quarterback Nate Wilburn ran in a

touchdown in the fourth quarter for the Eagles' score.

Chesapeake coach Larry Waters was proud to see his Cougars finish the season on a high note and win the annual rivalry matchup.

"They stepped up today," Waters said. "We've had an up and down season all year long, but we had a hard week of practice, and it paid off today."

CHS JV Field Hockey Wins Regular-Season Title, Makes County Final

By Colin Murphy
@c.murphy.photo

The Chesapeake JV field hockey team wrapped up its outstanding season on October 21 by taking on South River at Glen Burnie High School in the first-ever JV field hockey county championship game.

South River came up with a first-half goal by Katherine Wanner to win the game 1-0 and claim the title over the Cougars.

The Cougars were the regular-season county champions with an 8-1 county record. Chesapeake defeated South River 1-0 in

the team's regular-season matchup on September 23. The Cougars finished the year 10-3 overall, falling only to Spalding, Severna Park and South River.

Chesapeake's team of Emma Habercorn, Lexi Paul, Jordan Hood, Tinna Mavica, Riley Evans, Charlotte Alexander, Sydney Reeves, Abby Warner, Skylar Wall, Laci Hynson, Erin Bock, Addison Widmer, Sydney Thatcher and Shelby Brown made their coaches, school and families proud, said head coach Stephanie Campbell.

"I'm proud of how young the team is — we have

10 freshmen — and the sophomores really stepped up and were leaders on the team," said Campbell, who coached the team with assistant coach Lindsay Mayo. "We have 14 players, one injured, 13 players, you play with 11, you've got two subs, everyone's constantly busting their behinds and getting done what they have to get done. I'm super proud of them; first year of the county championship and they're in it as the No. 1 seed. We cannot ask for more of them, especially having a small squad. They all were a cohesive group, and they've been a joy to coach."



Photos by Colin Murphy

Chesapeake JV field hockey represented proudly with a county-championship final appearance.

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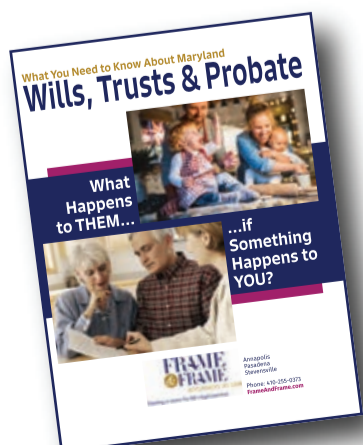


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NHS Cheer Teams Compete At Counties



Photos by Colin Murphy

The Northeast varsity and JV cheerleading teams delivered strong routines to contribute to the electric atmosphere at the county championship meet at Severna Park High School on October 23.



Chesapeake Cheer Wins County Championship



Photos by Colin Murphy

The Chesapeake cheerleaders bested the field at counties and will compete at the state championship meet on November 9.

underappreciated) annual » **Continued from B1** events, Chesapeake did what it has done so many times: executed stunts, tumblers and dance sequences with precision, athleticism, high energy and flare throughout a meticulously choreographed routine, earning top marks from the panel of judges who scanned all the teams' routines in search of skill demonstration and miscues.

Chesapeake's team of **Amber Brisbane, Ashley Brewis, Avianna Negron, Carlie Wilkins, Emma McNamara, Faith Todd, Haley Steele, Hayley Dales, Jasmin Sanabria, Jessica Dixon, Julia Nicoli, Kelli Hawkins, Kennedy McNulty, Mackenzie Porter, Maddie Gray, Makayla Frommelt, Morgan King, Rayven**

Trexler, Savannah Davis and Skylar Storm was thrilled to collect the championship plaque and individual medals.

Elliott, who coaches the Cougars with **Joe Vecchioni, Nicki Abey and Allisyn Freburger**, said the team has grown since a poor performance in their first invitational early this season.

"It's different kids every year, and we started off the season rough. We went to Eastern Tech, and it was — it was just bad," said Elliott. "It was a rough day for us, dropping stunts, and we just weren't a team. And that's the key I'd have to say more than anything. We work hard at that. From day one: You've got to be a team. You've got to support each other, you have to be there for each other, especially in

this kind of sport. So I think that was lacking a few weeks ago. But that loss, sometimes that's what you need. It worked for us."

Gray, one of three captains along with Storm and Dixon, said the Cougars hold themselves to incredibly high standards in practice. "Perfect" was the word they used to describe their goals each day in training.

"We'll do a run through, and if something is not exactly perfect, we will stop immediately and start it back over," Gray said. "Full energy, all out, every time. If everyone's not bringing the energy or on the right count, we start over."

Porter and Frommelt were separately named to the All-County team for the season. The Chesapeake JV team also performed at counties on

October 23, taking second to South River. Northeast's JV girls took fourth.

Storm, a senior who has never lost a county championship in three years on varsity, said the Cougars earned their way to the top by overcoming early obstacles.

"I feel like definitely at practice we became a family," Storm said. "Some practices were rough, but we came together and pushed through everything and just made everything perfect."

Elliott still has to ready her program for the state championship meet on November 9. The Cougars achieving their highest score of the year at this stage in the season is a good sign.

"That score, oh my gosh, I'm so happy right now," said Elliott. "It's working right at the right time."

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NHS Volleyball Wins Playoff Opener, Continues Strong Year



Photo by Colin Murphy

The Northeast volleyball team was happy to be back at practice on November 1, a day after beating Oxon Hill 3-0 in the 3A playoffs.

By Colin Murphy
@c.murphy.photo

If you compare year-over-year records, you might think that the Northeast volleyball program, which posted a 15-3 record last season and is 9-7 through 16 games this fall, has suffered a drop-off in talent or ability this season.

Simply not so. The Eagles' success last year put them into a higher echelon of county and out-of-county competition this fall, and the Northeast girls have still thrived, most recently in a dominant 3-0 home playoff win over Oxon Hill on October 31.

The Eagles, who are **Mallorie Hetzel, Sabrina Sheppard, Ryleigh Spiegel, Makayla Belanger, Kylie Plumb, Sydney McCrory, Alia Esposito, Camille Coryatt, Amaya Madarang, Shelby Diggs, Madison Schelfe, Caroline Makarovich, Heather Barlage** and **Tori Bache**, have welcomed the raised level of competition and have improved because of it.

"I've been really proud of how much our team has grown," said McCrory, a

senior, prior to practice on November 1. "The start of the season was a little rocky, but we definitely overcame some of the challenges we were having. We lost to some of those harder teams, but we learned a lot from playing Broadneck, Arundel, and we kept up with them pretty well."

Asked what win stands out the most on the season, the Eagles all agreed that they were more proud and emboldened by a specific loss than any specific win. On October 17, perennial 4A power Severna Park came to campus, likely expecting playing time for their reserves and an easy win over the Eagles.

What the Falcons got instead was a dogfight. Northeast took two sets off Severna Park, and the Eagles made the Falcons sweat it out down to the wire in the fifth set before ultimately losing by a few points and falling in the match, 3-2.

"We haven't played Severna Park in a while, so the fact that we were able to take them to five sets, obviously you would rather win, but we were able to shock them, and they

definitely were not ready for us to show up the way we did," said head coach **Meghan Kulzer**. "Other teams haven't really thought of us as competitive, so kind of being the underdog, starting off strong and surprising our opponents has worked to our advantage."

Hetzel, a captain along with Sheppard and Spiegel, said the team has learned from the improved competition.

"Falling to those stronger teams really showed us we just have to give it all we got and we've got to work harder," Hetzel said. "We can compete all around, not just in our county. And it made us closer. It showed us we can work together and pull together better."

Belanger, a senior, agreed, saying, "As a team we've really grown and bonded together. Facing these harder teams has made us appreciate ourselves more."

Last year in the playoffs, the Eagles defeated Stephen Decatur and an undefeated J.M. Bennett team in producing the program's best playoff finish ever and best all-time overall record. This year, the Eagles travel once again to Bennett on November 4, with a path to the 3A South Region II final — and the state tournament — right there for them to take. If teams keep taking Northeast lightly, they might find themselves watching the Eagles march through the bracket. "Our record doesn't exactly show it, but there's more in store, especially now that it's the playoffs," said Hetzel.

Cougar Girls Extend Run To 3A Final Four

» Continued from B1 needed. Into the second half, repeated balls forward and intricate passing in the midfield came up dry in front of goal.

Still, Chesapeake's efforts felt less like a stymied game plan and more like a rising tide that couldn't be stopped. With 14 minutes to play, Dolan sent a long ball into the box, Hurst got her head on it, and Leo ran it into the goal with her chest. Chesapeake celebrated, but the referee called a foul on Leo against Rockville's goalie and disallowed the goal.

It was a questionable call, but Black said it didn't rattle Chesapeake's ambitions.

"I think when the goal got called back, it made us seem more hungry for a goal after that," Black said. "With other teams, it puts them down, but with us I think it pushed us a lot more."

Moments later, Byle crushed a rolling ball from 25 yards away that beat the Rams goalkeeper but clanged the left post and bounced away — still no score.

In the 76th minute, with the specter of overtime threatening, the breakthrough came. Miller lofted a ball from near midfield that was headed down by Hurst into the path of Chew. Rockville's goalie came out to challenge and crashed violently into Chew, sending her to the turf and drawing a whistle and a clear-cut penalty.

All Dolan had to do was decide which way to go with her shot, and if she didn't give away her thinking on the field, she wasn't giving it away in postgame comments, either.

"I had a very hard time picking which side I would



Photo by Colin Murphy

Jessica Calvert and the Chesapeake defense posted a shutout against Rockville to help power the Cougars to a berth in the state semifinals.

go to," said Dolan. "I don't think I picked it until I kicked it. It's random every time."

Her kick was past the extended arm of Rockville's goalie, into the top corner of the goal, and Chesapeake was through to the last four in the state.

For a Chesapeake team that came close to breaking through to the state semifinals in each of the last two seasons but was unsuccessful, this year's trip is hard-earned and deserved, and the team is on a streak of four playoff wins to get this far. Cougars coach **Kevin Keeter** said he knew the team had a window to compete at a high level with the player pool he has

across grade levels, and he is happy to see this year's group take the next step.

"They worked so hard," Keeter said. "This group is just special, the chemistry and coming to work every day."

He added that the tough local competition gave his Cougars the belief they needed.

"I think playing South River to a 2-2 tie, beating Broadneck, even playing Severna Park tough after the first few minutes, I think they got confidence," Keeter said. "They got confidence they could play with the best teams. This has been a great group in terms of chemistry. They've come together this year."

In coming together, they've done something Chesapeake soccer hasn't seen in almost a generation: get to the final four. The Cougars last made the state semifinals in 2005, and this year will be the program's fourth trip all-time (1991, 1993).

Black said the team only knows one identity, and it's to play for the Cougars around you.

"One of our cheers is, 'family,' and we've done it for the past few years, but this year I feel like it really is a real family," Black said. "We play for each other and play our hearts out. We do everything for each other."

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Northeast Edges Chesapeake 9-7 For Dena Bowl XLIII Win

» **Continued from B1**
 a handoff and crashed through linemen and linebackers for a touchdown. Baumann's extra point gave Chesapeake a 7-6 lead with 10:02 to play.

Northeast needed a winning drive. Macon produced a long run through the middle of the field and was aided by a personal foul penalty on Chesapeake that tacked on another 15 yards.

That put the ball in the red zone, and after a series of stopped runs, Northeast had a chance to put Alexander on the field for a go-ahead kick from 26 yards out.

Her kick was pure. It cleanly split the uprights with plenty of distance to spare, and Northeast led with 6:55 left.

The junior kicker, who began her football career in August to mounting media fanfare, said the competitor in her relished the chance to help her team win.

"In my head I was thinking just don't let my team down," Alexander said. "I knew it was a very important kick, and I could of course feel the pressure. But, I love the chance to kick a game-winning field goal. I absolutely love it. I love the pressure. I just always never want to let my team down, and that's what I did, I didn't let them down. It feels amazing."

Having seen her miss her prior kick, did Baublitz have any hesitation sending Alexander out to kick with the game hanging in the balance?

"Heck no," Baublitz said.



Photo by Colin Murphy

Northeast's Josh Brewer (24), Shawn Tyler (16) and Mason Kanipe (10) converged on Chesapeake receiver Alonzo Wilkes to defend a pass in the Eagles' Dena Bowl victory on November 1.

out and the game plan coach **Brian Brown** put together was just amazing tonight," said Baublitz. "He had those kids flying around the football field, and he had adjustments already made for the second half. Once they started getting those runs on the corner, he already had the adjustments already made. I'm extremely proud of him and happy for him."

Northeast regained possession and needed first downs to kill the clock

and ice the win. Macon ran up the middle and swept to the outside for a pair of first downs, and the Eagles took victory formation to burn the clock and etch the win in stone.

Macon said the blocking was key to his big game and that the Eagles never lost confidence even when trailing in the fourth quarter.

"I'm constantly following anyone I can, seeing a block, getting behind them and then cutting it out with perfect timing," said Macon. "I wanted the whole team to know we can't let our heads fall. We gotta keep pushing. It's still a close

game, and there's no reason that we should have doubt in ourselves. [Winning the Dena Bowl] feels absolutely amazing."

Highlights were limited for Chesapeake (4-5), which couldn't string together enough plays to threaten offensively. Listorti carried 17 times for 102 yards, and Lane had five carries for 47 yards. Lane led the team with seven tackles.

Chesapeake coach **Rob Elliott** said the team couldn't minimize its mistakes enough to tilt the outcome in their favor.

"Our issue this entire season has been turnovers," said Elliott. "We've got to take care of the football. We set them up on a short field. But give it up to them. They outplayed us. They won the game, they deserved it, they outplayed us. They were more mistake-free than we were. We talked a good bit about what usually decides these games is penalties and turnovers. You've got to play true."

Chesapeake still leads the all-time matchup 23-20 in 43 Dena Bowls, but Northeast has won the last two and three of the last four. Before winning Dena Bowl XL in 2016 in Baublitz's first year as head coach, Northeast hadn't won the matchup since 2010, and the Eagles are enjoying their spell of success in the rivalry.

Senior lineman **Brandon Baublitz** said the team and the Eagles seniors are proud to come out victorious in front of the community. "You can't explain the energy out there in a Dena Bowl game," Baublitz said. "It feels fantastic to win two years in a row. Not many people can say that."

CHS XC Boys, Girls Qualify For States



Photos courtesy of Chad McMeen

Chesapeake's girls and boys cross country teams raced in the 3A South region championship meet on October 31.

By Colin Murphy
 colin@pasadenavoice.com

The Chesapeake cross country program excelled at the region championship meet at Oak Ridge Park in La Plata on October 31, and both the boys and girls teams qualified to compete at the state championship meet at Hereford High School on November 9. Representing the Chesapeake boys are **Hayden Healey, Liam Rhodes, Brennan Penafiel, Malachi Newsome, Jaden St. Pierre, Grayson McMeen** and **Connor Wolfe**. The boys alternates are **Jack Truett, Shawn Kopp, Colin Parker, Dylan Leonard** and **Alex Nave**.

Healy was Chesapeake's top finisher at the region meet, placing 11th out of 74 runners. Truett raced in place of the injured Wolfe at regions to help Chesapeake qualify. The girls team of **Nia Quinn, Bailey Healy, Bridgette Van Valkenburgh, Holly Boggs, Rachel Snyder, Lainie Mikeska, Lindsey Weisgerber** also ran at regions to qualify for states. Quinn was the top Cougar finisher at regions, placing seventh in the 61-runner field. **Holly Freeman, Rebecca Parker, Chloe Klein, Darby Trout** and **Katie Newsome** are Chesapeake's alternates for states.

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Cougars March To The State Championship

By Haley Weisgerber

After a long competition at Towson University, members of the Chesapeake High School marching band returned to Pasadena as Maryland state champions on October 26.

Chesapeake participated in three competitions within the Maryland Marching Band Association 1A class and was undefeated within the circuit. This success placed them as the No. 1 seed going into the competition and set an expectation for excellence.

"My staff and I made sure to impress upon the kids that nothing is a guarantee," said Clayton Michalec, Chesapeake's band and orchestra director. "They had to undeniably do their performance and earn their first-place spot."

During the awards, judges started from the 10th-place spot and worked their way up. With each place called,

the tension built. After the second-place team was called, students knew they had won first place.

"When I heard the announcer say that we won, I jumped out of my seat, and I could feel the bleachers shake because everyone else had jumped up too, and we all just started screaming," said junior Leanna Brady.

Michalec said, "My favorite moment was when they called first place and the stadium erupted, and you could look down on the field to my four kids who were collecting the awards and they were crying. It is a memory I will take with me the rest of my life, and I'm sure the kids will as well."

Seniors Ben McKee, Skye Farley, Serena Zheng and Elizabeth Phebus were in shock as they collected the first-place award.

"I didn't know what to think. My mind was all over
» Continued on B8



After an undefeated season, the Chesapeake High School marching band went on to win the MMBA state championship.



Don't Get Cold Fins: See Northeast's "The Little Mermaid"



This is the second time Lillie Jewell and Zach Demers have acted together as Ariel and Prince Eric.

By Megan Ruge

Northeast High School will take audiences under the sea for its fall production of Disney's "The Little Mermaid," which opens November 22 and continues for four weekend performances.

The story is one audiences have come to know and love. Ariel, a young mermaid who is fascinated with the human world and its treasures, embarks on a journey to earn legs and the love of a handsome prince. Though mostly true to the original Broadway production, the show will feature a few extra songs.

"The Little Mermaid" has ample student involvement, with teens being encouraged to take leadership positions. The show's stage crew is mostly run by the student stage manager, senior Amber Coakley. The stage crew is comprised of about 30 students who are responsible for

a myriad of jobs to help the show run smoothly.

"They run the sound, they run the lights, they move the scenery," said volunteer Karen MacFie.

The cast comprises 40 students, 12 of which are seniors including the two lead actors playing Ariel and Prince Eric, Lillie Jewell and Zach Demers, respectively.

Demers and Jewell are both heavily involved in the music program at Northeast, and neither of them are strangers to their parts. Demers and Jewell both played the same characters alongside each other in their fifth-grade production of "The Little Mermaid Jr." at Sunset Elementary. Being in these roles again has them looking back on their first go-around.

"We graduated elementary school together having these same parts," Jewell said. "We have pictures from it, and now we're graduating high school together doing the

same parts."

Demers reflected on how far he's come since his first production.

"The last time I played this role, that was the first time I had done any kind of [role like this]," Demers said. "This was [my] first 'feet-first, dive-into-the-deep-end' kind of thing ... I was a mess. I had no idea what was going on, and now I have had many years to refine and build, and I think I'm in a very good place now to really show off what I can do."

Demers and Jewell both remarked that they have been watching videos of their first production together.

"It's just funny to go back and watch the old days and then compare it to now," Demers said.

The leads also mentioned the show has challenged them in many ways, including time management and the balance between acting with lines and acting without them.

"In act two, Ariel doesn't talk," Jewell said. "Zach has to carry the whole thing, and even though it sounds easy for me, I still have to rely on my facial expressions. I still have to act."

The other struggle falls into a different category.

"Back in elementary school, they didn't really have us play the romantic dynamic between Eric and Ariel, but now everyone is on us about it," Jewell said.

Though there have been struggles, the students see positives in working on the show — making new friends
» Continued on B8

CHS Hopes To Charm Audiences With Potter-Inspired Comedy

By Jillian Amodio

The Chesapeake High School theater department wants audiences to prepare for the laugh of a lifetime. The fall theater production is a comedy called "The Puffs."

Publicity director and Chesapeake High student Natalie McLean described the play as a spinoff of "Harry Potter," with a deeper focus of the comedic nature of one of the four houses at a "certain school of magic."

The play was written by Matt Cox, a playwright and actor based in New York City. Cox's website boasts that this "Potter-inspired comedy is a play that never goes more than a minute without a laugh." The play aims to speak to those who "have ever felt like a second-

ary character in someone else's story." It's an ode to the underdog of sorts, or an homage to those in support roles who rarely get the spotlight.

The play follows the seven-year adventure of one of the houses, the Puffs. The Puffs are a well-meaning and loyal bunch, but definitely not the best or the brightest. Audiences are sure to fall in love with their lovable flaws, jovial nature and laugh-inducing antics. Despite their near-constant missteps, the dimwitted main characters have a way of delighting themselves and those watching with an ever-present pep in their step and unshakable positive demeanor.

The only thing audiences can truly expect is to expect the unexpected.

"We typically stick with

comedies when picking our productions," McLean said. So it did not come as a surprise when Director Kristen Bishoff chose yet another witty work. When asked why they were so drawn to comedies, McLean said "comedy is universal."

She added that the department strives to find plays they can wow with. Every fall, the productions are critiqued by a group of peers from other schools known as the Cappies critics. Cappies critics offer insight and critiques about peer productions and performances in preparation for the spring award ceremony, the Cappies Gala, held yearly at the Hippodrome in Baltimore. McLean describes the event as a formal celebration of county talent. Awards issued
» Continued on B9

"The Puffs" is a "Harry Potter" spinoff with a deeper focus on the comedic nature of one of the four houses at a "certain school of magic."



Local Youth Honored In Annual Essay Contest

Elementary school students from around the area shared inspiring stories of friends standing against bullies, selfless acts to support the less fortunate, and incredible stories of strength in the midst of overwhelming challenges for the 12th annual Young Heroes Essay Contest.

More than 400 fourth- and fifth-grade students submitted essays describing a hero in their lives as part of the contest, and they attended a ceremony at Northeast High School on October 24, when they received citations from local politicians. Winning essayists and their heroes were also invited onstage for additional accolades and photos with the legislators.

The Young Heroes Essay



Winning essayists were invited onstage for accolades and photos with the legislators.

Contest was conceived after Senator Bryan Simonaire's son Isaac, then a teenager, wanted to create a commemorative day for young people. Since then, the contest has grown from two schools to 10, while

also urging more children to become role models themselves.

"Honestly, when my young son and I brainstormed to create this program, we were just hoping it would encour-

age the community that year. We had no idea that it would morph into a program that has literally touched thousands of students and family members," said Simonaire. "The success of the program

Young Heroes Essay Contest Winners

Winner	School	Hero
Molleigh Downey	Bodkin	Michael Downey
Joannie Eckles	Brooklyn Park	Kenny Eckles
Caiden Skinner	High Point	Alex Mencia
Audrey Weber	Jacobsville	Kadence Falloni
Landon Popkins	North Glen	Mo Gaba
Kamden Cox	Point Pleasant	Owen Harden
Dakari Joyner	Riviera Beach	Nile Harris
Hunter Vanlaer	Solley	Nathan Vanlaer
Avery Billmyer	St. Jane Francis	Bridget Diveley
Aaden January	Sunset	Aaden January

highlights that there is so much good in our community and people are encouraged when they hear these inspiring stories. It shows the commitment our principals and teachers have toward our students."

More than 8,000 students have participated in the annual contest over the years,

according to Simonaire's website. He said that the work of everyone involved in the event continues to be a blessing.

"It has been such a blessing working with the students, teachers and principals," he said. "The program is made up of many wonderful volunteers and I cannot thank them enough!"

“The Little Mermaid”

» **Continued from B7** and getting to experience the talent of others.

“It’s really cool because [some of the cast are] people I wouldn’t normally talk to because they are underclassmen, but they’re really funny, and it’s nice to get to know them,” Jewell said.

The musicals at Northeast have participation from students who aren’t regularly involved, and for some, it’s their first show.

“I think that people are going to be impressed by [our cast], and I think it’s really cool to know that it’s their first time doing [a musical] with us,” Jewell said. “[Novalle Allen], who plays Ursula, she’s done one-acts before, but this is her first musical, at least with us, and she’s doing awesome.”

MacFie noted that Allen has been doing an “incredible job.”

“I’m like, ‘Where has she

been hiding for the past three years,’” MacFie said.

MacFie also commented on the comradery of the group.

“When you work this closely together to put on a show, and you have to depend on the other people ... they become like family,” MacFie said.

Both stars hope that people come to enjoy the experience of the show.

“I feel like going to musical theater is just a magical experience,” Jewell said. “It’s so amazing just to see. And you always have to think about all the work that went into it to create it. It’s a magical experience. Everyone should participate in it. Everyone should go to a show.”

Demers said, “I feel like people should really come out because we’re all putting in a ton of work and really want this show to be good. We’d love it if everyone came out and appreciated that work.”

» **Continued from B7** the place because I was so excited,” said McKee.

Chesapeake also walked away with awards for Best Percussion, Best Color Guard, Best Visual Performance, Best Music, and Best Overall Effect.

The bands were judged on how well they marched, their form, choreography, full ensemble music, and field music, where the judge took samples of individual students playing during the performance. Judges also considered the way the music and choreography portrayed the narrative behind the performance. Chesapeake won all of the subcategories with a score of 88.3.

The show took on a challenging narrative, and in keeping with that theme, the music and choreography were equally as challenging.

“The staff and I created an important and innovative show this year; we took some risks,” explained Michalec.

Cougars March To The State Championship

This show also featured a narration track that told a story as the students performed. Michalec was assisted in directing by Jason Welsh, drill design and visual caption head; Danielle Miller, drumline instructor; Gilbert Rupp, front ensemble instructor; Sharelle Languigne, color guard coach and CHS alum; Cara Westphal, color guard tech and CHS alum; and Alix Gilbert, student-teacher from the University of Maryland.

Michalec and the band staff hold students to high standards. Being a member of the band is both a time commitment and tedious.

“We make sure that everyone moves and plays the same way, making sure we all have the exact same note length, phrase shape, that we are in tune, all while running around the field in a heavy uniform to get the production going,” said Michalec.

Though it is a lot of work,

these students are committed to the band and, more importantly, to one another.

“The kids are awesome, they’re goofy, they’re quirky, and they’re fun,” said Michalec. “They keep me on my toes, and I’ve got a lot of love for them.”

From bus rides to eating lunch in the band room, students have found a place where they feel free to be themselves.

“I love the fact that we have a family outside our actual family,” said Farley. “Everyone here cares, and we love each other.”

Michalec has built an environment that makes students feel respected and valued.

“Mr. Michalec is the most kind, understanding and encouraging director I could ask for,” said Brady. “I can definitely say that I appreciate everything he does, and I am so grateful he is my teacher, and I’m sure the rest of the

band feels the same way.”

On November 23, the Chesapeake Band Boosters are hosting their annual fall craft fair to raise money for traveling expenses, uniforms and more. This event also allows the band program to pay the band staff, who Michalec credits with making the organization possible. If you have not had the opportunity to support the band this season, this is your chance.

Chesapeake’s season officially ends on November 9 after two more regional competitions, and they are already looking toward next year.

“For next year, I want to pick up where we left off,” said Michalec. “Even with graduating nine seniors, we want to really make sure we continue to put on a quality production and encourage these kids that they can do it and we believe in them. We think we can do it again with hard work and dedication.”

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Q.

Question of the month

Each month, the *Pasadena Voice* poses a question to a local fifth-grade class. This month, students from Mrs. Kelly's class at Lake Shore Elementary answered the question:

If you could switch places with one person for a day, who would it be and what would you do?

I would be Ninja and play "Fortnite" all day.
Grady Barnum

I would switch places with Ganwar to help Kek leaving the city. When he would come home, I would help him with his homework if he didn't understand what to do on the paper, so he could get better at school.
Gabriel Bartlett

If I were another person for a day, I would be Brie Bella because I want to know how

Lake Shore Elementary School



Mrs. Kelly's fifth-grade class answered the Voice's question for the month of November.

it feels to wrestle and have to fight other people you're friends with.
Alexa Burns

It would be Jonathan Myers, and I would be a meteorologist for FOX 45.
Jonah Cox

I would switch places with Ariana Grande, because she is very pretty and has long hair, which is so, so, so cute and wears cute clothes.
Ava Francis

I would switch places with Selena Gomez to see what it's like to sing and go onstage in front of millions of people.
Mckenzie Fretwell

I would switch with Taylor Swift and sing my heart out. I would also see how

many fans she has and how famous she is.
Tarryn Gonzalez

I would switch places with my best friend because she has a lot of cool toys.
Lily Guercio

I would switch places with John Lennon, so I could be rich.
Matthew Heiskell

I would want to switch places with Justin Tucker and play football for the day.
Jaylen Kess

I would be the president. I would make change to help the world and give good advice.
Madi Lynn Kisamore

I would switch places with Babe Ruth, so I could hit

home runs!
Cooper Martin

I would switch places with

Chris Pratt, because I like "Guardians of Galaxy."
Tully McInerney

I would switch places with Jonathan Myers and be a meteorologist giving the weather.
Jadon Neuenschwander

I would switch places with Abby Wambach, because I would like to play in a U.S. soccer game.
Charli Norton

I would switch places with Ninja, because I like streaming.
Daniel Patrick

I would switch places with Mr. Beast, and I would give away money like him.
Landen Rodrigue

If I could switch places with a person, it would be Ariana Grande because I love her music and the song "Breathin."
Isabella Ryan

It would be Mojang because I would be the owner of Minecraft for a day.
Colin Schaeffer

I would switch places Charles Lazarus, because I want to bring Toys R Us back.
Haley Simmons

I would switch places with Taylor Swift because she is a famous singer and I like to sing.
Kayla Sweeney

If I could switch places with one person for a day, it would be Carrie Underwood, and I would want to sing all the songs she sings all the time.
Charlotte Strevig

I want to switch places with Donald Trump for a day so I can know what the White House is like and be on TV.
Caleb Wilczek

CHS Hopes To Charm Audiences

» **Continued from B7** include Best Female Actor, Best Male Actor, Best Supporting Role, and Best Set. McLean describes the entire theater department as a supportive and fun-loving group. Cast member Abby

Dobry loves how the entire cast hypes each other up prior to each performance, while performers Vivian Davenport, Heather Suesse, Antony Martinez and Alex Brown consider the entire group to be like family.

Tickets can be purchased at the door for \$12 for adults, or \$8 for students and senior citizens. Performances will be held on November 15 and 16 at 7:00pm, November 17 at 2:00pm, and November 22 and 23 at 7:00pm.

NHS Interact Club Gives Coats To The Needy



Students from Northeast High's Interact Club — under the guidance of Tammy Littleton — facilitated Operation Cold No More and handed out more than 800 coats to members of the community in need on October 29. Club members worked hard to organize and categorize the coats to make shopping easier for the families. Students were on hand to assist with the process and made sure that everyone left with a warm winter coat. The success of this event spiked from last year, when 500 coats were handed out.

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ARTS & ENTERTAINMENT

Live Music Roundup: November's Biggest Hits

By Haley Weisgerber

Here in Pasadena, great music is never far from home! Join local venues in welcoming these regional groups performing this November.

ALIBI'S BAR AND GRILL

7935 Elizabeth Road
Pasadena

Join Alibi's in welcoming The Wild Grey Hairz on November 23 at 9:00pm. A seasoned group of musicians, The Wild Grey Hairz play classic rock music, but have been known to throw in a few songs from today or the 1960s.

For more information on events at Alibi's, call 443-637-7267.

THE OFFICE BAR & GRILL

2801 Mountain Road
Pasadena

The Office is welcoming The Shatners to the stage for the first time on November 16 at 9:00pm. Featuring music for all ages and from all eras, the Shatners were founded in 1992. From The Beatles to Prince and Bruno Mars to the Zac Brown Band, The Shatners do it all.

For more information on events at The Office, visit www.officebargrill.com or call 410-255-6540.

TWAIN'S TAVERN

8359 Baltimore-Annapolis
Boulevard, Pasadena

Every Friday and Saturday night, Twain's Tavern features live music at 10:00pm, and the restaurant has happy hour acoustic music every Thursday and Friday from 5:00pm



Photo by Turner Photography Studio

Vinyl Rhino will be at Twain's Tavern on November 22 for a night of fun and dancing.

to 9:00pm.

On November 8, The Amish Outlaws are returning to Pasadena. Originally from Lancaster, Pennsylvania, four out of the six "outlaws" never returned to the Amish community from their Rumspringa, where 16-year-old Amish children

are sent out to discover the "English world" free of rules. After discovering their love of music, the band was formed in 2003, and they have been covering their favorite songs since.

This will be both a concert and a cultural

experience. Come out for a night of fun, music and to see men perform in full Amish garb.

Another local favorite, The Reagan Years, will perform on November 15.

Founded in 1996, The Reagan Years are a popular 1980s tribute band from Frederick, Maryland. This is the perfect show for anyone who misses the days of music on MTV, Bon Jovi, Madonna, Duran Duran, Def Leppard and Billy Idol.

Vinyl Rhino will perform on November 22. With a high-energy cover band, this show promises to play something for everyone. The performance will feature music from all genres, as long as the songs are something that anyone can dance to.

For more information on live shows at Twain's, visit www.twainstavern.com/live-music or call 410-647-5200.



Photo by Steven Parks

Welcome The Amish Outlaws — Brother Hezekiah X, Brother Amos Def, Brother Big Daddy Abel, Brother Jakob the Pipe Layer, Brother Wyclef Jonathan and Brother Eazy Ezekiel — back to Twain's Tavern on November 8.

CTA Opens 61st Season With "Tarzan"



Photo courtesy of Andrew Wilson

Ronan O'Toole plays Kerchak and Annabelle Cotton portrays Kala in "Tarzan." O'Toole is a senior at North County High, and Cotton is a senior at Severna Park High.

The King Of The Apes Swings To Children's Theatre Of Annapolis In This Adaptation Of The Disney Film

Children's Theatre of Annapolis (CTA) has kicked off its 61st season with "Tarzan," based on Disney's epic animated musical adventure, and featuring music by Phil Collins.

The production opened November 1 and runs through November 17 at CTA's theater, located at 1661 Bay Head Road in Annapolis.

Washed up on the shores of West Africa, an infant boy is taken in

and raised by gorillas, who name him Tarzan. While striving for acceptance from his ape father, Tarzan enjoys a life mostly full of monkey business until a human expedition treks into his tribe's territory, and he encounters creatures like himself for the first time. Tarzan struggles to navigate a jungle, thick with emotion, as he discovers his animal upbringing clashing with his human instincts.

CTA's production features 28 local teenagers, who attend various middle and high schools, including Bates Middle, Dr. Henry A. Wise Jr. High, Magothly Middle, Severn River Middle, Severna Park Middle, Annapolis Area Christian, Annapolis High, Broadneck High, Kent Island High, Key School, » Continued on B11

Lights On The Bay Will Brighten The Night Starting Nov. 24



The spectacle features more than 60 animated and stationary displays illuminating the roadway.

Driving through "Lights on the Bay" at Sandy Point State Park has become a tradition for many families for the past decade. That tradition will continue this year from November 24 through January 1.

The Lights on the Bay display is a scenic drive

along the shore of the Chesapeake Bay with more than 60 animated and stationary displays illuminating the roadway. The holiday light show is sponsored by the SPCA of Anne Arundel County.

Admission is \$20 per car; \$30 for large passenger vans, mini buses, and trolleys; and \$50 for

buses. Upon admission, visitors can also purchase 3D glasses to make the magical light show come alive.

The display is open daily from 5:00pm-10:00pm. Sandy Point is located at 1815 Bay Ridge Avenue in Annapolis. For more information on Lights on the Bay, call 410-268-4388.

Glasses Were Half-Full At Wine On The Water



Photos by Wornden Ly

Guests at Kurtz's Beach on October 19-20 didn't exactly turn water into wine, but they didn't have to; the fifth annual Wine on the Water event offered them the best of both worlds. Guests sampled more than 120 wines, listened to live music by Jason Morton and the Groovalicious Disco Band, and enjoyed waterfront views. In honor of Breast Cancer Awareness Month, a portion of the proceeds will go to the University of Maryland Baltimore Washington Medical Center's Tate Cancer Center.

Belinda Fraley Huesman To Perform Benefit Concert At CAC

Chesapeake Arts Center (CAC) will present "Hero of Her Own Story," an intimate one-night-only performance by CAC executive director and singer/songwriter Belinda Fraley Huesman on Friday, November 22.



Belinda Fraley Huesman

The concert will start at 7:00pm at the CAC's Studio 194, located at 194 Hammans Lane in Brooklyn Park.

Tickets are \$100 each and include pre- and post-show re-



This is the third time Belinda Fraley Huesman has taken the stage to benefit the Chesapeake Arts Center.

ceptions with complimentary drinks and hors d'oeuvres.

This is the third time Fraley Huesman has taken the stage to benefit the CAC.

"Proceeds raised [during]

this event support every aspect of our programming, including art education for all ages and abilities," Fraley Huesman said. "Every day, I watch our programs spark

creativity and passion in kids who otherwise wouldn't have the resources to participate. That is our why. That is how we change lives."

Since 2012, Fraley Huesman has channeled her passion for the arts and business background into her position with the CAC. The results have been unwaveringly positive as she has grown CAC's programs, audience and funding during her tenure, elevating the organization as a force for arts engagement and community revitalization in the area.

While not at the CAC, she is busy perfecting her craft and writing about her journey from singer to wife and mother and singer again.

Toby's Brings Back "A Christmas Story"

It's the holiday season in 1940s Indiana and bespectacled Ralphie Parker is on a quest for the Holy Grail of Christmas gifts. That's right — Toby's Dinner Theatre will perform "A Christmas Story, The Musical" from November 8 to January 5.

An infamous leg lamp, pink bunny pajamas, and a triple-dog dare are just a few of the distractions that stand between Ralphie and his Christmas wish. With a terrific score by Pasek and Paul ("Dear Evan Hansen,"



"La La Land," "The Greatest Showman"), "A Christmas Story, The Musical" brings this hilarious classic movie to life on stage.

For more information, visit www.tobysdinnertheatre.com.

Dining Out

Your Taste Buds Will Sing “That’s Amore” At Bella Napoli



Photos by Mary Cobbler

The shrimp scampi was nothing short of fantastico! Plump gulf shrimp were nestled in a large bowl of linguine, and tossed in a flavorful sauce made of garlic, butter, lemon and wine.

By Mary Cobbler

Bella Napoli serves great food at reasonable prices in a comfortable atmosphere.

Tucked away in a shopping center at 350 Mountain Road, near Food Lion and Dollar Tree, this Italian gem has some of the best pasta and seafood in the Pasadena area.

I enjoyed lunch with a friend on a Tuesday after-

noon. The restaurant was fairly busy around 1:00pm, but the hostess seated us quickly, and the server, Chris, brought us warm, homemade bread and stayed on top of drink refills throughout our meal.

The owners have put a lot of effort into making the restaurant feel like a tiny piece of Italy right here in Pasadena. Murals of the Amalfi Coast graced the walls, and classic songs by Frank

Sinatra played softly in the background.

My friend and I started off with the caprese salad appetizer and a bowl of Bella Napoli’s cream of crab soup, which has won several awards during the Lake Shore-Severna Park Rotary Club’s crab soup cook-off. The caprese salad was generously portioned and fresh. The mozzarella is made in-house, the tomatoes were juicy and crunchy, and the basil was fresh and flavorful. The whole thing was drizzled with olive oil and spices. It’s the kind of savory appetizer that teases your taste buds but does not leave you feeling overly stuffed before the entree comes.

The cream of crab soup was knock-your-socks-off good. The consistency was perfect, boasting the creamy



The caprese salad was generously portioned, with the mozzarella made in-house.



Try the chicken parmigiana. The indulgent taste of the chicken was incredibly satisfying and buried under a thick, bubbly layer of cheese.

decadence of the Maryland classic without the congealed fattiness that creeps into many local cream-based soups. Spiced right, each bite was filled with substantial chunks of flavorful crab meat.

From there, we moved on to entrees, which arrived quickly and were served hot. I enjoyed the shrimp scampi, and my friend got the chicken parmigiana.

The shrimp scampi was nothing short of fantastico! Plump gulf shrimp were nestled in a large bowl of linguine and tossed in a flavorful sauce made of garlic, butter, lemon and wine. Strong garlic undertones paired with acidic lemon notes to make my taste buds sing (not sure what they were singing, but it was probably some-

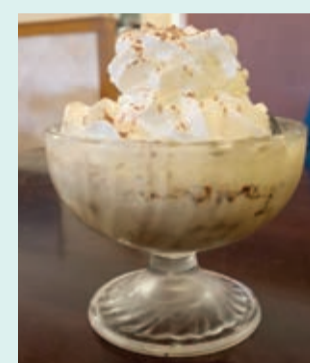
thing Italian). This was my favorite dish of the afternoon, and what I will probably order when — not if — I visit Bella Napoli again.

The chicken parmigiana was everything you would hope for in the classic dish. The large chunk of chicken was juicy and coated with a light layer of crispy, fried breading. I’m usually cautious of fried chicken dishes, because many that I’ve tried are overcooked or breaded so heavily that it feels more like I’m eating a funnel cake than an Italian dish. This was not the case with Bella Napoli’s version of the Italian favorite. The indulgent taste of the fried chicken was incredibly satisfying, buried under a thick, bubbly layer of cheese. The chicken sat atop a bed of spaghetti noodles and marinara. The spaghetti was pretty standard, nothing to write home about, but I had no real complaints. It paired well with the chicken.

We ended our meal with homemade tiramisu and coffees. The tiramisu was unique. The classic layered dessert had a strong coffee flavor, accompanied by Kahlua that added a deeper flavor dimension, and made the dessert feel almost sinful. If you’re a serious coffee lover, you will want to order this. If not, it may be a little overwhelming for you. Thankfully, I’m a serious

coffee lover (and my lunch partner is a serious Kahlua lover), so we scraped the bowl nearly clean.

The meal cost around \$70 for two iced teas, soup, an appetizer, two entrees, two coffees and a dessert. I have to make special mention of our waiter, Chris. He is the epitome of a smooth and charming waiter. He was not only efficient, balancing multiple tables with apparent ease, but his warm smile, gregarious personality, and helpful menu suggestions made us feel right at home.



A classic dessert, the tiramisu had a strong coffee flavor, accompanied by Kahlua that added a deeper dimension.

Next time you’re in the mood for Italian, make the trip to Bella Napoli. You’ll be glad you did, and I guarantee when you taste the pasta, pizza or seafood, you’ll walk away singing.

CTA Opens 61st Season With “Tarzan”

» Continued from B10

North County High, Severna Park High, and South River High, as well as home-schooled students.

The production is directed by Gerrad Alex Taylor, who also oversees all programming in The Studio at Chesapeake Shakespeare Company and teaches at University of Maryland, Baltimore County. He’s joined by music director/conductor Emily L. Sergo, a CTA alumna who’s also worked with Annapolis Summer Garden Theatre and Colonial Players of Annapolis, and choreographer Jason Kimmell, who also serves at CTA’s theater operations manager/education director. The trio last teamed up as



Photo courtesy of Andrew Wilson

Liam O’Toole (left) stars as Tarzan and Zoe Argabright as Jane Porter in “Tarzan” at Children’s Theatre of Annapolis.

the artistic staff for CTA’s production of “Shrek” during the 2013-2014 season. Tickets are \$15 for adults

and \$12 for seniors, military and kids 12 and under, and can be purchased at www.cta.ticketleap.com.

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In December 2019, The Voice Media Inc. will publish its LOCAL LIFE — Retirement Living



magazine. This special edition will be inserted in the December issues of the Severna Park Voice and Pasadena Voice and will focus on everything that will allow you to enjoy a stress-free retirement. It will be direct-mailed to 50,438 homes and businesses in Severna Park, Arnold, Millersville, Pasadena and Gibson Island.



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